##

**Dorothy L. Schmalz, Ph.D.**

Associate Professor

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## Curriculum Vitae

***EDUCATIONAL TRAINING and EXPERIENCE***

## EDUCATION

2018 – Certificate in Cuisine

Park City Culinary Institute, Salt Lake City, UT

2004 - Ph.D. in Leisure Studies, minor in Health Psychology

### The Pennsylvania State University, University Park, PA

**1999 - M.S. in Leisure Studies, concentration in Services Marketing**

The Pennsylvania State University, University Park, PA

**1993 - B.A. in History, concentration in Environmental Sciences**

The College of Wooster, Wooster, OH

**ACADEMIC APPOINTMENTS**

July 2018- **Associate Professor**

Present Department of Health, Kinesiology, and Recreation

 University of Utah, Salt Lake City, UT

August 2017- **Visiting Associate Professor**

June 2018 Department of Health, Kinesiology, and Recreation

 University of Utah, Salt Lake City, UT

May 2011- **Associate Professor**

July 2017 Department of Parks, Recreation, and Tourism Management

Clemson University, Clemson SC

August 2005- **Assistant Professor**

May 2011 Department of Parks, Recreation, and Tourism Management

Clemson University, Clemson, SC

July 2004- Research Associate

July 2005 Center for Childhood Obesity

 Department of Human Development and Family Studies

The Pennsylvania State University, University Park, PA

Fall 2000- **Instructor**

Spring 2004 Department of Recreation and Park Management

The Pennsylvania State University, University Park, PA

***SCHOLARSHIP and PROFESSIONAL ACTIVITIES***

**RESEARCH INTERESTS**

* Recreation and leisure for preventive physical and mental health
* Interdisciplinary opportunities for Positive Psychology and Leisure for health and wellness
* Leisure for holistic health
* Social Psychological relationships between social stigma and health

**HONORS AND AWARDS**

* College of BSHS Excellence in Interdisciplinary Collaboration, May 2017
* College of HEHD Excellence in Graduate Student Advising and Mentoring Award, May 2016
* Faculty Scholar to the Clemson University School of Health Research, 2015-2018
* Fellow to the Clemson University Institute for Parks, 2014-2018

**EDITORSHIPS**

* Senior Associate Editor, *Journal of Leisure Research*, 2017-present
* Co-Editor, *Journal of Leisure Research (50th Anniversary)*, 2018-present
* Guest Editor, *Journal of Positive Psychology*, special issue on Leisure, 2016-2018
* Co-Chair, NRPA Research Sessions (formerly Leisure Research Symposium), 2014-2016
* Guest Editor, *Journal of Leisure Research*, special issue on Social Justice 2012-2014
* Associate Editor, *Leisure Sciences*, 2009-2016
* Abstract Reviewer, NRPA Leisure Research Symposium submissions, Spring 2010, Spring 2011

PUBLICATIONS

Peer-Reviewed Journal Articles (in progress)

\*denotes one or more co-authors is a student mentee

**Schmalz, D. L.,** Griffin, S. F., Blomquist, K. K., Reeves, C. B., Sease, K. K. (in review). New Impact: The value of recreation health partnerships in treating childhood obesity. *Health and Place.*

\*Evans, K. E., & **Schmalz, D. L.** (in preparation). The apology paper. *Sex Roles.*

\*Harris, B. S., **Schmalz, D. L.**, Sharp, J. L., Mazer, J. P., Shipley, N. (in preparation). To connect or disconnect?: Emotional response to a threatened social identity as a predictor of SNS use. *Journal of Leisure Research.*

Peer-Reviewed Journal Articles

\*denotes one or more co-authors is a student mentee

**Schmalz, D. L.**, Parr, M. G., Powell, G., Bricker, K. S., Dustin, D. L. (in press). Post-tenure pathways: Individualized careers in higher education. *Schole.*

Parr, M. G., & **Schmalz, D. L.** (in press). Leisure studies in the 21st century: Challenges and opportunities in our collective identity. *Journal of Leisure Research.*

\*Harris, B. S., **Schmalz, D. L.,** Larson, L. R., Fernandez, M., & Griffin, S. F. (in press). Arms together, hearts apart: An exploration of intimate segregation on Chicago’s 606 Trail. *City & Community.*

\*Mainieri, T., **Schmalz, D. L.**, & Anderson, D. M. (in press). Embarking on a rhetorical exploration: Accommodating science (or not) in leisure research. *Schole.*

**\*Schmalz, D. L**., Joyner, L., Duffy, L. N., Bricker, K. S., & Blomquist, K. K. (2019). The cycle of food socialization: Leisure as resistance. *Annals of Leisure Research.*Available: https://www.tandfonline.com/doi/full/10.1080/11745398.2019.1568891

\*Colistra, C., Bixler, R., & **Schmalz. D. L.** (2018). Factors that contribute to relationship building in a community center. *Journal of Leisure Research.* Available: https://www.tandfonline.com/doi/full/10.1080/00222216.2018.1542527

Blomquist, K. K., Griffin, S. G., **Schmalz, D. L.,** Reeves, C. B., Sease, K. K. (2018). Evaluation of a family-based pediatric weight management program: Predictors of treatment success in a tertiary clinic. *Journal of Childhood Obesity.* doi: [10.21767/2572-5394.100050](https://doi.org/10.21767/2572-5394.100050)

\*Colistra, C. M., **Schmalz, D. L.**, Glover, T. D. (2017). The meaning of relationship building in the context of the community center and its implications. *Journal of Park and Recreation Administration 35*, 37-50. doi: [10.18666/JPRA-2017-V35-I2-7448](http://dx.doi.org.ezproxy.lib.utah.edu/10.18666/JPRA-2017-V35-I2-7448)

\*Harris, B. S., & **Schmalz, D. L.** (2016). “Cool” party, bro: The fraternity use of party structure as a mechanism for control over female status on campus. *Deviant Behavior 37*, 1227-1238*.* doi: 10.1080/01639625.2016.1170542

**\*Schmalz, D. L.,** & Colistra, C. M. (2016). Obesity stigma as a barrier to healthy eating behavior. *Topics in Clinical Nutrition, 31,(*1), 86-94. doi: 10.1097/TIN.0000000000000060

**\*Schmalz, D. L.,** Colistra, C. M., & Evans, K. E. (2014). Social media sites to cope with a threatened social identity. *Leisure Sciences, 37,* 20-38. doi: 10.1080/01490400.2014.935835

\*Anderson, D. M., Clark, B. S., Evans, K. E., **Schmalz, D. L.** (2014). “I didn’t want to look stupid”: Exploring the impact of a women’s only leisure education class. *Journal of Park and Recreation Administration, 32*, 1-14.

# **\*Schmalz, D. L.**, Sharp, J. L., Colistra, C. M. (2014). Implications of weight stigma, attitude, and body mass index on nutrition competence. *Topics in Clinical Nutrition,* 29(1), 3-9. doi: 10.1097/01.TIN.0000443021.75534.e0

**Schmalz, D. L.**, Hallo, J. C., Griffin, S. F., Kusch, M., & Arce, M. (2013). Development of a *Healthy Parks Healthy People* strategic action plan for Hot Springs National Park. *Park Science, 30,* 2, 37-43.

Pori, M., Payne, L. P., **Schmalz, D. L.**, Pori, P., Skof, B., Leskosek, B. (2013). Correlation between sport participation and satisfaction with life among Slovenian participants in the Ljublana marathon. *Kinesiologia Slovenica, 19*, 36-43.

**Schmalz, D. L.**, Kerstetter, D. L., & Kleiber, D. A. (2011). An evaluation of developmental outcomes at a free-choice oriented girls’ summer camp. *Journal of Outdoor Recreation, Education, and Leadership. 3*, 1, 53-69. doi: 10.7768/1948-5123.1069

\*McCall, G. D., Williams, J. E., **Schmalz, D. L.,** & Miller, R. J. (2010). American boys and body image: A review of weight gain and weight loss issues. *Topics in Clinical Nutrition,* 25, 351–361. doi: 10.1097/TIN.0b013e3181faba94

Davison, K. K., **Schmalz, D. L.,** & Downs, D. S.(2010).Hop, skip … no! Reasons adolescent girls disengage from physical activity. *Annals of Behavioral Medicine, 39*, 290-302. doi: 10.1007/s12160-010-9180-x

**Schmalz, D. L.** (2010).“I feel fat”: Weight related stigma, body esteem, and BMI as predictors of perceived competence in physical activities. *Obesity Facts: The European Journal of Obesity*, *3,* 15-21.doi: 10.1159/000273210

#### Schmalz, D. L., Kerstetter, D. L., & Anderson, D. M. (2008). Stigma consciousness as a predictor of children’s participation in recreational vs. competitive sports. *Journal of Sport Behavior, 31*, 276-297*.*

Davison, K. K., **Schmalz, D. L**., Young, L., & Birch, L. L. (2008). Overweight girls who internalize fat stereotypes report low psychosocial well-being. *Obesity, 16*(Suppl. 2), S30-S38. DOI: 10.1038/oby.2008.451

**Schmalz, D. L.,** Deane, G. D., Birch, L. L., & Davison, K. K. (2007). A longitudinal assessment of the links between participation in physical activity and self-esteem among girls from age 9 through 13. *Journal of Adolescent Health, 41*, 559-565. doi: 10.10161j.jadohealth.2007.07.01

**Schmalz, D. L.,** & Kerstetter, D. L. (2006). Girlie girls and manly men: Children’s stigma consciousness of gender in sports and physical activities. *Journal of Leisure Research, 38*, 536-557. doi: 10.1080/00222216.2006.11950091

**Schmalz, D. L.**, & Davison, K. K. (2006). Differences in physical self-concept among adolescents who participate in gender-typed, cross-gendered, and gender neutral sports. *Journal of Sport Behavior, 29*, 335-352.

Davison, K. K., & **Schmalz, D. L.** (2006). Youth at risk of physical inactivity may benefit more from activity-related support than youth not at risk. *International Journal of Behavioral Nutrition and Physical Activity, 3*, Article 5. Available from <http://www.ijbnpa.org/articles/browse.asp?date=3-2006> doi: 10.1186/1479-5868-3-5

**Schmalz, D. L.** (2002). Review of Recreation trends and markets: The 21st century. *Journal of Park and Recreation Administration, 20,* 133-135.

Editor-Reviewed Journal Articles and Book Chapters

Evans, K. E., & **Schmalz, D. L.** (in review). Juxtapositions and rhetoric affecting women’s leisure. *Submitted to Women & Leisure in the 21st Century: A new paradigm.*

Payne, L., **Schmalz, D. L.**, & Janke, M. C. (2018). The re-emergence and revitalized focus of JLR. *Journal of Leisure Research, 49*(1), 1-7*.* doi: 10.1080/00222216.2018.1454175

Agate, S. T., Agate, J., & **Schmalz, D. L.** (2018). Helping families play: Development of a framework for family recreation programming. In T. Delamere & A. Weighill (Eds). *Innovative Leisure Practices: Cases as Conduits between Theory and Practice*, *(Vol. 3)*, 5-21*.*

**Schmalz, D. L.,** & Pury, C. L. S. (2018). Leisure and positive psychology: Complementary Science for health and well-being. *Journal of Positive Psychology, 13*(1), 1-3. doi: 10.1080/17439760.2017.1374446

**Schmalz, D. L.**, & Blomquist, K. K. (2016). Time to eat: Implications for leisure-based eating for health and development. In D. A. Kleiber and F. A. McGuire (Eds). *Leisure and Human Development* (pp. 189-216). Urbana, IL: Sagamore Publishing.

**Schmalz, D. L.** & Mowatt, R. A. (2014). The unsettling nature of prejudice: An Introduction to the special issue. *Journal of Leisure Research, 46*, 245-251*.*

Mowatt, R. A., & **Schmalz, D. L.** (2014). The conspicuous nature of power: A Conclusion to the special issue. *Journal of Leisure Research, 46*, 353-358.

**Schmalz, D. L.** (2013). Girls’ recreational sports. In V. J. Freysinger, K. A. Henderson, S. M. Shaw, & M. D. Bialeschki (Eds.). Leisure, women, and gender. State College, PA: Venture Publishing.

Ransdell, L. B., & **Schmalz, D. L.** (2010). Healthy sports. In B. Ainsworth, G. Godbey, & L. Payne (Eds.). *Leisure Health and Wellness: Making the Connections* (p. 425-436).State College, PA: Venture Publishing.

**Other (Editorials, Commentary, Letters)**

**Schmalz, D. L.** (2018). Transition. *Brown Ledge Magazine,* June*.*

Agate, S. T. & **Schmalz, D. L.** (2010). The good, the bad, and the ugly: Issues camp providers face when providing family camp programs. *Camping Magazine, 8* (2)*,* 8-10.

Wright, B. A. & **Schmalz, D. L.** (2009, June 10).Life Beyond the Sandbox – Play is Serious Business*.**The Greenville News.*

**Schmalz, D. L.** (2008). I’m not a runner. *Brown Ledge Alumnae Ledger*, July.

**Schmalz, D. L.** (2001). An investigation of a free choice recreation program [Abstract]. In S. Williamson & R. H. Lemelin (Eds.), 2001: A leisure odyssey: Proceedings of the 9th Annual Graduate Leisure Research Symposium (pp. 42-46). Waterloo, ON: University of Waterloo.

**Schmalz, D. L.**, Kerstetter, D. K., & Zinn, H. C. (2001). Unique programming: An examination of the benefits of a free choice program. Proceedings of the Northeast Recreation Research Symposium (p. 81-84). Newtown Square, PA: USDA Forest Service.

**Technical Reports**

Schmalz, D. L., Hallo, J. C., Griffin, S. G., & Crowe, B. M. (2013). Implementing the

Healthy Parks Healthy People Initiative at Hot Springs National Park. Hot Springs National Park: National Park Service.

Baldwin, C. K., & **Schmalz, D. L.** (2003). Keys to success stories in community recreation initiatives: four stories in north central Pennsylvania. Commonwealth of Pennsylvania: Department of Conservation and Natural Resources.

**PAPERS/POSTERS PRESENTED AT PROFESSIONAL MEETINGS**

**Refereed**

**Schmalz, D. L.,** & Evans, K. E. (2019, February). Beyond locker room talk: Women’s responses to gender discrimination in outdoor recreation. Paper presented at The Academy of Leisure Sciences Research and Teaching Institute, Greenville, SC.

Janke, M., **Schmalz, D. L.**, Payne, L. L., Rose, J., & Johnson, C. (2019, February). Conducing a manuscript review: Tips and tricks from editors and associate editors. Panel presented at The Academy of Leisure Sciences Research and Teaching Institute, Greenville, SC.

Brackbill, E., Asif, I. M., Reeves, C. B., Blomquist, K. K., Utecht, L., Griffin, S. F., **Schmalz, D. L.**, Sease, K., & Nelson, V. R. (2018, October). Programming strategies to reduce blood pressure and BMI in a comprehensive pediatric weight loss program. Poster presented at the American Association of Family Physicians Annual Congress, New Orleans, LA.

Larson, L. R., Harris, B., Keith, S. J., Fernandez, M., Ogletree, S., Hallo, J. C., Shafer, C. S., **Schmalz, D. L.**, Boley, B. B. (2018, October). Leisure research in urban greenway design and management: Charting a path forward. Paper presented at the National Recreation and Park Association Conference, Indianapolis, IN.

Harris, B. S., **Schmalz, D. L.**, & Fernandez, M. (2018, June). Contested spaces: How green gentrification is affecting recreation and leisure behavior in Chicago’s 606 trail. Paper presented at the International Symposium for the Society of Resource Management, Salt Lake City, UT.

Crowder, J. L., Asif, I. M., Reeves, C. B., Blomquist, K. K., Brackbill, E., Griffin, S. F., **Schmalz, D. L.**, Utecht, L., & Sease, K. (2018, April). Exercise programing correlates with patient success in a comprehensive pediatric weight loss program. Paper presented at the American Medical Society for Sports Medicine, Orlando, FL.

Desai, D., Asif, I. M., Reeves, C. B., Blomquist, K. K., Brackbill, E., Utecht, L., Griffin, S. F., **Schmalz, D. L.,** Sease, K., & Nelson, V. R. (2018, March). Programming strategies to reduce blood pressure and BMI in a comprehensive pediatric weight loss program. Poster presented at the Medical Education Research Symposium, Greenville Health System, Greenville, SC.

Duffy, L., Stone, G., Kivel, D., Mowatt, R., & **Schmalz, D. L.** (2017, February). Implicit Attitudes and Reflexivity: Becoming a Critical Leisure Scholar. Paper presented at The Academy of Leisure Sciences Research Institute, Indianapolis, IN.

Parr, M., Harmon, J., Hemingway, J., & **Schmalz, D. L.** (2017, February) Leisure research and academic houses: Sticks, straw, or bricks? Paper presented at The Academy of Leisure Sciences Research Institute, Indianapolis, IN.

**Schmalz, D. L**., & Pury, C. L. S. (2017, February). Crossover and commonalities: Leisure and positive psychology. Paper presented at The Academy of Leisure Sciences Research Institute, Indianapolis, IN.

**Schmalz, D. L.** (2017, February). Inside the leisure studio: Douglas A. Kleiber. Paper presented at The Academy of Leisure Sciences Research Institute, Indianapolis, IN.

Colistra, C. M., **Schmalz, D. L.**, Glover, T. D. (2016, October). Implications of social relationships on health in a community center. Paper presented at the National Recreation and Park Association Conference, St. Louis, MO.

**Schmalz, D. L.,** Player, W. K., & Granberg, E. (2016, June). Playing with Food: Implications for Leisure and Health. Paper presented at the World Leisure Conference, Durban, South Africa.

**Schmalz, D. L.**, Griffin, S. F., Blomquist, K. K., Reeves, C., & Sease, K. K., (2016, April). Identifying a Pattern for Success: An Evaluation of the New Impact Program. Poster presented at the College of Behavioral, Social, and Health Sciences Research Forum, Clemson, SC.

**Schmalz, D. L.**, Sharp, J. L., Scott, J. D., Eichhorn, P., Osteen, B., Wells S. B., Miller, M., & Perry, B. (2016, April). Experiences of weight related discrimination among pre- and post-operative bariatric surgery patients: The STIGMA study. Poster presented at the College of Behavioral, Social, and Health Sciences Research Forum, Clemson, SC.

**Schmalz, D. L.**, & Pury, C. (2016, April). Leisure and Positive Psychology: A Proposal for Increased Collaboration. Poster presented at the College of Behavioral, Social, and Health Sciences Research Forum, Clemson, SC.

Griffin, S. F., Reeves, C., Sease, K. K., **Schmalz, D. L.**, & Blomquist, K. K. (2016, March). Having a NEW IMPACT requires participation: Factors contributing to treatment completion and success. Poster presented at the Medical Education Research Symposium, Greenville Health System, Greenville, SC.

Scott, J. D., **Schmalz, D. L.**, Sharp, J. L., Eichhorn, P., Osteen, B., Wells S. B., Miller, M., Perry, B. (2016, March). Current study design to measure weight related discrimination among pre- and post-operative bariatric surgery patients: The STIGMA study. Poster presented at the Medical Education Research Symposium, Greenville Health System, Greenville, SC.

Adams, D. & **Schmalz, D. L.**  (2014, June). Motivations to travel to the Blue Ridge Gay Pride Festival in Asheville, North Carolina. Paper presented at the Graduate Student Colloquium at the 2014 Annual Travel and Tourism Research Association International Conference, Brussels, Belgium.

Dionigi, R., Henderson, K., Mowatt, R., Samdahl, D., Scraton, S., **Schmalz, D.,** Shannon-McCallum, C., Sullivan, A.-M., Tirone, S., Trussell, D. (2014, May). In K. Henderson (Chair) *Feminist leisure studies in a post-feminist society.* Symposium presented at the 14th Canadian Congress for Leisure Research, Halifax, Nova Scotia.

**Schmalz, D. L.** (2014, May). The leisure class in reality. Paper presented at the 14th Canadian Congress for Leisure Research, Halifax, Nova Scotia.

Malcarne, B., **Schmalz, D.** **L.**, McGuire, F., Taniguchi, S., & Cook. M. (2014, February) *Exploring Group Cohesion in a Higher Education Field Experience.* Research presentation at 2014 Academy of Leisure Sciences Teaching Institute (21st Century Literacies: Responding to Change in a Challenging Climate), Pacific Grove, CA.

Colistra, C. M., **Schmalz, D. L.** (2013, October). Adults use of online social media. Poster session presented at the National Recreation and Park Association Annual Congress, Houston, TX.

Hughes, M., Thomsen, J., Lobascio, L., **Schmalz, D.**, Tucker, T. (2013, August). Using the HEXACO-PI-R to develop personality traits of surf volunteers. Paper presented at theAmerican Psychological Association Conference, Honolulu, HI.

**Schmalz, D. L.**  (2012, October). “I Feel Fat:” Weight related stigma, body esteem, and BMI as predictors of perceived competence in healthy behaviors. Paper presented at the University of Ljubljana Conference on Physical Activity, Ljubljana, Slovenia.

**Schmalz, D. L.** (2012, October). Adults use of social networking as a means of coping with a threatened social identity. Paper presented at the World Leisure Congress, Rimini, Italy.

Anderson, D. M., Ellis, P., & **Schmalz, D. L.,** (2012, September). An urban lab: Creating evaluation partnerships with your local university. Educational Session presented at the South Carolina Recreation and Park Association Conference, Greenville, SC.

**Schmalz, D. L.**, & Tucker, T. W. (2012, February). Developmental influences of a free-choice program: Reflections from alumnae. Paper presented at the Conference on the Value of Play, Clemson, SC.

Agate, S. T., Agate, J. R, & **Schmalz, D. L.** (2012, February). Helping families play: Play-based applications of the family recreation programming framework. Paper presented at Conference on the Value of Play, Clemson, SC.

**Schmalz, D. L.** (2011, December). The role of social stereotypes on physical activity participation and development in youth and adolescents. Paper presented at the Australia New Zealand Association of Leisure Studies, Dunedin, NZ.

Anderson, D. M., **Schmalz, D. L.,** & Ellis, P. (2011, November). An urban lab: Creating evaluation partnerships with your local university. Educational Session presented at the National Recreation and Park Association Congress, Atlanta, GA.

Norman, W. C., **Schmalz, D. L.**, & Crowe, B. M. (2011, June). Implicit bias as a tool to understand attitudes toward hunters and participation behavior. Paper presented at the International Symposium for Society and Recreation Management Conference, Madison, WI.

Agate, S. T., & **Schmalz, D. L.** (2010, October). Helping families play: Development of a family recreation programming framework. Paper presented at the National Recreation and Park Association Congress, Minneapolis, MN.

Agate, S. T., & **Schmalz, D. L.** (2010, October). Constraints and affordances for mothers in community family recreation settings. Paper presented at the National Recreation and Park Association Congress, Minneapolis, MN.

Davison, K. K., Downs, D. S., **Schmalz, D. L.** (2009, April). Hop, skip…no!  Reasons adolescent girls disengage from physical activity.  The Society for Behavioral Medicine.  Annual Conference, Montreal, Quebec.

**Schmalz, D. L.** Understanding the diversity in the workplace. (2009, March). Executive Development Program, Clemson, SC.

**Schmalz, D. L.,** & Stevens, B. (2008, September). Healthy lives, happy people – Incorporating healthy lifestyles into your agency. Presented at the South Carolina Recreation and Park Association Annual Conference, Greenville, SC.

Davison, K. K., **Schmalz, D. L.**, Young, L., & Birch, L. L. (2008, October). Overweight girls who endorse fat stereotypes report low psychosocial well-being. Paper presented at the North American Association for the Study of Obesity Annual Scientific Meeting, Phoenix, AZ.

Holladay, P. J., **Schmalz, D. L.**, & Norman, W. C. (2008, June). Reels, Remingtons, and reputations: Stereotypes of angling and hunting. Poster presented at the International Symposium on Society and Resource Management, Burlington, VT.

**Schmalz, D. L.**  (2007, September). “I Feel Fat:” Weight related stigma, body esteem, and BMI as predictors of perceived competence in physical activities. Presented at the National Recreation and Park Association, Indianapolis, IN.

**Schmalz, D. L.**  (2007, April). “I Feel Fat:” Weight related stigma, body esteem, and BMI as predictors of perceived competence in healthy behaviors. Poster presented at the National Recreation and Park Association Health and Livability Summit, Atlanta, GA.

Davison, K. K., Downs, D. S., & **Schmalz, D. L.** (2006, October). Why do adolescent girls disengage from physical activity? Development and validation of the Physical Activity Attrition Scale. Poster presented at the North American Association for the Study of Obesity, Boston, MA.

**Schmalz, D. L.**, & Kerstetter, D. L. (2005, October). Relationship between stigma consciousness and children’s participation in recreational and competitive sports. Paper presented at the National Recreation and Park Association, San Antonio, TX.

**Schmalz, D. L.**, & Baldwin, C. K. (2003, April). Growth of community recreation services in North Central Pennsylvania. Paper presented at the Northeast Recreation Research Symposium, Bolton Landing, NY.

**Schmalz, D. L**, & Guadagnolo, F. B. (2001, March). Role model influences of media images among adolescent girls. Poster presented at the 16th Annual Graduate Exhibition, The Pennsylvania State University, University Park, PA.

**Schmalz, D. L.**, & Guadagnolo, F. B. (2000, April). Images of women: How the media shape the ideal female body type. Poster presented at the Northeast Recreation Research Symposium, Bolton Landing, NY.

RESEARCH PROJECTS, GRANTS, AND CONTRACTS

**Current Research Projects**

|  |  |  |
| --- | --- | --- |
| **Date** | **Title** | **Collaborators** |
| Fall 2018-present | Park Rx Baseline Study | Schmalz, D. L., Bricker, K. S. Funding from Department of HKR |
| 2014-present | Effectiveness of Community-Based Treatment of Pediatric Obesity  | Reeves, C. (New Impact, GHS)Sease, K. (Children’s Hospital, GHS)Griffin, S. (Public Health Sciences, Clemson)Blomquist, K. (Psychology, Furman) |
| 2014-present | Experiences of Weight Stigma among Bariatric Surgery Patients | Scott, J. (Bariatrics, GHS) |

**Submitted Grant Proposals**

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| **Date** | **Title** | **Funding Agency** |
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**Completed Support**

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| **Date** | **Title** | **Funding Agency and Amount of Funding** |
| August 2012-August 2013 | Development of a Healthy Parks-Healthy People Strategic Action Plan for Hot Springs National Park**Role: Principal Investigator**  | National Park Service.Amount Awarded:$57,540 |
| February 2011-January 2012 | Student Success, Community Enhancement and University Service: An Upstate Promise Neighborhood ModelRole: Co-Investigator | Clemson University College of HEHDAwarded: $50,000 |
| Summer 2008 | An Assessment of a Community Farmer’s Market**Role: Principal Investigator** | City of GreenvilleAwarded: $1,500.00  |
| Summer 2008 | Leisure and Health Education as Tools to Reduce Substance Abuse Among Juvenile Delinquents**Role: Principal Investigator** | Clemson University’s Youth Learning InstituteAwarded: $5,440.11 |
| Spring 2008 | Weight Bias: An Assessment of Boys’ Body Image**Role: Principal Investigator** | Clemson University College of HEHDAwarded: $4,000 |
| Fall 2006 | Finding Your Voice: Using Nontraditional Opportunities to Foster Identity DevelopmentRole: Co-Investigator | American Association of University Women, Community Action GrantAwarded: $7,000 |
| Summer 2006 | Stigma Consciousness of Obesity as a Predictor of Healthy Behavior**Role: Principal Investigator** | Clemson University College of HEHDAwarded: $7,000 |
| 2004 – 2005 | Predictors of physical activity among adolescent girlsRole: Project Coordinator | National Institutes of Health (NICHD R01 HD046567)Awarded: $849,267 |
| 2003 – 2004 | Social influences on children’s sport and activity participation**Role: Principal Investigator** | Penn State’s Children Youth and Family ConsortiumAwarded: $3,077 |
| Fall 2002 | Predictors of physical activity during early adolescenceRole: Project Coordinator | Penn State’s Children Youth and Family ConsortiumAwarded: $14, 785 |
| 1999 – 2000 | Development of a strategic marketing plan for eco-tourismRole: Research Assistant | Northcentral GroupAwarded: $10,035 |

**Unfunded Proposals**

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| --- | --- | --- |
| **Date** | **Title** | **Funding Agency and Amount of Funding** |
| Fall 2018 | Weight Stigma in Public Spaces**Role: Principal Investigator**  | University of Utah College of Health Seed GrantAmount Requested: $17, 439 |
| Spring 2018 | Labs for Liberty: A Case Study of Non-Clinical AAI.Role: Co-Investigator  | Grant Proposal submitted to the NIH/NICHD R21 funding mechanism. |
| Spring 2017 | LOI: MoveIT! Greenville: Improving Health and Wellness by Connecting People, Providers, and Programs**Role: Principal Investigator**  | Greenville Health System 2036Amount Requested: $5,978,746.00 |
| Spring 2017 | Exploring the Impact of Stigma and Gentrification on Latino Youth’s Usage of a Linear TrailRole: Co-Investigator  | Clemson University Institute for ParksAmount Requested: $9,975.00 |
| Fall 2016 | Parks and Health: Improving Community-based Childhood Obesity Interventions in Greenville County **Role: Principal Investigator**  | Greenville Health System Seed Grant Amount Requested: $20,000 |
| Fall 2016 | Well St. Louis: Health and Wellness to Propel Economic and Community Development in St. Louis County**Role: Principal Investigator**  | St. Louis County Port Authority. Amount Requested: $372,252.96 |
| Fall 2015 | Effectiveness of Patient Directed and Community-Driven Pediatric Obesity TreatmentRole: Co-Investigator | Patient Centered Outcomes Research Institute (PCORI).Amount Requested: $2,051,550 |
| Summer 2015 | CUEmpowered: An Adaptive Self-Management Approach for Rural Southern WomenRole: Co-Investigator | NIH/DHHS.Amount Requested: $431,455 |
| Summer 2015 | Physical Activity as Mediator of Psychosocial Impacts of Risk-Reducing Surgeries among Women with BRCA1/2**Role: Principal Investigator** | Basser Research Center External Grant Program.Amount Requested: $99,236 |
| Spring 2015 | Effectiveness of Community-Based Treatment of Pediatric Obesity Role: Co-Investigator | Greenville Health System. Amount Requested: $20,000. |
| October 2013 | Hijab stigma and leisure behavior of Muslim women in the U.SRole: Co-Investigator | Clemson University, University Research Grant Committee.Amount Requested: $10,000 |
| October 2013 | Yoga as a Means to Reduce Risk Factors for Obesity and DiabetesRole: Co-Investigator | Clemson University, University Research Grant Committee.Amount Requested: $10,000 |
| June 2012 | Pro Act TeenRole: Co-Investigator | USDA AFRI. Amount Requested: $3,973,034.00 |
| September 2011 | Hampton Promise NeighborhoodsRole: Co-Investigator | US DOE.Amount Requested: $442,434 |
| July 2011 | Outdoor Recreation as a Means of Reducing Risk for Obesity among Minority Youth**Role: Principal Investigator** | R21 NIH.Amount Requested: $398,808 |
| March 2011 | The Effects of Extent and Proximity to Natural Spaces on Educational AchievementRole: Co-Investigator | American Educational Research Association (AERA). Amount Requested: $19,078 |
| March 2011 | Linking Children’s Menu Options with Healthy BehaviorsRole: Co-Investigator | Robert Wood Johnson Foundation (RWJF).Amount Requested: $169,099 |
| June 2010 | Hampton Promise NeighborhoodsRole: Co-Investigator  | Grant Proposal submitted to S DOE.Amount Requested: $442,434 |
| June 2010 | Linking Children’s Menu Options with Healthy BehaviorsRole: Co-Investigator | USDA.Amount Requested: $2,987,561 |
| October 2009 | Outdoor Recreation as a Means of Reducing Risk for Obesity among Minority Youth**Role: Principal Investigator** | R21 NIH.Amount Requested:$309,941 |
| September 2009 | Culinary Nutrition Skills and Behaviors among Young Adults.**Role: Principal Investigator** | R15 NIH.Amount Requested: $416,475 |
| Spring 2009(3rd submission) | An Intergenerational Approach to Increasing Adolescent Physical Activity in Disadvantaged Neighborhoods. Role: Co-Investigator | R21 NIHAmount Requested: $250,000 |
| Spring 2008(2nd submission) | An Intergenerational Approach to Increasing Adolescent Physical Activity in Disadvantaged Neighborhoods. Role: Co-Investigator | R21 NIHAmount Requested: $250,000 |
| Spring 2007(1st submission) | An Intergenerational Approach to Increasing Adolescent Physical Activity in Disadvantaged Neighborhoods. Role: Co-Investigator | R21 NIHAmount Requested: $250,000 |
| Spring 2006 | “My Reality” Critical Health Literacy and Weight-Related Health IssuesRole: Co-Investigator | U54 NIH |

*TEACHING*

TEACHING INTERESTS

* Philosophical Foundations of Leisure, Parks, Recreation, and Tourism
* Social Psychology of Stigma and Diverse Populations
* Leisure and Recreation for Preventive Health and Wellness

**Courses Taught**

University of Utah (2017-present)

PRT 3310: Leisure Behavior and Human Diversity

PRT 5735/6735: Youth Programming in PRT

PRT 6010/HEDU 6000: Theoretical Foundations in HKR

PRT/KINES 6550: Interpreting Research

Clemson University (2005-2017)

PRTM 210: Serving Diverse Populations in PRTM

PRTM 254: Introduction to Sport Management

PRTM 309: Behavioral Concepts in PRTM

PRTM 325: Global Perspectives in PRTM

PRTM 391: Youth Sports in the Caribbean (study abroad to Dominica)

PRTM 391: Independent Study

PRTM 451: Senior Seminar in CRSCM

PRTM 460: Leisure Across the Lifespan

PRTM 801: Philosophical Foundations of PRT

PRTM 804: Independent Study

PRTM 825: Leisure in a Diverse Society

PRTM 900: Leisure and Health

PRTM 910: Graduate Research Seminar

NPL 300: Introduction to Non-Profit Leadership

NPL 390 & 490: Practicum in Non-Profit Leadership

The Pennsylvania State University (2000-2004)

RPM 210: Introduction to Commercial Recreation and Tourism

RPM 334: Non-Profit Recreation Agencies

**Graduate Student Advising**

**HKR, University of Utah**

**Ph.D. Committees**

Megan Taylor, **Chai**r (2019-present)

Michael Riley, Member (2018-present)

**M.S. Committees**

Macy Baker, **Chair** (2018-present)

Holly Newell, **Chair** (2018-present)

Laura Skold, Member (2017-2018)

**PRTM, Clemson University**

**Ph.D Committees**

Jamie Cathey, Member (2018-present)

Lauren Stephens, Member (2017-present)

Craig Goodman, **Chair** (2013-2018)

Garrett Stone, Member (2015-2018)

Brandon Harris, **Chair** (2014-2018)

Kellie Walters, Member (2014-2017)

Craig Colistra, **Chair** (2012-2015)

Kirby Player, Member (2011-2015)

HeeTae Cho, Member (2010-2014)

Kate Evans, Member (2012-2014)

Tom Sweeney, Member (2012-2013)

Amy McCune, Member (2010-2012)

Brian Malcarne, **Chair** (2009-2012)

Jeremy Culpepper, Member (2008-2011)

Brianna Clark, Member (2008-2011)

Sarah Agate, **Chair** (2007-2010)

Joel Agate, Member (2010)

Carin Vadala, Member (2006-2010)

Leslie Moreland, Member (2005-2009)

Angela Wozencroft, Member (2005-2008)

**Master’s Committees (Thesis Option)**

Nathan Shipley, Member (2015-2017)

Jessica Doughtie, **Chair** **(**2014-2017)

Denise Adams, **Chair** (2012-2014)

Sara Baral, Member (2012-2014)

Kaitlin Nichols, **Chair** (2011-2013)

Jon Evans, Member (2011-2012)

Emily Turke, **Chair** (2011-2012)

Chrissy Mazer, Member (2011-2012)

Erin O’Neill, **Chair** (2011-2012)

Michael Felak, Member (2010-2011)

Cindy Hartman, Member (2010-2011)

Emily Zivot, Member (2009-2010)

Kyle Player, Member (2008-2010)

Stacey Marcus, Member (2006-2010)

Daniel Anderson, **Chair** (2007-2009)

Jessie Belter, Member (2006-2008)

Blair Schuyler, Member (2006-2008)

Kate Hommel, Member (2005-2007)

**Online Master’s Committees (Non-Thesis Option)**

Madison Garrett, **Chair** (2016-2017

Haley Cox, **Chair** **(**2014-2017

Rebecca Web, **Chair** (2015-2016)

Christopher Adrian, **Chair** (2013-2014)

**Other Departments, Clemson University**

**Ph.D. Committees**

Wendy Blanchard, Member (RCID; 2011-2012)

**M.S. Committees**

Cathy Thomley, Member (YDL; 2007)

***SERVICE***

**MAJOR COMMITTEE ASSIGNMENTS**

\*Denotes current high profile and/or high effort appointments

University of Utah PRT Program

\*Apprentice to the Director of Graduate Program, Spring 2019

Graduate Student Scholarship Award Committee, Spring 2019

50th Anniversary Celebration Planning Committee, Fall 2017-Spring 2018

Chair, Mission & Vision review committee, Fall 2017

Academic/Discipline Community Service:

TALS Identity Task Force, 2018-2019

\*TALS Board of Directors (elected), 2018-present

TALS Graduate Student Mentor, 2018-present

\*Co-Editor, Special issue of the *Journal of Leisure Research (50th Anniversary)*, 2018-present

TALS Keynote Lecture Committee, 2018

Co-Editor, Special issue of the *Journal of Positive Psychology* *(Leisure)*, 2016-18

Planning Committee TALS Inaugural Research Institute, Spring 2016-Spring 2017

Co-Chair, NRPA Research Sessions (formerly Leisure Research Symposium), 2014-2016

Associate Editor, *Leisure Sciences*, 2009-Spring 2014

Co-Editor, Special issue of *Journal of Leisure Research* *(Social & Environmental Justice)*, 2012-2014

Abstract Reviewer, NRPA LRS submissions, Spring 2010, Spring 2011

Poster & Abstract Coordinator, Summit on the Value of Play, Summer 2009

Coordinator of the NRPA Health & Livability Summit Poster Session, Spring 2007

Planning committee for NRPA Health & Livability Summit, Spring 2007

Clemson University Department of Parks, Recreation, and Tourism Management (PRTM)

Chair, By-Law and TPR Guideline Review Committee, Fall 2016-Fall 2017

Chair, Faculty Search Committee, CRSCM faculty position, Fall 2014

Chair, TPR Committee, and Guideline Review, 2012-2014

PRTM Advisory Committee, Fall 2007-Summer 2008, Fall 2012-Spring 2016

Director, Non-Profit Leadership Minor, Summer 2009-2014

Co-Chair, US Play Coalition Research Committee, Summer 2009-2013

PRTM Graduate Curriculum Committee, Fall 2005-Spring 2007, Fall 2011-Spring 2016

Faculty Search Committee Member, PCAM/Tourism faculty position Fall 2013

Faculty Search Committee Member, Tourism faculty position, Fall 2012

Faculty Search Committee Member, Tourism faculty position, Fall 2007-Spring 2008

Employee Search Committee Member, Assistant Director of the Outdoor Laboratory, Fall 2006

Clemson University College of Behavioral, Social, and Health Sciences (CBSHS)

(formerly College of Health, Education and Human Development (CHEHD))

Communication Studies TPR Committee, Fall 2016

Faculty Senate Delegate, Spring 2015-Spring 2017

Chair, Health Task Force, Spring 2013-Fall 2014

Research Committee, Fall 2013-Spring 2017

Diversity Committee, Fall 2007-2013

Clemson University

Chair, Faculty Senate Research Committee, Spring 2016-Spring 2017

Graduate Academic Grievance Committee Fall 2015-Spring 2017

Women’s Studies Steering Committee, Fall 2011-2017

President’s Commission on the Status of Women, Fall 2008-Spring 2011

One Clemson Facilitator for incoming freshmen & transfer students, Fall 2008

Gantt Intercultural Center Safe Zone Facilitator, Fall 2007-Fall 2008

Advisory Board for Clemson/Youth Learning Institute’s Girls’ Center, Summer 2007-Spring 2017

**MEMBERSHIP IN PROFESSIONAL SOCIETIES**

2014-present The Academy of Leisure Sciences (TALS)

2000-2017National Recreation and Park Association (NRPA)

2005-2017 South Carolina Recreation and Park Association (SCRPA)

2006-2008 North American Association for the Study of Obesity (NAASO)

2006-2007 North American Society for Sociology of Sport (NASSS)

2006-2007 North American Society for Psychology of Sport and Physical Activity (NASPSPA)