

# **Jacque Lynn Bell, MFA**

## **Modern Dance Choreographer & Certified Alexander Technique Instructor**

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### **Education**

Alexander Technique, New York City, ACAT-NASTAT Certified, 1993

Master of Fine Arts in Dance and Choreography, University of Utah, 1982

Bachelor of Science in Psychology, University of Utah, 1976

### **Additional Training**

Advanced training in the Alexander Technique with Luc Vanier, Salt Lake City, UT,  
2018-present

### **Teaching**

#### **University and Professional**

University of Utah, Theatre Department, Adjunct Assistant Professor, 1993 to present;  
Development of the Alexander Technique Program, taught Advanced Movement for  
Actors

University of Utah, Modern Dance Department, 1981 to present (Intermittent)

Utah Valley University, Adjunct Instructor of Modern Dance, 2009

Brigham Young University, Associate Lecturer of Modern Dance, 1998 to 2008

Lehman College, The Bronx, New York, 1997

Trisha Brown Studio, New York City, Dance and the Alexander Technique (Assistant to  
Shelly Senter), 1996

Royal Winnipeg Ballet School, Winnipeg, Manitoba, Canada, summers 1985-1997

Women's Correctional Facility, Creative Dance, Salt Lake City, Utah, 1995

Ririe-Woodbury Dance Company, Salt Lake City, Utah, Guest Teacher, 1994-1995

Snow College, Ephraim, Utah, Guest Teacher, 1992, 1995

Ririe-Woodbury Dance School, Salt Lake City, Utah, 1987

Lincoln Center Institute for Arts and Education (Dance and Theatre Classes), New York City, 1985-1998

Sage Troy College, Troy, New York, 1985

Weber State University, Ogden, Utah, Assistant Professor, 1984

Fairmount Dance Theatre, Cleveland, Ohio 1978

Case Western Reserve University, Cleveland, Ohio 1978

### **Composition and Choreography Workshops and Courses**

University of Utah Department of Modern Dance 1987 (in collaboration with Linda C. Smith), 1999

Royal Winnipeg Ballet Summer Workshops and Professional School, 1988-1992

Saskatoon Dance Association, Canada, 1990

Weber State College, Utah 1984

### **Creative Dance**

My instruction with Virginia Tanner began at age 3 and continued until I joined her faculty at age 18. My training to become a teacher was extensive including being selected to go with Ms. Tanner to Hawaii to observe her teaching for 6 weeks at age 12 to eventually assisting her in residencies throughout the United States. In addition to teaching at her studio for many years, I have taught creative dance in a variety of situations and locations to all ages over the last 25 years. All of my teaching is influenced by my background with her in creative dance

### **Children's Dance and Education**

Royal Winnipeg Ballet School, International Summer Workshops, 1985-1996

Boys and Girls Club, Youth at Risk Program, Salt Lake City, 1994-1995

Central City Community Center, Youth at Risk Program, Salt Lake City, 1994-1995

Brigham Young University, Provo, Utah, summer 1994

Dance and the Child International, Salt Lake City, 1991

Lincoln Center Institute for Arts and Education, New York, 1985-Present

Movement Specialist for National Endowment for the Arts, D.C., 1977-Present

U.S. Department of Defense, Japan and the Philippines, 1985, 1986

92nd Street "Y", New York, 1984-1985

Arts Connection, New York, 1984-1985

Emma Willard School, Troy, New York, 1984-1985

Virginia Tanner Creative Dance Studio, Utah, 1972-1976, 1980-1982

Fairmount Center for the Performing Arts, Ohio 1976-1978

Cleveland Modern Dance Association, Ohio, 1976-1978

Ohio Arts Council, Schools throughout Ohio, 1978-1980

Utah Arts Council, Schools throughout Utah, 1980 to present

**Teachers Workshops**

Lehman College, Bronx, New York, 1997-1998

Lincoln Center Institute Arts in Education Teacher Training 1985-1997

Royal Winnipeg Ballet Summer International Teachers Workshop 1986-1992

Dance Education Festival, Saskatoon, Saskatchewan 1990

National Endowment for the Arts, Cleveland, Ohio and Eugene, Oregon as assistant to Virginia Tanner and Mississippi as NEA Movement Specialist 1976-1985

Utah Arts Council, Workshop for Dance Artists in Education, 1989

U.S. Department of Defense Humanities Program, Japan 1985, Philippines 1986

**Alexander Technique**

University of Utah Theatre Department, 1995, 1998 to present

Alexander Technique of Salt Lake City, Private Studio, Salt Lake City, 1994-1995, 1998 to present

International Harp Therapy Program, Guest Teacher, 2000-2002, San Diego, California

American Center for the Alexander Technique, New York, New York 1997

Soho Center for the Alexander Technique, New York, New York 1997

Private Studio, New York City, 1995-1997

University of Utah Dance Department, 1994, 2000-2008 (Intermittent guest artist)

**Personal Fitness Training**

Trainer for Susanna Weiss Personal Fitness Training, Inc., New York, 1997

**Selected Choreography**

*Shout*, recreated for Children's Dance Theatre for performance at "Vision: An Evening of Dance" by The Center for Latter-day Saint Arts, and at "Roots & Wings," Utah, 2021

*SHE* Commissioned choreography for Repertory Dance Theatre's Fiftieth Anniversary, Utah, 2015

Created *Dance Loops* with Barton Poulson and Nichole Ortega, Utah Valley University, Utah, 2014

Created *Hello World* with Barton Poulson, Repertory Dance Theatre, Utah, 2012

Invited choreographer for *Charette* with Barton Poulson, Repertory Dance Theatre, Utah, 2012

Invited choreographer for *Charette* with Roz Newmark, Repertory Dance Theatre, Utah, 2010

*Shout*, recreated for Children's Dance Theatre for performance at Dance and the Child International, Jamaica, 2009

Invited choreographer for *Charette*, Repertory Dance Theatre, Utah, 2009

*Wakadoodle*, Children's Dance Theatre, Utah, 2009

*Ryoanji (Re-creation)*, Repertory Dance Theatre & Children's Dance Theatre, Utah, 2006

*See, even the Night herself is here*, Brigham Young University, Provo, Utah, 1999

*GO*, Children's Dance Theatre, Utah 1999

*Bio #1*, Brigham Young University, Utah 1999

*Zed*, Chesapeake Dance Theatre, Maryland, 1997

*Mancala*, Chesapeake Dance Theatre, Maryland, 1996

*Untitled*, Royal Winnipeg Ballet (Professional Division) 1996

*Ndoki*, Snowbird Choreolab, Utah, 1995

*Untitled*, Royal Winnipeg Ballet (Professional Division), 1995

*Inextricably Linked*, Utah Ballet, 1995

*There Not There*, Snow College, Utah, 1995

*spontaneus combustien*, Performing Dancecompany, University of Utah, 1994

*Aquacade*, Company of Four (Collaboration), Utah, 1994

*Dances to Dance in Your Sleep*, Snow College, Utah 1992

*Shout*, Dance and the Child International, Utah, 1991

*Green Apples in Orbit*, *Ryoanji*, *Svaboda*, Royal Winnipeg Ballet (Prof. Div.) 1988, 1990-1991

*Through a Glass Darkly*, Repertory Dance Theatre, Utah, 1990

*Widow Opie*, Teton Dance Festival, Wyoming, 1988

*Here on Earth*, Company of Four, Utah, 1988

*Trolls You May Have Known*, DACI, England, 1988

*B.Y.O.T.P.*, DanceWorks, Utah State Dance Company, Logan, Utah, 1988

*GEBO, Asteroid 326-Z*, Three Rivers Dance Company, Wyoming, 1987  
*Clean Teeth, Accident, Strawberry Leaves*, Jacque Lynn Bell and Dancers, New York, 1987  
*Bald Cement, ABC*, U.S. Department of Defense, Philippine and Japanese Tour, 1985-1986  
*Call Me Ishmael*, Utah Arts Festival, Utah, 1984  
*Sen-Sen*, Virginia Tanner's Creative Dance Theatre, Utah, 1983  
*The Piano Has Been Drinking*, BACA, New York, 1983  
*Pierrot*, DACI, Stockholm, Sweden, 1983  
*Whatayalookinat*, University of Utah, Salt Lake City, Utah, 1982  
*Libera Me*, Jacque Lynn Bell and Dancers, Ohio, 1979  
*Austurius, Hung Jury*, Fairmount Dance Theatre, Ohio, 1978

**Musical Theatre Choreography**

*Amahl and the Night Visitors*, New York City, 1987  
*Side by Side by Sondheim*, Weber State University, Utah 1984  
*As You Like It*, Weber State University, Utah 1984  
*Cinderella*, Weber State University, Utah 1984  
*Grease*, Lagoon, Utah 1982  
*Jesus Christ Superstar*, Unicorn Productions, SLC, Utah, 1981

**Grants/Awards**

Utah Valley University, Presidential Fellowship for Faculty Scholarship (along with Barton Poulson and Nichole Ortega of Utah Valley University), Utah, 2012-2014  
Utah Valley University, Institute for Professional Engagement, Utah, 2009  
Lincoln Center Institute for the Performing Arts, New York City, Mentor Program, 1997  
Weber State University, Utah, 1984  
BACA Downtown Cultural Center, New York, 1983  
American College Dance Festival, D.C., 1982  
University of Utah, 1981  
Ohio Arts Council, 1978

**Artistic Direction**

Jacque Lynn Bell and Dancers, Salt Lake City and New York, 1982-1997 (Intermittent)

Teton Dance Festival, Wyoming, 1987-1988

Fairmount Dance Theatre, Ohio, 1977-1978

## **Dance Tours/Performance**

Graham Brown and Dancers, Baltimore, MD, 2009

Tim Hadel and Dancers, New York, 1991, 1997-98

Company of Four, Utah 1988-94

U.S. Department of Defense, Japan and Philippines, 1985-86

Fairmount Dance Theatre, Ohio, 1977-78

Footpath Dance Company, Ohio, 1976-77

Virginia Tanner Creative Dance Theatre, Utah, 1960-76

## **Community Involvement**

*Salt Lake County Elementary Schools*, volunteer dance classes and choreography.  
2005-present

*Utah Dance Education Organization*, private artist representative. 2009-2013

*Utah Arts Council*. Grant Reviewer. Salt Lake City, Utah. 2001-2002

*Rocky Mountain Theater Association Festival*, Taught dance composition and Alexander Technique. Cedar City, Utah. 2000

*Utah Department of Corrections* Creative dance class for female prisoners. Salt Lake City, Utah. 1995

*Kids at Risk*. Taught dance to disadvantaged students and organized performance. Salt Lake City, Utah. 1995

## **Publications**

New Jersey Performing Arts Center, Educational Journal, H. T. Chen's *Adopted Land*, 1998

Bell, Jacque Lynn. (1996). Dance and the Alexander Technique. In Sally Fitt (Ed.), *Dance Kinesiology* (2nd ed.).

## **Major Dance Influences**

Creative: Virginia Tanner

Modern: Bill Evans and Mark Morris

Release Technique: Trisha Brown, Susan Klein, and Joan Skinner

Alexander Technique: Shelly Senter

Pilates: Kathy Grant

Choreography: Bessie Schonberg and Doris Rudko

Ballet: Jocylyn Lorenz and Galina Jordonova

Functional Anatomy: Irene Dowd