

Joel Douglas Trinity, Ph.D.

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PROFESSIONAL POSITIONS

2021 -	Associate Professor with Tenure, Department of Internal Medicine, Division of Geriatrics, University of Utah
2020 - 2021	Associate Professor Research, Department of Internal Medicine, Division of Geriatrics, University of Utah
2019 -	Research Health Scientist, Geriatric Research, Education, and Clinical Center (GRECC), George E. Whalen VA Medical Center, Salt Lake City, Utah
2014 - 2020	Assistant Professor Research, Department of Internal Medicine, Division of Geriatrics, University of Utah
2013 - 2014	Research Associate, George E. Whalen VA Medical Center, Geriatric Research, Education, and Clinical Center (GRECC), Utah Vascular Research Laboratory, Salt Lake City, Utah Advisor: Russell S. Richardson, Ph.D.
2010 - 2013	Advanced Fellow, George E. Whalen VA Medical Center, Geriatric Research, Education, and Clinical Center (GRECC), Utah Vascular Research Laboratory, Salt Lake City, Utah Advisor: Russell S. Richardson, Ph.D.
2009 - 2010	Postdoctoral Fellow , Department of Internal Medicine, Division of Geriatrics, University of Utah Advisor: Russell S. Richardson, Ph.D.
EDUCATI	ON

- 2009 Doctor of Philosophy, Department of Kinesiology, The University of Texas at Austin Dissertation: Impact of Intensity and Body Temperature on Cardiovascular Responses to Exercise Advisor: Edward F. Coyle, Ph.D.
- 2004 Master of Arts, Department of Kinesiology, The University of Texas at Austin Thesis: *Maximal Power Measured During a Taper in Collegiate Swimmers* Advisor: Edward F. Coyle, Ph.D.
- 2001 Bachelor of Arts, Department of Kinesiology, Occidental College, Los Angeles, CA

1998 Undergraduate coursework in Biology, The University of California, Santa Cruz

HONORS AND AWARDS

2023	Impact Award, The American Physiology Society, Environmental and Exercise Physiology (to be awarded at the 2024 APS Summit)
2021	Selected Mentee for University of Utah Molecular Medicine (U2M2) REACH (Research Excellence Across UofU Health) Program.
2020	New Investigator Award, The American Physiological Society, Exercise and Environmental Physiology
2019	Research Award Winner (Senior Author), The American Physiological Society, Environmental and Exercise Physiology Section
2016	Selected mentee for the Training in Grantsmanship for Rehabilitation Research (TIGRR) workshop (an NIH/NICHD funded grant writing workshop)
2015	New Investigator Award, The American College of Sports Medicine
2015	University of Utah School of Medicine Loan Reduction Assistance Award
2010	Jack Borgenicht Environmental Physiology Interest Group Ph.D. student award, The American College of Sports Medicine
2008	Gordon Whaley Endowment Fellowship Department of Kinesiology, The University of Texas at Austin
2007	Professor and Mrs. Karl K. Klein Endowed Graduate Scholarship Department of Kinesiology, The University of Texas at Austin
2001	Phi Beta Kappa National Honor Society

PROFESSIONAL AFFILIATIONS

2018-	Editorial Board, Journal of Applied Physiology
2015 -	Editorial Board, American Journal of Physiology, Regulatory and Integrative Physiology
2013 -	Member of the American Physiological Society
2003 -	Member of the American College of Sports Medicine
2004 - 2008	Member, Texas Chapter of the American College of Sports Medicine

PROFESSIONAL EXPERIENCE

NATIONAL SERVICE:

2022 - National Institutes of Health RECOVER Consortium. Task Force Member – Integrative Physiology

ACADEMIC SERVICE:

- 2019 University of Utah Internal Advisory Committee (IAC) for the Center for Clinical and Translational Science (CCTS). This committee reviews and provides feedback for all research projects that utilize the University's CCTS facilities.
- 2019 Salt Lake City VA Medical Center, Alternate Voting Member for the VA Research and Development Committee (RDC). This committee reviews and approves all research performed at the Salt Lake City VA.

INVITED REVIEWER FOR PEER-REVIEWED JOURNALS:

- Acta Physiologica
- American Journal of Physiology Heart and Circulatory Physiology
- American Journal of Physiology Regulatory and Integrative Physiology
- Antioxidant & Redox Signaling (ARS)
- Applied Physiology, Nutrition, and Metabolism
- BMC Medicine
- Clinical Physiology and Functional Imaging
- Clinical Science
- Current Diabetes Reviews
- European Journal of Applied Physiology
- European Journal of Preventative Cardiology
- Experimental Physiology
- Frontiers Physiology
- Heart and Vessels
- Hypertension
- International Journal of Sports Medicine
- Journal of the American Geriatric Society
- Journal of Applied Physiology
- Journal of Gerontology: Biological Sciences
- Journal of Physiology (London)
- Journal of Spinal Cord Medicine
- Medicine and Science in Sport and Exercise
- Microcirculation
- PloS One
- Sports Medicine
- Therapeutics and Clinical Risk Management
- Trends in Cardiovascular Medicine
- Vascular Pharmacology

GRANT REVIEWER:

- National Institutes of Health (NIH) R01: Skeletal Muscle Exercise Physiology (SMEP) study section member – Fall 2023
- Veteran Affairs Office of Research and Development Clinical Science Research and Development (CSR&D) Merit Award review, Winter 2022
- National Institutes of Health (NIH) R15 AREA/REAP: Musculoskeletal, Oral and Skin Sciences (MOSS) Special Emphasis Panel – Spring 2022

- University of Utah School of Medicine VPR Seed Grant Review Winter 2022
- University of Utah CTSI Pilot Grant Review Fall 2021
- National Institutes of Health (NIH) F10B Fellowship Applications and Research Enhancement Award (R15) reviewer – Summer 2021
- National Science Foundation Physiological Mechanisms and Biomechanics Program Winter 2020 (ad hoc reviewer)
- Veteran Affairs Office of Research and Development Clinical Science Research and Development (CSR&D) Merit Award review, Summer 2019
- Veteran Affairs Office of Research and Development Rehabilitation Research and Development (RR&D) SPiRE review. Spring and Fall 2016, Spring and Fall 2017, Spring and Fall 2018
- Veteran Affairs Office of Research and Development Rehabilitation Research and Development (RR&D), VA Merit Award review. Summer 2016 and Spring 2017
- University of Utah VPR Seed Grant Competition Fall 2017
- University of Utah CCTS Pilot Grant Review Fall 2019

GATORADE SPORTS SCIENCE INSTITUTE

Consultant, July 2007

Provide presentation and overview of non-invasive measures of cardiac function to research scientists at the Gatorade Sports Science Institute.

THE UNIVERSITY OF TEXAS AT AUSTIN ATHLETICS DEPARTMENT

Consultant, October 2003 – December 2004 Perform exercise performance testing and analysis for the UT-Austin Athletics Department.

TEACHING EXPERIENCE / RESEARCH ASSISTANTSHIPS

Cardiovasomobility (NUIP 7405), Course Director, University of Utah, Department of Nutrition and Integrative Physiology, Spring 2022.

Advanced Cardiovascular Physiology, Instructor, University of Utah, Department of Nutrition and Integrative Physiology, Spring 2021.

Advanced Cardiovascular Physiology, Guest Lecturer, University of Utah, Department of Exercise and Sport Science, Fall 2010 and 2011.

Human Performance Laboratory, Research Asst. The University of Texas at Austin Department of Kinesiology and Health Education, Summer 2007 - Fall 2009

Vertebrate Physiology, Teaching Asst. The University of Texas at Austin, Department of Biological Sciences, Fall 2005 - Spring 2007

Functional Human Anatomy and Physiology I, Teaching Asst. The University of Texas at Austin, Department of Biological Sciences, Fall 2002 - Fall 2005

Functional Human Anatomy and Physiology II, Teaching Asst. The University of Texas at Austin Department of Biological Sciences, Summer 2004

LABORATORY TEACHING:

2013 -	Provide hands on training for assessment of mitochondrial function using permeabilized muscle fibers.
2010 -	Provide training/supervision for invasive human catheter-based studies to pharmacologically dissect mechanism contributing to vascular function and blood flow reduction.
2009 -	Provide hands on training in assessment of vascular function with Doppler Ultrasound to postdoctoral fellows, PhD students, and MS students in the Utah Vascular Research Laboratory

RESEARCH INTERESTS

Current research utilizes an integrative human-based approach to study cardiovascular and musculoskeletal function in health and disease. I am specifically focused on the complex interactions of oxidative stress, vascular function, and mitochondrial function in aging, disuse, and disease including hypertension and heart failure. These investigations require a unique combination of experimental approaches including the non-invasive assessment of vascular function, the intra-arterial infusion of vasoactive substances to pharmacologically dissect mechanisms contributing blood vessel dysfunction with aging and disease, and translational techniques to assess mitochondrial and endothelial cell function in-vitro.

MENTORING

2010-2015	Melissa A.H. Witman, PhD, University of Utah Role: Co-mentor during PhD training and postdoctoral fellowship Current position: Associate Professor, University of Delaware
2011-2017	Jayson R. Gifford, PhD, University of Utah Role: Co-mentor during PhD training and postdoctoral fellowship Current position: Assistant Professor, Brigham Young University
2011-2015	Matthew J. Rossman, PhD, University of Utah Role: Co-mentor during PhD training Current position: Research Assistant Professor, University of Colorado, Boulder
2011-2015	Song-Young Park, PhD, University of Utah Role: Co-mentor during PhD training Current position: Associate Professor, University of Nebraska, Omaha
2012-2016	H. Jonathan Groot, PhD, University of Utah Role: Co-mentor during PhD training Current position: Assistant Professor (Lecturer), University of Utah
2012-2015	Ryan S. Garten, PhD, University of Utah Role: Co-mentor during postdoctoral fellowship Current position: Associate Professor, Virginia Commonwealth University
2012-2016	Corey R. Hart, PhD, University of Utah Role: Co-mentor during PhD training Current position: Lead Physiologist at the United States Air Force School of Aerospace Medicine at Wright-Patterson Air Force Base
2015	Boston Poll, University of Utah.

	Role: Primary mentor for undergraduate research opportunity program (UROP).
2015–2019	Ryan M. Broxterman, PhD, University of Utah. Role: Co-mentor during postdoctoral fellowship Current Position: Research Assistant Professor, University of Utah
2015-	Jay Hydren, PhD, University of Utah Role: Co-mentor during PhD training Current position: Senior Director of Clinical Research, HealthTree Foundation
2016-2020	D. Taylor La Salle, University of Utah Role: Primary mentor during PhD training Current Position: Graduate Student, Point Loma Nazarene University.
2016-2019	Stephen Ratchford, PhD, University of Utah Role: Co-mentor during postdoctoral fellowship Current position: Clinical Development Scientist, Philips
2017-2019	James Cerbie , University of Utah Role: Primary mentor during Master's training Current Position: Director – Rebel Performance.
2017-	Soung Hun Park, MS, University of Utah Role: Co-mentor during Master's and PhD training Current Position: Third year PhD student, Department of Nutrition and Integrative Physiology.
2018-	Jesse Craig, PhD, University of Utah Role: Primary mentor during postdoctoral fellowship Current Position: Research Scientist, CDA2 Awardee, Salt Lake City VAMC
2018–2019	Caleb S. Roundy, University of Utah, Role: Primary mentor during undergraduate research opportunity program (UROP). Current Position: Engineer at Biosonix
2018-	Katherine Shields, MS, University of Utah Role: Co-mentor and PhD dissertation committee member Current Position: Medical Writer
2018-	Jeremy Alpenglow, MS, University of Utah Role: Co-mentor and PhD dissertation committee member Current Position: PhD student, Department of Nutrition and Integrative Physiology.
2019-	Angela Valentina Bisconti, PhD, University of Utah Role: Co-mentor 2019 to Summer 2022, Primary mentor since Summer 2022 Current Position: Postdoctoral Fellow in the Utah Vascular Research Laboratory
2020-2021	Alec McKenzie, PhD, University of Utah Role: Primary mentor during postdoctoral fellowship Current Position: Research Scientist – bioMerieux
2020-2022	Caitlin Fermoyle, PhD, University of Utah Role: Primary mentor during postdoctoral fellowship Current Position: Postdoctoral Fellow, University of Sydney
2021-	Rayanne Alves, MS, University of Utah Role: Primary mentor during PhD training Current Position: Graduate Student

2021	Teasha Luu, University of Utah
	Role: Primary mentor, undergraduate research opportunity program (UROP, Fall 2021)
	Current Position: Fourth year undergraduate student, Department of Health and Kinesiology
2022-	Isaac Wilcox, University of Utah
	Role: Primary mentor, undergraduate research volunteer
	Current Position: Research Assistant, Utah Vascular Research Lab
2023-	Brady Hanson, PhD University of Utah
	Role: Primary mentor during postdoctoral fellowship
	Current Position: Postdoctoral Fellow in the Utah Vascular Research Laboratory
2023-	Bradley Ruple, PhD University of Utah
	Role: Primary mentor during postdoctoral fellowship
	Current Position: Postdoctoral Fellow in the Utah Vascular Research Laboratory
2023-	Nicholas Carlini, PhD University of Utah
	Role: Co-Primary mentor during postdoctoral fellowship
	Current Position: Postdoctoral Fellow in the Utah Vascular Research Laboratory

Completed the University of Utah Research Mentor Training Program (October 2021)

PUBLICATIONS

- Joel D. Trinity, Matthew D. Pahnke, Edwin C. Reese, and Edward F. Coyle. (2006) Maximal Mechanical Power during a Taper in Elite Swimmers. Medicine and Science in Sport and Exercise. Vol 38;9 pp 1643-1649
- 2. *Joel D. Trinity*, Matthew D. Pahnke, Jill Sterkel, and Edward F. Coyle. (2008) **Maximal Power and Performance during a Swim Taper.** International Journal of Sports Medicine. 29(6): 500 506
- Edward F. Coyle and *Joel D. Trinity.* (2008) Responses to Gonzalaz-Alonso / Warburton Point: Counterpoint. Does stroke volume decline during or throughout constant power cycling? Journal of Applied Physiology. 104(1): 282-285
- Jason E. Joubert, Fernando Diefenthaeler, *Joel D. Trinity*, and Jonathan B. Dingwell. (2008) Changes in Muscle Activity and Kinematics of Highly Trained Cyclists during Fatigue. IEEE Transactions on Biomedical Engineering. 55(11): 2666 – 2674
- Matthew D. Pahnke, *Joel D. Trinity*, J.J. Zachwieja, J.R. Stofan, W.D. Hiller, E.F. Coyle. (2010) Serum Sodium Concentration Changes Are Related To Fluid Balance and Sweat Sodium Loss. Medicine and Science in Sport and Exercise. 42(9): 1669-74
- Joel D. Trinity, Matthew D. Pahnke, Joshua F. Lee and Edward F. Coyle. (2010) Interaction of Hyperthermia and Heart Rate on Stroke Volume during Prolonged Exercise. Journal of Applied Physiology,109: 745 - 751
- 7. *Joel D. Trinity*, Markus Amann, John McDaniel, Anette S. Fjeldstad, Zachary Barrett-O'Keefe, Sean Runnels, David E. Morgan, D. Walter Wray, and Russell S. Richardson. (2010) Limb Movement-

induced Hyperemia has a Central Hemodynamic Component: Evidence from a Neural Blockade Study. Am J Physiol Heart Circ Physiol, Nov; 299: H1693 - H1700

- John McDaniel, Melissa A. Hayman, Stephen J. Ives, Anette S. Fjeldstad, *Joel D. Trinity*, D. Walter Wray, and Russell S. Richardson. (2010) Attenuated Exercise Induced Hyperemia with Age: Mechanistic Insight from Passive Limb Movement. Journal of Physiology, Nov 2010; 588: 4507 -4517
- Joel D. Trinity and Russell S. Richardson. (2010) Integrative research: the key to unlocking the mysteries of chronic heart failure and skeletal muscle dysfunction (Editorial Focus). Am J Physiol Heart Circ Physiol, Dec 2010; 299: H1750 - H1752
- D Walter Wray, Melissa A.H. Witman, Stephen J Ives, John McDaniel, Anette S. Fjeldstad, Joel D. Trinity, Jamie D. Conklin, Mark A. Supiano, and Russell S. Richardson. (2011) Progressive Handgrip Exercise: Evidence of Nitric Oxide-dependent Vasodilation and Blood Flow Regulation in Humans. Am J Physiol Heart Circ Physiol, March 2011; 300: H1101 - H1107
- Joel D. Trinity, John McDaniel, Massimo Venturelli, Anette S. Fjeldstad, Stephen J. Ives, Melissa A.H. Witman, Zachary Barrett-O'Keefe, Markus Amann, D. Walter Wray, and Russell S. Richardson. (2011) Impact of body position on central and peripheral hemodynamic contributions to movement-induced hyperemia: implications for rehabilitative medicine Am J Physiol Heart Circ Physiol. May 2011; 300: H1885 - H1891
- 12. Markus Amann, Sean Runnels, David E Morgan, *Joel D. Trinity*, Anette Fjeldstad, David W Wray, Van R Reese, and Russell S Richardson. (2011) On the Contribution of Group III and IV Muscle Afferents to the Circulation Response to Rhythmic Exercise in Humans. J Physiol; Aug 2011; 589: 3855 3866
- Joel D. Trinity, Matthew D. Pahnke, Joshua F. Lee, Kenneth C. Beck, and Edward F. Coyle. (2011) Attenuated Relationship between Cardiac Output and Oxygen Consumption during High Intensity Exercise. Acta Physiol (Oxf). 2012 Mar;204(3):362-70
- Massimo Venturelli, Markus K. Amann, John McDaniel, *Joel D. Trinity*, Anette S. Fjeldstad, and Russell S. Richardson. (2011) Central and peripheral hemodynamic responses to passive-limb movement: the role of arousal. Am J Physiol Heart Circ Physiol. 2012 Jan 1;302(1):H333-9
- 15. Joel D. Trinity, H. Jonathan Groot, Gwenael Layec, Matthew J. Rossman, Stephen J. Ives, Sean Runnels, Ben Gmelch, Amber Bledsoe, and Russell S. Richardson. Nitric Oxide and Passive Limb Movement: A New Approach to Assess Vascular Function. J Physiol. 2012 Mar 15;590(Pt 6):1413-25
- 16. Zachary Barrett-O'Keefe, Melissa A. H. Witman, John McDaniel, Anette S. Fjeldstad, *Joel D. Trinity*, Stephen J. Ives, Jamie D. Conklin, Van Reese, Sean Runnels, David E. Morgan, Mikael Sander, Russell S. Richardson, and D. Walter Wray. Angiotensin-II Potentiates Alpha Adrenergic Vasoconstriction in the Elderly. Clin Sci (Lond). 2013 Mar;124(6):413-22
- 17. Zachary Barrett-O'Keefe, Stephen J. Ives, *Joel D. Trinity*, Garrett Morgan, Matthew J. Rossman, Anthony J. Donato, Sean Runnels, David E. Morgan, Benjamin S. Gmelch, Amber D. Bledsoe, Russell S. Richardson, and D. Walter Wray. **Taming the "Sleeping Giant": The Role of Endothelin-1 in the Regulation of Skeletal Muscle Flow and Arterial Blood Pressure during Exercise.** Am J Physiol Heart Circ Physiol. 2013 Jan 1;304(1):H162-9

- H. Jonathan Groot, *Joel D. Trinity*, Gwenael Layec, Matthew J. Rossman, Stephen J Ives, and Russell S. Richardson. Perfusion Pressure and Movement-Induced Hyperemia: Evidence of Limited Vascular Function and Vasodilatory Reserve with Age. Am J Physiol Heart Circ Physiol. 2013 Feb 15;304(4):H610-9
- 19. Gwenael Layec, Joel D. Trinity, Corey R Hart, Hopker J, Passfield L, Coen PM, Conley KE, Hunter GR, Fisher G, Ferguson RA, Sasaki K, Malatesta D, Maffiuletti NA, Borrani F, Minetti AE, Rice CL, Dalton BH, McNeil CJ, Power GA, Manini TM. Comments on Point: Counterpoint: Skeletal muscle mechanical efficiency does/does not increase with age. J Appl Physiol, Apr 2013; 114: 1114 1118.
- 20. Gwenael Layec, Corey R. Hart, *Joel D. Trinity*, and Russell S. Richardson. Commentary on: an (un)paralleled process? Exp Physiol, Aug 2013; 98: 1325.
- D. Walter Wray, Melissa A.H. Witman, Stephen J. Ives, John McDaniel, *Joel D. Trinity*, Jamie D. Conklin, Mark A. Supiano, and Russell S. Richardson. Does brachial artery FMD provide a bioassay for nitric oxide? Hypertension. Aug 2013; 62: 345 351.
- 22. Gwenael Layec, Luke J. Haseler, *Joel D. Trinity*, Corey R. Hart, Xin Liu, Yann Le Fur, Eun-Kee Jeong, and Russell S Richardson. Mitochondrial function and increased convective O2 transport: Implications for the assessment of mitochondrial respiration in vivo. J Appl Physiol, Sept 2013; 115, 803 811.
- 23. Joel D. Trinity, D. Walter Wray, Melissa A.H. Witman, Gwenael Layec, Zachary Barrett-O'Keefe, Stephen J Ives, Jamie D Conklin, and Russell S. Richardson. Contribution of nitric oxide to brachial artery vasodilation during progressive handgrip exercise in the elderly. AJP - Reg, Int, and Comp Physiol. Oct 2013, 305, R893-R899.
- 24. Massimo Venturelli, Markus Amann, Gwenael Layec, John McDaniel, *Joel D. Trinity*, Anette.S. Fjeldstad, Stephen J Ives, G Yonnet and Russell S Richardson. Passive leg movement-induced hyperemia with a spinal cord lesion: Evidence of preserved vascular function. Acta Phys. February 2014, 210, 429 439.
- 25. Gwenael Layec, *Joel.D. Trinity*, Corey R Hart, SE Kim, H Jon. Groot, Yann Le Fur, Jacob R Sorensen, Eun-Kee Jeong, and Russell S Richardson. In vivo evidence of an age-related increase in ATP cost of contraction in the plantar flexor muscles. Clinical Science. 2014, 126, 581-592.
- 26. Joel D. Trinity, H. Jonathan Groot, Gwenael Layec, Matthew J. Rossman, Stephen J. Ives, and Russell S. Richardson. Impact of Age and Body Position on the Contribution of Nitric Oxide to Femoral Artery Shear Rate: Implications for Atherosclerosis. Hypertension. May 2014; 63: 1019 – 1025
- 27. Joel D. Trinity, Matthew D. Pahnke, Justin R. Trombold, and Edward F. Coyle. Polyphenol antioxidant supplementation has no effect on cycling performance and cardiovascular function during exercise in the heat. Nutrients. March 2014, 6(3), 1273 1292
- Joel D. Trinity, Joshua F. Lee, Gweneal Layec. Heterogeneity of Blood flow: Impact on Muscle Specific Tissue Perfusion during Exercise. Journal of Physiology. April 2014, 592 (8), 1729 – 1730

- 29. Zachary Barrett O'Keefe, Stephen Ives, *Joel D. Trinity*, Garret R. Morgan, Matthew J Rossman, Anthony Donato, Sean Runnels, David Morgan, Benjamin Gmelch, Amber Bledsoe, Russell S. Richardson, and D. Walter Wray. Endothelin-A (ETA)-mediated Vasoconstriction during Exercise with Advancing Age. J. Gerontology: Biological Sciences. May 2014
- 30. Song-Young Park, Jayson R. Gifford, Robert H. I. Andtbacka, *Joel D. Trinity*, John R. Hyngstrom, Ryan S. Garten, Nikolaos A. Diakos, Stephen J. Ives, Flemming Dela, Steen Larsen, Stavros Drakos, and Russell S. Richardson. Cardiac, skeletal, and smooth muscle mitochondrial respiration: are all mitochondria created equal? AJP Heart & Circ Physiol, Aug 2014, 307, H346 H352.
- 31. Jayson R. Gifford, Stephen J. Ives, Song-Young Park, Robert H.I. Andtbacka, John R Hyngstrom, Michelle T. Mueller, Gerald S. Treiman, Christopher Ward, *Joel D. Trinity*, and Russell S. Richardson. α₁ and α₂ Adrenergic Responsiveness in Human Skeletal Muscle Feed Arteries: The Role of TRPV Ion Channels in Heat-induced Sympatholysis. AJP Heart & Circ Physiol, Aug 2014; 10.1152/ajpheart.00068.2014.
- 32. Anthony J. Donato, Grant D. Henson, Corey R. Hart, Gwenael Layec, *Joel D Trinity*, R. Colton Bramwell, Ryley A. Enz, R. Garrett Morgan, Kelly D. Reihl, Sugata Hazra, Ashley E. Walker, Russell S. Richardson, and Lisa A. Lesniewski. The impact of aging on adipose structure, function, and vasculature: Evidence of significant multisystem dysfunction. J Phys. Sept 2014, 592, 4083 4096
- Gwenael Layec, Corey R. Hart, *Joel D. Trinity*, Yann Le Fur, Eun-Kee Jeong, Russell S. Richardson. Skeletal muscle work efficiency with age: the role of non-contractile processes. Clinical Science, 2014, 128, 213 – 223.
- 34. *Joel D. Trinity*, Charles Y. Lui. Is Exercise Safe in Hypertension (Editorial). Journal of Clinical Cardiology. January 2014, 1(1):2
- 35. Corey R. Hart, Gwenael Layec, *Joel D. Trinity*, Xin Liu, Seong-Eun Kim, H. Jonathan Groot, Yann Le Fur, Jacob R. Sorensen, Eun-Kee Jeong, and Russell S. Richardson. Evidence of Preserved Oxidative Capacity and Oxygen Delivery in the Plantar Flexor Muscles with Age. J Gerontol A Biol Sci Med Sci, Aug 2014, 70(9) 1067-1076.
- 36. Melissa A.H. Witman, Stephen J. Ives, *Joel D. Trinity*, H. Jonathan Groot, Josef Stehlik, and Russell S. Richardson. Heart failure and movement-induced hemodynamics: Partitioning the impact of central and peripheral dysfunction. International Journal of Cardiology, 2015, (178), 232 238.
- 37. Joel D. Trinity, H. Jonathan Groot, Gwenael Layec, Matthew J. Rossman, Stephen J. Ives, David E. Morgan, Benjamin S. Gmelch, Amber D. Bledsoe, Russell S. Richardson. Passive leg movement and nitric oxide-mediated vascular function: The impact of age. AJP Heart & Circ, 2015, 308 (6), 672-679.
- 38. Melissa A.H. Witman, Ryan S. Garten, Jayson R. Gifford, H. Jonathan Groot, *Joel D. Trinity*, Josef Stehlik, Jose N. Nativi, Stavros G. Drakos, and Russell S. Richardson. Further Peripheral Vascular Dysfunction in Heart Failure Patients with a Continuous-flow Left Ventricular Assist Device: The Role of Pulsatility. JACC Heart Failure, 2015, (9), 703-711.
- 39. Gwenael Layec, *Joel D. Trinity*, Corey Hart, Seong-Eun Kim, H. Groot, Yann Le Fur, Jacob Sorensen, Eun-Kee Jeong, and Russell Richardson. The impact of age on exercise-induced ATP supply during supra-maximal plantar flexion in humans. AJP Reg & Int, 2015, 308 (6), 378-388.

- 40. H. Jonathan Groot, *Joel D. Trinity*, Gwenael Layec, Matthew J. Rossman, Stephen J. Ives, Russell S. Richardson. The Role of Nitric Oxide in Passive Leg Movement-Induced Vasodilation with Age: Insight from Alterations in Femoral Perfusion Pressure. Journal of Physiology, 2015, 593 (17) 3917-3928.
- 41. Matthew J. Rossman, *Joel D. Trinity*, Ryan S. Garten, Stephen J. Ives, Jamie D. Conklin, Zachary Barrett-O'Keefe, Melissa A. H. Witman, Amber D. Bledsoe, David E. Morgan, Sean Rennels, Van R. Reese, Jia Zhao, Markus Amann, D. Walter Wray, and Russell S. Richardson. Oral Antioxidants Improve Leg Blood Flow During Exercise in Patients with Chronic Obstructive Pulmonary Disease. AJP: Heart and Circ, 2015, 309 (5), 977-985.
- H. Jonathan Groot, MatthewJ. Rossman, *Joel D. Trinity*, Gwenael Layec, Stephen J. Ives, and Russell S. Richardson. Passive Leg Movement-Induced Vasodilation in Women: The Impact of Age. AJP: Heart and Circ, 2015, 309 (5) 995-1002.
- 43. Joel D. Trinity, Zachary Barrett-O'Keefe, Stephen J. Ives, Garrett Morgan, Matthew J. Rossman, Anthony J. Donato, Sean Runnels, David E. Morgan, Benjamin S. Gmelch, Amber D. Bledsoe, Russell S. Richardson, and D. Walter Wray. Endogenous Endothelin-1 and Femoral Artery Shear Rate: Impact of Age and Implications for Atherosclerosis. Journal of Hypertension, 2016, 34 (2), 266-273
- 44. Jayson R Gifford, Ryan S Garten, Ashley D Nelson, *Joel D. Trinity*, Gwenael Layec, Melissa A Witman, Joshua C Weavil, Tyler Mangum, Corey Hart, Cory Etheredge, Jacob Jessop, Amber Bledsoe, David E Morgan, David Walter Wray, and Russell S Richardson. Symmorphosis and Skeletal Muscle VO2max: In Vivo and In Vitro Measures Reveal Differing Constraints in the Exercise Trained and Untrained Human. Journal of Physiology, 2016, 594 (6) 1741-1751
- 45. Joel D. Trinity, D. Walter Wray, Melissa A.H. Witman, Gwenael Layec, Zachary Barrett-O'Keefe, Stephen J Ives, Jamie D Conklin, Van Reese, and Russell S. Richardson. Ascorbic Acid Improves Endothelial Function in the Elderly through a Nitric Oxide - Mediated Mechanism during Progress Handgrip Exercise. AJP Heart and Circulatory Physiology, 2016, 301 (6) H765–H774
- Joel D. Trinity, Ryan M. Broxterman, and Russell S. Richardson. Regulation of Exercise Blood Flow: Role of Free Radicals. Invited Review – Free Radical Biology and Medicine, September 2016, 98, 90-102
- 47. Gwenael Layec, Jayson R. Gifford, *Joel D. Trinity*, Corey R. Hart, Ryan S. Garten, Song Y. Park, Yann Le Fur, Eun-Kee Jeong, and Russell S. Richardson. Accuracy and precision of quantitative 31P-MRS measurements of human skeletal muscle mitochondrial function. AJP Endocrinology and Metabolism, 2016, 311 (2), E358-E366
- Song Young Park, *Joel D. Trinity*, Jayson Gifford, Nikolaos Diakos, Lauren McCreath, Stavros Drakos, and Russell S. Richardson. Mitochondrial Function in Heart Failure: The Impact of Ischemic and Non-ischemic Etiology. International Journal of Cardiology, October 2016, 220, 711-717.
- 49. Gwenael Layec, *Joel D. Trinity*, Corey R. Hart, Yann Le Fur, Jacob Sorensen, Eun-Kee Jeong, and Russell S. Richardson. **Evidence of a metabolic reserve in the skeletal muscle of elderly people.** Aging, 2017, 9 (1), 52-67

- 50. Massimo Venturelli, Gwenael Layec, *Joel D. Trinity*, Corey R. Hart, Ryan M. Broxterman, and Russell S. Richardson. Single passive leg movement induced-hyperemia: a simple vascular function assessment without a chronotropic response. JAP, 2017, 122 (1) 28-37
- 51. Gwenael Layec, Corey R. Hart, *Joel D. Trinity*, Oh Sung Kwon, Matthew J. Rossman, Ryan Broxterman, Yann Le Fur, Eun-Kee Jeong, and Russell S. Richardson. Oxygen delivery and the restoration of the muscle energetic balance following exercise: Implications for delayed muscle recovery in patients with COPD. AJP Endo & Met. (2017) in press.
- 52. Joel D. Trinity. Something is definitely better than nothing: simple strategies to prevent vascular dysfunction. Clinical Science, 2017, 131 (11), 1055-1058
- 53. Ryan M. Broxterman, *Joel D. Trinity*, Jayson R. Gifford, Oh Sung Kwon, Andrew C. Kithas, Jay R. Hydren, Ashley D. Nelson, David E. Morgan, Jake E. Jessop, Amber D. Bledsoe, and Russell S. Richardson. Single passive leg movement assessment of vascular function: The contribution of nitric oxide. JAP, 2017 (in press).
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- 55. Jesse Craig, Soung Hun Park, Marta Borrelli, Caitlin Fermoyle, Alec McKenzie, Matthew Lewis, Angela Bisconti, Ryan Broxterman, Rajasekaren Namakkal-Soorappan, Russell Richardson, Joel Trinity Two Weeks of Nrf2 Activation Improves Maximal Mitochondrial Respiration in Older Adults with Lower Starting Values. Physiology, 38, S1, 5733812.

PRESENTATIONS

- 2023 Don't forget about the vasculature! An integrative approach to optimize recovery of health following disuse. VA Field Based Planning Meeting. Recovery of Aged Muscle after Disuse Atrophy (REMEDY). Oklahoma City, Oklahoma. (3-27-2023)
- 2022 Vascular Dysfunction in Long-COVID: What We Know and What We Need to Figure Out. NIH RECOVER Research Review (R3) Seminar Series. (12-13-2022)
- 2022 Dysregulation of Redox Balance through Nrf2: Implications for Age-related Vascular and Skeletal Muscle Dysfunction. Discovery in Clinical Departments Chalk Talk Sponsored by University of Utah Molecular Medicine Program (U2M2) (10-31-2022)
- 2022 Novel Redox Pathways and Mechanisms for Physical Inactivity-driven Vascular and Skeletal Muscle Dysfunction Discovery in Clinical Departments Chalk Talk Sponsored by University of Utah Molecular Medicine Program (U2M2) (10-31-2022) (5-17-2022)
- 2021 Passive Leg Movement and the Endothelium: Looking Beyond Nitric Oxide. 71st Society Italiana di Fisiologia (SIF) National Congress. The Italian Physiological Society. Milan (online) (9-8-2021).
- 2021 An Integrative Approach to Studying Long-COVID: A Double Whammy of Vascular and Skeletal Muscle Dysfunction. University of Utah, Department of Internal Medicine, Research Seminar (1-6-2021).
- 2020 Vascular Function during Physical Inactivity: Role of Oxidative Stress. Consortium of Rural States (CORES) Annual Meeting (10-9-2020) Virtual Format.
- 2019 Dietary Nitrate, Salt Intake, and Endothelin Receptors Novel Interventions to Lower Blood Pressure and Improve Vascular Function in Hypertension. Geriatrics/GRECC Translational Research Grand Rounds
- 2019 Quail Hollow Elementary School Career Day. Assistant Professor and Research Scientist at the University of Utah. Provided hands on learning experience for elementary students.
- 2018 Research Snapshot: My Journey from Performance to Vascular Physiology. University of Utah, Health Science Research Forum
- 2018 Mechanisms of Age-Related Compensatory Vasodilation: Insight from Passive Leg Movement Experimental Biology 2018, San Diego, CA.
- 2017 Vascular and Mitochondrial Function in Health and Disease. Colorado State University, Department of Health and Exercise Science, Fort. Collins, CO.
- 2017 Novel Assessment of Vascular Endothelial Function: Movement-Induced Hyperemia & Vasodilation. VA Research Week, May 2017. George E. Whalen Veteran Affairs Medical Center, Salt Lake City Utah.
- 2017 Strategies to Optimize Post-Hospitalization Recovery: Focus on Vascular and Skeletal Muscle Function - UVRL Research in Progress
- 2016 Impact of Dietary Nitrate on Vascular Function, Blood Flow, and Blood Pressure in Hypertension - UVRL Research in Progress Meeting

- 2016 Career Opportunities after Getting Your PhD. Graduate Student Seminar Presentation. The University of Texas at Austin. Department of Kinesiology and Health Education.
- 2015 Using Exercise to Assess Central and Peripheral Cardiovascular Function: Novel Assessment of Vascular Endothelial Function: Exercise and Movement-induced Hyperemia and Vasodilation. Colloquium Presentation, Oct. 2015, Southwest American College of Sport Medicine (SWACSM), Costa Mesa, California.
- 2015 Femoral Artery Shear Rate and Aging: Contributions of Nitric Oxide and Endothelin-1. Seminar Presentation, Sept 2015, Geriatrics Research Update Conference, University of Utah Department of Geriatrics, Salt Lake City, Utah.
- 2015 Novel Assessment of Vascular Function: Exercise and Movement-Induced Hyperemia. Kansas State University, Department of Kinesiology
- 2015 Novel Assessment of Vascular Endothelial Function: Exercise and Movement Induced Hyperemia and Vasodilation. Seminar Presentation, 2015, Utah Vascular Research Laboratory and Internal Medicine Colloquium Series, Salt Lake City, Utah.
- 2014 Impact of age and body position on the contribution of nitric oxide to femoral artery shear rate: implications for atherosclerosis. 2014 Experimental Biology Annual Meeting, San Diego, CA.
- 2013 Nitric oxide-mediated vascular function in response to limb movement: the impact of age. 2013 Experimental Biology Annual Meeting, Boston, MA.
- 2012 Progressive Handgrip Exercise: Evidence of Attenuated Nitric-Oxide Dependent Vasodilation and Blood Flow Regulation with Age. 2012 American College of Sports Medicine Annual Meeting, San Francisco, CA.
- 2012 Impact of Body Position and Afferent Feedback on Central and Peripheral Hemodynamic Contributions to Movement-Induced Hyperemia: Implications for Rehabilitative Medicine. Symposium Presentation at 2012 American College of Sports Medicine annual meeting, San Francisco, CA
- 2011 Central and Peripheral Hemodynamic Contributions to Movement-induced Hyperemia: Impact of Body Position. 2011 American College of Sports Medicine annual meeting Denver, CO.
- 2010 Stroke Volume Response to Low Dose Beta Blockade during Exercise Under Normothermic and Hyperthermic Conditions. 2010 American College of Sports Medicine Annual Meeting -Baltimore, MD.
- 2007 Comparison of Non-Invasive Measures of Cardiac Output. Gatorade Sports Science Institute, Barrington, IL
- 2006 Effect of Taper Duration on the Time Course for Changes in Maximal Power of Elite Female Swimmers. 2006 American College of Sports Medicine Annual Meeting - Denver, CO.
- 2005 Maximal Power Measured during a Taper in Collegiate Swimmers, 2005 American College of Sports Medicine Annual Meeting, Nashville, TN.

GRANT SUPPORT

Current Grant Support:

VA RR&D (MPI: Trinity and Richardson)

Application: 1 I01 RX003810-01A1, Total Cost: \$1,500,000 Evaluating the Long-term Health Consequences of COVID-19 and Rehabilitation Therapies to Speed Convalescence

Role: Co-Primary Investigator

The overall goal of this project is to determine how long-COVID in Veterans impacts vascular endothelial function and health and evaluate if exercise rehabilitation with mitochondrial targeted antioxidants augments recovery.

NIH/NHLBI (PI: Trinity)

Project: 1R01HL142603-01A1 Targeting Oxidative Stress to Prevent Vascular and Skeletal Muscle Dysfunction during Disuse

Role: Principal Investigator Direct Costs: \$2,002,285 Total Costs: \$3,053,485

The major goal of this project is to identify oxidative stress as the underlying mechanism of vascular and skeletal muscle dysfunction during periods of disuse (bedrest).

VA CSR&D (PI: Trinity)

Project: I01CX001999

Targeting Oxidative Stress to Prevent Vascular and Skeletal Muscle Dysfunction during Disuse Role: Principal Investigator

Total Costs:

The major goal of this project is to examine interventions to preserve skeletal muscle and vascular function during periods of disuse (reduced activity and limb immobilization)

This project has been modified (approved by VA ORD) to avoid overlap with my other currently funded awards.

VA CSR&D (PI: Raphael)

Project: CX001695-01- VA Merit Project

Acid-base balance and kidney, bone, and muscle health in Veterans with preserved renal function Role: Co-Investigator

The major goal of this project is to determine how a normal American diet impacts acid base balance in Veterans and how this may be related to alterations in bone and muscle health

NIH/NHLBI (PI: Symons)

Project: R01HL141540

Autophagy maintains vascular function through a novel glycolysis-linked pathway regulating eNOS Role: Co-Investigator

The major objective of this project is to determine if the age-related decline in endothelial cell (EC) autophagy leads to arterial dysfunction that is secondary to impaired EC glycolysis, limited extracellular ATP accumulation, disrupted purinergic signaling to endothelial nitric oxide synthase via protein kinase $C\delta$, and suppressed nitric oxide generation.

VA CSR&D (PI: Wray)

Project: CX02152, Total Cost: \$1,200,000 Novel Approaches for Improving Vascular Function in Veterans with HFpEF Role: Co-Investigator

(07/01/2019-06/30/2024)

(07/01/2018-06/30/2022)

(11/01/2022 - 10/31/2027)

(02/01/2022-01/31/2026)

(07/01/2018-06/30/2022)

(07/01/2019-06/30/2023)

The overall goal of this project is to evaluate the efficacy of pharmacologic targeting of the nitric oxide pathway to improve vascular health in Veterans with heart failure with a preserved ejection fraction (HFpEF).

Completed Grant Support

VA RR&D (PI: Richardson)

Project: E1697-R - VA Merit Grant, Total Cost (\$1,250,000) Passive Limb Movement: A Tool to Assess Vascular Health and Guide Rehabilitation Role: Co-Investigator The major goal of this project is examine the mechanisms underlying the novel tool of passive limb movement in the assessment of vascular health across the lifespan.

University of Utah, CCTS/ NIH NCATS (PI: Trinity)

(04/09/2019-04/08/2020) Project: Vascular Dysfunction during Physical Inactivity: Role of Oxidative Stress Role: Principal Investigator Direct Costs: \$30,000 Total Costs: \$30,000 The major goal of this pilot project is to determine if reduced activity in older adults evokes oxidative stress contributing to vascular and skeletal muscle dysfunction.

UNDERGRADUATE RESEARCH OPPORTUNITY PROGRAM (UROP) (8/1/2018 - 5/1/2019)

Optimization and Verification of Doppler Ultrasound Analysis for Passive Leg Movement: Maximizing the Clinical Utility of a Novel Assessment of Vascular Function.

Role: Principal Investigator/Mentor

Direct Costs: N/A

The major goal of the undergraduate research training opportunity is to provide hands laboratory training. This project was specifically focused on optimizing Doppler ultrasound analysis for human subject research investigations.

UNIVERSITY OF UTAH CENTER ON AGING (PI: Trinity)

Project: Center of Aging Pilot Grant, Total Cost (\$20,000)

Orthostatic Hypotension and Frailty in Geriatric Hypertension Role: Principal Investigator

The major goal of this study is better understand if and how antihypertensive medications impact cerebral blood flow and orthostatic tolerance in geriatric individuals with hypertension.

AMERICAN HEART ASSOCIATION (PI: Trinity)

Project: 14SDG1850039; Scientist Development Grant (SDG), Total Cost (\$308,000) Understanding the Exercise-Hypertension Paradox: Mechanisms involved in the Exaggerated Exercise Pressor Reflex

Role: Principal Investigator

The major goal of this project is to provide a mechanistic understanding of the augmented exercise pressor reflex in hypertension.

VA RR&D (PI: Trinity)

Project: 1IK2RX001215 - Career Development Award (CDA2), Total Cost (\$890,400) Understanding the Exercise-Hypertension Paradox: Implications for Rehabilitation Role: Principal Investigator

The major goal of this project is to develop a safe and effective means of exercise rehabilitation for individuals with hypertension.

(07/01/2015-06/30/2020)

(2016 - 2017)

(01/01/2014 - 12/31/2018)

(01/01/2014 - 12/31/2018)

NATIONAL INSTITUTES OF HEALTH (NIH) RUTH L. KIRSCHSTIEN NATIONAL RESEARCH SERVICE AWARD (NRSA) POST-DOCTORAL FELLOWSHIP. Vascular function and aging: impact of exercise and oxidative stress. (2010 - 2013), Principal Investigator

DEPARTMENT OF VETERAN AFFAIRS: Advanced Fellowship in Geriatrics (2010 - 2013) **POM WONDERFUL, INC.** Effect of POMS on Endurance and Neuromuscular Power (2006 – 2007), \$140,000. Co-authored grant with Dr. Edward Coyle.

DEFENCE ADVANCED RESEARCH PROJECTS AGENCY. Cardiac Fatigue Might Limit High Intensity Exercise Performance and Be Exacerbated By Heat Stress (2006 – 2007), \$300,000. Co-authored grant with Dr. Edward Coyle.

CONGRESSIONAL APPROPRIATION: THE UNIVERSITY OF TEXAS CENTER FOR STRATEGIC AND INNOVATIVE TECHNOLOGIES (SUBCONTRACT). Cycling Performance and Cognition after Missing a Night's Sleep, (2007 – 2008). Co-investigator.

REFERENCES

Russell S. Richardson, Ph.D. (letter available upon request)

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