

A. PERSONAL DATA

Name & Credentials	Lisa Jean Taylor-Swanson
Rank and Title	Assistant Professor, CON-HSCBC Division
Contact Information	College of Nursing 10 South 2000 East Salt Lake City, UT 84112
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B. EDUCATION

<u>1. Year</u>	<u>Degree</u>	<u>Institution (Area of Study/Specialization)</u>
2015	PhD	University of Washington, School of Nursing, Seattle, WA Nursing Science Studied with Nancy Fugate Woods, Nursing Dissertation: Self-Awareness and Symptom Evaluation: Observations from the Seattle Midlife Women's Health Study Distinguished with membership in <i>Sigma Theta Tau</i> Honor Society in Nursing
2001	MAcOM	Seattle Institute of Oriental Medicine, Seattle, WA Master's Degree in Acupuncture & Oriental Medicine Distinguished as first recipient of the school's only scholarship
1996	BS (Hons)	University of Utah, Salt Lake City, UT Psychology major, minor in Women's Studies, <i>cum laude</i> Studied with Alan Fogel, Developmental Psychology Honors Senior Thesis: A Narrative Study of the Transition from Physical to Pretend Play Distinguished as Psychology Undergraduate Researcher of the Year, member of <i>Phi Kappa Phi</i> , Skull & Bones, Owl & Key, Golden Key and <i>Psi Chi</i> National Honor Societies.

2. Licensure / Certification

2001- Present	Licensed East Asian Medical Provider (EAMP), State of Washington. #AC00000787
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C. EMPLOYMENT / PROFESSIONAL EXPERIENCE

<u>Dates</u>	<u>Position and Institution</u>
2017- Present	Assistant Professor, University of Utah College of Nursing.
2016-2017	Postdoctoral Fellow, University of WA, School of Medicine, Bioinformatics & Medical Education.
2016-2017	Academic Dean, Seattle Institute of Oriental Medicine.
2015-2017	Part time Lecturer, University of WA, School of Nursing.
2015-2016	Part-time Lecturer, University of WA, Bothell, School of Nursing and Health Studies.
2014	Teaching Assistant, University of WA, school of Nursing.
2013-2015	Junior Faculty for Inter-Professional Education, University of WA

2014-present	Research Consultant, Harvard Medical School & New England School of Acupuncture
2004-2017	Clinic Director, Licensed Acupuncturist, Abundant Health, PLLC
2001-2004	Clinic Director, Licensed Acupuncturist, Advanced Acupuncture, PLLC
1998-2001	Clinic Administrator, Kang Wen Clinic. Seattle, WA
2001-2002	Research Assistant, University of WA, Department of Psychology, John Gottman lab.
1994-1998	Senior Research Associate, University of UT, Department of Psychology, Alan Fogel lab.
1998	Research Specialist, Valley Mental Health, Salt Lake City, UT
1997	Research Assistant, Department of Genetics, University of UT

D. RESEARCH AND SCHOLARLY WORK

1. Grants/Contracts

<u>Dates</u>	<u>Amount</u>	<u>Title & Funding Agency</u>
12/1/17- 12/1/18	\$37,000	Acupuncture Treatment of Chemotherapy-Induced Peripheral Neuropathy in Women with Breast and Gynecologic Cancer: Mechanisms of Action and Feasibility. Intramural grant from College of Nursing, University of Utah, and matching funds
2017	\$600	University of Washington Office of Postdoctoral Affairs Travel Award
2016-17		National Library of Medicine Postdoctoral Fellowship.
2015	\$350	Western Institutes of Nursing conference, UW School of Nursing scholarship
2014	\$20,000	Robert G. & Jean A. Reid Endowed Pre-doctoral Fellowship – tuition coverage, health insurance and stipend, 2014-2015
	\$2,500	McLaws Nursing Scholarship for dissertation studies, UW School of Nursing
	\$350	Society for Chaos Theory in Psychology & Life Sciences – conference registration scholarship
	\$500	IN-CAM Scholarship to attend conference, November, 2014. Calgary, AB, Canada
	\$500	Stevenson Scholarship Fund Travel Award – travel funds to attend WIN
	\$90	deTornyay Center Travel Fund – funds to pay for a poster for WIN
2013	\$350	Society for Chaos Theory in Psychology & Life Sciences – conference registration scholarship
	\$500	deTornyay Center Travel Fund – travel funds for Western Institutes of Nursing
2012	\$500	Nursing Scholarship Fund – travel funds to attend the Council on the Advancement of Nursing Science conference
2012-13	\$1,000	Mortar Board Scholar Graduate Scholarship – University of Washington chapter
2012	\$500	Peter & Rose Christie Endowed Fund – travel funds to attend Western Institutes of Nursing conference
2011-13	\$17,000	Achievement Rewards for College Students (ARCS) Foundation Fellow, School of Nursing, UW
2011-13	\$60,000	Zesbaugh & Crowley Scholarships, School of Nursing, University of Washington, over three years, including monthly stipend and medical coverage
2000	\$500	Jan McGee Memorial Scholarship, Seattle Institute of Oriental Medicine
1998	\$1,000	Graduate Studies Fellowship, Phi Kappa Phi, University of Utah
1996		Best Undergraduate Researcher, Department of Psychology, University of Utah
1993-96		Psychology Department full tuition scholarship, University of Utah

E. PUBLICATIONS & EDITORIAL EXPERIENCERefereed Journal Articles (* = refereed; + = data-based)

- * Lans, C., **Taylor-Swanson, L.** & Westfall, R.(2018). Herbal fertility treatments used in North America from colonial times to 1900, and their potential for improving the success rate of assisted reproductive technology. *Reproductive Biomedicine & Society Online*, 5, 60-81.
- *+ **Taylor-Swanson, L.**, Stone, J.A., Gale, M., Gaitaud, A., Huson, C., MacPherson, F., Martens, J., Godwin, J., & Yule, M. (2018) Systematic Review of Acupuncture for Low Back Pain: Efficacy and Clinically-Meaningful Change, *Meridians*, 5(3), 18-39.
- *+ **Taylor-Swanson, L.**, Pike, K., Woods, N.F., Mitchell, E. & Herting, J. (in press). Effects of self-awareness on hot flash severity: Observations from the Seattle Midlife Women's Health Study. *Menopause*.
- *+ Chen, A.T., **Taylor-Swanson, L.**, Buie, R.W., Park, A. & Conway, M. (in press) Assessing the Quality of Websites Relating to Complementary and Integrative Health: A Review of Five Domains. *Journal of Medical Internet Research*. doi:10.2196/ijmr.9803 <http://dx.doi.org/10.2196/ijmr.9803>
- *+ **Taylor-Swanson, L.**, Chang, J., Schnyer, R., Hsu, K.Y., Schmidt, B.A., & Conboy, L. (2018). Matrix analysis of traditional Chinese medicine diagnoses of Gulf War Illness. *Journal of Alternative & Complementary Medicine*. [epub ahead of print.]
- *+ **Taylor-Swanson, L.**, Pincus, D., Wong, A., Pincus, D., Butner, J., Hahn-Holbrook, J., Koithan, M., Wann, K., & Woods, N.F. (2018). The dynamics of stress and fatigue across menopause: Attractors, coupling, and resilience. *Menopause*, 25(4), 380-390. doi: 10.1097/GME.0000000000001025
- *+ **Taylor-Swanson, L.**, Woods, N., Mitchell, E., Schnall, J., Cray, L., Thomas, A. & Ismail, R. (2014). Effects of traditional Chinese medicine on co-occurring symptoms during the menopausal transition and early postmenopause: A systematic review. *Climacteric*, 18(2), 142-56.
- *+ Thomas, AJ., **Taylor-Swanson, LJ.**, Ismail, R., Woods, NF., Cray, L., Mitchell, E. & Schnall, J. (2014). Effects of soy isoflavones on co-occurring symptoms during the menopausal transition and early postmenopause: A systematic review. *Maturitas*, 78(4), 263-76. doi: 10.1016/j.maturitas.2014.05.007
- *+ Ismail, R., **Taylor-Swanson, L.**, Thomas, A., Schnall, JG., Cray, L., Mitchell, ES. & Woods, NF. (2014) Effects of Herbal Preparations on Symptom Clusters During the Menopausal Transition. *Climacteric*, Mar 8 [Epub ahead of print].
- *+ Woods NF, Mitchell ES, Schnall JG, Cray L, Ismail R, **Taylor-Swanson L**, Thomas A. (2014). Effects of mind-body therapies on symptom clusters during the menopausal transition. *Climacteric*, 17(1), 10-22.
- * + Hullender Rubin LE, Opsahl MS, **Taylor-Swanson L**, Ackerman DL. (2013) Acupuncture and in vitro fertilization: a retrospective chart review. *Journal of Alternative & Complementary Medicine*, 19(7), 637-43.
- * Woods, NF & **Taylor-Swanson, L** (2012). Depression and heavy bleeding during the menopausal transition: adjusting our gaze. *Menopause*, 19(9), 949-51.
- * Melanie Neumann, M., Scheffer, C., Cysarz, D., Bovelet, M., Tauschel, D., **Taylor-Swanson, L.**, & Edelhaeuser, F. (2011). Thermometer of Warmth in the Patient-Provider Relationship (WARMOMETER): Theory-based development of a patient self-report measure and initial validation using cognitive interview methodology. *Patient Education & Counseling*, 82(3), 361-9.

Journal Articles in Progress (* = refereed; + = data-based)

- * **Taylor-Swanson, L.** (in prep). Self-awareness across literatures: A review of the concepts related to self-awareness. Simonsen, S., Roberts, L., Smid, M., **Taylor-Swanson, L.** (in prep). Recommendations for the care of women prescribed opioids during pregnancy.
- *+ **Taylor-Swanson, L.**, Pike, K., Woods, N.F., Mitchell, E. & Herting, J. (in prep). Confirmatory Factor Analysis of the Self-Consciousness Scale in a sample of midlife women. To be submitted to *Frontiers in Psychology*.
- *+ **Taylor-Swanson, L.**, Park, S., Squires, S., Lin, S.Y., Baker, M. & Voss, J. (in prep). Developing Mentoring Resources for PhD Students and Nursing Faculty on Campus-Wide Methods and Statistics Courses. To be submitted to *Journal of Nursing Education*.

*+ **Taylor-Swanson, L.**, Price, C., Lin, S.Y., Meins, A., Buckland, H., Chow, C., & Bjornson, K. (in prep). Doctoral training in nursing science for non-nurses: Benefits, challenges and future considerations.

*+ **Taylor-Swanson, L.**, Fogel, A. & Koithan, M. (in prep). Case study of pulmonary disease treated by Integrative Health providers. To be submitted to *Global Advances in Health and Medicine*.

*+ **Taylor-Swanson, L.**, Chang, J., Hsu, K.Y., & Conboy, L. (in prep). Baseline characteristics of Gulf War Illness participants in an acupuncture study.

Book Chapters (* = refereed; + = data-based)

+ Booth-LaForce, C. & **Taylor-Swanson, L.** (2016). Systematic Review of Yoga for Symptoms Experienced During the Menopausal Transition. *Principles and Practice of Yoga in Health Care*, Sat Bir Khalsa, Shirley Telles, Lorenzo Cohen, Timothy McCall, Eds.

Refereed Abstracts (* = refereed; + = data-based)

+* **Taylor-Swanson, L.**, Woods, N., & Fogel, A. (2013). A Case Study of the Development of Self in the Context of Chronic Pulmonary Illness. *Communicating Nursing Research*, 46403.

+* Neumann, M. M., Scheffer, C. C., Cysarz, D. D., Tauschel, D. D., **Taylor-Swanson, L. J.**, & Edelhäuser, F. F. (2012). P05.54. Thermometer of warmth in the patient-provider relationship (WARMOMETER) - a short and easy to understand measure for use in integrative medicine. *BMC Complementary & Alternative Medicine*, 12(Suppl 1), 1. doi:10.1186/1472-6882-12-S1-P414

+* **Taylor-Swanson, L.**, Woods, N., & Mitchell, E. (2013). Traditional Chinese Medical Diagnoses as They Relate to Menopausal Symptom Clusters. *Communicating Nursing Research*, 46229.

Unpublished (* = refereed; + = data-based)

+ **Taylor-Swanson, L.** (2015). Self-Awareness and Symptom Evaluation: Observations from the Seattle Midlife Women's Health Study. Unpublished doctoral dissertation, School of Nursing, University of Washington, Seattle.

+ **Taylor L.** (1996). A Narrative Study of the Transition from Physical to Pretend Play. Unpublished honors senior thesis, Psychology Department, University of Utah, Salt Lake City.

F. PRESENTATIONS

SCIENTIFIC PRESENTATIONS

2017 **Taylor-Swanson, L.** From Measurement to Model: Self-Awareness and Hot Flash Severity (symposium), Western Institute of Nursing, Denver, CO, USA. April 19-22, 2017.

Taylor-Swanson, L. Dynamics of Stress and Fatigue During the Menopausal transition, Early Postmenopause (symposium), Western Institute of Nursing, Denver, CO, USA. April 19-22, 2017.

Taylor-Swanson, L., Stone, J. Acupuncture for Low Back Pain: A Systematic Review of Randomized Controlled Trials (poster), Society for Acupuncture Research, San Francisco, CA, USA. April 27-29, 2017.

Taylor-Swanson, L. Whole Systems of Traditional East Asian Medicine: A Multiple Case Study (poster), Society for Acupuncture Research, San Francisco, CA, USA. April 27-29, 2017.

2016 **Taylor-Swanson, L.** Assessing the Self-Consciousness Scale in a Sample of Midlife Women (podium presentation), Western Institute of Nursing, Disneyland, CA, USA.

Taylor-Swanson, L. Testing of a Model of Self-Awareness on Hot Flash Severity (podium presentation) Western Institute of Nursing, Disneyland, CA, USA.

Taylor-Swanson, L. Emerging Methodological Approaches for Integrative Nursing Science and Research (symposium presentation), Western Institute of Nursing, Disneyland, CA, USA.

Taylor-Swanson, L. Assessing the Self-Consciousness Scale in a Sample of Midlife Women, (poster) Western Institute of Nursing, Disneyland, CA, USA.

2015 Wong, A, **Taylor-Swanson, L.**, Koithan, M, Pincus, D, Butner, J, Woods, NF & Conboy, L. Attractor dynamics during the menopausal transition and early post-menopause (podium presentation with Wong & Taylor-Swanson co-

presenting), Society for Chaos Theory in Psychology & Life Sciences, Gainesville, FL, USA.

Taylor-Swanson, L, Pincus, D, Koithan, M, Conboy, L, Woods, N., Butner, J. & Wong, A. Seattle Midlife Women's Health Study. On-site discussion and analyses of data. Group presentation at close of conference, Datapalooza, Orange, CA, USA

Taylor-Swanson, L, Meins, A, Lin, SY, Price, C, Chow, C, Buckland, H, Bjornsen, K. PhD in Nursing Science for non-RNs: Opportunities, Challenges and Future Directions (podium presentation), Western Institute of Nursing, Albuquerque, NM, USA

Taylor-Swanson, L, Park, S, Lin, SY, Squires, S, Hien, HD, Lin, YT & Voss, J. Addressing gaps in a nursing research doctoral education program (podium presentation), Western Institute of Nursing, Albuquerque, NM, USA.

2014 **Taylor-Swanson, L**. Self-awareness and Traditional East Asian Medicine. (Podium presentation) IN-CAM, Calgary, AB, Canada.

Taylor-Swanson, L, Koithan, M, Conboy, L & Bell, I. Complex Adaptive Systems as Applied to Complementary & Integrative Medicine (symposium organizer & presenter). IRCIMH, Miami, FL, USA.

Taylor-Swanson, L, Woods, N, Mitchell, E, Cray L, Ismail R, Thomas A. Symptom clusters and CAM therapeutics. (poster). IRCIMH Miami, FL, USA.

Taylor-Swanson, L & Woods, NF. Traditional East Asian Medicine Approaches to Identifying Symptom Clusters. (poster). Western Institutes of Nursing. Seattle, WA, USA.

Taylor-Swanson, L (poster). Systematic Review of Acupuncture for Geriatric Concerns. Western Institutes of Nursing. Seattle, WA, USA.

2013 **Taylor-Swanson, L**. (poster). Systematic Review of Acupuncture for Geriatric Concerns. Elder Friendly Futures Conference, Seattle, WA, USA.

Taylor-Swanson L, Applications of Complex Adaptive Systems in Complementary and Integrative Medicine Research (symposium presentation and organizer). SCTPLS Portland, OR, USA.

Woods N, Mitchell E, Cray L, **Taylor-Swanson L**, Ismail R, Thomas A. Symptom clusters and therapeutics (symposium). Western Institutes of Nursing, Anaheim, CA, USA.

Taylor-Swanson, L. Developing sense of self in the context of chronic illness (podium presentation). Western Institutes of Nursing, Anaheim, CA, USA.

2012 Woods N, Mitchell E, Cray L, **Taylor-Swanson L**, Ismail R, Thomas A. Symptom clusters during the menopausal transition and postmenopause: From identification to therapeutics (symposium). Council for the Advancement of Nursing Science Washington DC, USA.

Taylor-Swanson L. Traditional East Asian Medicine and the menopausal tradition. Council for the Advancement of Nursing Science Washington DC, USA.

Neumann M & **Taylor-Swanson L**. Thermometer of warmth in the patient-provider relationship (WARMOMETER) – A short and easy to understand measure for use in integrative medicine (poster). IRCIMH, Portland, OR, USA.

Woods N, Mitchell E, Cray L, **Taylor-Swanson L**, Ismail R, Thomas A. Symptom clusters during the menopausal transition and postmenopause: From identification to therapeutics (symposium). Western Institutes of Nursing, Portland, OR, USA.

Neumann M & **Taylor-Swanson L**. Nursing applications for the WARMOMETER – A measurement of provider warmth (poster). Western Institutes of Nursing, Portland, OR, USA.

Taylor-Swanson L Menopausal symptoms treated by Traditional East Asian Medicine – Two case studies (podium presentation). Western Institutes of Nursing, Portland, OR, USA.

2011 Cassidy C, **Taylor-Swanson L**, Conboy L & Flesch H. The uses of qualitative research in advancing the

acupuncture profession. Panel presentation. AAAOM, Bethesda, MD, USA.

- 2010 **Taylor-Swanson L.** Case Study of Adolescent Primary Dysmenorrhea Treated with Traditional Chinese Medicine. Poster, IN-CAM, Vancouver, Canada.
Taylor-Swanson L. Traditional Chinese Medicine is a Dynamic System of Medicine. Podium presentation. IN-CAM, Vancouver, Canada.
Taylor-Swanson, L. Development of self in the context of chronic illness. Podium presentation. International Conference on Complementary Medical Research. Tromsø, Norway.
- 2009 **Taylor-Swanson, L.** A dynamic systems view and frame analysis of clinical reasoning in a traditional Chinese medicine clinic within the context of the patient-practitioner relationship. Podium presentation, North American Research Conference on Complementary & Integrative Medicine: Collaboration to Promote Scientific Discovery & Health, Minneapolis, MN.
- 1996 **Taylor, L.** A Narrative Study of the Transition from Physical to Pretend Play. Poster, Society for Research in Child Development (SRCD), Washington DC.
Taylor, L. A Frame Analysis of the Transition from Physical to Pretend Play. Poster, Rocky Mountain Psychological Association (RMPA), Park City, UT.

Community Presentations

Year	Title	Audience
2011	An introduction to Traditional Chinese Medicine	Women in Networking (WIN), Tacoma, WA
2010	Morning and evening routines to improve health	Abundant Health, PLLC, Tacoma, WA
	Overview of Traditional Chinese Medicine	Pacific Lutheran University
2008	The treatment of male- and female-factor infertility with Traditional East Asian Medicine	Marlene's Market & Deli, Federal Way, WA
	Yin Yoga and Acupressure as Stress-Relieving Techniques at home – with Janice Sack-Ory	Three Trees Yoga & Healing Arts Center, Federal Way, WA
2007	Acupuncture & infertility	Three Trees Yoga & Healing Arts Center, Federal Way, WA
	Introduction to acupuncture	Three Trees Yoga & Healing Arts Center, Federal Way, WA
	Acupressure and yoga for stress – with Karen Schwisow – December	Three Trees Yoga & Healing Arts Center, Federal Way, WA
	Acupressure and yoga for stress – with Karen Schwisow – November	Three Trees Yoga & Healing Arts Center, Federal Way, WA
2006	Introduction to acupuncture	Three Trees Yoga & Healing Arts Center, Federal Way, WA
	Chinese medicine at home	Three Trees Yoga & Healing Arts Center, Federal Way, WA
	Introduction to acupuncture	Metro Parks, Tacoma, WA

2002 Healthy living through herbs and acupuncture

Highline Community Hospital, Women and Wellness Conference, Seattle, WA

G. PROFESSIONAL ORGANIZATIONS & SERVICE

ACADEMIC SERVICE

- 2017-present Site Visitor, Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM)
- 2017-present PhD Committee, College of Nursing, University of Utah
- 2017-present Baccalaureate Committee, College of Nursing, University of Utah.
- 2017-present Search Committee, College of Nursing, University of Utah.
- 2013-2015 PHD Curriculum Committee (PHDCC) Student Representative
- 2014-2017 Special task force of PHDCC student reps to evaluate Nursing Methods (NMETH) courses. Responsible for collecting campus-wide methods and statistics coursework information to report back to PHDCC general committee and prepare in pdf format for future students and their academic advisors. Providing leadership for this committee.
- 2014-2017 Non-nurse Clinicians Nursing Scientists – Data collection and analysis regarding Nursing Scientists that do not have a background in nursing contribution to the nursing field and academia. Providing leadership for this committee.

PROFESSIONAL AND ACADEMIC MEMBERSHIP

- 2017-present North American Menopause Society (NAMS)
- 2014-present Society for Chaos Theory in Psychology & Life Sciences (SCTPLS)
- 2013-present Member, Sigma Theta Tau International (STTI), University of Utah Chapter
- 2012-present Western Institute of Nursing (WIN)
- 2009-present Society for Acupuncture Research (SAR)
- 2009-2011 International Society for Complementary Medical Research (ISCMR)
- 2009-2011 Canadian Interdisciplinary Network for Complementary & Alternative Medicine (IN-CAM)
- 2001-2015 Washington State East Asian Medical Association (WEAMA)
- 2001-present National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM)
- 1996 Beehive Honor Society – 1 of 17 undergraduates selected from the class of 1996, University of Utah
- 1996 National Honor Societies: Golden Key National Honor Society; Mortar Board National Honor Society; Owl & Key National Honor Society; Phi Kappa Phi National Honor Society; Psi Chi National Honor Society in Psychology, University of Utah; Skull & Bones National Honor Society

H. COMMUNITY SERVICE

Conference Workshop Facilitator

- 2015 Breakfast and discussion co-organizer: Integrative Health, Western Institutes of Nursing, Albuquerque, NM, USA.
- 2013 Elder Friendly Futures, Assistant to Facilitator of World Topics in Gerontology. Sept, 2013

Guest Lectures

- Winter 2018 Guest Lecturer, Bastyr University, Doctoral Program.
- Spring 2018 Guest Lecturer, The Headache School, University of Utah, School of Medicine, Department of Neurology.
- Fall 2017 Guest Lecturer, NURSE7773, Leadership & Health Policy, College of Nursing, University of Utah.
- Summer 2015 University of Washington, School of Nursing, Nurse Camp. Invited to lecture regarding acupuncture for high school students' self-care while attending Nurse Camp.

- Summer 2015 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate course: Introduction to Research. Paul Karsten, Instructor.
- Summer 2014 University of Washington, School of Nursing, Nurse Camp. Invited to lecture regarding acupressure for high school students' self-care while attending Nurse Camp 2014.
- Spring 2014 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)
- Fall 2013 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate course: Introduction to Research. Paul Karsten, Instructor. (Invited)
- Summer 2013 University of Washington, School of Nursing, Guest Lecturer. Undergrad research course. Trez Buckland, PhD, instructor.
- Spring 2013 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)
- Fall 2012 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)
- Summer 2012 University of Washington, School of Nursing, Guest Lecturer. Midwifery course. (Invited) Judy Lazarus, MSN, CNM, ARNP, Instructor.
- Summer 2012 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)
- Spring 2012 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)
- Fall 2011 Seattle Institute of Oriental Medicine, Guest Lecturer. Research Course. (Invited)
- Spring 2010 Seattle Institute of Oriental Medicine, Guest Lecturer. Practice Management Course. (Invited)

Professional Service

- 2018-present Board of Directors, Academy of Math, Engineering & Science (AMES), Parent Teacher Student Association
- 2017-2018 Board of Directors, Chair Academic Excellence Committee, American International School of Utah (AISU)
- 2012-2017 Founder & Director of Women of Wellness (WOW), a networking organization for women clinicians and teachers in the South Sound area of Washington state.
- 2013-current Member, Access to Acupuncture for Workers Committee, Consultant for Labor & Industries' review of Traditional East Asian Medicine, WA East Asian Medical Association
- 2010-11 Advisory Board Member, Everest College, Tacoma, WA
- 2009-11 Member, Board of Directors, Fund for Women & Girls, Tacoma, WA
- 2007-10 Advisory Board Member, Jade Institute, Seattle, WA.
- 2008-00 Herbal Consultant for students in the Jade Institute's herbal studies program
- 1999-00 Student Representative of the Advisory Board, Seattle Institute of Oriental Medicine
- 1995-96 Co-President of Golden Key National Honor Society – University of UT chapter
- 1992-93 Senate member, College of Science, Associated Students of the University of Utah

I. OTHER

MANUSCRIPT REVIEWER

- 2017-present Invited manuscript reviewer: Journal of Alternative and Complementary Medicine
- 2015 Invited Guest Editor for a Special Issue: Evidenced-Based Complementary & Alternative Medicine. Issue on women's health, infertility, midlife women, ART, herbs, acupuncture and clinical experiences.
- 2014 Invited manuscript reviewer:
 Alternative and Complementary Therapies
 Journal of Alternative and Complementary Medicine
 BMC: Complementary and Alternative Medicine
- 2013 Invited manuscript reviewer: Alternative and Complementary Therapies
- 2012 Invited manuscript reviewer: Alternative and Complementary Therapies
- 2011 Invited manuscript reviewer: Alternative and Complementary Therapies