

Christina Elmore, MSN, CNM, FACNM

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PERSONAL DATA

Birth Place: Kalamazoo, MI

Citizenship: United States

Languages: English, Fluent; Spanish, Intermediate

EDUCATION

<u>Years</u>	<u>Degree</u>	<u>Institution (Area of Study)</u>
1999 - 2003	B.S.	University of Michigan (Environmental Anthropology) Ann Arbor, MI School of Natural Resources and Environment & Cultural Anthropology Graduated Magna Cum Laude Additional training: -- Intensive Spanish Language Studies, Institute for Central American Development Studies, Costa Rica (2000) -- Semester abroad: Center for Marine Resource Studies, Turks and Caicos Island (2002)
2006	Certificate	Smithsonian Tropical Research Institute (Sponge Ecology, Taxonomy & Biology) Bocas del Toro, Panama
2007 - 2010	Certificate	National Outdoor Leadership School (Wilderness Emergency Medicine Technician) Lander, WY
2010 - 2012	M.S.N.	Seattle University (Nurse Midwifery), Seattle, WA Accelerated Practice of Nursing Immersion Program Graduated Magna Cum Laude
2010	Certificate	University of Seattle (Doula Training), Seattle, WA Seattle Midwifery School/Bastyr
2022 - Present	Certificate	University of Utah's Psychiatric Mental Health Nurse Practitioner, SLC, UT

BOARD CERTIFICATIONS

09/25/2012 - 12/31/2022 American Midwifery Certification Board, Certified

LICENSES/CERTIFICATIONS

2012 - Present Basic Life Support (UT) - Nurse Midwife
2018 - Present NCC External Fetal Monitoring
2012 - Present Utah Division of Occupational and Professional Licensing: State License (UT) - Nurse Midwife
Description: DOPL
2012 - Present Utah Division of Occupational and Professional Licensing: Controlled Substance (UT) - Nurse
Midwife Description: DOPL
2012 - Present DEA Certificate (UT) - Nurse Midwife

CLINICAL AREAS OF SPECIALIZATION

Certified Nurse Midwife, Obstetrics, Gynecology, Contraception

RESEARCH INTERESTS

Digital and Manual Rotation of the Persistent Posterior
Perinatal Depression
Iron Deficiency Anemia

PROFESSIONAL EXPERIENCE

Full-Time Positions

Jun/04 – Jun/09 Student Academics, Research, Risk Management, The Island School, Eleuthera, Bahamas
Jun/07 – Jun/09 Medical Director, Cape Eleuthera Island School, Eleuthera, Bahamas
Jun/08 – Jun/09 Dean of Students, Cape Eleuthera Island School, Eleuthera, Bahamas
Oct/2012 – 2016 Instructor (Clinical), University of Utah, Salt Lake City, UT
Aug/2015 – 2018 Simulation Course Instructor
May/2015 – Present Intrapartum Complications Course Instructor
Aug/2018 – Present Intrapartum Normal Course Instructor
Jun/2019 Group Prenatal Care: Gestational Diabetes in Hispanic Women, Co-Facilitator
Aug/2017 – Present Assistant Professor, University of Utah: College of Nursing

Part-Time Positions

Aug/2015 – 2018 PRONTO International Facilitator

HONORS, RECONGITIONS & AWARDS

2003 Magna Cum Laude Honors, University of Michigan, School of Natural Resource and Environment
2012 Magna Cum Laude Honors, Seattle University, College of Nursing
2016 Excellence in Teaching Award, American College of Nurse Midwives
2017 Excellence in Service Award, University of Utah: College of Nursing
2019 Preceptor of the Year Award, University of Utah: College of Nursing
2022 Excellence in Teaching Award, American College of Nurse Midwives
2022 Fellowship in the American College of Nurse Midwives (FACNM)

ADMINISTRATIVE EXPERIENCE

Administrative Duties

2004 – 2007 Sea Kayak Program Director, The Island School, Eleuthera, Bahamas
2007 – 2009 Dean of Students, The Island School, Eleuthera Bahamas
2007 – 2009 Medical Director and Risk Management Director, The Island School, Eleuthera Bahamas
2015 – 2019 Midwifery Fellowship Program Coordinator, Birthcare Healthcare, University of Utah CON
2021 – Present South Main Clinic Birthcare Healthcare Practice Liaison, University of Utah CON

PROFESSIONAL COMMUNITY ACTIVITIES

2009 – 2011 Committee Member, Passages Northwest, Risk Management Committee, Seattle, WA
2009 Mentor, Seattle Girls School, Mentor Program, Seattle, WA
2012 – Present Meet the Midwives, Salt Lake City, UT
2012 – 2017 Jr Clerkship Program, Salt Lake City, UT
2012 – 2019 Volunteer Doula Training, Salt Lake City, UT
2015 – Present Project ECHO
2014 – 2017 Utah Affiliate ACNM Vice President
2017 – 2020 Utah Affiliate ACNM President
2017 – 2020 ACNM Membership & Marketing Committee
2019 – Present Utah DOPL Midwifery Board Member
2020 Birthcare Healthcare Anti-Racism Task Force

2021 – Present Utah Affiliate ACNM Nominating Committee

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

2010 – Present Member, American College of Nurse-Midwives (ACNM)
2022 Member, Fellowship of American College of Nurse-Midwives (FACNM)

INDEPENDENT RESEARCH

2008 – 2010 Sponge Aquaculture in the Bahamas Role: Co-PI
2012 Epigenetics of Obesity, unpublished scholarly project, Role: PI
2015 – Present Waterbirth study, Birthcare Healthcare, Role: Investigator
2020 – Present Iron deficiency anemia data tracking and analysis, Role: Investigator

TEACHING RESPONSIBILITIES/ASSIGNMENTS

Course and Curriculum Development

2015 – 2019: NURS 7108, 7109, 7110; Simulation
2015 – Present: NURS 6112, Intrapartum complications
2018 – Present: NURS 6114, Intrapartum normal

Clinical Teaching/Precepting

2013 – Present Student Nurse Midwives & WHNP, University of Utah: College of Nursing

Conferences

2014 3rd Annual Women's Health Conference, University of Utah, College of Nursing
2015 4th Annual Women's Health Conference, University of Utah, College of Nursing
2016 Annual Conference of the American College of Nurse Midwives, Attendee
2017 Annual Conference of the American College of Nurse Midwives, Presenter
2018 Annual Conference of the American College of Nurse Midwives, Attendee
2019 Annual Conference of the American College of Nurse Midwives, Presenter
2020 Annual Conference of the American College of Nurse Midwives, Presenter (Deferred, COVID)
2021 Annual Conference of the American College of Nurse Midwives, Presenter

Other Educational Activities

2012 – 2018 Junior Clerkship Trainings
2012 – 2020 Volunteer Doula Trainings
2017 – Present Peer Reviewer for the Journal of Midwifery & Women's Health
2017 – 2020 CLAC Program Development, Center of Latin American Studies

PEER-REVIEWED JOURNAL ARTICLES

Latendresse, G., C. Elmore, & A. Deneris. Selective Serotonin Reuptake Inhibitors as First-Line Antidepressant Therapy for Perinatal Depression, *Journal of Midwifery and Women's Health*, 2016, 16(270). <https://doi.org/10.1111/jmwh.12607>

Elmore, C., K. McBroom & J. Ellis. Digital and Manual Rotation of the Persistent Occiput Posterior Fetus, *Journal of Midwifery and Women's Health*, 2020, 65(3). <http://dx.doi.org/10.1111/jmwh.13118>

Elmore, C. & J. Ellis. Iron deficiency anemia treatment and monitoring, *Journal of Midwifery and Women's Health*. 2021.

BOOK CHAPTERS

Murphy, P., & Elmore, C. (2017) *Contraception*. In *Pharmacotherapy for Women's Health, 2nd ed. Chapter 29: Contraception*. Jones & Bartlett, 2017.

2012 – 2017 Birthcare Healthcare Clinical Guidebook, 1st – 3rd Eds.

PRESENTATIONS

- 2017 Preparing for Obstetrical Emergencies – Practice Makes Perfect, 62nd Annual ACNM Conference
- 2017 Discussion Panel – Midwifery Fellowships: Mentoring for Excellence, 62nd Annual ACNM Conference
- 2019 Digital and Manual Rotation of the Persistent Occiput Posterior, 64th Annual ACNM Convention
- 2019 Digital and Manual Rotation of the Persistent Occiput Posterior, OB/GYN Grand Rounds
- 2020 Digital and Manual Rotation of the Persistent Occiput Posterior, Project ECHO Presentation
- 2020 Digital and Manual Rotation of the Persistent Occiput Posterior, 65th Annual ACNM Convention
- 2021 Iron Deficiency Anemia Treatment, Podium Presentation, 66th Annual ACNM Convention
- 2022 Iron Deficiency Anemia Treatment, Podium Presentation, 67th Annual ACNM Convention
- 2022 Treatment of Anemia in Pregnancy, Project ECHO Presentation

CLINICAL PRACTICE EXPERIENCE

- 2012 – 2016 BirthCare HealthCare Practice, Clinical Instructor
- 2017 – Present BirthCare HealthCare Practice, Assistant Professor