

# UU ATSM 6010 Prevention, Evaluation and Rehabilitation of the Lower Extremity

## Course Description

This course will introduce students to the prevention, examination and rehabilitation of lower extremity injuries and other sports-related conditions. In particular, using knowledge of anatomy and physiology, this course will cover the foot, ankle, knee, and thigh regions.

4 Credits - Lecture and Laboratory

## COVID-19 Policies

**Face covering are required in all in-person classes for both students AND faculty.**

Based on CDC guidelines, the university requires everyone to wear face coverings in shared public spaces on campus, including our classroom. As a reminder, when I wear a face covering, I am protecting you. When you wear a face covering, you are protecting me and all of your classmates. If you forget your face covering, I will ask you to leave class to retrieve it. If you repeatedly fail to wear a face covering, I will refer you to the Dean of Students for a possible violation of the Student Code. Note that some students may qualify for accommodations through the Americans with Disabilities Act (ADA). If you think you meet these criteria and desire exemption to the face covering policy, contact the [Center for Disability and Access \(CDA\)](https://disability.utah.edu/) (<https://disability.utah.edu/>). Accommodations should be obtained prior to the first day of class so that we are notified by CDA of any students who are not required to wear a face covering.

Given the nature of this course, **attendance is required** and adjustments cannot be granted to allow non-attendance. However, if you need to seek an ADA accommodation to request an exception to this attendance policy due to a disability, please contact the [Center for Disability and Access \(CDA\)](https://disability.utah.edu/) (<https://disability.utah.edu/>). CDA will work with us to determine what, if any, ADA accommodations are reasonable and appropriate.

## Instructors



**JESS TIDSWELL**

Teacher

✉ [Jessica.Tidswell@hsc.utah.edu](mailto:Jessica.Tidswell@hsc.utah.edu) (<mailto:Jessica.Tidswell@hsc.utah.edu>)

📞 O: 801.581.7494

🏢 Physical Therapy and Athletic Training

🕒 By Appointment (Zoom, phone, HPER E 203D)



**DAVE QUAMMEN**

Doctoral TA

✉ [David.Quammen@hsc.utah.edu](mailto:David.Quammen@hsc.utah.edu) (<mailto:David.Quammen@hsc.utah.edu>)

🏢 Physical Therapy and Athletic Training

## Textbooks

1. Starkey C and Brown S. **Examination of Orthopedic & Athletic Injuries**. 4th Ed. FA Davis. Philadelphia, PA. 2015
2. Houglum, PA. **Therapeutic Exercise for Musculoskeletal Injury**. 4th Ed. Human Kinetics. Champaign, IL. 2016
3. Starkey C and Brown S. **Orthopedic & Athletic Injury Handbook**. 3rd Ed. FA Davis. Philadelphia, PA. 2015

## Student Learning Outcomes

By the end of this course, you will be able to:

1. Discriminate between various musculoskeletal conditions and injuries of the lower extremity commonly seen in athletic training
2. Demonstrate examination techniques, tests and measures to identify a diagnosis and prognosis and create an appropriate plan of care for patients with lower extremity injuries
3. Demonstrate simulated patient education regarding their injury, prognosis, plan of care and prevention strategies
4. Create educational programming for the patients, their families and/or the community regarding lower extremity injuries including, but not limited to, home exercise program, prevention programs and wellness programs.

### CAATE Curricular Standards

Standard 55	Students must gain foundational knowledge in biomechanics and pathomechanics, and human anatomy. (Only part of standard).
Standard 58	Incorporate patient education and self-care programs to engage patients and their families and friends to participate in their care and recovery.
Standard 71	<p>Perform an examination to formulate a diagnosis and plan of care for patients with health conditions commonly seen in athletic training practice. This exam includes the following:</p> <ul style="list-style-type: none"> <li>• Obtaining a medical history from the patient or other individual</li> <li>• Identifying comorbidities and patients with complex medical conditions</li> <li>• Assessing function (including gait)</li> <li>• Selecting and using tests and measures that assess the following as relevant to the patient's clinical presentation <ul style="list-style-type: none"> <li>◦ Musculoskeletal system</li> <li>◦ Neurological system</li> <li>◦ Pain level</li> <li>◦ Specific functional tests</li> </ul> </li> <li>• Evaluating all results to determine a plan of care, including referral to the appropriate provider when indicated</li> </ul>
Standard 72	Perform or obtain the necessary and appropriate diagnostic or laboratory tests – including (but not limited to) imaging, blood work, urinalysis, and electrocardiogram – to facilitate diagnosis, referral, and treatment planning
Standard 73	<p>Select and incorporate interventions (for pre-op patients, post-op patients, and patients with nonsurgical conditions that align with the care plan. Interventions include (but are not limited to) the following:</p> <ul style="list-style-type: none"> <li>• Therapeutic and corrective exercise</li> <li>• Joint mobilization and manipulation</li> <li>• Soft tissue techniques</li> <li>• Movement training (including gait training)</li> <li>• Motor control/proprioceptive activities</li> <li>• Task-specific functional training</li> <li>• Therapeutic modalities</li> <li>• Home care management</li> <li>• Cardiovascular training</li> </ul>

## Canvas Information

Canvas is the where course content, grades, and communication will reside for this course.

- Access Canvas through [utah.instructure.com](http://utah.instructure.com) (<http://utah.instructure.com>) or through [CIS](https://cis.utah.edu) (<https://cis.utah.edu>)

- For Canvas, Passwords, or any other computer-related technical support contact the [Campus Help Desk](https://it.utah.edu/help/) [\(https://it.utah.edu/help/\)](https://it.utah.edu/help/).
  - 801 581-4000
  - <http://it.utah.edu/help> [\(https://it.utah.edu/help/\)](https://it.utah.edu/help/)
  - [helpdesk@utah.edu](mailto:helpdesk@utah.edu) [\(mailto:helpdesk@utah.edu\)](mailto:helpdesk@utah.edu)
- For Canvas related issues or bugs, contact the Teaching & Learning Technologies help desk
  - 801-581-6112 ext 3
  - [classhelp@utah.edu](mailto:classhelp@utah.edu) [\(mailto:classhelp@utah.edu\)](mailto:classhelp@utah.edu)

## Teaching and Learning Methods

Athletic training practice involves knowing foundational concepts and performing practical skills. In order to properly teaching athletic training practice, lecture and skills labs will be used. Due to the current restrictions because of the global COVID-19 pandemic, all lectures will take place in the online environment. Lectures will be recorded and placed on Canvas. Class will meet on Zoom to discuss the lectures and review any material you have difficulty with or need further clarification on.

Currently, we are only allowed to meet in-person for laboratory skills sessions. Students should come to lab session prepared to participate and to learn. Students will complete critical thinking assignments where they can reflect on the material and ensure they understand what was covered.

## Grading Criteria

### Grading Criteria

The AT program seeks to provide feedback as students become entry-level clinicians. Letter grades provide a course evaluation method, but all students should seek to improve in their clinical knowledge through feedback. For this course letter grades will be assigned using the following grading scale:

Letter Grade	Percentage, %	Meaning*
A	90 - 100 %	Excellent performance, superior achievement
B	80-89.9 %	Good performance, substantial achievement
C	70-79.9 %	Standard performance and achievement
D	60-69.9 %	Substandard performance, marginal achievement
E	0-59.9 %	Unsatisfactory performance and achievement

\*From University Policy: [6-100-G.1](https://regulations.utah.edu/academics/6-100.php) [\(https://regulations.utah.edu/academics/6-100.php\)](https://regulations.utah.edu/academics/6-100.php)

+/- will not be used in final grades and percentages will not be rounded.

Assignments	Percentage of Total
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	Grade
Module Quizzes	25%
Lab Assignments	35%
Chapter Assignments	20%
Final Exam	20%
<b>Total</b>	<b>100%</b>

## Course Policies and Procedures

### Course Policies and Responsibilities

#### *Attendance*

The University of Utah Athletic Training program has adopted an attendance policy that will be used for all program classes. As a professional program, we feel strongly that classwork is a preparation for your future career. Thus, we expect attendance and engagement in class. In return we will respect your time and strive to prepare the best class we can. For this class, you will be allowed to miss 4 class periods (based on course credit number) without consequences. After your allotted amount of excused absences, you will be deducted 5% total grade points for each following absence. If you miss more than 8 classes, you will automatically receive an "E". University excused absences will not count toward your amount of absences, but an official letter on University letterhead must be supplied to the instructor 3 days prior to class. You are responsible to have work completed at the due dates and time and get missed coursework from peers.

#### *Late and Missed Assignment Policy*

Students should submit any and all work prior to the specified deadline. Assignments may be submitted up-to 24 hours late (past the posted due date and time) for up to 70% credit. For example, if the late assignment submitted within the 24-hour period earned a score of 90 out of 100 possible points, the student would be awarded a score of 63. Any assignments or work submitted after the 24-hour time window will not be accepted and the student will receive a score of 0 for that assignment. Exceptions may be made prior to the due date or during extenuating circumstances.

#### *Electronic Equipment and Online Assignment Submission*

Students are responsible to maintain their electronic equipment in order to participate in electronic materials and submit work. Equipment failures will not be an acceptable excuse for late or absent assignments. You are responsible for submitting assignments with the required naming convention, correct file extension, and using the proper software based on instructions posted on Canvas. Assignments improperly submitted will be subject to the late and missing assignment policy.

## Course Schedule

The [course schedule](#) is a page where everything is outlined for you in one accessible location. The course schedule page is also accessible via the home page for this course. Additionally, assignments are populated on the bottom of this page under Course Summary.

## University Policies

COVID-19 Campus Guidelines

**Students are required to self-report if they test positive for COVID-19.** To report, please contact:

#### COVID-19 Central @ The U

☎ 801-213-2874

🌐 [coronavirus.utah.edu \(https://coronavirus.utah.edu/\)](https://coronavirus.utah.edu/)

To reduce the spread of COVID-19 on campus, **face coverings are required in all in-person classes for both students and faculty.** Face coverings are required to cover both your mouth and your nose. Please note that face shields alone are not an acceptable form of face covering unless also worn with a covering or mask for the nose and mouth.

Based on CDC guidelines, the University requires everyone to wear face coverings in shared public spaces on campus, including our classroom. As a reminder, when I wear a face covering, I am protecting you. When you wear a face covering, you are protecting me and all of your classmates. If you forget your face covering, I will ask you to leave class to retrieve it. **If you repeatedly fail to wear a face covering in class, I will refer you to the Dean of Students for a possible violation of the Student Code.**

Note that some students may qualify for accommodations through the Americans with Disabilities Act (ADA). If you think you meet these criteria and desire an exception to the face covering policy, contact the [Center for Disability and Access \(https://t.e2ma.net/click/viufyz/js70keu/biaugte\)](https://t.e2ma.net/click/viufyz/js70keu/biaugte) (CDA). Accommodations should be obtained prior to the first day of class so that I am notified by CDA of any students who are not required to wear a face covering.

If you believe you meet these criteria, contact:

#### Center for Disability & Access

☎ 801-581-5020

🌐 [disability.utah.edu \(https://disability.utah.edu/\)](https://disability.utah.edu/)

📍 162 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

Everyone is encouraged to wash their hands, use hand sanitizer, and clean their desks with wipes, which will be available at classroom entrances and at “sanitizing stations” in multi-use buildings, including Marriott Library. Read more information about the building cleaning schedule on [coronavirus.utah.edu](https://coronavirus.utah.edu) (<https://coronavirus.utah.edu>).

## Drop/Withdrawal Policies

Students may drop a course within the first two weeks of a given semester without any penalties.

Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U’s [Academic Calendar \(https://registrar.utah.edu/academic-calendars/index.php\)](https://registrar.utah.edu/academic-calendars/index.php).

## Plagiarism & Cheating

It is assumed that all work submitted to your instructor is your own work. When you have used ideas of others, you must properly indicate that you have done so.

Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

*“...Includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”*

For details on plagiarism and other important course conduct issues, see the U’s [Code of Student Rights and Responsibilities \(http://regulations.utah.edu/academics/6-400.php\)](http://regulations.utah.edu/academics/6-400.php).

## Course Materials Copyright

**The Content is made available only for your personal, noncommercial educational and scholarly use.** You may not use the Content for any other purpose, or distribute, post or make the Content available to others, unless you obtain any required permission from the copyright holder. Some Content may be provided via streaming or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

Please see the [Code of Student Rights and Responsibilities](https://regulations.utah.edu/academics/6-400.php) [\\_ \(https://regulations.utah.edu/academics/6-400.php\)\\_](https://regulations.utah.edu/academics/6-400.php), Section III.A.5 regarding use and distribution of class Content and materials.

<https://regulations.utah.edu/academics/6-400.php> [\\_ \(https://regulations.utah.edu/academics/6-400.php\)\\_](https://regulations.utah.edu/academics/6-400.php)

Section III.A.5. prohibits the following:

Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty member responsible for the course. ("Work product" means original works of authorship that have been fixed in a tangible medium and any works based upon and derived from the original work of authorship.)

## Safety at the U

The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.

For more information regarding safety and to view available training resources, including helpful videos, visit [safeu.utah.edu](http://safeu.utah.edu) [\\_ \(http://safeu.utah.edu\)\\_](http://safeu.utah.edu).

To report suspicious activity or to request a courtesy escort, contact:

### Campus Police & Department of Public Safety

 801-585-COPS (801-585-2677)

 [dps.utah.edu](https://dps.utah.edu) [\\_ \(https://dps.utah.edu\)\\_](https://dps.utah.edu)

 1735 E. S. Campus Dr.  
Salt Lake City, UT 84112

## Wellness at the U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student's ability to succeed and thrive in this course and at the University of Utah.

Please feel welcome to reach out to your instructor or TA's to handle issues regarding your coursework.

For helpful resources to manage your personal wellness and counseling options, contact:

### Center for Student Wellness

 801-581-7776

 [wellness.utah.edu](http://wellness.utah.edu) [\\_ \(http://wellness.utah.edu\)\\_](http://wellness.utah.edu)

 2100 Eccles Student Life Center  
1836 Student Life Way  
Salt Lake City, UT 84112

### Women's Resource Center

 801-581-8030

 [womenscenter.utah.edu](https://womenscenter.utah.edu) [\\_ \(https://womenscenter.utah.edu\)\\_](https://womenscenter.utah.edu)

 411 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

[\\_ \(http://www.wellness.utah.edu\)\\_](http://www.wellness.utah.edu)

## Addressing Sexual Misconduct

Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status, or genetic information.

If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:

### Title IX Coordinator & Office of Equal Opportunity and Affirmative Action

 801-581-8365

 [oeo.utah.edu](https://oeo.utah.edu) [\\_ \(https://oeo.utah.edu\)\\_](https://oeo.utah.edu)

 135 Park Building  
201 Presidents' Cir.  
Salt Lake City, UT 84112

**Office of the Dean of Students** 801-581-7066 [deanofstudents.utah.edu](https://deanofstudents.utah.edu) [\(https://deanofstudents.utah.edu/\)](https://deanofstudents.utah.edu/) 270 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

To file a police report, contact:

**Campus Police & Department of Public Safety** 801-585-COPS (801-585-2677) [dps.utah.edu](https://dps.utah.edu) [\(https://dps.utah.edu/\)](https://dps.utah.edu/) 1735 E. S. Campus Dr.  
Salt Lake City, UT 84112

If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide **free, confidential** and **trauma-informed** support services to **students, faculty, and staff** who have experienced interpersonal violence.

To **privately** explore options and resources available to you with an advocate, contact:

**Center for Student Wellness** 801-581-7776 [wellness.utah.edu](http://wellness.utah.edu) [\(http://wellness.utah.edu/\)](http://wellness.utah.edu/) 328 Student Services Building  
201 S. 1460 E.  
Salt Lake City, UT 84112

## Americans With Disabilities Act (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.

All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of the [Instruction & Evaluation regulations](http://regulations.utah.edu/academics/6-100.php)  [\(http://regulations.utah.edu/academics/6-100.php\)](http://regulations.utah.edu/academics/6-100.php).

If you will need accommodations in this class, or for more information about what support they provide, contact:

**Center for Disability & Access** 801-581-5020 [disability.utah.edu](https://disability.utah.edu) [\(https://disability.utah.edu/\)](https://disability.utah.edu/) 162 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Diverse Student Support

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

**Student Support Services (TRIO)**

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.

Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor's degree and need academic assistance and other services to be successful at the University of Utah.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

**Student Support Services (TRIO)** 801-581-7188 [trio.utah.edu](https://trio.utah.edu) [\(https://trio.utah.edu/\)](https://trio.utah.edu/) Room 2075

1901 E. S. Campus Dr.  
Salt Lake City, UT 84112

## American Indian Students

The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive “home-away-from-home” space for students to grow and develop leadership skills.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### American Indian Resource Center

📞 801-581-7019

🌐 [diversity.utah.edu/centers/airc](https://diversity.utah.edu/centers/airc) [\(https://diversity.utah.edu/centers/airc/\)](https://diversity.utah.edu/centers/airc/)

📍 Fort Douglas Building 622  
1925 De Trobriand St.  
Salt Lake City, UT 84113

## Black Students

Using a pan-African lens, the Black Cultural Center seeks to counteract persistent campus-wide and global anti-blackness. The Black Cultural Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### Black Cultural Center

📞 801-213-1441

🌐 [diversity.utah.edu/centers/bcc](https://diversity.utah.edu/centers/bcc) [\(https://diversity.utah.edu/centers/bcc/\)](https://diversity.utah.edu/centers/bcc/)

📍 Fort Douglas Building 603  
95 Fort Douglas Blvd.  
Salt Lake City, UT 84113

## Students with Children

Our mission is to support and coordinate information, program development and services that enhance family resources as well as the availability, affordability and quality of child care for University students, faculty and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### Center for Childcare & Family Resources

📞 801-585-5897

🌐 [childcare.utah.edu](https://childcare.utah.edu) [\(https://childcare.utah.edu/\)](https://childcare.utah.edu/)

📍 408 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Students With Disabilities

The Center for Disability Services is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

### Center for Disability Services

📞 801-581-5020

🌐 [disability.utah.edu](https://disability.utah.edu) [\(https://disability.utah.edu/\)](https://disability.utah.edu/)

📍 162 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Students of Ethnic Descent

The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Their mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

#### Center for Ethnic Student Affairs

📞 801-581-8151

🌐 [diversity.utah.edu/centers/cesa/](https://diversity.utah.edu/centers/cesa/) [\(https://diversity.utah.edu/centers/cesa/\)](https://diversity.utah.edu/centers/cesa/)

📍 235 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

### English as a Second/Additional Language (ESL) Students

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

#### Writing Center

📞 801-587-9122

🌐 [writingcenter.utah.edu](http://writingcenter.utah.edu/) [\(http://writingcenter.utah.edu/\)](http://writingcenter.utah.edu/)

📍 2701 Marriott Library  
295 S 1500 E  
Salt Lake City, UT 84112

#### English for Academic Success (EAS) Program

📞 801-581-8047

🌐 [linguistics.utah.edu/eas-program](https://linguistics.utah.edu/eas-program/) [\(https://linguistics.utah.edu/eas-program/\)](https://linguistics.utah.edu/eas-program/)

📍 2300 LNCO  
255 S. Central Campus Dr.  
Salt Lake City, UT 84112

#### English Language Institute

📞 801-581-4600

🌐 [continue.utah.edu/eli](http://continue.utah.edu/eli/) [\(http://continue.utah.edu/eli\)](http://continue.utah.edu/eli/)

📍 540 Arapeen Dr.  
Salt Lake City, UT 84108

### Undocumented Students

Immigration is a complex phenomenon with broad impact—those who are directly affected by it, as well as those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.

**Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence.** The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their website or contact:

#### Dream Center

📞 801-213-3697

🌐 [dream.utah.edu](http://dream.utah.edu/) [\(http://dream.utah.edu/\)](http://dream.utah.edu/)

📍 1120 Annex (Wing B)  
1901 E. S. Campus Dr.  
Salt Lake City, UT 84112

### LGBTQ+ Students

The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

#### LGBTQ+ Resource Center

📞 801-587-7973

 [lgbt.utah.edu \(http://lgbt.utah.edu\)](http://lgbt.utah.edu)

 409 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Veterans & Military Students

The mission of the Veterans Support Center is to improve and enhance the individual and academic success of veterans, service members, and their family members who attend the university; to help them receive the benefits they earned; and to serve as a liaison between the student veteran community and the university.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### Veterans Support Center

 801-587-7722

 [lgbt.utah.edu](http://lgbt.utah.edu) [veteranscenter.utah.edu](http://veteranscenter.utah.edu) [. \(http://veteranscenter.utah.edu\)](http://veteranscenter.utah.edu)

 418 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Women

The Women's Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women's identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

### Women's Resource Center

 801-581-8030

 [womenscenter.utah.edu](https://womenscenter.utah.edu) [. \(https://womenscenter.utah.edu\)](https://womenscenter.utah.edu)

 411 Union Building  
200 S. Central Campus Dr.  
Salt Lake City, UT 84112

## Inclusivity at the U

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:

*Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans, embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size, gender identity or expression, sexual orientation, disability, age, or religion.*

For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

### Office for Inclusive Excellence

 801-581-4600

 [inclusive-excellence.utah.edu](https://inclusive-excellence.utah.edu) [. \(https://inclusive-excellence.utah.edu\)](https://inclusive-excellence.utah.edu) [. \(http://continue.utah.edu/eli\)](http://continue.utah.edu/eli)

 170 Annex (Wing D)  
1901 E. S. Campus Dr.  
Salt Lake City, UT 84112

## Other Student Groups at the U

To learn more about some of the other resource groups available at the U, check out:

 [getinvolved.utah.edu/ \(https://getinvolved.utah.edu/\)](https://getinvolved.utah.edu)

 [studentsuccess.utah.edu/resources/student-support](https://studentsuccess.utah.edu/resources/student-support) [. \(https://studentsuccess.utah.edu/resources/student-support/\)](https://studentsuccess.utah.edu/resources/student-support/)

## Course Summary:

Date	Details	Due
Mon Oct 19, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/7762923">Foot and Toes Assignment</a> <a href="https://utah.instructure.com/courses/626283/assignments/7762923">https://utah.instructure.com/courses/626283/assignments/7762923</a>	due by 11:59pm
Wed Oct 21, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/8280326">Foot and Toe Quiz</a> <a href="https://utah.instructure.com/courses/626283/assignments/8280326">https://utah.instructure.com/courses/626283/assignments/8280326</a>	due by 11:59pm
Mon Oct 26, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/7760326">Leg, Ankle and Foot Assignment</a> <a href="https://utah.instructure.com/courses/626283/assignments/7760326">https://utah.instructure.com/courses/626283/assignments/7760326</a>	due by 11:59pm
Tue Oct 27, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/8282836">Ankle and Leg Quiz</a> <a href="https://utah.instructure.com/courses/626283/assignments/8282836">https://utah.instructure.com/courses/626283/assignments/8282836</a>	due by 11:59pm
Mon Nov 2, 2020	 <a href="#">Home Videos</a>	to do: 11:59pm
	 <a href="https://utah.instructure.com/courses/626283/assignments/8323580">Ankle, Leg, and Foot Lab Assignment</a> <a href="https://utah.instructure.com/courses/626283/assignments/8323580">https://utah.instructure.com/courses/626283/assignments/8323580</a>	due by 11:59pm
Thu Nov 5, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/8294976">Ankle Foot and Leg Rehab Quiz</a> <a href="https://utah.instructure.com/courses/626283/assignments/8294976">https://utah.instructure.com/courses/626283/assignments/8294976</a>	due by 11:59pm
Fri Nov 6, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/8334786">Rehab Videos</a> <a href="https://utah.instructure.com/courses/626283/assignments/8334786">https://utah.instructure.com/courses/626283/assignments/8334786</a>	due by 11:59pm
Mon Nov 9, 2020	 <a href="#">Knee Pathologies</a>	to do: 8am
Tue Nov 10, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/7760733">Knee Assignment</a> <a href="https://utah.instructure.com/courses/626283/assignments/7760733">https://utah.instructure.com/courses/626283/assignments/7760733</a>	due by 11:59pm
Wed Nov 11, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/8283352">Knee Quiz</a> <a href="https://utah.instructure.com/courses/626283/assignments/8283352">https://utah.instructure.com/courses/626283/assignments/8283352</a>	due by 11:59pm
Sun Nov 15, 2020	 <a href="#">Knee Labs</a>	to do: 11:59pm
Mon Nov 16, 2020	 <a href="#">Knee Rehabilitation</a>	to do: 8am
Wed Nov 18, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/8294977">Knee Rehab Quiz</a> <a href="https://utah.instructure.com/courses/626283/assignments/8294977">https://utah.instructure.com/courses/626283/assignments/8294977</a>	due by 11:59pm
Mon Nov 23, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/8323739">Patellofemoral Pathologies</a> <a href="https://utah.instructure.com/courses/626283/assignments/8323739">https://utah.instructure.com/courses/626283/assignments/8323739</a>	to do: 8am
	 <a href="https://utah.instructure.com/courses/626283/assignments/8323739">Knee Lab Assignment</a> <a href="https://utah.instructure.com/courses/626283/assignments/8323739">https://utah.instructure.com/courses/626283/assignments/8323739</a>	due by 11:59pm
Wed Nov 25, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/7762786">Patellofemoral Assignment</a> <a href="https://utah.instructure.com/courses/626283/assignments/7762786">https://utah.instructure.com/courses/626283/assignments/7762786</a>	due by 11:59pm
Wed Dec 2, 2020	 <a href="#">Patellofemoral Rehab</a>	to do: 8am
	 <a href="https://utah.instructure.com/courses/626283/assignments/8323856">Patellofemoral Lab Assignment</a> <a href="https://utah.instructure.com/courses/626283/assignments/8323856">https://utah.instructure.com/courses/626283/assignments/8323856</a>	due by 11:59pm

Date	Details	Due
Thu Dec 3, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/8294975">Patellofemoral Quiz</a> ( <a href="https://utah.instructure.com/courses/626283/assignments/8294975">https://utah.instructure.com/courses/626283/assignments/8294975</a> )	due by 11:59pm
Fri Dec 11, 2020	 <a href="https://utah.instructure.com/courses/626283/assignments/8349761">Final Exam</a> ( <a href="https://utah.instructure.com/courses/626283/assignments/8349761">https://utah.instructure.com/courses/626283/assignments/8349761</a> )	due by 11:59pm