

Rixt Anna Catharina Luikenaar, MD FACOG

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Employment and Volunteer Experience

Obstetrician and Gynecologist

2013-present

Obstetrician/Gynecologist at Ob/Gyn Associates

1151 E 3900 S, Salt Lake City, UT 84109

I offer Obstetrics and Gynecology for our entire community including minorities. I practice high and low risk Obstetrics, any Gynecology including office procedures as Essure, Endometrial Ablation, labiaplasty, vestibulectomy, colposcopy, LEEP, Cryosurgery, contraceptive LARC's (IUD and Nexplanon) and major surgery as laparoscopic hysterectomy and vaginal surgery and in the future robotic surgery. I teach family practice residents at St Marks Hospital. I have taught several workshops in Salt Lake City regarding Intersex, Transgender and Lesbian Health Care and Transgender Health for Health Care Providers.

2003- 2013

Department of Obstetrics and Gynecology, University of Utah

General Obstetrician/Gynecologist for University Community Clinics

I cared for a diverse group of patients any age and minority and started a Transgender Health Clinic in 2011.

Clinical Instructor University of Utah; I taught students and residents in Obstetrics/Gynecology and Family Medicine in outpatient and inpatient Obstetrics/Gynecology.

2013 Medical Missions in Chome, Tanzania/ Columbia

We brought equipment to build medical/eye/dental clinics and treated over 1000 patients in 5 days in both locations.

2010 Senior Medical Officer in Obstetrics and Gynecology, Australia

Cairns Base Medical Hospital, Cairns, Queensland, Australia

I spent 10 months in Cairns as Obstetrics/Gynecology Faculty, which included supervision of Ob/Gyn residents, generalists, medical students and midwives. I performed and taught many surgeries and supervised high risk pregnancies. 35% of our patients were Aboriginal. Tropical disease, eclampsia, tubo-ovarian abscesses/PID and ICU admissions were common occurrences.

Junior Fellow Officer, West Virginia; Vice Chair and Chair district IV
2000-2003 American College for Obstetrics and Gynecology-Committee

Research Assistant

1997-1999 Department of Obstetrics and gynecology, University of Utah
Salt Lake City with C. M. Peterson MD, W. Branch MD and R. Silver MD

Staff Hyperbaric Medicine

1995-1996
St. Elisabeth Hospital, Curacao, Netherlands Antilles
Assisted and accompanied patients in a hyperbaric chamber

Research Assistant

1994-1995
Institute for Biomedical engineering, Artificial Heart Research laboratory
Salt Lake City, Utah with William Kolf MD (he invented the first artificial heart and kidney dialysis).

Home Health Aid

1995
Home Health Care, Groningen, the Netherlands
Assisted elderly and handicapped clients throughout Groningen with daily activities so they could live at home

Member and Chair

1991-1994
First Aid Organization, Medical School, Groningen, the Netherlands
Organized and taught basic life support courses and lectures including at schools, supported major events as Sports Events and Music Concerts as First Aid Provider

Student Assistant

1992
Department of Anatomy and Embryology, Medical
School, Groningen, The Netherlands
Dissected cadavers, taught anatomy classes to medical students

Volunteer

1992-1993
Nursing home, Groningen, the Netherlands
Spent time with patients, organized events and helped nursing staff.

Member

1989-1990

Event Committee

Law School, Groningen, the Netherlands

Organized educational trips and lectures for students and faculty within Europe (for example United Nations, European Committee and NATO)

Education

West Virginia University, WV

2003

Residency: Obstetrics and Gynecology

Rijks Universiteit Groningen, The Netherlands

1997

MD Diploma, Cum Laude

Rijks Universiteit Groningen, The Netherlands

1990

Propedeuse Diploma (BS), Law School

Postgraduate training

Transgender Health, The Netherlands, with
Gender-team at Vrije Universiteit Amsterdam, May 2012
Mick Van Trotsenburg, MD and Peggy Cohen-Kettenis

Leadership Course for Physician Executives
School of Business, University of Utah, Salt Lake City, 2011 (71 CME
hours)

Primary Care & OB/GYN Conference, Kaiser Permanente, Maui, HI, 2009

ACOG Annual Clinical Meeting, New Orleans, LA, 2008

15th Annual Spring Conference on High Risk Obstetrics, Symposia
Medicus, Los Cabos, Mexico, 2008

Advanced fetal assessment and monitoring. Online program, Hospital
Corporation of America and Advanced Practice Strategies, LLC, 2006 and
2010

Perinatal Resources, Inc. Annual review of Obstetrics and Gynecology
Orlando, 2005 (70 CME hours)

Innovations in Medical Education and Training. Female Pelvic Medicine and
Reconstructive Surgery. Puerto Rico, 2004 (this included hands on practice on
cadaver's)

Licensing and Certifications

Board Certified: American Board of Obstetrics and Gynecology (current)	2006
Utah State Medical License/ Utah Controlled Substances License	2003
Pennsylvania Medical License	2002

Professional Associations

American Medical Association 2003-2008
American College for Obstetrics and Gynecology 1999-
Utah Section for Obstetrics and Gynecology 2003-
American Gay and Lesbian Association 2010-
World Professional Association for Transgender Health 2010-
American College for Physician Executives 2010-
International Society for the study of women's sexual Health 2013-

Research Experience and Grants

West Virginia University Department of Gynecology-Oncology: Conducted
a study with A.P. Soisson, MD regarding psychosexual issues in partners
of women with cancer, 2003

West Virginia University Department of Urology: Conducted a study with
S. Zaslau, MD regarding relation between interstitial cystitis and sexual
Dysfunction, 2003

University of Utah Department of Obstetrics and Gynecology:
Coordinated "Oxegene" endometriosis study for Salt Lake City with C.M.
Peterson, MD, 1997-1999

University of Utah Department of Obstetrics and Gynecology: Studied
"Natural history of subsequent pregnancies in women with prior fetal
death" with D.W. Branch, MD and R.M. Silver, MD, 1997-1999

University Fund Groningen-Grant 1995

Board of Governors, Rijks Universiteit Groningen-Grant 1995

University of Utah Artificial Heart Research Laboratory: with
S.F.Mohammad, MD, PHD and W.J. Kolf, MD 1994-1995

Conducted experiments to test thrombogenicity of stents, catheters
and artificial heart valves

Performed laboratory tests, Scanning Electron Microscopy,
Assisted in animal studies and surgeries.

Faculty of Medicine, Rijks Universiteit Groningen-Grant 1994

Academisch Ziekenhuis Groningen. Departments of Vascular surgery,
Cardiology, Endocrinology: 1993-1994

Screened patients and family members for risk factors

Created databases for data collecting regarding premature
cardiovascular disease.

HealthTap 2012/2013:

Award for most influential doctor in the Salt Lake City region, UT.

Top doctor competition, winter/summer 2013; for demonstrated
expertise, excellence, and care. Award top Obstetrician &

Gynecologist in Utah, top doctor competition, winter/summer 2013.

Teaching Award from the American Academy of Family
Physicians 2012-2013

Presentations and Publications

Frias, AE Jr., Luikenaar, R.A., Sullivan, A.E., et al: "Poor Obstetric
Outcome in Subsequent Pregnancies in Women with Prior Fetal
Death." Obstetrics and Gynecology, 104 (Sep 2004) 521-526

"Sexuality and Cancer" West Virginia University Grand Rounds
Department of Obstetrics and Gynecology 2002

“Natural history of subsequent pregnancies in women with prior fetal death” Presented to the Society for Maternal-Fetal Medicine Annual Meeting 1999

“Thrombogenicity of blood platelets after they have adhered and released their granular content” Presented to American Association for Artificial Internal Organs Annual Conference 1995

Bishop, N.D. Chiang, B.Y. Hulsbergen, M. Kolf, W.J. Kumar, A. Luikenaar, R.A. Topaz, S. “Elastomeric valves, a new design.” International Journal for Artificial Internal Organs 18 (1995): 203-209

Languages

Dutch, English, German, Papiamentu, some French and some Spanish

Interests and future goals

I am married, have 2 children age 6 and 9. I play piano, enjoy music, biking and yoga. I plan to attend the NAMS course in Menopause treatment and plan to continue teaching and perform research in Transgender Health and Lesbian Health Care. I find robotic surgery fascinating and want to keep up with new developments and techniques to be able to offer quality and safe patient care.

