

DR. ASHLEY N. GREENWELL, PHD HEC-C

Ph.D. Clinical Psychology | M.A. in Counseling



(385) 339-0022



1336 S 1100 E #102
Salt Lake City, UT 84105



(801) 901-0034



ashley@greenwellpsychology.com

EDUCATION

2005-2008

Ph.D. Combined Psychology- University of California-Santa Barbara
Dissertation: Ethnocultural Aspects of PTSD
--APA Accredited

2003-2005

M.A. in Counseling- University of California-Santa Barbara
Advisor: Dr. Merith Cosden

2001-2003

B.S. in Psychology with Honors- University of Washington
Honors Advisor: Dr. Marsha Linehan

APPOINTMENTS

2021-Present

American Psychological Association Div. 31 Ethics Revision Task Force

2020-Present

Healthcare Ethics Consultant-Nationally Certified

-American Society for Bioethics & Humanities

2020-2021

Member of APA interdivisional Task Force COVID-19 Response

2016-Present

Utah Psychological Association Board & Committee Member

- Legislative Committee Chair (2016-2019)

- Utah State Ethics Consultant (2020-Present)

2018-Present

Faculty Instructor & Clinical Assistant Professor, University of Utah
Educational & Clinical Psychology Department

2007-2008

Clinical Fellow, Harvard University School of Medicine

PROFESSIONAL SERVICE

2020-Present

Founder and Owner- Licensed Psychologist

Greenwell Psychology & Consulting

- Integrated Treatment for Chronic Stress-Related Conditions

- Expert Consultation, Speaking, & Training

2018-2020

Rostered EAP Clinician

Konterra

- Brief Interventions, Critical Incident Response, and Employee Assistance Programming for clients operating in Humanitarian, Emergency

Management, & other high stress roles

2014-2020	Clinical Director & Managing Partner <i>Utah Center for Evidence Based Treatment</i> <ul style="list-style-type: none">• Director of Clinical Staff & Mental Health Services• Founder of the Trauma, Stress, & Resilience (TSR) Program• Agency-wide Quality Assurance and Outcome Monitoring• Clinical Health Specialty Team Member
2009-2014	Psychologist, VA SLC Healthcare System <ul style="list-style-type: none">• Post-Deployment Integrated Primary Care Clinic<ul style="list-style-type: none">- Interdisciplinary team member• PTSD Clinic• Staff Clinician, Supervisor, & Media Outreach Rep• VA Hospital-wide Ethics Team Consultant
2008-2009	Clinical Postdoctoral Fellow, VA SLC Healthcare System PTSD, Primary Care, & Polytrauma Teams <ul style="list-style-type: none">• Assessment and provision of evidence-based treatments for PTSD and commonly co-morbid issues.• Member of interdisciplinary Polytrauma & Primary Care Teams,<ul style="list-style-type: none">- Comprehensive Traumatic Brain Injury Assessment
2007-2008	Predoctoral Intern, Boston Consortium, VA Boston Healthcare System <ul style="list-style-type: none">• National Center for PTSD-Women's Sciences Division: Psychotherapy for Post-Traumatic Stress Disorder and commonly co-morbid issues• Rehabilitation Psychology: Spinal Cord Injury Unit<ul style="list-style-type: none">- Member of interdisciplinary hospital team- Psychotherapy & Neuropsychological Testing
2004-2007	Child Abuse Listening and Mediation Clinic (C.A.L.M.) <i>Bilingual Therapist</i> <ul style="list-style-type: none">• Dialectical Behavior Therapy Team<ul style="list-style-type: none">- Led skills training for Borderline Personality Disorder.• Domestic Violence Team:<ul style="list-style-type: none">- Individual, family, and group therapy in Spanish.

PROGRAM
EVALUATION

2014-2020	UCEBT- Clinical Analytics Team Director
2009-2014	VA Salt Lake City PTSD Clinic Treatment Outcome Study
2004-2007	First Steps Project, SAMHSA Grant, UCSB
2003-2007	Proposition 36 California Drug Court Evaluation, UCSB

SELECTED
PRESENTATIONS

June 2002	Bonneville International Corporation <ul style="list-style-type: none">• Postvention Staff Support for Journalists covering Uvalde Shooting
April 2022	SJ Quinney College of Law, University of Utah

November 2021	<ul style="list-style-type: none"> Managing Difficult Personalities & Interactions Continuum Mind-Body Collective
October 2021	<ul style="list-style-type: none"> Equipping Yourself for Trauma Processing Treatment Salt Lake City Public Library Annual Staff Training <ul style="list-style-type: none"> Re-defining Resilience in 2021 ACBS World Conference
July 2020	<ul style="list-style-type: none"> Explorations of a Conceptualized Self in Trauma Recovery
April 2020	Modern Issues in the Ethics of Trauma Treatment <ul style="list-style-type: none"> UCEBT Webinar Training
April 2019	Utah Generations Conference <ul style="list-style-type: none"> Trauma & Dissociation Training for Clinicians
April 2019	United Nations Women's Utah Chapter <ul style="list-style-type: none"> Women's Mental Health is Paramount
March 2019	University of Utah Psychiatry Residency <ul style="list-style-type: none"> Assessing & Treating PTSD in a Primary Care Setting
January 2019	Crisis Intervention Team (CIT) Academy Training for Law Enforcement <ul style="list-style-type: none"> Introduction to MH Disorders
October 2018	Utah Department of Child and Family Services State Conference <ul style="list-style-type: none"> Workplace Wellness Strategies for high stress professions
August 2018	Utah State Legislature Interim Session- Health and Human Services <ul style="list-style-type: none"> The Utah Mental Health Workforce Shortage: Challenges and Opportunities
June 2018	Utah Department of Psychiatry Addictions Conference <ul style="list-style-type: none"> The Science of Resiliency
September 2017	Intermountain Donor Services <ul style="list-style-type: none"> Secondary Trauma and Burnout for Medical Personnel
May 2017	Northern Utah Law Enforcement Conference <ul style="list-style-type: none"> Psychological Resiliency for the Police Officer
February 2016	Salt Lake City Rape Recovery Center <ul style="list-style-type: none"> Addressing Burnout among Trauma Providers
December 2015	Utah Trauma Informed Care Network <ul style="list-style-type: none"> What Makes Trauma Treatment Work: An Update
Fall 2014	SLC Veterans Affairs Hospital <ul style="list-style-type: none"> Ethical implications of electronic records and patient access
Summer 2012	Cache County Hostage Negotiation Team <ul style="list-style-type: none"> Crisis intervention skills for police officers
Spring 2011	Utah Psychological Association <ul style="list-style-type: none"> Acceptance and Commitment Therapy Intensive
Fall 2010	Responding on the Home Front Invited Speaker <ul style="list-style-type: none"> Moral Injury: Shattered Beliefs and finding meaning

SELECTED MEDIA OUTREACH

Ethics on Call Columnist- [SimplePractice.com](#), [Pollen Magazine](#)

TV Interview KSL Expert: [Nerves high after recent Mass Shootings](#)

TV Interview KUER- Expert: Inside a student's grief counseling session after a campus tragedy
<https://kutv.com/news/local/expert-inside-a-student-grief-counseling-session-after-a-campus->

TV Interview - PTSD, Veterans and Police Officers

<http://www.ksl.com/?nid=750&sid=20290544&title=may-6-jim-matheson-ptsd>

TV Interview - Sunday Edition with Bruce Lindsey: Soldiers and PTSD

<http://www.ksl.com/index.php?sid=12375171&nid=750>

TV interview - Aggressive post-combat driving a top concern for returning troops

KSL-UTAH News Channel --- <http://www.ksl.com/?sid=14249771&nid=148>

Radio Interview - Veteran's with PTSD face tough times during the Holidays

<http://www.ksl.com/?sid=13243919>

TV-Interview KSL- Video shows AWOL soldier's final moments

<http://www.ksl.com/?nid=148&sid=12790795>

TEACHING SERVICE

2021 & 2019	Clinical Assistant Professor- U of U Graduate Course: Trauma Assessment and Treatment
Spring 2019	Faculty Instructor- U of U Graduate Course: The Social Psychology of Diversity
2011- 2020	Supervisor for U of U Clinical Psychology PhD students
2015	University of Utah Psychiatry- Trauma-Informed Assessment
2008-2014	Veterans Affairs Seminars: Diversity, PTSD, and other trauma related issues
2005-2007	Teaching Assistant - Graduate Level Family Violence Course, Inferential Statistics/SPSS Course, Career Counseling Course

SELECTED PUBLICATIONS & RESEARCH PRESENTATIONS

- Bennet, A., Greenwell, A., & Brown, J. (2011). *Predicting Treatment Engagement in veterans with PTSD*. Presented at the International Society of Traumatic Stress Studies Conference, Montreal, Canada.
- Cabrera, K., Follett, V., Grau, P., Greenwell, A., Kline, N., (2020) Explorations of conceptualized self as a key process in trauma recovery. Research Symposium. ACBS World Conference.
- Campos, E. D., Basch, J., Greenwell, A., Barazani, S., & Cosden, M. (2005, May). *Motivation predicted by severity of drug problem in Central Coast drug court*. Data presented at the American Psychological Society Conference, Los Angeles, California.
- Cosden, M., Basch, J., Campos, E., Greenwell, A., Barazani, S., & Walker, S. (2006). Effects of Motivation and Problem Severity on Court-Based Drug Treatment. *Crime & Delinquency*, 52, 599-618.
- Greenwell, A., & Allen, S. (2010). *The Path into Mental Health Treatment: An examination of outreach, clinical contacts and follow through in a Primary Care setting*. Data presented at the International Society of Traumatic Stress Studies Conference, Montreal, Canada.
- Greenwell, A.N., & Cosden, M.E. (2009). Association of Fatalism and Dissociation among Latinos Who Have Experienced Trauma. *Journal of Trauma and Dissociation*.
- Greenwell, A. N. & Bell, M. (2009) Issues of Cultural Sensitivity for Practitioners Treating Military Sexual Trauma. Chapter in Veterans' Health Initiative for Military Sexual Trauma.
- Greenwell, A.N. & Hough, S. (2008) Culture and Disability in Sexuality Studies: A Methodological and Content Analysis of the Literature. *Journal of Sexuality and Disability*, 26, 189-196.

Greenwell, A.N., Korslund, K.E., & Linehan, M.M. (2003). *An Empirical Examination of the Stigma Surrounding Individuals with Borderline Personality Disorder*. Poster presented at the Association for the Advancement of Behavior Therapy: Annual Conference, Boston, MA.

Greenwell, A., Walker, S. Patz, S., Barazani, S., Clemens, A., & Cosden. (2006). *Ethnic and Gender Differences in Social Vulnerabilities and Substance Abuse Risk Factors*. Poster Presented at Association for Psychological Science Conference.

HONORS, GRANTS, AND FELLOWSHIPS

- 2019 Outcomes Improvement Initiative Grant Designee by Utah Dept. of Health & Human Services
- 2019 Best of Utah- City Weekly, Ranked Best Psychotherapist
- 2012 Department of Veterans Affairs- Special Contribution Award
- 2012 Utah Psychological Association- Award of Appreciation
- 2008 Ray E. Hosford Dissertation Award
- 2005 Recipient of CCSP Award for Clinician Dedication
- 2003 Doctoral Scholar's Fellowship, UCSB
- Highest Award for Graduate Studies
- Graduate Studies Travel Grant Award for Presentation of Original Research Project.
- Psi Chi- National Honor's Society in Psychology
- Dean's List-University of Washington

PROFESSIONAL MEMBERSHIPS

- Association for Contextual and Behavioral Psychology
 - Reviewer for the Journal of Contextual Behavioral Science (2020-2021)
- International Society of Traumatic Stress Studies Member
- Utah Psychological Association
 - Ethics Consultant
- American Psychological Association Affiliate
 - Division 56 Trauma Psychology
 - Division 38 Health Psychology
 - Division 31 State Provincial & Territorial Affairs
 - Division 45 Ethnic Minority Issues
- The Rome Foundation- Gastropsychology

LANGUAGES

Experience conducting therapy in Spanish & English

ADVANCED CLINICAL TRAINING

- Acceptance and Commitment Therapy (Conducted by Steven Hayes with ongoing supervision by Robyn Walser, PhD)
- Advanced Motivational Interviewing (Mayo Clinic)
- Collaborative Assessment and Management of Suicidality- CAMS Trained
- Cognitive Processing Therapy for PTSD (Supervised by Patricia Resick)
- Cognitive Behavioral Conjoint Therapy for PTSD (Trained by Candice Monson)
- Cognitive Behavioral Therapy for Insomnia (Department of Defense Rollout)
- Dialectical Behavior Therapy (Mentored by Marsha Linehan and BTECH Team Intensive trained)
- Eye Movement Desensitization and Reprocessing (EMDRIA Certified training for Levels I&II)
- Health & Wellness Coaching – Mayo Clinic
- John Gottman Couples Therapy- Level II (Conducted by John Gottman)
- Montreal Cognitive Assessment (MOCA) Certified

- Prolonged Exposure for PTSD- (Conducted by Edna Foa)
- Radically Open Dialectical Behavioral therapy (Dr. Thomas Lynch)
- Seeking Safety Therapy for Co-occurring PTSD and Addictions- Supervised by Dr. Najavits