**PATRICIA M. GUENTHER, PhD, RD**

**Department of Nutrition and Integrative Physiology University of Utah**

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**EDUCATION**

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| UNIVERSITY OF MARYLAND AT COLLEGE PARK  ***Ph.D., Nutritional Sciences*** | 1984 |
| UNIVERSITY OF MICHIGAN MEDICAL CENTER  ***Dietetic internship*** | 1972 |
| CASE WESTERN RESERVE UNIVERSITY  ***M.S., Nutrition - public health emphasis*** | 1971 |
| CASE WESTERN RESERVE UNIVERSITY  ***B.S., Nutrition*** | 1970 |

**CERTIFICATION**

***Registered Dietitian*** 1972-present

# EMPLOYMENT HISTORY

UNIVERSITY OF UTAH

Department of Nutrition and Integrative Physiology, College of Health

***Research Professor*** 2013-present

Department of Biomedical Informatics, School of Medicine

***Adjunct Professor*** 2016-present

* Grants:

USDA/NIFA Regional Nutrition Education Center of Excellence-West, 2015-2017, “Evaluation of a Novel, Low Cost, Low Burden, Scalable Technology for Evaluating Expanded Food and Nutrition Education Program and Supplemental Nutrition Assistance Program-Education Effectiveness,” $45,000. Co-principal investigator.

National Heart Lung and Blood Institute, 2015-2017, “Untangling Sodium, Energy, and Blood Pressure in Whites and African Americans,” $178,000. Co-principal investigator.

USDA/NIFA Regional Nutrition Education Centers of Excellence, 2015-2018, “Multi- disciplinary Methods for Effective, Sustainable, and Scalable Evaluations of Nutrition Education Programs,” $1,000,000. Co-principal investigator.

National Cancer Institute/Purdue University, 2017-2022, “Development of a Total Nutrient Index,” $17,000 per year subaward. Co-investigator.

* Served on a master’s student’s committee, Biomedical Informatics, School of Medicine
* Served on a master’s student’s committee, Nutritional Sciences, Rutgers University
* Served on a master’s student’s committee, Nutrition, College of Health

***Adjunct Associate Professor*** 1998-2013

* Served on two master’s students’ committees, Nutrition, College of Health
* Lectured occasionally

DUKE UNIVERSITY

Program of Computational Biology and Bioinformatics

*Term Member of the Graduate Faculty* 2022-2026

* Serve on a PhD student’s committee

GUENTHER CONSULTING 1996-present

Salt Lake City, Utah

## Principal Consultant

* Current projects include serving as a member of the National Cancer Institute Measurement Error in Dietary Data Working Group.
* More recent projects included serving as co-PI for a study of berry consumption in the U.S. for the National Berry Crops Initiative ($10,000); reviewing the study plan for a large USDA-sponsored project to assess school meal programs; reviewing fish consumption survey

reports for Versar, Inc., on behalf of EPA; and leading an evaluation of EFNEP in the Mountain Region.

* Earlier projects included a study of the dietary status of elderly Americans, a study of factors related to meat consumption and a study of nonresponse in the National Health and Nutrition Examination Survey (NHANES) Supplemental Survey of Older Americans, both with Iowa State University, and the development of a Pyramid Servings database for NHANES III for the National Cancer Institute.

U.S. DEPARTMENT OF AGRICULTURE 2003-2013 Center for Nutrition Policy and Promotion (CNPP), Alexandria, Virginia

***Nutritionist***

* Conducted dietary assessment research and other research related to dietary guidance
* Mentored student interns
* Leader of the Healthy Eating Index Team
* Member of the 2010 and 2015 Dietary Guidelines Management Teams
* Member of the 2010 Dietary Guidelines for Americans Writing Team
* Member of the Federal Dietary Reference Intakes Steering Committee
* Member of the National Cancer Institute Measurement Error in Dietary Data Working Group

U.S. DEPARTMENT OF AGRICULTURE 1978-1996 Agricultural Research Service, Beltsville Human Nutrition Research Center,

Food Surveys Research Group, Riverdale, Maryland

***Nutritionist***

* Responsible for the planning and management of research on dietary data collection methods and statistical methodology for dietary survey data analysis
* Responsibilities also included various aspects of planning and conducting the USDA food consumption surveys, analyzing the data, and reporting the results

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| UNIVERSITY OF MARYLAND AT COLLEGE PARK  Department of Human Nutrition and Food Systems  ***Adjunct Assistant Professor***   * Lectured occasionally | 1989-1991 |
| NAVY FOOD SERVICE SYSTEMS OFFICE, Washington, DC  ***Dietitian*** | 1976-1978 |
| D.C. GENERAL HOSPITAL, Washington, DC  ***Clinical Dietitian*** | 1972-1976 |

# HONORS AND AWARDS

* **Outstanding Abstract and Poster Award**, Utah Academy of Nutrition and Dietetics Annual Meeting, 2023
* ***Journal of the Academy of Nutrition and Dietetics Outstanding Reviewer Recognition Award***, 2020
* ***Purdue University Nutrition Science Graduate Organization Seminar Speaker****,* 2017
* ***Elaine R. Monsen Award for Outstanding Research Literature*** for an outstanding body of published research in the field of dietetics, food, and nutrition, 2015
* ***National Institutes of Health Merit Award*** for the Measurement Error Webinar Series (team award), 2012
* ***Food and Drug Administration Commissioner’s Special Citation Award*** for exemplary interagency collaboration in establishing national science-based dietary intake objectives and 10-year targets to improve Americans’ health through the Healthy People 2020 initiative, 2011
* ***Department of Health and Human Services Assistant Secretary for Health's Award*** for exemplary teamwork in supporting the scientific review of the 2010 Dietary Guidelines Advisory Committee, 2010
* ***USDA Merit Award*** for the communication of the revised Healthy Eating Index, 2010
* ***Mary P. Huddleson Award*** for best article in the *Journal of the American Dietetic Association*, authored by a registered dietitian, in 2008
* ***USDA Merit Award*** for the application of the revised Healthy Eating Index, 2008
* ***National Institutes of Health Merit Award*** for conceptualizing and implementing a model to estimate usual dietary intakes (team award), 2008
* ***Secretary’s Honor Award*** for development of MyPyramid (team award), 2006
* ***USDA Merit Award*** for evaluation of the revised Healthy Eating Index, 2006
* ***USDA Merit Award*** for conceptual development of the revised Healthy Eating Index, 2005
* ***First Author Award***, American Dietetic Association, Research Dietetics Practice Group, 1995
* ***USDA Merit Award*** for Nonresponse Study**,** conducted 1990-1991
* ***USDA Merit Award*** for Bridging Study**,** conducted 1987-1990

## D.C. Dietetic Association Cutter Scholarship, 1981

* ***D.C. Dietetic Association Ross Scholarship***, 1978
* ***D.C. Dietetic Association Recognized Young Dietitian of the Year***, 1976
* ***Mortar Board*** (national senior women's honorary), 1969-1970

# PROFESSIONAL ASSOCIATION MEMBERSHIPS

* American Society for Nutrition

Nutritional Epidemiology Research Interest Section

* Academy of Nutrition and Dietetics Research Dietetics Practice Group

# PROFESSIONAL SERVICE

* ***Member, NC3169: EFNEP-related Research, Program Evaluation and Outreach***, a multi-state research program conducting research in support of the USDA Expanded Food and Nutrition Education Program (EFNEP), 2014-2021.
* ***Poster Competition Judge***, Nutritional Epidemiology Research Interest Section, American Society for Nutrition, 2014-2019
* ***Speaker,*** “Code of Ethics for the Dietetics Profession,” Utah Academy of Nutrition and Dietetics Annual Meeting, March, 2014
* ***Member, Steering Committee,*** Nutritional Epidemiology Research Interest Section, American Society for Nutrition, 2013-2017
* ***Member, Board of Editors***, *Journal of the Academy of Nutrition and Dietetics*, 2004-2021
* ***Ad hoc Reviewer***, *Journal of the American Dietetic Association*, 1986-present
* ***Ad hoc Reviewer***, *Journal of Nutrition, American Journal of Clinical Nutrition, American Journal of Preventive Medicine*, *Nutrients,* 2013-present
* ***Member, Board of Editors***, *Journal of Nutrition Education and Behavior*, 2005-2007
* ***Ad hoc Reviewer***, *Journal of Nutrition Education and Behavior*, 1986-present
* ***Reviewer***, American Society for Nutrition annual meeting abstracts, 2013-present
* ***Reviewer***, Academy of Nutrition and Dietetics annual meeting abstracts, 1998-2021
* ***Chair***, American Dietetic Association, Community Nutrition Research Practice Group, 1981-1982
* ***Treasurer***, Metro-D.C. Society for Nutrition Education, 1979-80
* ***Chair***, D.C. Dietetic Association Nominating Committee, 1979-1980
* ***Chair***, D.C. Dietetic Association Public Relations Committee, 1978-1979
* ***Chair***, D.C. Dietetic Association Community Nutrition Section, 1975-1976

# PROJECTS AND PRODUCTS

## School Meals-related Research:

Spruance, L.A., **Guenther, P.M.**, Callaway, S., Giles, L., Varas, S., and Metos, J. Healthy school meals for all in Utah. *Journal of School Health,* in press.

Spruance, L.A., **Guenther, P.M.**, and Metos, J., Healthy School Meals for All in Utah. Presented at the Utah Academy of Nutrition and Dietetics Annual Meeting, West Jordan, UT, March, 2023.

Au, L.E., Ritchie, L.D., Gurzo, K., Nhan, L.A., Woodward-Lopez, G., Kao, J., **Guenther, P.M.**, Tsai, M., and Gosliner, W., 2020, Post Healthy Hunger-Free Kids Act adherence to select school nutrition standards by region and poverty level: The Healthy Communities Study. *Journal of Nutrition Education and Behavior* 53(3):249-258.

## Development, Evaluation, and Application of the Healthy Eating Index and Other Diet

## Quality Indexes:

Wallace, A., Martin, A., Bédard, A., Pitre, C., Lemieux, S., Simpson, J.R., Kirkpatrick, S.I., Hutchinson, J.M., Williams, T.E., Westaway, A.M., Lamarche, B., Day, M., **Guenther, P.M.**, Jessri, M., L’Abbé, M.R., de Costa Louzada, M.L., Olstad, D.L., Prowse, R., Reedy, J., Vatanparast, H., Vena, J.E., and Haines, J., 2023, Development of the Canadian Eating Practices Screener to assess eating practices based on 2019 Canada’s Food Guide recommendations. *Applied Physiology, Nutrition, and Metabolism* 48:907-18.

Perreault, M., Wallace, A., Martin, A., Sadowski, A., Laila, A., Lemieux, S., Hutchinson, J.M., Kirkpatrick, S.I., Simpson, J.R., **Guenther, P.M.**, Lamarche, B.. Jessri, M., da Costa Louzada, M.L., Olstad, D.L., Prowse, R., Vatanparast, H., and Haines, J., 2023, Construct validity and reliability of the Canadian Eating Practices Screener to assess eating practices based on 2019 Canada’s Food Guide recommendations. *Applied Physiology, Nutrition, and Metabolism* 48:919-31.

Vena, J.E., Hutchinson, J.M., Williams, T.E., Dodd, K.W., **Guenther, P.M.**, Lamarche, B., Westaway, A., and Kirkpatrick, S.I. The Canadian Food Intake Screener: A rapid method for assessing overall diet quality in cancer prevention research. Presented at the Canadian Cancer Research Conference, Halifax, November, 2023.

Hutchinson, J. M., Williams, T. E., Dodd, K.W., **Guenther, P.M.**, Lamarche, B., Westaway, A., Bédard, A., Pitre, C., Lemieux, S., Wallace, A., Perreault, M., Martin, A., Haines, J., and Kirkpatrick, S.I. Developing and evaluating a screener to assess alignment of adults’ dietary intake with the 2019 Canada’s Food Guide healthy food choices recommendations. Presented at the International Conference on Diet and Activity Methods, Limerick, Ireland, June, 2023.

Hutchinson, J.M., Dodd, K.W., **Guenther, P.M.**, Lamarche, B., and Kirkpatrick, SI. Scoring system for and construct validity of a screener to assess alignment of adults’ dietary intake with the 2019 Canada’s Food Guide healthy food choices recommendations. Presented at the Canadian Nutrition Society Annual Conference, Québec City, May, 2023.

Hutchinson, J.M., Dodd, K.W., **Guenther, P.M.**, Lamarche, B., Haines, J., Wallace, A., Perreault, M., Williams, T.E., da Costa Louzada, M.L., Jessri, M., Lemieux, S., Olstad, D.L., Prowse, R., Randall Simpson, J., Vena, J.E., Szajbely, K., Rondeau, I., and Kirkpatrick, S.I., 2023, The Canadian Food Intake Screener/Questionnaire court canadien sur les apports alimentaires for assessing alignment of adults’ dietary intake with the 2019 Canada’s Food Guide healthy food choices recommendations: Scoring system and construct validity. *Applied Physiology, Nutrition, and Metabolism* 48:620-33.

Hutchinson J.M, Williams, T.E., Westaway, A.M., Bédard, A., Pitre, C., Lemieux, S., Dodd, K.W., Lamarche, B., **Guenther, P.M.**, Haines, J., Wallace, A., Martin, A., Hernandez, K.J., da Costa Louzada, M.L., Jessri, M., Olstad, D.L., Prowse, R., Randall Simpson, J., Vena, J.E., and Kirkpatrick, S.I., 2023, Development of the Canadian Food Intake Screener/Questionnaire court canadien sur les apports alimentaires to assess alignment of adults’ eating patterns with healthy food choices recommendations. *Applied Physiology, Nutrition, and Metabolism* 48:603-619*.*

Ricart, G., Atoloye, A.T., Durward, C.M., and **Guenther, P.M.**, 2022, New exponential scoring functions for diet quality indexes solve problems caused by truncation. *Journal of Nutrition* 152:1168–1173.

Cowan, A.E., Bailey, R.L., Jun, S., Dodd, K.W., Gahche, J.J., Eicher-Miller, H.A., **Guenther, P.M.**, Dwyer, J.T., Potischman, N., Bhadra, A., and Carroll, R.J., 2021, The Total Nutrient Index is a useful measure for assessing total micronutrient exposures among US adults. *Journal of Nutrition* 152:863-871.

Cowan, A.E., Jun, S., Tooze, J.A., Dodd, K.W., Gahche, J.J., Eicher-Miller, H.A.,

**Guenther, P.M.**, Dwyer, J.T., Potischman, N., Bhadra, A., Carroll, R.J., and Bailey, R.L.,

2021, A narrative review of nutrient based indexes to assess diet quality and the proposed total nutrient index that reflects total dietary exposures. *Critical Reviews in Food Science*

*and Nutrition*, pp. 1-11.

Brassard, D., Elvidge Munene, L.A., St. Pierre, S., **Guenther, P.M.**, Kirkpatrick, S.I., Slater, J., Lemieux, S., Jessri, M., Haines, J., Prowse, R., Olstad, D.L., Garriguet, D., Vena, J.E., Vatanparast, H., L'Abbé, M.R., and Lamarche, B., 2022, Development of the Healthy Eating Food Index (HEFI)-2019 measuring adherence to Canada's Food Guide 2019 recommendations on healthy food choices. *Applied Physiology, Nutrition, and Metabolism* 47:595-610.

Brassard, D., Elvridge Munene, L.A., St-Pierre, S., Gonzalez, A., **Guenther, P.M.**, Jessri, M., Vena, J., Olstad, D.L., Vatanpatast, H., Prowse, R., Lemieux, S., L’Abbe, M., Garriguet, D., Kirkpatrick, S.I., and Lamarche, B., 2022, Evaluation of the Healthy Eating Food Index (HEFI)-2019 measuring adherence to Canada’s Food Guide 2019 recommendations on healthy food choices. *Applied Physiology, Nutrition, and Metabolism* 47:582-594.

Kirkpatrick, S.I., Dodd, K.W., Potischman, N., Zimmerman, T.P., Douglass, D., **Guenther, P.M.**, Durward, C., Atoloye, A., Kahle, L.L., Subar, A.F., and Reedy, J., 2021, Healthy Eating Index-2015 scores among adults based on observed versus recalled intake*. Journal of the Academy of Nutrition and Dietetics* 121:2233-2241.

Ricart, G., and **Guenther, P.M.**, 2021. Devising a diet scoring algorithm sensitive to the entire range of dietary intakes*. Current Developments in Nutrition* 5(S2):880 (abstract). Presented online at Nutrition 2021, the American Society of Nutrition virtual annual meeting,

June, 2021.

Cowan, A., Jun, S., Tooze, J., Dodd, K., Gahche, J., Eicher-Miller, H., **Guenther, P**., Bhadra, A., and Bailey, R., 2021. Examining the validity of the Total Nutrient Index for assessing intakes of nutrients from foods, beverages, and dietary supplements. *Current Developments in Nutrition* 5(S2):871. Presented online at Nutrition 2021, the American Society of Nutrition virtual annual meeting, June, 2021.

Lamarche, B., Brassard, D., Kirkpatrick, S.I., Jessri, M., L’Abbe, M., St-Pierre, S., **Guenther, P.M.**, Lemieux, S., Vena, J., Olstad, D.L., Vatanpatast, H., Prowse, R., Slater, J., Haines, J., Elvridge, L.A., Garriguet, D., and Gonzalez, A. The Healthy Eating Food Index (HEFI-2019): a tool measuring alignment with healthy food choices (“what to eat”) recommendations in Canada’s Food Guide. Presented at the virtual Canadian Nutrition Society Annual Meeting, April, 2021.

Ricart, G., and **Guenther, P.M.** Addressing truncation in diet quality indexes. *International Conference on Diet & Activity Methods: a global twenties vision, Abstract Book*, p. 90. Available at icdamportal.org/past-meetings.html. Presented at the International Conference on Diet and Activity Methods, February 8-12, 2021, hosted virtually by Wageningen University and Research, the Netherlands.

Gills, S.M.H., Auld, G., Hess, A., **Guenther, P.M.**, and Baker, S.S., 2021, Positive change in healthy eating scores among low-income adults after participation in the Expanded Food and Nutrition Education Program (EFNEP). *Journal of Nutrition Education and Behavior* 53:

503-510.

Wright, B., Vasquez-Mejia, C., **Guenther, P.M.**, McCormack, L., Stluka, S., Franzen-Castle, L., Henne, B., Mehrle, D., Remley, D., and Eicher-Miller, H., 2021, Fruit and vegetable Healthy Eating Index component scores of distributed food bags were positively associated with client diet scores in a sample of rural, Midwestern food pantries. *Journal of the Academy of Nutrition and Dietetics* 121:74-83.

Eicher-Miller, H., Wright, B., **Guenther, P.**, McCormack, L., Stluka, S., Remley, D., Mehrle, D., Franzen-Castle, L., Henne, B., and Vasquez-Mejia, C. Nutritional quality of vegetables, fruits, protein foods, and sodium distributed in client food bags is positively associated with client diet quality in rural food pantries. *Current Developments in Nutrition* 3(S1), 2019 (abstract). Presented at Nutrition 2019, Baltimore, June, 2019.

Gills, S.M.H., Baker, S., **Guenther, P.M.**, Hess, A., and Auld, G. Positive change in HEI-2005 dietary scores of low-income adults after participation in the Expanded Food and Nutrition Education Program (EFNEP). *Current Developments in Nutrition* 3(S1), 2019 (abstract). Presented at Nutrition 2019, Baltimore, June, 2019.

Brewster, P.J., Durward, C.M., Hurdle, J.F., Stoddard, G.J., and **Guenther, P.M.**, 2019, The Grocery Purchase Quality Index-2016 performs similarly to the Healthy Eating Index-2015 in a national survey of household food purchases. *Journal of the Academy of Nutrition and Dietetics* 119:45–56.

**Guenther, P.M.**, Brewster, P.J., Durward, C.M., and Hurdle, J.F., The Grocery Purchase Quality Index-2016 performs similarly to the Healthy Eating Index-2015 in a national survey of household food purchases. *Current Developments in Nutrition* 2(11), 2018 (abstract). Presented at Nutrition 2018, Boston, June, 2018, and at the National Nutrient Databank Conference, Minneapolis, July, 2018.

Brewster, P.J., **Guenther, P.M.**, Jordan, K.C., and Hurdle, J.F., 2017, The Grocery Purchase Quality Index: an innovative approach to assessing grocery food purchases. *Journal of Food Composition and Analysis* 64(1):119-126.

**Guenther, P.M.**, The Grocery Purchase Quality Index-2016: a tool for assessing  
household food purchases. Presented at the USDA Economic Research Service, Washington, DC, May, 2017; University of North Carolina Global Food Research Program, Chapel Hill, NC, July, 2017; Purdue University Nutrition Science Graduate Student Seminar, West Lafayette, IN, September, 2017; Healthy Eating Research webinar, September, 2017; and NC2160 annual meeting, Spokane, WA, October, 2017.

Brewster, P.J., **Guenther, P.M.**, Durward, C.M., and Hurdle, J.F. Grocery Purchase Quality Index-2016 scores are moderately correlated with Healthy Eating Index-2010 scores in the Food Acquisition and Purchase Survey, 2012–13. *FASEB Journal* 2017;31(1):lb380 (abstract). Presented at Experimental Biology, Chicago, April, 2017.

Ricart, G., Brewster, P.J., and **Guenther, P.M.**, An improved method for scoring the moderation components of a diet quality index. *FASEB Journal* 2017;31(1):955.1 (abstract). Presented at Experimental Biology, Chicago, April, 2017.

Pieroth, R., Rigassio Radler, D., **Guenther, P.M.**, Brewster, P.J., and Marcus, A., 2017, The relationship between social support and diet quality in middle-aged and older adults in the United States, *Journal of the Academy of Nutrition and Dietetics* 117:1272.

Pieroth, R., Rigassio Radler, D., **Guenther, P.M.**, Brewster, P.J., and Marcus, A. The relationship between social support and diet quality in middle-aged and older adults in the U.S. Presented at the American Dietetic Association Food and Nutrition Conference and Exposition, October, 2016, Boston.

Brewster, P.J., **Guenther, P.M.**, Jordan, K.C., and Hurdle, J.F. An innovative approach to assessing food purchase behavior. Presented at the 39th National Nutrient Databank Conference, May, 2016, Alexandria, VA.

**Guenther, P.M.**, Evaluation of a novel, low cost, low burden, scalable technology for evaluating EFNEP and SNAP-Ed effectiveness. Presented at the annual meeting of NC2169 (the group charged with conducting research related to USDA’s Expanded Food and Nutrition Education Program), October, 2015, Portland, ME.

**Guenther, P.M.**, and Luick, B.R., 2015, Improved overall quality of diets reported by Expanded Food and Nutrition Education Program participants in the Mountain Region, *Journal of Nutrition Education and Behavior* 47:421-426.

Brewster, P.J., **Guenther, P.M.**, Jordan, K.C., and Hurdle, J.F. Development and validation of a novel household grocery food purchase quality score. *FASEB Journal* 29:131.3 (abstract). Presented at Experimental Biology, Boston, March, 2015.

Luick, B.R., and **Guenther, P.M.** The quality of diets reported by Expanded Food and Nutrition Education Program participants in the Mountain Region in 2011 when exiting the program was higher than when entering. *FASEB Journal* 28:273.8, 2014. *Journal of Nutrition Education and Behavior* 46:S185–S186. Presented at Experimental Biology, San Diego, April, 2014; the 38th National Nutrient Databank Conference, Portland, Oregon, May, 2014; and the Society for Nutrition Education and Behavior Annual Meeting, Milwaukee, June, 2014.

**Guenther, P.M.**, Kirkpatrick, S.I., Reedy, J., Krebs-Smith, S.M., Buckman, D.W., Dodd, K.W., Casavale, K.O., and Carroll, R.J., 2014, The Healthy Eating Index-2010 is a valid and reliable measure of diet quality according to the 2010 Dietary Guidelines for Americans.

*Journal of Nutrition* 144:399-407.

Hiza, H.A.B., **Guenther, P.M.**, and Rihane, C.I., 2013, Diet quality of children age 2-17 years as measured by the Healthy Eating Index-2010. USDA Center for Nutrition Policy and Promotion *Nutrition Insight* No. 52.

**Guenther, P.M.,** Healthy Eating Index-2010: Development, evaluation, and population scores. Presented at Brigham Young University, Nutrition, Dietetics, and Food Science Department Seminar Series, Provo, UT, November 2014; the Centers for Disease Control and Prevention, National Center for Health Statistics Nutrition Seminar Series, Hyattsville, MD, July, 2013 (invited); and to the USDA Food and Consumer Services staff, Alexandria, VA, June, 2013.

**Guenther, P.M.,** Kirkpatrick, S.I., Krebs-Smith, S.M., Reedy, J., Buckman, D.W., Dodd, K.W., Casavale, K.O., and Carroll, R.J. Evaluation of the Healthy Eating Index-2010 (HEI- 2010), *FASEB Journal* 27:230.5 (abstract). Presented at Experimental Biology, Boston,

April, 2013.

**Guenther, P.M.**, Kirkpatrick, S.I., Reedy, J., Casavale, K.O., Hiza, H.A.B., Kuczynski, K.J., Kahle, L.L., and Krebs-Smith, S.M., 2013, Diet quality of Americans in 2001-02 and 2007-08

as measured by the Healthy Eating Index-2010. USDA Center for Nutrition Policy and Promotion *Nutrition Insight* No. 51.

**Guenther, P.M.**, Kirkpatrick, S.I., Reedy, J., Casavale, K.O., Hiza, H.A.B., Kuczynski, K.J., Kahle, L.L., and Krebs-Smith, S.M., Diet quality of Americans in 2001-02 and 2007-08 as measured by the Healthy Eating Index-2010. Posted at the 37th National Nutrient Databank Conference website in lieu of a presentation because the Boston conference was cancelled, April, 2013.

**Guenther, P.M.**, Casavale, K.O., Reedy, J., Kirkpatrick, S.I., Hiza, H.A.B., Kuczynski, K.J., Kahle, L.L., and Krebs-Smith, S.M., 2013, Update of the Healthy Eating Index: HEI-2010.

*Journal of the Academy of Nutrition and Dietetics* 113:569-580.

**Guenther, P.M.**, Casavale, K.O., Krebs-Smith, S.M., Reedy, J., Kirkpatrick, S.I., Hiza, H.A.B., Kuczynski, K.J., Kahle, L.L., and Krebs-Smith, S.M., 2013, *Healthy Eating Index*. USDA Center for Nutrition Policy and Promotion, CNPP Fact Sheet No. 2.

Hiza, H.A., O’Connell, K.M., **Guenther, P.M.**, and Davis, C.A., 2013, Diet quality of Americans differs by age, gender, race/ethnicity, income and education level. *Journal of the Academy of Nutrition and Dietetics* 113:297-306.

**Guenther, P.M.**, O’Connell, K.M., Reedy, J., Kirkpatrick, S.I., Hiza, H.A.B., Kuczynski, K.J., and Krebs-Smith, S.M., Development of the Healthy Eating Index-2010. *FASEB Journal* 26:131.1 (abstract). Presented at Experimental Biology, San Diego, April, 2012.

O’Connell, K.M., **Guenther, P.M.**, Hiza, H.A.B., and Davis, C.A. Diet quality of children 2- 17 years, as measured by the Healthy Eating Index-2005, differs by age, gender, race/ethnicity and family income. Presented at the American Public Health Association Annual Meeting and Exposition, Washington, DC, November, 2011.

**Guenther, P.M.**, Dietary Guidelines for Americans: How Americans measure up and how you can help. Presented at the Onlife Health Client Summit, Nashville, August, 2011.

Zhang, S., Midthune, D., **Guenther, P.M.**, Krebs-Smith, S.M., Kipnis, V., Dodd, K.W., Buckman, D.W., Tooze, J.A., Freedman, L.S., and Carroll, R.J., 2011, A new multivariate measurement error model with zero-inflated dietary data and its application to dietary assessment. [*Annals of Applied Statistics*](http://projecteuclid.org/handle/euclid.aoas)5(2B):1456-1487.

Hiza, H.A., O’Connell, K.M., **Guenther, P.M.**, and Davis, C.A., 2011, Diet quality of American adults, 18-64 years of age, as measured by the Healthy Eating Index-2005, differs by race/ethnicity and income level. *FASEB Journal* 24:342.1 (abstract). Presented at Experimental Biology, Washington, DC, April, 2011.

Freedman, L.S., **Guenther, P.M.**, Krebs-Smith, S.M., Dodd, K.W., and Midthune, D.A., 2010, population’s distribution of Healthy Eating Index-2005 component scores can be estimated when more than one 24-hour recall is available. *Journal of Nutrition* 140:1529–1534.

Freedman, L.S., **Guenther, P.M.**, Dodd, K.W., Krebs-Smith, S.M., and Midthune, D.A., 2010, The population distribution of ratios of usual intakes of dietary components that are consumed every day can be estimated from repeated 24-hour recalls. *Journal of Nutrition* 140:111-116.

Hiza, H.A.B., **Guenther, P.M.**, O’Connell, K., and Davis, C.A., 2010, Diet quality of Americans 65 years and older, *FASEB Journal* 24:93.1 (abstract). Presented at Experimental Biology, Anaheim, April, 2010.

**Guenther, P.M.**, Diet quality of children as assessed by the Healthy Eating Index-2005: results of the National Health and Nutrition Examination Survey. Presented at the University of Maryland School of Medicine, Department of Pediatrics, Baltimore, April, 2010. (Invited).

Carlson, A., Lino, M., Fungwe, T., and **Guenther, P.M.**, The link between food expenditure and diet quality: does it exist? Presented at the joint annual meeting of the Agricultural and Applied Economics Association and the American Council on Consumer Interests, Milwaukee, July, 2009.

Fungwe, T., **Guenther, P.M.**, Juan, W.Y., Hiza, H., and Lino, M., 2009, The quality of children’s diets in 2003-04 as measured by the Healthy Eating Index-2005. USDA Center for Nutrition Policy and Promotion *Nutrition Insight* No. 43.

**Guenther, P.M.**, Juan, W.Y., Lino, M., Hiza, H.A., Fungwe, T.V., and Lucas, R., 2009, Diet quality of low-income and higher income Americans in 2003-04 as measured by the Healthy Eating Index-2005. *FASEB Journal* 23:540.5. Presented at Experimental Biology, New Orleans, April, 2009, and at the National Health Statistics Conference, Washington, DC, August, 2010.

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Brigham Young University, Department of Nutrition, Dietetics and Food Science, Provo, Utah, October, 2008; American Dietetic Association Food and Nutrition Conference and Exposition, Philadelphia, October, 2007 (invited); University of Utah, Department of Foods and Nutrition, Salt Lake City, April, 2007 (invited); Utah Dietetic Association annual meeting, Layton, April, 2007 (invited); California Childhood Obesity Conference, Anaheim, January,

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Pao, E.M., Fleming, K.H., **Guenther, P.M.**, and Mickle, S.J., 1982, *Foods Commonly Eaten by Individuals: Amount per Day and per Eating Occasion.* Home Economics Research Report No. 44, Washington, DC: U.S. Department of Agriculture.

## 1988 USDA Bridging Study:

Principle investigator for research project to determine the effects of procedural differences between the USDA Nationwide Food Consumption Surveys conducted in 1977-78 and in 1987-

1. Contract manager for the data collection effort conducted under contract by National Analysts, 1987-1989. Products of this research:

**Guenther, P.M.**, Perloff, B.P., and Vizioli, T.L., 1994, Separating fact from artifact in changes in nutrient intake over time. *Journal of the American Dietetic Association* 94:270-275.

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## Earlier Usual Food and Nutrient Intake Methods Research:

Project officer for a cooperative agreement with Iowa State University Department of Statistics to develop statistical methods and software to estimate distributions of usual dietary intake distributions, 1991-1996. Products of this research:

**Guenther, P.M.**, Kott, P.K., and Carriquiry, A.L., 1997, Development of an approach for estimating usual nutrient intake distributions at the population level. *Journal of Nutrition* 127:1106-1112.

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Nusser, S.M., and **Guenther, P.M.**, 1997, Estimating distributions of usual food intake. *American Journal of Clinical Nutrition* 65:1330S (abstract). Presented at the Second International Conference on Dietary Assessment Methods, Boston, January, 1995.

Kott, P.S., **Guenther, P.M.**, and Sempos, C.T., 1997, Using multiday data from the Continuing Survey of Food Intakes by Individuals and the Iowa State University method to remove within-person variability from a 1-d dietary data set. *American Journal of Clinical Nutrition* 65:1329S (abstract). Presented at the Second International Conference on Dietary Assessment Methods, Boston, January, 1995.

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**Guenther, P.M.**, and Kott, P.S., Problems in estimating usual dietary intakes. Presented at the Washington Statistical Society seminar series, Bethesda, Maryland, February, 1995. (Invited).

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**Guenther, P.M.**, Estimation strategies for nutrient intake distributions. Presented at the Dietary Data Requirements of Federal Users Workshop, College Park, Maryland, August, 1994. (Invited).

**Guenther, P.M.**, 1994, Adjusting for intra-individual variability when estimating nutrient intakes. *In*: Hoover, L.W., and Perloff, B.P. (eds.), *19th National Nutrient Databank Conference Proceedings*, pp. 107-109. Presented at the National Nutrient Databank Conference, St. Louis, May, 1994. (Invited).

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## Earlier Dietary Data Collection Methods Research:

Mickle, S.J., Vecchio, F.A., and **Guenther, P.M.**, 1998, Recent and current Continuing Survey of Food Intakes by Individuals methodological research. *In: 21st National Nutrient Databank Conference Proceedings.* Baton Rouge: Pennington Biomedical Research Foundation,

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Cypel, Y.S., **Guenther, P.M.**, and Petot, G.J., 1997, Validation of portion size measurement aids—a review. *Journal of the American Dietetic Association* 97:289-292.

**Guenther, P.M.**, 1994, Research needs for dietary assessment and monitoring in the United States. *American Journal of Clinical Nutrition* 59:168S-170S (abstract). Presented at the International Conference on Dietary Assessment Methods, St. Paul, Minnesota, September, 1992. (Invited).

**Guenther, P.M.**, Methods used by USDA to measure fish consumption. Presented at the Environmental Protection Agency Fish Consumption Survey Methodology Workshop, Washington, DC, December, 1991. (Invited).

Krebs-Smith, S.M., and **Guenther, P.M.**, Personal interview surveys: the USDA experience. Presented at the National Conference on Cholesterol and High Blood Pressure Control, Washington, DC, April, 1991.

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**Guenther, P.M.**, and Pao, E.M., 1987, Dietary intake measurement in USDA Nationwide Food Consumption Surveys, 1977-1987. *In: Research on Survey Methodology,* U.S.

Department of Agriculture, Human Nutrition Information Service Administrative Report No. 382, pp. 1-4.

Project officer for collaborative agreement with the U.S. Bureau of the Census, Center for Survey Methods Research to develop improved dietary data collection methods, 1991-1995. Products of this research:

**Guenther, P.M.**, Cleveland, L.E., and Ingwersen, L.A., 1997, Questionnaire Development and Data Collection Procedures. *In*: Tippett, K.S., and Cypel, Y.S (eds.), *Design and Operation: The Continuing Survey of Food Intakes by Individuals and the Diet and Health Knowledge Survey, 1994-96.* U.S. Department of Agriculture, Agricultural Research Service, Nationwide Food Surveys Report No. 96–1, pp. 42-45.

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1994-1996. *American Journal of Clinical Nutrition* 65:1316S (abstract). Presented at the Second International Conference on Dietary Assessment Methods, Boston, January, 1995.

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p. 11 (abstract). Presented at the Beltsville Agricultural Research Center Poster Day, Beltsville, MD, March, 1995.

Project officer for a cooperative agreement with the University of Maryland Survey Research Center to develop improved dietary data collection methods for children, 1991-1993. Product of this research:

Cypel, Y.S., Ciochetto, S., Ryan, C., and **Guenther, P.M.**, 1993, Dietary methodology research at the USDA's Human Nutrition Information Service. *FASEB Journal* 7(3): A411 (abstract). Presented at Experimental Biology, New Orleans, April, 1993.

## Impact of Food Eaten Away from Home on Dietary Quality:

**Guenther, P.M.**, and Ricart, G., 1989, The effect of eating at foodservice establishments on the nutritional quality of women's diets. *Topics in Clinical Nutrition* 4(2):41-45.

**Guenther, P.M.**, and Ricart, G., 1988, Effect of eating at foodservices on the nutritional quality of women's diets. *Tenth International Congress of Dietetics: Abstracts*, Paris: John

Libbey Eurotext, p. 21. Presented at the Tenth International Congress of Dietetics, Paris, July, 1988.

**Guenther, P.M.**, and Ricart, G., 1988, Effect of eating at foodservices on the nutritional quality of women's diets. *In: Dietetics in the 90s: Role of the Dietitian/Nutritionist,* Vol. I, Paris: John Libbey Eurotext, pp. 99-102 (proceedings).

Enns, C.W., and **Guenther, P.M.**, 1988, Women's food and nutrient intakes away from home, 1985. *Family Economics Review* 1988(1):9-12.

**Guenther, P.M.**, and Chandler, C.A., 1981, Nutrients in foods at home and away. *In: 1981 Agriculture Outlook,* Washington, DC: U.S. Government Printing Office, pp. 508- 516 (proceedings). Presented at the 1981 Outlook Conference, Washington, DC, November, 1980.

## Nonresponse Evaluations:

Project co-leader for evaluation of nonresponse in the 1987-88 Nationwide Food Consumption Survey, 1990-1991. Products of this research:

**Guenther, P.M.**, and Tippett, K.S. (eds.), 1993, *Evaluation of Nonresponse in the Nationwide Food Consumption Survey, 1987-88.* NFCS Report No. 87-M-2. Washington: U.S. Department of Agriculture.

Kott, P.S., and **Guenther, P.M.**, 1993, Demographic characteristics of the sample. *In*: Guenther, P.M., and Tippett, K.S. (eds.), *Evaluation of Nonresponse in the Nationwide Food Consumption Survey, 1987-88.* NFCS Report No. 87-M-2. Washington: U.S. Department of Agriculture, pp. 6-12.

**Guenther, P.M.**, Nationwide Food Consumption Survey nonresponse analyses. Presented at the Nutrition Monitoring: USDA/HNIS Resources Conference, Bethesda, Maryland, November, 1991.

Heimbach, J.T., and **Guenther, P.M.**, Design and nonresponse issues in the 1987-1988 Nationwide Food Consumption Survey. Presented at the Federation of American Societies for Experimental Biology annual meeting, Atlanta, April, 1991.

Member of Federal Committee on Statistical Methodology, Subcommittee on Nonresponse in Federal Surveys, 1991-1994. Products of this research:

Shettle, C., **Guenther, P.M.**, Kasprzyk, D., and Gonzales, M.E., 1994, Investigating nonresponse in Federal surveys. *In: American Statistical Association 1994 Proceedings of the Section on Survey Research Methods*, Vol. II, pp. 972-976.

Shettle, C., **Guenther, P.M.**, Kasprzyk, D., and Gonzales, M.E., 1995, Investigating nonresponse in Federal surveys. *In*: Jamerson, B., and Alvey, W. (eds.), *Turning Administrative Systems Into Information Systems, 1994.* Washington, DC: Internal Revenue Service, pp. 167-172.

## USDA Dietary Survey Publications (Coauthor):

*Nationwide Food Consumption Survey (NFCS), 1987-88 Series:*

Food and Nutrient Intakes by Individuals in the United States, 1 Day, 1987-88. NFCS Report No. 87-I-1, 1993.

*Continuing Survey of Food Intakes by Individuals (CSFII), 1986 Series:*

Women 19-50 Years and Their Children 1-5 Years, 4 Days, 1986. CSFII Report No. 86-3, 1989.

Low-Income Women 19-50 Years and Their Children 1-5 Years, 4 Days, 1986. CSFII Report No. 86-4, 1989.

Women 19-50 Years and Their Children 1-5 Years, 1 day, 1986. CSFII Report No. 86-1, 1987.

Low-Income Women 19-50 Years and Their Children 1-5 Years, 1 Day, 1986. CSFII Report No. 86-2, 1987.

*Continuing Survey of Food Intakes by Individuals, 1985 Series:*

Low-Income Women 19-50 Years and Their Children 1-5 Years, 4 Days, 1985. CSFII

Report No. 85-5, 1988.

Women 19-50 Years and Their Children 1-5 Years, 4 Days, 1985. CSFII Report No. 85-4, 1987.

Men 19-50, 1 Day, 1985. CSFII Report No. 85-3, 1986.

Low-Income Women 19-50 Years and Their Children 1-5 Years, 1 Day, 1985. CSFII

Report No. 85-2, 1986.

Women 19-50 Years and Their Children 1-5 Years, 1 Day, 1985. CSFII Report No. 85-1, 1985.

*Nationwide Food Consumption Survey, 1977-78 Series:*

Food and Nutrient Intakes: Individuals in Four Regions, Year 1977-78. NFCS Report No. I-3, 1985.

Food Intakes: Individuals in 48 States, Year 1977-78. NFCS 1977-78 Report No. I-2, 1984.

Food and Nutrient Intakes of Individuals in 1 Day in Low-Income Households, November 1979-March 1980. NFCS, 1977-78 Preliminary Report No. 13, 1982.

Food and Nutrient Intakes of Individuals in 1 Day in Hawaii, Winter 1978. NFCS 1977-78 Preliminary Report No. 5, 1981.

Food and Nutrient Intakes of Individuals in 1 Day in the United States, Spring 1977. NFCS 1977-78 Preliminary Report No. 2, 1980.

## Popular Publication:

**Guenther, P.M.**, Manaster, F., Jeffries, D., Grunberg, L., Weinmann, H., and Sunderland, S., 1971, *The What Mama Never Told You Cookbook: Simple Cooking for Complex Minds.*

Cleveland: Case Western Reserve University.

**ADVISORY PANELS AND COMMITTEES**

Data and Safety Monitoring Board for the Dietary Biomarkers Development Consortium, funded by the NIH National Institute of Diabetes and Digestive and Kidney Diseases and the USDA National Institute of Food and Agriculture. 2022-2027. Member

Advisory Panel for the Kaiser Permanente Research NIH National Heart, Lung and Blood Institute planning grant for establishing standard portion sizes for food served away from home, 2020-present. Member.

Best Brains Exchange, hosted by Health Canada and Canadian Institutes of Health Research, on “Developing a tool to measure adherence to Canada’s new Food Guide,” March, 2020, Ottawa, Canada. Invited participant.

Healthy Eating Research Program, Robert Wood Johnson Foundation, 2019. Review

panel member.

National Cancer Institute Workshop on Extending Methods in Dietary Patterns Research, Rockville, MD, May, 2016. Invited participant.

Scientific Advisory Board, Onlife Health, Inc., a personal health coaching company, 2010-2017. Member.

National Research Initiative Competitive Grants Program, USDA Cooperative State Research, Education, and Extension Service, 1994-2013. Ad hoc reviewer.

Food Assistance and Nutrition Research Program, USDA Economic Research Service, 2003- 2013. Ad hoc reviewer.

Grants for Research Program, U.S. Environmental Protection Agency, Human Health Risk Assessment/Consumer Right-to-Know Peer Review Panel, Washington, DC, May, 1997. Reviewer.

Peer Review Workshop on Revisions to the Exposure Factors Handbook, sponsored by the

U.S. Environmental Protection Agency, Washington, DC, July, 1995. Invited participant.

Exposure Factors Handbook Workshop, sponsored by the U.S. Environmental Protection Agency Risk Assessment Forum, Washington, DC, July, 1993. Invited participant.

Consensus Workshop on Dietary Assessment: Nutrition Monitoring and Tracking the Year 2000 Objectives, Richmond, Virginia, February, 1993. Participant, reviewer, and steering committee member. Product of this work:

Wright, J.D., Ervin, B., and Briefel, R.R. (eds.), 1994, *Consensus Workshop on Dietary Assessment: Nutrition Monitoring and Tracking the Year 2000 Objectives*. Hyattsville, MD: National Center for Health Statistics.

USDA Working Group on the Development of the Ten-Year Plan for Nutrition Monitoring, 1991-1992. Member. Product of this work:

Department of Health and Human Services and Department of Agriculture, 1992, Ten-year comprehensive plan for the National Nutrition Monitoring and Related Research Program. *Federal Register* 58(111):32752-32706.

Ad Hoc Expert Panel on Water Intake, Life Sciences Research Office, Federation of American Societies for Experimental Biology, 1989. Member.

Joint Project Steering Committee for Life Sciences Research Office, Federation of American Societies for Experimental Biology Report on Nutrition Monitoring in the United States, 1987- 1989. Member. Product of this work:

Cronin, F.J., Krebs-Smith, S.M., Welsh, S.O., and **Guenther, P.M.**, 1989, Activities of the

U.S. Department of Agriculture related to the National Nutrition Monitoring System.

*Journal of the American Dietetic Association* 89(9):A-144 (abstract). Presented at the American Dietetic Association annual meeting, Kansas City, MO, October, 1989.

# COMMUNITY SERVICE

* + ***Clinical trial participant,*** A Study to Evaluate Efficacy, Safety, and Immunogenicity of mRNA-1273 Vaccine in Adults Aged 18 Years and Older to Prevent COVID-19, conducted by Moderna, 2020-2022
  + ***Nominating Committee Member***, First Presbyterian Church, Salt Lake City, 2014
  + ***Clerk of Session*** (secretary of the governing board), Fairlington Presbyterian Church, Alexandria, Virginia, 2004-2012
  + ***Clerk of Session***, First Presbyterian Church, Salt Lake City, 1999-2003
  + ***Event Services Host***, Salt Lake Organizing Committee for the 2002 Olympic Winter Games, 2001-2002
  + ***Volunteer Information Center staff member***, Salt Lake Organizing Committee for the 2002 Olympic Winter Games, 2000-2002
  + ***Steering Committee Member and Chair, International Baccalaureate Program Handbook Subcommittee***, West High School International Baccalaureate Parent Organization, 1998-2000
  + ***Assistant Leader***, Cadette/Senior Girl Scout Troop 1311, 1996-2003
  + ***Troop Committee Secretary,*** Boy Scout Troop 34, 1997-2000
  + ***Merit Award recipient***, Olde Mill District, Boy Scouts of America, 1995
  + ***District Committee Member***, Olde Mill District, Boy Scouts of America, 1993-1996
  + ***Troop Committee Member,*** Boy Scout Troop 443, 1994-1996
  + ***Treasurer***, Brownie/Junior Girl Scout Troops 1531/2510, 1990-1996
  + ***Pack Committee Chair***, Cub Scout Pack 1349, 1992-1993
  + ***Assistant Cubmaster***, Cub Scout Pack 1349, 1990-1992
  + ***Den Co-leader***, Cub Scout Pack 1349, 1989-1993
  + ***Board Member***, Silver Spring Presbyterian Church Day Care Center, 1986-1988