

Jacque Lynn Bell, MFA

Modern Dance Choreographer & Certified Alexander Technique Instructor

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Education

Alexander Technique, New York City, ACAT-NASTAT Certified, 1993
Master of Fine Arts in Dance and Choreography, University of Utah, 1982
Bachelor of Science in Psychology, University of Utah, 1976

Additional Training

Advanced training in the Alexander Technique with Luc Vanier, Salt Lake City, UT,
2018-present

Teaching

University and Professional

University of Utah, Theatre Department, Adjunct Assistant Professor, 1993 to present;
Development of the Alexander Technique Program, taught Advanced Movement for
Actors

University of Utah, Modern Dance Department, 1981 to present (Intermittent)

Utah Valley University, Adjunct Instructor of Modern Dance, 2009

Brigham Young University, Associate Lecturer of Modern Dance, 1998 to 2008

Lehman College, The Bronx, New York, 1997

Trisha Brown Studio, New York City, Dance and the Alexander Technique (Assistant to
Shelly Senter), 1996

Royal Winnipeg Ballet School, Winnipeg, Manitoba, Canada, summers 1985-1997

Women's Correctional Facility, Creative Dance, Salt Lake City, Utah, 1995

Ririe-Woodbury Dance Company, Salt Lake City, Utah, Guest Teacher, 1994-1995

Snow College, Ephraim, Utah, Guest Teacher, 1992, 1995

Ririe-Woodbury Dance School, Salt Lake City, Utah, 1987

Lincoln Center Institute for Arts and Education (Dance and Theatre Classes), New York City, 1985-1998

Sage Troy College, Troy, New York, 1985

Weber State University, Ogden, Utah, Assistant Professor, 1984

Fairmount Dance Theatre, Cleveland, Ohio 1978

Case Western Reserve University, Cleveland, Ohio 1978

Composition and Choreography Workshops and Courses

University of Utah Department of Modern Dance 1987 (in collaboration with Linda C. Smith), 1999

Royal Winnipeg Ballet Summer Workshops and Professional School, 1988-1992

Saskatoon Dance Association, Canada, 1990

Weber State College, Utah 1984

Creative Dance

My instruction with Virginia Tanner began at age 3 and continued until I joined her faculty at age 18. My training to become a teacher was extensive including being selected to go with Ms. Tanner to Hawaii to observe her teaching for 6 weeks at age 12 to eventually assisting her in residencies throughout the United States. In addition to teaching at her studio for many years, I have taught creative dance in a variety of situations and locations to all ages over the last 25 years. All of my teaching is influenced by my background with her in creative dance

Children's Dance and Education

Royal Winnipeg Ballet School, International Summer Workshops, 1985-1996

Boys and Girls Club, Youth at Risk Program, Salt Lake City, 1994-1995

Central City Community Center, Youth at Risk Program, Salt Lake City, 1994-1995

Brigham Young University, Provo, Utah, summer 1994

Dance and the Child International, Salt Lake City, 1991

Lincoln Center Institute for Arts and Education, New York, 1985-Present

Movement Specialist for National Endowment for the Arts, D.C., 1977-Present

U.S. Department of Defense, Japan and the Philippines, 1985, 1986

92nd Street "Y", New York, 1984-1985

Arts Connection, New York, 1984-1985

Emma Willard School, Troy, New York, 1984-1985

Virginia Tanner Creative Dance Studio, Utah, 1972-1976, 1980-1982

Fairmount Center for the Performing Arts, Ohio 1976-1978

Cleveland Modern Dance Association, Ohio, 1976-1978

Ohio Arts Council, Schools throughout Ohio, 1978-1980

Utah Arts Council, Schools throughout Utah, 1980 to present

Teachers Workshops

Lehman College, Bronx, New York, 1997-1998

Lincoln Center Institute Arts in Education Teacher Training 1985-1997

Royal Winnipeg Ballet Summer International Teachers Workshop 1986-1992

Dance Education Festival, Saskatoon, Saskatchewan 1990

National Endowment for the Arts, Cleveland, Ohio and Eugene, Oregon as assistant to Virginia Tanner and Mississippi as NEA Movement Specialist 1976-1985

Utah Arts Council, Workshop for Dance Artists in Education, 1989

U.S. Department of Defense Humanities Program, Japan 1985, Philippines 1986

Alexander Technique

University of Utah Theatre Department, 1995, 1998 to present

Alexander Technique of Salt Lake City, Private Studio, Salt Lake City, 1994-1995, 1998 to present

International Harp Therapy Program, Guest Teacher, 2000-2002, San Diego, California

American Center for the Alexander Technique, New York, New York 1997

Soho Center for the Alexander Technique, New York, New York 1997

Private Studio, New York City, 1995-1997

University of Utah Dance Department, 1994, 2000-2008 (Intermittent guest artist)

Personal Fitness Training

Trainer for Susanna Weiss Personal Fitness Training, Inc., New York, 1997

Selected Choreography

Shout, recreated for Children's Dance Theatre for performance at "Vision: An Evening of Dance" by The Center for Latter-day Saint Arts, and at "Roots & Wings," Utah, 2021

SHE Commissioned choreography for Repertory Dance Theatre's Fiftieth Anniversary, Utah, 2015

- Created *Dance Loops* with Barton Poulson and Nichole Ortega, Utah Valley University, Utah, 2014
- Created *Hello World* with Barton Poulson, Repertory Dance Theatre, Utah, 2012
- Invited choreographer for *Charette* with Barton Poulson, Repertory Dance Theatre, Utah, 2012
- Invited choreographer for *Charette* with Roz Newmark, Repertory Dance Theatre, Utah, 2010
- Shout*, recreated for Children's Dance Theatre for performance at Dance and the Child International, Jamaica, 2009
- Invited choreographer for *Charette*, Repertory Dance Theatre, Utah, 2009
- Wakadoodle*, Children's Dance Theatre, Utah, 2009
- Ryoanji (Re-creation)*, Repertory Dance Theatre & Children's Dance Theatre, Utah, 2006
- See, even the Night herself is here*, Brigham Young University, Provo, Utah, 1999
- GO*, Children's Dance Theatre, Utah 1999
- Bio #1*, Brigham Young University, Utah 1999
- Zed*, Chesapeake Dance Theatre, Maryland, 1997
- Mancala*, Chesapeake Dance Theatre, Maryland, 1996
- Untitled*, Royal Winnipeg Ballet (Professional Division) 1996
- Ndoki*, Snowbird Choreolab, Utah, 1995
- Untitled*, Royal Winnipeg Ballet (Professional Division), 1995
- Inextricably Linked*, Utah Ballet, 1995
- There Not There*, Snow College, Utah, 1995
- spontaneus combustien*, Performing Dancecompany, University of Utah, 1994
- Aquacade*, Company of Four (Collaboration), Utah, 1994
- Dances to Dance in Your Sleep*, Snow College, Utah 1992
- Shout*, Dance and the Child International, Utah, 1991
- Green Apples in Orbit*, *Ryoanji*, *Svaboda*, Royal Winnipeg Ballet (Prof. Div.) 1988, 1990-1991
- Through a Glass Darkly*, Repertory Dance Theatre, Utah, 1990
- Widow Opie*, Teton Dance Festival, Wyoming, 1988
- Here on Earth*, Company of Four, Utah, 1988
- Trolls You May Have Known*, DACI, England, 1988
- B.Y.O.T.P.*, DanceWorks, Utah State Dance Company, Logan, Utah, 1988

GEBO, Asteroid 326-Z, Three Rivers Dance Company, Wyoming, 1987
Clean Teeth, Accident, Strawberry Leaves, Jacque Lynn Bell and Dancers, New York, 1987
Bald Cement, ABC, U.S. Department of Defense, Philippine and Japanese Tour, 1985-1986
Call Me Ishmael, Utah Arts Festival, Utah, 1984
Sen-Sen, Virginia Tanner's Creative Dance Theatre, Utah, 1983
The Piano Has Been Drinking, BACA, New York, 1983
Pierrot, DACI, Stockholm, Sweden, 1983
Whatayalookinat, University of Utah, Salt Lake City, Utah, 1982
Libera Me, Jacque Lynn Bell and Dancers, Ohio, 1979
Austurius, Hung Jury, Fairmount Dance Theatre, Ohio, 1978

Musical Theatre Choreography

Amahl and the Night Visitors, New York City, 1987
Side by Side by Sondheim, Weber State University, Utah 1984
As You Like It, Weber State University, Utah 1984
Cinderella, Weber State University, Utah 1984
Grease, Lagoon, Utah 1982
Jesus Christ Superstar, Unicorn Productions, SLC, Utah, 1981

Grants/Awards

University of Utah, Cross Departmental Collaborative Grant Recipient for "Campus Recharge Initiative" with Luc Vanier (Dance) and Kirstin Chavez (Music), February 2024
Utah Valley University, Presidential Fellowship for Faculty Scholarship (along with Barton Poulson and Nichole Ortega of Utah Valley University), Utah, 2012-2014
Utah Valley University, Institute for Professional Engagement, Utah, 2009
Lincoln Center Institute for the Performing Arts, New York City, Mentor Program, 1997
Weber State University, Utah, 1984
BACA Downtown Cultural Center, New York, 1983
American College Dance Festival, D.C., 1982
University of Utah, 1981
Ohio Arts Council, 1978

Artistic Direction

Jacque Lynn Bell and Dancers, Salt Lake City and New York, 1982-1997 (Intermittent)

Teton Dance Festival, Wyoming, 1987-1988

Fairmount Dance Theatre, Ohio, 1977-1978

Dance Tours/Performance

Graham Brown and Dancers, Baltimore, MD, 2009

Tim Hadel and Dancers, New York, 1991, 1997-98

Company of Four, Utah 1988-94

U.S. Department of Defense, Japan and Philippines, 1985-86

Fairmount Dance Theatre, Ohio, 1977-78

Footpath Dance Company, Ohio, 1976-77

Virginia Tanner Creative Dance Theatre, Utah, 1960-76

Community Involvement

Repertory Dance Theatre “So You Think You Can Choreograph“ Mentor, 2024

Salt Lake County Elementary Schools, volunteer dance classes and choreography.
2005-present

Utah Dance Education Organization, private artist representative. 2009-2013

Utah Arts Council. Grant Reviewer. Salt Lake City, Utah. 2001-2002

Rocky Mountain Theater Association Festival, Taught dance composition and Alexander
Technique. Cedar City, Utah. 2000

Utah Department of Corrections. Creative dance class for female prisoners. Salt Lake City,
Utah. 1995

Kids at Risk. Taught dance to disadvantaged students and organized performance. Salt
Lake City, Utah. 1995

Publications

Contributing author for book to be released summer 2024, *Moving into Skill*

New Jersey Performing Arts Center, Educational Journal, H. T. Chen’s *Adopted Land*,
1998

Bell, Jacque Lynn. (1996). Dance and the Alexander Technique. In Sally Fitt (Ed.), *Dance
Kinesiology* (2nd ed.).

Major Dance Influences

Creative: Virginia Tanner

Modern: Bill Evans and Mark Morris

Release Technique: Trisha Brown, Susan Klein, and Joan Skinner

Alexander Technique: Shelly Senter

Pilates: Kathy Grant

Choreography: Bessie Schonberg and Doris Rudko

Ballet: Jocylyn Lorenz and Galina Jordonova

Functional Anatomy: Irene Dowd