

**UNIVERSITY OF UTAH COLLEGE OF NURSING
ACADEMIC VITA**

SECTION I

Updated 01/31/2021

A. PERSONAL DATA

Name & Credentials	Valerie J. Flattes, PhD, MS, APRN, ANP-BC
Rank and Title	Assistant Professor (Clinical)
Contact Information	10 South 2000 East, Salt Lake City, UT 84112
Phone	801-585-0719
E-mail	valerie.flattes@nurs.utah.edu

B. EDUCATION

<u>1. Year</u>	<u>Degree</u>	<u>Institution (Area of Study/Specialization)</u>
2020	Ph.D.	University of Utah
2016	certificate	University of Utah (Interdisciplinary Gerontology Certificate)
2002	M.S.	University of Utah (Gerontological Nurse Practitioner & Adult Nurse Practitioner)
1998	certificate	University of Utah Department of Continuing Education (Healthcare Management Certificate)
1997	B.S.	University of Utah (Nursing)
1974	Diploma	Lawrence Memorial Hospital SON

<u>2. Licensure / Certification</u>	
2003-present	ANCC Board Certified Adult Nurse Practitioner (UT)
2003-present	Nurse Practitioner (UT)

C. EMPLOYMENT / PROFESSIONAL EXPERIENCE

<u>Dates</u>	<u>Position and Institution</u>
9/2001-present	Faculty: University of Utah College of Nursing, Salt Lake City, UT. 7/2017 – 9/2018: Chair, Executive Committee of the College Council 5/2016 -present: Specialty Track Director, Adult/Gerontology Primary Care DNP program. 07/15-present: Assistant Professor, Clinical 01/2004-06/2015: Instructor, Clinical 09/2001-01/2004: Adjunct Instructor (PT)
12/01 - 01/04	Clinical Nurse, Pioneer Valley Hospital, Emergency Department, West Valley City, UT
12/03 - 01/04	Nurse Coordinator, Physical Disabilities Waiver, State of Utah Department of Services for People with Disabilities. Salt Lake City
07/01 - 12/01	Clinical Nurse, Salt Lake Regional Medical Center, Emergency Department, Salt Lake City, UT

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03/00 - 06/01 Clinical Nurse, Rocky Mountain Medical Center, Emergency Department, Salt Lake City, UT

07/99 - 07/01 Teaching Assistant, University of Utah College of Nursing, Salt Lake City, UT

06/99 - 03/00 Clinical Nurse, Pioneer Valley Hospital, Emergency Department, West Valley City, UT

05/99 - 10/99 Quality Improvement Coordinator, Bonneville Home Health, Salt Lake City, UT

11/97 - 05/99 Director of Professional Care Services, Bonneville Home Health, Salt Lake City, UT

09/97 - 11/97 Patient Care Coordinator, Bonneville Home Health, Salt Lake City, UT

03/96 - 09/97 Staff Nurse, University of Utah Hospital, Med/Surg, Salt Lake City, UT

11/95 - 09/97 Home Health Nurse, Bonneville Home Health, Salt Lake City, UT

10/91 - 09/95 Staff Nurse, Blackfeet Community Hospital, Indian Health Service, Browning, MT

03/89 - 08/91 Staff Nurse, Highland Hospital, Rochester, NY

03/88 - 10/88 Charge Nurse (part-time; geriatric facility), Pinnacle Nursing Home, Rochester, NY

11/81 - 10/85 Head Nurse (psychiatric unit, geriatric facility), Hallmark Nursing Center, Schenectady, NY

12/76 - 09/80 Staff Nurse II and Children's Hospital Home Care Coordinator, Visiting Nurse Association of Boston, Boston, MA

09/75 - 09/76 Staff Nurse/Charge Nurse, Thomas Jefferson University Hospital, Intermediate Cardiac Care Unit, Philadelphia, PA

06/74 - 08/75 Staff Nurse/Charge Nurse, Beth Israel Hospital, Medical Unit, Boston, MA

D. HONORS, RECOGNITIONS & AWARDS

<u>Year</u>	<u>Recognition</u>	<u>Received From</u>
2020	State Award - Community Service	Utah Nurse Practitioners
2019	Service Award	Univ. of Utah College of Nursing
2018	Geriatric Nursing Education Award	Western Institute of Nursing
2017	Interprofessional Core Team: Interprofessional Education Team award	Univ. of Utah Academy of Health Science Educators
2012	State Award for Excellence in Research	Utah Nurse Practitioners
2010	Excellence in Education	Sigma Theta Tau International, Gamma Rho chapter
2009	Predoctoral Fellowship.	Noorda Family Foundation University of Utah Hartford Center of Geriatric Nursing Excellence
2007	Faculty Spirit Award 2006-2007	University of Utah, College of Nursing
1994	1994 Hospital Nurse of the Year	Indian Health Service, Billings, MT

E. RESEARCH AND SCHOLARLY WORK

1. Extramural Grants/Contracts

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<u>Dates</u>	<u>Amount</u>	<u>Funding Status</u>	<u>Title & Funding Agency</u>	<u>Role (PI, Co-PI)</u>
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2. Intramural Grants/Contracts

<u>Dates</u>	<u>Amount</u>	<u>Funding Status</u>	<u>Title & Funding Agency</u>	<u>Role (PI, Co-PI)</u>
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3. Independent Research

<u>Dates</u>	<u>Title</u>	<u>Role (PI, Co-PI)</u>
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4. Other

<u>Dates</u>	<u>Title</u>	<u>Role</u>
2020	ANEW Grant	Track director
2019 to present	HRSA Nursing Workforce Diversity Project Partnering for Success of Diverse Students: Investing in the Future of Nursing Award No.: 6 D19HP318220101	Advisory Board member
12/09-08/12	Telephone Linked Care: An IT Enabled Integrated System for Cancer Symptom Relief, (S. Beck and Kathi Mooney; Co-investigators); (funded RO1 research grant NIH, NCI & NINR co-funding: 1 RO1 CA120558)	NP provider
10/1/03-06/30/09	Enhanced RN Credentials: Geriatric Care and Leadership Principal Investigator: G. Pepper Department of Health and Human Services DHHS, BHPPr (CGEP; CFDA: 93.884)	Recruiter/Instructor
07/01/03 - 06/30/06	Utah's NMW & WHNP Education for Six Western States. Principal Investigator: Jane M. Dyer HRSA Bureau of Primary Health Care (BPHC)	Consultant

F. PUBLICATIONS & EDITORIAL EXPERIENCE

1. Books (or Chapters in Books)

Flattes, VJ (2019) Reviewer: *Advanced Practice Nursing in the Care of Older Adults* 2nd edition. Philadelphia: F. A. Davis Company.

Flattes, V.J. (2018) Contributor: (chapters 5&6). *Nursing Care Planning Made Incredibly Easy*. 3rd edition. Philadelphia: Lippincott Williams & Wilkins.

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Flattes, V. J. (2016) Consultant: *Case Studies in Geriatric Primary Care and Multimorbidity Management (in process)*. Elsevier, Inc.

Flattes, V. J. (2013). Contributor: Alcoholism nursing care plan in *Nursing Care Planning Made Incredibly Easy*. 2nd edition Philadelphia: Lippincott Williams & Wilkins.

Flattes, V.J. (2008). Contributor and consultant: Chapter 10 Respiratory. *Assessment Made Incredibly Easy*. Philadelphia: Lippincott Williams & Wilkins.

Flattes, V.J. (2007). Contributor: Alcoholism nursing care plan in *Nursing Care Planning Made Incredibly Easy*. Philadelphia: Lippincott Williams & Wilkins.

Flattes, V.J. (2005). Consultant and contributor: William J. Kelly (Ed.). *Nurse's Quick Check: Signs and Symptoms*. Philadelphia: Lippincott Williams & Wilkins.

2. Journal Publications

(in process) Clark, L., Thoreson, S., Goss, C., Marosits, M., Zimmer, L., **Flattes, V.**, DiGuseppi, C. (2020). Older adults' perceptions of a church-based social marketing initiative to prevent falls through balance and strength classes. *Journal of Applied Gerontology*.

Dassel, K. B., **Flattes, V.**, Eaton, J., Towsley, G., Moyers, L., & Edelman, L. (2019). Development of a Gerontology Graduate Certificate in Post-Acute and Long-Term Care. *Journal of Gerontological Nursing*, 45(10), 47–52. <https://doi.org/10.3928/00989134-20190825-02>

3. Papers, Monographs and Reports

4. Published Abstracts

5. Editorial Boards

<u>Years</u>	<u>Journal</u>
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6. Manuscript & Abstract Reviews

<u>Years</u>	<u>Journal</u>
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2015 - present	Manuscript Reviewer for <i>Qualitative Health Research</i>
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	Manuscript Reviewer (in training) <i>The Gerontologist</i>
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2014	
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	Manuscript Reviewer <i>The Journal of Professional Nursing</i>
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2014	
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2005- Reviewer for Lippincott, Williams, & Wilkins Publishers
present

2004- Manuscript Reviewer for Advance for Nurse Practitioners
2007

7. Study Sections & Funding Reviews

8. Electronic Media

9. Other

G. PRESENTATIONS

1. Peer-Reviewed Presentations

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
10/19	Melissa Batchelor-Murphy, Sharon Bronner, Christine Tocchi, Valerie J. Flattes , J. Michelle Moccia, Professional Brand: Using the Nuts and Bolts of Social Media. Gerontological Advanced Practice Nurses Association (GAPNA) 38th annual conference.	Las Vegas, NV
10/18	Sharon Bronner, J. Michelle Moccia, Christine Tocchi co-presenter, Valerie J. Flattes (presenter). Using Social Media Effectively to Enhance Health Care for Older Adults Across Practice Settings. Gerontological Advanced Practice Nurses Association (GAPNA) 37th annual conference.	Washington, D. C.
09/14	Bowers, M., Sabol, V. Todd, A., (organizers) Flattes, V. , Moccia, J.M., Kriebel-Gasparro, A.M., Miller, J., Vermeesch, P., (facilitators). Research symposium. Pre-Conference Presentation (3 hours, 2.5 CEU), Gerontological Advanced Practice Nurses Association (GAPNA) 33nd Annual Conference	Orlando, FL
09/13	Gruss, V. & Maier-O'Shea, K. (organizers); Bowers, M. T., Flattes, V. J. , Hain, D. J., Harris, M., Kriebel-Gasparro, A. M., Miller, J., Moccia, J. M., Sabol, V., Vermeesch, P., & Wang, C-E. H. (facilitators). (2013). Research symposium. Pre-Conference Presentation (3 hours, 2.5 CEU), Gerontological Advanced Practice Nurses Association (GAPNA) 32nd Annual Conference, Chicago, IL http://www.prolibraries.com/gapna/?select=session&sessionID=118	Chicago, IL
06/13	Flattes, V. <i>The Older Adult and Substance Use</i> . University Of Utah Drug and Alcohol School. Presentation.	Salt Lake City, UT

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- 11/12 Nagata, S., **Flattes, V.**, Clark, A., Wujcik, D., Mooney, K., Beck, S.L. The Nurse Practitioner Experience Managing Unrelieved Symptoms of Chemotherapy with Oncology Outpatients Utilizing an Integrated Electronic Case Management System with Automated Symptom Reporting. (podium) Oncology Nursing Society Conference, Connections: Advancing Care Through Science, Phoenix, AZ. Conference Paper, Refereed, Presented, 11/2012. Phoenix, AZ
- 10/11 **Flattes, VJ.** Clark, L.(presenter) Thoreson, S., Goss, C., DiGuisseppi, C. Innovations and Evidence-Based Practice: 6th annual Nursing Research Conference. Presentation: *Tracking the Evidence for Community-Based, Group-Delivered Strength and Balance Classes to Prevent Falls among Older Adults.* Salt Lake City, UT
- 04/09 **Flattes, V.**, Cantarini, S., Clark, L.: Podium presentation panel. *ATTAINING CULTURAL COMPETENCIES IN BACCALAUREATE NURSING EDUCATION: Cultural Competence and Mutual Respect (CCMR)-An Interdisciplinary Approach.* Western Institute of Nursing Annual Conference.
- 12/08 **Flattes, V.** *The Geriatric Nursing Leadership Program: Innovation in Nursing Baccalaureate Degree Completion.* American Association of Colleges of Nursing 2008 Baccalaureate Education Conference, presentation: San Antonio, TX

2. Invited Speeches / Lectures / Demonstrations

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
09/20	Guest lecturer – Honor students - SDOH	Salt Lake City, UT
09/20	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT
09/19	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT
09/18	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT
09/17	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT
09/16	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT
09/15	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT
10/14	African Americans, Cultural Competence, and Oral Health. University of Utah Dental School	Salt Lake City, UT
09/14	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT
09/13	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT

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11/12	“Mental Health and the Mind” Fit To Be Fierce, Women Of Color Health Conference.	Salt Lake City, UT
09/12	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT
09/11	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT
01/11	LEAP seminar/Health Sciences Lecture - Professionalism	Salt Lake City, UT

3. Posters

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
11/18	Benefits and Challenges to Advanced Practice Registered Nurses Working in the Nursing Home Setting, L. S. Edelman, C. Martin, V. J. Flattes . Gerontological Society of American (GSA), 2018 Annual Scientific Meeting	Boston, MA
5/18	Valerie Flattes , Kara Dassel, & Linda Edelman. Development of a Novel Post-Acute/Long-Term Care Certificate. American Geriatric Society Annual Scientific Meeting.	Orlando, FL.
10/17	Flattes, V.J. Too few to count: Utah African Americans’ Perceptions of Heart Health. Sigma Theta Tau International. Biennial conference.	Indianapolis, IN.
09/16	Flattes, V.J. Too few to count: Perceptions of Heart Health in Utah African Americans. Gerontological Advanced Practice Nurses, (GAPNA) 35 th Annual Conference	Phoenix, AZ.
06/16	Cariello, M., Flattes, V.J. Strategies to Prepare Students Across Programs for Success in Interprofessional Education. 3 rd Annual Nursing and Allied Health Educators Conference at Sea.	Alaska
4/2016	Flattes, V.J. Too few to count: African Americans Perceptions of Heart Health. Western Institute of Nursing Annual Communicating Nursing Research Conference.	Anaheim, CA.
3/2016	Cariello, M., Flattes, V.J. Innovative Approaches of Teaching Telemedicine to Health Science Students through Online Modules, Simulation & Clinical Immersion. 2016 Edu-SIM Conference. Transforming the Educational Landscape: Simulation, Innovation, and Technology.	Clearwater Beach, FL.

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4. Media

<u>Dates</u>	<u>Title/Topic</u>	<u>Type of Media</u>
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H. FACULTY PRACTICE

<u>Dates</u>	<u>Organization/Site</u>	<u>Role/Activity</u>
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I. PROFESSIONAL ORGANIZATIONS & SERVICE

1. College of Nursing Committees

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2020	Student Scholarship Oversight Committee	member
2020	Graduate Scholarship Committee	member
2019 - present	Global Health Committee	member
2016- present	MS-DNP Program Committee	Member; chair 2020-2021
2017- 2019	CON Executive committee to college council	Chair 2017-2018; member 2018-2019
2016- present	CON Search Committee	Member
2015 - present	Emergency Preparedness Committee	Member
2014 - 2016	Outreach and Inclusion committee	Member
2010 - Present	College of Nursing Primary Care NP Team	Member
2003 - 2016	College of Nursing, Nurse Practitioner Outreach and Midwifery	Consultant
2001 - 2010	College of Nursing Baccalaureate Team	Member
2001 - Present	College of Nursing College Council	Member
2006 - 2009	College of Nursing RN-MS Bridging Task Force	Member
2005 - 2009	College of Nursing Baccalaureate Admissions and Advancement Committee	Member
2007 - 2008	College of Nursing Faculty Advisory Committee, Diversity Task Force	Member

2. Health Sciences Center Committees

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<u>Years</u>	<u>Committee</u>	<u>Role</u>
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3. University Committees

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2015- Present	Academy of Health Sciences Educators	Member

4. Professional Organizations

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2016- present	Western Institute of Nursing	Member
2014 - present	Sigma Phi Omega, National Gerontologic Honor Society	Member
2017 - present	American Geriatrics Society (AGS)	Member
2011 - Present	Gerontological Advanced Practice Nurses Association (GAPNA)	Member and active member of the Research Committee 2016-2018: Chair
2011 - Present	National Honor Society/Golden Key Society	Member
2011 - 2015	Emerging Scholars Interdisciplinary Network (ESIN)	Member
2009 - Present	National Association for Advancement of Colored People (NAACP)	Member
2009 - 2018	Gerontological Society of America (GSA)	Member
2007 - Present	American Association of Nurse Practitioners - Region 8 (AANP)	Member
2006 - 2014	National Black Nurses Association (NBNA)	Member
2005 - Present	Sigma Theta Tau International/ Gamma Rho Chapter (STTI)	Member; Archivist (2007-present)
2003 - present	Utah Nurse Practitioners (UNP)	Member, Treasurer (2005-2006), Vice President (2005-2006) President(2006-2008)

5. Consultation and Boards

<u>Mo/Yr</u>	<u>Firm/Client</u>	<u>Role</u>
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6. Other

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2013- 2014	Salt Lake County Aging Services: Accreditation Task Force. Chair: Reports Committee.	Chair
2009 - 2020	PhD student – Hartford Center of Excellence in Geriatric Nursing	PhD student/candidate
2006 - 2012	Cultural Competence and Mutual Respect modules 1-4	Facilitator

J. COMMUNITY SERVICE

<u>Dates</u>	<u>Organization/Site</u>	<u>Role/Activity</u>
2020	Council on Diversity Affairs	Volunteer community member - two subcommittees: health initiatives and criminal justice
2019	Community Care Fair	Volunteer preceptor
2018	Community Care Fair	Volunteer preceptor
2017 – present	Maliheh Clinic evening clinic 2x/month	Volunteer preceptor
09/2014 – 12/2016	Midvale Community Based Clinic. Midvale, UT	Nurse Practitioner Faculty
2015 - present	African American Health Task Force - Utah	Founding member
2014 – 2015	African American Birth Outcomes Task Force, Calvary Baptist Church	Member
2013- present	Utah Department of Health, Health Disparities Advisory Council	Member
2001 - 2014	Salt Lake County Aging Services.	Nurse Practitioner Volunteer
2011- 2013	Obesity in Minorities Health Advisory Board, UDOH Utah Office of Health Disparities Reduction	Member
2008 - 2009	Multicultural Health Network. Utah	Member
2005	Senior Health Fair. EXPO, Flu vaccine clinic	Nurse Practitioner Volunteer
2005	Junior League of Salt Lake Community Care Fair.	Nurse Practitioner Volunteer

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		Chronic Problems of Adults and Elders			
Fall 2017	NURS 7601-001	PCDNP Practicum 1	3	32	Team member
Spring 2017	NURS 6600-090	Elder Health Promotion	2	45	Single Inst
	NURS 6603-001	Chronic Problems of Adults and Elders	3	35	Single Inst
	NURS 7602-001	Practicum II	3	27	Team member
Fall 2016	NURS 7601-001	PCNP Practicum I	3	27	Team member
Spring 2016	NURS 6600-090	Elder Health Promotion	2	46	Single Inst
	NURS 6603-001	Chronic Problems of Adults and Elders	3	43	Single Inst
	NURS 7910-090	Advanced Clinical Immersion	Varies	6	Single Inst
	NURS7602-001	Practicum II	3	8	Lead Inst
2015	NURS 7020-001	Advanced Physical Assessment	3	45	Team member
2015	NURS 7604-001	PCNP Residency	6	26	Team member
2015	NURS 7910-001	Advanced Clinical Immersion	varied	3	Single Inst
2015	NURS 6603-001	Chronic Problems of Adults and Elders	3	43	Single Inst
2015	NURS 6600-090	Elder Health Promotion	2	22	Single Inst

2. Development of New Courses

<u>Year</u>	<u>Course No.</u>	<u>Title</u>	<u>Credit Hrs.</u>	<u>Number</u>
2017	NURS 6605-001	Primary Care Providers in Post-Acute/Long-term Care	2	3

3. Honors Students Supervised or Taught

<u>Year</u>	<u>Level/Student Name</u>	<u>Number</u>
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4. Independent Study / Faculty Consultation

<u>Year</u>	<u>Level/Student Name</u>	<u>Number</u>
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5. Graduate Students Supervision

A. Master's Thesis / Project

<u>Year</u>	<u>Student Name</u>	<u>Role</u>
2005	Bonnie Clark	member

B. Dissertations

<u>Year</u>	<u>Student Name</u>	<u>Role</u>
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C. DNP Capstone

<u>Year</u>	<u>Student Name</u>	<u>Role</u>
2012- 2013	Nicole Baxter: Evaluation and Management of New-Onset Unprovoked Pediatric Seizures: A Guide for Primary Care Providers. University of Utah	Chair
2012- 2013	Brooke Larsen: Narrowband UVB: An Algorithm. University of Utah	Chair
2012- 2013	Lauren Land: Health Promotion for Older Adults: A Framework for Personalized Health Advice During Medicare Wellness Visits. University of Utah	Chair
2012- 2013	Ann LaPolla: Development of a Education Guide: "Sepsis: A Guide for Patients and Families." University of Utah	Chair
2012- 2013	Jennifer Simons: Improving Opioid Prescribing to Limit Potential for Non-Medical Opioid Use. University of Utah	Chair

D. Other:

Summer 2019	Preceptor for Nursing Education Certificate Student
Summer 2017	Preceptor for Nursing Education Certificate Student
2014-2016	Jonas Scholar Co-Mentor for Sandra Rust PCDNP student
2010-2013	Preceptor for Masters teaching Nursing students (2)
2010 - Present	Advisor for DNP program students (11)
2008 - 2010	Student advisor for six 1st semester undergraduate students. (6)
2005 - 2010	Diversity Recruiter/Counselor; Mentor Geriatric Nurse Leader program.
2001- 2003	Advisor-Baccalaureate, 60 Students