

## David Matthew Shirley, PhD

Northern Arizona VA Health Care System  
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### EDUCATION

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<b>Bachelor of Science</b>	<b>Elementary Education-Social Sciences (Sept 1988 - May 1994)</b> Utah State University, Logan, Utah
<b>Master of Science</b>	<b>Educational Psychology-School Counseling (Aug 2000 - May 2004)</b> University of Utah, Salt Lake City, Utah Advisor/Thesis Committee Chair: Dorlene Walker, PhD  Thesis title: <i>Counselor Burnout: Relationships to School Counseling.</i>
<b>Doctor of Philosophy</b>	<b>Educational Psychology-Counseling Psychology (Aug 2012 – Aug 2019)</b> University of Utah, Salt Lake City, Utah Special Proficiency: Mindfulness Based Interventions Advisor/Dissertation Committee Chair: A.J. Metz, PhD  Dissertation title: <i>The Influence of Emotion Regulation, Self-Efficacy and PTSD Symptom Severity Among College Student Veterans: A Social Cognitive Model Predicting Academic Outcomes.</i>

### CLINICAL EXPERIENCE

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#### Northern Arizona VA Health Care System (NAVAHCS)

#### Mental Health Clinic Outpatient

**Postdoctoral Residency October 2020 - December 2021**

**Staff Psychologist/BHIP Crisis Access Coordinator December 2021 – February 2023**

**Staff Psychologist/BHIP Team February March 2023 - Present**

**Licensed Psychologist 11407155-2502 Exp. 9/30/2024 (40 hrs/wk)**

- Provide walk-in/phone-in crisis assessment, suicide risk assessment and/or assessment of decision-making capacity with appropriate intervention within an interdisciplinary behavioral health team.
- Conduct psychodiagnostic assessments and mental health evaluations. Provide individual cognitive behavioral therapy and evidence-based interventions on weekly or bi-weekly basis to veterans.
- Manage caseload of patients, maintain written medical records using Computerized Patient Record System (CPRS) and practice case management as needed with patients.
- Attend and engage in onsite individual supervision and/or consultation as needed to ensure quality of patient care which includes clinical interviews, assessments, and therapeutic services being provided to veterans.

Clinical Supervisor: Amy Wrabetz, PhD

## **University of Utah: National Center for Veterans Studies**

### **Postdoctoral Fellowship**

**August, 2019 – October 2020 (40 hrs/wk)**

- Conducted CAPS-5 assessments and provided individual cognitive behavioral therapy and cognitive processing therapy on a daily or weekly basis to eligible service members and veterans with a clinical focus on treating posttraumatic stress disorder, trauma, and other stress related disorders.
- Co-facilitated Going Home Group: psychoeducation group supporting servicemembers and veterans in their preparation for cognitive processing therapy posttreatment and discharge.
- Managed caseload of patients, maintained written records using a *TheraNest* (practice management software) and practiced case management as needed with patients.
- Attended and engaged in weekly one-hour group supervision and onsite individual supervision as needed to ensure quality of patient care which includes clinical interviews, assessments, and therapeutic services being provided to servicemembers and veterans.
- Additional responsibilities included planning and delivery of training crisis response planning workshops, analysis of data using advanced statistical modeling, i.e., multilevel models, nonlinear dynamic modeling, and preparing manuscripts resulting from specific studies determining how various delivery models influence PTSD treatment outcomes.

Clinical Supervisors: Craig Bryan, PsyD, Justin Baker, PhD, and Feea Leifker, PhD

## **Northern Arizona VA Health Care System (NAVAHCS)**

### **Department of Veterans Affairs Medical Center Psychology Training Program**

**July, 2018 - July, 2019**

#### **NAVAHCS Mental Health Clinic Outpatient (MHCO)**

##### **Predoctoral Internship: Major Rotation**

**February, 2019 - July, 2019 (30 hrs/wk)**

- Conducted intakes, assessments, and provided individual cognitive behavioral therapy to veterans with a clinical focus on depressive, anxiety, and trauma and stress related disorders.
- Co-facilitated Groups: Depression and Anxiety Group and Caregivers Group.
- Co-taught psychoeducational classes: PTSD Coping Skills and Couples Class.
- Managed a caseload of patients, maintained written records using a Computerized Patient Record System (CPRS); provided case management to patients as needed.
- Attended and engaged in weekly didactics, one-hour group supervision, and bi-weekly two-hour onsite individual supervision to ensure quality of clinical interviews, assessments, and therapeutic services provided to veterans.

Clinical Supervisor: Thor Johansen, PsyD (Fall 2018)

#### **NAVAHCS Primary Care Mental Health Integration (PC/MHI)**

##### **Predoctoral Internship: Major Rotation**

**July, 2018 - January, 2019 (30 hrs/wk)**

- Conducted intakes, assessments, and provided individual cognitive behavioral therapy to veterans with a clinical focus on depressive, anxiety, and sleep-wake related disorders.
- Interacted with interdisciplinary Patient Aligned Care Teams (PACT) delivering patient-centered and team-based care to veterans in a primary care setting.

- Managed a caseload of patients, maintained written records using a Computerized Patient Record System (CPRS); provided case management to patients as needed.
- Utilized client assessment outcome data to track client progress and inform treatment planning.
- Attended and engaged in weekly didactics, one-hour group supervision, and bi-weekly two-hour onsite individual supervision to ensure quality of clinical interviews, assessments, and therapeutic services provided to veterans.

Clinical Supervisor: Christina Carmody, PsyD (Fall 2018)

### **NAVAHCS Behavioral Health**

#### **Predoctoral Internship: Minor Rotation**

**April, 2019 - July, 2019 (10 hrs/wk)**

- Attended weekly MOVE group to learn about weight management to help veterans lose weight with a focus on health and wellness through nutrition, physical activity, and behavior change
- Provided a one-hour presentation on managing stress and anxiety in related to behavioral changes associated with living a healthy lifestyle.
- Practiced biofeedback as means of managing stress and enhancing a healthy lifestyle.
- Practiced Motivational Interviewing to address behavioral changes associated with diabetes management.
- Attended and engaged in weekly one-hour onsite individual supervision to ensure quality of clinical services provided to veterans.

Clinical Supervisor: Carol, Brooks PhD (Spring 2018)

### **NAVAHCS Compensation and Pension**

#### **Predoctoral Internship: Minor Rotation**

**December, 2018 - March, 2018 (10 hrs/wk)**

- Conducted structured clinical interviews assessing primarily PTSD and other psychological disorders
- Wrote assessment reports for the purpose of providing expert opinion related to the onset and trajectory of psychopathology related to military service.
- Maintained written records using a Computerized Patient Record System (CPRS).
- Attended and engaged in weekly didactics, one-hour group supervision, and weekly one-hour onsite individual supervision to ensure quality of clinical interviews, assessments, and therapeutic services provided to veterans.

Clinical Supervisor: Thor Johansen, PsyD (Winter 2018)

### **NAVAHCS Chronic Pain Clinic**

#### **Predoctoral Internship: Minor Rotation**

**July, 2018 - November, 2018 (10 hrs/wk)**

- Conducted an intake, assessment, and provided individual psychotherapy to a veteran diagnosed with chronic pain following a cognitive behavioral therapy for chronic pain protocol.
- Co-facilitated and lead a weekly psychoeducation group for chronic pain patients.
- Co-facilitated and lead a weekly support group for chronic pain patients.

- Managed a caseload of group patients and individual patient, maintained written records using a Computerized Patient Record System (CPRS); provided case management to patients as needed.
- Attended and engaged in weekly one-hour onsite individual supervision to ensure quality of clinical interviews, assessments, and therapeutic services provided to veterans.

Clinical Supervisor: Carol Brooks, PhD (Fall 2018)

**George E. Wahlen Salt Lake City VA Health Care System (SLC-VAHCS)  
Department of Veterans Affairs Medical Center Psychology Training Program  
June, 2016 - May, 2018**

**SLC-VAHCS VITAL (Veteran Integration to Academic Leadership): Clinical Field Practicum  
June, 2017 - May, 2018 (10-15 hrs/wk)**

- Provided individual psychotherapy to veterans seeking therapeutic services through VITAL; services focused on treatment for PTSD.
- Managed a caseload of patients, maintained written records using a Computerized Patient Record System (CPRS); provided case management as needed.
- Utilized client assessment outcome data to track client progress and inform treatment.
- Attended and engaged in bi-weekly two-hour offsite group supervision, and weekly one-hour onsite individual supervision to ensure quality of clinical interviews, assessments, and therapeutic services provided to veterans.

Faculty Supervisor: Karen Cone-Uemura, PhD (Summer 2017)

Clinical Supervisor: Aaron Ahern, PhD (Summer 2017)

**SLC-VAHCS SOAR (Services for Outpatient Addiction Recovery): Clinical Field Practicum  
August, 2016 - June, 2017 (15-20 hrs/wk)**

- Provided individual treatment and co-facilitated PTSD/SUD treatment groups for veterans seeking services through SOAR, VA Substance Use Disorder Program; services focused on treatment for comorbid diagnoses of PTSD and Substance Use Disorder.
- Managed a caseload of two patients, maintained written records using a Computerized Patient Record System (CPRS); provided case management as needed; conducted one clinical interview per week; participated in weekly case disposition meetings; submitted one written psychosocial substance use assessment per week; attended a 7-hour VA orientation training.
- Utilized client assessment outcome data to track client progress and inform treatment.
- Attended and engaged in monthly two-hour onsite group supervision, bi-weekly two-hour offsite group supervision seminars and weekly one-to-two-hours onsite individual Cognitive Processing Therapy (CPT) supervision to ensure quality of clinical interviews, assessments, and therapeutic services provided to veterans.

Faculty Supervisor: Uma Dorn, PhD (Fall 2016 and Spring 2017)

Clinical Supervisor: Heather Pierson, PhD (Fall 2016 - Spring 2017)

Clinical Supervisor: Jonathan Codell, PhD (Fall 2016 - Spring 2017)

**SLC-VAHCS PTSD Walk-in Clinic: Clinical Field Practicum  
June - August, 2016 (5-8 hrs/wk)**

- Conducted clinical interviews and diagnostic assessments with veterans; referral questions were exclusive to PTSD.

- Administered assessments, interpreted results, produced written reports, and developed recommendations for PTSD treatment planning.
- Attended and engaged in bi-weekly two-hour offsite group supervision seminars and weekly one-hour onsite individual supervision meetings to ensure quality of clinical interviews and assessment services provided to veterans.

Faculty Supervisor: Karen Cone-Uemura, PhD (Summer 2016)

Clinical Supervisor: Jinna Lee, PhD (Summer 2016)

### **University of Utah Counseling Psychology Program: Academic Practicum**

#### **January - May, 2016 (3 hrs/wk)**

- Co-facilitated a multicultural process group; participants included master and doctoral level graduate students enrolled in *ED PS 6360 Multicultural Counseling*, University of Utah.
- Attended and engaged in weekly one-hour onsite group supervision and process meetings to ensure quality of learning experiences provided to students.

Faculty/Clinical Supervisor: Uma Dorn, PhD (Spring 2016)

### **University of Utah Counseling Center: Advanced Clinical Practicum**

#### **June - August, 2015 and June - August, 2016 (20 hrs/wk)**

- Provided individual psychological services to college students at the counseling center of a large, public research university; services focused on personal development of students in support of enhanced learning and contribution to the university that addressed personal, career, and academic learning issues.
- Managed a caseload of 6-8 clients, maintained and entered written records into counseling center charting system (Titanium); provided case management; conducted one clinical intake interview per week and participated in weekly case disposition meetings.
- Attended and engaged in bi-weekly two-hour group offsite supervision seminars and weekly one-hour onsite individual supervision meetings to ensure quality of therapeutic services provided to clients.
- Utilized client assessment outcome data to track client progress and inform treatment.

Faculty Supervisor: Karen Cone-Uemura, PhD (Summer 2016)

Clinical Supervisor: Frances Harris, PhD (Summer 2016)

Intern Supervisor: Juliet Meggs, MS (Summer 2016)

Faculty Supervisor: Scott McAward, PhD (Summer 2015)

Clinical Supervisor: Robert Davies, PhD (Summer 2015)

### **University Neuropsychiatric Institute (UNI): Clinical Field Practicum**

#### **Adolescent Inpatient: Dialectical Behavior Group Therapy**

#### **January - May, 2016 (8-10 hrs/wk)**

- Co-facilitated Dialectical Behavior Therapy (DBT) skills training group at a large neuropsychiatric hospital; participants included adolescent inpatients presenting with psychotic symptoms and diagnosed with a wide range of psychiatric conditions including mood disorders, anxiety disorders, personality disorders, and substance use disorders.
- Created group activities associated with interpersonal effectiveness, emotion regulation, distress tolerance, and mindfulness; maintained and entered written group notes using hospital charting system (EPIC).

- Attended and engaged in bi-weekly two-hour offsite group supervision seminars and weekly one-hour onsite individual supervision to ensure quality of therapeutic services provided to patients.

Clinical Supervisor: Sandra Whitehouse, PhD (Spring 2016)

Faculty Supervisor: Uma Dorn, PhD (Spring 2016)

Intern Supervisor: Brett Shumway, MS (Spring 2016)

### **University Neuropsychiatric Institute (UNI): Clinical Field Practicum**

#### **Adult Inpatient: Acceptance Commitment Group Therapy**

**September - December, 2015 (8-10 hrs/wk)**

- Co-facilitated Acceptance Commitment Therapy (ACT) skills training group at a large neuropsychiatric hospital; participants included adult inpatients presenting primarily with chemical dependency, detoxification, and substance use disorders; adult patients also presented with psychotic symptoms and diagnosed with a wide range of psychiatric conditions including mood disorders, anxiety disorders, and personality disorders.
- Created group activities associated with acceptance, cognitive defusion, being present, self as context, values, and committed action; maintained and entered written notes using hospital charting system (EPIC).
- Attended and engaged in bi-weekly two-hour offsite group supervision seminars and weekly one-hour onsite individual supervision to ensure quality of therapeutic services provided to patients.

Clinical Supervisor: Britt Holmes, PhD (Fall 2015)

Faculty Supervisor: Uma Dorn, PhD (Fall 2015)

Intern Supervisor: Brett Shumway, MS (Fall 2015)

### **University Neuropsychiatric Institute (UNI): Clinical Field Practicum**

#### **Partial Inpatient: Teenscope Dialectical Behavior Group Therapy**

**June - August, 2015 (8-10 hrs/wk)**

- Co-facilitated Dialectical Behavior Therapy (DBT) skills training group in a large neuropsychiatric hospital; participants included adolescent patients admitted to partial hospitalization presenting with psychotic symptoms and diagnosed with a wide range of psychiatric conditions including mood disorders, anxiety disorders, developing personality disorders, substance use disorders, and autism.
- Created group activities associated with interpersonal effectiveness, emotion regulation, distress tolerance, and mindfulness; maintained and entered written notes using hospital charting system (EPIC).
- Attended and engaged in bi-weekly two-hour offsite group supervision seminars and weekly one-hour onsite individual supervision to ensure quality of therapeutic services provided to patients.

Clinical Supervisor: Allison Smith, PhD (Summer 2015)

Faculty Supervisor: Scott McAward, PhD (Summer 2015)

Post-Doctoral Supervisor: Cristina Hudak-Rosander, PhD (Summer 2015)

### **University of Utah Counseling Center: Core Clinical Practicum**

**August, 2014 - June, 2015 (20 hrs/wk)**

- Provided individual psychological services to college students at the counseling center of a large, public research university; services focused on personal development of students in support of enhanced learning and contribution to the university that addressed personal, career, and academic learning issues.

- Managed a caseload of 6-10 clients, maintained and entered written records into counseling center charting system (Titanium); conducted case management; conducted one intake interview per week and participated in weekly case disposition meetings; engaged in a 10-hour orientation training.
- Attended and engaged in weekly two-hour offsite group supervision seminars and two weekly one-hour onsite individual supervision meetings to ensure quality of therapeutic services provided to clients.
- Utilized client assessment outcome data to track client progress and inform treatment.

Faculty Supervisor: Karen Tao, PhD (Spring 2015)

Clinical Supervisor: Robert Davies, PhD (Spring 2015)

Intern Supervisor: Christopher Davids, MA (Spring 2015)

Faculty Supervisor: Sue Morrow, PhD (Fall 2014)

Clinical Supervisor: Frances Harris, PhD (Fall 2014)

Intern Supervisor: Danielle Fetty, MA (Fall 2014)

### **University of Utah Educational Assessment and Student Support Clinic (EASSC):**

#### **Pre-Practicum January - May, 2013 (1 hr/wk)**

- Provided short-term psychological services to an undergraduate college student at the EASSC operated by the Educational Psychology Department.
- Managed a single client caseload; services were provided with a focus and continual evaluation of the therapist-client alliance and included presenting issues of stress, anxiety, and depression.
- Attended and engaged in weekly one-hour offsite individual supervision meetings and weekly three-hour offsite group supervision seminars to ensure quality of therapy services provided to client.

Faculty Supervisor: Karen Tao, PhD (Spring 2013)

Clinical Practicum Supervisor: Alexandra Kelly, MA (Spring 2013)

### **ASSESSMENT EXPERIENCE**

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#### **NAVAHCS Predoctoral Intern: Major/Minor Rotations**

##### **July, 2018 - November, 2018 (prn hrs/wk)**

- Conducted psycho-diagnostic evaluations for the purpose of determining mental health treatment planning and professional opinions concerning service connected compensation and pension.
- Administered assessments, scored instruments, interpreted results, produced written reports, and developed recommendations for treatment planning, and provided feedback to veterans based on experience with the MMPI-2RF, MCMI, WMS, WAIS-IV, MoCA, BDI-II, BAI, PHQ9, GAD-7, WHODAS 2.0, B-IPF.
- Attended and engaged in weekly didactics, one-hour group supervision, and weekly one-hour onsite individual supervision to ensure quality of clinical interviews, assessments, and therapeutic services provided to veterans.

Clinical Supervisor: Thor Johansen, PsyD (Fall 2018)

#### **SLC-VAHCS: VITAL (Veteran Integration to Academic Leadership): Assessment Practicum**

##### **June - May, 2017-18 (prn hrs/wk)**

- Conducted psychodiagnostic and cognitive assessments with veterans; referral questions included ADHD, LD, and PTSD.

- Administered assessments, scored instruments, interpreted results, produced written reports, and developed recommendations for treatment planning, vocational rehabilitation, academic accommodations, and provided feedback to clients.
- Attended and engaged in monthly two-hour onsite group supervision, bi-weekly two-hour offsite group supervision, and weekly one-hour onsite individual supervision to ensure quality of clinical interviews, assessments, and therapeutic services provided to veterans.

Faculty Supervisor: Karen Cone-Uemura, PhD (Summer 2017)

Faculty Supervisor: Uma Dorn, PhD (Fall, & Spring 2017-18)

Clinical Supervisor: Aaron Ahern, PhD (Summer, Fall, & Spring 2017-18)

### **University Neuropsychiatric Institute (UNI) Downtown Clinic: Assessment Practicum**

**June - May, 2017-18 (3-5 hrs/wk)**

- Conducted psychodiagnostic, personality, and cognitive assessments with adults and adolescents; referral questions included ADHD, LD, and ODD.
- Administered assessments, scored instruments, interpreted results, produced integrative reports, and developed recommendations for treatment planning, vocational rehabilitation, academic accommodations, and provided feedback to clients.
- Attended and engaged in bi-weekly offsite group supervision and weekly one-hour onsite individual supervision meetings to ensure quality of assessment services provided to patients.

Faculty Supervisor: Karen Cone-Uemura, PhD (Summer 2017)

Faculty Supervisor: Uma Dorn, PhD (Fall, & Spring 2017-18)

Clinical Supervisor: Britt Holmes, PhD (Summer, Fall, & Spring 2017-18)

### **University of Utah EASSC: Assessment Practicum**

**January - August, 2015 (3-5 hrs/wk)**

- Conducted psychodiagnostic, personality, and cognitive assessments with college students; referral questions included ADHD and LD.
- Administered assessments, scored instruments, interpreted results, produced integrative reports, and developed recommendations for treatment planning, vocational rehabilitation, academic accommodations, and provided feedback to clients.
- Attended and engaged in bi-weekly two-hour onsite group supervision seminars to ensure quality of assessment services provided to clients.

Faculty Supervisor: Uma Dorn, PhD (Spring and Summer 2015)

Doctoral Student Supervisor: Qin Hu, MS (Spring 2015)

## **SUPERVISION EXPERIENCE**

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### **University of Utah EASSC: Supervision Practicum**

**September, 2016 - May, 2017**

- Provided supervision to one incoming master's level Clinical Mental Health Counseling student and one incoming doctoral level Counseling Psychology student; activities included developing a supervision contract, holding weekly individual supervision meetings to discuss clients' goals and progress, provided formative feedback to supervisees on their skills, strengths, and areas for growth related to individual psychotherapy; reviewed video recordings of supervisee's sessions during and outside of supervision.



- Presented two case conceptualizations related to the supervision of supervisees and attended to their current phase of development as well as their individual supervisory needs; conducted formal summative evaluation of supervisees; results incorporated into supervisee's final course grade.
- Attended and engaged in weekly three-hour offsite group supervision of supervision seminars and corresponding course instruction to ensure quality of supervision services provided to supervisees.

Faculty Supervisor: Uma Dorn, PhD (Fall 2016 and Spring 2017)

Faculty Supervisor: Karen Tao, PhD (Fall 2016 and Spring 2017)

Clinical Supervisor: Lauren Weitzman, PhD (Fall 2016 and Spring 2017)

## **GROUP COUNSELING EXPERIENCE**

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### **PTSD Support Group: Vietnam Era**

Mental Health Outpatient (Spring 2022)

### **Going Home Treatment Transition Group**

National Center for Veterans Studies, R&R PTSD Treatment Program (Spring 2019)

Licensed/Clinical Supervisor: Feea Leifker, PhD

### **Healthy Sleep Habits Psychoeducation Group**

National Center for Veterans Studies, R&R PTSD Treatment Program (Spring 2019)

Licensed/Clinical Supervisor: Feea Leifker, PhD

### **Mindfulness Psychoeducation Group**

National Center for Veterans Studies, R&R PTSD Treatment Program (Fall 2019)

Licensed/Clinical Supervisor: Feea Leifker, PhD

### **Chronic Pain Psychoeducation and Support Group**

IMPACT Chronic Pain Clinic (Fall 2018)

Licensed/Clinical Supervisor: Carol Brooks, PhD

### **MBRP: Mindfulness Based Relapse Prevention**

SUD Program: Services for Outpatient Addiction Recovery (Spring 2017)

Licensed Supervisor: Heather Pierson, PhD; Clinical Supervisor: Jonathan Codell, PhD

### **Seeking Safety: PTSD and Substance Abuse Treatment**

SUD Program: Services for Outpatient Addiction Recovery (Spring 2017)

Licensed Supervisor: Heather Pierson, PhD; Clinical Supervisor: Jonathan Codell, PhD

### **Intensive Outpatient Program Psychoeducation Group**

SUD Program: Services for Outpatient Addiction Recovery (Fall 2016)

Licensed Supervisor: Heather Pierson, PhD; Clinical Supervisor: Jonathan Codell, PhD

### **Forgiveness and Recovery**

SUD Program: Services for Outpatient Addiction Recovery (Fall 2016)

Licensed Supervisor: Heather Pierson, PhD; Clinical Supervisor: Jonathan Codell, PhD

### **Recovery from Trauma and Addiction**

SUD Program: Services for Outpatient Addiction Recovery (Fall 2016)

Licensed Supervisor: Heather Pierson, PhD; Clinical Supervisor: Jonathan Codell, PhD

**Feel Better Fast: DBT Psychoeducation Group**

University of Utah Counseling Center: Mindfulness Clinic (Summer 2016)

Licensed Supervisor: Frances Harris, PhD; Clinical Supervisor: Josh Newbury, LCSW

Intern supervisor: Juliette Meggs, MA

**Multicultural Process Group**

University of Utah Counseling Psychology (Spring 2016)

ED PS 6360 Multicultural Counseling

Licensed Supervisor: Uma Dorn, PhD

**Coping with Life Group: Adolescent Inpatient**

University Psychiatric Institute (Spring 2016)

Licensed Supervisor: Sandra Whitehouse, PhD;

Intern Clinical Supervisor: Brett Shumway, MS

**Coping with Life Group: Adult Inpatient**

University Psychiatric Institute (Fall 2015)

Licensed Supervisor: Britt Holmes, PhD;

Intern Clinical Supervisor: Brett Shumway, MS

**Teenscope Coping with Life Group: Partial Adolescent Inpatient**

University Psychiatric Institute (Summer 2015)

Licensed Supervisor: Allison Smith, PhD;

Post-Doctoral Clinical Supervisor: Cristina Hudak-Rosander, PhD

**Grief and Loss Student Support Group**

Jordan High School (Spring 2012)

Licensed Supervisor: Amy Russell, PsyD

**Boys Pathfinder Student Support Group**

West Jordan Middle School (2004-06)

District Counseling Supervisor: Hema Katoa, LCSW

**Girls Pathfinder Student Support Group**

West Jordan Middle School (2004-06)

District Counseling Supervisor: Gayle Threet, LCSW

School Counseling Supervisor: Lula Isaacson, MEd

**Study Skills Student Support Group**

West Jordan Middle School (2004-06)

School Counseling Supervisor: Lula Isaacson, Med

**PUBLICATIONS**

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Bryan, C.J., Russell, H.A., Bryan, A.O., Rozek, D.C., Leifker, F.R., Rugo, K.F., Baker, J.C., Khazem, L.R., Roberge, E.M., **Shirley, D.M.**, Asnaani, A. (2022). Impact of treatment setting and format on symptom severity following cognitive processing therapy for posttraumatic stress disorder (PTSD). *Behavior Therapy*.

Metz, A.J., Hu, Q., Kelly, A.R., Fox, A.R., **Shirley, D.**, & Shirey, L. (2015). Non-cognitive assessment in higher education: Social desirability and the prediction of college outcomes. *Journal of College Orientation and Transition*, 22(2), 5-22.

**Shirley, D.**, Metz, A. J., Hinkson, K. D., Jr., Drake-Brooks, M. M., Taylor, J., Burningham, & C. Bryan, C. J., (2022). Academic Performance of College Student Veterans: The Mediating Role of Emotion Regulation and Self-Efficacy. *Journal of Veterans Studies*.

## **MANUSCRIPTS IN PREPARATION OR UNDER REVIEW**

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Hinkson, K. D., Jr., Drake-Brooks, M. M., **Shirley, D.**, Turpin, S., & Bryan, C. J. (in preparation) Exploring postsecondary academic performance and academic problems as risk factors of suicidal ideation and behavior in a nationwide sample of student veterans.

Metz, A.J., Artman, S., **Shirley, D.**, Andreason, H., & Noel, N. (submitted). The role of self-efficacy beliefs in college student performance and persistence. Revise & resubmit (1), 3/3/16

## **RESEARCH EXPERIENCE**

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**Shirley, D.** (unpublished). Supporting the Academic Success of American Indian/Alaskan Native High School Students: Building Collaborative Relationships. *University of Utah, Pre-Dissertation Research Project*.

Utah State Office of Education Data Project (2012). Improving academic relationships: Correlations to academic outcomes among Native American students. *Jordan High School Counseling Center, Canyons School District*.

Utah State Office of Education Data Project (2010). Graduation incentive intervention providing parental/student supports. *Jordan High School Counseling Center, Canyons School District*.

Jordan High School Coordinator for School Community Needs Assessment: conducted data collection and interpretation of school community needs assessment results, (2008-09).

Utah Behavioral Initiative Data Project (2006). Reduction of student office referrals as a result of implementing school-wide behavioral supports. *West Jordan Middle School, Jordan School District*.

Utah State Office of Education Data Project (2005). Academic impact of small group counseling for girls 'pathfinder' group. *West Jordan Middle School Counseling Center, Jordan School District*.

**Shirley, D.** (unpublished). Counselor burnout: Relationships to school counseling. *University of Utah, Graduate Thesis*.

University of Utah Research Assistant; conducted literature reviews, summarized literature, and assisted with research focusing on American Indian Family and Mental Health. Educational Psychology Graduate Student under the supervision of John J. Peregoy, PhD (2002-04).

## **PROFESSIONAL PRESENTATIONS**

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**Shirley, D.** (May, 2023) *Cultural Competence and Cultural Humility: Fostering an Inclusive Work Environment*. Northern Arizona VA Health Care System: Mental Health Clinic Outpatient, Behavioral Health Interdisciplinary Program (BHIP): BHIP Team Training and Development, Virtual Presentations.

**Shirley, D.** & Hutchison, G. (March, 2023) *Mental Health Clinic Outpatient Behavioral Health Interdisciplinary Program (BHIP)*. Northern Arizona VA Health Care System: Mental Health Behavioral Sciences, Quarterly Staff Meeting, Virtual Presentation.

Tabares, J., Baker, J., Khazem, L. & **Shirley, D.** (April, 2021). *Video-based Caring Contacts for Veteran Suicide Prevention*. American Association of Suicidology: Military/Veteran Suicide Prevention Preconference: Virtual Presentation.

**Shirley, D.** (June, 2018). *Mindfulness as an academic improvement intervention in schools: Sociocultural implications*. Student Advocacy Services Summer Conference, Heber, UT.

**Shirley, D.** (February, 2018). *Multicultural orientation and the practice of mindfulness among school counselors and school professionals*. School Counselor Professional Development: Canyons School District, Sandy, UT.

**Shirley, D.** (November, 2017). *Sociocultural considerations of mindfulness as an academic improvement intervention in schools*. School Counselor Professional Development: Canyons School District, Sandy, UT.

Metz, A.J., Artman, S., **Shirley, D.**, Andreason, H. & Noel, N. (2016, February). *The role of self-efficacy beliefs in college student performance and persistence*. Poster presented at the 35th Annual First Year Experience Conference, Orlando, FL.

**Shirley, D.** (Spring, 2015). *College Board Counselor Webinar Series: Building a College Going Culture in a School*. Presentation. Native American Student Advocacy Institute.

Artman, S., **Shirley, D.**, Andreason, H. & Metz, A.J. (2015, April). *The role of self-efficacy beliefs in college student performance and persistence*. Poster presented at the Annual College of Education Research Fair, University of Utah, Salt Lake City, UT.

Metz, A.J., Fox, A.R., Hu, Q., Kelly, A., Shirey, L.D., & **Shirley D.M.** (2013). *The role of social desirability in predicting college performance using non-cognitive variables*. Poster presented at the annual convention of the American Psychological Association, Honolulu, HI.

Foster, H., Sachs, T. & **Shirley, D.** (Summer 2010). *Native American Cultural Competence Training*. Professional In-service, USCA Summer Conference, Washington School District, St. George, UT.

Foster, H., Sachs, T. & **Shirley, D.** (Spring, 2009). *Native American Cultural Competence Training*. District In-service, Jordan School District, Sandy, UT.

Foster, H. & **Shirley, D.** (Summer 2009). *Native American Cultural Competence Training*. Professional In-service, USCA Summer Conference, Westminster College, SLC, UT.

**Shirley, D.** (Spring, 2008). *Group Dynamics and Collaboration*. School/Faculty In-service, Jordan High School, Jordan School District, Sandy UT.

**Shirley, D.** (Spring, 2007). *Communicating Relevant Academic Information*. Professional In-service, Wasatch Counselor Fair, Granite School District, SLC, UT.

**Shirley, D.** (Summer, 2006). *Utah Behavior Initiative Orientation/Instruction*. School/Faculty In-service, West Jordan Middle School, West Jordan, UT.

## TEACHING EXPERIENCE

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**University of Arizona College of Medicine-Phoenix:** Summer Semester 2023-present  
Assistant Professor, Clinical Scholar: Psychiatry

**Northern Arizona VA Health Care System:** July 2022-Present  
Psychology Training Committee Member: Mental Health Behavioral Sciences; Research and Diversity

**University of Utah College of Education:** Fall Semester, 2022, 2023  
Adjunct Instructor: Educational Psychology; History and Systems of Psychology

**University of Utah College of Education:** Summer Semester, 2018  
Adjunct Instructor: Educational Psychology; School Counseling Professional Issues

**Westminster College-Arts and Sciences:** Fall/Spring Semesters 2017-18  
Adjunct Instructor: Psychology; Abnormal Psychology

**University of Utah College of Education:** Fall/Spring Semesters, 2016-17  
Adjunct Instructor: Educational Psychology; Strategies for College Success

**University of Utah College of Education:** Summer Semester, 2017  
Adjunct Instructor: Educational Psychology; Career Counseling for School Counselors

**University of Utah College of Education:** Summer Semester, 2014  
Adjunct Co-instructor: Educational Psychology; Group Counseling for School Counselors

**University of North Dakota College of Education and Human Development:** Spring Semester, 2014  
Guest Lecturer: Counseling Psychology and Community Services  
Educational Collaboration in Schools

**Westminster College-Arts and Sciences:** Spring Semester, 2014  
Guest Lecturer: Special Education  
Instruction and Curriculum for Secondary Students with Mild to Moderate Disabilities

**University of North Dakota College of Education and Human Development:** Fall/Spring/Summer Semester, 2012-13  
Adjunct Faculty Member: Counseling Psychology and Community Services  
School Counseling Internship, Middle School and High School Counseling

**University of North Dakota College of Education and Human Development:** Fall/Spring/Summer Semester, 2010-12  
Adjunct Instructor/consultant: Counseling Psychology and Community Services  
School Counseling Internship, Middle School and High School Counseling

**University of Utah College of Education:** Summer Semester, 2005-09  
Adjunct Instructor/consultant: Educational Psychology  
Collaborative Educational Problem Solving and Conflict Management

## OUTREACH EXPERIENCE

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### University of Utah

National Center for Veterans Studies (Fall 2019)

Yellow Ribbon Reintegration, Provo Marriott Conference Center, Provo, Utah

- Provided and presented information regarding veteran-centered research studies being conducted by NCVS researchers and clinical treatment services provided by NCVS providers.

### **University of Utah**

National Center for Veterans Studies (Fall 2019)

Yellow Ribbon Reintegration, Headquarters Utah National Guard, Draper, Utah

- Provided and presented information regarding veteran-centered research studies being conducted by NCVS researchers and clinical treatment services provided by NCVS providers.

### **University of Utah**

National Center for Veterans Studies (Fall 2019)

Out of Darkness Walk, Liberty Park, Salt Lake City, Utah

- Provided and presented information regarding veteran-centered research studies being conducted by NCVS researchers and clinical treatment services provided by NCVS providers.

### **Jordan High School Mindfulness Team**

Canyons School District (Spring 2018)

- Organized and facilitated dialogues on developing a mindfulness practice with high school educators in a small group format.
- Collaborated with school psychologist and licensed clinical social worker to organize and deliver lesson plans on developing a mindfulness practice to high school students in a small group format.

### **Bateman Horne Center for ME/CFS and Fibromyalgia**

Salt Lake Regional Medical Center (Spring 2017)

- Education consultant to a counseling psychologist for an ongoing curriculum development program addressing patient education and self-care.

### **Strategies for College Success: Shoshoni Language Project Participants**

University of Utah (Fall 2015)

- Presented information regarding time management skills, pre-reading skills, condensed note-making skills, and the benefits to practicing active study strategies.

### **New Student Orientation for Utah Physician Assistant Program**

University of Utah (Summer 2015)

- Presented information regarding time management skills, pre-reading skills, condensed note-making skills, and the benefits to practicing active study strategies.
- Presented information related to alleviating test anxiety and strengthening ability to academically focus and concentrate attention.
- Presented information related to the practice of self-care for academic success.
- Presented information to first year Utah Physical Assistant students regarding the benefits of Mindfulness Based Stress Reduction and developing a practice of mindfulness meditation to support academic success.

### **Academic Collaboration of American Indian Students**

Canyons School District, Office of Student Advocacy and Access (Fall/Spring 2013-16)

- Planned, coordinated, and conducted 16 seminars related to career and college readiness to high school students, which included academic goal setting, academic funding, scholarship search and application, college admission process, college essay writing and improving academic performance.

### **Academic Collaboration of American Indian Students**

Canyons School District, Office of Student Advocacy and Access (Fall/Spring 2012)

- Planned, coordinated, and conducted 8 seminars related to career and college readiness to high school students, which included academic goal setting, academic funding, scholarship search and application, college admission process, college essay writing and improving academic performance.

## **PROFESSIONAL EMPLOYMENT**

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### **Clinical Staff Psychologist (September 2020 - Present)**

Northern Arizona VA Health Care System: Prescott VA Medical Center  
500 AZ-Highway 89 North  
Prescott, Arizona 86301  
928-445-4860

### **Clinical/Research Post-Doctoral Psychology Fellow (August 2019 - October 2020)**

University of Utah: National Center for Veterans Center  
260 South Central Campus Drive  
Suite 3525, Gardner Commons  
Salt Lake City, Utah 84112  
801-587-7978

### **Predoctoral Psychology Intern (July 2018 - July 2019)**

Northern Arizona VA Health Care System: Prescott VA Medical Center  
500 AZ-Highway 89 North  
Prescott, Arizona 86301  
928-445-4860

### **Educator/Professional School Counselor (December 1993 - June 2018)**

Canyons School District/Jordan School District  
9361 South 300 East  
Sandy, Utah 84070  
801-826-5000

### **Professional School Counselor/Home and Hospital Coordinator (2017-18)**

Canyons School District: Jordan High School

### **Professional School Counselor/Home and Hospital Coordinator (2016-17)**

Canyons School District: Jordan High School/Office of Student Advocacy and Access

### **Professional School Counselor/American Indian Education Coordinator (2012-16)**

Canyons School District: Office of Student Advocacy and Access

### **Professional School Counselor (2006-12)**

Jordan/Canyons School District: Jordan High School

### **Professional School Counselor (2004-06)**

Jordan School District: West Jordan Middle School

### **School Counselor Intern (2003-04)**

Jordan School District: West Jordan Middle School

### **Elementary Grade Level Educator (2001-03)**

Jordan School District: Park Lane Elementary  
Team member: Sixth Grade Team

### **Secondary Grade Level Educator (1999-01)**

Jordan School District: Oquirrh Hills Middle School  
TLC/Guidance, General Music, Foundations in Design, Utah Studies, Health

**Elementary Grade Level Educator (1997-99)**

Jordan School District: Columbia Elementary

Team member: Sixth Grade Team

**Elementary Grade Level Educator (1996-97)**

Jordan School District: Columbia Elementary

Physical Education Specialist, school-wide physical education program

**Elementary Grade Level Educator (1994-96)**

Jordan School District: Columbia Elementary

Team member: Fourth Grade Team, team leader 1995-96

**Secondary Grade Level Educator (1993-94)**

Jordan School District: Oquirrh Hills Middle School

Algebra, Pre-Algebra, General Math, Ninth Grade Boys Physical Education

**PROFESSIONAL TRAINING**

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**National Center for Veterans Studies (NCVS)**

Crisis Response Plan Training, Kent Hinkson, MS

Association for Utah Community Health (AUCH) Training Center (Spring 2020)

**National Center for Veterans Studies (NCVS)**

Brief-Cognitive Behavioral Therapy Training, David Rosek, PhD

University of Utah (Summer 2020)

**Northern Arizona VA Health Care (NAVAHCS) Onsite Training**

Dialectical Behavioral Therapy Beginner Level Training, Jeanette Devevo, LCSW

NAVAHCS Mental Health and Behavioral Sciences (Spring 2019)

**Data Analysis Training Institute of Connecticut**

Structural Equation Modeling Workshop, D. Betsy McCoach, PhD

University of Connecticut (Summer 2017)

**National Child Traumatic Stress Network**

On-line Training: Trauma-Focused Cognitive-Behavioral Therapy, Daniel W. Smith, PhD

Medical University of South Carolina (Spring 2017)

**Regional Education Laboratory West**

Trauma and Resilience 101, Meagan O'Malley, PhD & Leora Wolf-Prusan, EdD

West ED (Spring 2016)

**Gottman Method Couples Therapy**

Clinical Training Level One, John Gottman, PhD & Julie Gottman, PhD

Gottman Institute (Spring 2016)

**Utah Navajo Health Systems**

Applied Suicide Intervention Skills Training (ASIST), Rex Harvey, MEd, Indigenous Consultant

University Neuropsychiatric Institute (Fall 2015)

**Suicide Risk Assessment and Safety Plan Workshop**

On-line Training: Suicide Risk Assessment and Safety Plan Workshop, Christina Krieg, MEd

Arizona State University (Summer 2015)



**DSM-5 Introduction**

University of Utah; Educational Psychology (Spring 2014)

**PREPaRE Model of School Crisis Prevention and Response Procedures**

CSD Professional Development, Jared Lane Valum, PhD & Loreen Jones, MEd  
Canyons School District (Fall 2014)

**Positive Behavioral Interventions and Supports for Students At-Risk & High-Risk Needs**

CSD Professional Development, Allen Whitmore, MEd  
Canyons School District (Fall 2013)

**Acceptance Commitment Therapy Training**

University of Utah, Educational Psychology (Spring 2013)

**Suicide Prevention and Awareness Training for School Counselors**

CSD Professional Development, Loreen Jones, MEd  
Canyons School District (Fall 2012)

**Creating Culturally Responsive Learning through the American Indian Experience**

CSD Professional Development, Nathan Cole, MEd  
Salt Lake Community College (Spring 2012)

**Positive Behavioral Interventions and Supports Conference**

CSD Professional Development, Terry Scott, PhD & Hollie Petterson, PhD  
Canyons School District (Fall 2012)

**American Indian/Alaskan Native Cultural Immersion Program**

Utah State University (Summer 2011)

**English as a Second Language Endorsement**

Southern Utah University (Fall/Spring 2007)

**Introduction to Tibetan Buddhism**

Urgyen Samten Ling Gonpa, Tibetan Buddhist Temple (Spring 2005)

**UNIVERSITY AND PROFESSIONAL SERVICES**

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**University of Utah Annual Educational Psychology Faculty and Student Social**, musical performance, Marriot Library, Gould Auditorium, (Spring 2018)

**University of Utah Love-DANCE-More Summer Dance Performance**, University of Utah School of Dance Alumni, Jordan River Commission, the Utah Humanities Council, and the Salt Lake City Arts, Culture, Events Fund. (Fall 2017) musical accompaniment to outdoor dance performance, *Those with Wings*, based on *When Women Were Birds* (Tempest-Williams, T. 2017).

**New Student Orientation, Utah Physician Assistant Program**

Co presenter, University of Utah (Summer 2016 & 2017)

**Counseling/Counseling Psychology Faculty Search Committee**

Student committee member, University of Utah, Student Interviewer (Spring 2016)

**Counseling/Counseling Psychology Faculty Search Committee**

Student committee member, University of Utah, Student Committee Member (Spring 2014)

**American Indian Leadership Conference Planning Committee**

Committee member, Salt Lake Community College, Committee Member (2012-16)

**Crisis Mental Health Response Team**

Team member, Canyons School District (2012-2018)

**Building Leadership Team**

Team member, Jordan High School, Behavioral Specialist (2011-12)

**Native American Student Organization**

Advisor, Jordan High School, Advisor and Advocate (2008-12 & 2016-18)

**Student Sexual Harassment Response and Prevention**

Presenter, Jordan High School, Instructor (2006-12)

**Math Engineering Science Achievement Student Organization**

Advisor, Jordan High School, Advisor (2006-12)

**School Counseling Center: Careers in the U.S. Service Branches**

Advisor/Liaison, Jordan High School (2006-12)

**Latino Parent and Student Academic Orientation**

Organizer, Jordan High School, Co-instructor (2006-10)

**Utah Behavior Initiative**

Committee chair, West Jordan Middle School, Committee Chair (2005-06)

**ACADEMIC AND OCCUPATIONAL TESTING EXPERIENCE**

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**American College Testing (ACT), ACT, Inc.**

Jordan High School, Testing Coordinator (Spring 2012)

**Scholastic Assessment Test (SAT), College Board**

Jordan High School, Testing Proctor (2011-13)

**Armed Services Vocational Aptitude Battery**

Jordan High School, Testing coordinator (2006-12)

**Utah Criterion Referenced Test, Utah State Office of Education**

Jordan High School, Testing Coordinator (2006-09)

**PLAN-Test Group Orientation and Interpretation**

Jordan High School, Facilitator (Spring 2006)

**Utah Criterion Referenced Test, Utah State Office of Education**

West Jordan Middle School, Testing Coordinator (2004-06)

**VOLUNTEER EXPERIENCE**

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**Granite Gate Senior Living**, Prescott, AZ, *bi-monthly musical performances/sing-alongs for residents in residential dementia unit*, Musician (Fall and Winter 2018-19)

**Utah State Hospital**, Provo, UT, *Fundraising for Forgotten Patients Project* (Fall 2017)

**Utah Pride Center**, SLC, UT *Transgender Remembrance Day*, Emotional Support Volunteer, (2015)

**Boys and Girls Club Youth Development Specialists Training**, Midvale, UT, *Mindfulness and Dialectical Behavior Strategies with Children and Adolescents*, Consultant/Presenter, (Fall 2015)

**University Counseling Center Community Service**, SLC, UT, *Utah Food Bank* (Summer 2014)

**Utah State Office of Education**, SLC, UT, *American Indian Cultural Emersion for Educational Professionals*, Committee Member (2012-15)

**Utah School Counselor Association**, SLC, UT, Secondary Vice-President Elect (2009-12)

**Utah High School Lacrosse Association (UHSLA)**, Sandy, UT, Jordan High School, Varsity/Junior Varsity Coach (2006-10)

**Group Interim Services: Substance Addiction Counseling Groups**, SLC, UT, Group Co-Facilitator, (Spring 2002)

**Special Populations Learning Outdoor Recreation Education (SPLORE)**, Moab, UT, Volunteer River Guide (Summer 1995-2000)

**Utah High School Lacrosse Association (UHSLA)**, South Jordan, UT, Bingham High School, Varsity Coach (Spring 995-98)

**Utah Women's Lacrosse Association (UWLA)**, SLC, UT, Rowland Hall St. Marks School, Varsity/Junior Varsity Coach (Spring 1994)

## **SCHOLARSHIPS, GRANTS, and RECOGNITIONS**

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Utah Psychological Association, Bruce V. Parsons Memorial Scholarship Research Fund, scholarship recipient (2018)

University of Utah; Dr. Cecelia H. Foxley Endowed Scholarship Fund in Educational Psychology, scholarship recipient (2015)

The Greater Plains Collaborative Clinical Data Research Network, feasibility grant, *Video-based Caring Contacts for Veteran Suicide Prevention* (2020)

Westminster College, Katherine W. Dumke Center for Civic Engagement, Student Leaders in Civic Engagement Grant, *Mental Health and Wellness Screening Day*, grant recipient (2017 & 2018)

Utah State Library Division and Utah Division of Indian Affairs; Native Heritage Grants: Indigenous Month Mini-Grant, grant recipient (2014)

Bob Stump Department of Veterans Affairs Medical Center, Mental Health & Behavioral Sciences, Early Career Psychologist Rising Star, recognition, (2021 & 2022)

University of Utah; Counseling Psychology Program; Social Justice Award, recipient (2016)

Utah School Counselor Association; Human Rights Award, recipient (2013)

Jordan High School; Class of 2006-12: Six-Years Consecutive Service, recognition (2012)

Bingham High School Lacrosse; Varsity Lacrosse Coach of the Year, recognition (1996)

## **PROFESSIONAL MEMEBERSHIPS**

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- American Psychological Association of Graduate Students, Student Affiliate (2012-2019)
- American School Counseling Association, Professional Membership (2006-2020)
- American Psychological Association, Professional Membership (2012-present)
- Counseling Psychology, APA Division 17, Professional Membership (2012-2021)
- Educational Psychology, APA Division 15, Professional Membership (2012-2021)
- Humanistic Psychology, APA Division 32, Professional Membership (2012-2021)
- Utah Psychological Association, Professional Membership (2016-2019)
- Utah School Counseling Association, Professional Membership (2006-2019)
- Utah School Counselor Association, Past Secondary Vice-President (2011 - 2012)
- Utah School Counselor Association, Past Secondary Vice-President (2010 - 2011)
- Utah School Counselor Association, Secondary Vice-President Elect (2009 - 2010)

## REFERENCES

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**Craig Bryan, PsyD**

Psychologist and Director  
Ohio State University  
Division of Recovery and Resilience  
Trauma and Suicide Prevention Programs  
(614) 293-9600  
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