

# STEPHANIE BANK

L I C E N S E D   C L I N I C A L   S O C I A L   W O R K E R

395 So. 1500 E.  
Salt Lake City, UT 84112

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## PROFESSIONAL PROFILE

Mental health therapist who works with couples, adults, and adolescents in both an individual and family setting. Areas of interest include trauma, anxiety, depression, loss, grief, parenting, and family/ relationship issues. Committed to seeing clients live full and happy lives by helping them overcome obstacles, achieve personal empowerment, and maintain healthy relationships.

Bachelor and Master level Social Work Instructor. Teaching advanced coursework and managing roughly three hundred students a year with current full-time teaching load. Telehealth consultant on the National Association of Social Workers (NASW) Best Practices to maintain ethics and ensure client's continuity of care across all therapeutic platforms.

## E D U C A T I O N —

Master of Social Work  
University of Utah  
1999 – 2001

Bachelor of Science  
Psychology Westminster  
1995 – 1998

## O N L I N E P R O G R A M S —

Microsoft Office  
Adobe Connect  
Canvas  
Blackboard  
iOS  
Turnitin  
Zoom  
Sales Force  
Alcea – IPT

## CLINICAL Private Practice 2003 — Present

- Works with clients individually and in family therapy
- Specializing in trauma, anxiety, depression, relationship issues, parenting, and grief
- Completes individualized assessments and diagnoses
- Assists clients with recognizing behavior patterns and working with cognitive shifts
- Works with a variety of different counseling theories
- Uses NASW Code of Ethics to guide practice
- Training in Animal-Assisted Interventions
- EMDR Trained Level I and II

## PREVIOUS TEACHING EXPERIENCE

Brandman University MSW Program  
2018-2019

Simmons University MSW Program  
2017-2021

- Instruct students online both synchronously and asynchronously
- Responsible for grading, timely communication with students, giving appropriate feedback on discussion boards and all other assignments
- Set clear and fair boundaries with students regarding the expectations of the class. Encourage respectful discussion for more profound levels of understanding
- Modeling professional behavior in all areas of the social work field using the NASW Code of Ethics

INDEPENDENTLY LICENSED  
Utah and California

### Assistant Professor Lecture

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- Instruct students both on-campus as well as online both synchronously and asynchronously
- Responsible for grading, timely communication with students, giving appropriate feedback on discussion boards and all other assignments
- Set clear boundaries with students regarding the expectations of the class environment, both in-person and online
- Encourage respectful discussion for more profound levels of understanding both in class and online
- Modeling professional behavior in all areas of the social work field using the NASW Code of Ethics
- Offer student support as needed

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### COLLEGE OF SOCIAL WORK SERVICE & AWARDS

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- Content expert for online course rebuild for: 6001, 6002, 6401, 6630
  - Designed, built Telemental Health elective course for the MSW Program
  - Serves on the BSW Admission Committee
  - Serves on the MSW Admission Committee
  - Curricular chair for Practice I 4430 Group, MH I and II 6401, 6402
  - FEC Chair-Elect
  - Received Mary Shields McPhee Memorial Award for Faculty Excellence in Teaching 2021-2022
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