

KATHERINE M. PAGANO
CURRICULUM VITAE, MARCH 2024
KATHERINE.PAGANO@UTAH.EDU
DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF UTAH

EDUCATION

Ph.D. The University of Utah Department of Health & Kinesiology Published Dissertation: “Psychosocial Factors Contributing to Male Body Image Outcomes” Advisor: Nick Galli, Ph.D., CMHC	Spring 2022
M.S. Eastern Kentucky University Department of Exercise & Sport Science Concentration: Health Education	Spring 2016
B.S. Eastern Kentucky University Anthropology, Sociology & Social Work Concentration: Anthropology	Spring 2011

CERTIFICATIONS & PROFESSIONAL TRAINING

Certification in Effective College Instruction The Association of College and University Educators (ACUE)	Summer 2022
Higher Education Teaching Specialist Certification (HETS) Center for Teaching and Learning Excellence, The University of Utah	Spring 2019
Undergraduate Research Mentor Development Program (URMDP) Office of Undergraduate Research, The University of Utah	Fall 2019

PROFESSIONAL EXPERIENCE

Assistant Professor (lecturer) Department of Psychology The University of Utah	Present
Adjunct Faculty Department of Educational Psychology The University of Utah	Present
Adjunct Faculty Counseling & Psychology School Southern New Hampshire University	2022-2023
Higher Education Instructional Consultant Martha Bradley Evans Center for Teaching Excellence The University of Utah	2022-2023

Graduate Fellow Consultant Martha Bradley Evans Center for Teaching Excellence The University of Utah	2020-2022
Associate Instructor Department of Health & Kinesiology The University of Utah	2019-2022
Associate Instructor School for Cultural & Social Transformation Utah Prison Education Project (UPEP) The University of Utah	Spring 2020
Teaching Assistant (instructor on record) Department of Health Promotion & Education The University of Utah	2016-2019
Teaching Assistant (instructor on record) Department of Sport and Exercise Science Eastern Kentucky University	2015-2016
Adjunct Faculty Department of Sport and Exercise Science Eastern Kentucky University	2014-2015

TEACHING

University of Utah, Department of Psychology <i>Undergraduate</i> Social Psychology (in-person) Clinical Stress Science (online) Research Methods, managing lab instructors and teaching lecture (in-person) Health Psychology (online) Psychology of Body Image and Eating Disorders (online)	Present
University of Utah, Department of Educational Psychology <i>Graduate</i> Instructional Assessment: Design, Implementation, and Analysis (online)	Present
Southern New Hampshire University, Counseling & Psychology School <i>Undergraduate (online)</i> Introduction to Psychology Research Methods I Health Psychology Psychology of Gender Social Influence <i>Graduate (online)</i> Research Methods in Psychology (I) Motivation in the Workplace Psychology of Leadership Organizational Consulting	2022-2023
University of Utah, Department of Health & Kinesiology	2016-2022

Undergraduate

Healthy Lifestyles (in-person)

Healthy Lifestyles (online)

Health Assessment with Anatomy and Physiology Lab (hybrid)

Health and Human Relationships (Communication & Writing Intensive) (in-person)

Health and Human Relationships (Communication & Writing Intensive) (online)

Stress Management (in-person)

Death and Dying (in-person)

Health Communication and Teaching (online)

Men and Masculinities (in-person)

Eastern Kentucky University, Department of Sport, and Exercise Science

2014-2016

Undergraduate

Health Across the Lifespan, lecture, and lab (hybrid)

Special Topics in Fitness and Wellness, lecture, and lab (in-person)

MENTORING

University of Utah

Ph.D.

Vanessa Bailey: Geography (in progress)

Masters

Molly Signoretty: Health Promotion & Education (graduated)

Jacqueline Ohayon: Health & Kinesiology (graduated)

Rebeca Michael: Public Health (graduated)

Alison Bench: Health Promotion & Education (graduated)

Mariah Johnston: Health Promotion & Education (graduated)

Colleen Orton: Health Promotion & Education (graduated)

Undergraduate

Sydni Johnson: Pre-Medical Sciences (graduated)

Linnea Horvatha: Health Promotion & Education (graduated)

Hannah Hixson: Pre-Medical Sciences (graduated)

Adriana Bibo: Psychology (in-progress)

Kylei Brinkerhoff: Psychology (in-progress)

Sophia Mann: Psychology (in-progress)

Hannah Dawson: Psychology (in-progress)

RESEARCH

PUBLICATIONS

Pagano, K. M., Cook, A. E., & Halstrom, A. (2024). Emerging Stronger with the HyFlex Teaching Design. In *Emerging Stronger* (pp. 21-38). Routledge.

Tripeny, P., **Pagano, K.,** Cook, A. E., & O'Farrell, K. D. The University of Utah Center for Teaching and Learning Excellence (CTLE). In *Higher Education Beyond COVID* (pp. 90-103). Routledge.

Pagano, K. M. (2023, October). Masculinities in a Prison Education Project: A Transformative Teaching Experience. In *The National Teaching & Learning Forum* (Vol. 32, No. 6, pp. 8-9).

Pagano, K., Burns, R., Galli, N. (2021). The Influence of Appearance Comparisons on Male Body Image: A Scoping Review. *New Male Studies: An International Journal*, 10(2).

Galli, N., Otten, M., **Pagano, K.,** Gonzalez, S. P., & Miller, J. (2019). A Preliminary Examination of the Relationship Between the Connor-Davidson Resilience Scale-10 and Resilient Performance in Competitive Weightlifting. *Journal of Sport Behavior*, 42(3).

Dustin, D., Zajchowski, C. A., Lackey, N. Q., Tysor, D., Bennett, T., **Pagano, K.,** & Taylor, M. (2019). Libertarian Paternalism and the park, recreation, and tourism profession. *Journal of Park and Recreation Administration*, 37(1).

Galli, N., & **Pagano, K.** (2018). Furthering the Discussion on the Use of Dynamical Systems Theory for Investigating Resilience in Sport. *Sport, Exercise, and Performance Psychology*, 7(4).

ACCEPTED

Pagano, K., Burns, R., Yoon, I., Galli, N. (2023). A Qualitative Study on Social Comparison and Self-Discrepancy as Psychosocial Factors in Male Body Image Outcomes. *Journal of Men's Studies*.

O'Farrell, K., Mower, L., **Pagano, K.,** Yingling, L., Marcus, R., Mcleod, K., Gibson, B. (2023) The Dose-Response Relationship Between Health Coach Visits and Indicators of Health Risk in an Employee Wellness Program. *Journal of Lifestyle Medicine*.

ACADEMIC PRESENTATIONS

CONFERENCE PRESENTATIONS

O'Farrell, K., **Pagano, K.,** McNay, D., Clark, M. (2023, March). *Enhancing Instructor Effectiveness through Student Focus Groups*. Teaching for Learning Conference (T4L). Nevada State College, Henderson, NV.

Pagano, K. (2023, March). *Specifications Grading: Competency-Based Assessment*. Teaching for Learning Conference (T4L). Nevada State College, Henderson, NV.

Pagano, K. (2022, November). *The Future of Assessment with Competency-Based Grading*. New England Educational Assessment Network (NEean) 2022 Fall Forum. Durham, NH.

Pagano, K. (2022, March). *Specifications Grading*. Teaching for Learning Conference (T4L). Southern Utah University, Cedar City, UT.

Pagano, K., & O'Farrell, K. (2022, March). *Navigating Difficult Conversations and De-escalating Hot Moments in the Classroom*. Teaching for Learning Conference (T4L). Southern Utah University, Cedar City, UT.

Pagano, K., & O'Farrell, K. (2022, March). *Trauma-Informed Pedagogy in Higher Education*. Teaching for Learning Conference (T4L). Southern Utah University, Cedar City, UT.

Clark, M., **Pagano, K.,** & O'Farrell, K. (2022, March). *A Framework for Assessing Online Learning Environments*. Teaching for Learning Conference (T4L). Southern Utah University, Cedar City, UT.

Pagano, K., Galli, N., Otten, M., Gonzalez, S., & Miller, J. (2018, October). *The Validity of the 10-item Connor-Davidson Resilience Scale for predicting performance following failure in competitive*

weightlifting. The Association for Applied Sport Psychology (AASP) 2018 Annual Conference. Toronto, Canada.

INVITED PRESENTATIONS

Cook, A. E., **Pagano, K.**, Halstrom, T. A., Bailey, V., Dutton, S., Agutter, J., & Doane, M. (2024, March). Utilizing student feedback to develop a mentoring excellence framework. Invited address at the University of Utah Enhancing Research Mentoring Symposium. Salt Lake City, UT.

Pagano, K. (2023, August). *Navigating Canvas for Higher Education*. Martha Bradley Evans Center for Teaching Excellence Annual Teaching Symposium. The University of Utah, Salt Lake City, UT.

Froehlich, A., & **Pagano, K.**, (2023, February). *Active Learning and Learning in the Brain*. The College of Health. The University of Utah, Salt Lake City, UT.

Pagano, K. (2023, January). *Active Learning Topics for Medical Professions*. The School of Medicine, Department of Endocrinology. The University of Utah, Salt Lake City, UT

Pagano, K. (2022, September). *Building Syllabi for Fine Art Majors*. College of Fine Arts, Department of Art & Art History. The University of Utah, Salt Lake City, UT.

Pagano, K. (2022, August). *Techniques for Success in Higher Education*. David Eccles School of Business, Department of Economics. The University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2022, June). *Canvas 101*. The College of Fine Arts, School of Dance. The University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2021, July). *Next Level Teaching: Using Cyber-Pedagogy to Engage Graduate Students*. The College of Fine Arts, School of Dance. The University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2021, July). *Teaching in Higher Education: EDU 101*. The College of Fine Arts, School of Dance. The University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.**, & Miller, C. (2021, March). *Inclusivity and Active Learning*. The College of Social & Behavioral Sciences. University of Utah, Salt Lake City, UT.

Galli, N., & **Pagano, K.** (2021, November). *The Once Forgotten Self: Body Image Pathologies in Men*. 2021 International Men's Day Conference. The University of Utah, Salt Lake City, UT.

O'Farrell, K., **Pagano, K.**, & Miller, C. (2021, February). *Navigating Challenging Conversations in the Classroom*. The College of Health, Department of Occupational and Recreational Therapies. University of Utah, Salt Lake City, UT.

Pagano, K. (2020, January). *Macro, Meso & Micro: Program Planning for Athletes*. Health Coach Training Seminar, the College of Health, Department of Health & Kinesiology. The University of Utah, Salt Lake City, UT.

Pagano, K. (2021, May). *Streamlining Your Grading Processes to Reduce Cognitive Load*. The College of Health, Department of Parks, Recreation, and Tourism. The University of Utah, Salt Lake City, UT.

PROFESSIONAL PRESENTATIONS

Pagano, K. (2023, March). *Specifications Grading*. Martha Bradley Evans Center for Teaching Excellence, Spring Workshop Series. The University of Utah, Salt Lake City, UT.

Hardin, P., Andrus, J., **Pagano, K.**, Froehlich, A. (2023, February). *Instructional Responses to Generative AI*. Martha Bradley Evans Center for Teaching Excellence, Spring Workshop Series. The University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2022, May). *Canvas Structure and Course Template*. The Center for Teaching & Learning Excellence, Spring Bootcamp Series. The University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2022, May). *Active Learning Strategies: Hybrid and Online*. The Center for Teaching & Learning Excellence, Spring Bootcamp Series. The University of Utah, Salt Lake City, UT.

Pagano, K. (2022, April). *Implementing Specifications Grading*. The Center for Teaching & Learning Excellence, Spring Workshop Series. The University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2022, March). *Navigating Online Learning Platforms*. The Center for Teaching & Learning Excellence, Spring Workshop Series. The University of Utah, Salt Lake City, UT.

Pagano, K. (2021, November). *Streamlining The Grading Process*. The Center for Teaching & Learning Excellence, Fall Workshop Series. The University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2021, July). *Creating an Inclusive Curriculum*. The Center for Teaching & Learning Excellence, Summer Faculty Boot Camp (2ed Term). The University of Utah, Salt Lake City, UT.

Hardin, P., & **Pagano, K.** (2021, July). *Active Learning in Higher Education*. The Center for Teaching & Learning Excellence, Summer Faculty Boot Camp (2ed Term). The University of Utah, Salt Lake City, UT.

Pagano, K., & O'Farrell, K. (2021, June). *Creating an Inclusive Curriculum*. The Center for Teaching & Learning Excellence, Summer Faculty Boot Camp (1st Term). The University of Utah, Salt Lake City, UT.

Hardin, P., & **Pagano, K.** (2021, June). *Active Learning in Higher Education*. The Center for Teaching & Learning Excellence, Summer Faculty Boot Camp (1st Term). The University of Utah, Salt Lake City, UT.

O'Farrell, K., Miller, C., & **Pagano, K.** (2021, April). *Equity, Diversity, and Inclusion in the Classroom*. The Center for Teaching & Learning Excellence, Spring Workshop Series. University of Utah, Salt Lake City, UT.

Pagano, K., O'Farrell, K. (2021, April). *Moving Beyond the Traditional Grading Scale*. The Center for Teaching & Learning Excellence, Spring Workshop Series. University of Utah, Salt Lake City, UT.

O'Farrell, K., Miller, C. & **Pagano, K.** (2021, March). *Mediating Difficult Conversations in the Classroom*. The Center for Teaching & Learning Excellence, Spring Workshop Series. University of Utah, Salt Lake City, UT.

Pagano, K. (2021, March). *Navigating Canvas in Higher Education*. The Center for Teaching & Learning Excellence, Weekly Teaching Series. University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2020, March). *Getting Rid of that Final: Utilizing Alternative Assessments*. The Center for Teaching & Learning Excellence, Fall Workshop Series. University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2020, August). *How I Survived as a Teaching Assistant*. The Center for Teaching & Learning Excellence, Annual Teaching Symposium. University of Utah, Salt Lake City, UT.

O'Farrell, K., & **Pagano, K.** (2019, August). *Surviving as a New Instructor*. The Center for Teaching & Learning Excellence, Annual Teaching Symposium. The University of Utah, Salt Lake City, UT.

SERVICE

UNIVERSITY SERVICE AND AFFILIATION

Undergraduate Research Symposium (URS) 2023
Undergraduate research evaluator
The University of Utah, Office of Undergraduate Research

Director Search 2022
Selected committee member
The University of Utah, Martha Bradley Evans Center for Teaching Excellence

Equity, Diversity, and Inclusion Committee 2020-2021
Selected representative
The University of Utah, College of Health

Graduate Student Equity, Diversity, and Inclusion Committee 2020-2021
Selected representative
The University of Utah, College of Health

Utah Prison Education Project (UPEP) 2019-2021
Volunteer faculty and UPEP representative
The University of Utah, College of Cultural & Social Transformation

The University of Utah Graduate Student Collaborative (GSC) 2019-2020
Student representative
The University of Utah, Career and Professional Development Center

Undergraduate Research Symposium (URS) 2018
Undergraduate research evaluator
The University of Utah, Office of Undergraduate Research

DEPARTMENT SERVICE AND COMMITTEE MEMBERSHIP

Undergraduate Committee Present
Member

The University of Utah, Department of Psychology

Graduate Fellow Search Committee 2022
Search committee member
The University of Utah, Martha Bradley Evans Center for Teaching Excellence

Research Interest Group 2021-2022
Committee member
The University of Utah, Department of Health & Kinesiology

Diversity, Equity, and Inclusion Committee 2019-2022
Committee member
The University of Utah, Department of Health & Kinesiology

Physical Activity and Wellbeing Journal Club 2019-2021
Committee member
The University of Utah, Department of Health & Kinesiology

Faculty Review Committee 2019
Selected review member
The University of Utah, Department of Health & Kinesiology

Faculty Search Committee 2019
Selected search member
The University of Utah, Department of Health & Kinesiology

Health & Kinesiology Research Team 2018-2020
Committee member
The University of Utah, Department of Health & Kinesiology

Student-2-Student Scholarship Committee 2017-2018
Committee member
The University of Utah, Department of Health & Kinesiology

Student Advisory Committee (SAC) 2016-2018
Committee member
The University of Utah, Department of Health & Kinesiology

GRANTS

Accepted

Enhancing Research Mentoring. Undergraduate Research Mentoring Development Program, the University of Utah. Granted October 2022 for *Development of a Research Mentoring Effectiveness Framework*. \$5,000.

OCIH Wellness Seed Grant. The University of Utah College of Health. *Martha Bradley Evans Center for Teaching Excellence Wellness Initiative*. Granted December 2022. \$1,000.

POD Network Adjunct SIG. Granted September 2022. \$1,000.

Professional Development Funding. Department of Health & Kinesiology, the University of Utah.
Granted January 2020. \$800.

SCHOLARSHIPS & AWARDS

Associated Students of the University of Utah (ASUU) The University of Utah \$600	2019
NCAA Post-Graduate Scholarship National Collegiate Athletic Association \$80,000	2014-2016
Ohio Valley Conference Female Athlete of the Year Cross Country & Track and Field Eastern Kentucky University	2011
NCAA Academic All-American National Collegiate Athletic Association Eastern Kentucky University	2011

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)	2022-Present
Professional and Organizational Development Network (POD)	2022-Present
Journal of Men's Studies	2021-Present
New Male Studies: An International Journal	2021-Present
National Research Mentoring Network (NRMN)	2020-Present
POD Network Adjunct SIG Group	2022-2023
The Association of Colleges and University Educators (ACUE)	2022-2023
National Center for Faculty Development & Diversity	2020-2023
American Psychological Association Study of Men and Masculinities	2019-2022
Utah Chapter of the Society for Public Health Education	2018-2021