

VITA

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◆ EDUCATION ◆

- 2005 – 2010 Marriage Family and Human Development, PhD** **Brigham Young University**
- Dissertation: *“Stress, Siblings and Well-being during Early Adolescence”*
 - Cumulative GPA – 3.8
- 2002 – 2006 Family Ecology, MS** **University of Utah**
- Thesis: *“Resilience in Context: Effects of Parental Involvement on Chronic and Disruptive Risk during Childhood”*
 - Cumulative GPA – 3.95
- 1997 – 2001 Interpersonal and Group Communication, BA** **University of Utah**
- Family and Human Development minor
 - Cumulative GPA – 3.8
- 1998 – 1999 University Foreign Exchange Program** **University of Derby**
Derbyshire, England UK
- General Studies

◆ TEACHING EXPERIENCE ◆

- 2004 – current Associate Instructor** **University of Utah**
- FCS 2570 – Development during Middle Childhood
Traditional classroom teaching: 2004-2005
Online teaching: Summer 2005-current
 - FCS 3180 – Home, School and Community Partnerships, online (2008-current)
 - FCS 5430 – Family, Consumers and Health (2004-2005)
 - FCS 5210 – Family Life Education (2005-current)
- 2005 Graduate Instructor** **Brigham Young University**
- MFHD 160 – Introduction to Family Processes (Fall 2006)
 - MFHD 290 – Critical Inquiry & Research Methods (Fall 2005)
- 2002 – 2004 Graduate Teaching Assistant** **University of Utah**
- Assisted in the following courses
 - FCS 2400: Family Relations across the Lifespan
 - FCS 5200: Families and Social Policy
 - FCS 5962: Fragile Families and the Marriage Agenda

◆ RESEARCH EXPERIENCE ◆

- 2007 – 2008** **Field Director, Flourishing Families** **Seattle, Washington**
- Developed protocol for all data collection including participant recruitment, interviewer recruitment, survey development, interview protocol, quality control, transcription, data entry and reporting.
 - Directly supervised a team of 10 – 20 undergraduate researchers.
 - Recruited and interviewed 500 families, consisting of two parents (if present) and child.
- 2001 – current** **Research Consultant** **Utah Foster Care Foundation**
- Advanced the UFCF research program. Completed all research activities, including: creating and administering survey instruments; ensuring IRB approval, collecting and analyzing data; creating summary reports, and presenting findings to UFCF management. Presented research findings at University and community events as a form of advocacy and education.
 - Increased survey response rate from 15% (2000) to 55% (2005).
 - Projects include:
 - *“The Foster Parent Exit Survey”*
Ongoing survey designed to analyze feedback from individuals who have decided to leave the foster care system. Annual reporting used to improve service delivery statewide.
 - *“The Cluster Survey Report”*
Annual review of the UFCF Clusters program. Clusters are similar to foster parent support groups. Report findings are used to support UFCF grant applications and improve service delivery.
- 2006 – current** **Statistics Consultant** **State of Utah, Adult Protective Services (APS)**
- Project: *“Attorney Quality Assurance Study”*
 - This project seeks to identify areas of strength and weakness in APS caseworker service delivery. A staff attorney reviews a sample of cases and records quantitative data which I analyze to find areas of correlation and association. Tasks include research consultation regarding data collection, data analysis, report writing and presentation to APS staff and directors statewide.
- 2005 – 2009** **Doctoral Level Dissertation Project** **Brigham Young University**
- *“Sibling Relationships and Child Well-being”*
Using primary data collected while working with the Flourishing Families Project, I analyzed the effects of the sibling relationship on child well-being using regression, structural equation modeling and several nonparametric research techniques. Findings indicate that the sibling relationship can impact child well-being in both positive and negative ways based on the levels of warmth and hostility in the relationship.
 - Dissertation chair: Randal Day, PhD.
- 2005 – 2006** **Research Assistant** **Brigham Young University**
- Assisted Randal Day in studying the differences in family processes based on demographic characteristics, differential reporting of family processes among siblings and the effects of differential family processes between mothers and fathers.
 - Closely coordinated and supervised a team of approximately 30 undergraduate researchers enrolled in MFHD 403R (research practicum) and working with Dr. Day.

- 2002 – 2004 Masters Level Thesis Project University of Utah**
- *“Resilience in Context: Effects of Parental Involvement on Chronic and Disruptive Risk during Childhood”*
Using the Early Childhood Longitudinal Study (ECLS) data set, I analyzed the effects of parental involvement both at home and at school on child outcomes, and found support for a mediated model of resilience where parental involvement can help buffer a child to risks such as starting school.
 - Thesis chair: Lori Kowaleski-Jones, Ph.D.
- 2002 – 2004 Research Assistant University of Utah**
- Assisted Lori Kowaleski-Jones in studying the effects of neighborhood contexts on youth development using the PSID national data set.
 - Assisted Keith Bartholomew in studying the effects of land-use scenario analysis and the subsequent policy decisions.
- 2002 National Institutes of Health**
Human Participant Protections Education for Research Teams,
Completed training 8/30/2002
- 2000 Department of Communication University of Utah**
Service Learning Research Project for the Utah Association of Conservation Districts. *“Selling Conservation: Increasing Participation in Government Sponsored Riparian Conservation”*
Contributed to the survey development, administered survey, collected data, entered data, analyzed statistics, wrote and presented findings.

◆ AWARDS AND GRANTS ◆

2007-2008	Quinn Scholar, School of Family Life	Brigham Young University
2007 – 2008	Technology Assisted Curriculum grant Internal funding to support the creation of a fully online version of FCS 3180: Home, School and Community Relations	University of Utah
2007 – 2008	Porter Doctoral Scholarship	Brigham Young University
2005 – 2007	University Research Assistantship	Brigham Young University
2005	Technology Assisted Curriculum grant Internal funding to support the creation of a fully online version of FCS 2570: Development and Learning during Middle Childhood	University of Utah
2004 – 2005	Kappa Omicron Nu, Honorable Teaching Award	University of Utah
2001 – 2004	University Research Assistantship	University of Utah
2003 – 2004	Recipient of the Dorothy Watkiss Scholarship	University of Utah
2000 – 2001	Recipient of the William T. Bowers Scholarship	University of Utah
1997 – 2001	Recipient of the University Honors-at-Entrance Scholarship	University of Utah

◆ PUBLICATIONS ◆

Day, R., Gavazzi, S., Miller, R., & **Van Langeveld, Alisa**. (2009). Compelling Family Processes. *Marriage and Family Review*. 45(2-3).

Jones-Sanpei, H., Day, R., Holmes, E., & **Van Langeveld, Alisa** (2009). Family Process Variables in NLSY97: A Primer. *Marriage & Family Review*. 45(2-3).

Hill, E., Allen, S., Jacob, J. , Bair, A., Bikhazi, S. , **Cox, Alisa**, Martinengo, G., Trost, T., & Walker, E. (2007). Work-family facilitation: Expanding theoretical understanding through qualitative exploration. *Advances in Developing Human Resources*, 9(4), 507-526.

Kowaleski-Jones, L., & **Cox, Alisa**. (2005). "Are the children all right? Assessing child well-being and health in Utah." In Zick (Ed.) *Utah at the beginning of the Millennium--A Demographic Perspective*. University of Utah Press.

◆ CONFERENCE PRESENTATIONS ◆

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| 2008 November | National Council on Family Relations (NCFR)
<i>"Contextual Resilience and Internal Resiliency: Assessing the Impact of Context on Child Well-being"</i> |
| 2008 April | Pacific Sociological Organization
<i>"Effects of the Sibling Relationship on Hope & Optimism"</i> |
| 2008 April | Pacific Sociological Organization
<i>"Flourishing Families: An undergraduate Capstone Research Project"</i> |
| 2006 November | National Council on Family Relations (NCFR)
<i>"Analyzing Family Processes using the NLSY97: An introduction and Overview of Methods"</i> |
| 2006 August | University of Utah – Graduate Teaching Assistant Conference
<i>"Critical Thinking Skills"</i> (also presented in 2005) |
| 2006 April | Utah Council on Family Relations (UCFR)
<i>"Negotiating the TV: How Families Limit Television Watching"</i> |
| 2004 August | University of Utah – Graduate Teaching Assistant Conference
<i>"Syllabus construction: Getting it all in and making it all clear."</i> |
| 2004 April | Utah Council on Family Relations
<i>"Resilience in Context: Effects of Parental Involvement on Disruptive Risk."</i> |
| 2004 March | Utah Foster Parent Clusters Retreat
<i>"The Legislature and You: How current legislation will affect foster parents."</i>
<i>"Current Changes to Utah Child Welfare Policy"</i> |
| 2002 May | Child Welfare Institute, Utah Division of Child and Family Services
<i>"Advocacy for Child welfare professionals"</i> |

◆ PROFESSIONAL ORGANIZATIONS ◆

2005 – 2009 National Council on Family Relations

2001 – 2003 Family Child Advocates (FCA) – Utah based advocacy group of child welfare professionals.

2002 – 2004 Kappa Omicron Nu Honor Society