



JAMIE R. BENNETT

MS, MTRS, CTRS

CONTACT

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EDUCATION

University of Utah

Anticipated Completion - 2022

Doctor of Philosophy in Rehabilitation Sciences

College of Health

Advisor: Rhonda Nelson, Ph.D.

University of Utah

2013 – 2015

Master of Science in Parks, Recreation and Tourism;

Emphasis in Therapeutic Recreation

Department of Parks, Recreation and Tourism

Advisor: Mary Wells, Ph.D.

Thesis: "Addressing Well-Being in Early and Middle Childhood:

Recreation Therapy Interventions Aimed to Develop Skills that Create a Healthy Life."

University of Utah

2011 – 2013

Bachelor of Science in Parks, Recreation and Tourism;

Emphasis in Therapeutic Recreation

Department of Parks, Recreation and Tourism

CREDENTIALS

License: MTRS, Master Therapeutic Recreation Specialist

State of Utah

Certification: CTRS, Certified Therapeutic Recreation Specialist

National Council for Therapeutic Recreation Certification

PROFESSIONAL MEMBERSHIP

Utah Recreational Therapy Association (URTA)

Member Since 2011

American Therapeutic Recreation Association (ATRA)

Member Since 2011

APPOINTMENTS

Academic Appointments

- Fall 2020 – Current **Clinical Education Coordinator**
University of Utah
Salt Lake City, Utah
Department Chair: Lorie Richards
- Fall 2020 – Current **Instructor (Lecturer)**
University of Utah
Salt Lake City, Utah
Department Chair: Lorie Richards
- Summer Semester 2020 **Adjunct Instructor**
University of Utah
Salt Lake City, Utah
Department Chair: Lorie Richards
- Fall 2018 – Spring 2020 **Graduate Teaching Assistant**
University of Utah
Salt Lake City, Utah
Department Advisor: Sandra Negley
- Summer Semester 2019 **Adjunct Instructor**
University of Utah
Salt Lake City, Utah
Department Chair: Lorie Richards
- Spring 2017 – Fall 2018 **Online Instructor**
BYU-Idaho
Rexburg, Idaho: Remote
Department Chair: Janell Greenwood
- Spring Semester 2016 **Adjunct Instructor**
University of Utah
Salt Lake City, Utah
Department Chair: Kelly Bricker
- Fall 2014 – Spring 2015 **Teaching Assistant**
University of Utah
Department of Parks, Recreation and Tourism
Department Advisor: Sandra Negley
- 2018 – Current **Clinical Appointments**
CEO/ Consultant
Rec Therapy Solutions, Salt Lake City, Utah
- 2016 – 2018 **Assistant Director/Recreational Therapist**
Canyon Grove Academy
Pleasant Grove, Utah
Supervisor: Donna Tuisamata
- 2015 – 2017 **Director of Recreational Therapy**
CareSource
Salt Lake City, Utah
Supervisor: Tina Keates
- 2013 – 2016 **Recreational Therapist**
University Neuropsychiatric Institute
Salt Lake City, Utah
Supervisor: John Webb
- 2013 – 2016 **Challenge Course Facilitator**
University Neuropsychiatric Institute

Salt Lake City, Utah
Supervisor: Holly Badger

2013 – 2014 **Recreational Therapist**
Highland Ridge Hospital
Salt Lake City, Utah
Supervisor: Heather Brown

2013 – 2014 **Recreational Therapist**
University Autism Spectrum Disorder Clinic
Salt Lake City, Utah
Supervisor: Julia Connoly

TEACHING AND MENTORING

Courses Taught

RECTH 5828 Recreational Therapy Internship
Spring 2021, Fall 2020, Summer 2020, Spring 2020, Fall 2019, Summer 2019

RECTH 4330 Recreational Therapy and Mental Health Services
Spring 2021 (Co-Taught), Spring 2019, Spring 2018

RECTH 4310 Recreational Therapy and Older Adults
Spring 2021 (Co-Taught)

RM 371 Online: Therapeutic Recreation: Evidence Based Practice
Winter 2017, Fall 2017, Spring 2018

RM 472 Online: Therapeutic Recreation: Program Dynamics
Spring 2017

RM 473 Online: Therapeutic Recreation: Advancement of the Profession
Spring 2017, Spring 2018

RM100 Online: Recreation Management
Winter 2018

PRT 3300 Foundations of Parks Recreation and Tourism

Graduate Student Committees

Sidney Smith (MS), In progress
Committee Member

Sasha Gordon (MS), Graduated 2018
Committee Member

Student Mentored Poster Presentations:

2019 **Mindfulness for mental Health**
Poster Session, Utah Recreation Therapy Association
Annual Conference

2019 **Improving Coping Abilities in Clients with Schizophrenia and Other Psychotic Disorders**
Poster Session, Utah Recreation Therapy Association
Annual Conference

2019 **Developing Coping Skills in Adolescence**
Poster Session, Utah Recreation Therapy Association
Annual Conference

2019 **Coping Skills for Adults in an Inpatient Addiction Recovery Program**
Poster Session, Utah Recreation Therapy Association
Annual Conference

2018 **Leisure Education, Awareness, and Well-Being**

Poster Session, Utah Recreation Therapy Association
Annual Conference

2018 **Schizophrenia Spectrum and other Psychotic Disorders**

Poster Session, Utah Recreation Therapy Association
Annual Conference

2018 **Improving Self-Efficacy in Mental Health**

Poster Session, Utah Recreation Therapy Association
Annual Conference

2018 **Mindfulness and Coping Skills in Early Adolescence**

Poster Session, Utah Recreation Therapy Association
Annual Conference

SCHOLARSHIP

Publications: Peer Reviewed Journal Articles

Bennett, J., Negley, S., Wells, M., Connolly, P. (2016). Addressing well-being in early and middle childhood: Recreation therapy sills aimed to develop mental health. *Therapeutic Recreation Journal*, L(1), 21-32.

Publications: Book Chapters

Pegg, S., Stumbo, N. J., Bennett, J. (2017). "Evidence-Based Practices." *Professional Issues in Therapeutic Recreation*, 3rd Edition. (pp. 333 – 356). Urbana, IL: Sagamore Venture

Publications: Refereed Reserach Abstracts

Bennett, J. R., Belsono, R., Destroomp, M. (2020). Podcast Programming for Client Education: Implications for RT Practice. *Therapeutic Recreation Houral*, LIV(4), 50-52

Bennett, J. R., Nelson, R. (2019). Promoting Self-Care for the Recreational Therapist using the Broaden and Build Theory. *Therapeutic Recreation Journal*, LII(4), 55-58

Presentations:

2021 **Remembering Recreation and Leisure Participation as an RT: Wellness Initiatives for the Overwhelmed Recreational Therapist.**

General Session, Utah Recreation Therapy Association: Annual Conference

2021 **10 Things to know about your RT Internship**

Student Session, Utah Recreation Therapy Association: Annual Conference

2021 **Graduate School for Recreational Therapists: Is it Right for You?**

General Session, Utah Recreation Therapy Association: Annual Conference

Co-Presenters: Rhonda Nelson, Christina Coleman, Adam Parker Mikayla Pardinias

2020 **Listen Up! Evidence Supporting Podcast Use in RT Programming and Client Education**

General Session, Utah Recreation Therapy Association: Annual Conference

Co-Presenters: Rhonda Nelson, Megan Destromp (*Student)

2019 **Using Dare to Lead as a Clinical Supervision Framework**

Preconference Session, American Therapeutic Recreation Association: Annual Conference

Co-Presenter: Sandra Negley

2019 **Feel the Rhythm: Drumming Up Innovative Programming in Recreational Therapy**

General Session, American Therapeutic Recreation Association: Annual Conference

Co-Presenter: Rhonda Nelson, Mike Liston

2019 **Emotional Literacy: Addressing Well-Being in Childhood**

General Session, Utah Recreation Therapy Association: Annual Conference

2019 **Telehealth and RT: Is it in our future?**

General Session, Utah Recreation Therapy Association: Annual Conference

Co-Presenter: Heather Brown

2019 **Therapeutic Applications of Group Drumming**

General Session, Utah Recreation Therapy Association: Annual Conference
Co-Presenter: Rhonda Nelson, Mike Liston

- 2018 **Neuroscience of Learning and Implications for Recreational Therapy**
General Session, Utah Recreation Therapy Association: Annual Conference
- 2017 **Suicide Prevention and How it Applies to Recreational Therapy**
Two-part General Session, Utah Recreation Therapy Association: Annual Conference
- 2017 **Evidence-Based Internships**
General Session, Utah Recreation Therapy Association: Annual Conference
Co-Presenter: Sandra Negley,
- 2014 **Evidence Based Practice: Introduction and Application**
Half-Day Pre-Conference, American Therapeutic Recreation Association: Annual Conference
Co-Presenter: Norma J. Stumbo
- 2014 **Implementing Evidence Based Practice: Coping Skills as an Example**
General Session, American Therapeutic Recreation Association: Annual Conference
- 2014 **Design and Implementation of Evidence Based Practice**
General Session, Utah Recreation Therapy Association: Annual Conference
Co-Presenter: Mauria Tanner
- 2014 **Evidence Based Internships**
General Session, Utah Recreation Therapy Association: Annual Internship Fair
- Invited Lecturer**
- 2020 **Recreational Therapy Places, Models, and Modalities**
University of Utah, Department of Occupational and Recreational Therapies
Foundations of Recreational Therapy Course
- 2020 **Mentoring Undergraduate Research**
University of Utah, Rehabilitation Sciences Program
Ph.D. Seminar
- 2020 **Telehealth and Recreational Therapy**
Clemson University, Parks Recreation and Tourism Management
Recreational Therapy Program
- 2019 **Recreational Therapy Places, Models, and Modalities**
University of Utah, Department of Occupational and Recreational Therapies
Foundations of Recreational Therapy Course
- 2018 **Recreational Therapy Places, Models, and Modalities**
University of Utah, Department of Occupational and Recreational Therapies
Foundations of Recreational Therapy Course
- Poster Presentations**
- 2020 **Podcast Programming for Client Education: Implications for RT Practice**
Research Institute Poster Session, American Therapeutic Recreation Association
Annual Conference
- 2019 **Promoting Self-Care for the Recreational Therapist using the Broaden and Build Theory**
Research Institute Poster Session, American Therapeutic Recreation Association
Annual Conference
- 2015 **Addressing Well-Being in Early and Middle Childhood: Healthy Me! Making Me a Well-Being**
Poster Session, American Therapeutic Recreation Association
Annual Conference

SERVICE

Fall 2020 – Current

Recreational Therapy Student Association
Faculty Advisor

- Fall 2020 – Current **Utah Recreational Therapy Association**
University of Utah Faculty Representative
- 2019 – Current **National Council for Therapeutic Recreation Certification**
Board of Directors
- 2020 **American Therapeutic Recreation Association**
Research Institute Abstract Reviewer
- 2019 **American Therapeutic Recreation Association**
Research Institute Abstract Reviewer
- 2018 – 2019 **Utah Recreation Therapy Association**
Awards Committee Co-Chair
- 2017 – 2019 **Utah Recreation Therapy Association**
Past President
- 2018 – 2020 **Department of Occupational and Recreational Therapies RT Advisory Board**
University of Utah
Member
- 2017 – 2018 **Utah Recreation Therapy Association**
President
- 2017 **Therapeutic Recreation Journal**
Reviewer
- 2016 – 2017 **Utah Recreation Therapy Association**
President Elect
- 2015 **Therapeutic Recreation Journal**
Reviewer
- 2013 – 2015 **American Therapeutic Recreation Association**
Co-Chair, Student Development Committee
- 2014 – 2015 **Utah Recreation Therapy Association**
ATRA Liaison
- 2013 **Parks, Recreation, and Tourism Advisory Board**
University of Utah
Member
- 2013 **Clinical Reviewer**
Life Skills to Help Teens Balance WAY TOO MUCH Author: Sandra Negley
- 2013 **Parks, Recreation, and Tourism**
Research Assistant
On behalf of Utah Museum of Natural History
University of Utah
- 2013 **College of Health Student Appeals Committee**
University of Utah
Member

HONORS AND AWARDS

- 2019 **American Therapeutic Recreation Association**
Research Award: Best Research to Practice Poster
- 2018 **Utah Recreation Therapy Association Distinguished Service**
This award is for an individual who has helped the profession of Recreation Therapy grow

through a lifetime of commitment and service.

2015 **University of Utah Outstanding Master's Student**

This award is given to a Master's student who demonstrates professionalism, is involved in the classroom as both a student as well as a teaching assistant, and strives for academic excellence.

2014 **University of Utah TR Student of the Year**

This student must be a student enrolled as a University of Utah student, in the Therapeutic Recreation program. G.P.A. must be 3.2 or above, be a member of a professional organization, have experience with individuals with disabilities, contribute to society through volunteer work, and display a passion for TR.

2014 **Visit Salt Lake's Dianne Nelson Binger Scholarship**

This award is bestowed annually to a female student at the University of Utah in the Department of Parks, Recreation and Tourism of the College of Health. The scholarship honors Binger's example of a strong female professional in the hospitality industry, her mentoring of other women and VSL's desire to remember her in a meaningful way.

2014 **Catherine Moon Hickman Endowed Scholarship**

This award is bestowed annually to a student at the University of Utah in the Department of Parks, Recreation and Tourism of the College of Health. The scholarship honors Catherine Moon Hickman and her passion for therapeutic recreation.

2013 **Peg Connolly Scholarship**

Competitive award given to a student completing a degree in Therapeutic Recreation at an accredited university, who attained a cumulative average of at least 80% while demonstrating exceptional leadership qualities, ambition and enthusiasm for the TR profession.