

SECTION I

A. PERSONAL DATA

Name & Credentials	Pamela L. Phares, Ph.D., APRN, CNM
Rank and Title	Assistant Professor (Clinical)
Contact Information	Utah Diabetes & Endocrinology Center (UDEC) 615 Arapeen Drive Suite 100 Salt Lake City, UT 84108
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B. EDUCATION

1. <u>Year</u>	<u>Degree</u>	<u>Institution (Area of Study / Specialization)</u>
2011	Ph.D.	University of Kentucky, Nursing Lexington, KY
2007	Post-M.S.N.	Northern Kentucky University, Nursing – Adult NP Highland Heights, KY
2001	Post-M.S.N.	University of Cincinnati, Nursing – Nurse Midwife Cincinnati, OH
2000	Post-M.S.N.	University of Cincinnati, Nursing – Women’s Health NP Cincinnati, OH
1993	Post-M.S.N.	University of Cincinnati, Nursing – Pediatric NP Cincinnati, OH
1991	M.S.N.	University of Cincinnati, Nursing – Clinical Specialist in Medical/Surgical Oncology Cincinnati, OH
1989	B.S.N.	University of Cincinnati, Nursing Cincinnati, OH
1986	B.S.	University of Cincinnati, Speech Pathology and Audiology Cincinnati, OH

1985	Diploma of Nursing	Good Samaritan College of Nursing Cincinnati, OH
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2. Licensure / Certification

2007-present	Certified Adult Nurse Practitioner, American Nurses Credentialing Center
2001-present	Certified Nurse Midwife, American Midwifery Certification Board
2000-2018	Certified Women's Health Nurse Practitioner, National Certification Corporation
1993-present	Certified Pediatric Nurse Practitioner, National Certification Board of Pediatric Nurse Practitioners and Nurses
Current	Licensed Registered Nurse Utah
Current	Utah Division of Occupational and Professional Licensing: APRN with prescribing privileges/controlled substances
Current	DEA License to prescribe Schedule II – IV controlled substances

C. EMPLOYMENT / PROFESSIONAL EXPERIENCE

<u>Dates</u>	<u>Position and Institution</u>
2014-present	Director, Healthy Body-Healthy Heart Program and, Nurse Practitioner in Diabetes and Metabolism Utah Diabetes and Endocrinology Center
2013-present	Nurse Practitioner: Diabetes & Endocrinology Utah Diabetes & Endocrinology Center Salt Lake City, UT
2013-present	Adjunct Assistant Professor University of Utah, Department of Internal Medicine Salt Lake City, UT
08/12-present	Assistant Professor (Clinical) University of Utah, College of Nursing Salt Lake City, UT
06/07-07/12	Nurse Practitioner: Family Practice The Healthcare Connection Lincoln Heights & Mount Healthy Family Practice Center Lincoln Heights, OH

<u>Dates</u>	<u>Position and Institution</u>
08/07-07/12	Assistant Professor (Tenure-Track) Northern Kentucky University, College of Health Professions Highland Heights, KY
08/06-08/07	Lecturer Northern Kentucky University, College of Health Professions Highland Heights, KY
01/06-05/07	Adjunct Clinical Faculty Thomas More College, School of Nursing Crestview Hills, KY
01/05-10/07	Nurse Practitioner: Women's Health SouthSide OB/GYN Indianapolis, IN
2004-2008	Adjunct Clinical Faculty Indiana University, Family Practice Residency Program, Methodist Hospital Clarian Health Partners Indianapolis, IN
03/03-08/08	Staff Midwife & Women's Health Nurse Practitioner Clarian Health Partners/HealthNet Indianapolis, IN
10/03-10/04	Staff Midwife & Women's Health Nurse Practitioner TriHealth Nurse Midwives Cincinnati, OH
11/01-12/02	Staff Midwife & Women's Health Nurse Practitioner Trover Clinic Foundation: Clinic Division Center for Women's Health Madisonville, KY
06/00-09/00	Nurse Practitioner: Women's Health Planned Parenthood of Southwestern Ohio and Northern Kentucky Cincinnati, OH
10/93-05/00	Nurse Practitioner: Infants, Children, and Adolescents Pediatric Associates of Fairfield and Hamilton, OH
03/92-09/93	Pediatric Nurse Practitioner: Bone Marrow Transplant Children's Hospital Medical Center Cincinnati, OH

<u>Dates</u>	<u>Position and Institution</u>
08/91-03/92	Lecturer Good Samaritan College of Nursing Cincinnati, OH
9/90- 6/91	Clinical Nurse Specialist: Oncology Tri-State Home Therapeutics, Inc. Cincinnati, OH
1988-1990	Clinical Nurse: Pediatric ICU and Critical Care Float Children's Hospital Medical Center Cincinnati, OH
1987-1988	Public Health Nurse II City of Cincinnati Health Department Cincinnati, OH
1985-1986	Clinical Nurse: Adolescent Medicine Children's Hospital Medical Center Cincinnati, OH

D. HONORS, RECOGNITIONS & AWARDS

<u>Year</u>	<u>Recognition</u>	<u>Received From</u>
2013	Excellence in Research	Utah Nurse Practitioner Association
2011	Golden Key International Honor Society	University of Kentucky
2010	Phi Kappa Phi Honor Society	University of Kentucky
2006	Excellence in Clinical Teaching for the Family Practice Residency Program	Methodist Hospital Indiana University
1990	Sigma Theta Tau, International Honor Society of Nursing	University of Cincinnati & Northern Kentucky University

E. RESEARCH AND SCHOLARLY WORK

1. Extramural Grants/Contracts

<u>Dates</u>	<u>Amount</u>	<u>Funding Status</u>	<u>Title & Funding Agency</u>	<u>Role (PI, Co-PI)</u>
2013	\$1,124,896	Funded 07/1/13- 06/30/16	<i>An Interprofessional Education Model for Telehealth Management of Multiple Chronic Health Conditions in Rural</i>	PI

<u>Dates</u>	<u>Amount</u>	<u>Funding Status</u>	<u>Title & Funding Agency</u>	<u>Role (PI, Co-PI)</u>
			<i>Populations.</i> HRSA Bureau of Health Professions, Advanced Nursing Education; Award #1D09HP25927-01	
1991	\$500	Funded	<i>Effectiveness of the Sensor Pad on lump detection in simulated breast models.</i> Sigma Theta Tau International, Beta Iota Chapter	PI

2. Intramural Grants/Contracts

<u>Dates</u>	<u>Amount</u>	<u>Funding Status</u>	<u>Title & Funding Agency</u>	<u>Role (PI, Co-PI)</u>
2010	\$350,000	Limited Funding	<i>Promoting health homes through primary care: Freedom from smoking and radon in the home (FRESH).</i> Pilot study funded by the University of Kentucky Tobacco Research Policy Program	Key Personnel

3. Independent Research

<u>Dates</u>	<u>Title</u>	<u>Role (PI, Co-PI)</u>
2013	<i>An interprofessional model of care to reduce clinical inertia and improve health literacy, numeracy, and clinical outcomes in patients with uncontrolled type 2 diabetes within a primary care setting</i>	PI
2011	<i>Predictors of insulin readiness in patients with type 2 diabetes when oral medications fail to control hyperglycemia.</i> (Unpublished)	PI

F. PUBLICATIONS & EDITORIAL EXPERIENCE

(Note: Identify peer reviewed publications with * and data based publications with # at the beginning of the citation using APA format.)

1. Books (or Chapters in Books)

2. Journal Publications

Boerio M.F., Brooker J., Freese L., **Phares P.**, & Yazvec S. (2000). That itchy, scratchy rash. *Nursing Clinics of North America*, 35, 147-157.

3. Papers, Monographs and Reports

4. Published Abstracts

Phares, P. (1991). Effectiveness of the Sensor Pad on lump detection in simulated breast models. *Oncology Nursing Forum, Suppl*, 18.

5. Editorial Boards

<u>Years</u>	<u>Journal</u>
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6. Manuscript & Abstract Reviews

<u>Years</u>	<u>Journal</u>
2019-present	International Journal of Qualitative studies in Health & Well-Being
2019-present	PLoS ONE (Diabetes Content Reviewer)

7. Study Sections & Funding Reviews

8. Electronic Media

9. Other

G. PRESENTATIONS

1. Peer-Reviewed Presentations

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
05/91	<i>Effectiveness of the Sensor Pad on lump detection in simulated breast models.</i> Abstract presented at the Oncology Nursing Society Congress.	San Antonio, TX

2. Invited Speeches / Lectures / Demonstrations

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
11/15/2016	<i>Diagnosis & Management of the Diabetic Patient</i> Invited Guest Lecturer Acute Care Nurse Practitioners University of Utah College of Nursing	Salt Lake City, UT
9/21/2016	<i>Reproductive Health Issues in Women with Diabetes</i> Diabetes Webinar Series Utah Department of Health	Salt Lake City, UT
05/18/2016	<i>Identifying and Managing Risk for Diabetes and Heart Disease: Prevention in the Age of Personalized Medicine</i> Family Practice Grand Rounds University of Utah	Salt Lake City, UT
05/08/2012	<i>Predictors of readiness for insulin therapy in patients with type 2 diabetes.</i> Dean's Distinguished Lecturer Series, University of South Florida.	Tampa, FL
02/25/2012	<i>When are patients ready to begin insulin?</i> Northern Kentucky Nursing Research Collaborative Conference. Invited Podium Presentation	Crestview Hills, KY
06/22/2007	<i>Obtaining the pediatric history and performing an advanced pediatric assessment.</i> University of Cincinnati College of Nursing and City of Public Health Department collaborative educational initiative for school nurses learning to perform advanced health assessment skills.	Cincinnati, OH

3. Posters

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
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4. Media

<u>Dates</u>	<u>Title/Topic</u>	<u>Type of Media</u>
8/18/2017	Health Minute: Cost of Diabetes	The Scope: University of Utah Health Radio

10/24/2017 Health Minute: Predictors of Diabetes The Scope: University of Utah Health Radio

H. FACULTY PRACTICE

<u>Dates</u>	<u>Organization/Site</u>	<u>Role/Activity</u>
2013-present	Utah Diabetes & Endocrinology Center Salt Lake City, UT	Nurse Practitioner
2012-2015	Hope Clinic Family Practice/Primary Care Midvale, UT	Nurse Practitioner

I. PROFESSIONAL ORGANIZATIONS & SERVICE

1. College of Nursing Committees

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2011-2012	Strategic Planning Committee Northern Kentucky University	Member
2010-2012	Program Evaluation Committee Northern Kentucky University	Member Secretary (2010-2011)
2010-2012	Admission, Progression, and Graduation Committee Northern Kentucky University	Member

2. Health Sciences Center Committees

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2014	Undergraduate Scholarship Committee College of Nursing University of Utah	Reviewer
2013-2015	College of Nursing Research Committee University of Utah	Member
2013	College of Nursing Search Committee University of Utah	Member
2011-2012	Steering Committee for Shared Governance Northern Kentucky University	Member
2010-2012	Faculty Practice Policy Committee Northern Kentucky University	Chair

3. University Committees

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2018-2020	CNACS	Committee Member
2016-2019	Conflict of Interest Committee	Member/Reviewer
2014-2015	Graduate Research Fellowship Committee University of Utah	Reviewer
2014-2016	Diabetes Work Group University of Utah Healthcare	Member
2013-2015	Diabetes & Endocrinology Service Line University of Utah Health Care	CON Representative
2013-2015	Diabetes & Endocrinology Core Committee University of Utah Healthcare	Member

4. Professional Organizations

<u>Years</u>	<u>Organization</u>	<u>Role</u>
2014-present	American Heart Association	Member
2013-present	American Telemedicine Association	Member
2012-2016	Utah Nurse Practitioners Association	Member
2008-2013	Southern Nursing Research Society	Member
2008-2017	Council for the Advancement of Nursing Science	Member
2006-present	American Association of Nurse Practitioners	Member
2000-2010	Nurse Practitioners in Women's Health	Member
1991-2012	Ohio Association of Advanced Practice Nurses	Member

5. Consultation and Boards

<u>Mo/Yr</u>	<u>Firm/Client</u>	<u>Role</u>
2014-2015	Utah Nurse Practitioner Association	Board Member: Secretary
2011-2012	Northern Kentucky University Research Foundation	Board Member
2010-2014	Ph.D. and Master's Students Biostatistics and Inferential Statistics	Tutor and Consultant
06/08-12/08	Spencer-Hall Consumer Research	Expert Health Consultant

J. COMMUNITY SERVICE

<u>Dates</u>	<u>Organization/Site</u>	<u>Role/Activity</u>
09/12-present	The Hope Clinic, Midvale, UT	Nurse Practitioner: Family Practice
2009-2011	Northern Kentucky Cold Shelter, Covington, KY	Nurse Practitioner & Student Mentor

K. INTERNATIONAL TEACHING AND SERVICE ACTIVITIES

<u>Dates</u>	<u>Organization/Site</u>	<u>Role/Activity</u>
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L. OTHER

SECTION II

M. CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

1. Courses Taught Over Past 5 Years (Indicate role: single instructor; lead teacher; team member, discussion leader, etc.)

University of Utah

Year	Course No.	Course Title	Cr. Hr.	No.	Role
Spring 2020	NURS 6022	Patho, Pharm & Health Assessment of Acute & Chronic Illness	2	19	Single Instructor
			3	5	Project Chair
Spring 2020	NURS 7703	DNP Scholarly Project	3	5	Project Chair
Fall 2019	NURS 7702	DNP Scholarly Project	3	5	Project Chair
Summer 2019	NURS 7701	DNP Scholarly Project		5	Project Chair
Spring 2019	NURS 6022	Patho, Pharm & Health Assessment of Acute & Chronic Illness	2	12	Single Instructor
Spring 2019	NURS 7703	DNP Scholarly Project 3	3	5	Project Chair
Fall 2018	NURS 7702	DNP Scholarly Project 2	3	5	Project Chair
Summer 2018	NURS 7701	DNP Scholarly Project 1	3	5	Project Chair
Spring 2018	NURS 7703	DNP Scholarly Project 3	3	8	Project Chair
Fall 2017	NURS 7702	DNP Scholarly Project 2	3	8	Project Chair
Spring 2017	NURS 7703	DNP Scholarly Project 3	3	8	Project Chair
Fall 2016	NURS 7702	DNP Scholarly Project 2	3	8	Project Chair
Spring 2015	NURS 7703	DNP Scholarly Project 3	2	3	Project Chair
Spring 2015	NURS 7604	DNP Residency	6	28	Team Member
Spring 2015	NURS 7602 (001)	DNP Practicum 2	4	28	Team Member
Fall 2014	NURS 7702	DNP Scholarly Project 2	2	3	Project Chair

Fall 2014	NURS 7603 (001)	DNP Practicum 3	4	28	Team Member
Fall 2014	NURS 7601 (001)	DNP Practicum 1	3	28	Team Member
Summer 2014	NURS 7022 (001)	Advanced Pediatric Health Promotion and Assessment	3	28	Team Member
Spring 2014	NURS 7602 (001)	DNP Practicum II	6	27	Team Member
Spring 2014	NURS 7604 (001)	PCNP Residency	6	23	Team Member
Spring 2014	NURS 7703 (001)	DNP Scholarly Project	2	23	Team Member
Fall 2013	NURS 7601 (001)	DNP Practicum I	3	27	Team Member
Fall 2013	NURS 7603 (001)	DNP Practicum III	6	23	Team Member
Fall 2013	NURS 7702 (001)	DNP Scholarly Project II	2	23	Team Member
Summer 2013	NURS 7020 (001)	Advanced Physical Assessment	3	55	Team Member
Spring 2013	NURS 7007 (001)	Advanced Pathophysiology II	3	58	Single Instructor
Spring 2013	NURS 7955 (011)	Independent Study	1	1	Single Instructor
Spring 2013	NURS 7976 (014)	DNP Scholarly Project II	3	7	Team Member
Fall 2012	NURS 6041 (001)	Common Pediatric Problems	3	22	Co- Instructor
Fall 2012	NURS 6042 (001)	Complex Pediatric Problems	3	27	Co- Instructor
Fall 2012	NURS 7975 (014)	DNP Scholarly Project	3	7	Co- Instructor

2. Development of New Courses

Northern Kentucky University

<u>Year</u>	<u>Course No.</u>	<u>Title</u>	<u>Credit Hrs.</u>	<u>No.</u>	<u>Role</u>
2018-2019	NURS 6022	Pathophysiology, Pharmacology, Health Assessment of Acute Illness & Chronic Disease for MSN	2	?	Sole Instructor
2010-2012	NRS 440P	Nursing Capstone 1	2	60	Lead-Developer
2010-2012	NRS 470P	Nursing Capstone 2	1	60	Lead-Developer
2009-2010	NRS 320	Principles of Research for Application to Nursing Practice	2	64	Co-Developer

3. Honors Students Supervised or Taught

<u>Year</u>	<u>Level/Student Name</u>	<u>Number</u>
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4. Independent Study / Faculty Consultation

<u>Year</u>	<u>Level/Student Name</u>	<u>Number</u>
Fall 2013	Tiffany Pulgiano Graduate Level, DNP Adult/Gero Program Advanced Pathophysiology	NURS 7955

5. Graduate Students Supervision

A. Student Advisement

DNP

<u>Cohort Year</u>	<u>Number</u>	<u>Role</u>
2014-2015	7	Faculty Advisor
2013-2014	7	Faculty Advisor
2012-2013	7	Faculty Advisor

B. Master's Thesis / Project

<u>Year</u>	<u>Student Name</u>	<u>Role</u>
2011	Emily McKenna, MSN <i>Effects of Preoperative Midazolam in Pediatric Patients on Recovery and Operating Room Throughput.</i>	Master's Thesis Committee Member Northern Kentucky University
2010	Penny McLean Nowinski, MSN <i>Identification of Pediatric Obesity and Overweight: Are Pediatric Care Providers Utilizing AAP Guidelines?</i>	Master's Thesis Committee Member Northern Kentucky University

C. Dissertations

<u>Year</u>	<u>Student Name</u>	<u>Role</u>
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D. DNP Scholarly Project Committees

<u>Year</u>	<u>Student Name</u>	<u>Role</u>
2019-2020	Brinli Daniels Lisa Schaeffer Karl Tucker McKenna Vance Rachel Wright	Committee Chair
2018-2019	Angie Birkeland Anna Freudenberg Angela Grange Erik Hansen Allison Kendell	Committee Chair
2017-2018	Melissa Cotner Kathryn Lee Alexa Nickel Irma Rivera Krista Schulte William Turgoose Hollie Wharton Erin Williams	Committee Chair
2016-2017	Andrew Aloia Melanie Boogaard Gabriella Dame	Committee Chair

Cassidy Doucette
Stanley Garzon
Carlie Kay Naval
Jennifer Robinson
Jeanette Seidel

2015-2016	Sean Tarvey Leizle Hill	Committee Member Committee Member
2014-2015	Nadine Carter Amber Lavin Moriah Taylor	Committee Chair
2013-2014	Lindsey Brown Sarah Homer Shelley Norman	Committee Chair
2012-2013	Teresa Blair Jordan Christensen Leigh Anne Garcia Christopher Gessel Geoffrey Heckel Jeremiah Hoffman Jennifer Peacock	Committee Chair