SECTION I

Updated 5/21/2023

PERSONAL DATA

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| --- | --- |
| Name & Credentials | Sheila Deyette, PhD, APRN, PMHCNS-BC |
| Rank and Title  | Associate Professor (Clinical) |
| Contact Information  | 11187 S. Kiwano Way, South Jordan, UT |
| Phone  | 203-858-2121 (cell) |
| E-mail  | sheila.deyette@nurs.utah.edu |

EDUCATION

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| --- | --- | --- |
| 1. Year | Degree | Institution (Area of Study/Specialization) |
| 1986 | A.S.  | Quinnipiac University (Nursing) |
| 1990 | B.A. | Quinnipiac University (Liberal Arts & Sciences) |
| 1996 | M.S. (H) | St. Joseph College (Psychiatric Mental Health Nursing) w/honors |
| 2001 | Ph.D. (H) | University of Connecticut (Doctor of Philosophy in Nursing) w/ honors |

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| 2. Licensure / Certification  |  |
| 1996-Present 3. APRN, UTAH Controlled Substance 4. DEA | Psychiatric Mental Health Clinical Nurse Specialist- Across the LifespanBoard Certified (PMHCNS-BC) American Nurse’s Credentialing Center (ANCC)8227013-4405 A.P.R.N. 8227013-8900 A.P.R.N. Controlled Substance Schedule 2-5MD 2844769 |
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 **EMPLOYMENT / PROFESSIONAL EXPERIENCE**

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| Dates | Position and Institution |
| 1986-1987 | Adult Psychiatric Nurse, 40 Bed Inpatient Unit, New Britain General Hospital, New Britain, CT |
| 1987-1988 | Inpatient Psychiatric RN Eating Disorders & Child Psych, Newington Children’s Hospital, Newington, CT |
| 1988-1989 | Director Staff Development, Nursing Supervisor, Mediplex of Danbury, Danbury, CT |
| 1989-1991 | Psychiatric Case Manager and Instructor, Staff Development and Training for Psychiatric Case Mgt., Metropolitan Life Insurance, Co., Westport, CT |
| 1991-1994 | Clinical Coordinator and Therapist: Eating Disorders and Sexual Trauma PHP Program, Silver Hill Hospital, New Canaan, CT |
| 1995-1997 | Psychotherapist, Group Practice: Women’s Health, Eating Disorders, Abuse Recovery, Women’s Counseling Center, Brookfield, CT |
| 1998-2001 | Adjunct Faculty – Clinical Psychiatric Mental Health Nursing, University of Connecticut School of Nursing |
| 2005-2011 | Psychiatric Mental Health Nursing Faculty: Classroom/Didactic, University of Connecticut School of Nursing |
| 11997-2012 | Private Practice, LCC, Sheila Deyette, PhD, APRN, PMHCNS-BC, Ridgefield, CT. |
| June 2013 - Present(1 FTE) | * University of Utah College Nursing, Associate Professor (Clinical). Specialty Track Director, DNP-PMHNP Program (1/2020-present).
* University of Utah College of Nursing Behavioral Health Faculty Practice UHC - South Jordan Health Center.APPN Psychotherapist & Prescriptive Practices / Ages 18+ (Across the Lifespan)
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**HONORS, RECOGNITIONS & AWARDS**

| Year | Recognition | Received From |
| --- | --- | --- |
| 1993- Present | Sigma Theta Tau- Honor Society  | Saint Joseph College, West Hartford, CT |
| 1998-2001 | Doctoral Teaching Fellowship (competitive selection – awarded 3 consecutive years) | University of Connecticut, College of Nursing |
| 2012 | Keynote Speaker; 2012 College of NursingGraduation Ceremony | University of Connecticut, College of Nursing |
| 2015 | Excellence in Clinical Practice | University of Utah, College of Nursing, DNP-PMHNP Program |
| 2016 | Honoree Recognition Award | Utah State Nurses Association |
| 2016 | Excellence in Clinical Practice  | Gamma Rho Chapter, Sigma Theta Tau International  |
| 2018  | Excellence in Advanced Nursing Education  | American Nursing Credentialing Center |
| 2019  | Excellence in Advanced PMH Nursing Practice  | American Nursing Credentialing Center |
| 2021 | Excellence in Teaching Award | University of Utah, College of Nursing |
| 2021 | Fellow, Academy of HealthScience Educators. | Academy of Health Science Educators,University of Utah, College of Health Sciences |

**PUBLICATIONS & EDITORIAL EXPERIENCE**

Books (or Chapters in Books)

\*Shander, E., Deyette, S. (1992). Adolescents Who Have Eating Disorders. In Kymissis, P., Halperin, D. (Eds.) Group Therapy with Children and Adolescents. American Psychiatric Press, Inc., Washington

Journal Publications

\*Deyette, S. (1999). The Heideggerian View of Person: A Perspective Conducive to the Therapeutic Encounter. Archives of Psychiatric Nursing, 13, 137-144. Doi: 10.1016/S0883-9417(99)80044-

\*Deyette, S. (2000). Living Bulimia, Living the Façade. Holistic Health Network, Vol. 2, Spring.

\*Deyette, S. (2001). Understanding Bulimia: Signs, Symptoms, and the Human Experience. American Journal of Nursing, 101, 35-42. doi: 10.1097/00000446-200103000-00040

**Manuscript Reviews**

|  |  |
| --- | --- |
| Years  | Journal |
| 2017 | Journal of Professional Nursing |
| March 2020 | Journal of Professional Nursing  |
| April 2021 | Title: Nursing Students' and Faculty Members' Perspectives about Online Learning During COVID-19 Pandemic: A Qualitative Study. Ref: JPN-D-20-577 |
| Feb2022 | GEA Grant Review, Academy of Health Sciences, Chair: Boyd Richards.  |

**PRESENTATIONS**

1. Peer-Reviewed Presentations

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| --- | --- | --- |
| Dates | Title, Sponsor | Location |
| 1998 | Deyette, S. “Rediscovering Your Passion for Psychiatric Nursing: An Existentialist’s Perspective”, Contemporary Issues in Psychiatric Nursing Conference at the Institute of Living. | Hartford, CT |
| 1998 | Deyette, S. “Building Rapport with the Treatment Resistant Eating Disordered Patient”, Contemporary Issues in Psychiatric Nursing Conference at the Institute of Living. | Hartford, CT |
| 20029/20193/20209/2021 | Deyette, S. “Recognition, Development and Utilization of the Investigator’s Synthesis of Intentionality in Phenomenological Research,” ENRS Presentation, Penn State University.Deyette, S. “Here’s Your Tool Box, Now Go Forth and Conquer!” Academy of Health Sciences 2019 Annual Symposium Ted-Talk presentation.Deyette, S. *Holding Empathy for Chronically-Impaired Individuals Living an Eating Disorder: A Phenomenological Perspective to Strengthen the Therapeutic Relationship*. Generations Conference, 2020. Podium Presentation, 3/22/20.Deyette, S. *Engendering authentic Presence and Empathic Practice Among Student Health Practitioners in virtual classrooms*, Academy of Health Science Educators, selected for podium presentation. | College Township, PASalt Lake City, UTSalt Lake City, UTSalt Lake City, UT |
| 8/4/2024 | *"Do I Know What I Do, And Do I Do What I Know?"  Empathic Attunement and Personal Knowing in Supporting Patient Engagement and Health Outcomes.* 2024 Utah Nurse Practitioner Annual Symposium, 8.4.24. Podium Presentation | Salt Lake City/Alta, UT |

1. **Invited Lectures**

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| --- | --- | --- |
| Dates | Title, Sponsor | Location |
| 1/2001 | Understanding and Responding to Eating Disorders & Self-injury. A presentation to faculty and the study body of Millbrook Preparatory School. | Millbrook, NY |
| 5/2001 | Self-love and the Nurse’s Therapeutic Use of Self. University of Connecticut School of Nursing Research Day. | Storrs, CT |
| 4/2001 | Understanding Self-love in Women’s Experiences Healing from Bulimia. The 10th Annual Regional Research Conference of Sigma Theta Tau. | Farmington, CT |
| 9/2001 | Researching Self-love in Women’s Experiences Healing from Bulimia. Sigma Theta Tau Research Presentation at Fairfield University School of Nursing. | Fairfield, CT |
| 7/2009 | Question and Answer Session on Understanding Eating Disorders. Invited Guest Speaker on the Lisa Wexler Show. Broadcast: WGCH Public Radio. | Greenwich, CT |
| 10/2010 | Assessment and Treatment of Eating Disorders in Family Practice: Family Practitioners of Ridgefield. | Ridgefield, CT |
| 6/2011 | Recognition of Self-injurious Behavior in Adolescents. Presented to Professional Staff and Practitioners, Ridgefield Pediatric Associates  | Ridgefield, CT |
| 11/2012 | Understanding Bulimia from the Patient’s Perspective. Island View Residential Treatment Center. | Layton, UT |
| 10/2014 | Understanding the Mind-set of the Eating Disordered Patient University of Utah, DNP-PMHNP Child/Adolescent Psychotherapy  | Salt Lake City, UT |
| 8/2015 | Understanding Patients with Borderline Personality Disorder in Outpatient Family Practice. Redwood Health Center | Salt Lake City, UT |
| 10/2016 | Women’s Mental Health and Eating Disorders. South Jordan Health Center. | South Jordan, UT |
| 2/2018 | Alta Community Enrichment Mental Health Awareness & Education Series Mood Disorder, Sexual Abuse & Addiction | Alta, UT |
| 12/201811/20193/20209/202010/202110/202208/04/2024 | University of Utah College of Nursing One Vision, One Mission Lecture Series: The Impact of National Tragedies on Mood & Anxiety Disorders*Meaning and Metaphor in Disordered Eating Behavior.* *Serious Mental Illness*, College of Nursing, University of UtahHolding Empathy for Chronically-Impaired Individuals.*Phenomenological Perspective to Strengthen the Therapeutic Relationship. Generations Conference 2020, Podium Presentation.**The Wounded Healer: The significance of self-reflective* *work* *to the practice of psychotherapy.* College of Nursing, Introduction to Professional Roles, (N7346), virtual.*Developing Your Philosophy of Nursing*, Invited lecturer, College of Nursing, Professional Roles for Nurse Practitioners, (NURS 6033), virtual.*Developing A Toolkit for Graduate Nurse Educators Targeting Domain 1: Nursing Knowledge and Scientific Foundations for Psychiatric-Mental Health Nurse Practitioners*. *Podium Presentation**"Do I Know What I Do, And Do I Do What I Know?"  Empathic Attunement and Personal Knowing in Supporting Patient Engagement and Health Outcomes.* 2024 Utah Nurse Practitioner Annual Symposium, 8.4.24. Podium Presentation | Salt Lake City, UTSalt Lake City, UTSalt Lake City, UTSalt Lake City, UTSalt Lake City, UTLong Beach, CA |

1. Posters

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| --- | --- | --- |
| Date10/2019 | Title, SponsorEnvisioning Phenomenological Methodology as a Practical Framework for Teaching Psychotherapy and Inspiring Graduates to Actualize Their Role as Advanced Practice Nurse Psychotherapists. American Psychiatric Nurses Association 33rd Annual Conference | LocationNew Orleans, LA |
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**FACULTY & CLINICAL PRACTICE**

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| Dates | Organization/Site | Role/Activity |
| 06/2013- Present 08/2014 | University of Utah, South Jordan Health Center, Department ofBehavioral HealthFaculty: Foundations in Psychotherapy: NURS 6301 | APPN Psychotherapist, prescriptivePractice. Outpatient behavioral health, ages 15 – End of Life Developed course curriculum based on peer reviewed content for teaching psychotherapy to graduate students |
| 02/2018-202301/2020Present01/202308/2023 | Faculty Lead, PsychotherapyNURS 7661,7662, 7663Specialty Track Director, DNP-PMHNP ProgramGroup and Family Therapy (NURS 7340)Foundations of Science & Inquire (NURS 7103)Core course, Doctor of Philosophy, Nursing  | Design graduate PMH curriculum; teach graduate PMHNP students and lead fellow faculty in clinical practicum materials.DNP-PMHNP Program Director. Manage academic and clinical program operations to CCNE accreditation standards.Addition of DEI-focused content and guest speakers from LGBTQIA community partners. |

**PROFESSIONAL ORGANIZATIONS & SERVICE**

1. **College of Nursing Committees**

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| --- | --- | --- |
| Years | Committee | Role |
| 2013-Present2017-20184/2019-Present8/2019-Present10/2019-Present2019-present2019-present | DNP-PMHNP Faculty PracticeDNP-PMHNP Student-Faculty CommitteeMS-DNP Graduate Programs CommitteeDNP-PMHNP Student Mentoring ClubData Safety and Monitoring CommitteeIRB # 00113917/NIH-Funded R01 3-year grantPI: Gwen LaTendresse Academy of Health Science EducatorsAPNA Graduate Education Council | Member, PMHNP PractitionerFaculty Advisor/mentorMember, PMHNP Program DirectorFaculty Advisor/mentorMember/ Content ExpertMemberInvited Member |
| 2019-present2021-present2021-present2022present | MS-DNP Directors CommitteeCON Academic Appeals CommitteeAPNA Student Scholarship CommitteeAPNA Board of Directors Student Scholarship | Invited ReviewerMemberMemberMember. |

1. **Health Sciences Center Committees**

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| Years | Committee | Role |
| 2018- present2022-present | Academy of Health Sciences EducatorsAcademy of Health Science Educators *Awarded Fellow* *status*. | Member(Inductee, April 6, 2022) |

1. **University Committees**

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| Years | Committee | Role |
| 4/2022 | University Studies Committee | Member |

 6/2022 Academic Appeals Committee Member

1. **Professional Organizations**

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| --- | --- | --- |
| Years | Organization (Committee) | Role |
| 1996-present | Sigma Theta Tau International | Member |
| 1996-present | American Psychiatric Nurses Association | Member |
| 2014-20222020-present2021-2023 | Neuroscience Educational InstituteInternational Psychodynamic Psychotherapy Association, SLC, UTInternational Association of Eating Disorders Professionals | MemberMemberMember |

**COMMUNITY SERVICE**

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| Dates | Organization/Site | Role/Activity |
| 2/2012-2020 | Goldminers Daughter Lodge | Mental health education & support services: alcohol use/sexual assault |
| 2014-20202/20166/20176/20183/20196/2021 | Alta Community Enrichment,Non-profit group.Women’s Health Expo,South Jordan Health CenterRide for Multiple SclerosisRide for Multiple SclerosisAPNA, 33rd Annual ConferenceStuffed Toy Collection | Mental Health Education, guest speaker and panel participantProvided mental health education, consultations to the publicRaised $2,150, riding 100 miles x 2 Raised $2,150, riding 100 miles x 2 Conference Volunteer Monitor, (Oct 4-5, 2019)Organized community collection of new stuffed animals (donated to South Jordan Children’s' Crisis Cntr.0 |

 10/2022 Winter Coats, Hats, Socks Facilitated collection & distribution of

 Donations for SLC Shelters donated items to resource centers

SECTION II

CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

1. Courses Taught Over Past 5 Years (Indicate role: single instructor; lead teacher; team member, discussion leader, etc.)

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| Year2024202320232022202220222022202220212021202120212021202020202020202020192019201920192019 | Course No.NURS 7340NURS 7103NURS 7340NURS 6301NURS 7662NURS 7661NURS 6033NURS 7663NURS 7662NURS 6301NURS 7661NURS7662NURS 7663NURS7346NURS6301NURS7661NURS7662NURS7663NURS7346NURS6301NURS7661NURS7662 | TitleGroup & Family TherapyFoundations of ScienceGroup & Family TherapyFoundations in PsychotherapyPMHNP IIPMHNP IAPRN Prof. RolesPMHNP IIIPMHNP IIFoundations in PsychotherapyPMHNP Practicum IIPMHNP Practicum IIIPMHNP Practicum IProfessional RolesFoundations in PsychotherapyPMHNP Practicum IPMHNP Practicum IIPMHNP Practicum IIIProfessional RolesFoundations in PsychotherapyPMHNP Practicum IPMHNP Practicum II | Credits333322.5223222113222212222 | Number19201515161660+1616161616161616161615222222222222 | RoleSingleSingleSingleLeadLeadLecturerLeadLeadSingleSingleSingleLeadLecturerSingleLeadLeadLeadLecturerLeadSingleLeadLead |

1. Comprehensive Revision of Existing Courses

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| --- | --- | --- | --- | --- |
| Year | Course No. | Title | Credit Hrs. | Number |
| 201820182019 | N7661N7662N7663 | PMHNP Practicum IPMHNP Practicum IIPMHNP Practicum III | 222 | 16-2216-2216-22 |

 2021 N6301 Foundations in Psychotherapy 3 16

 2023 N 7340 Group and Family Therapy 3 15

1. Honors Students Supervised or Taught

|  |  |  |
| --- | --- | --- |
| Year | Level/Student Name | Number |
| 20232021 | Emily Barrows (DNP Top Project Award)Drew Stelter (DNP Top Project Award) | 11 |

1. Faculty/Student Mentorship & Independent Study

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| --- | --- | --- |
| Year2019-20232019-20232021-present2021-present2019-present2018-2021 | Level/Student NamePaige Stodtmeister, DNP, APRN, PMHNP-BC (May 2023)Emily Barrows, DNP, APRN, PMHNP-BC (May 2023)Invited speaker: April 2023 – National Convention on Prevention of Suicide (podium)Hired for Adjunct Faculty position, Fall 2023Cynthia Garbett, DNP, APRN PMHNP-BCNew Small Group Leader (mentee)(N 7661, 7662, 7663)Hired CL-Faculty position, 3/2022Liz Greene, APRN, DNP, PMHNP-BCJunior Graduate Faculty (mentee)Hired, Asst. Professor, Clinical, 2021Elisa Warren, APRN, DNP, PMHNP-BC Graduated 2021, continued mentorshipHired, Assistant Professor, CL-Faculty position, 2022Andrew Walker, APRN, DNP, PMHNP-BC (mentee). Adjunct instructor (Feb & March 2021) |  |
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1. Graduate Students Supervision

A. Master’s Thesis / Project

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| Year | Student Name | Role |
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 B. Dissertations

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| Year | Student Name | Role |
| 2020-20212018-2020 | Amira DeversivecAndrew Walker, DNP-PMHNP | Content & Writing SupportContent ExpertThematic Analyses |

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