

Lindsay Dianne Shepard, CSW, PhD Candidate

Curriculum Vita

College of Social Work
University of Utah
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EDUCATION

University of Utah PhD of Social Work	Salt Lake City, UT 2010-Present
University of Utah Masters of Social Work	Salt Lake City, UT 2013
University of Oxford, St. Hilda's College Masters of Science Evidence-Based Social Intervention	Oxford, UK 2009
Brigham Young University Bachelor of the Arts English, <i>cum laude</i> Women Studies Minor African Studies Minor	Provo, UT 2007

PROFESSIONAL APPOINTMENTS

University of Utah Adjunct Faculty	Salt Lake City, UT 2012-Present
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LICENSING

Division of Occupational and Professional Licensing Certified Social Worker (CSW), License # 8749621-3502	Utah 2014
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PUBLICATIONS

Peer-Reviewed Journal Articles

- Shepard, L.D.** (2012). The impact of polygamy on women's mental health: A systematic review. *Epidemiology and Psychiatric Sciences*, 1-16. doi:10.1017/S2045796012000121
- Yaffe, J., Montgomery, P., Hopewell, S., & **Shepard, L.D.** (2012). Empty reviews: A description and consideration of Cochrane systematic reviews with no included studies. *PLoS ONE*, 7(5), e36626. doi:10.1371/journal.pone.0036626
- Montgomery, P., & **Shepard, L.D.** (2010). Insomnia in older people. *Reviews in Clinical Gerontology*, 20, 205-218. doi:10.1017/S095925981000016X

Shepard, L.D. (2010). Reflections on evidence based practice criticisms: Updating today's social worker. *Perspectives on Social Work*, 9, 38-42.

Shepard, L.D., Panos, P., & Thompson, C. (2010). Perpetuating polygamist tradition: An exploratory qualitative study of Senegalese women. *Journal of Global Social Work Practice*, 3. Retrieved from <http://www.globalsocialwork.org/vol3no1/Shepard.html>

Peer-Reviewed Abstracts

Montgomery, P., Yaffe, J., Morton, M., **Shepard, L.**, & Hopewell, S. (2013). Empty review reporting practices and policies: A survey of Cochrane Review Group editors and other key systematic review producers. Abstracts of the 21st Cochrane Colloquium, 19-23 September, 2013, Quebec City, Quebec.

Shepard, L. (2013). Social work and the Cochrane Collaboration: Qualitative interviews with Cochrane contributors of social work background. Abstracts of the 21st Cochrane Colloquium, 19-23 September, 2013, Quebec City, Quebec.

Yaffe, J., **Shepard, L.**, Hopewell, S., & Montgomery, P. (2013). The 'Implications for Practice' of empty reviews: An analysis of Cochrane systematic reviews with no included studies. Abstracts of the 21st Cochrane Colloquium, 19-23 September, 2013, Quebec City, Quebec.

Shepard, L.D., Yaffe, J., Montgomery, P., & Hopewell, S. (2011). The Cochrane Empty Reviews Project: Prevalence and characteristics of systematic reviews without included studies in The Cochrane Database of Systematic Reviews. Abstracts of the 19th Cochrane Colloquium, 19-22 October, 2011, Madrid, Spain.

Yaffe, J., Montgomery, P., **Shepard, L.**, & Hopewell, S. (2010). How empty are empty reviews? A report on empty reviews in The CDSR and an invitation to participate in the development of reporting guidelines. Abstracts of the Joint Cochrane and Campbell Colloquium, 18-22 October, 2010, Keystone, Colorado. Retrieved from <http://www.imbi.uni-freiburg.de/OJS/cca/index.php/cca/article/view/9397>

Book Chapters

Montgomery, P., & **Shepard, L.D.** (2012). Sleep apnoea and sleep disorders. In A.J. Sinclair, J.E. Morley, & B. Vellas (Eds.), *Pathy's Principles and Practice of Geriatric Medicine, 5th Edition* (pp.617-628). John Wiley & Sons, Ltd. doi: 10.1002/9781119952930.ch54

In Preparation

Montgomery, P., Yaffe, J., Hopewell, S., & **Shepard, L.D.** (in preparation). Empty review reporting practices and policies: A survey of Cochrane Review Group editors and other key systematic review producers.

Shepard, L.D. (in preparation). Social work and systematic reviews: The accessibility of systematic reviews published in social work journals 2000-2015.

Shepard, L.D. (in preparation). Social work and systematic reviews: The incidence, prevalence, and descriptive characteristics of systematic reviews published in social work journals 2000-2015.

Shepard, L.D. (in preparation). Social work and systematic reviews: The topics of systematic reviews published in social work journals 2000-2015.

Shepard, L.D. (in preparation). Social work and the Cochrane Collaboration: Qualitative interviews with Cochrane and Campbell contributors of social work background.

Yaffe, J., **Shepard, L.D.**, Montgomery, P., & Hopewell, S. (in preparation). The ‘Implications for Practice’ of empty reviews: An analysis of Cochrane systematic reviews with no included studies.

RESEARCH & ACADEMIC AWARDS

College of Social Work McPhee Scholarship (\$500)	University of Utah 2015
The College of Social Work & PhD Program Travel Assistance Award (\$800)	University of Utah 2014
Associated Students of the University of Utah (ASUU) Student Advisory Committee Funding Award (\$763.60)	University of Utah 2013
Graduate School and the College of Social Work Travel Assistance Award (\$800 each year)	University of Utah 2010, 2011, & 2013
College of Social Work McPhee Scholarship (\$1,500)	University of Utah 2012-2013
Golden Key International Honour Society Graduate Scholar Award (\$10,000)	USA 2012
College of Social Work McPhee Scholarship (\$2,875)	University of Utah 2010-2011

GRANTS AND FELLOWSHIPS

Cochrane Collaboration Opportunities Fund Grant (£24,200 GBP)	UK 2010
Office of Research and Creative Activities Mentored Research Grant (\$1,500)	Brigham Young University 2005

CONFERENCE ACTIVITY**Papers Presented**

- Shepard, L.D.**, Mileski, K., Panos, P., & Panos, A. (2014). Global web-based learning: Designing a Bachelors of Social Work degree program. *Council on Social Work Education 2014*, Tampa, Florida.
- Yaffe, J., & **Shepard, L.D.** (2014). Using and sharing open access resources for teaching evidence-based practice. *Council on Social Work Education 2014*, Tampa, Florida.
- Montgomery, P., Yaffe, J., Morton, M., **Shepard, L.**, & Hopewell, S. (2013). Empty review reporting practices and policies: A survey of Cochrane Review Group editors and other key systematic review producers. *Cochrane Colloquium 2013*, Quebec City, Quebec.
- Shepard, L.** (2013). Social work and the Cochrane Collaboration: Qualitative interviews with Cochrane contributors of social work background. *Cochrane Colloquium 2013*, Quebec City, Quebec.
- Yaffe, J., McIntyre Goodsell, M., Jacobsen, J., & **Shepard, L.D.** (2013). Flipping the classroom: Strategies for teaching evidence-based practice. *Council on Social Work Education 2013*, Dallas, Texas.
- Yaffe, J., Montgomery, P., **Shepard, L.D.**, & Morton, M. (2013). Running on empty: Policies and reporting practices for systematic reviews without included studies. *Campbell Colloquium 2013*, Chicago, IL, USA.
- Yaffe, J., **Shepard, L.**, Hopewell, S., & Montgomery, P. (2013). The 'Implications for Practice' of empty reviews: An analysis of Cochrane systematic reviews with no included studies. *Cochrane Colloquium 2013*, Quebec City, Quebec.
- Shepard, L.D.**, Yaffe, J., Montgomery, P., & Hopewell, S. (2011). The Cochrane Empty Reviews Project: Prevalence and characteristics of systematic reviews without included studies in The Cochrane Database of Systematic Reviews. *Cochrane Colloquium 2011*, Madrid, Spain.
- Yaffe, J., Montgomery, P., **Shepard, L.**, & Hopewell, S. (2011). How empty are empty reviews: Writing guidelines to make systematic reviews more useful. In symposium, Evidence informed practice in child welfare: Three Campbell

Collaboration systematic reviews and a shared methods challenge. *Society for Social Work and Research 2011*, Tampa, Florida.

Yaffe, J., Montgomery, P., **Shepard, L.**, & Hopewell, S. (2010). How empty are empty reviews? A report on empty reviews in The CDSR and an invitation to participate in the development of reporting guidelines. *Joint Colloquium of the Cochrane and Campbell Collaborations 2010*, Keystone, CO, USA.

Meeting Facilitations

Montgomery, P., Yaffe, J., Hopewell, S., & **Shepard, L.D.** (2011). The Cochrane Empty Reviews Project consensus meeting, 16 June 2011. UK Cochrane Centre, Oxford, UK.

Montgomery, P., Yaffe, J., Hopewell, S., & **Shepard, L.D.** (2011). The Cochrane Empty Reviews Project: Report of findings and consensus group feedback. *Cochrane Colloquium 2011*, Madrid, Spain.

TEACHING INTERESTS

- Evidence-Based Practice
- Systematic Reviews
- Program Evaluation
- Quantitative Research Methods
- International Social Work
- Professional Social Work Writing
- Community-Based Participatory Research

TEACHING EXPERIENCE

UNIVERSITY OF UTAH
College of Social Work

Salt Lake City, UT
2010-Present

Adjunct Faculty

PhD Program

SW 7113: Systematic Reviews in Social Work (1 section)

Master's Program

SW 6110: Evidence Informed Practice II (2 sections & distance)

SW 6623: Bridge III: Evidence Informed Practice (2 sections & distance)

Bachelor's Program

SW 4401: Research and Evaluation (5 sections)

SW 4444: Advanced Social Work Writing (4 sections & 1 online)

SW 4100: Global Community Based Research (4 sections & distance)

SW 4702: Social Work Practicum (3 sections)

SW 4782: Social Work Practicum Seminar (3 sections)

Teaching Assistance

PhD Program

SW 7113: Systematic Reviews in Social Work (2 sections)

Master's Program

SW 6010: Evidence Informed Practice I (2 sections & distance)

SW 6623: Bridge IV: Research for Practice (1 section)

SW 6412: Research for Practice: Utilization and Evaluation (3 sections)

Course Development

SW 7113: Systematic Reviews in Social Work (PhD)

SW 6010: Evidence Informed Practice I (Masters, *Flipped Classroom*)

SW 6110: Evidence Informed Practice II (Masters)

SW 6623: Bridge III: Evidence Informed Practice (Advanced Standing)

SW 4444: Advanced Social Work Writing (Bachelors, *Classroom* and *Online*)

BRIGHAM YOUNG UNIVERSITY

English Department, Bachelors

Provo, UT

2008

Teaching Assistance

ENG 202: Masterpieces of World Literature (2 sections)

PRO LINGUIS SCHOOL

English Department

Thiaumont, Belgium

2005

Teaching Intern

English as a Second Language to multi-level students

TEACHING AWARDS & DESIGNATIONS

Bachelors of Social Work Associate Instructor Award

Bachelors of Social Work Student Association (BSWSA)

University of Utah

2014-2015

Bachelors of Social Work Associate Instructor Award

Bachelors of Social Work Student Association (BSWSA)

University of Utah

2013-2014

Center for Teaching and Learning Excellence

Higher Education Teaching Specialist (HETS)

University of Utah

2013

RESEARCH INTERESTS

- Evidence-Informed Practice
- Systematic Reviews
- Intervention Effectiveness
- Knowledge Reporting and Translation
- Program Evaluation
- Mental Health of Refugee and Asylum-Seeking Populations
- Women & Polygyny

RESEARCH EXPERIENCE

PRIMARY CHILDREN’S HOSPITAL

Salt Lake City, UT

Program Data Manager & Analyst

Center for Safe and Healthy Families

Outpatient Treatment for Child Trauma and Maltreatment

March 2014-Present

Program evaluation of the effectiveness of outpatient treatment modalities, such as Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Parent-Child Interaction Therapy (PCIT), Abuse-Focused Cognitive Behavioral Therapy (AF-CBT), and Child and Family Traumatic Stress Intervention (CFTSI), on the alleviation of trauma symptoms and other related outcomes in children ages 3-18.

UNIVERSITY OF UTAH

Salt Lake City, UT

PhD Dissertation Investigator

College of Social Work

Social Work and Systematic Reviews

April 2015-Present

An analysis of the incidence, prevalence, descriptive characteristics, topics, and accessibility of systematic reviews published in social work journals 2000-2015.

Investigator

College of Social Work

Social Work and the Cochrane and Campbell Collaborations

October 2012-2013

An in-depth exploration of the relationship of social work to the work of the Cochrane and Campbell Collaborations through the conduct of semi-structured interviews with Cochrane and Campbell collaborators of social work background.

Co-Investigator

College of Social Work

Motivational Interviewing in Child Welfare Settings

January 2013-December 2013

An exploration of the effectiveness of Motivational Interviewing in child welfare settings through systematic review and meta-analysis.

Project Manager and Research Assistant

College of Social Work

The Cochrane Empty Reviews Project

August 2010-October 2013

A Cochrane Opportunities Fund study of the reporting of systematic reviews with no included studies.

UTAH ALLIANCE FOR CHILDREN

Salt Lake City, UT

Data Analyst
Child Behavior Outcomes

Camp Takoda
Summers 2012-2013

Data entry and analysis at a summer camp point of behavior treatment program for children with symptoms of Attention Deficit Hyperactivity Disorder (ADHD).

UNIVERSITY OF OXFORD

Oxford, UK

Research Assistant
Mental Health of Afghan UASC in the UK

Centre for Evidence Based Intervention
February-June 2010

A cross-sectional epidemiological study of the mental health of Afghan Unaccompanied Asylum Seeking Children in the UK, funded by John Fell.

Research Assistant
Sleep Disorders in Older People

Centre for Evidence Based Intervention
January-June 2010

An update of two systematic reviews regarding sleep disorders in older people.

Research Assistant
The DHA Oxford Learning and Behavior (DOLAB) Study

Centre for Evidence Based Intervention
July 2009-June 2010

An examination of the effects of dietary supplementation with DHA (Omega-3) on children's learning and behavior, funded by Martek Biosciences.

MSc Dissertation Investigator
The Mental Health of Polygynous Women

Department of Social Policy and Social Work
2009

A comprehensive literature review of the mental health of polygynous women.

BRIGHAM YOUNG UNIVERSITY

Provo, UT

BA Thesis Investigator
Senegalese Women and the Polygamist Tradition

BYU Mentored Research Grant
2005-2007

A preliminary qualitative study of Senegalese women's perspectives on polygyny.

PRACTICE INTERESTS

- Trauma & Child Welfare
- Children & Families
- Refugees & Immigrants
- Agency:University Partnerships

PRACTICE EXPERIENCE

PRIMARY CHILDREN’S HOSPITAL

Salt Lake City, UT

Certified Social Worker - Intake Coordinator & Therapist

Center for Safe and Healthy Families

March 2014-Present

Coordinating and providing treatment to children (3-18 years old) who have experienced trauma and/or maltreatment. Trained in Trauma-Focused Cognitive Behavior Therapy (TF-CBT), Child and Family Traumatic Stress Intervention (CFTSI), and Parent-Child Interaction Therapy (PCIT).

PRIMARY CHILDREN’S HOSPITAL

Salt Lake City, UT

Social Work Intern

Center for Safe and Healthy Families

August 2012-April 2013

600+ hours of direct practice applying the evidence-based practice process in the treatment of children who have experienced trauma and/or maltreatment. Experienced in Trauma-Focused Cognitive Behavior Therapy (TF-CBT).

PRIMARY CHILDREN’S BEHAVIORAL HEALTH

Salt Lake City, UT

Social Work Intern

Wasatch Canyons Adolescent Chemical Dependency

September 2012-April 2013

Weekly participation and shared facilitation of a chemical dependency, family, or psychiatric group for adolescents in day and inpatient treatment.

UNIVERSITY NEIGHBORHOOD PARTNERS

Salt Lake City, UT

Social Work Intern

Hartland Partnership Center

May-December 2011

450 hours practice at a community center, primarily serving individuals and families of refugee and immigrant background. Experienced in community-based participatory methods.

PRACTICE CONFERENCE ACTIVITY

Presentations

Shepard, L.D., & Grant, R. (2015). Children and trauma: Oh the places you’ll go for treatments that work with kids. *Trauma and Mental Health Treatment, BYU School of Social Work Conference 2015*, Provo, UT.

Shepard, L.D. (2015). The power of labeled praises. *Primary Children's Hospital's Social Work Paves the Way for Change 2015*, Salt Lake City, UT.

Mendenhall, K., & **Shepard, L.D.** (2014). Implementing Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). *Joining Forces 2014*, Salt Lake City, UT.

PRACTICE TRAINING

Practice Model Training

Child and Family Traumatic Stress Intervention (CFTSI) Salt Lake City, UT
Center for Safe and Healthy Families February 2015-Present

Observed a trained clinician provide CFTSI from start to finish with 1 client and her caregivers. Participated in 2 full days of training. Completed 3 cases and participating in on-going supervision and 6 months of consultation calls.

Parent-Child Interaction Therapy (PCIT) Salt Lake City, UT
Center for Safe and Healthy Families November 2012-Present

Completed a 10-hour web-based orientation course. Observed a trainer provide PCIT to 1 client family from start to finish, including both child-directed and parent-directed components. Participated in 3 full days of training with master trainers. Initiated 2 cases with supervision.

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Salt Lake City, UT
Center for Safe and Healthy Families July 2012-Present

Completed a 10-hour web-based orientation and a two day training sponsored by Primary Children's Hospital Center for Safe and Healthy Families and the Children's Justice Center (CJC). Under trainer supervision, applied TF-CBT start to finish with 3+ clients and participated in 9 monthly consultation calls.

Organizational Training

Multi-Disciplinary Team Orientation Salt Lake City, UT
Children's Justice Center (CJC) March 12, 2013

Practice Model Training Salt Lake City, UT
Division of Child and Family Services (DCFS) October 2, 2012

COMMUNITY INVOLVEMENT

Community Volunteer Salt Lake City, UT
Burundi Community February-May 2011

Collaborated with community leaders to support the Salt Lake City Burundi community.

Detention Support Member

Asylum Welcome

Oxford, UK

February-September 2009

Acted as a liaison for issues of asylum support for three hours a week.

English as a Second Language Teacher

Free English Language Lessons for Overseas Workers

Oxford, UK

October-December 2008

Taught intermediate English to immigrant workers for two hours every week.

Church Missionary

The Church of Jesus Christ of Latter-day Saints

Bucharest, Romania

September 2005-April 2007

Worked with individuals and families for 9-10 hours a day, taught English as a Second Language, and assisted with service projects. Acquired Romanian language fluency.

LANGUAGES

English, fluent

Romanian, moderate

French, basic

DEPARTMENTAL & PROFESSIONAL SERVICE

Research on Social Work Practice editorial board member, 2015-2017

University of Utah, College of Social Work PhD student mentor, 2012-2014

University of Utah, College of Social Work MSW curriculum consultant, 2012-2013

PROFESSIONAL AFFILIATIONS

Campbell Collaboration (international producer of systematic reviews in social care)

Cochrane Collaboration (international producer of systematic reviews in healthcare)

Council on Social Work Education

Golden Key International Honour Society

The Honor Society of Phi Kappa Phi

Society for Social Work and Research (SSWR)

References Available Upon Request