# UNIVERSITY OF UTAH COLLEGE OF NURSING
# ACADEMIC VITA

## SECTION I

### A. PERSONAL DATA

**ALLISON SPOLSDOFF DNP, MS, RN**
Associate Professor
Specialty Track Director of NEAP
allison.spolsdoff@nurs.utah.edu

### B. EDUCATION

| | | |
|---|---|---|
| **DNP** | University of Utah, Post MS-DNP (Clinical) | May 2018 |
| **MS** | University of Utah, Nursing Education | May 2014 |
| **BS** | University of Utah, Nursing<br>Graduated Summa Cum Laude | May 2011 |
| **BS** | University of Utah, Human Growth & Development<br>Graduated Summa Cum Laude | May 2009 |

*Licensure*

Registered Nurse
Utah

Registered Nurse
California

Registered Nurse
Alaska

### C. EMPLOYMENT / PROFESSIONAL EXPERIENCE

**Specialty Track Director of Nursing Early Assurance Program (NEAP)**
University of Utah, College of Nursing (CON)                          2018 to Present
- Oversees pre-licensure specialty track implementation & evaluation
- Directs curriculum changes
- Implements policies and procedures
- Ensures integration of Baccalaureate Essentials in program

## C. EMPLOYMENT / PROFESSIONAL EXPERIENCE (Continued)

**Associate Professor**                                                    2019 to Present
University of Utah, College of Nursing (CON)
- Didactic Teaching (Lead)
- Clinical Teaching (Lead)
- Simulation Teaching

**Assistant Professor**                                                    2019 to Present
University of Utah, College of Nursing (CON)
- Didactic Teaching (Lead)
- Clinical Teaching (Lead)
- Simulation Teaching

**Clinical Instructor**                                                    2015 to 2019
University of Utah, College of Nursing (CON)
- Didactic Teaching
- Clinical Teaching
- Simulation Teaching

**Adjunct Graduate Clinical Instructor**                                   2014 to 2015
University of Utah, CON
- Introduction to Curriculum Development

**Adjunct Graduate Clinical Instructor**                                   2014 to 2015
University of Utah, CON
- Introduction to Curriculum Development

**Supervisory Pediatric Nurse**                                           2011 to 2015
Maxim Healthcare Services
- Training Employees
- Pediatric Hospice Visits
- Evaluation of Employees

**Adjunct Clinical Instructor**                                           2014 to 2015
University of Utah, CON
- Pediatric Simulation
- Mental Health Nursing

**Adjunct Clinical Instructor**                                           2014 to 2015
Salt Lake Community College, School of Nursing
- Mental Health Nursing
- Med/Surg Nursing

**Simulation Assistant/Lab Coordinator**                                      2014
Salt Lake Community College, School of Nursing

- Pediatric Simulation
- Mental Health Nursing

**Graduate Teaching Assistant**                                    2012 to 2014
University of Utah, CON
- Human Growth & Development Grading

## C. EMPLOYMENT / PROFESSIONAL EXPERIENCE (Continued)

**Immunizations and Wellness Clinical Charge Nurse**          2012 to 2014
Maxim Healthcare Services
- Patient Screening & Education

**Triage Nurse/Hospice Nurse**          2012
Sutter Medical Foundation, Utah & California
- California Triage Nurse
- Utah Hospice Nurse

**Mental Health Nurse, Forensic Unit**          2011 to 2012
Salt Lake Valley Mental Health
- Daily Screening/Assessment of Patients
- Court Duty

**Zyprexa Relprevv Clinic Educator/Charge Nurse**          2011 to 2012
Salt Lake Valley Mental Health
- Injections, Education, and Monitoring for Patients

**Per Diem Registered Nurse**          2011
Avalon Healthcare

## D. HONORS, RECOGNITIONS & AWARDS

**Nominated for Early Career Teaching Award**          2021
Academic Affairs, University Teaching Committee, University of Utah

**Nominated for Excellence in Teaching**          2020
Sigma Theta Tau, University of Utah College of Nursing

**Nominated for Novice Faculty Excellence in Clinical Teaching**          2018
American Association of Colleges of Nursing

**Recognized as Great Mental Health Nursing Instructor**          2018
Dean Town Hall Meeting, Mentioned Specifically "As Best of All the Instructors"

**Marriner S. Eccles Scholarship**          2016 to 2017
University of Utah, Faculty Teaching Scholarship

**19th Annual Honors for Nursing**          2013
University of Utah, Hard Work & Dedication

**Lamp of Learning Ceremony**          2009
Honors

**Leadership Scholarship**                                                                                          2005-2009
University of Utah

## E. RESEARCH AND SCHOLARLY WORK

*Journal Publications (DNP Project)*

Pawlus, A. (2020). Integrating outcome and self-efficacy expectations that influence career decisions in mental health nursing: A quality improvement project. *Perspectives in Psychiatric Care, 31(22), 77-85.*

*Published Abstract Presentations*

Edelman, L.S., Madden, C., Krahulec, M., Chase-Cantarini, S., **Pawlus, A.,** Integrating Primary Care Nursing throughout Undergraduate Nursing Curricula. 2020 Western Institute of Nursing Conference. https://win.confex.com/win/2020/meetingapp.cgi/Paper/14651 (4/2021)

Edelman, L.S., Luther, B., Madden, C., Garrett, T., Krahulec, M., Garrett, L., Chase-Cantarini, S., Hart, S., **Pawlus, A.,** Transforming Primary Care Nursing Roles through Education and Clinical Practice Initiatives: The University of Utah Nurse Education, Practice, Quality and Retention Program. Western Institute of Nursing Annual Meeting. (4/2021)

*Unpublished Poster Presentations*

Pawlus, A. (2018*). Integrating outcome and self-efficacy expectations that Influence career decisions in mental health nursing: A quality improvement project.* Poster session presented at Ogden Surgical-Medical Society Conference.     2018

Pawlus, A. (2014*). Best practices to improve attitudes of undergraduate nursing students towards mental health nursing.* Poster session presented at 38th Snowbird CME Conference.     2014

## F. PRESENTATIONS/GUEST LECTURES

**Question, Persuade, and Refer (QPR) Certification**     2019-present
University of Utah, CON

**HRSA Nursing Workforce Diversity Grant Team Information**     2019-present
University of Utah, CON

**Nursing Recruitment (NEAP)**
**Simulation and Nursing Fun Days**     2019-present
Granite Technical Institute, West High School, Bryant Middle School

**Leader of Breakout Session for Workshop:**     2018
**CTLE's Annual Teaching Symposium, Topic: First Day of Class**
Marriott Library, CON

**Substance Abuse: Street Drugs & Effects**          2015 to 2018
University of Utah, CON
Utah Neuropsychiatric Institute


**Code Blue Training**          2017 to 2018
Utah Neuropsychiatric Institute, CON

**LEAP Informative Sessions**          2017 to 2018
University of Utah, CON

**Be a Nurse: Perceptions of Nursing**          2016 to 2018
University of Utah, School of Medicine

**Promoting Healthy Relationships for Patients with Mental Illness**          2017
Utah Neuropsychiatric Institute

**Leader for Workshop: Self-Reflection, Meditation, & Growth**          2017
Utah Neuropsychiatric Institute

**Applying to Nursing at the University of Utah**          2016 to 2017
University of Utah, CON

**Best Practices to Improve Attitudes of Undergraduate**          May 2015
**Nursing Students towards Mental Health Nursing**
University of Utah, CON

**Master Synthesis: Best Practices to Improve Attitudes**          2014
**of Undergraduate Nursing Students towards Mental Health Nursing**
University of Utah, CON

**NURS 3110- Nurse Systems/Population: Vulnerable Populations**          2014
University of Utah, CON

**NURS 6017- Nursing Ed Residency: Active Teaching Techniques**          2014
University of Utah, CON

**NURS 6017- Nursing Ed Residency: Critical Thinking Skills**          2013 to 2014
University of Utah, CON

**Nursing Fundamentals: Influenza Vaccinations**          2013 to 2014
Salt Lake Community College, School of Nursing

**Ventilator Training**          2012 to 2015
Maxim Healthcare Services

**How to Care for Pediatric Patients**          2012 to 2015
Maxim Healthcare Services

## F.  PRESENTATIONS/GUEST LECTURES (Continued)

| | |
|---|---|
| **Tracheostomy Care Training**<br>Maxim Healthcare Services | 2012 to 2015 |
| **Seizure Precautions & Medications**<br>Maxim Healthcare Services | 2012 to 2015 |
| **Help Us Fight Infection**<br>Maxim Healthcare Services | 2012 to 2015 |
| **Wellness Clinic Training & Education**<br>Maxim Healthcare Services | 2012 to 2015 |
| **Adolescence & Neurological Development**<br>University of Utah, CON | |
| **Adolescent Development & Bullying**<br>University of Utah, CON | 2013 |
| **Eating Disorders & Self-Esteem**<br>University of Utah, CON | 2013 |
| **Zyprexa Relprevv Injection Training**<br>Salt Lake Valley Mental Health | 2011 to 2012 |
| **Breast is Best: The Benefits of Breastfeeding**<br>Salt Lake Health Center | 2011 |

## G.  PROFESSIONAL ORGANIZATIONS & SERVICE

*College of Nursing Committees*

| | |
|---|---|
| Career Line Review Committee<br>Member | 2020/2023 |
| NEPQR Executive Committee<br>Member | 2019 to Present |
| HRSA Nursing Workforce Diversity Grant Team<br>Recruitment/Attainment & NEAP Information/Statistics | 2019 to Present |
| MICU Family Satisfaction Survey for Quality Improvement (NEAP)<br>Organizer/Co-Manager | 2018 to Present |

| | |
|---|---|
| Student and Community Engagement Advisory Committee<br>Member | 2018 to Present |
| Baccalaureate Curriculum Committee<br>Member | 2018 to Present |
| Sigma Theta Tau International Honor Society of Nursing (STTI)<br>Member | 2018 to Present |
| Baccalaureate Admissions and Advancement Sub-Committee<br>Voting Member | 2018 to Present |
| Faculty Advisor for Pre-Nursing LEAP Program<br>Recruit nursing students and lead information sessions | 2016 to Present |
| Baccalaureate Admissions and Advancement Committee<br>Member | 2015 to Present |
| Baccalaureate Program Committee<br>Member/Meeting Leader for specific months | 2015 to Present |
| Nursing Education Committee<br>Member | 2015 |
| Nursing Clinical Rubric Writing Committee<br>Member | 2015 |

_Health Sciences Center Committees_

| | |
|---|---|
| Wasatch Front Health Science Partnership Committee<br>Member | 2018 to Present |
| Science, Technology, Engineering, and Mathematics<br>(STEM) Outreach Committee<br>Member | 2018 to Present |
| Academy of Health Science Educators<br>Member | 2018 to Present |

## G. PROFESSIONAL ORGANIZATIONS & SERVICE (Continued)

*Professional Organizations*

| | |
|---|---|
| American Psychiatric Nurses Association (APNA) | 2017 to Present |
| National League for Nursing (NLN) | 2015 to Present |
| Utah Nurses Association (UNA) | 2013 to Present |
| American Nurses Association Member | 2013 to Present |

## H. COMMUNITY SERVICE

**Friendship Manor Assisted Living**
Teacher/Visitor/Group Leader, Salt Lake City, every Thursday, 2010 to Present

**Huntsman Mental Health Institute (HMHI) Volunteer**
Therapy Group Volunteer, 2017 to Present

**Religious Summer School Teacher**
Educator/Teacher, American Fork, 2010 to Present

**Care Source Home Health & Hospice**
End-of-Life Nursing Volunteer, 2017 to 2018

**American Diabetes Association: Utah Chapter**
Diabetes Camp Volunteer, Camp ICANDO, 2017

**Utah Neuropsychiatric Institute Volunteer**
Receiving Center Volunteer for Therapy & Crisis Management, over 72 hours, 2017

**Utah Neuropsychiatric Institute Volunteer**
Intimate Relationship Lectures, Group Therapy, & Assessments, over 144 hours, 2017

**National Alliance on Mental Illness Stigma Free Walk**
Booth Education Volunteer, Liberty Park, 2017

**Salt Lake Behavioral Health**
Out of the Darkness Community Walk Booth Volunteer, Liberty Park, 2017

**Creation/Development of Positive Psychology Exercise: Implemented at Utah Neuropsychiatric Institute**
Utah Neuropsychiatric Group Therapy Volunteer, over 68 hours, 2016

## H. COMMUNITY SERVICE (Continued)

**Dirty Dash**
Medical/Water Assistant, Midway, 2012 to 2016

**Special Olympics**
Volunteer, Salt Lake City 2009 to 2016

## I. OTHER

*Certifications/Trainings/Conferences*

**Diversity Symposium**
**American Association of Colleges of Nursing (AACN) 2021**
Salt Lake City, Utah

**Question, Persuade, and Refer (QPR) Professional Training (Instructor)**
**Practical and Proven Suicide Prevention 2020**
Salt Lake City, Utah

**AACN Leadership Workshop Conference**
American Association of Colleges of Nursing, 2019
Phoenix, AZ

**Creating Innovative Nursing Curriculums Conference**
American Association of Colleges of Nursing, 2018
New Orleans, LA

**Navigating Through a Sea of Change: Educating Nurses to take the Helm Conference**
American Association of Colleges of Nursing, 2018
New Orleans, LA

**Holistic Admission Review in Academic Nursing Workshop**
American Association of Colleges of Nursing, 2018
University of Utah, CON

**2nd Annual Advocacy Preparation Conference**
Preparing nurses and health professionals for advocating effectively
Utah Nurses Association, 2017

**27th Annual Utah Nurses Association Conference**
Healthy Nurse: Healthy Utah
Utah Nurses Association, 2017

**Youth Mental Health First Aid Trained**
8-hour course, Farmington, 2017

**Applied Suicide Intervention Skills Certified**
18-hour workshop training, Ogden, 2017

## I. OTHER (Continued)

*Certifications/Trainings/Conferences*

**Leadership 1 Seminar: Foundations in Leadership Conference**
27-hour workshop, Salt Lake City, 2017

**Issues in Pediatric Care Conference**
16-hour workshop, Salt Lake City, 2017

**SHEC's Cultural Competency Resource Guide Spotlight Webinar Series: Mental Health in Ethnically Diverse LGBTQIA and Youth Groups**
Volunteer to help organize, advertise, and manage event, 2017

**VA Salt Lake City Health Care System**
Rapid Response Alert Certified, 2009

**VA Salt Lake City Health Care System**
Physical Therapy: Moving Patient for ADLs Certified, 2009

## SECTION II

## J. CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

*Courses Taught Over Past 7 Years*

**Associate Professor**                                                     Summer 2024
University of Utah, College of Nursing

NURS 4530- 3 Credits, Psychiatric Nursing: Didactic Lead Instructor
NURS 4512- 3 Credits, Population-Based Care: Clinical Lead Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
Simulation (Mental Health)- 10% FTE

**Associate Professor**                                                     Spring 2023
University of Utah, College of Nursing

NURS 4530- 3 Credits, Psychiatric Nursing: Didactic Lead Instructor
NURS 4512- 3 Credits, Population-Based Care: Clinical Lead Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic
Simulation (Mental Health)- 10% FTE

**Associate Professor**                                                                        Fall 2023
University of Utah, College of Nursing

NURS 4530- 3 Credits, Psychiatric Nursing: Didactic Lead Instructor
NURS 4512- 3 Credits, Population-Based Care: Clinical Lead Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
Simulation (Mental Health)- 10% FTE

**Associate Professor**                                                                     Summer 2022
University of Utah, College of Nursing

NURS 4530- 3 Credits, Psychiatric Nursing: Didactic Lead Instructor
NURS 4512- 3 Credits, Population-Based Care: Clinical Lead Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
Simulation (Mental Health)- 10% FTE

**Assistant Professor**                                                                       Spring 2022
University of Utah, College of Nursing

NURS 4530- 3 Credits, Psychiatric Nursing: Didactic Lead Instructor
NURS 4512- 3 Credits, Population-Based Care: Clinical Lead Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
Simulation (Mental Health)- 10% FTE

**Assistant Professor**                                                                        Fall 2021
University of Utah, College of Nursing

NURS 4530- 3 Credits, Psychiatric Nursing: Didactic Lead Instructor
NURS 4512- 3 Credits, Population-Based Care: Clinical Lead Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
Simulation (Mental Health)- 10% FTE

**Assistant Professor**                                                                     Summer 2021
University of Utah, College of Nursing

NURS 4530- 3 Credits, Psychiatric Nursing: Didactic Lead Instructor
NURS 4512- 3 Credits, Population-Based Care: Clinical Lead Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
Simulation (Mental Health)- 10% FTE

**Assistant Professor**                                                                       Spring 2021
University of Utah, College of Nursing

NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor

# UNIVERSITY OF UTAH COLLEGE OF NURSING
# ACADEMIC VITA

## J. CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

**Assistant Professor**        Fall 2020
University of Utah, College of Nursing

NURS 4530- 3 Credits, Psychiatric Nursing: Didactic & Clinical Lead Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
Simulation (Mental Health)- 10% FTE

**Assistant Professor**        Summer 2020
University of Utah, College of Nursing

NURS 4530- 3 Credits, Psychiatric Nursing: Lead Didactic & Clinical Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
Simulation (Mental Health)- 10% FTE

**Assistant Professor**        Spring 2020
University of Utah, College of Nursing

NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor

**Assistant Professor**        Fall 2019
University of Utah, College of Nursing

NURS 4530- 2 Credits, Psychiatric Nursing: Clinical Team Member Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
Simulation (Mental Health)- 10% FTE

**Clinical Instructor**        Fall 2018
University of Utah, College of Nursing

NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
NURS 6081- 1 Credit, Nursing Education Practicum: Teaching and Assessment: Didactic Team Member

**Clinical Instructor**        Summer 2018
University of Utah, College of Nursing

NURS 6080- 1 Credit, Practicum: Curriculum Development & Evaluation: Didactic Single Instructor
NURS 4530- 2 Credits, Psychiatric Nursing: Clinical Team Member Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor

## J. CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

**Clinical Instructor**                                                                          Spring 2018
University of Utah, College of Nursing

NURS 6017- 3 Credits, Nursing Education Residency: Didactic Single Instructor
NURS 3305- 4 Credits, Foundations of Clinical Nursing: Clinical Team Member Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor

**Clinical Instructor**                                                                          Fall 2017
University of Utah, College of Nursing

NURS 4530- 2 Credits, Psychiatric Nursing: Clinical Team Member Instructor
NURS 2400- 3 Credits, Exploring Nursing: Didactic Lead Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor

**Clinical Instructor**                                                                          Summer 2017
University of Utah, College of Nursing

NURS 6080- 1 Credit, Nursing Education Practicum: Didactic Single Instructor
NURS 4530- 2 Credits, Psychiatric Nursing: Clinical Team Member Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor

**Clinical Instructor**                                                                          Spring 2017
University of Utah, College of Nursing

NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
NURS 2400- 3 Credits, Exploring Nursing: Didactic Lead Instructor

**Clinical Instructor**                                                                          Fall 2016
University of Utah, College of Nursing

NURS 4530- 2 Credits, Psychiatric Nursing: Clinical Team Member Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
NURS 2400- 3 Credits, Exploring Nursing: Didactic Lead Instructor

**Clinical Instructor**                                                                          Summer 2016
University of Utah, College of Nursing

NURS 6018- 3 Credits, Simulation in Nursing Education: Didactic Single Instructor
NURS 4530- 2 Credits, Psychiatric Nursing: Clinical Team Member Instructor
NURS 3410- 6 Credits, Acute Care Practicum: Clinical Team Member Instructor

## J. CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

**Clinical Instructor**                                                                             Spring 2016
University of Utah, College of Nursing

NURS 3350- 4 Credits, Clinical Management 1: Didactic Team Member Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
NURS 3410- 6 Credits, Acute Care Practicum: Clinical Team Member Instructor

**Clinical Instructor**                                                                             Fall 2015
University of Utah, College of Nursing

NURS 4530- 2 Credits, Psychiatric Nursing: Clinical Team Member Instructor
NURS 2100- 3 Credits, Human Growth & Development: Didactic Lead Instructor
NURS 2400-3 Credits, Exploring Nursing: Didactic Team Member Instructor
NURS Interprofessional Education Faculty Facilitator: 0.5 Credits, Team Member Instructor

**Adjunct Graduate Instructor**                                                               Spring 2014
University of Utah, College of Nursing

NURS 6011- 3 Credits, Intro to Nursing Curriculum and Classroom Instruction: Didactic Team
Member Instructor
NURS 4625- 2 Credits, Pediatric Nursing Clinical: Simulation Single Instructor

**Adjunct Instructor**                                                                         Spring 2014-2015
Salt Lake Community College, School of Nursing

NSG 2600- 3 Credits, Mental Health Nursing: Didactic Lead Instructor
NSG 2205- 2 Credits, Med/Surg Nursing II Clinical: Clinical Lead Instructor
NSG 1705- 2 Credits, Med/Surg Nursing I Clinical: Clinical Lead Instructor

*Development of New Courses*

**Re-Design of NURS 4530: Mental Health Didactic Course (HYBRID)**          2023-present
Creation and complete re-development of didactic course, 3 credits
Focusing on mental health and mental health simulations

**NURS 4512: Population Based Care Course**                                          2020-present
Creation and development of clinical course, 3 credits
Focusing on primary care clinical, community clinical, and mental health clinical

**NURS 4530: Mental Health Didactic Course**                                        2020-present
Creation and complete re-development of didactic course, 3 credits
Focusing on mental health and mental health simulations

**NEAP Canvas Courses**                                                                                          2018-present
Create Canvas pages, announcements, and modules for each NEAP cohort
Development of annual NEAP Handbooks


**NEAP Website Revisions**                                                                                       2018-present
Extensive revisions to NEAP webpages including overview,
eligibility, application, and FAQs
Creation, development, and implementation of new NEAP advertisements

**NURS 4530- 2 Credits, Psychiatric Nursing (Clinical):**                                          2017
**Chronic Paranoid Schizophrenic Simulation Scenario**
Re-wrote chronic paranoid schizophrenic simulation scenarios and
implemented new scenarios with students, peer evaluation completed

**NURS 2100- 3 Credits, Human Growth & Development**                                          2016
New curriculum development by transferring entire course to be online
New syllabus, curriculum, lectures/video lectures, quizzes, and assignments

**NURS 2400- 3 Credits, Exploring Nursing**                                                           2016
Development & implementation of new curriculum for hybrid course
New Syllabus, lectures, guest speakers, and assignments

**NURS 6080- 1 Credit, Practicum: Curriculum Development & Evaluation**         2016
Complete design of new curriculum with Director of program
New syllabus, curriculum, lectures/video lectures, contract, and assignments

**NCLEX Review Session for 4th Semester Nursing Students**                              2016
Students reached out for me to create and teach a NCLEX review session
Session focused on mental health nursing, common illnesses, medication
calculations and dosing, and medication side effects

**NURS 6011- 3 Credits, Intro to Nursing Curriculum and Classroom Instruction**   2014
New curriculum development and implementation with Dr. Connie Madden
New syllabus, curriculum, lectures/video lectures, quizzes, and assignments

**NURS 6018- 3 Credits, Simulation in Nursing Education**                                    2016
New Curriculum development and implementation
New syllabus, lectures, curriculum, and assignments


_Mentorship with Students_

_Graduate Student Supervision: Master's Thesis / Projects_

- 2020. Student MS, RN, Graduate Mental Health Preceptor. _Chronic Paranoid Schizophrenia Simulation Effective Debriefing_

- 2020. Student MS, RN, Human Growth Development Preceptor. *Teaching Older Adult Human Growth and Development Modules Online*

- 2019. Student MS, RN, Graduate Mental Health Preceptor. *Therapeutic Communication and the Basics: How to Interact with Mental Health Patients*

- 2015. Student MS, RN, Graduate Mental Health Preceptor. *Critical Analysis of Introducing Electroconvulsive Therapy Prep Work for First Time Patients*

*DNP Project Chair/Mentor*

- 2021. *Stress reduction exercises to improve health, wellness, and academic progress in nursing early assurance program students by using Mindfulness-Based Stress Reductiontechniques: A practice improvement project.*

- 2020. *Neurocognitive disorders: Dementia and Major Neurocognitive disorderlearning modules.*

- 2016. *Simulation Training to Improve Psychiatric Nurse Practitioner Adherence to Veterans Affairs/Department ofDefense Clinical Practice Guidelines for Post-Traumatic Stress Disorder: A Practice Improvement Project*

*Nursing Early Assurance Program (NEAP) and Pre-Nursing Student Mentor*

*Utah (Area Health Education Center) AHEC Mentor*
- *8-12 Students per semester through AHEC (2019-present)*

*Nurse Education, Practice, Quality, and Retention (NEPQR) NEAP Mentor*
- *4-6 Students per semester awarded NEPQR scholarship (2019-2021)*

*NEAPs*
- *42-75 NEAP students over 3 different NEAP cohorts*