SECTION I

Updated 5/21/2023

PERSONAL DATA

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| --- | --- |
| Name & Credentials | Sheila Deyette, PhD, APRN, PMHCNS-BC |
| Rank and Title | Associate Professor (Clinical) |
| Contact Information | 11187 S. Kiwano Way, South Jordan, UT |
| Phone | 203-858-2121 (cell) |
| E-mail | sheila.deyette@nurs.utah.edu |

EDUCATION

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| 1. Year | Degree | Institution (Area of Study/Specialization) |
| 1986 | A.S. | Quinnipiac University (Nursing) |
| 1990 | B.A. | Quinnipiac University (Liberal Arts & Sciences) |
| 1996 | M.S. (H) | St. Joseph College (Psychiatric Mental Health Nursing) w/honors |
| 2001 | Ph.D. (H) | University of Connecticut (Doctor of Philosophy in Nursing) w/ honors |

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| 2. Licensure / Certification |  |
| 1996-Present    3. APRN, UTAH  Controlled Substance  4. DEA | Psychiatric Mental Health Clinical Nurse Specialist- Across the Lifespan  Board Certified (PMHCNS-BC) American Nurse’s Credentialing Center (ANCC)  8227013-4405 A.P.R.N. 8227013-8900 A.P.R.N. Controlled Substance Schedule 2-5  MD 2844769 |
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**EMPLOYMENT / PROFESSIONAL EXPERIENCE**

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| Dates | Position and Institution |
| 1986-1987 | Adult Psychiatric Nurse, 40 Bed Inpatient Unit, New Britain General Hospital, New Britain, CT |
| 1987-1988 | Inpatient Psychiatric RN Eating Disorders & Child Psych, Newington Children’s Hospital, Newington, CT |
| 1988-1989 | Director Staff Development, Nursing Supervisor, Mediplex of Danbury, Danbury, CT |
| 1989-1991 | Psychiatric Case Manager and Instructor, Staff Development and Training for Psychiatric Case Mgt., Metropolitan Life Insurance, Co., Westport, CT |
| 1991-1994 | Clinical Coordinator and Therapist: Eating Disorders and Sexual Trauma PHP Program, Silver Hill Hospital, New Canaan, CT |
| 1995-1997 | Psychotherapist, Group Practice: Women’s Health, Eating Disorders, Abuse Recovery, Women’s Counseling Center, Brookfield, CT |
| 1998-2001 | Adjunct Faculty – Clinical Psychiatric Mental Health Nursing, University of Connecticut School of Nursing |
| 2005-2011 | Psychiatric Mental Health Nursing Faculty: Classroom/Didactic, University of Connecticut School of Nursing |
| 1  1997-2012 | Private Practice, LCC, Sheila Deyette, PhD, APRN, PMHCNS-BC, Ridgefield, CT. |
| June 2013 -  Present  (1 FTE) | * University of Utah College Nursing, Associate Professor (Clinical).  Specialty Track Director, DNP-PMHNP Program (1/2020-present). * University of Utah College of Nursing Behavioral Health Faculty Practice  UHC - South Jordan Health Center. APPN Psychotherapist & Prescriptive Practices / Ages 18+ (Across the Lifespan) |

**HONORS, RECOGNITIONS & AWARDS**

| Year | Recognition | Received From |
| --- | --- | --- |
| 1993- Present | Sigma Theta Tau- Honor Society | Saint Joseph College, West Hartford, CT |
| 1998-2001 | Doctoral Teaching Fellowship (competitive selection – awarded 3 consecutive years) | University of Connecticut, College of Nursing |
| 2012 | Keynote Speaker; 2012 College of Nursing  Graduation Ceremony | University of Connecticut, College of Nursing |
| 2015 | Excellence in Clinical Practice | University of Utah, College of Nursing, DNP-PMHNP Program |
| 2016 | Honoree Recognition Award | Utah State Nurses Association |
| 2016 | Excellence in Clinical Practice | Gamma Rho Chapter, Sigma Theta Tau International |
| 2018 | Excellence in Advanced Nursing Education | American Nursing Credentialing Center |
| 2019 | Excellence in Advanced PMH Nursing Practice | American Nursing Credentialing Center |
| 2021 | Excellence in Teaching Award | University of Utah, College of Nursing |
| 2021 | Fellow, Academy of Health  Science Educators. | Academy of Health Science Educators,  University of Utah, College of Health Sciences |

**PUBLICATIONS & EDITORIAL EXPERIENCE**

Books (or Chapters in Books)

\*Shander, E., Deyette, S. (1992). Adolescents Who Have Eating Disorders. In Kymissis, P., Halperin, D. (Eds.) Group Therapy with Children and Adolescents. American Psychiatric Press, Inc., Washington

Journal Publications

\*Deyette, S. (1999). The Heideggerian View of Person: A Perspective Conducive to the Therapeutic Encounter. Archives of Psychiatric Nursing, 13, 137-144. Doi: 10.1016/S0883-9417(99)80044-

\*Deyette, S. (2000). Living Bulimia, Living the Façade. Holistic Health Network, Vol. 2, Spring.

\*Deyette, S. (2001). Understanding Bulimia: Signs, Symptoms, and the Human Experience. American Journal of Nursing, 101, 35-42. doi: 10.1097/00000446-200103000-00040

**Manuscript Reviews**

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| --- | --- |
| Years | Journal |
| 2017 | Journal of Professional Nursing |
| March 2020 | Journal of Professional Nursing |
| April 2021 | Title: Nursing Students' and Faculty Members' Perspectives about Online Learning During COVID-19 Pandemic: A Qualitative Study. Ref: JPN-D-20-577 |
| Feb  2022 | GEA Grant Review, Academy of Health Sciences, Chair: Boyd Richards. |

**PRESENTATIONS**

1. Peer-Reviewed Presentations

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| --- | --- | --- |
| Dates | Title, Sponsor | Location |
| 1998 | Deyette, S. “Rediscovering Your Passion for Psychiatric Nursing: An Existentialist’s Perspective”, Contemporary Issues in Psychiatric Nursing Conference at the Institute of Living. | Hartford, CT |
| 1998 | Deyette, S. “Building Rapport with the Treatment Resistant Eating Disordered Patient”, Contemporary Issues in Psychiatric Nursing Conference at the Institute of Living. | Hartford, CT |
| 2002  9/2019  3/2020  9/2021 | Deyette, S. “Recognition, Development and Utilization of the Investigator’s Synthesis of Intentionality in Phenomenological Research,” ENRS Presentation, Penn State University.  Deyette, S. “Here’s Your Tool Box, Now Go Forth and Conquer!” Academy of Health Sciences 2019 Annual Symposium Ted-Talk presentation.  Deyette, S. *Holding Empathy for Chronically-Impaired Individuals Living an Eating Disorder: A Phenomenological Perspective to Strengthen the Therapeutic Relationship*. Generations Conference, 2020. Podium Presentation, 3/22/20.  Deyette, S. *Engendering authentic Presence and Empathic Practice Among Student Health Practitioners in virtual classrooms*, Academy of Health Science Educators, selected for podium presentation. | College Township, PA  Salt Lake City, UT  Salt Lake City, UT  Salt Lake City, UT |
| 8/4/2024 | *"Do I Know What I Do, And Do I Do What I Know?"  Empathic Attunement and Personal Knowing in Supporting Patient Engagement and Health Outcomes.* 2024 Utah Nurse Practitioner Annual Symposium, 8.4.24. Podium Presentation | Salt Lake City/Alta, UT |

1. **Invited Lectures**

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| --- | --- | --- |
| Dates | Title, Sponsor | Location |
| 1/2001 | Understanding and Responding to Eating Disorders & Self-injury. A presentation to faculty and the study body of Millbrook Preparatory School. | Millbrook, NY |
| 5/2001 | Self-love and the Nurse’s Therapeutic Use of Self. University of Connecticut School of Nursing Research Day. | Storrs, CT |
| 4/2001 | Understanding Self-love in Women’s Experiences Healing from Bulimia. The 10th Annual Regional Research Conference of Sigma Theta Tau. | Farmington, CT |
| 9/2001 | Researching Self-love in Women’s Experiences Healing from Bulimia. Sigma Theta Tau Research Presentation at Fairfield University School of Nursing. | Fairfield, CT |
| 7/2009 | Question and Answer Session on Understanding Eating Disorders. Invited Guest Speaker on the Lisa Wexler Show. Broadcast: WGCH Public Radio. | Greenwich, CT |
| 10/2010 | Assessment and Treatment of Eating Disorders in Family Practice: Family Practitioners of Ridgefield. | Ridgefield, CT |
| 6/2011 | Recognition of Self-injurious Behavior in Adolescents. Presented to Professional Staff and Practitioners, Ridgefield Pediatric Associates | Ridgefield, CT |
| 11/2012 | Understanding Bulimia from the Patient’s Perspective. Island View Residential Treatment Center. | Layton, UT |
| 10/2014 | Understanding the Mind-set of the Eating Disordered Patient University of Utah, DNP-PMHNP Child/Adolescent Psychotherapy | Salt Lake City, UT |
| 8/2015 | Understanding Patients with Borderline Personality Disorder in Outpatient Family Practice. Redwood Health Center | Salt Lake City, UT |
| 10/2016 | Women’s Mental Health and Eating Disorders. South Jordan Health Center. | South Jordan, UT |
| 2/2018 | Alta Community Enrichment Mental Health Awareness & Education Series Mood Disorder, Sexual Abuse & Addiction | Alta, UT |
| 12/2018  11/2019  3/2020  9/2020  10/2021  10/2022  08/04/2024 | University of Utah College of Nursing One Vision, One Mission Lecture Series: The Impact of National Tragedies on Mood & Anxiety Disorders  *Meaning and Metaphor in Disordered Eating Behavior.*  *Serious Mental Illness*, College of Nursing, University of Utah  Holding Empathy for Chronically-Impaired Individuals.  *Phenomenological Perspective to Strengthen the Therapeutic Relationship. Generations Conference 2020, Podium Presentation.*  *The Wounded Healer: The significance of self-reflective* *work*  *to the practice of psychotherapy.* College of Nursing, Introduction to Professional Roles, (N7346), virtual.  *Developing Your Philosophy of Nursing*, Invited lecturer, College of Nursing, Professional Roles for Nurse Practitioners, (NURS 6033), virtual.  *Developing A Toolkit for Graduate Nurse Educators Targeting Domain 1: Nursing Knowledge and Scientific Foundations for Psychiatric-Mental Health Nurse Practitioners*. *Podium Presentation*  *"Do I Know What I Do, And Do I Do What I Know?"  Empathic Attunement and Personal Knowing in Supporting Patient Engagement and Health Outcomes.* 2024 Utah Nurse Practitioner Annual Symposium, 8.4.24. Podium Presentation | Salt Lake City, UT  Salt Lake City, UT  Salt Lake City, UT  Salt Lake City, UT  Salt Lake City, UT  Long Beach, CA |

1. Posters

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| --- | --- | --- |
| Date  10/2019 | Title, Sponsor  Envisioning Phenomenological Methodology as a Practical Framework for Teaching Psychotherapy and Inspiring Graduates to Actualize Their Role as Advanced Practice Nurse Psychotherapists. American Psychiatric Nurses Association 33rd Annual Conference | Location  New Orleans, LA |
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**FACULTY & CLINICAL PRACTICE**

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| Dates | Organization/Site | Role/Activity |
| 06/2013- Present  08/2014 | University of Utah,  South Jordan  Health Center, Department of  Behavioral Health  Faculty: Foundations in Psychotherapy:  NURS 6301 | APPN Psychotherapist, prescriptive  Practice. Outpatient behavioral health, ages 15 – End of Life  Developed course curriculum based on peer reviewed content for teaching psychotherapy to graduate students |
| 02/2018-  2023  01/2020  Present  01/2023  08/2023 | Faculty Lead, Psychotherapy  NURS 7661,7662, 7663  Specialty Track Director, DNP-PMHNP  Program  Group and Family Therapy (NURS 7340)  Foundations of Science & Inquire (NURS 7103)  Core course, Doctor of Philosophy, Nursing | Design graduate PMH curriculum; teach graduate PMHNP students and lead fellow faculty in clinical practicum materials.  DNP-PMHNP Program Director. Manage academic and clinical program operations to CCNE accreditation standards.  Addition of DEI-focused content and guest speakers from LGBTQIA community partners. |

**PROFESSIONAL ORGANIZATIONS & SERVICE**

1. **College of Nursing Committees**

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| --- | --- | --- |
| Years | Committee | Role |
| 2013-  Present  2017-2018  4/2019-  Present  8/2019-  Present  10/2019-  Present  2019-  present  2019-  present | DNP-PMHNP Faculty Practice  DNP-PMHNP Student-Faculty Committee  MS-DNP Graduate Programs Committee  DNP-PMHNP Student Mentoring Club  Data Safety and Monitoring Committee  IRB # 00113917/NIH-Funded R01 3-year grant  PI: Gwen LaTendresse  Academy of Health Science Educators  APNA Graduate Education Council | Member, PMHNP Practitioner  Faculty Advisor/mentor  Member, PMHNP Program Director  Faculty Advisor/mentor  Member/ Content Expert  Member  Invited Member |
| 2019-  present  2021-present  2021-  present  2022  present | MS-DNP Directors Committee  CON Academic Appeals Committee  APNA Student Scholarship Committee  APNA Board of Directors Student Scholarship | Invited Reviewer  Member  Member  Member  . |

1. **Health Sciences Center Committees**

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| --- | --- | --- |
| Years | Committee | Role |
| 2018- present  2022-  present | Academy of Health Sciences Educators  Academy of Health Science Educators  *Awarded Fellow* *status*. | Member  (Inductee, April 6, 2022) |

1. **University Committees**

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| --- | --- | --- |
| Years | Committee | Role |
| 4/2022 | University Studies Committee | Member |

6/2022 Academic Appeals Committee Member

1. **Professional Organizations**

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| --- | --- | --- |
| Years | Organization (Committee) | Role |
| 1996-present | Sigma Theta Tau International | Member |
| 1996-present | American Psychiatric Nurses Association | Member |
| 2014-2022  2020-  present  2021-  2023 | Neuroscience Educational Institute  International Psychodynamic Psychotherapy  Association, SLC, UT  International Association of Eating Disorders  Professionals | Member  Member  Member |

**COMMUNITY SERVICE**

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| --- | --- | --- |
| Dates | Organization/Site | Role/Activity |
| 2/2012-2020 | Goldminers Daughter Lodge | Mental health education & support services: alcohol use/sexual assault |
| 2014-  2020  2/2016  6/2017  6/2018  3/2019  6/2021 | Alta Community Enrichment,  Non-profit group.  Women’s Health Expo,  South Jordan Health Center  Ride for Multiple Sclerosis  Ride for Multiple Sclerosis  APNA, 33rd Annual Conference  Stuffed Toy Collection | Mental Health Education, guest speaker and panel participant  Provided mental health education, consultations to the public  Raised $2,150, riding 100 miles x 2  Raised $2,150, riding 100 miles x 2  Conference Volunteer Monitor, (Oct 4-5, 2019)  Organized community collection of new stuffed animals (donated to South Jordan Children’s' Crisis Cntr.0 |

10/2022 Winter Coats, Hats, Socks Facilitated collection & distribution of

Donations for SLC Shelters donated items to resource centers

SECTION II

CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

1. Courses Taught Over Past 5 Years (Indicate role: single instructor; lead teacher; team member, discussion leader, etc.)

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| Year  2024  2023 2023  2022  2022  2022  2022  2022  2021  2021  2021  2021  2021  2020  2020  2020  2020  2019  2019  2019  2019  2019 | Course No.  NURS 7340  NURS 7103 NURS 7340  NURS 6301  NURS 7662  NURS 7661  NURS 6033  NURS 7663  NURS 7662  NURS 6301  NURS 7661  NURS7662  NURS 7663  NURS7346  NURS6301  NURS7661  NURS7662  NURS7663  NURS7346  NURS6301  NURS7661  NURS7662 | Title  Group & Family Therapy  Foundations of Science Group & Family Therapy  Foundations in Psychotherapy  PMHNP II  PMHNP I  APRN Prof. Roles  PMHNP III  PMHNP II  Foundations in Psychotherapy  PMHNP Practicum II  PMHNP Practicum III  PMHNP Practicum I  Professional Roles  Foundations in Psychotherapy  PMHNP Practicum I  PMHNP Practicum II  PMHNP Practicum III  Professional Roles  Foundations in Psychotherapy  PMHNP Practicum I  PMHNP Practicum II | Credits  3  3 3  3  2  2  .5  2  2  3  2  2  2  1  1  3  2  2  2  2  1  2  2  2  2 | Number  19  20 15  15  16  16  60+  16  16  16  16  16  16  16  16  16  16  15  22  22  22  22  22  22 | Role  Single  Single  Single  Lead  Lead  Lecturer  Lead  Lead  Single  Single  Single  Lead  Lecturer  Single  Lead  Lead  Lead  Lecturer  Lead  Single  Lead  Lead |

1. Comprehensive Revision of Existing Courses

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| --- | --- | --- | --- | --- |
| Year | Course No. | Title | Credit Hrs. | Number |
| 2018  2018  2019 | N7661  N7662  N7663 | PMHNP Practicum I  PMHNP Practicum II  PMHNP Practicum III | 2  2  2 | 16-22  16-22  16-22 |

2021 N6301 Foundations in Psychotherapy 3 16

2023 N 7340 Group and Family Therapy 3 15

1. Honors Students Supervised or Taught

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| --- | --- | --- |
| Year | Level/Student Name | Number |
| 2023  2021 | Emily Barrows (DNP Top Project Award)  Drew Stelter (DNP Top Project Award) | 1  1 |

1. Faculty/Student Mentorship & Independent Study

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| --- | --- | --- |
| Year  2019-  2023  2019-2023  2021-  present  2021-  present  2019-  present  2018-2021 | Level/Student Name  Paige Stodtmeister, DNP, APRN, PMHNP-BC (May 2023)  Emily Barrows, DNP, APRN, PMHNP-BC (May 2023)  Invited speaker: April 2023 – National Convention on Prevention of Suicide (podium)  Hired for Adjunct Faculty position, Fall 2023  Cynthia Garbett, DNP, APRN PMHNP-BC  New Small Group Leader (mentee)  (N 7661, 7662, 7663)  Hired CL-Faculty position, 3/2022  Liz Greene, APRN, DNP, PMHNP-BC  Junior Graduate Faculty (mentee)  Hired, Asst. Professor, Clinical, 2021  Elisa Warren, APRN, DNP, PMHNP-BC  Graduated 2021, continued mentorship  Hired, Assistant Professor, CL-Faculty position, 2022  Andrew Walker, APRN, DNP, PMHNP-BC  (mentee). Adjunct instructor (Feb & March 2021) |  |
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1. Graduate Students Supervision

A. Master’s Thesis / Project

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| --- | --- | --- |
| Year | Student Name | Role |
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B. Dissertations

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| --- | --- | --- |
| Year | Student Name | Role |
| 2020-  2021  2018-2020 | Amira Deversivec  Andrew Walker, DNP-PMHNP | Content & Writing Support  Content Expert  Thematic Analyses |

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