

Joanna M. Drinane, Ph.D.
Curriculum Vitae

CONTACT INFORMATION

University of Utah
Department of Educational Psychology
College of Education
1721 Campus Center Drive, Office 3268
Salt Lake City, Utah 84112
Telephone: 801-587-1735 (office), 845-323-1467 (cell)
Email: Joanna.Drinane@utah.edu

EDUCATION

2018 Ph.D. Counseling Psychology (APA Accredited)
University of Denver, Denver, CO
Dissertation: The Impact of Sudden Gains and Deteriorations on the
Psychotherapy Process

2017-2018 Pre-Doctoral Intern, University Counseling Center (APA Accredited)
University of Maryland, College Park, MD

2014 M.Ed. Counseling Psychology
University of Louisville, Louisville, KY

2010 B.S. Clinical Psychology and Spanish
Tufts University, Boston, MA

PROFESSIONAL APPOINTMENTS

2018 - Present Assistant Professor, Department of Educational Psychology
University of Utah

LICENSURE

2019 - Present Psychologist: State of Utah (#11450397-2501)

AWARDS AND HONORS

2018 Student Award Competition (\$250)
Division 17, Section for the Promotion of Psychotherapy Science

2017 Outstanding Achievement in Research Award
Department of Counseling Psychology, University of Denver, Denver, CO

2017 COESA Leadership Award
College of Education Student Association, University of Denver, Denver, CO

2017 Nominee: Outstanding Graduate Student Award
Council of Counseling Psychology Training Programs

- 2016 Dissertation Award (\$2,500)
Compassionate Action Scholarship Fund, College of Education, University of Denver,
Denver, CO
- 2015 Most Valuable Paper Award (\$500)
Editorial Board for *Psychotherapy*
[Owen, J., Drinane, J.M., Idigo, K.C., & Valentine, J., (2015). Psychotherapist effects in
meta-analyses: How accurate are treatment effects?]
- 2015 Inclusive Engagement Fellowship (\$1,000)
Office of Graduate Studies, University of Denver, Denver, Colorado
- 2015 Honors: Counseling Psychology Doctoral Comprehensive Exam
University of Denver, Denver, CO

PUBLICATIONS

Peer-Reviewed Journal Articles (*Denotes student)

- [19] Quirk, K., **Drinane, J.M.**, Owen, J., *Edelman, A., Chow, D., Lim, J., Chandra, D., & Miller, S.
(in press). The Alliance-Outcome Association in Couple Therapy: A Common Fate Model.
Family Process.
- [18] Owen, J. *Coleman, J., **Drinane, J.M.**, Tao, K., Imel, Z.E., Wampold, B., & Kopta, S.M. (in press).
Psychotherapy racial/ethnic disparities in treatment outcomes: The role of
university racial/ethnic composition. *Journal of Counseling Psychology*.
- [17] Wilcox, M.M., **Drinane, J.M.**, Black, S.W., *Cabrera, L., Tao, K.W., Hook, J.N., Davis, D.E.,
Watkins, Jr., C.E., & Owen, J. (in press). Seeing Supervisees: Layered Cultural Processes
in Supervision. *Training and Education in Professional Psychology*.
- [16] Black, S.W., **Drinane, J.M.**, Owen, J., DeBlaere, C., & Davis, D.E. (in press). Integrating
spirituality as a multicultural component into time-limited psychotherapy: Two case
studies. *Professional Psychology: Research and Practice*.
- [15] Cross, W. E., **Drinane, J. M.**, Owen, J., Schmidt, C., Raque-Bogdan, T. L., Hook, J. N., Davis, D., &
Ajibade, A. (2020). Uncovering alternative ethnic identity trajectories: A cluster analysis of
the MEIM and psychological well-being. *Race and Social Problems*.
10.1007/s12552-020-09291-3
- [14] Owen, J., **Drinane, J.M.**, Kivlighan III, D.M., Miller, S., Kopta, S.M., & Imel, Z.E. (2019). Are
high performing therapists both effective and consistent? A test of therapist expertise.
Journal of Consulting and Clinical Psychology.
- [13] *Coleman, J., **Drinane, J.M.**, Owen, J., & Kopta, S.M. (2019). Establishing Expectations:
Exploring session limits in university counseling centers. *Journal of College Student
Psychotherapy*. 1–15. <https://doi.org/10.1080/87568225.2019.1650680>
- [12] Kivlighan III, D. M., **Drinane, J. M.**, Tao, K. W., Owen, J., & Liu, W. M. (2019). The detrimental
effect of fragile groups: Examining the role of cultural comfort for group therapy members
of color. *Journal of Counseling Psychology*. Advance online publication.
- [11] Owen, J., **Drinane, J.M.**, Adelson, J., & Kopta, S.M. (2019). The psychotherapy outcome
problem: The development of the outcome stability index. *Psychotherapy Research*, 29(2),
226-233.

- [10] Kivlighan III, D. M., Adams, M. C., **Drinane, J. M.**, Tao, K., & Owen, J. (2018). Construction and validation of the multicultural orientation inventory - group version. *Journal of Counseling Psychology*, 66(1), 45-55.
- [9] **Drinane, J. M.**, Owen, J., & Tao, K. W. (2018). Cultural concealment and therapy outcomes. *Journal of Counseling Psychology*, 65(2), 239-246.
- [8] Owen, J., **Drinane, J. M.**, Tao, K. W., DasGupta, D.R., Zhang, Y. S. D., & Adelson, J. (2018). An experimental test of microaggression detection in psychotherapy: Therapist multicultural orientation. *Professional Psychology: Research and Practice*, 49(1), 9-21.
- [7] Black, S. W., Owen, J., Chapman, N., Lavin, K., **Drinane, J. M.**, & Kuo, P. (2017). Feedback informed treatment: An empirically supported case study of psychodynamic treatment. *Journal of Clinical Psychology*, 73(11), 1499-1509.
- [6] Tao, K.W., Owen, J., & **Drinane, J.M.**, (2017). Was *that* racist? An experimental study of microaggression ambiguity and emotional reactions for racial-ethnic minority and white individuals. *Race and Social Problems*. 9(4), 262-271.
- [5] Owen, J., **Drinane, J.M.**, Tao, K., Adelson, J., Hook, J.N., Davis, D., & Foo Kune, N. (2017). Racial/Ethnic disparities in client unilateral termination: The role of therapists' cultural comfort. *Psychotherapy Research*, 27(1), 102-111.
- [4] **Drinane, J.M.**, Owen, J., & Kopta, S.M. (2016). Racial/Ethnic disparities in psychotherapy: Does the outcome matter? *Testing, Psychometrics, Methodology in Applied Psychology*, 23(4), 1-14.
- [3] Owen, J., Tao, K., **Drinane, J.M.**, Hook, J., Davis, D.E., & Foo Kune, N. (2016). Client perceptions of therapists' multicultural orientation: Cultural (missed) opportunities and cultural humility. *Professional Psychology: Research and Practice*, 47(1), 30-37.
- [2] **Drinane, J.M.**, Owen, J., Adelson, J., & Rodolfa, E. (2016). Multicultural competencies: What are we measuring? *Psychotherapy Research*, 26, 342-351.
- [1] Owen, J., **Drinane, J.M.**, Idigo, K.C., & Valentine, J., (2015). Psychotherapist effects in meta-analyses: How accurate are treatment effects? *Psychotherapy*, 52, 321-328.

Comments/Rejoinders/Newsletters (*Denotes student)

- Drinane, J.M.** (2021). Editors' Column. *Psychotherapy Bulletin* 56(1), 5.
- Drinane, J.M.** (2020). Editors' Column. *Psychotherapy Bulletin* 55(4), 5-6.
- Drinane, J.M.**, Black, S.W., Chowdhury, S., & *Axford, K. (2020). Editors' Column. *Psychotherapy Bulletin* 55(3), 5-6.
- *Buttars, E.M. & **Drinane, J.M.** (2020). Exploring the downstream effects of silence around religion and spirituality in counseling training programs. *Psychotherapy Bulletin* 55(2), 13-17.
- *Lawson, K. & **Drinane, J.M.** (2020). The Double-Edged Sword of Social Media During Quarantine. *Psychotherapy Bulletin* 55(4), 28-31.
- Drinane, J.M.**, Black, S.W., Chowdhury, S., & *Axford, K. (2020). Editors' Column. *Psychotherapy Bulletin* 55(2), 5.
- Drinane, J.M.**, Black, S.W., Chowdhury, S., & *Axford, K. (2020). Editors' Column. *Psychotherapy Bulletin* 55(1), 5.

Books

- Owen, J., Tao, K.W., Kivlighan III, D. M, **Drinane, J.M.**, Goodyear, R., & Rousmaniere, T. (in progress). *Deliberate practice in psychotherapy: Employing a multicultural orientation framework.*

Book Chapters

- Drinane, J.M.**, & Strokoff, J. (2018). Oppression and couple therapy. In J.L. Lebow, A.L. Chambers & D.C. Breunlin (Eds). *Encyclopedia of Couple and Family Therapy*. New York: NY: Springer.
- Owen, J., Tao, K.W., & **Drinane, J.M.** (2018). Microaggressions: Clinical impacts and psychological harm. In C. Capodilupo, K.L. Nadal, D.P. Rivera, D.W. Sue, & G.C. Torino (Eds). *Microaggression Theory: Influence and Implications*. (pp. 67-85). Hoboken, NJ: Wiley & Sons.
- Chapman, N., Winkeljohn Black, S., **Drinane, J.M.**, Bach, N.B., & Owen, J. (2017). Quantitative performance measurement: Feedback informed treatment. In T. Rousmaniere, R. Goodyear, S. Miller, & B. Wampold (Eds). *The Cycle of Excellence: Training, Supervision, & Deliberate Practice*. (pp. 123-143). Hoboken, NJ: Wiley & Sons.
- Drinane, J.M.**, Owen, J., Hook, J.N., Davis, D.E., & Worthington, E.L. (2017). Microaggressions and cultural humility in psychotherapy. In E.L. Worthington, D.E. Davis, & J.N. Hook (Eds). *Handbook of Humility: Theory, Research, and Applications*. (pp. 316-328) New York, NY: Routledge.

Manuscripts Under Review and Revision (*Denotes student)

- Drinane, J.M.**, Wilcox, M.M., *Cabrera, L., & Black, S.W. (under revision). To conceal or not to conceal: Cultural identity processes in clinical supervision.
- Drinane, J.M.**, Winderman, K., Roberts, T.S., Frierson Freeman, V., & Wang, Y. (under revision). Sexual identity disparities within therapist caseloads in a university counseling center.
- Drinane, J.M.**, Owen, J. & Kopta, S.M. (under review). Sudden gains and deteriorations in psychotherapy: Modeling the impact across outcomes with university counseling center clients.
- *Kuo, P.B., **Drinane, J.M.**, Tao, K.W., Van Epps, J., & Imel, Z.E., (under review). An examination of cultural conversations in therapy: How often do clients report talking about identities?
- Stewart, S.H., **Drinane, J.M.**, Owen, J., & Dumas, D. (under revision). An Initial Test of a Task-Based Assessment of Multicultural Orientation.
- Wilcox, M.M., Black, S.W., **Drinane, J.M.**, *Morales-Ramirez, I., *Akef, Z., Tao, K.W., DeBlaere, C., Hook, J.N., Davis, D.E., Watkins, Jr., C.E., & Owen, J. (under review). Helpful and Hindering Experiences in Multicultural Supervision: A Brief Qualitative Inquiry.

In Preparation (*Denotes student)

- Black, S.W., **Drinane, J.M.**, Owen, J., & Adelson, J. (in preparation). Religious microaggressions in psychotherapy: What do therapists see?
- *Cabrera, L., **Drinane, J.M.**, & Van Epps, J. (in preparation). Intersectional identity conflicts: An unexplored facet of cultural process.
- Drinane, J.M.**, *Cabrera, L., & Van Epps, J. (in preparation). False starts: Service utilization and therapist effects among queer clients of color.
- Drinane, J.M.**, *Merced, K., *Caperton, D., Lord, S.P., Imel, Z.E., Van Epps, J., & Atkins, D. (in preparation). What do clients really talk about? Measure development and an initial exploration of topics of conversation in psychotherapy at a university counseling center.
- Drinane, J.M.**, *Sales, C., *Raymond, M., *Arteaga, M., *Cabrera, L., Black, S.W., & Adelson, J. (in preparation). Do therapists recognize heteronormative bias? An experimental test of microaggression detection in psychotherapy.
- Owen, J., **Drinane, J.M.**, Sinha, S., Gooch, S., & Rhoades, G. (in preparation). A meta-analytic review of treatment as usual with couples.

Professional Presentations (*Denotes student)

- *Cabrera, L., **Drinane, J.M.**, Black, S.W., & Wilcox, M.M. (2020, August). *Cultural concealment and satisfaction in supervision*. In **J.M. Drinane** (Chair) *Modeling the Cultural Processes of Psychotherapy Across Training Contexts*. Symposium virtually conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- *Cabrera, L., & **Drinane, J.M.** (2020, June). What our voices tell us: Emotion regulation and patterns of responding during cultural identity conversations. In **J.M. Drinane** (Chair) *Personalizing the Process: Measuring Cultural Dynamics in Psychotherapy*. Symposium accepted for presentation at the annual meeting of the Society for Psychotherapy Research, but not presented due to COVID-19.
- Drinane, J.M.**, *Kuo, P.B., *Caperton, D., Lord, S.P., Van Epps, J., Imel, Z.E., & Atkins, D. (2020, June). *What are we talking about? Multilevel models examining if sexual, racial, and religious minorities engage in more identity conversations while in psychotherapy*. In **J.M. Drinane** (Chair) *Personalizing the Process: Measuring Cultural Dynamics in Psychotherapy*. Symposium accepted for presentation at the annual meeting of the Society for Psychotherapy Research, but not presented due to COVID-19.
- Drinane, J.M.**, *Levenstein, Y., Black, S.W., & Owen, J. (2019, August). *Heteronormative microaggressions in psychotherapy: What can therapists see*. In **J.M. Drinane** (Chair) *Microaggressions in Psychotherapy*. Symposium conducted at the annual meeting of the American Psychological Association, Chicago, IL.
- Abrams, L., **Drinane, J.M.**, Tao, K.W., & Norsworthy, K. (2019, August). *Building skills through 'being': Cultivating a multicultural orientation (MCO) in clinical practice*. Symposium conducted at the annual meeting of the American Psychological Association, Chicago, IL.
- *Coleman, J.J., **Drinane, J.M.**, Owen, J., & Kopta, S.M., (2019, August). *The salience of campus racial/ethnic diversity*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Abrams, L., **Drinane, J.M.**, Tao, K.W., & Norsworthy, K. (2019, March). *Yeah, but, how do I actually 'do' that?: Cultivating a multicultural orientation (MCO) in clinical work*. Symposium conducted at the annual meeting of the Association for Women in Psychology, Newport, RI.
- Drinane, J.M.**, & Owen, J. (2018, September). *Within therapist identity-based disparities: Implications for research and practice*. In **J.M. Drinane** (Chair) *Multicultural Processes in Psychotherapy: Methodological Advances, Outcomes, and Implications*. Symposium conducted at the meeting of the North American Society for Psychotherapy Research, Snowbird, UT.
- Owen, J., **Drinane, J.M.**, *Haywood, S., & Tao., K.W. (2018, September). *Observational measures of multicultural processes in psychotherapy*. In R. Janis (Chair) *Presenting Problems and Therapy Among International Students Studying in the USA*. Symposium conducted at the meeting of the North American Society for Psychotherapy Research, Snowbird, UT.
- Drinane, J.M.**, *Haywood, S., & Owen, J. (2018, August). *Multicultural orientation: Recent innovations and future directions*. In K.W. Tao (Chair) *Multicultural Orientation: Research, Training, Practice, and Future Directions*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- *Coleman, J.J., **Drinane, J.M.**, Kopta, S.M., & Owen, J. (2018, August). *Take it to the limit: Revisiting the impact of session limits on psychotherapy outcomes*. Poster presented at the meeting of the American Psychological Association, San Francisco, CA.
- Drinane, J.M.**, Winderman, K., Roberts, T.S., Frierson Freeman, V., & Wang, Y. (2017, February). *Sexual identity disparities within therapist caseloads in a university counseling center*. Poster presented at the meeting of the Big 10 Counseling Centers, College Park, MD.

- Drinane, J.M.**, Owen, J. & Kopta, S.M. (2017, August). *Sudden gains and deteriorations in psychotherapy: An examination of the phase model*. Poster presented at the meeting of the American Psychological Association, Washington, D.C.
- Folds, D., Edelman, A., Polser, G., **Drinane, J.M.**, & Owen, J. (2017, August). *Countertransference in couple therapy: Associations with systemic alliance and therapy outcomes*. Poster presented at the meeting of the American Psychological Association, Washington, D.C.
- Drinane, J.M.**, Owen, J., & Tao, K.W. (2016, November). *Cultural concealment as a predictor of therapy outcomes*. In J. Owen (Chair) *Multicultural Processes in Psychotherapy*. Symposium conducted at the meeting of the North American Society for Psychotherapy Research, Berkeley, CA.
- Drinane, J.M.**, Rhodes, G., & Owen, J., (2016, August). *The effectiveness of the prevention and relationship education program: A meta-analysis*. In B.D. Doss (Chair), *Research on couple therapy and relationship education – Current status and recent innovations*. Symposium conducted at the meeting of the American Psychological Association, Denver, CO.
- Drinane, J.M.** & Owen, J. (2016, August). *Does race/ethnicity impact the domains of improvement observed in psychotherapy: Within therapist racial/ethnic disparities*. Poster presented at the meeting of the American Psychological Association, Denver, CO.
- Anderson, R., **Drinane, J.M.**, King, B., Pugia, A., & Owen, J. (2016, August). *Therapist multicultural orientation training: A pilot study*. Poster presented at the meeting of the American Psychological Association, Denver, CO.
- Kaminsky, G., **Drinane, J.M.**, Manthos, M., Shuck, B., & Owen, J. (2016, August). *Witnessing coworkers with benefits and employee engagement*. Poster presented at the meeting of the American Psychological Association, Denver, CO.
- Polser, G.A., Folds, D., Lamphere, B., **Drinane, J.M.**, & Owen, J. (2016, August). *Does the level of commitment uncertainty in a relationship affect the alliance?* Poster presented at the meeting of the American Psychological Association, Denver, CO.
- Brannon, J., Swink, M., Browning, L., **Drinane, J.M.**, & Owen, J. (2016, August). *A slice of humble pie: Thin slices of couple humility in the prediction of relationship functioning*. Poster presented at the meeting of the American Psychological Association, Denver, CO.
- DasGupta, D.R., Zhang, Y.S.D., **Drinane, J.M.**, & Owen, J. (2016, August). *Do you see what I see: Trainee recognition of microaggressions in session*. Poster presented at the meeting of the American Psychological Association, Denver, CO.
- Drinane, J.M.**, Owen, J., Tao, K.W., Adelson, J.L., Hook, J., Davis, D., & Foo Kune, N. (2015, August). *Cultural comfort: Does it explain racial/ethnic disparities in dropout within counselor caseloads?* Poster presented at the meeting of the American Psychological Association, Toronto, CA.
- Drinane, J.M.**, Owen, J. Tao, K., Adelson, J.L., & Foo Kune, N. (2015, June). *Addressing racial/ethnic disparities in therapy outcomes: Therapists' multicultural orientation*. In J. Owen (Chair) *Psychotherapy Outcomes: Variations in Trajectories of Change*. Symposium conducted at the meeting of the Society for Psychotherapy Research, Philadelphia, PA.
- Drinane, J.M.**, & Owen, J. (2013, October). *Multicultural "competencies:" What do we really know?* In J. Owen (Chair) *Cultural Processes in Psychotherapy*. Symposium conducted at the meeting of the North American Society for Psychotherapy Research, Memphis, TN.
- Drinane, J.M.**, & Owen, J. (2013, April). *What do we really know about therapists' multicultural competencies?* Poster presented at the Spring Research Conference, Lexington, KY.
- Drinane, J. M.**, & Owen, J. (2013, March). *A content validation of the cross-cultural counseling inventory revised*. Poster presented at the meeting of the Kentucky Psychological Association Foundation, Louisville, KY.

Drinane, J.M., Beard, C., Weisberg, R.B., & Keller, M.B., (2012, April). *The relationship between trauma and comorbidity in Latinos with anxiety disorders*. Poster presented at the meeting of Anxiety Disorders Association of America, Arlington, VA.

COURSES TAUGHT

Spring 2021	ED PS 7550 – Social Psychology of Human Diversity
2019 – 2021	ED PS 6710 – Practicum in Counseling, University of Utah
2018 – 2020	ED PS 6210 – Counseling Skills, University of Utah
Fall 2020	EDPS 6250 – Family and Couples Counseling, University of Utah
Summer 2019	ED PS 6350 – Group Counseling Theory and Application, University of Utah
Spring 2019	ED PS 6360 – Multicultural Counseling, University of Utah
Spring 2017	CNP 4751 – M.A. Internship, University of Denver
Spring 2017	CNP 4773 – Multicultural Counseling, University of Denver
Spring 2016	CNP 1250 – Peer Counseling, University of Denver

MENTORING

Dissertation Committees

1. Kritzia Merced (defended)
2. Patty Kuo (proposed)
3. Halleh Hashtpari (proposed)
4. Pamela Cornejo (proposed)
5. Camara Chea (in progress)

Clinical Mental Health Advisees: 9

Counseling Psychology Doctoral Student Advisees: 1

Research Lab Members: 1 Doctoral Student, 3 Clinical Mental Health Students

Research Team Collaborations Involving Student Mentorship

1. University of Utah Counseling Center Research Team
2. Culture, Diversity, and Well-Being Lab – Principal Investigator: Dr. Karen Tao
3. Laboratory for Psychotherapy Science – Principal Investigator: Dr. Zac Imel
4. Relationship and Psychotherapy Lab – Principal Investigator: Dr. Jesse Owen

SERVICE

Editorial

2020 – Present *Editor, Psychotherapy Bulletin*

2019 – Present *Editorial Board/Consulting Editor, Psychotherapy*

Ad hoc

2020 – Present *Ad hoc Reviewer, Professional Psychology: Research and Practice*

2020 – Present *Ad hoc Reviewer, The Clinical Supervisor*

2019 *Ad hoc Reviewer, Testing, Psychometrics, Methodology in Applied Psychology*

2018 *Ad hoc Reviewer, Journal of Psychotherapy Integration*

2017 – Present *Ad hoc Reviewer, Journal of Counseling Psychology*

2017 – Present *Ad hoc Reviewer, Psychotherapy Research*

2017 *Ad hoc Reviewer, Counseling Psychology Quarterly*

Division Leadership

2020 – Present APA Division 29: Publication Board – Ex Officio Member

2017 – 2018 APA Division 29: Student Development Committee
 2014 – 2017 APA Division 45: Student Committee

University Service

2020 - 2021 Host/Continuing Education Credit Coordinator, Working with Transgender and Nonbinary Clients - Speaker Series, College of Education, University of Utah
 2020 – present Member, College Council Executive Committee, College of Education, University of Utah
 2019 – present System Administrator for Telehealth and Recording Technology, Counseling and Counseling Psychology Programs, University of Utah
 2019 – 2020 *Director*, Educational Assessment and Student Support Clinic, University of Utah
 2019 – 2020 Diversity Dialogue Coordinator, University of Utah
 2019 – 2020 Search Committee Member, Counseling and Counseling Psychology Clinical Faculty Hire, University of Utah
 2017 – Present Counseling and Counseling Psychology Programs: Graduate Student Selection Committee, University of Utah

INVITED TALKS

2018 Invited Speaker: What are we doing that leads clients to conceal who they are? University of Maryland Counseling Center, College Park, MD
 2018 Invited Speaker: Sexual Identity Based Disparities in the Center: A Review and Discussion of Analyses University of Maryland Counseling Center, College Park, MD
 2017 Guest Lecturer: Helping Skills for Student Affairs Professionals (Graduate Level) University of Denver, Denver, CO
 2016 Facilitator: Multicultural Orientation in Counseling Seminar University of Denver, Denver, CO
 2016 Guest Speaker: University of Denver Multicultural Interest Group University of Denver, Denver, CO
 2015 Guest Lecturer: Family Therapy (Graduate Level) University of Denver, Denver, CO
 2013 Facilitator: Didactic Couple Therapy Seminar University of Louisville, Louisville, KY

INVOLVEMENT IN GRANTS

Active

American Psychological Foundation: Norine Johnson, Ph.D. Psychotherapy Research Grant for Early Career Psychologists (\$10,000)

Identity conversations: Culturally focused responding and encoded arousal in psychotherapy

Award Agency: Society for the Advancement of Psychotherapy (American Psychological Association Division 29)

Role: Principal Investigator (2019 to present)

University Research Committee Faculty Research & Creative Grant (\$6,000)

Navigating diverse identities: Modeling the association between culturally focused responding, emotion regulation, and encoded arousal

Award Agency: University of Utah Vice President for Research

Role: Principal Investigator (2019 to present)

Completed

Administration for Children and Families Discretionary Grant

Strengthening Relationship Education and Marriage Services - Impact Evaluation of MotherWise Program

Award Agencies: University of Denver, Denver Health

Principal Investigator: Galena Rhoades, Ph.D.

Role: Program Facilitator, Consultant (2016-2017)

National Institute of Mental Health: R18

Dissemination of Computer-Based Cognitive Behavioral Therapy for Depression in Primary Care

Award Agency: University of Louisville

Principal Investigator: Jesse H. Wright, M.D., Ph.D.

Role: Consultant (2015-2017)

American Psychological Foundation: Norine Johnson, Ph.D. Psychotherapy Research Grant for Early Career Psychologists

Examination of Psychotherapist Relational Bond Quality in The Prediction of Mental Health Disparities in Therapy Outcomes

Award Agency: Society for the Advancement of Psychotherapy (American Psychological Association Division 29)

Principal Investigator: Jesse Owen, Ph.D.

Role: Data Analyst/Consultant (2015-2016)

University of Denver, Morgridge College of Education, College Flowback Research Award Training Therapists to Enhance Their Multicultural Orientation

Award Agency: Internal Mechanism

Principal Investigator: Jesse Owen, Ph.D.

Role: Project Coordinator (2015-2016)

University of Denver, Morgridge College of Education, College Flowback Research Award Detection of Microaggressions: Instrument Development

Award Agency: Internal Mechanism

Principal Investigator: Jesse Owen, Ph.D.

Role: Project Coordinator (2015-2016)

Pfizer Pharmaceuticals, Inc.

Spanish-Speaking Anxiety Outcomes Study

Award Agency: Brown University

Principal Investigator: Risa Weisberg, Ph.D.
Role: Research Coordinator (2010-2012)

National Institute of Health: RO1
Harvard/Brown Anxiety Research Project II
Award Agencies: Brown University, Harvard University
Principal Investigator: Martin Keller, M.D.
Role: Research Coordinator (2010-2012)

CLINICAL EXPERIENCE

7/17-6/18 Pre-Doctoral Intern (Specialization in Assessment)
University of Maryland Counseling Center, College Park, MD

8/15-6/16 Doctoral Trainee
University of Denver Health and Counseling Center, Denver, CO

8/14-6/15 Doctoral Trainee
Van-Cise Simonet Detention Center, Denver, CO

1/15-5/15 Clinic Therapist Trainee
Counseling and Educational Services Clinic
University of Denver, Denver, CO

3/12-8/14 Couple Therapy Trainee
Relationship and Psychotherapy Lab Couple Therapy Study
University of Louisville, Louisville, KY

8/13-8/14 Individual Therapy Trainee and Assessment Practicum Student
Relationship and Psychotherapy Lab Individual Therapy Feedback Study
University of Louisville, Louisville, KY

8/13-5/14 Doctoral Trainee
Communicare, Radcliff, KY

PROFESSIONAL MEMBERSHIPS

1. Association for Women in Psychology
2. Utah Association for Women in Psychology
3. Society for Psychotherapy Research
4. American Psychological Association Member
5. American Psychological Association Society for Counseling Psychology (Division 17)
6. American Psychological Association Society for the Advancement of Psychotherapy (Division 29)
7. American Psychological Association Society for the Psychological Study of Culture, Ethnicity, and Race (Division 45)