

ELLIE GOLDBERG, LCSW

Curriculum Vitae

ABOUT ME

I use she/her(s) pronouns.

I am an enthusiastic, trauma informed and compassionate social worker with years of diverse and impactful experience. I am a lover of the desert and the mountains, a gardener, a skier, a friend, a partner, a survivor and a mom.

SKILLS

- Warmth, empathy and compassion
- Trauma informed care on all levels
- Teaching and student development
- Individual, couples and group therapy
- Training development and implementation
- Program development, coordination, management and assessment
- Leadership, supervision and mentorship
- Partnership development and management
- Needs assessment and responsive planning
- Event and campaign planning and coordination
- Crisis intervention and conflict resolution
- Prevention and outreach
- Public speaking and presenting
- Higher education student affairs
- Field practicum instruction

EDUCATION

Masters of Social Work

University of Utah College of Social Work, 2012

Bachelors of Arts in Social Work

University of Utah College of Social Work, 2011

Associates of Science in Social Work

Salt Lake Community College, 2009

LICENSURE

Licensed Clinical Social Worker (LCSW) Utah

8528436-3501, expires September 2024

NPI: 1942644935

EMPLOYMENT

PRESENT

Assistant Professor (Clinical) | Practicum Professor

University of Utah College of Social Work

SW 6511, 6512, 6521, 6522

I collaborate with, teach and support Master of Social Work students, with a special focus on the practicum setting. I integrate curriculum content in Canvas courses, teach field labs, develop and manage partnerships with practicum placement agencies and organizations and the students' field instructors. I connect CSWE competencies and skill development, evaluate and grade students.

Therapist

Utah Center for Post Traumatic Growth

I provide strengths based, trauma informed and healing centered clinical services for individuals, couples and families.

- Emotion Focused Parenting
- Gottman Method Couples therapy
- Perinatal and birth trauma
- Trauma-Focused CBT (adolescents)
- Mind-body connection interventions
- Skills and psychoeducation
- Sexual Assault, Domestic and Family Violence specialist
- Queer and Trans Allied

2017- 2022

Assistant Director and Victim-Survivor Advocate

University of Utah Center for Student Wellness

- Trauma informed program leadership and management
- Supervision, management and mentorship of staff
- BSW & MSW practicum site supervision
- Campus & community partnership development and management
- Case management, support group facilitation, advocacy and crisis intervention for students, faculty and staff of the U
- Coordination of campus wide campaigns and trainings
- Development and management of data, documentation, assessment and evaluation
- Member of campus Clery & Title IX committees, Racist and Bias Incident Response Team and the Behavioral Intervention Team
- Expertise in sexual assault, sexual harassment, stalking, relationship violence, family violence and trafficking



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EMPLOYMENT, CONTINUED

2015- 2017

**Older Adult Services Coordinator & Staff
Therapist**

Jewish Family Service of Salt Lake

I coordinated the Older Adult Service program which included the Music & Memory Program, Caregiver Support and Care Management. I provided leadership and supervision to Older Adult Services staff, interns, and volunteers. I managed and sustained community partnerships, research partnerships, and outreach to the community. I also served on a statewide committee looking at gaps and strengths of older adult services in Utah.

As a staff therapist, I provided individual and couples therapy utilizing trauma informed, strengths based, eclectic therapeutic techniques. I co-facilitated Gottman Institute Emotion Coaching Parenting groups.

2013- 2015

Special Projects Coordinator

*Salt Lake County Office of Community Innovation
(now Office for New Americans)*

I coordinated program development, partnerships, and infrastructure for innovative community projects with minoritized communities in Salt Lake County. I obtained federal, local and charitable funding and created partnerships, and infrastructure of the Refugee Microbusiness Connection Center and Refugee Family Childcare Program. I supervised and mentored program staff, Americorps members and interns.

Crisis and Family Therapist

Salt Lake County Division of Youth Services

I provided strengths based, trauma informed assessment, treatment planning, short term intervention, and evaluation of individuals and families facing crisis.

2012- 2015

**Site Coordinator, Sunnyvale Neighborhood Center
Refugee and Immigrant Center - Asian Association of Utah**

I established and directed programming such as afterschool programs, English classes (ESL), citizenship classes, health clinics, walk in services, parenting groups, and others.

I established and maintained partnerships with state, county, and municipal agencies, businesses, schools, and non-profit and community organizations. I prepared and maintained records and reports for funders and coordinated sustainable funding and development. I hired, directed and evaluated staff, interns and volunteers. I provided direct social work services to individuals and families such as home visits, referrals, conflict resolution, and crisis intervention. I oversaw and directed maintenance, cleaning, and construction of the center facility.

Staff Therapist

Refugee and Immigrant Center - Asian Association of Utah

I provided trauma informed, culturally allied therapy for adults with refugee and immigrant backgrounds. I provided crisis intervention, assessment, treatment planning, psychotherapy, evaluation of individuals and couples. I utilized mental health interpreters for multiple languages.

TEACHING EXPERIENCE

2011-2015

Facilitator, Emotion-Focused Parenting Classes

University Neighborhood Partners (2011-2012)

Jewish Family Service (2015-2017)

I taught or co-taught Gottman Emotion-Focused Parenting courses to mandated and voluntary students.

2013-2016

Adjunct Faculty, Social Work Department

Salt Lake Community College

SW 2750 - Professional Ethics in Social Work Practice

which delved into the NASW Code of Ethics and explored the complexity of ethical decision making in social work practice.

SW 2650 - Social Welfare Policy which examines the United States' response to the needs of minoritized and disenfranchised individuals, families and communities. Included the history of systemic oppression and policy response and applied to current and local community organization and civic engagement. Included guest speakers working in policy and systems level work with housing discrimination, refugee services, school to prison pipeline policy, and legislative advocacy.

2015-2016

Adjunct Faculty, Sociology Department

Westminster University

SOC 375 - Social Welfare Policy which examines the

United States' response to the needs of minoritized and disenfranchised individuals, families and communities.

Included the history of systemic oppression and policy response and applied to current and local community organization and civic engagement. Included guest speakers working in policy and systems level work with housing discrimination, refugee services, school to prison pipeline policy, and legislative advocacy.

PUBLICATION

J.B. King, K.G. Jones, E. Goldberg, et. al., (2018)

Increased Functional Connectivity After Listening to Favored Music in Adults With Alzheimer Dementia.

The Journal of Prevention of Alzheimer's Disease - JPAD

LICENSURE AND NOTABLE TRAININGS

- Licensed Clinical Social Worker, 8528436 - 3501
- Utah Sexual Assault Crisis Counselor certificate (2012)
- Utah Domestic Violence Advocacy certificate (2012)
- Training Institute on Strangulation Prevention (2018)
- B-CBT for Suicide Prevention (2018)
- 5th-7th Annual Utah Sexual Violence conferences (2018-2021)
- 1st-3rd Annual Solving the Campus Sexual Assault and Dating Violence Puzzle: Building Cultures of Accountability to End Violence in Our Communities conferences (2019-2021)
- Clery Act Training Seminar (2019)
- National Association of Student Affairs Professionals Strategies Conferences (2018-2020)
- Certified Music & Memory Provider (2015)
- Certified Dementia Specialist (2015)
- Developmental Model of Couples Relationships (2016)
- Dr. Bessel van der Kolk on How the Body Keeps the Score - Intensive Trauma Treatment Course (2013)
- Perinatal Mood and Anxiety Disorders (40 hour training), Postpartum Support International (2023)
- Gottman Level 1 Couples Therapy (2023)

BOARD MEMBERSHIP

University of Utah College of Social Work Community Advisory Board (formerly Belle Spafford Endowment Board) Board Member (2012-2022)

Community Voices for Housing Equality Board Member and Research Volunteer (2013-2015)

Utah Health and Human Rights Board Member (2017-2019)

Utah Chapter NASW Board Member (2012-2015)

PRACTICUM EXPERIENCE

MSW - University Neighborhood Partners, Hartland Partnership Center – Community Social Work, Crisis Intervention, Community Education

BSW Practicum – Crossroads Urban Center, Legislative Advocacy, Community Organization and Food Pantry Intake

ASW Practicum – International Rescue Committee – Casework, Community Education, Job Development

CURRENT MEMBERSHIPS

National Association of Student Personnel Administrators

National Association for Behavioral Intervention and Threat Assessment

National Association of Social Workers

Postpartum Support International

AWARDS

Salt Lake County Commission on Youth Outstanding Professional (2013)

University of Utah College of Social Work Belle S. Spafford Award (2012)

University of Utah Hinckley Institute of Politics Dan Jones Future Leader (2010)

PRESENTATIONS

Compassionate Responses to Disclosures of Interpersonal Violence presented dozens of times 2017-2021 to students, faculty and staff of the University of Utah, patients and volunteers at the VA hospital, and student affairs staff of other Utah colleges and universities.

Campus Sexual Assault and Title IX 101 UCASA 40 hour sexual assault certificate training (2020)

Music and Memory for Social Service Agencies Annual Association of Jewish Family and Children's Agencies (AJFCA) conference (2016)

Trauma Informed Systems and Practices University of Utah Office of Equal Opportunity, Affirmative Action and Title IX, Title IX Hearing Members and Chairs (November, 2023)

CONTENT DEVELOPMENT

Utah Marriage Commission / Utah State University Extension, E Course, December 2023-February 2024

- Pregnancy and Postpartum Changes
- 10 Compliments Your Wife Needs to Hear
- 10 Compliments Your Husband Needs to Hear
- Understanding the Signs of an Abusive Relationship
- How to Get Out of an Abusive Relationship
- How to Connect to Resources to Help you as a Parent