

CURRICULUM VITAE
BO-RAM KIM, Ph.D.

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PERSONAL INFORMATION

University Address

The University of Utah Asia Campus
119 Songdo Moonhwa-Ro, Room U841
Yeonsu-Gu Incheon, Korea, 21985
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PROFESSIONAL APPOINTMENTS

Assistant Professor (Lecturer) – 2020-present

Department of Psychology, The University of Utah Asia Campus, Incheon, Korea

Consultant – 2020-present

Department of Psychological and Brain Sciences, University of Delaware, Newark, DE
Principal Investigator: Mary Dozier, Ph.D.

Scientist – 2019

Department of Psychological and Brain Sciences, University of Delaware, Newark, DE
Principal Investigator: Mary Dozier, Ph.D.

Postdoctoral Researcher – 2017-2019

Department of Psychological and Brain Sciences, University of Delaware, Newark, DE
Principal Investigator: Mary Dozier, Ph.D.

EDUCATION

Ph.D. – 2014

Human Development and Family Studies
The Pennsylvania State University, University Park, PA
Mentor: Douglas M. Teti, Ph.D.

M.S. – 2010

Human Development and Family Studies

The Pennsylvania State University, University Park, PA

Mentor: Douglas M. Teti, Ph.D.

B.A. – 2006

Psychology, Music History and Theory

Oberlin College, Oberlin, OH

Online Teaching Certificate – 2014

The Pennsylvania State University, World Campus

Children’s Program Certificate, General Level I – 2007

Mt. San Antonio College, Walnut, CA

TEACHING EXPERIENCE

Instructor, The University of Utah Asia Campus, Incheon, Korea

2024, Spring	Research Experience (PSY4800; undergraduate course)
2024, Spring	Childhood & Adolescent Development (PSY2200; undergraduate course)
2024, Spring	Love and Relationships (PSY1080; undergraduate course)
2024, Spring	General Psychology (PSY1010; undergraduate course)
2023, Fall	Research Experience (PSY4800; undergraduate course)
2023, Fall	Childhood & Adolescent Development (PSY2200; undergraduate course)
2023, Fall	General Psychology (PSY1010; undergraduate course)
2023, Spring	Internship Program in Psychology (PSY4890; undergraduate course)
2023, Spring	Research Experience (PSY4800; undergraduate course)
2023, Spring	Childhood & Adolescent Development (PSY2200; undergraduate course)
2023, Spring	General Psychology (PSY1010; undergraduate course)
2022, Fall	Research Experience (PSY4800; undergraduate course)
2022, Fall	Love and Relationships (PSY1080; undergraduate course)
2022, Fall	General Psychology (PSY1010; undergraduate course)
2022, Spring	Research Experience (PSY4800; undergraduate course)
2022, Spring	Love and Relationships (PSY1080; undergraduate course)
2022, Spring	General Psychology (PSY1010; undergraduate course)
2021, Fall	Research Experience (PSY4800; undergraduate course)
2021, Fall	Abnormal Child Psychology (PSY3250; undergraduate course)
2021, Fall	General Psychology (PSY1010; undergraduate course)
2021, Summer	Special Topics: Family Issues (PSY3960; undergraduate course)
2021, Spring	Research Experience (PSY4800; undergraduate course)

2020, Fall Research Experience (PSY4800; undergraduate course)
 2020, Fall Abnormal Child Psychology (PSY3250; undergraduate course)
 2020, Fall Love and Relationships (PSY1080; undergraduate course)
 2020, Fall General Psychology (PSY1010; undergraduate course)
 2020, Summer Internship Program in Psychology (PSY4890; undergraduate course)
 2020, Summer Special Topics: Family Relationships (PSY3960; undergraduate course)
 2020, Spring Love and Relationships (PSY1080; undergraduate course)
 2020, Spring General Psychology (PSY1010; undergraduate course)

Adjunct Instructor, University of Delaware, Newark, DE

2019, Fall General Psychology (PSYC 100; undergraduate course)
 2019, Spring Research Methods (PSYC 207; undergraduate course)
 2018, Fall Research Methods (PSYC 207; undergraduate course)

Graduate Teaching Instructor, The Pennsylvania State University, University Park, PA

2014, Summer Family Relationships (HDFS 418; online course)
 2013, Summer Introduction to Human Development and Family Studies (HDFS 129; undergraduate course)
 2012, Summer Infant and Child Development (HDFS 229; undergraduate course)
 2011, Summer Infant and Child Development (HDFS 229; undergraduate course)

Graduate Teaching Assistant, The Pennsylvania State University, University Park, PA

2014, Spring Infant Development (HDFS 428; undergraduate course)
 2013, Fall Analysis of Family Problems (HDFS 477; undergraduate course)
 2013, Spring Empirical Inquiry in Human Development (HDFS 312W; undergraduate course)
 2013, Spring Introduction to Human Development and Family Studies (HDFS 129; undergraduate course)
 2012, Fall Human Development and Family Studies Interventions (HDFS 311; undergraduate course)
 2011, Spring Infant and Child Development (HDFS 229; undergraduate course)

Preschool Teacher, River School, Newport Jersey City, NJ

2016-2017 Lead Preschool Teacher, 4-5 year old classroom
 2014-2016 Assistant Teacher, 4-5 year old classroom

CLINICAL EXPERIENCE

2017-present Attachment and Biobehavioral Catch-up (ABC)
 University of Delaware (PI: Mary Dozier; Director: Caroline Roben)

- Disseminate intervention program to national and international sites through (1) screening and training of new personnel on the intervention, (2) weekly supervision of clinicians administering the intervention to maintain program fidelity, and (3) training clinicians and staff at other sites in a supervision of supervision model
- Oversee pre- and post-intervention parent-child interaction data to assess program effectiveness; including training undergraduates in the coding system
- Manage certification process for clinicians who have completed the training year in intervention administration
- Manage several organization-wide systems in dissemination efforts, e.g., website design and maintenance

RESEARCH EXPERIENCE

2009-2014

Project SIESTA (Study of Infants' Emergent Sleep Trajectories)

The Pennsylvania State University (PI: Douglas M. Teti, Ph.D.)

- Collected longitudinal data from families regarding bedtime and nighttime parenting and parent-infant interaction, and infant social-emotional development
- Managed, coded, and analyzed data for professional presentations and manuscripts
- Coded parental emotional availability during interactions between parents and infants aged 1 month to 2 years during infant bedtime
- Coded emotion regulation tasks for infants 6 to 24 months of age
- Trained and supervised undergraduates to code and enter data

2009

Child Development Lab (Dopamine and ADHD)

The Pennsylvania State University (PI: Lisa Gatzke-Kopp, Ph.D.)

- Assisted PI on beginning stages of project including literature searches, undergraduate research assistant recruitment, and study participant recruitment

2007-2009

Mind of Mothers Study (MOMS)

The Pennsylvania State University (PI: Douglas M. Teti, Ph.D.)

- Collected and analyzed electroencephalographic (EEG) and event-related potential (ERP) data from mothers in response to

- pre-recorded emotional events created by their own infants aged 4-5 months
- Supervised undergraduate research assistants with data analysis and management

RESEARCH SKILLS

Behavioral Data Coding

Emotional Availability Scales (Biringen, 1998)

Reliability attained for 3rd and 4th editions

Infant Emotion Regulation (Stifter & Braungart, 1995)

Reliability attained for Reactivity and Regulation codes

Infant Attachment Security (Ainsworth et al., 1978; Main & Solomon, 1990)

Reliability attained for ABC attachment classifications

Software Programs

SPSS, SAS, Mplus

PEER-REVIEWED JOURNAL ARTICLES

Kim, B.-R., Chow, S., Bray, B., & Teti, D. M. (2017). Trajectories of mothers' emotional availability: Relations with infant temperament in predicting attachment security. *Attachment & Human Development, 19*, 38-57.

Teti, D. M., Shimizu, M., Crosby, B., & **Kim, B.-R.** (2016). Sleep arrangements, parent-infant sleep during the first year, and family functioning. *Developmental Psychology, 52*(8), 1169-1181.

Whitesell, C. J., Teti, D. M., Crosby, B., & **Kim, B.-R.** (2015). Household chaos, socio-demographic risk, coparenting, and parent-infant relations during infants' first year. *Journal of Family Psychology, 29*(2), 211-220.

Kim, B.-R., Stifter, C. A., Philbrook, L. E., & Teti, D. M. (2014). Infant emotion regulation: Relations to bedtime emotional availability, attachment security, and temperament. *Infant Behavior & Development, 37*(4), 480-490.

Kim, B.-R., & Teti, D. M. (2014). Maternal emotional availability during infant bedtime: An

ecological framework. *Journal of Family Psychology*, 28(1), 1-11.

Philbrook, L. E., Hozella, A. C., **Kim, B.-R.**, Jian, N., Shimizu, M., & Teti, D. M. (2014). Maternal emotional availability at bedtime and infant cortisol at 1 and 3 months. *Early Human Development*, 90(10), 595-605.

Kim, B.-R., Teti, D. M., & Cole, P. M. (2012). Mothers' affect dysregulation, depressive symptoms, and emotional availability during mother-infant interaction. *Infant Mental Health Journal*, 33(3), 1-8.

Teti, D. M., **Kim, B.-R.**, Mayer, G., & Countermeine, M. (2010). Maternal emotional availability at bedtime predicts infant sleep quality. *Journal of Family Psychology*, 24(3), 307-315.

BOOK CHAPTERS

Teti, D. M., Philbrook, L., Shimizu, M., Reader, J., Rhee, H.-Y., McDaniel, B., Crosby, B., **Kim, B.-R.**, & Jian, N. (2015). The social ecology of infant sleep: Structural and qualitative features of bedtime and nighttime parenting and infant sleep in the first year. In S. D. Calkins (Ed.), *Handbook of infant biopsychosocial development*. (pp. 359-391). New York: Guilford.

Thorsen, M. L., & **Kim, B.-R.** (2015). Reflecting on the diverging destinies of American families: Policy approaches as we move forward. In P. Amato, A. Booth, S. McHale, & J. Van Hook (Eds.), *Families in an era of increasing inequality: Diverging destinies* (pp. 225-237). New York: Springer.

Teti, D. M., & **Kim, B.-R.** (2014). Infants and pre-school children: Observational assessments of attachment, a review and discussion of clinical applications. In S. Farnfield & P. Holmes (Eds.), *The Routledge Handbook of Attachment: Assessment* (pp. 53-80). London: Routledge.

Teti, D. M., **Kim, B.-R.**, Mayer, G., Crosby, B., Towe-Goodman, N. (2012). Maternal depression, mothering and child development. In V. Olishah (Ed.), *Essential notes in psychiatry* (pp. 375-398). ISBN: 978-953-51-0574-9, InTech, Available from: <http://www.intechopen.com/books/essential-notes-in-psychiatry/maternal-depression-mothering-and-child-development>

SYMPOSIUM PRESENTATIONS

Roben, C. K. P., Costello, A. H., **Kim, B.-R.**, Blake, F., Schein, S. S., & Dozier, M. (2019,

March). Family engagement in Attachment and Biobehavioral Catch-Up and ratings of parenting and potential for change. Paper symposium at the Society for Research in Child Development conference, Baltimore, MD.

Teti, D. M., Reader, J., Philbrook, L., Rhee, H.-Y., McDaniel, B., **Kim, B.-R.**, Jian, N. (2013, April). Bedtime and nighttime parenting of infants during the first six months of life and infant sleep quality. Paper presented at the Society for Research in Child Development conference, Seattle, WA.

Teti, D. M., **Kim, B.-R.**, Mayer, G., McDaniel, B., Philbrook, L., Rhee, H.-Y., Shimizu, M., Whitesell, C., & Crosby, B. (2012, June). Bedtime parenting vs. infant sleep quality in the first year of life: predicting attachment security and behavior problems. Paper presented at the International Conference on Infant Studies, Minneapolis, MN.

Teti, D. M., Crosby, B., & **Kim, B.-R.** (2011, March-April). Maternal depressive symptoms and marital adjustment at 1 and 3 months predict mother-infant bedsharing by 6 months. Paper presented at the Society for Research in Child Development conference, Montreal, Canada.

Teti, D. M., **Kim, B.-R.**, & Mayer, G. (2010, June-July). Maternal emotional availability at bedtime predicts infant sleep quality. Paper presented at the World Association for Infant Mental Health congress, Leipzig, Germany.

Teti, D. M., Countermeine, M. S., Mayer, G. E., & **Kim, B.-R.** (2009, April). Parenting practices and emotional availability at bedtime and at night, and infant sleep disruption. Paper presented at the Society for Research in Child Development conference, Denver, CO.

POSTER PRESENTATIONS

Jian, N., Teti, D. M., & **Kim, B.-R.** (2015, March). Infant negative emotionality and observed bedtime maternal emotional availability predicting one-year-olds' behavior problems. Poster presented at the Society for Research in Child Development conference, Philadelphia, PA.

Philbrook, L., Jian, N., **Kim, B.-R.**, McDaniel, B., Reader, J., Rhee, H.-Y., & Teti, D. M. (2015,

March). Influences and interactions of parenting practices and quality of bedtime on infant sleep quality across the first six months. Poster presented at the Society for Research in Child Development conference, Philadelphia, PA.

Shimizu, M., Teti, D. M., **Kim, B.-R.**, & Philbrook, L. (2015, March). Are 9- to 12-month increases in infant sleep disruption an index of healthy attachment development? Poster presented at the Society for Research in Child Development conference, Philadelphia, PA.

Kim, B.-R., & Teti, D. M. (2013, April). Infant temperamental reactivity moderates the relation between attachment security and emotion regulation strategies. Poster presented at the Society for Research in Child Development conference, Seattle, WA.

Jian, N., **Kim, B.-R.**, Teti, D. M. (2013, April). Maternal emotional availability, mother-perceived infant temperament and objectively-assessed infant sleep at six month. Poster presented at the Society for Research in Child Development conference, Seattle, WA.

Rhee, H.-Y., **Kim, B.-R.**, Mayer, G., Teti, D. M. (2013, April). Mothers' daily mood variability and emotional availability during the early transition to parenthood. Poster presented at the Society for Research in Child Development conference, Seattle, WA.

Shimizu, M., **Kim, B.-R.**, Teti, D. M. (2013, April). Maternal distress, maternal emotional availability at bedtime, and infant sleep arrangements at 3, 6, and 9 months. Poster presented at the Society for Research in Child Development conference, Seattle, WA.

Kim, B.-R., Rhee, H.-Y., Shimizu, M., Mayer, G., & Teti, D. M. (2012, June). Infant temperament moderates the link between mothers' emotional availability during infant bedtimes and attachment security. Poster presented at the International Conference on Infant Studies, Minneapolis, MN.

Philbrook, L., Hozella, A., **Kim, B.-R.**, Teti, D. M. (2012, June). Maternal emotional availability, co-parenting quality, infant temperament, and infant diurnal cortisol at 3 months. Poster presented at the International Conference on Infant Studies, Minneapolis, MN.

Shimizu, M., **Kim, B.-R.**, Teti, D. M. (2012, June). Infant sleeping arrangements, infant attachment, and maternal emotional availability during the first year of life. Poster presented at the International Conference on Infant Studies, Minneapolis, MN.

Kim, B.-R., Teti, D. M., & Mayer, G. (2011, March-April). Coparenting at 1 and 3 months postpartum predicts parents' emotional availability during infant bedtimes at 6 months. Poster presented at the Society for Research in Child Development conference, Montreal, Canada.

Mayer, G., Teti, D. M., & **Kim, B.-R.,** (2011, March-April). Co-parenting during infants' first three months and socio-emotional and behavioral adjustment at 1 year. Poster presented at the Society for Research in Child Development conference, Montreal, Canada.

Kim, B.-R., Teti, D. M., & Cole, P. M. (2010, March). Mothers' affect regulation, depressive symptoms, and emotional availability during mother-infant interaction. Poster presented at the International Conference on Infant Studies, Baltimore, MD.

FELLOWSHIPS & AWARDS

2013-2014	Albert M. Kligman Graduate Fellowship, Penn State University
2011-2012	Grace M. Henderson Graduate Scholarship, Penn State University
2007	Hintz Graduate Enhancement Fellowship, Penn State University
2007	Robert W. Graham Endowed Graduate Fellowship, Penn State University

PROFESSIONAL SERVICE

Journal Reviewer	<i>Child Development</i>
	<i>Developmental Psychology</i>
	<i>Trauma, Violence, & Abuse</i>
	<i>Infant and Child Development</i>
	<i>Journal of Reproductive and Infant Psychology</i>
	<i>Journal of Personality</i>
	<i>Journal of Family Psychology</i>
	<i>SDE/GWIS Fellowship</i>

Departmental Service

The University of Utah Asia Campus Psychology Department

2021-present Psychology Program Lead

2020-2021 Review committee for Psychology Undergraduate Research Aware (PURA)

The Pennsylvania State University Human Development and Family Studies Department

2010-2011 Admissions Committee Graduate Representative

2009-2010 Program Planning, Development & Education Graduate Representative

2008-2009

Graduate Student Association Graduate Representative