

# JUSTINE M. SHEEDY-KRAMER

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***Professional Summary:** Experienced dance educator and artist with expertise in ballet and pointe technique, choreography and repertoire, dance history and pedagogy, music theory and history, and a wide range of world dance forms. Significant involvement and leadership experience in a variety of arts organizations, as well as excellent familiarity with program development and artistic collaboration.*

## Teaching Experience

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### Higher Education

- 2016 – Present      *University of Utah: School of Dance, Ballet Program* – Salt Lake City, UT  
Adjunct Assistant Professor
- Instructor: Character Dance I and II
- 2012 – 2015      *Utah Valley University: Department of Dance* – Orem, UT  
Lecturer (2014-2015) and Adjunct Instructor (2012-2014, 2015)
- Instructor: Ballet Technique II and IV, Pointe II-IV, Character Dance, Music for Ballet Dancers, and Senior Capstone I
  - Guest Teacher: Dance as an Art Form and Orientation to Dance
- 2013 and 2014      *University of Utah: Department of Ballet* – Salt Lake City, UT  
Adjunct Assistant Professor
- Guest Director: Character Dance Ensemble; choreography and staging presented in Utah Ballet production
  - Rehearsal Assistant: *Weaker* (Shayla Bott) in Ballet Ensemble production
- 2008      *University of Utah: Department of Undergraduate Studies* – Salt Lake City, UT  
Adjunct Assistant Professor
- Co-Instructor: Teaching in Higher Education (graduate/doctoral course in university pedagogy)
- 2006 – 2008      *University of Utah: Department of Ballet* – Salt Lake City, UT  
Graduate Instructor and Teaching Assistant
- Instructor: Ballet Basics for Non-Majors
  - Teaching Assistant: Elements of Music, Music for Ballet Class, and Character Dance
  - Substitute Instructor: Ballet Technique, Pointe/Variations, and Character Dance

### Studios and Schools

- 2012 – Present      *SLC Ballet* – Salt Lake City, UT  
Operations Director (2013 – Present)
- Coordinating performances and student programs, managing financial strategy, developing community outreach opportunities, editing studio documents and marketing materials, arranging music, and assisting with client communications
- Teacher (2012 – Present)
- Teaching and choreographing for all levels of Ballet Technique, Pointe, Repertoire, Character Dance, and Adult Ballet
- 2013 – 2014  
and 2005 – 2008      *The Dance Company* – Salt Lake City, UT  
Ballet and Pointe Teacher

- 2011 – 2012            *New Haven Ballet* – New Haven, CT  
Ballet and Pointe Teacher
- 2010 – 2012            *Joni's Dance Center* – Hamden, CT  
Modern Dance and Ballet Teacher
- 2008 – 2010            *Saint Mary's Hall* – San Antonio, TX  
Ballet Teacher and Co-Director of Middle/Upper School Dance Program
  - Artistic Director and choreographer for annual full-length ballet production
  - Production Director for annual contemporary showcase
  - Co-Director of curriculum courses for over 70 students
- 2006 – 2008            *The Waterford School Ballet Academy* – Sandy, UT  
Ballet and Creative Movement Teacher
  - Interim Director (Summer 2008)

### Guest Teaching: Workshops & Summer Intensives

- 2016 – 2018            *University of Utah Summer Ballet Intensive* – Salt Lake City, UT  
Character Dance Teacher
- 2017                      *Murray School District* – Murray, UT  
Guest World Dance Teacher
  - Elementary school residency working with over 500 elementary students in a three-week period in preparation for the Murray High School Centennial Celebration
- 2016 – 2017            *Ballet West* – Salt Lake City, UT  
Pointe, Choreography, and Repertory Teacher
- 2014 – 2016            *Mountain West Ballet* – Sandy, UT  
Audition Teacher & Adjudicator
- 2015                      *Emerald Ballet Theatre* – Bellevue, WA  
Ballet, Pointe, and Variations Teacher; Dance in Higher Education Lecturer
- 2015                      *Wasatch Ballet Conservatory* – Lindon, UT  
Ballet, Pointe, Variations, and Music Teacher
- 2014 – 2015            *Lifeshouse Performing Arts Academy* – Salem, UT  
Ballet and Character Dance Teacher

### Education

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- 2008                      *University of Utah* – Salt Lake City, UT  
Master of Fine Arts – Ballet: Emphasis in Teaching/Choreography
- 2006                      *University of Utah* – Salt Lake City, UT  
Bachelor of Fine Arts – Ballet: Emphases in Teaching, Performance, and Character Dance;  
Minor in Business

## Community & University Activities

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2017 – Present	<i>International Movement &amp; Music Collective</i> – Salt Lake City, UT Artistic Director
2016 – Present	<i>University of Utah: School of Dance, Ballet Program</i> Faculty Advisor for Character Dance Ensemble Coordinator for Utah Philharmonia Halloween Concert collaboration
2015 – Present	<i>Wasatch Community Symphony Orchestra</i> – Salt Lake City, UT Violinist Board Member and Treasurer (2018 to Present)
2012 – Present	<i>Eastern Arts</i> – Salt Lake City, UT Choreographer, Assistant Dance Director, Community Liaison, Dancer, and Musician <ul style="list-style-type: none"><li>▪ <i>WorldDance</i> and <i>Norooz</i> productions</li><li>▪ School and community lecture/demonstration programs</li></ul>
2016, 2019	<i>Salt Lake Symphony</i> – Salt Lake City, UT Guest Choreographer: <i>The Firebird</i> and <i>Swan Lake</i> Student Choreography Mentor & Coordinator
2013 – 2015	<i>Utah Valley University: School of the Arts</i> Guest Instructor (Dance Department High School Day program, 2013-2015) Student choreography mentor ( <i>When Voices Combine</i> Concert, 2014)
2013	<i>Utah Valley University: Department of Languages and Cultures</i> Assistant Dance Instructor for German Day recruitment program
2012	<i>Turnaround Arts Initiative: Roosevelt Elementary School</i> – Bridgeport, CT Guest Instructor <ul style="list-style-type: none"><li>▪ Dance classes and choreography workshops for an elementary school in inner-city Bridgeport, as part of a grant from the President’s Committee on the Arts and the Humanities</li></ul>
2011 – 2012	<i>Ted Hershey Dance Marathon</i> – Hartford, CT Dancer for <i>CONNetic Dance</i> , <i>Dimensional Dance</i> , and <i>Forte Vita Dance Project</i>
2011	<i>Quinnipiac University Department of Theatre/Exit 12 Dance Company</i> – Hamden, CT Guest Dancer for <i>The Antigone Project Revisited</i> .
2009 – 2010	<i>University of the Incarnate Word Orchestra</i> – San Antonio, TX Violinist
2009	<i>Cecchetti Council of America, Southwest Division</i> – San Antonio, TX Guest Instructor for Fall Seminar
2008 – 2009	<i>San Antonio College Orchestra</i> – San Antonio, TX Violinist
2008	<i>Artist Foundation of San Antonio</i> – San Antonio, TX Judge for the Dance Category Grant Semi-Finals
2007 – 2008	<i>ArtsBridge: Newman Elementary</i> – Salt Lake City, UT Program Designer and Instructor for World Dance & Music classes

- 2003 – 2008      *University of Utah: School of Music*  
 Guest Choreographer and Dancer for the Utah Philharmonia and Wind Ensemble  
 Violinist in the University of Utah Campus Symphony
- 2002 – 2008      *University of Utah: Department of Ballet*  
 Dancer, Choreographer, Coordinator, Mentor, and Representative
  - Coordinator for Graduate Performances (2007 & 2008)
  - Co-Representative for the Graduate Student Advisory Council (2007 – 2008)
  - Choreographer and Dancer for Senior Concert (2006 & 2008)
  - Mentor for Freshman Mentoring Program (2006 – 2007)
  - Choreographer and Dancer for Ballet Showcase (2003 – 2007)
  - Dancer for Ballet Ensemble (2003 – 2007)
- 2003 – 2007      *University of Utah: Middle East & Central Asia Conference*  
 Choreographer and Dancer
- 2005              *University of Utah: Modern Dance Department*  
 Choreographer, Dancer, and Musician for collaborative concert “Spotlight Go”
- 1999 – 2002      *Washington Academy of Performing Arts: Into the Arts Program – Redmond, WA*  
 Assistant Instructor in dance classes for students with special needs

## Presentations & Publications

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- 2016              *Sheedy-Kramer, J. (2015). The Symphony and the Ballet: Select Compositions of Tchaikovsky as an Educational Tool for Music and Ballet.*  
 The Journal of the Utah Academy of Sciences, Arts and Letters, Vol. 92. 47–65.
- 2015              *The Symphony and the Ballet: Select Works of Tchaikovsky as Collaborative Communication Tools in Music and Dance Education*  
 Presenter – 2015 Annual Conference. Utah Academy of Sciences, Arts and Letters. March 27, 2015.
- 2009              *“Adriana Castro” and “Coppélia”*  
The Shield. Volume IV, Issue II: Summer 2009.
- 2008              *Music and Dance History through Composer and Choreographer Collaboration*  
 Lecturer – Research Presentation Series. Department of Ballet, University of Utah. April 18, 2008.
- 2008              *The Choreographer and Composer Collaborative Project*  
 Presenter – TA Scholars Poster Presentation. Center for Teaching & Learning Excellence, University of Utah. April 2, 2008.
- 2007              *Composer and Choreographer Collaboration*  
 Guest Lecturer – Music for Dancers. Department of Ballet, University of Utah. September 5, 2007.
- 2007              *Romanticism and Classicism in Ballet and Music*  
 University TA Conference, University of Utah. August 18, 2007.

## Awards, Grants, & Selected Scholarships

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- 2007 – 2008      *Teaching Assistant Scholars Program*  
Created the Choreographer & Composer Collaborative Project to develop interdisciplinary opportunities between the Department of Ballet and School of Music
- 2005 – 2007      *Fine Arts Honors House Scholar*  
Selected by the College of Fine Arts to live in the collaborative learning environment of the Emma Eccles Jones Fine Arts Honors House
- 2004              *Tatiana Popova Award for Dance & Choreography*  
Research grant for choreographic development based on ethnic dance traditions from the Bukharan region of Uzbekistan
- 2003 – 2008      *Fine Arts Advisory Board Scholarship*  
*Enid & Walter Cosgriff Memorial Scholarship*  
*Olga V. Alexandria Scholarship*

## Certifications

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- 2017              *Safety of Minors: Code of Conduct & Reporting Obligations Training*  
University of Utah – Youth Protection and Program Support
- 2008              *Higher Education Teaching Specialist*  
University of Utah – Center for Teaching & Learning Excellence

## Research Highlights

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- 2013 – Present      *Juxtaposing Caucasian Dance Forms for Cross-Cultural Communication*
- Identifying stylistic similarities between ballet and ethnic dance forms of Armenia, Azerbaijan, and Georgia; and using this material to promote communication and understanding amongst ethnic groups through dance.
  - “Gantiadi” and “Samaia” presented in 2014. Primary source research for Azeri and Georgian dance forms in progress with workshops held in 2015 and 2017, with “Yalli: Isti Ruh” and “Graghili Biliki” presented in 2017.
- 2008 – Present      *Community Outreach Programs in Dance*
- Analyzing how classical ballet and world dance forms can best serve a broader community through case studies and experience with programs such as ArtsBridge, Eastern Arts, Into the Arts, Murray School District, and Turnaround Arts.
  - Examining the growth of adult ballet programs in the United States, with particular interest in levels of student experience versus technical and artistic applications. Primary objectives include best practices in beginning ballet study for adults, evaluating special considerations for the non-traditional ballet student, and developing artistic opportunities for the adult dancer.
- 2015              *Educational Tools for Collaboration in Music and Ballet*
- Identifying collaborative tools for music and ballet students through the practical application of Tchaikovsky’s symphonies and ballets. Presented research for annual conference, with paper published in refereed journal of the Utah Academy of Sciences, Arts, and Letters.

- 2015 *Persian Classical Dance and Structured Improvisation*
- Choreography and structured improvisation based on Persian poetry, in collaboration with national and international guest artists. Selected to perform culminating solo at *Star Night* in Boston.
- 2006 – 2008 *MFA Thesis/Major Works*
- “From Birth Till Death: Finding an Effective Balance in Artistic Collaboration”
  - “Verge and The Firebird: An Exploration of Choreography and Live Music”
- 2007 – 2008 *Baroque Music and Dance*
- “Baroque Dance: A Resource Guide for Ballet and Music”
- 2007 – 2008 *Collaborative Development between Choreographers and Composers*
- “Through the Shadows” – Developed through the TA Scholars Program and presented at the 2008 *Graduate Concert*
- 2004 – 2006 *Ethnic Dance Traditions of the Bukharan Region of Uzbekistan*
- “Bukharan Suite” – Presented at *WorldDance* and at the Beijing Dance Academy

## Dance Education & Performance History

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- 2003 – Present *Eastern Arts* – Salt Lake City, UT
- Tours to London, Los Angeles, New York City, San Francisco, and Vancouver
- 2016 *International Iranian Dance Conference III* – Los Angeles, CA
- Workshop and performance studies in the folk dances of Azerbaijan
- 2015 *International Iranian Dance Conference II* – Boston, MA
- Workshops and performance studies in regional dances of Iran and Azerbaijan
  - Selected to perform as a soloist amongst international artists for *Star Night*
- 2015 *Hungarian Dance Academy* – Budapest, Hungary
- Ballet and folk dance intensive, featuring folk forms of the Csárdás
  - Choreography presented in Character Dance Ensemble’s exchange performance
- 2010 – 2012 *Dimensional Dance/Ballet Theatre Company* – New York City, NY & Hartford, CT
- 2010 – 2012 *CONNetic Dance* – Hartford, CT
- Principal and Soloist roles, including Snow White in *Snow White & The Huntsman*
- 2011 *New Haven Ballet* – New Haven, CT
- 2003 – 2008 *Character Dance Ensemble* – Salt Lake City, UT
- Research tours in Canada, China, England, Russia, and Spain
- 2002 – 2008 *University of Utah: Department of Ballet* – Salt Lake City, UT
- 2005 – 2006 *Utah Contemporary Ballet* – Salt Lake City, UT
- 2000 – 2001 *Burklyn Ballet Theatre* – Johnson, VT
- Performance tours to the Edinburgh Fringe Festival
- 1997 – 2002 *Washington Academy of Performing Arts* – Redmond, WA
- 1991 – 1997 *Pacific Northwest Ballet School* – Seattle, WA

## Selected Choreography & Creative Research Projects

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- 2019 (In progress) *Qushlar*  
SLC Ballet: Norooz Celebration  
*The Firebird (Berceuse and Finale) and Swan Lake (Act IV)*  
Salt Lake Symphony Concert
- 2018 *Coppélia (Csárdás, Spanish Dolls, Weavers, Cobblers, and Waltz of the Hours)*  
Staging and original choreography for SLC Ballet: Spring Gala  
*Don Quixote (Sola a Gitana and Fandango)*  
SLC Ballet: Spring Gala  
*Ephemeral Essenti*  
SLC Ballet: Spring Gala  
*La Concorrenza*  
SLC Ballet: Spring Gala  
*Supernova*  
SLC Ballet: Spring Gala  
*Janana*  
International Movement & Music Collective: Norooz Celebration (Collaboration with the Qais Essar Ensemble)
- 2017 *Gragnili Biliki*  
International Movement & Music Collective: WorldDance  
*Converge*  
SLC Ballet: Spring Gala  
*Rohpatem*  
SLC Ballet: Spring Gala  
*Trochi Balbatni*  
SLC Ballet: Spring Gala  
*Yalli: Isti Ruh*  
SLC Ballet: Norooz Celebration & WorldDance
- 2016 *Gilaki Rice Dance*  
SLC Ballet: Eccles Theater Grand Opening/WorldDance  
*Golden Trice*  
SLC Ballet: Spring Gala  
*Sunset Helix*  
SLC Ballet: Spring Gala
- 2015 *Don Quixote (Gypsy Scene)*  
Staging and original choreography for SLC Ballet: Spring Gala  
*The Unexpected Empress*  
Collaborative choreography project for Character Dance Ensemble & Solo Artists: WorldDance  
*Darchini*  
SLC Ballet: WorldDance  
*Qashqai*  
Utah Valley University & SLC Ballet: WorldDance  
*Party and Snow Scenes*  
SLC Ballet: "The Nutcracker" (also 2016-2018)

- 2014
- Gantiadi*  
Character Dance Ensemble Utah Ballet & WorldDance performances
- Seguidilla*  
Character Dance Ensemble: Utah Ballet performance
- Yablochko*  
Character Dance Ensemble: Utah Ballet performance
- Samaia*  
Utah Valley University ballet students: WorldDance performance
- Charleston Suite*  
SLC Ballet: Salt Lake City Library commission
- 2013
- Georgian Traditional Dance*  
SLC Ballet: WorldDance performance
- Waltz of the Flowers*  
SLC Ballet: "The Nutcracker"
- 2012
- Bojnordi*  
SLC Ballet: WorldDance (Based on the cultural and historical research of Robert DeWarren)
- The Wiz*  
Roosevelt Elementary: "Turnaround: Arts" Program
- 2010
- Don Quixote*  
Staging and original choreography for Saint Mary's Hall
- 2009
- Coppélia*  
Staging and original choreography for Saint Mary's Hall
- 2008
- Slip Away*  
Saint Mary's Hall: "Kaleidoscope" Contemporary Showcase
- With What is Left*  
University of Utah: Senior Concert
- Baroque Suite*  
University of Utah: Interdisciplinary graduate research project
- A Silent Departure*  
University of Utah: Ballet Graduate Concert
- Through the Shadows*  
University of Utah: Ballet Graduate Concert
- 2007
- The Firebird*  
University of Utah: Utah Philharmonia Concert
- Verge*  
University of Utah: MFA Major Work
- Reclaiming Beauty*  
University of Utah: Ballet Graduate Concert
- Parallel Strings*  
University of Utah: Ballet Graduate Concert
- Russian Sailors' Dance*  
University of Utah: Wind Ensemble Concert



- 2006                    *Khachaturian Waltz*  
University of Utah: Utah Philharmonia Concert
- Orfeo ed Euridice*  
University of Utah: Utah Philharmonia Concert
- Left Unsaid*  
University of Utah: MFA Minor Work
- From Birth Till Death*  
University of Utah: MFA Major Work (Collaborative Venture with Film Department Senior Project)
- 2005                    *L'Histoire du Soldat (Tango)*  
University of Utah: Utah Philharmonia Concert
- Shades of Sorrow*  
University of Utah: Ballet Showcase & Senior Concert
- 2004                    *Vibrant Harmony*  
University of Utah: Ballet Showcase
- Bukharan Suite*  
Character Dance Ensemble: WorldDance performance  
    ▪ Also performed in Beijing (2006) and St. Petersburg (2007)
- 2003                    *The Storm*  
University of Utah: Ballet Showcase

*Video samples, references, and additional materials are available upon request.*