

# ATSM 6030 | Prevention, Evaluation, and Rehabilitation of Spine, Hip and Pelvic Injuries

SPRING I 2021

## INSTRUCTOR INFORMATION



**Dr. Jess Tidswell (she/her/hers)**

**Assistant Professor**

801-581-7494 | [Jessica.Tidswell@hsc.utah.edu](mailto:Jessica.Tidswell@hsc.utah.edu)

Department of Physical Therapy & Athletic  
Training Department of Athletics

HPER W - 113A

## DOCTORAL TEACHING ASSISTANT INFORMATION



We are incredibly lucky to have Dave Quammen, MEd, LAT, ATC, CSCS joining us again this semester!

His email is [David.Quammen@hsc.utah.edu \(mailto:David.Quammen@hsc.utah.edu\)](mailto:David.Quammen@hsc.utah.edu).

## COURSE DESCRIPTION

This course will introduce student to the prevention, examination and rehabilitation of head, spine, hip and pelvic injuries and other sports-related conditions. In particular, using knowledge of anatomy and physiology, this course will cover the cervical, thoracic and lumbar spine regions, the hip and pelvis.

## PRE- OR CO-REQUISITES

Formal admittance in the Masters of Athletic Training program. Achievement of a C or better in ATSM 6000 and 6010.

## REQUIRED MATERIAL

All textbooks were used previously in ATSM 6000 and ATSM 6010

1. Starkey C and Brown S. **Examination of Orthopedic & Athletic Injuries**. 4th Ed. FA Davis. Philadelphia, PA. 2015
2. Houglum, PA. **Therapeutic Exercise for Musculoskeletal Injury**. 4th Ed. Human Kinetics. Champaign, IL. 2016
3. Starkey C and Brown S. **Orthopedic & Athletic Injury Handbook**. 3rd Ed. FA Davis. Philadelphia, PA. 2015

## STUDENT LEARNING OUTCOMES

By the end of this course, you will be able to:

1. Discriminate between various musculoskeletal conditions and injuries of the pelvis, hip, spine, and facial structures commonly seen in athletic training.
2. Demonstrate examination techniques, tests and measures to identify a diagnosis and prognosis and create an appropriate plan of care for patients with pelvic, hip, spine, and facial injuries.
3. Demonstrate simulated patient education regarding their injury, prognosis, plan of care and prevention strategies.
4. Create educational programming for the patients, their families and/or the community regarding pelvic, hip, spine, or facial injuries including, but not limited to, home exercise program, prevention programs and wellness programs.

### CAATE Curricular Standards

Standard 60	Use the International Classification of Functioning, Disability, and Health (ICF) as a framework for delivery of patient care and communication about patient care
Standard 70	Evaluate and manage patients with acute conditions, including triaging conditions that are life threatening or otherwise emergent.
Standard 71	Perform an examination to formulate a diagnosis and plan of care for patients with health conditions commonly seen in athletic training practice.
Standard 72	Perform or obtain the necessary and appropriate diagnostic or laboratory tests
Standard 73	Select and incorporate intervention (for pre-op patients, post-op patients, and patients with nonsurgical conditions) that align with the care plan.
Standard 80	Develop, implement, and assess the effectiveness of programs to reduce the risk of injury

## TEACHING AND LEARNING METHODS

Athletic training practice involves knowing foundational concepts and performing practical skills. In order to properly teach athletic training practice, lecture and skills labs will be used. Lectures will be recorded and available on Canvas. Students will watch the recorded lectures at home due to COVID-19 restrictions.

All skills sessions/laboratory class will be held in person with designated lab partners. Students should come to lecture prepared to learn having watched the recorded lectures prior to class.

## LEARNING ASSESSMENTS/ASSIGNMENTS

Chapter Quizzes - quizzes will be based on the lecture material and the assigned chapter. They will be taken on Canvas and you will have 3 attempts to take each quiz. You may use your textbook and notes when taking the quiz. The purpose of the quizzes is to check your knowledge of the material.

Chapter Assignments - chapter assignments will also be completed on Canvas. They are critical thinking assignments that give you an opportunity to interact with the material and think about how to apply it.

In-Class Lab Assignments - these assignments will be similar to the chapter assignments but done in person in the lab sessions in class. These assignments will foster class participation and on-the-spot critical thinking and use of the skills and knowledge you are learning. These assignments will also encourage you to come to class prepared to learn each day.

Final Examination - the final examination will be cumulative in nature and will be a BOC simulation. It will use BOC style examination questions and will be timed.

## GRADING CRITERIA

### Grading Criteria

The AT program seeks to provide feedback as students become entry-level clinicians. Letter grades provide a course evaluation method, but all students should seek to improve in their clinical knowledge through feedback. For this course letter grades will be assigned using the following grading scale:

Letter Grade	Percentage, %	Meaning*
A	90 - 100 %	Excellent performance, superior achievement
B	80-89.9 %	Good performance, substantial achievement
C	70-79.9 %	Standard performance and achievement
D	60-69.9 %	Substandard performance, marginal achievement
E	0-59.9 %	Unsatisfactory performance and achievement

## COURSE POLICIES AND RESPONSIBILITIES

### Course Policies and Responsibilities

#### **Attendance**

The University of Utah Athletic Training program has adopted an attendance policy that will be used for all program classes. As a professional program, we feel strongly that classwork is a preparation for your future career. Thus, we expect attendance and engagement in class. In return we will respect your time and strive to prepare the best class we can. For this class, you will be allowed to miss 4 class periods (based on course credit number) without consequences. After your allotted amount of excused absences, you will be deducted 5% total grade points for each following absence. If you miss more than 8 classes, you will automatically receive an "E". University excused absences will not count toward your amount of absences, but an official letter on University letterhead must be supplied to the instructor 3 days prior to class. You are responsible to have work completed at the due dates and time and get missed coursework from peers.

#### **Late and Missed Assignment Policy**

Students should submit any and all work prior to the specified deadline. Assignments may be submitted up-to 24 hours late (past the posted due date and time) for up to 70% credit. For example, if the late assignment submitted within the 24-hour period earned a score of 90 out of 100 possible points, the student would be awarded a score of 63. Any assignments or work submitted after the 24-hour time window will not

be accepted and the student will receive a score of 0 for that assignment. Exceptions may be made prior to the due date or during extenuating circumstances.

### **Electronic Equipment and Online Assignment Submission**

Students are responsible to maintain their electronic equipment in order to participate in electronic materials and submit work. Equipment failures will not be an acceptable excuse for late or absent assignments. You are responsible for submitting assignments with the required naming convention, correct file extension, and using the proper software based on instructions posted on Canvas. Assignments improperly submitted will be subject to the late and missing assignment policy.

### **Mandatory Reporter:**

As a University representative, most faculty, staff, and teaching assistants (other than professional mental health counsellors) are required to report information learned about instances of sexual misconduct, discrimination, and/or immediate threats to safety to the University of Utah Office of Equal Opportunity and Affirmative Action and/or the Office of the Dean of Students.

*If you do choose to disclose instances of sexual misconduct, discrimination, or violence to me, please be aware that I am a mandatory reporter and am required by University policies to notify the appropriate Office.*

Online courses require significant self-motivation. Online courses are different than on-campus courses and online learning is not ideal for everyone. Some lessons take a considerable amount of time to complete. Please note that not all modules are created equal. Some may take a bit more time than others. Some people believe this to be a much easier way to study this subject than in the on-campus frame work. Others may feel very intimidated at first. Be patient as you work your way through the first few modules. If you are serious about the material, you will learn as much as, if not more than, most on-campus students about this subject and develop reading and communication skills that are vital to the workforce of the 21st century.

- **Electronic or equipment failure:** It is your responsibility to maintain your computer and related equipment in order to participate in the online nature of the course.
- **Document archiving:** You are responsible for making sure your assignments, including attachments, are received before the deadline. Students are also responsible for ensuring that the documents submitted are the correct document to be graded.
- **Naming conventions and software type:** You are responsible for submitting the assignment with the required naming convention, correct file extension, and using the software type and version required for the assignment. See assignment instructions for acceptable formats.
- **Classroom equivalency:** Discussion threads, e-mails, and chat rooms are all considered to be equivalent to classrooms, and student behavior within those environments shall conform to the University of Utah Student Code. Specifically:
  - Posting photos or comments that would be off-topic in a classroom are still off-topic in an online posting.
  - Off-color language and photos are never appropriate.
  - Using angry or abusive language is called "flaming", is not acceptable, and will be dealt with according to the Student Code.
  - Course e-mails, e-journals, and other online course communications are part of the classroom and as such, are University property and subject to GRAMA regulations and the Student Code. Privacy regarding these communications between correspondents must not be assumed and should be mutually agreed upon in advance, in writing.

## UNIVERSITY POLICIES

### COVID-19 Campus Guidelines

**Students are required to self-report if they test positive for COVID-19.** To report, please contact:

**COVID-19 Central @ The U**

☎ 801-213-2874

🌐 [coronavirus.utah.edu](https://coronavirus.utah.edu/) (<https://coronavirus.utah.edu/>)

To reduce the spread of COVID-19 on campus, **face coverings are required in all in-person classes for both students and faculty.** Face coverings are required to cover both your mouth and your nose. Please note that face shields alone are not an acceptable form of face covering unless also worn with a covering or mask for the nose and mouth.

Based on CDC guidelines, the University requires everyone to wear face coverings in shared public spaces on campus, including our classroom. As a reminder, when I wear a face covering, I am protecting you. When you wear a face covering, you are protecting me and all of your classmates. If you forget your face covering, I will ask you to leave class to retrieve it. **If you repeatedly fail to wear a face covering in class, I will refer you to the Dean of Students for a possible violation of the Student Code.**

Note that some students may qualify for accommodations through the Americans with Disabilities Act (ADA). If you think you meet these criteria and desire an exception to the face covering policy, contact the [Center for Disability and Access](https://t.e2ma.net/click/vlufyz/js70keu/biauoqte) (<https://t.e2ma.net/click/vlufyz/js70keu/biauoqte>). (CDA). Accommodations should be obtained prior to the first day of class so that I am notified by CDA of any students who are not required to wear a face covering.

If you believe you meet these criteria, contact:

#### Center for Disability & Access

☎ 801-581-5020

🌐 [disability.utah.edu](https://disability.utah.edu) (<https://disability.utah.edu>)

📍 162 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

Everyone is encouraged to wash their hands, use hand sanitizer, and clean their desks with wipes, which will be available at classroom entrances and at “sanitizing stations” in multi-use buildings, including Marriott Library. Read more information about the building cleaning schedule on [coronavirus.utah.edu](https://coronavirus.utah.edu) (<https://coronavirus.utah.edu>).

## Drop/Withdrawal Policies

Students may drop a course within the first two weeks of a given semester without any penalties.

Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U’s [Academic Calendar](https://registrar.utah.edu/academic-calendars/index.php) (<https://registrar.utah.edu/academic-calendars/index.php>).

## Plagiarism & Cheating

It is assumed that all work submitted to your instructor is your own work. When you have used ideas of others, you must properly indicate that you have done so.

Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

*“...Includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”*

For details on plagiarism and other important course conduct issues, see the U’s [Code of Student Rights and Responsibilities](http://regulations.utah.edu/academics/6-400.php) (<http://regulations.utah.edu/academics/6-400.php>).

## Course Materials Copyright

**The Content is made available only for your personal, noncommercial educational and scholarly use.** You may not use the Content for any other purpose, or distribute, post or make the Content available to others, unless you obtain any required permission from the copyright holder. Some Content may be provided via streaming or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

Please see the [Code of Student Rights and Responsibilities](https://regulations.utah.edu/academics/6-400.php) (<https://regulations.utah.edu/academics/6-400.php>), Section III.A.5 regarding use and distribution of class Content and materials.

<https://regulations.utah.edu/academics/6-400.php> (<https://regulations.utah.edu/academics/6-400.php>)

Section III.A.5. prohibits the following:

Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty member responsible for the course. (“Work product” means original works of authorship that have been fixed in a tangible medium and any works based upon and derived from the original work of authorship.)

## Safety at the U

The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.

For more information regarding safety and to view available training resources, including helpful videos, visit [safeu.utah.edu](http://safeu.utah.edu) (<http://safeu.utah.edu>).

To report suspicious activity or to request a courtesy escort, contact:

**Campus Police & Department of Public Safety**

☎ 801-585-COPS (801-585-2677)

🌐 [dps.utah.edu](https://dps.utah.edu) (<https://dps.utah.edu>)

📍 1735 E. S. Campus Dr.  
Salt Lake City, UT 84112

## Wellness at the U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student's ability to succeed and thrive in this course and at the University of Utah.

Please feel welcome to reach out to your instructor or TA's to handle issues regarding your coursework.

For helpful resources to manage your personal wellness and counseling options, contact:

**Center for Student Wellness**

☎ 801-581-7776

🌐 [wellness.utah.edu](http://wellness.utah.edu) (<http://wellness.utah.edu>)

📍 2100 Eccles Student Life Center  
1836 Student Life Way  
Salt Lake City, UT 84112

**Women's Resource Center**

☎ 801-581-8030

🌐 [womenscenter.utah.edu](https://womenscenter.utah.edu) (<https://womenscenter.utah.edu>)

📍 411 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

(<http://www.wellness.utah.edu>)

## Addressing Sexual Misconduct

Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status, or genetic information.

If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:

**Title IX Coordinator & Office of Equal Opportunity and Affirmative Action**

☎ 801-581-8365

🌐 [oeo.utah.edu](https://oeo.utah.edu) (<https://oeo.utah.edu>)

📍 135 Park Building  
201 Presidents' Cir.  
Salt Lake City, UT 84112

**Office of the Dean of Students**

☎ 801-581-7066

🌐 [deanofstudents.utah.edu](https://deanofstudents.utah.edu) (<https://deanofstudents.utah.edu>)

📍 270 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

To file a police report, contact:

**Campus Police & Department of Public Safety**

☎ 801-585-COPS (801-585-2677)

🌐 [dps.utah.edu](https://dps.utah.edu) [\(https://dps.utah.edu/\)](https://dps.utah.edu/)

📍 1735 E. S. Campus Dr.  
Salt Lake City, UT 84112

If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide **free, confidential** and **trauma-informed** support services to **students, faculty, and staff** who have experienced interpersonal violence.

To **privately** explore options and resources available to you with an advocate, contact:

**Center for Student Wellness**

☎ 801-581-7776

🌐 [wellness.utah.edu](http://wellness.utah.edu) [\(http://wellness.utah.edu/\)](http://wellness.utah.edu/)

📍 328 Student Services Building  
201 S. 1460 E.  
Salt Lake City, UT 84112

## Americans With Disabilities Act (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.

All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of the [Instruction & Evaluation regulations](http://regulations.utah.edu/academics/6-100.php)  [\(http://regulations.utah.edu/academics/6-100.php\)](http://regulations.utah.edu/academics/6-100.php).

If you will need accommodations in this class, or for more information about what support they provide, contact:

**Center for Disability & Access**

☎ 801-581-5020

🌐 [disability.utah.edu](https://disability.utah.edu) [\(https://disability.utah.edu/\)](https://disability.utah.edu/)

📍 162 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Diverse Student Support

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

**Student Support Services (TRIO)**

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.

Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor's degree and need academic assistance and other services to be successful at the University of Utah.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

**Student Support Services (TRIO)**

☎ 801-581-7188

🌐 [trio.utah.edu](https://trio.utah.edu) [\(https://trio.utah.edu/\)](https://trio.utah.edu/)

📍 Room 2075  
1901 E. S. Campus Dr.  
Salt Lake City, UT 84112

**American Indian Students**

The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive "home-away-from-home" space for students to grow and develop leadership skills.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

#### **American Indian Resource Center**

📞 801-581-7019

🌐 [diversity.utah.edu/centers/airc](https://diversity.utah.edu/centers/airc) [\(https://diversity.utah.edu/centers/airc/\)](https://diversity.utah.edu/centers/airc/)

📍 Fort Douglas Building 622  
1925 De Trobriand St.  
Salt Lake City, UT 84113

### **Black Students**

Using a pan-African lens, the Black Cultural Center seeks to counteract persistent campus-wide and global anti-blackness. The Black Cultural Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

#### **Black Cultural Center**

📞 801-213-1441

🌐 [diversity.utah.edu/centers/bcc](https://diversity.utah.edu/centers/bcc) [\(https://diversity.utah.edu/centers/bcc/\)](https://diversity.utah.edu/centers/bcc/)

📍 Fort Douglas Building 603  
95 Fort Douglas Blvd.  
Salt Lake City, UT 84113

### **Students with Children**

Our mission is to support and coordinate information, program development and services that enhance family resources as well as the availability, affordability and quality of child care for University students, faculty and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

#### **Center for Childcare & Family Resources**

📞 801-585-5897

🌐 [childcare.utah.edu](https://childcare.utah.edu) [\(https://childcare.utah.edu/\)](https://childcare.utah.edu/)

📍 408 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

### **Students With Disabilities**

The Center for Disability Services is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

#### **Center for Disability Services**

📞 801-581-5020

🌐 [disability.utah.edu](https://disability.utah.edu) [\(https://disability.utah.edu/\)](https://disability.utah.edu/)

📍 162 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

### **Students of Ethnic Descent**

The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Their mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

#### **Center for Ethnic Student Affairs**

📞 801-581-8151

🌐 [diversity.utah.edu/centers/cesa/](https://diversity.utah.edu/centers/cesa/) [\(https://diversity.utah.edu/centers/cesa/\)](https://diversity.utah.edu/centers/cesa/)

📍 235 Union Building

200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## English as a Second/Additional Language (ESL) Students

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

### Writing Center

☎ 801-587-9122

🌐 [writingcenter.utah.edu](http://writingcenter.utah.edu) [\(http://writingcenter.utah.edu/\)](http://writingcenter.utah.edu/)

📍 2701 Marriott Library  
295 S 1500 E  
Salt Lake City, UT 84112

### English for Academic Success (EAS) Program

☎ 801-581-8047

🌐 [linguistics.utah.edu/eas-program](https://linguistics.utah.edu/eas-program) [\(https://linguistics.utah.edu/eas-program/\)](https://linguistics.utah.edu/eas-program/)

📍 2300 LNCO  
255 S. Central Campus Dr.  
Salt Lake City, UT 84112

### English Language Institute

☎ 801-581-4600

🌐 [continue.utah.edu/eli](http://continue.utah.edu/eli) [\(http://continue.utah.edu/eli\)](http://continue.utah.edu/eli/)

📍 540 Arapeen Dr.  
Salt Lake City, UT 84108

## Undocumented Students

Immigration is a complex phenomenon with broad impact—those who are directly affected by it, as well as those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.

**Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence.** The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their website or contact:

### Dream Center

☎ 801-213-3697

🌐 [dream.utah.edu](http://dream.utah.edu) [\(http://dream.utah.edu/\)](http://dream.utah.edu/)

📍 1120 Annex (Wing B)  
1901 E. S. Campus Dr.  
Salt Lake City, UT 84112

## LGBTQ+ Students

The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### LGBTQ+ Resource Center

☎ 801-587-7973

🌐 [lgbt.utah.edu](http://lgbt.utah.edu) [\(http://lgbt.utah.edu/\)](http://lgbt.utah.edu/)

📍 409 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Veterans & Military Students

The mission of the Veterans Support Center is to improve and enhance the individual and academic success of veterans, service members, and their family members who attend the university; to help them receive the benefits they earned; and to serve as a liaison between the student veteran community and the university.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### Veterans Support Center

☎ 801-587-7722

🌐 (<http://lgbt.utah.edu/>) [veteranscenter.utah.edu](http://veteranscenter.utah.edu) [\\_ \(http://veteranscenter.utah.edu/\)](http://veteranscenter.utah.edu/)

📍 418 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Women

The Women's Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women's identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### Women's Resource Center

☎ 801-581-8030

🌐 [womenscenter.utah.edu](https://womenscenter.utah.edu) [\\_ \(https://womenscenter.utah.edu/\)](https://womenscenter.utah.edu/)

📍 411 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Inclusivity at the U

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:

*Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans, embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size, gender identity or expression, sexual orientation, disability, age, or religion.*

For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

### Office for Inclusive Excellence

☎ 801-581-4600

🌐 [inclusive-excellence.utah.edu](https://inclusive-excellence.utah.edu) [\\_ \(https://inclusive-excellence.utah.edu/\)](https://inclusive-excellence.utah.edu/) [\\_ \(http://continue.utah.edu/eli\)](http://continue.utah.edu/eli)

📍 170 Annex (Wing D)  
1901 E. S. Campus Dr.  
Salt Lake City, UT 84112

## Other Student Groups at the U

To learn more about some of the other resource groups available at the U, check out:

🌐 [getinvolved.utah.edu/](https://getinvolved.utah.edu/) [\\_ \(https://getinvolved.utah.edu/\)](https://getinvolved.utah.edu/)

🌐 [studentsuccess.utah.edu/resources/student-support](https://studentsuccess.utah.edu/resources/student-support) [\\_ \(https://studentsuccess.utah.edu/resources/student-support/\)](https://studentsuccess.utah.edu/resources/student-support/)

## Canvas Information

Canvas is the where course content, grades, and communication will reside for this course.

- Access Canvas through [utah.instructure.com](http://utah.instructure.com) [\\_ \(http://utah.instructure.com\)](http://utah.instructure.com) or through [CIS](https://cis.utah.edu) [\\_ \(https://cis.utah.edu\)](https://cis.utah.edu)
- For Canvas, Passwords, or any other computer-related technical support contact the [Campus Help Desk](https://it.utah.edu/help/) [\\_ \(https://it.utah.edu/help/\)](https://it.utah.edu/help/).
  - 801 581-4000
  - [http://it.utah.edu/help](https://it.utah.edu/help) [\\_ \(https://it.utah.edu/help/\)](https://it.utah.edu/help/)
  - [helpdesk@utah.edu](mailto:helpdesk@utah.edu) [\\_ \(mailto:helpdesk@utah.edu\)](mailto:helpdesk@utah.edu)
- For Canvas related issues or bugs, contact the Teaching & Learning Technologies help desk

- o 801-581-6112 ext 2
- o [classhelp@utah.edu \(mailto:classhelp@utah.edu\)](mailto:classhelp@utah.edu)

## COURSE SCHEDULE

*Note:* Our schedule is subject to revision based on the needs of our class; any updates will be made available for students through Canvas.

### Course Summary:

Date	Details	Due
Tue Jan 19, 2021	 <a href="#">Week 1 Lesson Page - Pelvis and Thigh Pathologies</a>	to do: 10:45am
Thu Jan 21, 2021	 <a href="#">Pelvis and Thigh Homework</a> ( <a href="https://utah.instructure.com/courses/671601/assignments/8844810">https://utah.instructure.com/courses/671601/assignments/8844810</a> )	due by 11:59pm
Fri Jan 22, 2021	 <a href="#">Pelvis and Thigh Quiz</a> ( <a href="https://utah.instructure.com/courses/671601/assignments/8542671">https://utah.instructure.com/courses/671601/assignments/8542671</a> )	due by 11:59pm
Fri Jan 29, 2021	 <a href="#">LPHC Rehab Quiz</a> ( <a href="https://utah.instructure.com/courses/671601/assignments/8863651">https://utah.instructure.com/courses/671601/assignments/8863651</a> )	due by 11:59pm
Mon Feb 1, 2021	 <a href="#">Week 3 Lesson Page - Lumbosacral Pathologies</a>	to do: 8am
Thu Feb 4, 2021	 <a href="#">Lumbosacral Homework</a> ( <a href="https://utah.instructure.com/courses/671601/assignments/8844805">https://utah.instructure.com/courses/671601/assignments/8844805</a> )	due by 11:59pm
Fri Feb 5, 2021	 <a href="#">Lumbosacral Quiz</a> ( <a href="https://utah.instructure.com/courses/671601/assignments/8550239">https://utah.instructure.com/courses/671601/assignments/8550239</a> )	due by 11:59pm
Wed Feb 10, 2021	 <a href="#">Week 4 Lesson Page - Lumbosacral Rehab</a>	to do: 11:59pm
Fri Feb 12, 2021	 <a href="#">Lumbosacral Rehab Quiz</a> ( <a href="https://utah.instructure.com/courses/671601/assignments/8911525">https://utah.instructure.com/courses/671601/assignments/8911525</a> )	due by 11:59pm
Tue Feb 16, 2021	 <a href="#">Week 5 Lesson Page - Cervical and Thoracic Spine and Thorax Pathologies</a>	to do: 8am
Thu Feb 18, 2021	 <a href="#">Cervical and Thoracic Spine Homework</a> ( <a href="https://utah.instructure.com/courses/671601/assignments/8844804">https://utah.instructure.com/courses/671601/assignments/8844804</a> )	due by 11:59pm
Fri Feb 19, 2021	 <a href="#">Cervical and Thoracic Spine and Thorax Quiz</a> ( <a href="https://utah.instructure.com/courses/671601/assignments/8555706">https://utah.instructure.com/courses/671601/assignments/8555706</a> )	due by 11:59pm
Mon Feb 22, 2021	 <a href="#">Week 6 Lesson Page - Spine Rehab</a>	to do: 8am
Fri Feb 26, 2021	 <a href="#">Spine Rehab Quiz</a> ( <a href="https://utah.instructure.com/courses/671601/assignments/8917593">https://utah.instructure.com/courses/671601/assignments/8917593</a> )	due by 11:59pm
Mon Mar 1, 2021	 <a href="#">Week 7 Lesson Page - Eye Pathologies</a>	to do: 8am
	 <a href="#">Week 7.2 - Lesson Page Face and Related Structures</a>	to do: 8am

Date	Details	Due
Thu Mar 4, 2021	 <a href="#">March 5th - Virtual Wellness Day</a>	to do: 11:59pm
Fri Mar 5, 2021	 <a href="#">Face Quiz</a> <a href="https://utah.instructure.com/courses/671601/assignments/8699676">https://utah.instructure.com/courses/671601/assignments/8699676</a>	due by 11:59pm
Fri Mar 5, 2021	 <a href="#">Eye Quiz</a> <a href="https://utah.instructure.com/courses/671601/assignments/8698495">https://utah.instructure.com/courses/671601/assignments/8698495</a>	due by 11:59pm
Sun Mar 14, 2021	 <a href="#">Final Exam</a> <a href="https://utah.instructure.com/courses/671601/assignments/8941272">https://utah.instructure.com/courses/671601/assignments/8941272</a>	due by 11:59pm
	 <a href="#">FAI in-class Assignment</a> <a href="https://utah.instructure.com/courses/671601/assignments/8984729">https://utah.instructure.com/courses/671601/assignments/8984729</a>	
	 <a href="#">FAI Surgical Protocol in-class assignment</a> <a href="https://utah.instructure.com/courses/671601/assignments/8984730">https://utah.instructure.com/courses/671601/assignments/8984730</a>	
	 <a href="#">Hip Evaluation in-class</a> <a href="https://utah.instructure.com/courses/671601/assignments/8984731">https://utah.instructure.com/courses/671601/assignments/8984731</a>	
	 <a href="#">Spine Rehab/Eval in-class</a> <a href="https://utah.instructure.com/courses/671601/assignments/8984732">https://utah.instructure.com/courses/671601/assignments/8984732</a>	