

JUSTINE SHEEDY-KRAMER

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***Professional Summary:** Experienced dance educator and artist with expertise in ballet and pointe technique, choreography and repertoire, music theory and history, dance history and pedagogy, and a wide range of world dance forms. Significant involvement and leadership experience in a variety of arts organizations, as well as excellent familiarity with program development and artistic collaboration.*

Teaching Experience

Higher Education

2016 – Present	<p><i>University of Utah: School of Dance – Salt Lake City, UT</i></p> <p>Adjunct Associate Professor (2022-Present), Adjunct Assistant Professor (2016-2022)</p> <p>Instructor: Character Dance (BALLE 2300 / 2310) Ballet Technique (BALLE 2290 / 3290 / 4290 / 4590 & DANC 3311 / 4311) Pointe Technique (BALLE 2200 / 3200 / 4200 / 4500) Music (BALLE 1500 / 2500 & DANC 1640 / 2640)</p> <p>Choreographer: Gala: Carmen (Spring 2022) Fall Concert I (Fall 2021) Utah Ballet II (Spring 2021) Utah Ballet I (Fall 2020)</p> <p>Advisor: Character Dance Ensemble (arranging guest master classes, coordinating international research tours, assisting with grants and community workshops, mentoring student teaching and research, and restaging over two decades of repertoire)</p>
2012 – 2015	<p><i>Utah Valley University: Department of Dance – Orem, UT</i></p> <p>Lecturer (2014-2015) and Adjunct Instructor (2012-2014, 2015)</p> <p>Instructor: Ballet Technique (DANC 227R / 427R) Pointe (DANC 221R / 321R / 421R) Character Dance (DANC 2250 / 2260) Music for Ballet Dancers (DANC 3150) Senior Capstone I (DANC 4350)</p>
2013 – 2014	<p><i>University of Utah: Department of Ballet – Salt Lake City, UT</i></p> <p>Adjunct Assistant Professor</p> <p>Guest Director: Character Dance Ensemble for Utah Ballet production Rehearsal Assistant: <i>Weaker</i> (Shayla Bott) in Ballet Ensemble production</p>
2008	<p><i>University of Utah: Department of Undergraduate Studies – Salt Lake City, UT</i></p> <p>Adjunct Assistant Professor</p> <p>Co-Instructor: Teaching in Higher Education (UGS 6000)</p>
2006 – 2008	<p><i>University of Utah: Department of Ballet – Salt Lake City, UT</i></p> <p>Graduate Instructor and Teaching Assistant</p> <p>Instructor: Ballet Basics for Non-Majors (BALLE 1170)</p> <p>Teaching Assistant: Elements of Music (BALLE 1500) Ballet Class Music (BALLE 2500) Advanced Character Dance (BALLE 4320)</p> <p>Substitute Instructor: Ballet Technique (BALLE 2290) Pointe/Variations (BALLE 2200) Character Dance (BALLE 2300)</p>

Studios and Schools

2012 – Present	<p><i>SLC Ballet</i> – Salt Lake City, UT</p> <p>Coach, Consultant, and Substitute Instructor (2020 – Present)</p> <ul style="list-style-type: none">▪ Competition choreographer and coach (UBC: 2023 Denver High Gold, YAGP: 2020 Salt Lake City Top 12), music coordinator, and guest instructor (Ballet, Pointe, Choreography, and Screendance) <p>Teacher (2012 – 2020)</p> <ul style="list-style-type: none">▪ Teaching and choreographing for all levels of Ballet Technique, Pointe, Repertoire, Character Dance, and Adult Ballet <p>Operations Director (2013 – 2019)</p> <ul style="list-style-type: none">▪ Coordinating performances and student programs, managing financial strategy, developing community outreach opportunities, editing studio documents and marketing materials, arranging and editing music, and assisting with client communications
2019 – Present	<p><i>Ballet West Academy</i> – Salt Lake City, UT</p> <p>Character Dance Instructor</p>
2013 – 2014 and 2005 – 2008	<p><i>The Dance Company</i> – Salt Lake City, UT</p> <p>Ballet and Pointe Teacher</p>
2011 – 2012	<p><i>New Haven Ballet</i> – New Haven, CT</p> <p>Ballet and Pointe Teacher</p>
2010 – 2012	<p><i>Joni's Dance Center</i> – Hamden, CT</p> <p>Modern Dance and Ballet Teacher</p>
2008 – 2010	<p><i>Saint Mary's Hall</i> – San Antonio, TX</p> <p>Ballet Teacher and Co-Director of Middle/Upper School Dance Program</p> <ul style="list-style-type: none">▪ Artistic Director and choreographer for annual full-length ballet production▪ Production Director for annual contemporary showcase▪ Co-Director of curriculum courses for over 70 students
2006 – 2008	<p><i>The Waterford School Ballet Academy</i> – Sandy, UT</p> <p>Ballet and Creative Movement Teacher</p> <ul style="list-style-type: none">▪ Interim Director (Summer 2008)

Guest Teaching: Workshops & Summer Intensives

2016 – 2022	<p><i>Utah Ballet Summer Intensive</i> – Salt Lake City, UT</p> <p>Character Dance, Ballet Technique, and Pointe Teacher</p>
2016-17, 2020-22	<p><i>Ballet West Academy Summer Intensive</i> – Salt Lake City, UT</p> <p>Pointe, Choreography, and Repertoire Teacher</p>
2020, 2022	<p><i>Ballet Northwest</i> – Olympia, WA</p> <p>Ballet Guest Teacher and Character Dance Choreographer</p>
2019	<p><i>American College Dance Association</i></p> <p>“Dances of the Silk Road” and “Character Dance” Guest Teacher</p>
2017	<p><i>Murray School District</i> – Murray, UT</p> <p>World Dance Guest Teacher</p> <ul style="list-style-type: none">▪ Elementary school residency working with over 500 elementary students in a three-week period in preparation for the Murray High School Centennial Celebration

2014 – 2016	<i>Mountain West Ballet</i> – Sandy, UT Audition Teacher & Adjudicator
2015	<i>Emerald Ballet Theatre</i> – Bellevue, WA Ballet, Pointe, and Variations Teacher; Dance in Higher Education Lecturer
2015	<i>Wasatch Ballet Conservatory</i> – Lindon, UT Ballet, Pointe, Variations, and Music Teacher
2014 – 2015	<i>Lifeshouse Performing Arts Academy</i> – Salem, UT Ballet and Character Dance Teacher

Education

2008	<i>University of Utah</i> – Salt Lake City, UT Master of Fine Arts – Ballet: Emphasis in Teaching/Choreography
2006	<i>University of Utah</i> – Salt Lake City, UT Bachelor of Fine Arts – Ballet: Emphases in Teaching, Performance, and Character Dance Minor in Business

Community & University Activities

2016 – Present	<i>University of Utah: School of Dance, Ballet Program</i> Coordinator: annual collaboration with Utah Philharmonia’s Halloween Concert Audition instructor: Ballet Program auditions (2019 and 2020 touring, 2021 and 2022 local) Faculty Advisor: Character Dance Ensemble <ul style="list-style-type: none"> ▪ Choreographer for community collaborations ▪ Repetiteur of two decades of Ensemble choreography, music, and research material ▪ Coordination of international research tours and virtual master classes
2015 – Present	<i>Wasatch Symphony</i> – Salt Lake City, UT Violinist Board Member and Treasurer (2018 to Present) <ul style="list-style-type: none"> ▪ Responsible for accounting, grant writing, and financial stewardship for nonprofit entity
2006 – Present	<i>Eastern Arts</i> – Salt Lake City, UT Choreographer, Assistant Dance Director, Community Liaison, Dancer, and Musician <ul style="list-style-type: none"> ▪ <i>WorldDance</i> and <i>Norooz</i> productions ▪ School and community lecture/demonstration programs
2022	<i>Salt Lake Ballet Cooperative</i> Choreographer for <i>Phases</i> performance, in collaboration with “Darling & Debonair” Musician and Music Coordinator for <i>Winter Spirits</i>
2017 – 2020	<i>International Movement & Music Collective</i> – Salt Lake City, UT Artistic Director <ul style="list-style-type: none"> ▪ Choreographer for multiple new works and historical recreations ▪ Composed and transcribed traditional world music for multi-instrumental collaborations
2019, 2020	<i>Salt Lake Symphony</i> – Salt Lake City, UT Guest Choreographer: <i>Family Concert</i>

2013 – 2015	<p><i>Utah Valley University</i></p> <p>Guest Instructor for recruitment activities (Dance Department and German Program)</p> <p>Student choreography mentor (Choral Program)</p>
2012	<p><i>Turnaround Arts Initiative: Roosevelt Elementary School – Bridgeport, CT</i></p> <p>Guest Instructor</p> <ul style="list-style-type: none"> ▪ Weekly dance classes and choreography workshops for an elementary school in inner-city Bridgeport, as part of a grant from the President’s Committee on the Arts and the Humanities
2011 – 2012	<p><i>Ted Hershey Dance Marathon – Hartford, CT</i></p> <p>Dancer for <i>CONNetic Dance</i>, <i>Dimensional Dance</i>, and <i>Forte Vita Dance Project</i></p>
2011	<p><i>Exit 12 Dance Company / Quinnipiac University Department of Theatre – Hamden, CT</i></p> <p>Guest Dancer for <i>The Antigone Project Revisited</i></p>
2009 – 2010	<p><i>University of the Incarnate Word Orchestra – San Antonio, TX</i></p> <p>Violinist</p>
2009	<p><i>Cecchetti Council of America, Southwest Division – San Antonio, TX</i></p> <p>Guest Instructor</p>
2008 – 2009	<p><i>San Antonio College Orchestra – San Antonio, TX</i></p> <p>Violinist</p>
2008	<p><i>Artist Foundation of San Antonio – San Antonio, TX</i></p> <p>Judge for the Dance Category Grant Semi-Finals</p>
2007 – 2008	<p><i>ArtsBridge: Newman Elementary – Salt Lake City, UT</i></p> <p>Program Designer and Instructor for World Dance & Music classes</p>
2003 – 2008	<p><i>University of Utah: School of Music</i></p> <p>Guest Choreographer and Dancer for the Utah Philharmonia and Wind Ensemble</p> <p>Violinist in the University of Utah Campus Symphony</p>
2002 – 2008	<p><i>University of Utah: Department of Ballet</i></p> <p>Dancer, Choreographer, Coordinator, Mentor, and Representative</p> <ul style="list-style-type: none"> ▪ Coordinator for Graduate Performances (2007 & 2008) ▪ Co-Representative for the Graduate Student Advisory Council (2007 – 2008) ▪ Choreographer and Dancer for Senior Concert (2006 & 2008) ▪ Mentor for Freshman Mentoring Program (2006 – 2007) ▪ Choreographer and Dancer for Ballet Showcase (2003 – 2007) ▪ Dancer for Ballet Ensemble (2003 – 2007)
2003 – 2007	<p><i>University of Utah: Middle East & Central Asia Conference</i></p> <p>Choreographer and Dancer</p>
2005	<p><i>University of Utah: Modern Dance Department</i></p> <p>Choreographer, Dancer, and Musician for collaborative concert “Spotlight Go”</p>
1999 – 2002	<p><i>Washington Academy of Performing Arts: Into the Arts Program – Redmond, WA</i></p> <p>Assistant Instructor in dance classes for students with additional needs</p>

Presentations & Publications

- 2016 *Sheedy-Kramer, J. (2015). The Symphony and the Ballet: Select Compositions of Tchaikovsky as an Educational Tool for Music and Ballet.*
The Journal of the Utah Academy of Sciences, Arts and Letters, Vol. 92. 47–65.
- 2015 *The Symphony and the Ballet: Select Works of Tchaikovsky as Collaborative Communication Tools in Music and Dance Education*
Utah Academy of Sciences, Arts and Letters: 2015 Annual Conference. March 27, 2015.
- 2009 *“Adriana Castro” and “Coppélia”*
The Shield. Volume IV, Issue II: Summer 2009.
- 2008 *Music and Dance History through Composer and Choreographer Collaboration*
Department of Ballet, University of Utah: Research Presentation Series. April 18, 2008.
- 2008 *The Choreographer and Composer Collaborative Project*
Center for Teaching & Learning Excellence, University of Utah: TA Scholars Conference. April 2, 2008.
- 2007 *Romanticism and Classicism in Ballet and Music*
University of Utah: University TA Conference. August 18, 2007.

Research Highlights

Music for Character Dance: Authentic Foundations & Expanded Resources

With initial grant support sought in 2022, this research focuses on developing an expanded repertoire of music for character dance accompaniment. The final dissemination of this research will be to provide a broader scope of character dance music via an accompaniment album with global perspectives and authentic resources for enhancing classical ballet pedagogy.

Juxtaposing Dance Forms of the Caucasus for Cross-Cultural Communication

Identifying stylistic connections between ballet and ethnic dance forms of Armenia, Azerbaijan, and Georgia; and using this material to promote communication and understanding amongst ethnic groups through dance. “Gantiadi” and “Samaia” developed in 2014, with further development as part of CDE repertoire and community engagement in 2021 and 2022. Primary source research for Azerbaijani and Georgian dance forms in 2015 and 2017, with “Yalli: Isti Ruh” and “Gagnili Biliki” presented in 2017.

Community Engagement Programs in Dance

Analyzing how classical ballet and world dance forms can best serve a broader community through case studies and experience with programs such as ArtsBridge (2008), Character Dance Ensemble (2003-Present), Eastern Arts (2003-Present), Into the Arts (1999-2002), Murray School District (2017), and Turnaround Arts (2012).

Educational Tools for Collaboration in Music and Ballet

Identifying collaborative tools for music and ballet students through the practical application of Tchaikovsky’s symphonies and ballets. Presented research for annual conference, with paper published in refereed journal of the Utah Academy of Sciences, Arts, and Letters (2016).

Persian Classical Dance and Structured Improvisation

Choreography and structured improvisation based on Persian poetry, in collaboration with national and international guest artists from 2009 to present. Selected to perform culminating solo at *Star Night* in Boston (2015).

MFA Thesis/Major Works (2006-2008)

“From Birth Till Death: Finding an Effective Balance in Artistic Collaboration”
“Verge and The Firebird: An Exploration of Choreography and Live Music”

Baroque Music and Dance

"Baroque Dance: A Resource Guide for Ballet and Music" Mentored by Dr. Margaret Rorke, School of Music (2007-2008)

Collaborative Development between Choreographers and Composers

"Through the Shadows" – Developed through the 2007-08 TA Scholars Program and presented at the 2008 *Graduate Concert*

Ethnic Dance Traditions of the Bukharan Region of Uzbekistan

"Bukharan Suite" – Presented at *WorldDance* and at the Beijing Dance Academy

Certifications, Memberships & Supplemental Training

2021 – Present	<i>CORPS de Ballet International</i> Member
2020	<i>Hybrid Classroom Bootcamp</i> University of Utah – Center for Teaching & Learning Excellence
2017	<i>Safety of Minors: Code of Conduct & Reporting Obligations Training</i> University of Utah – Youth Protection and Program Support
2008	<i>Higher Education Teaching Specialist</i> University of Utah – Center for Teaching & Learning Excellence

Awards, Grants, & Selected Scholarships

2007 – 2008	<i>Teaching Assistant Scholars Program</i> <ul style="list-style-type: none">Created the Choreographer & Composer Collaborative Project to develop interdisciplinary opportunities between the Department of Ballet and School of Music
2005 – 2007	<i>Fine Arts Honors House Scholar</i> <ul style="list-style-type: none">Selected by the College of Fine Arts to live in the collaborative learning environment of the Emma Eccles Jones Fine Arts Honors House
2004	<i>Tatiana Popova Award for Dance & Choreography</i> <ul style="list-style-type: none">Research grant for choreographic development based on ethnic dance traditions from the Bukharan and Ferghana regions of Uzbekistan
2003 – 2008	<i>Fine Arts Advisory Board Scholarship</i> <i>Enid & Walter Cosgriff Memorial Scholarship</i> <i>Olga V. Alexandria Scholarship</i>

Dance Education & Performance History

2003 – Present	<i>Eastern Arts</i> – Salt Lake City, UT <ul style="list-style-type: none">Tours to London, Los Angeles, New York City, San Francisco, and VancouverElementary school lecture/demonstrations and annual Persian New Year performancesAnnual performances for <i>WorldDance</i> as a dancer, choreographer, and collaborator with international artists and musicians
2021 – 2022	<i>Character Dance Ensemble: Masterclass Series</i> <ul style="list-style-type: none">Workshops with international instructors specializing in dance traditions from Afghanistan, Azerbaijan, Blackfeet Nation, East Turkestan, Guinea, Tajikistan, Ukraine, and Uzbekistan.

2019	<i>Dvorana Dance Ensemble</i> – Prague, Czech Republic <ul style="list-style-type: none"> Folk dance intensive featuring dances of Bohemia, Moravia, Slovakia, and the Czech Republic Choreography presented in Character Dance Ensemble’s exchange presentation
2016	<i>International Iranian Dance Conference III</i> – Los Angeles, CA <ul style="list-style-type: none"> Workshop and performance studies in the folk dances of Azerbaijan
2015	<i>International Iranian Dance Conference II</i> – Boston, MA <ul style="list-style-type: none"> Workshops and performance studies in regional dances of Iran and Azerbaijan Selected to perform as a soloist amongst international artists for <i>Star Night</i>, in collaboration with musicians from Boston and Iran
2015	<i>Hungarian Dance Academy</i> – Budapest, Hungary <ul style="list-style-type: none"> Ballet and folk dance intensive, featuring traditional forms of the Csárdás Choreography presented in Character Dance Ensemble’s exchange performance
2010 – 2012	<i>Dimensional Dance/Ballet Theatre Company</i> – New York City, NY & Hartford, CT
2010 – 2012	<i>CONNetic Dance</i> – Hartford, CT <ul style="list-style-type: none"> Principal and Soloist roles, including Snow White in <i>Snow White & The Huntsman</i>
2011	<i>New Haven Ballet</i> – New Haven, CT
2003 – 2008	<i>Character Dance Ensemble</i> – Salt Lake City, UT <ul style="list-style-type: none"> Research tours in Canada, China, England, Russia, and Spain
2002 – 2008	<i>University of Utah: Department of Ballet</i> – Salt Lake City, UT
2005 – 2006	<i>Utah Contemporary Ballet</i> – Salt Lake City, UT
2000 – 2001	<i>Burklyn Ballet Theatre</i> – Johnson, VT <ul style="list-style-type: none"> Performances at the Edinburgh Fringe Festival
1997 – 2002	<i>Washington Academy of Performing Arts</i> – Redmond, WA
1991 – 1997	<i>Pacific Northwest Ballet School</i> – Seattle, WA

Selected Choreography & Creative Research Projects

2022	<i>Cursive</i> Youth America Grand Prix <i>Winding</i> Utah Ballet Summer Intensive <i>Seville Acapella</i> University of Utah School of Dance – Gala: <i>Carmen</i>
2021	<i>Threshold</i> University of Utah School of Dance – Fall Concert I <i>Intermission</i> University of Utah School of Dance – Utah Ballet II (in collaboration with the University of Utah Campus Symphony) <i>Dream Scene from “Don Quixote”</i> Staging for University of Utah School of Dance – Utah Ballet II
2020	<i>Ebb & Flow</i> University of Utah School of Dance – Utah Ballet I

	<p><i>Umbra Vita and Antiquaria</i> Youth America Grand Prix</p> <p><i>Hungarian Dance No. 5</i> Salt Lake Symphony: Family Concert (and restaged for Ballet Northwest)</p>
2019	<p><i>Yorqin Osmon</i> SLC Ballet: Norooz Celebration</p> <p><i>The Firebird (Berceuse and Finale) and Swan Lake (Act IV)</i> Salt Lake Symphony: Family Concert</p>
2018	<p><i>Coppélia (Csárdás, Spanish Dolls, Weavers, Cobblers, and Waltz of the Hours)</i> Staging and original choreography for SLC Ballet: Spring Gala</p> <p><i>Don Quixote (Sola a Gitana and Fandango)</i> SLC Ballet: Spring Gala</p> <p><i>Ephemeral Essenti, La Concorrenza, and Supernova</i> SLC Ballet: Spring Gala</p> <p><i>Janana</i> International Movement & Music Collective: Norooz Celebration (Collaboration with the Qais Essar Ensemble)</p>
2017	<p><i>Gragnili Biliki</i> International Movement & Music Collective: WorldDance</p> <p><i>Converge and Rohpatem</i> SLC Ballet: Spring Gala</p> <p><i>Trochi Balbatni</i> SLC Ballet: Spring Gala <ul style="list-style-type: none"> Also performed in Prague (2019) and Florence (2018) as part of Character Dance Ensemble repertoire </p> <p><i>Yalli: Isti Ruh</i> SLC Ballet: Norooz Celebration & WorldDance</p>
2016	<p><i>Gilaki Rice Dance</i> SLC Ballet: Eccles Theater Grand Opening/WorldDance</p> <p><i>Golden Trice and Sunset Helix</i> SLC Ballet: Spring Gala</p>
2015	<p><i>Excerpts from Don Quixote</i> Staging and original choreography for SLC Ballet: Spring Gala</p> <p><i>The Unexpected Empress</i> Collaborative choreography project for Character Dance Ensemble & Solo Artists: WorldDance</p> <p><i>Darchini</i> SLC Ballet: WorldDance</p> <p><i>Qashqai</i> Utah Valley University: WorldDance</p> <p><i>Party Scene and Snow Scene</i> SLC Ballet: "The Nutcracker" (also 2016-2018)</p>
2014	<p><i>Gantiadi, Seguidilla, and Yablochko</i> Character Dance Ensemble: Utah Ballet & WorldDance performances <ul style="list-style-type: none"> <i>Gantiadi</i> also performed in Prague (2019) as part of Character Dance Ensemble repertoire </p> <p><i>Samaia</i> Utah Valley University: WorldDance performance</p> <p><i>Charleston Suite</i> SLC Ballet: Salt Lake City Library commission</p>
2013	<p><i>Waltz of the Flowers</i> SLC Ballet: "The Nutcracker"</p>

2012	<p><i>Bojnordi</i> SLC Ballet: WorldDance (Based on the cultural and historical research of Robert DeWarren)</p> <p><i>The Wiz</i> Roosevelt Elementary: "Turnaround: Arts" Program</p>
2010	<p><i>Don Quixote</i> Staging and original choreography for full-length production at Saint Mary's Hall</p>
2009	<p><i>Coppélia</i> Staging and original choreography for full-length production at Saint Mary's Hall</p>
2008	<p><i>Slip Away</i> Saint Mary's Hall: "Kaleidoscope" Contemporary Showcase</p> <p><i>With What is Left</i> University of Utah: Senior Concert</p> <p><i>Baroque Suite</i> University of Utah: Interdisciplinary graduate research project</p> <p><i>A Silent Departure and Through the Shadows</i> University of Utah: Ballet Graduate Concert</p>
2007	<p><i>The Firebird</i> University of Utah: Utah Philharmonia Concert</p> <p><i>Verge</i> University of Utah: MFA Major Work</p> <p><i>Reclaiming Beauty and Parallel Strings</i> University of Utah: Ballet Graduate Concert</p> <p><i>Russian Sailors' Dance</i> University of Utah: Wind Ensemble Concert</p>
2006	<p><i>Khachaturian Waltz and Orfeo ed Euridice</i> University of Utah: Utah Philharmonia Concert</p> <p><i>Left Unsaid</i> University of Utah: MFA Minor Work</p> <p><i>From Birth Till Death</i> University of Utah: MFA Major Work (Collaborative Venture with Film Department Senior Project)</p>
2005	<p><i>L'Histoire du Soldat (Tango)</i> University of Utah: Utah Philharmonia Concert</p> <p><i>Shades of Sorrow</i> University of Utah: Ballet Showcase & Senior Concert</p>
2004	<p><i>Vibrant Harmony</i> University of Utah: Ballet Showcase</p> <p><i>Bukharan Suite</i> Character Dance Ensemble: WorldDance performance <ul style="list-style-type: none"> Also performed in St. Petersburg (2007) and Beijing (2006) </p>
2003	<p><i>The Storm</i> University of Utah: Ballet Showcase</p>

Video samples, references, and additional materials are available upon request.