**SECTION I**

*Updated 03/10/2024*

**A.  PERSONAL DATA**

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| Name & Credentials | Lisa Jean Taylor-Swanson, PhD, MAcOM, LAc, Dipl.OM |
| Rank and Title | Assistant Professor, Health Systems & Community-Based Care Division |
| Contact Information | College of Nursing 10 South 2000 East  Salt Lake City, UT 84112 |
| Phone | 801-585-5486 |
| E-mail | [Lisa.taylor-swanson@nurs.utah.edu](mailto:Lisa.taylor-swanson@nurs.utah.edu) |

**B. EDUCATION**

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| 1. Year | Degree | Institution (Area of Study/Specialization) |
| 2015 | PhD | **University of Washington, School of Nursing, Seattle, WA**  Nursing Science  Studied with Nancy Fugate Woods, Nursing  Dissertation: Self-Awareness and Symptom Evaluation: Observations from the Seattle Midlife Women’s Health Study  Distinguished with membership in *Sigma Theta Tau* Honor Society in Nursing |
| 2001 | MAcOM | **Seattle Institute of Oriental Medicine, Seattle, WA**  Master’s Degree in Acupuncture & Oriental Medicine  Distinguished as first recipient of the school’s only scholarship. |
| 1996 | BS (Hons) | **University of Utah, Salt Lake City, UT**  Psychology major, Women’s Studies minor, *cum laude*  Studied with Alan Fogel, Developmental Psychology  Honors Senior Thesis: A Narrative Study of the Transition from Physical to Pretend Play  Distinguished as Psychology Undergraduate Researcher of the Year, 1 of 17 graduating seniors nominated to the Beehive Honor Society of the University of Utah. |

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| 2. Licensure / Board Certification | |
| 2019-Present | Licensed Acupuncturist (LAc), State of Utah. # 10400111-1201 |
| 2001-2022 | Licensed East Asian Medical Provider (EAMP), State of Washington. #AC00000787 |
| 2001-2014 | Diplomate in Oriental Medicine (DiplOM), National Certification Commission for Acupuncture and Oriental Medicine. #18035 |

**C. EMPLOYMENT / PROFESSIONAL EXPERIENCE**

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| Dates | Position and Institution |
| 2023-Present | Adjunct Assistant Professor, Obstetrics and Gynecology, School of Medicine, University of Utah |
| 2021-Present | Research Affiliate, Lyda Hill Institute for Human Resilience, University of Colorado Springs |
| 2020- Present | Visiting Research Fellow, University of Technology Sydney: Australian Research Centre in Complementary and Integrative Medicine |
| 2017- Present | Assistant Professor, University of Utah College of Nursing |
| 2016-Present | Affiliate Faculty Member, School of Nursing and Health Studies, University of Washington, Bothell |
| 2016-2017 | Postdoctoral Fellow, University of WA, School of Medicine, Bioinformatics & Medical Education |
| 2016-2017 | Academic Dean, Seattle Institute of Oriental Medicine |
| 2015-2017 | Part-time Lecturer, University of WA, School of Nursing |
| 2015-2016 | Part-time Lecturer, University of WA, Bothell, School of Nursing and Health Studies |
| 2014 | Teaching Assistant, University of WA, School of Nursing |
| 2013-2015 | Junior Faculty for Inter-Professional Education, University of WA |
| 2014-Present | Research Consultant, Harvard Medical School & New England School of Acupuncture |
| 2004-2017 | Clinic Director, Licensed Acupuncturist, Abundant Health, PLLC. Tacoma, WA |
| 2001-2004 | Clinic Director, Licensed Acupuncturist, Advanced Acupuncture, PLLC. Seattle, WA |
| 1998-2001 | Clinic Administrator, Kang Wen Clinic. Seattle, WA |
| 2001-2002 | Research Assistant, University of WA, Department of Psychology, John Gottman lab |
| 1994-1998 | Senior Research Associate, University of Utah, Department of Psychology, Alan Fogel lab |
| 1998 | Research Specialist, Valley Mental Health, Salt Lake City, UT |
| 1997 | Research Assistant, Department of Genetics, University of Utah |

**D. HONORS, RECOGNITIONS & AWARDS**

1. Awards

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| --- | --- | --- |
| Year | Recognition | Received From |
| 2023 | Leadership in Inclusive Excellence Awards: Faculty | University of Utah (UU) Health Equity, Diversity, and Inclusion |
| 2021 | Excellence in Research & Scholarship | Sigma, Gamma Rho Chapter, UU |
| 2021 | Executive Committee, Secretary (Invitation) | Society for Acupuncture Research |
| 2020 | 3rd Place Poster Award | Academy of Integrative Health & Medicine Annual Integrative Health & Medicine Virtual Conference |
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| 2020 | Board of Directors (Invitation) | Society for Acupuncture Research |
| 2020 | Excellence in University Health Partnership Award | College of Nursing, UU |
| 2019 | Outstanding Researcher Award in Clinical Research | Society for Acupuncture Research |
| 2019 | Vice President’s Clinical and Translational Research Scholar’s Program (VPCAT) 2020-2022 Fellow | UU |
| 2019 | Competitive Fellowship (2020-2024), International Complementary and Integrative Medicine Research Leadership Program | University of Technology Sydney: Australian Research Centre in Complementary and Integrative Medicine |
| 1996 | Best Undergraduate Researcher | Department of Psychology, UU |

1. Scholastic Honors

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| Year | Recognition | Received From |
| 1994-1996 | Dean’s List | Department of Psychology, UU |
| 1994-1995 | Departmental Scholarship | Department of Psychology, UU |
| 1995-1996 | Departmental Scholarship | Department of Psychology, UU |
| 1996 | Beehive Honor Society | 1 of 17 undergraduates, Class of 1996, UU |
| 1996 | Golden Key National Honor Society | UU |
| 1996 | Mortar Board National Honor Society | UU |
| 1996 | Phi Kappa Phi National Honor Society | UU |
| 1996 | Owl & Key National Honor Society | UU |
| 1996 | Psi Chi National Honor Society (Psychology) | UU |
| 1996 | Skull & Bones National Honor Society | UU |
| 2014 | Sigma Theta Tau International Honors Society (Nursing) | University of Washington |

**E. RESEARCH AND SCHOLARLY WORK**

1. Grants/Contracts

| Dates | Amount | Title & Funding Agency |
| --- | --- | --- |
| 02/01/24 – 01/31/25 | $1,000 | Interdisciplinary Integrative Health Seminar Series. (MPIs: Taylor-Swanson and Sisler) |
| 10/01/23 – 09/30/24 | $214,999 | Rural Community Health Center Partnerships to Develop and Implement Process for HPV Self-Collection and Follow-up Among Women Overdue for Cervical Cancer Screening. National Cancer Institute P30 Supplement. (PI: Kepka) |
| 03/01/23 – 02/28/24 | $2,500 | An Intersectional Lens of Perimenopause: A Conversation with Community Members. Transformative Intersectional Collective (TRIC) Fellow, Andrew Mellon Foundation (PI: Stockton). |
| 06/01/23- 05/30/24 | $30,000 | Addressing a Gap in MENOpausal Latinas’ Healthcare: Adapting MENOGAP for Community Healthworker Delivery in Hispanic/Latinx Communities. 1U4U Funding UU (PI: Taylor-Swanson) |
| 03/01/22 – 02/28/24 | $35,000 | American Indian and Alaska Native Midlife Women’s Symptom Experience and Access to Medical and Integrative Health Care: Developing a Culturally-Informed Integrative Medicine Group Visit  Vice President for Research Grant, University of Utah (UU) (PI: Taylor-Swanson) |
| 9/30/18 -7/31/20 | $5,000 | The Nonlinear Datapalooza 2.0: A Dynamic Working Conference, Vice President for Research Intramural Award, UU (PI: Taylor-Swanson) |
| 6/19/18 -7/31/20 | $3,000 | The Nonlinear Datapalooza 2.0: A Dynamic Working Conference, College of Nursing, UU, Intramural award (PI: Taylor-Swanson) |
| 6/1/19- 8/30/20 | $25,000 | Pilot Feasibility Study of Acupuncture Combined with Mindfulness (ACUMIND) for Chronic Pain, College of Nursing, UU, Intramural award (PI: Taylor-Swanson) |
| 12/1/17-12/1/19 | $37,000 | Acupuncture Treatment of Chemotherapy-Induced Peripheral Neuropathy in Women with Breast and Gynecologic Cancer: Mechanisms of Action and Feasibility. Intramural grant ($20,000) from College of Nursing, UU, and Intramural grant ($17,000) from Huntsman Cancer Institute, UU (PI: Taylor-Swanson) |
| 2016-17 | $21,846 | Postdoctoral Fellowship (T32), National Library of Medicine (PI: Demiris) |

1. Scholarships

| Dates | Amount | Title & Funding Agency |
| --- | --- | --- |
| 2017 | $600 | University of Washington Office of Postdoctoral Affairs Travel Award |
| 2015 | $350 | Western Institutes of Nursing conference, UW School of Nursing Scholarship |
| 2014 | $20,000 | Robert G. & Jean A. Reid Endowed Pre-Doctoral Fellowship – tuition coverage, health insurance, and stipend, 2014-2015 |
| 2014 | $2,500 | McLaws Nursing Scholarship for dissertation studies, UW School of Nursing |
| 2014 | $350 | Society for Chaos Theory in Psychology & Life Sciences – conference registration scholarship |
| 2014 | $500 | IN-CAM Scholarship to attend conference, November 2014. Calgary, AB, Canada |
| 2014 | $500 | Stevenson Scholarship Fund Travel Award – travel funds to attend Western Institutes of Nursing (WIN) |
| 2014 | $90 | deTornyay Center Travel Fund – funds to pay for a poster for WIN |
| 2013 | $350 | Society for Chaos Theory in Psychology & Life Sciences – conference registration scholarship |
| 2013 | $500 | deTornyay Center Travel Fund – travel funds for WIN |
| 2012 | $500 | Nursing Scholarship Fund – travel funds to attend the Council on the Advancement of Nursing Science (CANS) conference |
| 2012-13 | $1,000 | Mortar Board Scholar Graduate Scholarship – University of Washington chapter |
| 2012 | $500 | Peter & Rose Christie Endowed Fund – travel funds to attend WIN |
| 2011-13 | $17,000 | Achievement Rewards for College Students (ARCS) Foundation Fellow, School of Nursing, UW |
| 2011-13 | $60,000 | Zesbaugh & Crowley Scholarships, School of Nursing, University of Washington (3 years: tuition, stipend, medical coverage) |
| 2000 | $500 | Jan McGee Memorial Scholarship, Seattle Institute of Oriental Medicine |
| 1998 | $1,000 | Graduate Studies Fellowship, Phi Kappa Phi, University of Utah |
| 1993-96 | $9,000 | Psychology Department full-tuition scholarship, University of Utah |

**F. PUBLICATIONS & EDITORIAL EXPERIENCE**  
 (**Notes**: peer-reviewed publications \* | data-based publications + | student publications^)

1. Journal Publications

**\*Taylor-Swanson, L.,** Wong, B., Anderson, B.J., Hullender Rubin, L., Majd, I., Altschuler, D., Bensky, D., Ma, S., Mitchell, C., Taromina, K., Cohen, M. & Conboy, L. (2024) Describing Chinese herbal medicine telehealth care for symptoms related to infections diseases such as COVID-19: A prospective, longitudinal, descriptive cohort study protocol. *Integrative Medicine Reports*. Epub ahead of press. doi.org/10.1089/imr.2023.0042

\*+Anderson, B.J., Zappa, M., Glickstein, B., **Taylor-Swanson, L.** (2023) "The history of Chinese medicine really is very detailed regarding pandemics": A qualitative analysis of evidence-based practice and the use of Chinese herbal medicine by licensed acupuncturists during the COVID-19 pandemic in the United States. *J Integr Complement Med*29(11):738-746. doi: 10.1089/jicm.2023.0033. Epub 2023 Jun 12. PMID: 37307022; PMCID: PMC10663696.

\*+**Taylor-Swanson, L.**, Tu, W., Howell, C.S., Dillard, M.P., Bell, L., Nelson, A.T., Geppelt, C., Boccino, J.M., Taylor, E., Alvarez, G., Citkovitz, C., Johnson, K., Garcia, K. Teaching lay Guatemalan midwives acupressure: Outcomes and lessons learned. *Medical Acupuncture*. In review. *Medical Acupuncture*.

\*+**Taylor-Swanson, L.**, Tu, W., Howell, C.S., Dillard, M.P., Bell, L., Nelson, A.T., Geppelt, C., Boccino, J.M., Taylor, E., Alvarez, G., Citkovitz, C., Johnson, K., Garcia, K. Delivering acupuncture therapy in an interdisciplinary global health setting in Guatemala: Pilot study and lessons learned. *Medical Acupuncture*. Epub ahead of press.

\*+**Taylor-Swanson, L.,** & Stone, J.A. (2022). Women in acupuncture research: Interviews with leaders of the field. *Medical Acupuncture, 34(*5), 285-293.

\*+Anderson, B.J., Zappa, M., Leininger, B.D., & **Taylor-Swanson, L.** (2022) Use of Chinese herbs to treat symptoms likely related to COVID-19: Survey analysis of licensed acupuncturists in the United States. *Journal of Integrative and Complementary Medicine*. Epub ahead of press.

**Taylor-Swanson, L**., & Levett, K. (2022). Leveraging interprofessional collaboration to collect agreed common outcomes in everyday clinical practice. *Journal of Integrative and Complementary Medicine*. Epub ahead of press.

Bromley, F. A., **Taylor-Swanson, L. J.**, & Chao, M. T. (2022). Room for all: Inclusive diversity, equity, and access in acupuncture practice, education, and research. *Explore (New York, N.Y.)*, S1550-8307(22)00155-0. Advance online publication. https://doi.org/10.1016/j.explore.2022.08.013

\***Taylor-Swanson, L.**, Anderson, B.J., Hullender Rubin, L., Majd, I., Altschuler, D., Bensky, D., Ma, S., Mitchell, C., Taromina, K., Cohen, M., Conboy, L. (2022) Describing Chinese herbal medicine telehealth care for symptoms related to infectious diseases such as COVID-19: A prospective, longitudinal, descriptive cohort study protocol. *Integrative Medicine Reports.*

**Taylor-Swanson, L.,** Volf, N., & Stone, J.A. (2022). Introduction to the special issue: Women in Acupuncture Research. *Medical Acupuncture.*

^+**Taylor-Swanson, L.,** Sdrales, A., Ali, R., Anderson, B.J., Conboy, L., Cortez, M., Sheng, X., Price, C., Woods, N.F., & Gardiner, P. (Preprint). A systematic review of the effects of traditional East Asian medicine on symptom clusters during the menopausal transition. *Medrxiv*. Doi: <https://doi.org/10.1101/2022.04.26.22274224>

\*+^**Taylor-Swanson, L.**, Stoddard, K., Fritz, J., Anderson, B., Cortez, M., Conboy, L., Sheng, X., Flake, N., Sanchez-Birkhead, A., Stark, L., Jones, M., Woods, N.F., & Gardiner, P. (Preprint). Ethnically Diverse Midlife Women's Menopausal Transition Symptom Experience and Access to Medical and Integrative Health Care: Informing the Development of an Integrative Medicine Group Visit. *Medrxiv.*doi: https://doi.org/10.1101/2022.06.19.22276301

+Anderson, B.J., Zappa, M., Leininger, B.D., & **Taylor-Swanson, L.** (2022) Use of Chinese herbs to treat symptoms likely related to COVID-19: Survey analysis of licensed acupuncturists in the United States. *MedRxiv*.[doi:10.1101/2022.06.23.22276829](https://doi.org/10.1101/2022.06.23.22276829)

\*Nielsen, A., Dusek, J., **Taylor-Swanson, L.,** & Tick, H. (2022). Acupuncture therapy as an evidence-based nonpharmacologic strategy for comprehensive acute pain care: The Academic Consortium Pain Task Force white paper update. *Pain medicine (Malden, Mass.)*, *23*(9), 1582–1612. https://doi.org/10.1093/pm/pnac056

**\*+Taylor-Swanson, L.J.**, Altschuler, D., Taromina, K., Anderson, B., Bensky, D., Cohen, M., Huang, H., Ma, S., Majd, I., Mitchell, C., Schnyer, R.N., & Conboy, L. (2022). SEAttle-based Research of Chinese Herbs for COVID-19 study: A whole health perspective on Chinese herbal medicine for symptoms that may be related to COVID-19. *Glob Adv Health Med*. 11, 1-10.

Citkovitz, C., **Taylor-Swanson, L.J.**, Davis, R., Harris, R.E., Kligler, B., Kong, J.T., Lao, L. Mao, J., More, A.O.O., Napadow, V., Hullender Rubin, L., Schnyer, R., Wayne, P.D., & Witt, C.M. (2021). Turning point: A review of key research and engagement in 2021. *J Altern Complement Med.* 27(12):1-5. Corresponding author.

\*+ Backonja. U., **Taylor-Swanson, L.**, Miller, A,D., Jung, S.H., Haldar, S., & Woods, N.F. (2021) “There's the problem, now what's the solution?": Suggestions for technologies to support the menopausal transition from individuals experiencing menopause and healthcare providers. *J Am Med Inform Assoc., 28*(2), 209-221.

\* More, O.O.A., Harris, R.E. , Napadow, V., **Taylor-Swanson, L.,** Wayne, P.M., Witt, C.M., & Lao, L. (2021). Acupuncture Research in Animal Models: Rationale, Needling Methods and the Urgent Need for a Standards for Reporting Interventions in Clinical Trials of Acupuncture-Standards for Reporting Interventions in Acupuncture Using Animal Models Adaptation. *J Altern Complement Med.* 27(3):193-197.

\*+^Arseneau, M.E., Backonja, U., Litchman, M.L., Karimanfard, R., Sheng, X. & **Taylor-Swanson, L.** (2021). #Menopause on Instagram: A mixed-methods study. *Menopause, 28*(4), 391-399.

**Taylor-Swanson, L.,** Mitchell, C., Hullender Rubin, L.E., Taromina, K., & Conboy, L. (2020). COVID-19 trial for U.S. patients. *The Lantern*. Retrieved April 28, 2020, from <https://www.thelantern.com.au/covid-19/>

\* **Taylor-Swanson, L**., Simonsen, S.E., & Koithan, M. (2019). Midlife women and the opioid crisis: Commentary on the role of integrative health. *Archives of Women Health, 2*(6), 1-3.

\*+ **Taylor-Swanson**, L., Chang, J., Schnyer, R., Hsu, K.Y., Schmidt, B.A., & Conboy, L. (2019). Matrix analysis of traditional Chinese medicine diagnoses of Gulf War Illness. *Journal of Alternative & Complementary Medicine, 25*(10), 1-7.

**Taylor-Swanson**, L., Prasad, T., & Conboy, L. (2019). Complex adaptive systems theory and inter-rater reliability: Proposed answers to challenging questions. [Invited commentary on Special Focus Issue on Challenges in Inter-Rater Reliability in Traditional Chinese Medicine]. *Journal of Alternative & Complementary Medicine, 25*(10), 8-9.

\* Rizk, A., Simonsen, S., Roberts, L., Lemoine, J., **Taylor-Swanson, L.** Smid, M., (2019). Maternity care for pregnant women with opioid use disorder: A review. *Journal of Midwifery & Women’s Health*, 64(5), 532-544.

\* Lans, C., **Taylor-Swanson, L.** & Westfall, R. (2018). Herbal fertility treatments used in North America from colonial times to 1900, and their potential for improving the success rate of assisted reproductive technology. *Reproductive Biomedicine & Society Online, 5,* 60-81.

**Taylor-Swanson, L**. & Gale, M. (2018). Making the Case for Workers’ Compensation: Acupuncture for Low Back Pain. *Meridians: JAOM, 5*(3), 16-17.

\*+ **Taylor-Swanson, L.,** Stone**,**J.A.,Gale, M., Gaitaud, A., Huson, C., MacPherson, F., Martens, J., Godwin, J., & Yule, M. (2018). Systematic review of acupuncture for low back pain: Efficacy and clinically-meaningful change, *Meridians: JAOM, 5*(3), 18-39.

\*+ **Taylor-Swanson, L.,** Pike, K., Woods, N.F., Mitchell, E. & Herting, J. (2018). Self-awareness and the evaluation of hot flash severity: Observations from the Seattle Midlife Women’s Health Study. *Menopause, 26*(5) *476-484.*

\*+ Chen, A.T., **Taylor-Swanson, L.**, Buie, R.W., Park, A. & Conway, M. (2018). Assessing the quality of websites relating to complementary and integrative health: A Review of Five Domains. *Journal of Medical Internet Research.* [http://dx.doi.org/10.2196/ijmr.9803](https://www.umail.utah.edu/owa/redir.aspx?C=CgJNMqUeh2FPCCNCdzf7ffdtf6Te-qJP7cQ1HowkU7hg18xMJt3VCA..&URL=http%3a%2f%2fdx.doi.org%2f10.2196%2fijmr.9803)

\*+ **Taylor-Swanson, L**., Pincus, D., Wong, A., Pincus, D., Butner, J., Hahn-Holbrook, J., Koithan, M., Wann, K., & Woods, N.F. (2018). The dynamics of stress and fatigue across menopause: Attractors, coupling, and resilience. *Menopause, 25*(4), 380-390.doi: 10.1097/GME.0000000000001025

\*+ **Taylor-Swanson, L.,** Woods, N., Mitchell, E., Schnall, J., Cray, L., Thomas, A. & Ismail, R. (2014). Effects of traditional Chinese medicine on co-occurring symptoms during the menopausal transition and early postmenopause: A systematic review. *Climacteric, 18(2), 142-56.*

\*+ Thomas, AJ., **Taylor-Swanson, L.,** Ismail, R., Woods, NF., Cray, L., Mitchell, E. & Schnall, J. (2014). Effects of isoflavones and amino acid therapies for hot flashes and co-occurring symptoms during the menopausal transition and early postmenopause: A systematic review. *Maturitas, 78*(4), 263-76. doi: 10.1016/j.maturitas.2014.05.007

\*+ Ismail, R., **Taylor-Swanson, L.,** Thomas, A.,Schnall, JG., Cray, L., Mitchell, ES. & Woods, N.F. (2014) Effects of Herbal Preparations on Symptom Clusters During the Menopausal Transition. *Climacteric, 18,* 11-28.

\*+ Woods N.F., Mitchell, E.S., Schnall, J.G., Cray, L., Ismail, R., **Taylor-Swanson, L.**, Thomas, A. (2014). [Effects of mind-body therapies on symptom clusters during the menopausal transition.](http://www.ncbi.nlm.nih.gov.offcampus.lib.washington.edu/pubmed/23937432) *Climacteric, 17*(1), 10-22.

\* + Hullender Rubin, L.E., Opsahl, M.S., **Taylor-Swanson, L.**, Ackerman, D.L. (2013) [Acupuncture and in vitro fertilization: a retrospective chart review.](http://www.ncbi.nlm.nih.gov.offcampus.lib.washington.edu/pubmed/23363307) *Journal of Alternative & Complementary Medicine*, *19*(7), 637-43.

\* Woods, N.F. & **Taylor-Swanson, L.** (2012). Depression and heavy bleeding during the menopausal transition: adjusting our gaze. *Menopause, 19(9)*, 949-51. Invited commentary

\* Neumann, M., Scheffer, C., Cysarz, D., Bovelet, M., Tauschel, D., **Taylor-Swanson, L.,** & Edelhaeuser, F. (2011). Thermometer of Warmth in the Patient-Provider Relationship (WARMOMETER): Theory-based development of a patient self-report measure and initial validation using cognitive interview methodology. *Patient Education & Counseling, 82(*3), 361-9.

1. Current articles in Prep:
2. \*A Midrange Theory of Midlife women’s symptom experience and appraisal
3. \*+OUD and interoceptive awareness
4. \*Midlife women’s experience of pain, interoception: *Menopause* journal
5. \*+Symptom experience and appraisal, the evolution of self in the context of pulmonary fibrosis; *Integrative Medicine Reports*
6. \*Scoping Review of literature: American Indian/Alaska Native women in the menopausal transition
7. \*+Data-based AI/AN paper: needs assessment at Urban Indian Center of Salt Lake
8. Books (or Chapters in Books)

+ Booth-LaForce, C. & **Taylor-Swanson, L.** (2016). Systematic Review of Yoga for Symptoms Experienced During the Menopausal Transition. Principles and Practice of Yoga in Health Care**,** Sat Bir Khalsa, Shirley Telles, Lorenzo Cohen, Timothy McCall, Eds.

1. Published Abstracts

**Taylor-Swanson L,** Taromina K, Mitchell C, Altschuler D, Conboy L. (2021). Chinese Herbal Medicine Telehealth Outcomes for Symptoms Possibly Related to COVID-19, *European Journal of Integrative Medicine,* 48:101904-101904. PMCID: PMC8696086.

**Taylor-Swanson, L**., Rubin, L.H., Taromina, K., Mitchell, C., & Conboy, L. (2020) Describing Chinese

herbal medicine telehealth care for symptoms related to infectious diseases such as COVID-19:

a prospective, longitudinal, descriptive cohort study. *Integrative Medicine Research* 9, (Supp1), 100618. ISSN 2213-4220,

Conboy, L., **Taylor-Swanson, L.,** Citkovitz, C., Prasad, T., & Cassidy, C. (2020). Scoping review of

complexity in East Asian medicine and other science literature. *Integrative Medicine Research, 9*

(Supp 1), 100545.

\*+ Conboy, L., **Taylor-Swanson, L.,** Prasad, T. (2020) Evidence of complexity in TCM diagnostic

reasoning in Integrative Medicine Research. *Global Advances in Health and Medicine*, 9(1),

100544.

\*+ **Taylor-Swanson, L.,** Prasad, T., & Conboy, L. (2020). Licensed Acupuncturists’ Clinical Reasoning: Demonstration of Complexity, Connectivity, and Feedback Loops. *Global Advances in Health* *and Medicine*, P02.27LB, 9, 64.

\*+ Rioux, J., Munk, N., Cooley, K., Hinrichs, R., **Taylor-Swanson, L.** & Mastarnado, D. (2020) Preliminary results of a scoping review of integrative medicine interventions in underresourced populations in the United States. *Global Advances in Health and Medicine, 9,* P09.53LB, 189-190.

\*+**Taylor-Swanson, L.,** Budhathoki, A., White, S., & Garland, E. (2019). Combined mindfulness and acupuncture in the context of chronic pain: Pilot feasibility and acceptability study protocol. *Advances in Integrative Medicine, 6* Suppl. 1, s83.

\*+**Taylor-Swanson, L.,** Budhathoki, A., White, S., & Garland, E. (2019). Enhancing interoceptive awareness: Mindfulness and acupuncture as a combined intervention for chronic pain. *Advances in Integrative Medicine, 6* Suppl. 1, s45.

\*+**Taylor-Swanson, L.,** Conboy, Prasad, T. (2019). Complexity in Licensed Acupuncturists’ clinical reasoning. *Advances in Integrative Medicine, 6* Suppl. 1, s112.

+\* **Taylor-Swanson, L.,** Woods, N., & Fogel, A. (2013). A Case Study of the Development of Self in the Context of Chronic Pulmonary Illness. *Communicating Nursing Research*, 46403.

+\* Neumann, M. M., Scheffer, C. C., Cysarz, D. D., Tauschel, D. D., **Taylor-Swanson, L. J.,** & Edelhäuser, F. F. (2012). P05.54. Thermometer of warmth in the patient-provider relationship (WARMOMETER) - a short and easy to understand measure for use in integrative medicine. *BMC Complementary & Alternative Medicine*, *12*(Suppl 1), 1. doi:10.1186/1472-6882-12-S1-P414

+\* **Taylor-Swanson, L.,** Woods, N., & Mitchell, E. (2013). Traditional Chinese Medical Diagnoses as They Relate to Menopausal Symptom Clusters. *Communicating Nursing Research*, 46229.

1. Unpublished

+ **Taylor-Swanson, L**. (2015). Self-Awareness and Symptom Evaluation: Observations from the Seattle Midlife Women’s Health Study. Unpublished doctoral dissertation, School of Nursing, University of Washington, Seattle.

+ **Taylor-Swanson, L**. (1996). A Narrative Study of the Transition from Physical to Pretend Play. Unpublished honors senior thesis, Psychology Department, University of Utah, Salt Lake City.

1. Editorial Boards

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| --- | --- |
| Years | Journal |
| 2022-Present | *Explore: The Journal of Science & Healing, Associate Editor* |
| 2022 | *Medical Acupuncture: Special Issue Co-Editor on Women in Acupuncture Research* |
| 2021-Present | *Medical Acupuncture* |
| 2020-Present | *Journal of Alternative and Complementary Medicine* |

1. Manuscript & Abstract Reviews

|  |  |
| --- | --- |
| Years | Journal |
| 2019-Present | *Explore: The Journal of Science & Healing* |
| 2015-Present | *Alternative and Complementary therapies* |
|  | *International Journal of Qualitative Studies in Health & Well-being* |
|  | *Complementary Therapies in Medicine* |
| 2015 | *Invited Guest Editor for a Special Issue: Evidenced-Based Complementary & Alternative Medicine. Issue on women’s health, infertility, midlife women, ART, herbs, acupuncture, and clinical experiences* |
| 2014-2020 | *Journal of Alternative and Complementary Medicine* |
| 2011-Present | *Alternative and Complementary Therapies* |

**G. PRESENTATIONS**

1. Peer-Reviewed Presentations

2024

**Taylor-Swannson, L.** (April 11-14, 2024). Menopause: There’s so Much More to it than Hot Flashes and the Kidneys (Invited Plenary Talk. ), American Academy of Medical Acupuncture, Minneapolis, MN, USA.

**Taylor-Swannson, L.** (April 11-14, 2024). Menopause: A workshop on Acupuncture and East Asian medicine Techniques and Theories: 1 (Workshop), American Academy of Medical Acupuncture, Minneapolis, MN, USA.

**Taylor-Swannson, L.** (April 11-14, 2024). Menopause: A workshop on Acupuncture and East Asian medicine Techniques and Theories: 2 (Workshop), American Academy of Medical Acupuncture, Minneapolis, MN, USA.

Sisler, S. M., Friberg-Felsted, K., Macali, J., Clifton, J. & **Taylor-Swanson, L.** (2024, May 13). *Interdisciplinary Integrative Health Seminar Series* [Poster Presentation]*.* 2024 Evidence-Based Practice and Wellness Champions Poster Fair at the University of Utah, Salt Lake City, UT, United States.

2023

Moxley, A., Ward, K., & **Taylor-Swanson, L**. (October 29-31, 2023). Maturation 2.0: Menopause Group Education (Poster), The 26th Nurse Practitioners of Women’s Health (NPWH) Women’s Healthcare Conference. San Diego, CA, USA.

**Taylor-Swanson, L.,** Fritz, J., Anderson, B., Moreno, C., & Gardiner, P. (September 20-23, 2023). Designing and Delivering a Feminist Research-Informed Return of Results to Midlife Women: An Intersectionality Method to Understand and ‘Foreground’ Marginalized Voices. (Podium), The Second World Congress of Integrative Medicine and Health. Rome, Italy

**Taylor-Swanson, L**., Bear, A., Ziaks, L., Taubin, R., Osgood-Campbell, E., & Cortez, M. (September 20-23, 2023). Acupuncture Therapy for Autonomic Symptom Management: A Retrospective Case Series. (Poster), The Second World Congress of Integrative Medicine and Health. Rome, Italy

**Taylor-Swanson, L.,** Fritz, J., Anderson, B., Moreno, C., & Gardiner, P. (September 20-23, 2023). Designing and Delivering a Feminist Research-Informed Return of Results to Midlife Women: An Intersectionality Method to Understand and ‘Foreground’ Marginalized Voices. (Poster), The Second World Congress of Integrative Medicine and Health. Rome, Italy

**Taylor-Swanson, L.,**  Moreno, C., Anderson, B., Cortez, M., Conboy, L., Farah, L., Farah, S., Fritz, J., Geppelt, C., Lee, D., Merkley, H., Pacheco, L., Sanders, W., Sheng, X., Stoddard, K., Tavake-Pasi, F., Villalta, J., Gardiner, P. Addressing a Gap in Menopause Care (MENOGAP): Pilot Testing an Integrative Group Medical Visit. (Poster), The Second World Congress of Integrative Medicine and Health. Rome, Italy

Society for Acupuncture International Research Conference on May 17-21, 2023 in New York City, NY, From Mechanism to Patient-Centered Care: Research in Acupuncture and Traditional East Asian Medicine.

* Symposium: *Measuring Patient-Centered Care*: *Common data sets for acupuncture trials across women’s lifespan*. Kate Levett, **Dr.** **Lisa Taylor-Swanson**, Belinda “Beau” Anderson, Claudia Citkovitz, Lisa Conboy, Kathleen Lumiere, Rosa Schnyer.
* Post-Conference Workshop: *Building Consensus – Producing Core Outcome Sets for Acupuncture Trials in Women’s Health*. Kate Levett, **Dr.** **Lisa Taylor-Swanson**, Belinda “Beau” Anderson, Debra Betts, Claudia Citkovitz, Lisa Conboy, Kathleen Lumiere, Rosa Schnyer. **Wen Tu** and **Elisabeth Osgood-Campbell** assisted with the workshop.
* Oral Presentation: *Volunteer Primary Care Providers' Experience with Referring Guatemalan Patients for Acupuncture Therapy*. **Dr. Lisa Taylor-Swanson**, **Buffy Taylor**, **Lisa Bell**, Joan Boccino, **Mindy Dillard**, **Caroline Sariah Howell**, **Cinnamon Geppelt**, **Ashlee Taft Nelson**, Claudia Citkovitz, Gabby Alvarez, **Wen Tu**, **Dr. Kimberly Garcia**.

**Poster Presentations**

*Volunteer Primary Care Providers' Experience with Referring Guatemalan Patients for Acupuncture Therapy.* **Dr. Lisa Taylor-Swanson**, **Buffy Taylor**, **Lisa Bell**, Joan Boccino, **Mindy Dillard**, **Caroline Sariah Howell**, **Cinnamon Geppelt**, **Ashlee Taft Nelson**, Claudia Citkovitz, Gabby Alvarez, **Wen Tu**, **Dr. Kimberly Garcia**.

*Training Guatemalan Lay Midwives in Acupressure for Preterm and Post-term Labor*. **Dr. Lisa Taylor-Swanson**, **Buffy Taylor**, **Lisa Bell**, Joan Boccino, **Mindy Dillard**, **Caroline Sariah Howell**, **Cinnamon Geppelt**, **Ashlee Taft Nelson**, Claudia Citkovitz, Gabby Alvarez, **Wen Tu**, **Dr. Kimberly Garcia**.

*Delivering Acupuncture Therapy in Guatemala During a Medical Mission*: *Pilot Study Outcomes and Lessons Learned*. **Dr. Lisa Taylor-Swanson**, **Buffy Taylor**, **Lisa Bell**, Joan Boccino, **Mindy Dillard**, **Caroline Sariah Howell**, **Cinnamon Geppelt**, **Ashlee Taft Nelson**, Claudia Citkovitz, Gabby Alvarez, **Wen Tu**, **Dr. Kimberly Garcia**.

*Acupuncture Therapy for Autonomic Symptom Management*:*A Retrospective Case Series.* **Dr. Lisa Taylor-Swanson**, Autumn Bear, Lauren Ziaks, Rhonda Taubin, **Elisabeth** **Osgood-Campbell**, and Melissa Cortez.

*CARE* – H*ealth Research Reporting Guidelines for Case Reports.* Lisa Conboy, **Dr.** **Lisa Taylor-Swanson**, Kathleen Lumiere, David Riley.

**Taylor-Swanson, L.,** Bell, L., Dillard, M., Boccino, J., Howell, C.S., Geppelt, C., Nelson, A.T., Taylor, E.B., Citkovitz, C., Tu, W., Alvarez, G., & Garcia, K. (May 7-9, 2023) **Pilot Study with Guatemalan Lay Midwives about Acupressure to Encourage or Discourage Labor.** (Poster), American College of Nurse-Midwives Orlando, FL, USA

**Taylor-Swanson, L.**, Tu, W., Howell, C.S., Dillard, M., Bell, L., Nelson, A.T., Geppelt, C., Boccino, J., Taylor, E.B., Alvarez, G., Citkovitz, C., Johnson, K., & Garcia, K. (May 7-9, 2023) **Primary Care Providers' Experience with Referring Guatemalan Patients for Acupuncture Treatment.** (Poster), American College of Nurse-Midwives Orlando, FL, USA

**Taylor-Swanson, L.J.,** Moreno, C., Anderson, B., Cortez, M., Conboy, L., Farah, L., Farah, S., Fritz, J., Geppelt, C., Lee, D., Merkley, H., Pacheco, L., Sanders, W., Sheng, X., Stoddard, K., Tavake-Pasi, F., Villalta, J., & Gardiner, P. (May 18, 2023) Addressing a Gap in Menopause Care (MENOGAP): Pilot Testing and Integrative Group Medical Visit. (Poster), Women, Disrupted: Environmental, Endocrine, Emotional, Equity & Economic Impacts on Women’s Health. SLC, UT, USA.

**Taylor-Swanson, L.,** Bell, L., Dillard, M., Boccino, J., Howell, C.S., Geppelt, C., Nelson, A.T., Taylor, E.B., Citkovitz, C., Tu, W., Alvarez, G., & Garcia, K. (May 18, 2023) Training Guatemalan Lay Midwives in Acupressure for Preterm and Post-term Labor. (Poster), Women, Disrupted: Environmental, Endocrine, Emotional, Equity & Economic Impacts on Women’s Health. SLC, UT, USA.

**Taylor-Swanson, L.,** Moreno, C., Osgood-Campbell, E., Stoddard, K.D., Tu, W., & Gardiner, P. (February 28 – March 2, 2023). Women’s Interest in the development of an Integrative Group Medical Visit for the Menopausal Transition (Poster), 2023 Integrative Medicine and Health Symposium, Chicago, IL, USA.

2022

**Taylor-Swanson, L.,** Fritz, J., Stoddard, K.D., Woods, N.F., & Gardiner, P. (November 6-9, 2022). Women’s Interest in the Development of an Integrative Group Medical Visit for the Menopausal Transition. (Podium Presentation), American Public Health Association. Boston, MA, USA.

**Taylor-Swanson, L.,** Taromina, K., Altschuler, D., & Conboy, L. (November 6-9, 2022). Chinese herbal medicine telehealth outcomes for symptoms possibly related to COVID-19. (Podium Presentation), American Public Health Association. Boston, MA, USA.

**Taylor-Swanson, L.,** & Koithan, M. (November 6-9, 2022). Developing an Explanatory Middle Range Theory of Midlife Women’s Health and Wellness. (Poster, American Public Health Association. Boston, MA, USA.

**Taylor-Swanson, L.,** Sdrales, A., Ali, R., Anderson, B., Conboy, L., Cortez, M., Sheng, X., Price, C., Woods, N.F., Fritz, J., & Gardiner, P. (November 6-9, 2022). A Systematic Review of the Effects of Traditional East Asian Medicine on Symptom Clusters During the Menopausal Transition and Early Post-Menopause. (Poster), American Public Health Association. Boston, MA, USA.

**Taylor-Swanson, L.,** Fritz, J., Anderson, B., Moreno, C., & Gardiner, P. (October 12-15, 2022). Designing and Delivering a Feminist Research-Informed Return of Results to Midlife Women: A Method to Understand and ‘Foreground’ Marginalized Voices. (Poster), North American Menopause Society. Atlanta, GA, USA.

**Taylor-Swanson, L.,** Fritz, J., Anderson, B., Moreno, C., & Gardiner, P. (October 12-15, 2022). Designing and Delivering a Feminist Research-Informed Return of Results to Midlife Women: A Method to Understand and ‘Foreground’ Marginalized Voices. (Poster), North American Menopause Society. Atlanta, GA, USA.

**Taylor-Swanson, L.J.,** Fritz, J., Stoddard, K., Anderson, B., Cortez, M., Conboy, L., Sheng, X., Flake, N., Sanchez-Birkhead, A., Stark, A., Jones, M., Moreno, C., Farah, S., Farah, L., Lee, D., Merkley, H., Pacheco, L., Sanders, W., Tavake-Pasi, F., Villalta, J., Geppelt, C., & Gardiner, P. Midlife Women’s Symptom Experience and Access to Medical and Integrative Health Care: Informing the Adaptation of an Integrative Medical Group Visit for Peri- and Post-Menopause. (Poster), North American Menopause Society. Atlanta, GA, USA.

**Taylor-Swanson, L.,** Gardiner, P., Fritz, J., Stoddard, K.D., & Woods, N.F. (May 23-26, 2022). Perimenopausal Women’s Attitudes About and Interest in an Integrative Group Medical Visit. (Poster), University of Utah Sex and Gender Conference. Online.

**Taylor-Swanson, L.,** & Koithan, M. (April 27-29, 2022). Midlife Women’s Health and Wellness: An Explanatory Middle Range Theory (Poster), University of Utah Sex and Gender Conference. Online.

**Taylor-Swanson, L.,** & Koithan, M. (April 27-29, 2022). Midlife Women’s Health and Wellness: An Explanatory Middle Range Theory (Poster), International Integrative Nursing Conference. Online.

**Taylor-Swanson, L.,** Gardiner, P., Fritz, J., Stoddard, K.D., & Woods, N.F. (May 23-26, 2022). Perimenopausal Women’s Attitudes About and Interest in an Integrative Group Medical Visit. (Poster), International Congress on Integrative Medicine and Health. In person.

**Taylor-Swanson, L.** (April 6-9, 2022). Midlife Women’s Health and Wellness; A Descriptive Middle Range Theory (Podium), Western Institutes of Nursing. In person.

2021

**Taylor-Swanson, L.,** Gardiner, P., Anderson, B., Conboy, L., Cortez, M., Price, C., Sheng, X., Woods, N., & Fritz, J. (September 17, 2021). Tailoring Integrative Group Medical Visits for Perimenopausal Women, Group Medical Visit Conference, Online.

Baustädter, V., Bensky, D., Scheid, V., Conboy, L., Krassnig, K., Mitchell, C., Stöger, E., & **Taylor-Swanson, L**.

(May 29-30, 2021) COVID-19 and Chinese Medicine International online symposium hosted by ABZ München. Invited speaker and panelist.

**Taylor-Swanson, L**., Napadow, V., & Wayne, P. Member Symposium 1: The Role of Interoception in Traditional East Asian Medicine (symposium organizer & presenter), Society for Acupuncture Research International Research Conference, Online.

**Taylor-Swanson, L.,** & Conboy, L. (June 14-17, 2021). Pandemics, Pain & Public Health: Poled and Relevance of Traditional East Asian Medicine. SAR Research Conference (virtual conference) by the Society for Acupuncture Research.

Macbeth, J., **Taylor-Swanson, L.,** & Conboy, L. Complexity Science in East Asian Medical Diagnosis. (poster), Society for Acupuncture Research International Research Conference, Online.

Levett, K., Betts, D., Citkovitz, C., & **Taylor-Swanson, L.** Member Symposium 4: Women’s health can be a pain! How research informs acupuncture practice for pain conditions in women’s health. (Symposium organizer & presenter), Society for Acupuncture Research International Research Conference, Online.

Arseneau, M., Karimanfard, R., Simonsen, S., Litchman, M., & **Taylor-Swanson, L.** (2021, Apr. 14-17). *#Menopause: Social media conversations about menopause* [podium presentation deferred from 2020]. Western Institute of Nursing, Salt Lake City, UT, USA.

2020

Rioux, J., Munk, N., Cooley, K., Hinrichs, R., **Taylor-Swanson, L.,** & Mastnardo, D. (2020, October 9-11). *Results of a Scoping Review of Integrative Medicine Interventions in Under-resourced Populations in the United States.* [Online poster]. Academy of Integrative Health & Medicine Annual Integrative Health & Medicine Virtual Conference.

**Taylor-Swanson, L.,** Hullender Rubin, L., Taromina, K., Mitchell, C. & Conboy, L. *Describing Chinese herbal medicine telehealth care for symptoms related to infectious diseases such as COVID-19: A prospective, longitudinal, descriptive cohort study protocol.* [Online poster]. Society for Acupuncture Research, Seoul, South Korea. (Conference online).

Conboy, L., **Taylor-Swanson, L.** & Prasad, T. Evidence of complexity in Traditional Chinese Medicine (TCM) diagnostic reasoning. [Online poster]. Society for Acupuncture Research, Seoul, South Korea. (Conference online).

Conboy, L., **Taylor-Swanson, L.,** & Prasad, T. Chinese medicine diagnostic reasoning as a complex adaptive process: COVID-19 example [Poster]. International Conference on Complex Systems, Boston, MA, USA. (Conference online).

Conboy, L., **Taylor-Swanson, L.,** & Prasad, T. Chinese medicine clinical reasoning is complex. [Recorded podium presentation]. International Conference on Complex Systems, Boston, MA. (Conference online).

Conboy, L., Koithan, M., **Taylor-Swanson, L.**, Gulf War Illness treated by acupuncture renders nonlinear outcome effects. On-site discussion and analyses of data. Group presentation at close of conference, The Nonlinear Datapalooza 2.0, Salt Lake City, UT, USA

Rioux, J, Munk, N, Cooley, K, **Taylor-Swanson, L**, Hinrichs, R, & Mastnardo, D. Preliminary results of a scoping review of integrative medicine interventions in underresourced populations in the United States [Poster]. International Congress on Integrative Medicine and Health, Cleveland, OH, USA. (Conference canceled)

**Taylor-Swanson, L.**, Prasad, T., Jacobsen, E., & Conboy, L. Licensed acupuncturists’ clinical reasoning: Demonstration of complexity, connectivity, and feedback loops [Poster]. International Congress on Integrative Medicine and Health, Cleveland, OH, USA. (Conference canceled).

2019

**Taylor-Swanson, L.**, Stone, J., & Gale, M. Update on the Washington State Labor & Industries Policy (podium presentation). Society for Acupuncture Research, Burlington, VT, USA.

**Taylor-Swanson, L.**, Prasad, T., Jacobsen, E., & Conboy, L. Complexity in Licensed Acupuncturists’ Clinical Reasoning (poster & featured Lightning Round). Society for Acupuncture Research, Burlington, VT, USA.

Conboy, L., Pendavaris, & **Taylor-Swanson, L.** Utilizing TCM Cluster Theory to Analyze Ehlers-Danlos Syndrome – A Connective Tissue Disease (poster). Society for Acupuncture Research, Burlington, VT, USA.

**Taylor-Swanson, L.,** Arseneau, M., Karimanfard, R., & Simonsen, S. Midlife Women and Fatal Opioid Overdose, Sex and Gender in Women’s Health Research Conference, Salt Lake City, UT, USA.

Arseneau, M., Karimanfard, R., & **Taylor-Swanson, L.** Social Media Discussions of #Menopause, Sex and Gender in Women’s Health Research Conference, Salt Lake City, UT, USA.

**Taylor-Swanson, L.** White, S., Budhathoki, A. & Garland, E. Enhancing Interoceptive Awareness: Mindfulness and Acupuncture as a Combined Intervention for Chronic Pain (podium presentation). International Conference on Complementary Medical Research, Brisbane, Australia.

**Taylor-Swanson, L.,** Prasad, T., Jacobsen, E., & Conboy, L. Complexity in Licensed Acupuncturists’ Clinical Reasoning (podium presentation). International Conference on Complementary Medical Research, Brisbane, Australia.

**Taylor-Swanson, L.,** White, S., Budhathoki, A., & Garland, E. Combined Mindfulness and Acupuncture in the Context of Chronic Pain: Pilot Feasibility and Acceptability Study Protocol (poster). International Conference on Complementary Medical Research, Brisbane, Australia.

**Taylor-Swanson, L.,** Prasad, T., Jacobsen, E., & Conboy, L. Complexity in Licensed Acupuncturists’ Clinical Reasoning (poster). International Conference on Complementary Medical Research, Brisbane, Australia.

Arseneau, M., Karimanfard, R., & **Taylor-Swanson, L.** Social Media Discussions of #Menopause. Undergraduate Research Experience Conference, Salt Lake City, UT, USA.

2017

**Taylor-Swanson, L**. From Measurement to Model: Self-Awareness and Hot Flash Severity (symposium), Western Institute of Nursing, Denver, CO, USA.

**Taylor-Swanson, L**. Dynamics of Stress and Fatigue During the Menopausal transition, Early Postmenopause

(symposium), Western Institute of Nursing, Denver, CO, USA.

**Taylor-Swanson, L**., Stone, J. Acupuncture for Low Back Pain: A Systematic Review of Randomized Controlled Trials (poster), Society for Acupuncture Research, San Francisco, CA, USA.

**Taylor-Swanson, L.** Whole Systems of Traditional East Asian Medicine: A Multiple Case Study (poster), Society for Acupuncture Research, San Francisco, CA, USA.

2016

**Taylor-Swanson, L**. Assessing the Self-Consciousness Scale in a Sample of Midlife Women (podium presentation), Western Institute of Nursing, Disneyland, CA, USA.

**Taylor-Swanson, L**. Testing of a Model of Self-Awareness on Hot Flash Severity (podium presentation) Western Institute of Nursing, Disneyland, CA, USA.

**Taylor-Swanson, L**. Emerging Methodological Approaches for Integrative Nursing Science and Research (symposium presentation), Western Institute of Nursing, Disneyland, CA, USA.

**Taylor-Swanson, L**. Assessing the Self-Consciousness Scale in a Sample of Midlife Women, (poster) Western Institute of Nursing, Disneyland, CA, USA.

2015

Wong, A., **Taylor-Swanson, L.**, Koithan, M., Pincus, D., Butner, J., Woods, N.F. & Conboy, L. Attractor dynamics during the menopausal transition and early post-menopause (podium presentation with Wong & Taylor-Swanson co-presenting), Society for Chaos Theory in Psychology & Life Sciences, Gainesville, FL, USA.

**Taylor-Swanson, L.**, Pincus, D., Koithan, M., Conboy, L, Woods, N., Butner, J. & Wong, A. Seattle Midlife Women’s Health Study. On-site discussion and analyses of data. Group presentation at close of conference, Datapalooza, Orange, CA, USA

**Taylor-Swanson, L**, Meins, A, Lin, SY, Price, C, Chow, C, Buckland, H, Bjornsen, K. PhD in Nursing Science for non-RNs: Opportunities, Challenges and Future Directions (podium presentation), Western Institute of Nursing, Albuquerque, NM, USA

**Taylor-Swanson, L**, Park, S, Lin, SY, Squires, S, Hien, HD, Lin, YT & Voss, J. Addressing gaps in a nursing research doctoral education program (podium presentation), Western Institute of Nursing, Albuquerque, NM, USA.

2014

**Taylor-Swanson, L**. Self-awareness and Traditional East Asian Medicine. (Podium presentation) IN-CAM, Calgary, AB, Canada.

**Taylor-Swanson, L**, Koithan, M, Conboy, L & Bell, I. Complex Adaptive Systems as Applied to Complementary & Integrative Medicine (symposium organizer & presenter). IRCIMH, Miami, FL, USA

**Taylor-Swanson, L**, Woods, N, Mitchell, E, Cray L, Ismail R, Thomas A. Symptom clusters and CAM therapeutics. (poster). IRCIMH Miami, FL, USA.

**Taylor-Swanson, L** & Woods, NF. Traditional East Asian Medicine Approaches to Identifying Symptom Clusters. (poster). Western Institutes of Nursing. Seattle, WA, USA.

**Taylor-Swanson, L** (poster). Systematic Review of Acupuncture for Geriatric Concerns. Western Institutes of Nursing. Seattle, WA, USA.

2013

**Taylor-Swanson**, L. (poster). Systematic Review of Acupuncture for Geriatric Concerns. Elder Friendly Futures Conference, Seattle, WA, USA.

**Taylor-Swanson** L, Applications of Complex Adaptive Systems in Complementary and Integrative Medicine Research (symposium presentation and organizer). SCTPLS Portland, OR, USA.

Woods N, Mitchell E, Cray L, **Taylor-Swanson L**, Ismail R, Thomas A. Symptom clusters and therapeutics (symposium). Western Institutes of Nursing, Anaheim, CA, USA.

**Taylor-Swanson, L**. Developing sense of self in the context of chronic illness (podium presentation). Western Institutes of Nursing, Anaheim, CA, USA.

2012

Woods N, Mitchell E, Cray L, **Taylor-Swanson L**, Ismail R, Thomas A. Symptom clusters during the menopausal transition and postmenopause: From identification to therapeutics (symposium). Council for the Advancement of Nursing Science Washington DC, USA.

**Taylor-Swanson** L. Traditional East Asian Medicine and the menopausal tradition. Council for the Advancement of Nursing Science Washington DC, USA.

Neumann M & **Taylor-Swanson L**. Thermometer of warmth in the patient-provider relationship (WARMOMETER) – A short and easy to understand measure for use in integrative medicine (poster). IRCIMH, Portland, OR, USA.

Woods N, Mitchell E, Cray L, **Taylor-Swanson L**, Ismail R, Thomas A. Symptom clusters during the menopausal transition and postmenopause: From identification to therapeutics (symposium). Western Institutes of Nursing, Portland, OR, USA.

Neumann M & **Taylor-Swanson L**. Nursing applications for the WARMOMETER – A measurement of provider warmth (poster). Western Institutes of Nursing, Portland, OR, USA.

**Taylor-Swanson L** Menopausal symptoms treated by Traditional East Asian Medicine – Two case studies (podium presentation). Western Institutes of Nursing, Portland, OR, USA.

2011

Cassidy C, **Taylor-Swanson L**, Conboy L & Flesch H. The uses of qualitative research in advancing the acupuncture profession. Panel presentation. AAAOM, Bethesda, MD, USA.

2010

**Taylor-Swanson L**. Case Study of Adolescent Primary Dysmenorrhea Treated with Traditional Chinese Medicine. Poster, IN-CAM, Vancouver, Canada.

**Taylor-Swanson L.** Traditional Chinese Medicine is a Dynamic System of Medicine. Podium presentation. IN-CAM, Vancouver, Canada.

**Taylor-Swanson, L**. Development of self in the context of chronic illness. Podium presentation. International Conference on Complementary Medical Research. Tromsø, Norway.

2009

**Taylor-Swanson, L**. A dynamic systems view and frame analysis of clinical reasoning in a traditional Chinese medicine clinic within the context of the patient-practitioner relationship. Podium presentation, North American Research Conference on Complementary & Integrative Medicine: Collaboration to Promote Scientific Discovery & Health, Minneapolis, MN.

1996

**Taylor, L**. A Narrative Study of the Transition from Physical to Pretend Play. Poster, Society for Research in Child Development (SRCD), Washington DC.

**Taylor, L**. A Frame Analysis of the Transition from Physical to Pretend Play. Poster, Rocky Mountain Psychological Association (RMPA), Park City, UT.

1. Invited Speeches / Lectures-National & International

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| Dates | Title, Sponsor | Location |
| 2024 | **Taylor-Swanson, L.** “There’s so Much More to it Than Hot Flashes and the Kidneys.” Plenary. AAMA. April 13, 2024. | Minneapolis, MN |
| 2024 | **Taylor-Swanson, L.** “Menopause: A Workshop on Acupuncture and East Asian medicine Techniques and Theories.” Workshop offered twice. April 13, 2024. | Minneapolis, MN |
| 2022 | **Taylor-Swanson, L.** “Acupuncture and Interoceptive Awareness.” Building the Research Base for Somatic Movement. Presentation and panel discussion. International Somatic Movement Education & Therapy Association. April 30 2022 | Online |
| 2021 | **Taylor-Swanson, L.** & Conboy, L. “Chinese herbal medicine: Effectiveness to treat symptoms that may be related to COVID-19 disease.” Society for Acupuncture Research. | Ann Arbor, MI (online) |
| 2020 | **Taylor-Swanson, L.**, Levett, K., Hullender Rubin, L., Betts, D. & Citkovitz, C. “Acupuncture to promote women’s health across the lifespan: Translating research to practice and back.” Society for Acupuncture Research. | Seoul, South Korea (online) |
| 2020 | **Taylor-Swanson, L.**, Prasad, T., Citkovitz, C., Schnyer, R.N., & Conboy, L. “Complexity science and acupuncture research: Advancing a new paradigm.” Society for Acupuncture Research. | Seoul, South Korea (online) |
| 2018 | **Taylor-Swanson, L.** “In the weeds: A practical approach to herbal medicine in clinical practice.” The University of Texas at Austin, College of Pharmacy. | Austin, TX |

1. Invited Speeches / Lectures-Regional

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| Dates | Title, Sponsor | Location |
| 2023 | **Taylor-Swanson, L.** “Stress Management Science and Self-Care Tips.” Incoming PhD cohort, College of Nursing, University of Utah. | Salt Lake City, UT |
| 2023 | **Taylor-Swanson, L.** “Managing Your Stress and Maximizing Your Post-Doc.” Incoming postdoctoral fellow cohort, College of Nursing, University of Utah. | Salt Lake City, UT |
| 2022 | **Taylor-Swanson, L.** “Stress Management Science and Self-Care Tips.” Incoming PhD cohort, College of Nursing, University of Utah. | Salt Lake City, UT |
| 2021 | **Taylor-Swanson, L.** “Stress Management Science and Self-Care Tips.” Incoming PhD cohort, College of Nursing, University of Utah. | Salt Lake City, UT |
| 2020 | **Taylor-Swanson, L.** “Stress Management Science and Self-Care Tips.” Incoming PhD cohort, College of Nursing, University of Utah. | Salt Lake City, UT |
| 2019 | **Taylor-Swanson, L.** “Stress Management Science and Self-Care Tips.” College Council, College of Nursing, University of Utah. | Salt Lake City, UT |
| 2019 | **Taylor-Swanson, L.** “Stress Management Science and Self-Care Tips.” Incoming PhD cohort, College of Nursing, University of Utah. | Salt Lake City, UT |
| 2018 | **Taylor-Swanson, L.** “Stress Management Science and Self-Care Tips.” Incoming PhD cohort, College of Nursing, University of Utah. | Salt Lake City, UT |
| 2018 | **Taylor-Swanson, L.** “In the weeds: A practical approach to herbal medicine in clinical practice.” College of Nursing, University of Utah. | Salt Lake City, UT |
| 2011 | **Taylor-Swanson, L.** “An introduction to traditional Chinese medicine.” Women in Networking. | Tacoma, WA |
| 2010 | **Taylor-Swanson, L.** “Morning and evening routines to improve health: Overview of Traditional Chinese Medicine.” Abundant Health. | Tacoma, WA |
| 2010 | **Taylor-Swanson, L.** “An overview of traditional Chinese medicine.” Pacific Lutheran University. | Tacoma, WA |
| 2008 | **Taylor-Swanson, L.** The treatment of male- and female-factor infertility with Traditional East Asian Medicine.” Marlene’s Market & Deli. | Tacoma, WA |
| 2008 | **Taylor-Swanson, L.** & Sack-Ory, J. “Yoga and acupressure as stress-relieving techniques at home.” Three Trees Yoga. | Federal Way, WA |
| 2007 | **Taylor-Swanson, L.** “Acupuncture and infertility.” Three Trees Yoga. | Federal Way, WA |
| 2007 | **Taylor-Swanson, L.** “Introduction to acupuncture.” Three Trees Yoga. | Federal Way, WA |
| 2007 | **Taylor-Swanson, L.** “Chinese medicine at home.” Three Trees Yoga. | Federal Way, WA |
| 2007 | **Taylor-Swanson, L.** “Introduction to acupuncture.” Metro Parks Tacoma. | Federal Way, WA |
| 2007 | **Taylor-Swanson, L.** & Schwisow, K. “Acupressure and yoga for stress.” Three Trees Yoga. | Federal Way, WA |
| 2006 | **Taylor-Swanson, L.** & Schwisow, K. “Acupressure and yoga for stress.” Three Trees Yoga. | Federal Way, WA |
| 2002 | **Taylor-Swanson, L.** “Healthy living through herbs and acupressure.” Highline Community Hospital, Women and Wellness Conference. | Seattle, WA |

1. Media

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| Dates | Title/Topic | Type of Media |
| March 2024 | Women’s Health Month: College of Nursing Blog. Puerto Rico Trip | Online blog. |
| 10/2022 | “Interoceptive awareness and acupuncture.” Interview with Lisa Taylor-Swanson, Elisabeth Osgood-Campbell, and Nick Lowe | [Podcast](https://www.qiological.com/interoceptive-awareness/) |
| 12/2021 | Women’s health can be a pain! | [YouTube Channel](https://www.youtube.com/watch?v=Nzqjy51LCfo) |
| 04/2022 | Does Acupuncture Work for Headaches? | [YouTube Channel](https://www.youtube.com/watch?v=yjz6HQn5A90) |
| 10/2021 | “Stress Increases During Menopause: Six Ways to Stay Calm Through it All” | [MindBodyGreen online blog](https://www.mindbodygreen.com/articles/how-to-stress-less-during-menopause) |
| 05/2020 | “Tracing the wind-designing and implementing a study on the treatment of symptoms from possible COVID-19 with Chinese herbal medicine.” Interview with Lisa Taylor-Swanson & Lisa Conboy. Qiological. Michael Max. | [Podcast](https://www.qiological.com/blog) |
| 02/2020 | “Tracking the void, Nonlinear methods of research.” Interview on Qiological with Michael Max | [Podcast](https://www.qiological.com/blog/complexity-research) |
| 12/2019 | “Introducing Lisa Taylor-Swanson.” Society for Acupuncture Research | Email newsletter |
| 04/2018 | “Research methods for East Asian medicine practitioners.” Interview on Qiological with Michael Max. | [Podcast](https://www.qiological.com/blog/research-covid-chm) |
| 10/2017 | *Scope Radio interview with Dr. Kirtly Jones*. “Menopause and Acupuncture” | [Online radio](https://healthcare.utah.edu/the-scope/shows.php?shows=0_499bye0t) |
| 10/2017 | “Washington and Minnesota initiate acupuncture and interdisciplinary pain payment trials.” Integrative Practitioner Newsletter. John Weeks. | [Online international newsletter](https://www.integrativepractitioner.com/practice-management/news/washington-minnesota-initiate-acupuncture-interdisciplinary-pain-payment-trials) |
| 09/2015 | “Tracing the flap of a butterfly’s wings – using complexity science to study acupuncture.” Everyday Acupuncture. | [Podcast interview](https://www.everydayacupuncturepodcast.com/acupuncture-resource/) |
| 04/2013 | Acupuncture infertility treatment discovery research | Acupuncture Continuing Education: [Healthcare Medicine Institute](https://www.healthcmi.com/Acupuncture-Continuing-Education-News/739-infertilityclom) |

**H. PROFESSIONAL ORGANIZATIONS & SERVICE**

1. College of Nursing Committees

|  |  |  |  |
| --- | --- | --- | --- |
| Years | Committee | Role | |
| 2021-Present | Advanced Nursing Practice Committee | Member |
| 2022-2023 | Awards & Recognition Committee | Member |
| 2021-2022 | Women’s Health Research & Information Exchange (WH RITe) | Chair |
| 2021-2022 | Research Committee | Chair |
| 2020-2021 | Tenure Line Search Sub-Committee | Member |
| 2017-2021 | Search Committee | Member |
| 2019-2021 | Women’s Health Research & Information Exchange (WH RITe) | Co-Chair | |
| 2017-2018 | Baccalaureate Committee | Member | |
| 2017-2022 | Research Committee | Chair Elect | |
| 2017-Present | PhD Faculty Committee | Member | |
|  |  |  | |

1. Health Sciences Center Committees

|  |  |  |  |
| --- | --- | --- | --- |
| Years | Committee | Role | |
| 2022-Present | Osher Center Development Committee | Member |
|  |  |  | |

1. University Committees

|  |  |  |  |
| --- | --- | --- | --- |
| Years | Committee | Role | |
| 2022-Present | Equity, Diversity, and Inclusion University Committee | Member |
|  |  |  | |

1. Professional Organizations

|  |  |  |
| --- | --- | --- |
| Years | Committee | Role |
| 2019-Present | Pain Task Force, Academic Consortium for Integrative Medicine & Health (an international society) | Invited member |
| 2018-Present | Research Working Group, Academic Consortium for Integrative Medicine & Health (an international society) | Member |
| 2018-Present | Site Visitor, Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) | Site Visitor |

1. Consultation and Boards

|  |  |  |
| --- | --- | --- |
| Years | Committee | Role |
| 2021-Present | Society for Acupuncture Research | Board Secretary |
| 2020-2021 | Academy for Math, Engineering and Science Charter-Board | Board Chair |
| 2020-Present | Society for Acupuncture Research (an international society) | Member |
| 2019-Present | Pain Task Force, Academic Consortium for Integrative Medicine & Health (an international society) | Invited member |
| 2018-2020 | Academy for Math, Engineering and Science Charter School Board | Member |
| 2018-Present | Research Working Group, Academic Consortium for Integrative Medicine & Health (an international society) | Member |
| 2018-2019 | Academy for Math, Engineering and Science Charter School-Parent Teacher Student Organization | President |
| 2017-Present | Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) | Site Accreditor |

1. Other

N/A

Academic Service

2024 SAR Conference Planning Committee, Hong Kong.

2023 Conference Planning Committee, Academic Consortium for Integrative Medicine & Health (an international society), [name of conference/place]

2022 Conference Planning Committee, Academic Consortium for Integrative Medicine & Health (an international society), [name of conference/place]

2022 Conference Planning Committee, Society for Acupuncture Research international meeting, May 2023, NYC, NY.

2021 Acupuncture Abstract Co-Chair, Academic Consortium for Integrative Medicine & Health (an international society), Phoenix, Arizona, May 23-26, 2022.

2021-2022 The Academic Collaborative for Integrative Health Council of AIHM (ACIH) taskforce provided feedback for the 2021-2025 NCCIH Strategic Plan, [*Mapping a Pathway to Research on Whole Person Health*](https://aihm.campaign-view.com/click.zc?od=3zf8fa4911f7616d5671313e38474786725f447411d82f79bf484728a901dea4dc&repDgs=186ed12f1d1affa2&linkDgs=186ed12f1d1ae6e0&mrd=186ed12f1d1afe33&m=1)*.*

2013-2015 PHD Curriculum Committee (PHDCC) Student Rep, School of Nursing, University of Washington

2014-2017 Special task force of PHDCC student reps to evaluate Nursing Methods (NMETH) courses. Responsible for collecting campus-wide methods and statistics coursework information to report back to PHDCC general committee and prepare in pdf format for future students and their academic advisors. Providing leadership for this committee.

2014-2017 Non-nurse Clinicians Nursing Scientists – Data collection and analysis regarding Nursing

Scientists that do not have a background in nursing contribution to the nursing field and academia. Providing leadership for this committee.

1999-2000 Student Representative of the Advisory Board, Seattle Institute of Oriental Medicine

1995-1996 Co-President of Golden Key National Honor Society, University of Utah chapter

1995-1996 Co-President National Organization of Women, University of Utah chapter

1992-1993 Senate member, College of Science, Associated Students of the University of Utah

Professional and Academic Membership

2017-present North American Menopause Society (NAMS)

2014-present Society for Chaos Theory in Psychology & Life Sciences (SCTPLS)

2013-present Member, Sigma Theta Tau International (STTI), University of Utah Chapter

2012-present Western Institute of Nursing (WIN)

2009-present Society for Acupuncture Research (SAR)

2009-2011 International Society for Complementary Medical Research (ISCMR)

2009-2011 Canadian Interdisciplinary Network for Complementary & Alternative Medicine (IN-CAM)

2001-2015 Washington State East Asian Medical Association (WEAMA)

2001-present National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM)

**I. COMMUNITY SERVICE**

Conference Workshop Facilitator

2015 Breakfast and discussion co-organizer: Integrative Health, Western Institutes of Nursing, Albuquerque, NM, USA.

2013 Elder Friendly Futures, Assistant to Facilitator of World Topics in Gerontology. Sept 2013

Guest Lectures

Spring 2024 Indiana University, MENOGAP overview and CancerMENOGAP Design.

Fall 2023 Self-Acupressure for Fatigue, Integrative Health Seminars, College of Nursing, University of Utah

Fall 2023 Self-Care for PhD Students, College of Nursing, University of Utah

Fall 2022 Self-Care for PhD Students, College of Nursing, University of Utah

Fall 2021 Self-Care for PhD Students, College of Nursing, University of Utah

Fall 2020 Self-Care for PhD Students, College of Nursing, University of Utah

Spring 2020 Guest Lecturer, Bastyr University, Doctoral Program.

Spring 2020 Guest Lecturer, BRIDG program, University of Washington. T90/R90 Clinical Research Training Program in Complementary and Integrative Health (CIH).

Winter 2019 Guest Lecturer, Bastyr University, Doctoral Program.

Winter 2018 Guest Lecturer, Bastyr University, Doctoral Program.

Spring 2018 Guest Lecturer, The Headache School, University of Utah, School of Medicine, Department of Neurology.

Fall 2017 Guest Lecturer, NURSE7773, Leadership & Health Policy, College of Nursing, University of Utah.

Summer 2015 University of Washington, School of Nursing, Nurse Camp. Invited to lecture regarding acupressure for high school students’ self-care while attending Nurse Camp.

Summer 2015 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate course: Introduction to Research. Paul Karsten, Instructor.

Summer 2014 University of Washington, School of Nursing, Nurse Camp. Invited to lecture regarding acupressure for high school students’ self-care while attending Nurse Camp 2014.

Spring 2014 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)

Fall 2013 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate course: Introduction to Research. Paul Karsten, Instructor. (Invited)

Summer 2013 University of Washington, School of Nursing, Guest Lecturer. Undergrad research course. Trez Buckland, PhD, instructor.

Spring 2013 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)

Fall 2012 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)

Summer 2012 University of Washington, School of Nursing, Guest Lecturer. Midwifery course. (Invited) Judy Lazarus, MSN, CNM, ARNP, Instructor.

Summer 2012 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)

Spring 2012 Seattle Institute of Oriental Medicine, Guest Lecturer. Graduate Practice Management Course. (Invited)

Fall 2011 Seattle Institute of Oriental Medicine, Guest Lecturer. Research Course. (Invited)

Spring 2010 Seattle Institute of Oriental Medicine, Guest Lecturer. Practice Management Course. (Invited)

Professional Service

2020-2021 Chair, Board of Directors, Academy of Math, Engineering & Science (AMES), a college-prep charter school in Salt Lake City, UT.

2018-2020 Board of Directors, Academy of Math, Engineering & Science (AMES), Parent Teacher Student Association

2018-present President, Utah Association of Acupuncture & Oriental Medicine (UAAOM)

2017-2018 Board of Directors, and Chair Academic Excellence Committee, American International School of Utah (AISU)

2012-2017 Founder & Director of Women of Wellness (WOW), a networking organization for women clinicians and teachers in the South Sound area of Washington state.

2013-2020 Member, Access to Acupuncture for Workers Committee, Consultant for Labor & Industries’ review of Traditional East Asian Medicine, WA East Asian Medical Association

2010-2011 Advisory Board Member, Everest College, Tacoma, WA

2009-2011 Member, Board of Directors, Fund for Women & Girls, Tacoma, WA

2007-2010 Advisory Board Member, Jade Institute, Seattle, WA

2008-2010 Herbal Consultant for students in the Jade Institute’s herbal studies program

**SECTION II**

**I. TEACHING RESPONSIBILITIES/ASSIGNMENTS**

UNIVERSITY OF UTAH, COLLEGE OF NURSING

Application of Outcome Measures for Clinicians (NURS7700). 1.5 Credits. Spring, Summer 2019, 2020, 2021, 2022, 2023, 2024. This course prepares advance practice nurses to design and implement processes to evaluate outcomes of practice, practice patterns, and systems of care within a practice setting, healthcare organization, or community. In this course, students will learn how to collect appropriate and accurate data to generate evidence for nursing practice.

Foundations of Evidence Based Practice (NURS6700). 1.5 Credits. Fall 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024. This course is focused on the process and components of evidence-based practice. Students differentiate between significance statements, problem statements, and clinical questions. The process of locating, describing, appraising, and leveling evidence is covered.

Program Planning, Management and Evaluation (NURS7525). 3 Credits. Spring 2018, 2019, 2020, 2021, 2022, 2023, 2024. Students obtain in depth knowledge of program planning, implementation, management, and evaluation to drive system level changes in health care delivery.

UNIVERSITY OF WASHINGTON, SCHOOL OF NURSING

Evidence Based Practice & Clinical Inquiry Winter (NURS403). 5 credits. Fall, 2016, Bothell campus. This course develops beginning competence in accessing and evaluating scientific knowledge as a foundation for promoting evidence-based practice in nursing care. We will examine components of the process of nursing inquiry as a tool to advance nursing knowledge and to promote evidence-based practice.

Lifespan Development (BHS200). 5 credits. Autumn, 2015, Bothell campus. Focuses on quantitative and qualitative growth and developmental changes across the lifespan from conception to end of life.  Emphasizes influence of changes on health and how developmental theory and research guide health promotional efforts.  Uses a contextual perspective to analyze of how interactions between biology and environment (“nature” and “nurture”) contribute to developmental outcomes.

Learning Wellness: Healthy Ways to Respond to Stressful Student Life (NURS204). Spring 2016, Seattle campus. Examine the intimate connection of body, mind and spirit, as well as the epidemic of ‘super stress’ challenging our health. Provide an overview of methods to respond to stress in health-producing ways. Learn ways to manage time, make healthy choices, and practice wellness. The evidence for each method will be discussed and experiential components provided.

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| TRAINEE SUPERVISION | | |
| Post-doctoral fellows | | |
| 2020-2021 | Mentor, Megan Hebdon, College of Nursing, University of Utah  K99/R00 title: Refinement and testing of an emotional regulation practice (mindfulness and narrative expression) mHealth intervention in Millennial cancer caregivers | |
| Doctor of Philosophy (PhD) Graduate Students | | |
| 2022- | | Advisor, Elisabeth Osgood-Campbell, College of Nursing, University of Utah |
| 2022- | | Advisor, Wen Tu, College of Nursing, University of Utah |
|  | | |
| Doctor of Nursing Practice (DNP) Graduate Students | | |
| 2023-2024 | DNP Scholarly Project Chair, College of Nursing, University of Utah  Daniel Miles Fiedler  Abbey Hafen  Erin Hohnholt  Janie Jensen | |
| 2022-2023 | DNP Scholarly Project Chair, College of Nursing, University of Utah  Kali Condie  Alyssa Moxley  Charity McDaniel  Yikanee “Kana” Sampson  DNP Scholarly Project Content Expert, College of Nursing, University of Utah  Rebekah Dolling | |
| 2021-2022 | DNP Scholarly Project Chair, College of Nursing, University of Utah  Anne-Marie Martin Lloyd  Buffy Paulson Taylor – Received a Scholarly Project award  Corinne Bartschi – Received a Scholarly Project award  Dana Fuqua – Received a Scholarly Project award | |
| 2020 - 2023 | PhD Dissertation Committee Member, Jedidiah Richard Farley. College of Health, University of Utah. *The Effectiveness of Combining Spinal Manipulation and Dry Needling Therapies in Patients with Non-Specific Low Back Pain* | |
| 2018 - 2019 | Capstone Mentor, Ying Zhang, Bastyr University  Doctor of Acupuncture and Oriental Medicine Capstone: A Research Proposal of Electroacupuncture as an Adjunct Therapy in Treating Oxaliplatin-Induced Peripheral Neuropathy | |
| 2018 - 2019 | Special Project Advisor, Marsha Thomas-Robertson  Graduate Research project titled: Mindfulness and Acupuncture in the Context of Chronic Pain | |
| Undergraduate |  | |
| 2021 - 2022  2020 - 2021 | Thesis Faculty Supervisor, Kari Denae Stoddard, University of Utah. Award recipient. Honors Senior Thesis: Midlife Women’s Interest in Integrative Health and Access to Biomedicine.  Thesis Faculty Supervisor, Lelia Elizabeth Becker, University of Utah. Honors Senior Thesis: Acupuncture therapy and its association with improvements in perceived anxiety and chronic pain. | |
| 2018 - 2019 | Research Advisor, Morgan Arseneau, University of Utah. Undergraduate Research: Menopause Discussions on Social-Media | |
| 2018 - 2019 | Research Advisor, Rojin Karimanfard, University of Utah. Undergraduate Research: Menopause Discussions on Social-Media | |
| 2018 - 2019 | Thesis Faculty Supervisor, Annie Walton, University of Utah. Honors Senior Thesis: Sex Differences in Dispositional Mindfulness and its effect on Acupuncture Treatment Outcomes | |