

**UNIVERSITY OF UTAH COLLEGE OF NURSING
ACADEMIC VITA**

Updated 08/05/2024

A. PERSONAL DATA

Name & Credentials	Natasha Ansari, Ph.D., MSN/Ed, RN, CNE
Rank and Title	Assistant Professor
Phone	801-694-0137
E-mail	natasha.ansari@utah.edu
ORCID	0000-0001-5516-4537

B. EDUCATION

<u>1. Year</u>	<u>Degree</u>	<u>Institution (Area of Study/Specialization)</u>
2013	A.S.	Utah Technical University (Nursing)
2015	B.S.	Utah Technical University (Nursing)
2020	M.S.	University of Utah (Nursing Education)
2024	Ph.D.	University of Utah (Nursing)

2. Licensure / Certification

2011	Nursing Assistant (Canyons Technical Education Center, Utah)
2013-2021	Basic Life Support Provider
2014-Present	Registered Nurse (Utah)
2014	Dementia/Memory Care Specialist
2015-2021	Advanced Cardiac Life Support Provider
2016	Nursing Preceptor Certificate (University of Utah Hospital)
2016-2021	Critical Care Registered Nurse Certificate and Alumnus
2016-2019	Safe Sedation Certificate
2019	Nursing Leadership Program (University of Utah Hospital)
2019	Certificate in Quality and Safety (Institute for Healthcare Improvement)
2022	Nursing Informatics Certificate (University of Utah College of Nursing)
2023	Certified Nurse Educator
2024	End-Of-Life Doula

C. EMPLOYMENT / PROFESSIONAL EXPERIENCE

<u>Dates</u>	<u>Position and Institution</u>
2014-2015	Registered Nurse and Case Manager, CareSource Home Health and Hospice, Holladay, Utah
2015-2019	Registered Nurse and Charge Nurse, Huntsman Cancer Hospital – Intensive Care Unit, Salt Lake City, Utah
2018-2020	Clinical Instructor, Eagle Gate College, Murray, Utah
2020	Teaching Assistant, College of Nursing, University of Utah, Salt Lake City, Utah
2021-2024	Adjunct Faculty, Nursing Division, Salt Lake Community College, Salt Lake City, Utah
2021-2024	Adjunct Faculty, College of Nursing, University of Utah, Salt Lake City, Utah
2024-Present	Assistant Professor, College of Nursing, University of Utah, Salt Lake City, Utah

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D. HONORS, RECOGNITIONS & AWARDS

<u>Year</u>	<u>Recognition</u>	<u>Received From</u>
2010	Blood Drive Coordination Award	ARUP and Red Cross
2010	IHC Crystal Apple Outstanding Leadership Recognition for Health Occupations Students of America (HOSA)	Utah State HOSA Advisor and Alta High School
2011	Academic Honors – Nursing Assistant Program	Canyons Technical Education Center
2011	Blood Drive Coordination Award	ARUP and Red Cross
2008-2011	Academic Presidential Honors	Alta High School
2011-2015	Institutional High Honors (Magna Cum Laude)	Utah Technical University
2015	Critical Care Internship Completion	University of Utah Hospital
2017	Phenomenal Fellow Award – Critical Care Internship	University of Utah Hospital
2018	Phenomenal Fellow Award – Critical Care Internship	University of Utah Hospital
2019	Nurse Mentorship Program Completion	Huntsman Cancer Institute
2018-2024	Institutional High Honors (GPA > 3.9)	University of Utah
2024	Best Dissertation Award Nominee	University of Utah

E. RESEARCH AND SCHOLARLY WORK

1. Intramural Grants/Contracts

<u>Dates</u>	<u>Amount</u>	<u>Funding Status</u>	<u>Title & Funding Agency</u>	<u>Role (PI, Co-PI)</u>
11/2023	\$500	Funded	Sigma Nursing Research Award, University of Utah College of Nursing Sigma Gamma Rho Chapter #87	PI

2. Independent Research

<u>Dates</u>	<u>Title</u>	<u>Role (PI, Co-PI)</u>
01/2020-04/2020	Planning for End of Life is Planning for Life UU IRB 00124597	PI
06/2021-07/2022	Virtual Initial Approach in End of Life Care UU IRB 00139332	PI
07/2023-12/2023	Moral Distress, Resilience, and Team Dynamics in Nursing: A Mixed Methods Study UU IRB 00167124	PI

F. PUBLICATIONS & EDITORIAL EXPERIENCE

1. Journal Publications

*Ansari, N., Johnson, E., Sinnott, J. A., & Ansari, S. [Planning for End of Life](#). American Journal of Hospice & Palliative Care. 2022 Mar;39(3):315-320. doi: 10.1177/10499091211014166. Epub 2021 May 4. PubMed PMID: 33942668.

*Ansari, N., Wilson, C.M., Heneghan, M.B., Supiano, K., & Mooney, K. [How technology can improve communication and health outcomes in patients with advanced cancer: an integrative review](#). Supportive Care in Cancer. 2022 Aug;30(8):6525-6543. doi: 10.1007/s00520-022-07037-y. Epub 2022 Apr 12. Review. PubMed PMID: 35411467.

*Tay, D. L., **Ansari, N.**, Muehlberger, J., Perkins, R., Keddington, A.S., Hashibe, M. & Ellington, L. (2023). Awareness, perceptions, and knowledge of palliative care among lung and head and neck cancer patients receiving immunotherapies (Sch412). *Journal of Pain and Symptom Management*, 65(5), p. e585. <https://doi.org/10.1016/j.jpainsymman.2023.02.149>

Ansari, N., Pitts, L., & Wilson, C.M. An online approach to teaching graduate nursing students to write integrative literature reviews: Examples from two published cases. *Nursing Education in Practice*. Submitted

Ansari, N. (2024, June 7). *Healing the Healers: Strategies to Reduce Moral Distress in Nursing*. <https://accelerate.uofuhealth.utah.edu/resilience/healing-the-healers-strategies-to-reduce-moral-distress-in-nursing>

2. Dissertation

Ansari, N., Warner, E., Iacob, E., Taylor-Swanson, L., Wilson, R., Van Epps, J., & Supiano, K. P. (2024). "Moral distress by a thousand cuts": A mixed methods study on nurses. *JSciMed Central*. Submitted.

Ansari, N., Warner, E., Taylor-Swanson, L., Wilson, R., Van Epps, J., Iacob, E., & Supiano, K. P. (2024). Are we out of the woods yet? A literature review on nurses navigating moral distress, resilience, and team dynamics. *Nursing Ethics*. Submitted.

Ansari, N., Warner, E., Wilson, R., Taylor-Swanson, L., Van Epps, J., Iacob, E., & Supiano, K. P. (2024). "We are not heroes": Implications for nursing education on moral distress, resilience, and team dynamics. *Teaching and Learning in Nursing*. Submitted.

G. PRESENTATIONS

1. Invited Speeches / Lectures / Demonstrations

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
06/2019	Skills Lab Demonstrations, Intensive Care Unit staff nurses, University of Utah Hospital	Salt Lake City, UT
11/2019	"Managing Tumor Lysis Syndrome", Intermountain Chapter Oncology Nurse Fall 2019 Conference	Salt Lake City, UT
10/2023	"Flipped Classroom and Backward Design", University of Texas Southwestern, Genetic Counseling Instructors	Virtual
04/2024	Spoke with 1 st year Ph.D. students for Dr. Julie Valentine's course NURS 7106 regarding Ph.D. program completion	Virtual

2. Posters

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
04/2021	* Ansari, N. , Wilson, C.M., Supiano, K.P., Mooney, K. <i>How can technology-based communication improve health outcomes for advanced cancer patients?</i> [Podium]. Oncology Nursing Society 46th Annual Congress.	Virtual

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09/2021	Ansari, N. , Marshall, W., Thorup, B., Ansari, S., Supiano, K. <i>Virtual Initial Approach in Organ Procurement</i> . [Podium]. The Alliance National Donor Management Summit.	Virtual
03/2023	*Tay, D. L., Ansari, N. , Muehlberger, J., Perkins, R., Keddington, A. S., Hashibe, M., & Ellington, L. <i>Awareness, perceptions, and knowledge of palliative care among lung and head and neck cancer patients receiving immunotherapies</i> . Poster. The 2023 Annual Assembly of Hospice and Palliative Care.	Montreal, Canada
11/2023	* Ansari, N. <i>Moral Distress, Resilience, and Team Dynamics in Nursing: A Mixed Methods Study</i> . Poster. Sigma Theta Tau Gamma Rho Chapter Induction Event	University of Utah College of Nursing

H. FACULTY PRACTICE

<u>Dates</u>	<u>Organization/Site</u>	<u>Role/Activity</u>
08/2018-08/2020	Nursing Division, Eagle Gate College	Clinical Instructor
05/2019-05/2020	College of Nursing, University of Utah	Teaching Assistant
03/2021-08/2024	Nursing Division, Salt Lake Community College	Adjunct Faculty, Co-Lead Instructor
08/2021-07/2024	College of Nursing, University of Utah	Adjunct Faculty
07/2024-Present	College of Nursing, University of Utah	Assistant Professor

I. PROFESSIONAL ORGANIZATIONS & SERVICE

1. College of Nursing Committees

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2019 – 2023	Student Advisory Committee – Retention, Tenure, Promotion	Member
2023 - 2024	Student Advisory Committee – Retention, Tenure, Promotion	Chair
2023 – 2024	Ph.D. Program Committee – Curriculum Development	Member
2023 – Present	Faculty Cohort Mentorship – Prelicensure Students	Faculty Mentor
2023 – 2024	LGBTQ+ Nursing Collective	President
2024 - Present	LGBTQ+ Nursing Collective	Faculty Advisor

2. University Committees

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2023 – Present	CTE Faculty Advisory Committee	Member

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3. Professional Organizations

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2009-2010	Health Occupations Students of America (National and Utah State)	Public Relations for Alta High School
2010-2011	Health Occupations Students of America (National and Utah State)	President for Alta High School
2012-2013	Americorps	Member
2021-2023	Utah Nurses Association	Member
2021-2023	American Nurses Association	Member
2021-2023	Western Institute of Nursing	Member
2022-Present	Sigma Theta Tau International (Gamma Rho Chapter #87)	Member

J. COMMUNITY SERVICE

<u>Dates</u>	<u>Organization/Site</u>	<u>Role/Activity</u>
2010-2011	ARUP and Red Cross Blood Drive, Alta High School, Sandy, UT	Student Coordinator
2011	Emergency Department, St. George Regional Hospital, St. George, UT	Volunteer
2012-2013	Huntsman World Senior Games, St. George, UT	Medical Aid
2012-2013	AmeriCorps Member, 600 hours completed, St. George, UT	Volunteer
2018-2019	Skills Lab and Mock Code, Huntsman Cancer Hospital, Salt Lake City, UT	Educator
2019	Pharmacy Student Physical Assessment Final, University of Utah, Salt Lake City, UT	Educator
2019	Mock Code and Practice Lab, College of Nursing, University of Utah, Salt Lake City, UT	Educator
2019	Sim Lab Tour for Incoming Refugee Freshman, College of Nursing, University of Utah, Salt Lake City, UT	Educator
2019-2020	Oncology Nurse Residency, Huntsman Cancer Hospital, Salt Lake City, UT	Mentor
2020	Salt Lake City Mutual Aid, COVID-19 Community Relief	Volunteer Coordinator
2020-2022	ServeKind Refugee Family Assistance, Salt Lake County	Volunteer

K. LEADERSHIP DEVELOPMENT

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
11/2022	Fundamentals of Professional Coaching U-CAN Workshop, University of Utah	Virtual
2023-Present	Mentorship with Dr. Linda Hofmann	Virtual
2023-2024	University of Utah Whiteness Privilege and Praxis Group Member	Virtual

L. TEACHING DEVELOPMENT

<u>Dates</u>	<u>Title, Location</u>	<u>Credit Hrs.</u>	<u>Role</u>
Spring 2020	CTLE 6000 – Teaching in Higher Education (University of Utah)	3	Student
Spring 2022	CTLE 6510 – Cyber Pedagogy (University of Utah)	3	Student

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April 2023	College of Nursing Excellence in Education Faculty Workshop: Competency-Based Education and Creating Inclusive Classrooms	n/a	Attendee
May 2023	University of Utah CTLE's Graduate Teaching Institute	n/a	Attendee
August 2023	University of Utah CTLE's Annual Teaching Symposium	n/a	Attendee
October 2023	College of Nursing Excellence in Education TeachTalks	n/a	Attendee
August 2024- June 2025	Success Academy for New Faculty with CONExEd	n/a	Attendee
September- October 2024	Faculty Upskilling in AI (U-AI)	n/a	Attendee

M. CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

1. Courses Taught Over Past 5 Years

<u>Year</u>	<u>Course No.</u>	<u>Title</u>	<u>Credit Hrs.</u>	<u>Student #</u>	<u>Role</u>
Summer 2019	NURS 3450	Principles of Clinical Management 2 - Sepsis and Shock (University of Utah)	4	72	Lead Instructor for the class session, Teaching Assistant for the semester
Summer 2019	NURS 4550	Principles of Clinical Management 3 - End of Life and the Dying Process (University of Utah)	4	72	Lead Instructor for the class session
Fall 2019	Nurse 4500	Professional Roles 3 - Primary Roles of the Registered Nurse and Care Coordination (University of Utah)	3	71	Lead Instructor for the class session, Teaching Assistant for the semester
Spring 2020	NURS 3305	Foundations (University of Utah)	4	9	Teaching Assistant
Spring 2021- Summer 2022	NURS 2410	Transition to Professional Nursing Practice (Salt Lake Community College) Emphasizing the transition to professional nursing practice, the curriculum focuses on refining critical thinking skills, ethical decision-making, and the application of theoretical knowledge to real-world scenarios. Students explore the complexities of nursing practice, addressing contemporary challenges, and developing strategies to navigate the dynamic healthcare environment.	3	84-120	Co-Lead Instructor
Summer and Fall 2021	NURS 2410	Capstone (Salt Lake Community College)	2	12	Lead Instructor
Summer 2021	NURS 1130	Pathophysiology (Salt Lake Community College)	4	25	Co-Instructor for 3 sessions

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Fall 2021	NURS 7202	Statistics 2 – Predictor Selection (University of Utah)	3	7	Lead Instructor for the class session
Summer 2022	NURS 7204	Discovery and Innovation in Science – Developing a Creative Practice for Your Research (University of Utah)	2	12	Lead Instructor for the class session
Fall 2021- Summer 2024	NURS 4650	Capstone Seminar (University of Utah) I led weekly discussions with capstone students, delving into case studies, clinical incidents, and in-depth explorations of challenges and successes in bedside nursing. The seminar serves as a platform for direct advising and mentoring, providing students with personalized guidance as they navigate the complexities of their capstone experiences. Through these interactions, students develop critical thinking skills, hone their clinical judgment, and gain insights into effective bedside nursing practices, ensuring a well-rounded and reflective approach to their final nursing education experiences.	7	8-10	Co-Faculty (In-person)
Fall 2023 – Present	NURS 4150	Nursing Initiatives (University of Utah) My role involves offering comprehensive guidance, constructive feedback, and unwavering support to students as they navigate the intricacies of their QI projects. By facilitating the development and execution of quality improvement initiatives, students not only enhance their understanding of evidence-based practice but also cultivate the skills necessary for leadership and innovation in the ever-evolving field of nursing. This course underscores the importance of continuous improvement and empowers students to contribute positively to healthcare outcomes through their nursing practice.	3	11	Co-Faculty (Online)
Fall 2023 – Spring 2024	NRSNG 1205	Med-Surg 2 Lab (Salt Lake Community College) Through a combination of direct instruction, didactic learning, and hands-on guidance, students engage in advanced simulations and skill pass-offs that mirror real-world medical-surgical scenarios. Emphasis is placed on refining clinical judgment, decision-making, and technical proficiency. This course prepares students for more	2	12-16	Lab Instructor

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		complex patient care situations and reinforces the integration of theory into practice, setting the stage for success in subsequent clinical rotations.			
Spring 2024	NRSG 1205	Med-Surg 1 Lab (Salt Lake Community College) The curriculum blends direct instruction, didactic learning, and hands-on guidance to facilitate a comprehensive understanding of simulations and skill pass-offs. Through interactive sessions, students acquire the fundamental skills necessary for patient care, including critical assessment, intervention, and effective communication.	2	16-20	Lab Instructor
Summer 2024 - Present	NURS 4510	Global Public Health (University of Utah)	3	62	Co-Faculty (Hybrid)
Fall 2024 - Present	NURS 3010	Nutrition (University of Utah)	4	100	Lead Faculty

N. MENTORSHIP

1. Andria Wilkinson - DNP Student, 2024