*Updated 1/18/2024*

# A. PERSONAL DATA

Name & Credentials Cynthia Beynon, PhD, MSN-Ed, RN, CNE

Rank and Title Associate Professor

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# B. EDUCATION

## 1.

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| **Institution** | **Discipline** | **Degree/Certificate Earned** | **Graduation** |
| University of Utah | Gerontology | Interdisciplinary Certificate | 04/2021 |
| University of Utah | Nursing Research | PhD | 12/2020 |
| Weber State University | Nursing Education | MSN-Education | 05/2015 |
| Weber State University | Nursing | BSN | 12/2012 |
| Weber State University | Nursing | ADN | 06/1985 |

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## 2. **Licensure / Certification**

1985-present Registered Nurse (Utah) #215288-3102

2003-2010 Registered Nurse (Massachusetts)

2015-present Certified Nurse Educator® (CNE) by the National League for Nursing (NLN)

# C. EMPLOYMENT / PROFESSIONAL EXPERIENCE

## **Teaching Experience**

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| **Institution** | **Position** | **Dates** |
| **University of Utah** | Associate Professor (Clinical)  Director, Master’s in Nursing Education Specialty Track | 08/2023-Current |
| **Weber State University** | Associate Professor | 05/2023-08/2023 |
| **Weber State University** | Assistant Professor | 09/2017-05/2023 |
| **Weber State University** | Instructor | 05/2015-09/2017 |
| **Weber State University at Davis Technology College** | Instructor | 12/2014-05/2015 |
| **Davis Technology College** | Instructor | 12/2014-05/2015 |
| **Weber State University Educator Residency** | Assistant Instructor | 10/2014-12/2014 |

**Other Professional Experience**

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| **Institution** | **Position and Description** | **Dates** |
| **University of Utah** | **Research Assistant** to Dr. Katherine Supiano on a grant from the Alzheimer’s Association. Recruited participated and participated in qualitative and quantitative data collection. | 2017-2022 |
| **Western States Lodging**  SLC, UT | **Home Health/Hospice/Assisted Living Nurse**  Visited home-bound clients and provided RN oversight of an assisted living facility | 2013-2015 |
| **Belchertown Medical Center**  Belchertown, MA | **Internal Medicine Clinic RN**  Triage of client needs, medication management, lab work screening, insurance approval, nursing interventions as needed. | 2007-2010 |
| **Holyoke Healthcare Center**  Holyoke, MA | **Staff Development Coordinator, Employee Heath, Infection Control**  Part of the administration team in a rehabilitation/long-term care facility. | 2004-2007 |
| **Lakeview Hospital/Utah Wound Center**  Bountiful, UT | **Staff nurse on the medical/surgical floor and wound clinic RN.**  Hyperbaric oxygen therapy preparation and monitoring, assisted with debridement and wound grafts. | 2000-2002 |
| **University of Utah Medical Center**  SLC, UT | **Staff nurse on the cardiology and neurology floors**  Became certified in telemetry, chemotherapy, and external ventricular drains (EVDs). | 1996-2000 and 1988-1994 |
| **South Davis Community Hospital Home Health and Hospice**  Bountiful, UT | **Home Health and Hospice RN**  Work with many patients on ventilators. Provided care management and end-of-life care. | 1996-1998 |
| **LDS Hospital**  SLC, UT | **Staff RN on the medical/surgical**  Worked with patients who received solid organ transplants and developed a discharge teaching class and follow-up program for patients and their families. | 1986-1988 |
| **Utah Valley Regional Medical Center**  Provo, Utah | **Staff RN on the Orthopedic/Neurology floor**  Developed as a team leader |  |

**D. HONORS, RECOGNITIONS & AWARDS**

* Effective College Instruction, The Association of College and University Educators (ACUE), full credential, 05/2023 with the following badges:
  + Creating an Inclusive and Supportive Learning Environment
  + Promoting Active learning
  + Inspiring Inquiry and Preparing Lifelong Learners
  + Designing Learner-Centered and Equitable Courses
* Scholastic Achievement Award, Nu Nu Chapter, Sigma Theta Tau, 2022.
* Innovator of the Year Award, Nu Nu Chapter, Sigma Theta Tau, 2021.
* Nominee, Outstanding Dissertation, College of Nursing, University of Utah, 2020.
* Davis Campus Outstanding Faculty Award, Weber State University, Spring 2019.
* Finalist for the Crystal Crest Master Teacher Award, Weber State University, April 2017.
  + “Always going above and beyond to create a positive and challenging learning environment.”
  + “Cynthia always makes the learning environment a positive one. Pharmacology is not an easy class to teach or learn. She makes class fun by providing activities that are engaging and also very helpful to learn the material.”

**E. RESEARCH AND SCHOLARLY WORK**

1. *Peer-reviewed scholarship: Published books and peer-reviewed articles.*

**Beynon, C**. (in press). Supporting life transitions and spirituality. In T. Dahlkemper (Ed.), Caring for older adults holistically (pp. 30-47). 8th ed. F. A. Davis.

**Beynon, C**., Siegel, E. O., Supiano, K., & Edelman, L. S. (2022). Working dynamics of licensed nurses and nurse aides in nursing homes: A scoping review. Journal of Gerontological Nursing, 48(5), 27-34. doi:10.3928/00989134-20220405-01

**Beynon, C**., Supiano, K., Siegel, E. O., Edelman, L. S., Hart, S. E., & Madden, C. (2022). It’s all about the nurse aides. Journal of Long-Term Care, 356-365. http://doi.org/10.31389/jltc.103

**Beynon, C**., Supiano, K., Siegel, E. O., Edelman, L. S., Hart, S. E., & Madden, C. (2022). Collaboration between licensed nurses and certified nurse aides in the nursing home: A mixed methods study. Research in Gerontological Nursing, 15(1), 1-14. doi: 10.3928/19404921-20211209-05

Supiano, K. P., Luptak, M., Anderson, T., **Beynon, C**.  (2022).  If we knew then what we know now: The preparedness experience of pre-loss and post-loss dementia caregivers.  Journal of Death Studies, 46(2), 369-380. doi: 10.1080/07481187.2020.1731014

Neller, S., **Beynon, C**., McLeskey, N., Madden, C., & Edelman, L. S. (2021). Development of a long-term care nurse residency program. Journal of Gerontological Nursing, 47(2), 37-

43. doi:10.3928/00989134-20210113-03.

Jensen, E. J., Supiano, K. P., Luptak, M., Anderson, T., & **Beynon, C.** (2020). Resilience in bereaved caregivers of persons with dementia. Journal of Gerontological Nursing, 46(1). doi:10.3928/00989134-20191022-02

1. *Podium presentations to the scholarly community.*

**Beynon, C**., Supiano, K., Siegel, E., Edelman, L., Madden, C., & Hart, S. (2021, November). *Undergirding CNAs in LTC: The Experience of Collaborative LN-CAN Caregiving Pairs*. Paper presentation at The Gerontological Society of America 73rd Annual Scientific Meeting, online.

Supiano, K. P. Andersen, T., Luptak, M., **Beynon, C**., Iacob, E., & Li, H. (2020, November). *Pre-Loss Group Therapy for Family Caregivers of Persons with Dementia: Translation into Practice.* The Gerontological Society of America’s 72nd Annual Scientific Meeting, online.

**Beynon, C.** (2018, March).  Providing Poetic Perspective, Faculty session presentation at the Weber State University Faculty Symposium: A Teaching and Learning Celebration. Using a poetry exercise to supplement and process affective learning in clinical nursing education.

Supiano, K. P., Luptak, M., Andersen, T. & **Beynon, C**. (2018, November). If We Knew Then What We Know Now: The Preparedness Experience of Pre-Loss and Post-Loss Dementia Caregivers, The Gerontological Society of America 70th Annual Scientific Meeting, Boston, Massachusetts.

Clark, L., **Beynon, C**., Clark, N., Colicchio, V. D, Engh, E., Hull, W., Jensen, F. B., Jung, S., Kauwe, A., Tiase, V., Wawrzynski, S., & Woodruff, K. (September 28, 2018).  Caregiver Self-Care Strategies When Caring for the Cognitively Impaired. Podium presentation at the Utah Nurses’ Association Annual Conference, Salt Lake City, Utah.

1. *Poster presentations to the scholarly community.*

**Beynon, C**. (November 2020). *Licensed Nurse/Certified Nurse Aide Collaboration in the Care of Nursing Home Residents*. The Gerontological Society of America’s 72nd Annual Scientific Meeting, online.

Supiano, K. P., Luptak, M., Andersen, T. C., **Beynon, C.,** Yeon, J., Iacob, E., Wong, B., (July 2018). *Assessing Preparedness for Death and Grief in Bereaved and Soon-To-Be Bereaved Dementia Family Caregivers.* Alzheimer’s Association International Conference. Chicago, Illinois.

**Beynon, C.** Dementia and Hygiene, (September 30, 2016). Utah Aging Alliance, Salt Lake City, Utah.

**Beynon, C**. & Quayle, T. (2018, March).  *Active Learning in Pharmacology.* Annual Conference of the Nu Nu Chapter of Sigma Theta Tau International Honor Society of Nursing, 1st place poster award.

1. *Research Experience*

· *Licensed Nurse/Certified Nurse Aide Collaboration in the Nursing Home*. University of Utah IRB\_00125958.  Ph.D. dissertation study exploring interaction within nurse caregiver teams in the provision of high-quality resident care. 2017-2020

· *Group Therapy for Dementia Caregivers at Risk for Complicated Grief*, University of Utah IRB\_00099770. Research Assistant to Dr. Katherine Supiano. $150,000 grant from the National Alzheimer’s Association, 2017-2020.

*· Caregiver Self-Care Strategies when Caring for the Cognitively Impaired.* Approved Spring 2018 by University of Utah IRB (umbrella policy).  Principal Investigator Dr. Lauren Clark, with co-investigators. Beynon, C., Clark, N., Colicchio, V. D., Engh, E., Hull, W., Jensen, F. B., Jung, S., Kauwe, A., Tiase, V., Wawrzynski, S., & Woodruff,

-*Creating a Nurse Residency Program in Long-Term Care.* Research immersion with Dr. Linda Edelman, part of the Geriatrics Workforce Enhancement Program (HRSA), $2,549,472 grant, 2017-2018

-*Me and My Wishes – A Resident-Centered Video Communicating Care Preferences*. Research immersion with Dr. Gail Towsley, Fall 2016.

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| **F.** **PROFESSIONAL ORGANIZATIONS & SERVICE**     1. *Committee service*   Faculty Senate Committee on Appointment, Promotion, Academic Freedom, and Tenure (APAFT), Weber State University.   * Chair, 2022-2023 * Committee Member, 2021-2022   Sigma Theta Tau International Honor Society of Nursing, Nu Nu Chapter   * President-Elect, 2022-2023 * Governance Chair, 2020-2022 * Governance Committee Member, 2019-2020   Wellness Ambassador, WSU Nursing Department, 2020    WSU Clubs and Organizations Advisory Committee, 2018-2023  Dumke College Building Safety/Emergency Committee, member, 2017-2021  Dumke College Opioid Taskforce Committee, member 2018-2020  WSU School of Nursing Evaluation Committee, member, 2017-2022  WSU School of Nursing Faculty Organization Committee, member, 2015-2016   1. *Service to the community*   Age-Friendly Communities Advisory Board, March 2022-current   * Member of Board of Directors * Helped plan and participated in a virtual symposium, Creating an Age-Friendly Ecosystem, September 22-23, 2022 * Interdisciplinary collaboration   Nursing Service to the community during the COVID-19 Pandemic (2020-2021)   * Contact tracing committee, tracing exposure and mitigating spread on WSU campus * Member of the Weber-Morgan Medical Reserve Corp in association with the Health Department, WSU POD, dispensing unit co-lead.   Sigma Theta Tau, Nu Nu Chapter, participation in community service 2019-2023   * White Rose Tribute Ceremonies * Hypertension Clinic at the Ogden Hispanic Festival (9.25.21) * Health Professions Career Fair (9.30.22) * Ogden High School’s Path to Graduation (3.5.2020) * Safe Harbor Project * Community Christmas * Re-entry Kit Project   National Student Nurses Association (NSNA), WSU Chapter student advisor 2016-2020.   * Festival of Trees for Primary Children’s Hospital   + Tree donation (2016)   + Treat donations (2018) * Christmas Tree Jubilee for Weber School District Foundation   + Tree donation (2017, 2018)   + Quilts for the pediatric floor at McKay-Dee Hospital   + Gathered clothing and games for the psychiatric unit at McKay-Dee Hospital  1. *Service to the profession*   Site visitor for the Accreditation Commission for Education in Nursing (ACEN), 2022-2023  Peer reviewer for BMC Nursing Journal, 2022 |  |

## 4. Professional Organizations

* Sigma Phi Omega, International Academic Honor and Professional Society in Gerontology, member 2023-present
* Sigma Theta Tau, International Honor Society of Nursing, member
  + Gamma Rho Chapter, 2023-present
  + Nu Nu Chapter, 2019-2023
* Geriatric Society of America (GSA), member 2018-present
  + Interest group member:
    - Systems research in long-term care
    - Aging workforce
    - Nursing care of older adults
* American Nurses Association, member 2013-present
* Utah Nurses Association, member 2013-present
* Western Institute of Nursing, student member, 2017-2018
* Utah Aging Alliance, member 2016-2017

# G. CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

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| Course Title | Institution | Dates | Role |
| Analyzing and Constructing Conceptual and Theoretical Foundations of Nursing Science (NURS 7105) | University of Utah | 01/2024-current | Instructor |
| Assessment and Feedback in Education (NURS 6073) | University of Utah | 01/2024-current | Co-Instructor |
| Nursing Education Practicum: Teaching and Assessment (NURS 6081) | University of Utah | 01/2024-current | Co-Instructor |
| Master’s Practicum and Project Capstone I and II (NURS 6880 and 6881) | University of Utah | 08/2023-current | Co-Instructor |
| Introduction to Aging (GERON 6001/5001) | University of Utah | 01/2024-12/2024 | Instructor |
| Scholarly and Ethical Foundations for Advanced Practice Nursing (NRSG 7010) | Weber State University | 08/2022-08/2023 | Course Co-chair, Co-Instructor |
| Pharmacology for Nurses 2 (NRSG 2700) | Weber State University | 08/2022-08/2023 | Course Co-chair, Instructor |
| DNP Projects (NRSG 7801, 7802, 7803, 7804, 7805) | Weber State University | 08/2021-08/2023 | Course Co-chair, Instructor |
| Integrating Scholarship into Practice/MSN Projects (NRSG 6801, 6802, 6803) | Weber State University | 01/2021-08/2022 | Instructor |
| Informatics for Nurses (NRSG 4600) | Weber State University | 01/2022-05/2022 | Instructor |
| Evidence-Based Practice NRSG (NRSG 4200) | Weber State University | 08/2018-08/2022 | Instructor |
| Patient-Centered Care 3 NRSG Clinical (NRSG 2550) | Weber State University and WSU/DTC | Fall 2016, Fall 2017, Fall 2019, Summer 2022 | Instructor |
| Patient-Centered Care 3 NRSG Lab/Simulation (NRSG 2551) | Weber State University and WSU/DTC | 08/2016-05/2020 | Instructor |
| Patient-Centered Care 2 NRSG Clinical (NRSG 2350) | Weber State University | 08/2016-05/2017 | Instructor |
| Patient-Centered Care 1 Clinical (NRSG 2250) | Weber State University | 08/2019-05/2020 | Instructor |
| Patient Care Management: Student ADN Capstone (NRSG 3350) | Weber State University and WSU/DTC | 08/2015-08/2018 | Instructor |
| Pharmacology for Nurses 2 (later updated to 3; NRSG 3100) | Weber State University and WSU/DTC | 08/2015-08/2023 | Course Co-chair, Instructor |
| Pharmacology for Nurses 1 (NURS 2100) | Weber State University | 08/2019-08/2022 | Course Co-chair, Instructor |
| Fundamentals of Nursing | Davis Technology College | 12/2014-05/2015 | Instructor |
| Principles of Nursing Across the Lifespan: Clinical 1 | Davis Technology College | 12/2014-05/2015 | Instructor |
| Complex Patient-Centered Nursing Care | Weber State University | 10/2014-12/2014 | Assistant Instructor/Residency |
| Population Health | Weber State University | 10/2014-12/2014 | Assistant Instructor/Residency |

2. Development of New Courses

**MSN-Ed Program of Study** University of Utah

**Undergraduate Pharmacology Curriculum** Weber State University

Between 2021-2022, I led substantial revisions to the undergraduate pharmacology curriculum. Previously, we had two pharmacology courses taught during the student’s first and third semesters. Based on feedback from clinical partners and student evaluations, we created a third pharmacology course to be taught during the student’s second semester. In consultation with practicing pharmacists and nurses in various specialty areas, we re-evaluated and adjusted exemplar medication, course objectives, course concepts, and student assessment for all three courses. These revisions required mapping content and testing across the entire ADN program to ensure continuity, make duplication purposeful, and build application skills (critical thinking and clinical judgment) in the students.

**Scholarly and Ethical Foundations for Advanced Practical Nursing** Weber State University

During the Summer semester of 2022, I was asked to co-chair 7010. The graduate program director requested we make significant revisions to that course. Our goals for the course were as follows: 1) provide a solid foundation regarding research, evidence-based practice, and quality improvement; 2) orient students to the DNP projects and guide the development of project proposals; 3) incorporate replicable search strategies for finding evidence that improves the potential for publishable project work; 4) implement an evidence table to guide analysis of findings; and 5) support improved writing and synthesis of literature findings.

**NRSG 3100 and 2100: COVID Online Courses** Weber State University

I was co-course chair of both pharmacology courses (2100 and 3100) when the COVID-19 pandemic moved learning online, requiring immediate revisions. Maintaining student interest and promoting learning during a 3-hour online pharmacology course was understandably challenging. Modifications were made to activities, the use of concept maps, guest speakers, and testing platforms. These revisions were successful based on student performance and feedback and later, on NCLEX licensure exam pass rates.

**Undergraduate Clinical, Lab, and Simulation** Weber State University

I worked with course chairs to support major revision of lab, clinical, and simulation courses in 2019. I provided input regarding pharmacology exemplar medication to coordinate SIM and clinical learning experiences with their pharmacology courses. This provided continuity in education and the opportunity to apply knowledge from didactic courses in the sim and clinical settings.