

CURRICULUM VITAE

Grant R. Sunada

CONTACT INFORMATION

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EDUCATION

<u>Years</u>	<u>Degree</u>	<u>Institution (Area of Study)</u>
2004	B.A.	Utah State University (Major: International Studies; Minor: Linguistics) Logan, UT, United States
2008	M.P.H.	Brigham Young University College of Health and Human Performance Provo, UT, United States Thesis: Assessing the emergency obstetric care system in Pursat, Cambodia through the UN Process Indicators and positive deviant mothers
2018	Ph.D.	University of Utah School of Medicine (Public Health) Salt Lake City, UT, United States Dissertation: A longitudinal study of women coaching women through motivational interviewing and the interrelationships between depression, health behaviors, and changes in obesity

PROFESSIONAL EXPERIENCE

Full-Time Positions

2017 - **Adjunct/Visiting Instructor**, University of Utah Physician Assistant Program, Salt Lake City, UT

Present

Responsibilities:

- Design, facilitate and evaluate strategy for community-engaged learning experiences and cultural humility training for 60+ didactic and 60+ clinical physician assistant students.
- Facilitate community partnerships that include Head Start organizations (Utah Community Action Group, Centro de la Familia, and Ute Indian Tribe), Southern Utah Pacific Islander Coalition, Junior League of Salt Lake Community Assistance and Resource Event (*CARE*) Fair, the Urban Indian Center of Salt Lake, the Refugee Education and Training Center, Redwood Health Center, Project Homeless Connect, and the Utah Department of Health Oral Health Program.
- Adapt community partnerships and trainings in response to the COVID-19 pandemic.
- Ensure that students are prepared for, participate in, and reflect on four community-engaged learning activities during the didactic year and two during the clinical year; are supervised by clinical preceptors; and deliver health education and clinical care that is responsive to cultural, social, and linguistic needs.
- Developed proposal for longitudinal development and evaluation of cultural humility among Physician Assistant students, including community health workers as instructors of social and structural determinants of health and designers and evaluators of observed standardized clinical examinations.
- Monitor, review, and support student progress through formal and holistic process.
- Supervise a student team conducting a quality improvement project with Maliheh Free Clinic.

- Review applications, interview program candidates, and empower students through a holistic, socially accountable, mission-driven process.
- Train faculty, staff, and students in best practices for facilitating conversations that foster brave and healing spaces and allow for scaffolded development of related skills.

2011 - 2013 **Health Program Specialist**, Diabetes Prevention and Control Program, Utah Department of Health, Salt Lake City, UT

Responsibilities:

- Planned, facilitated, and evaluated a monthly web- based training and annual trainings for diabetes educators, an intertribal Native American intervention with intern support, and grants addressing uninsured community member needs.
- Coordinated the evaluation plan, logic model, survey instruments, and analysis for the practitioner- and patient-level evaluation of the Utah Diabetes Telehealth series.
- Prepared, processed, and distributed continuing education credits for nurses and dietitians throughout 15 states.

2008 - 2011 **Health Information Specialist**, Diabetes Prevention and Control Program (DPCP), Utah Department of Health (UDOH), Salt Lake City, UT

Responsibilities:

- Responsible for social marketing campaign and other public information.
- Delivered diabetes prevention and control information to the Utah public through traditional and social media outreach.
- Co-developed a Request for Proposal to local health departments and transformed the DPCP campaign from a traditional mass-media approach to a community-action model with coalitions facilitated by three local health departments (one rural and two urban) made up of diabetes professionals, community leaders, and people with diabetes with technical support from the National Diabetes Education Program.
- Coordinated educational campaign partnered between grocery store pharmacy chain, local media channels, and the Utah Department of Health and developed a social media/marketing model.
- Served as preceptor for a student's practicum/fieldwork: focus group recruitment, moderator guide development, and analysis; and Behavioral Risk Factor Surveillance System call-back survey development, implementation, analysis, and results sharing.
- Supervised the design and development of a new DPCP website using an open-source content management system as an innovative pilot for the UDOH.
- Designed and maintained a web-based, ask-the-diabetes-expert campaign.
- Oversaw the Bureau of Health Promotion Web Workgroup as Chair coordinating projects, campaigns, and professional development among Webmasters.
- Participated in the Bureau of Health Promotion Health Communications Workgroup.

2005 **Secondary English Teacher**, Jefferson High School, Los Angeles Unified School District, CA

- Prepared lessons in line with English Language Development Standards and delivered them to Chicano/a/x, Cambodian, and African American students.
- Participated in District multicultural education training for teachers.

Part-Time Positions

- 2019 - Present **Health Equity & Inclusion Domain Expert**, University of Utah School of Medicine, Salt Lake City, UT
- Co-developed a framework and set of Societal Issues to meet Liaison Committee on Medical Education Standards and gained approval of the proposal from the Medical Education Curriculum Committee.
 - Co-led the creation of a strategic curricular blueprint to address societal issues through health equity, inclusion, social/structural determinants of health, and cultural humility in collaboration with course directors, and other students, staff, and faculty.
 - Collaborated to develop the roles of community health workers as teachers, discussion facilitators, curriculum editors, and student evaluators into the Medical Doctorate program curriculum.
 - Edited medical cases to include social/structural determinants of health and evidence related to understanding and addressing health disparities, while also reducing stereotyping of marginalized patients.
 - Collaborate with course directors to develop an evaluation of learning objectives relative to health equity and inclusion curriculum.
 - Dialogue with and report to the Anti-Racism Commission.
 - Engaged with faculty, staff, and leadership in constructive conversations about anti-racism and other forms of prejudice.
- 2017 - 2018 **Adjunct Assistant Professor**, University of Utah College of Nursing, Salt Lake City, UT
- Taught 50+ Doctor of Nursing Practice students NURS 7025 Introduction to Epidemiology and Population Science (online)
 - Trained Teaching Assistant to grade epidemiological journal club discussion boards.
- 2016 - 2017 **Research Assistant**, University of Utah College of Nursing, Salt Lake City, UT
- Prepared, managed, and analyzed data using SAS for Coalition for Healthier Community for Utah Women and Girls study among five racially and ethnically underrepresented communities
 - Contributed to grant reports, abstracts, presentations, and manuscripts
- 2016 **Biostatistics Tutor**, Independent, Salt Lake City, UT
- Tutored students in Biostatistics I/II and Demographic Methods using Stata
 - Adapted to learning styles and skills of each student
- 2015 **Teaching Assistant**, Biostatistics I, Division of Public Health, University of Utah School of Medicine, Salt Lake City, UT
- Prepared and presented in-person/online lectures relating to descriptive and analytic biostatistics using hand calculations and STATA
 - Prepared, administered, and evaluated examinations
- 2014 **Adjunct Faculty**, HLTH 480 International Health, Department of Health Science, Brigham Young University, Provo, UT
- 2013 - 2015 **Graduate Assistant**, Office of Global Public Health, Division of Public Health, University of Utah School of Medicine, Salt Lake City, UT
- Facilitated logistics of Learning Abroad Programs and research projects in Armenia, Ghana, India, and Peru.
 - Marketed programs, supported travel/research preparations, and hosted presentations.
 - Assisted faculty in completing University of Utah Internal Review Board applications.
- 2009, 2011 **Adjunct Faculty**, Department of Health Science, Brigham Young University, Provo, UT
- Developed objectives, syllabus, evaluation rubrics, and curriculum to fulfill the Association of Schools of Public Health, Health Disparities in MPH Curriculum.

- Integrated semester-long project for the Utah Department of Health Center for Multicultural Health.
- 2008 **Minority Health Interviewer**, Center for Multicultural Health, Utah Department of Health, Salt Lake City, UT
 - Administered an exploratory Asian American health survey
 - Reported results and discussed inter-/intra-community needs at a multicultural panel
- 2007 **Graduate Intern**, Center for Multicultural Health, Utah Department of Health, Salt Lake City, UT
 - Coordinated health messaging focus groups among alternative high school students
 - Organized facilitator's guide for focus groups and analyzed data for themes
 - Prepared final report with literature review, data analysis, and policy recommendations
- 2006 - 2007 **Research Assistant**, Department of Health Science, Brigham Young University, Provo, UT
 - Analyzed secondary childhood poverty data using SPSS statistical software
 - Reviewed literature on the training of clinical professionals in breastfeeding promotion
- 2004-2005 **English as a Second Language (ESL) Aide**, Adams Elementary School, Logan City School District, UT
 - Delivered specialized instruction to groups of first through fifth grade Latino/a, Native American, and Indian students
 - Facilitated interactive, dynamic, and practical lessons and activities aimed to improve speech, reading, and writing scores of students as preparation for the regular classroom and real world

FUNDING

Funded Grants

- 01/01/20 - Proposal Title: "Investigation of community-level definitions of mental health, mental health
- 01/01/22 priority areas, and barriers to care across diverse communities: Development of a framework for culturally-responsive, evidence- based mental health intervention"
 - Principal Investigators: Anu Asnaani and Ana Sanchez-Birkhead
 - Funder: Center for Clinical and Translational Science Community Initiated Translational Research Pilot Program
 - Role: Co-Investigator
- 02/01/19 - Proposal Title: Building usage of public libraries as a source of health information in five
- 05/31/19 diverse Utah communities
 - Principal Investigator: Louisa A. Stark
 - National Network of Libraries of Medicine All of Us Community Engagement Network
 - Direct Costs: \$29,754 Total Costs: \$39,484
 - Role: Co-Investigator
- 9/15/15 – Evaluating the Quality of Motivational Interviewing done by Community Health Workers
- 5/15/16
 - Principal Investigator: Sara Simonsen
 - Total Costs: \$5,000 (Funded)
 - Funder: Department of Family and Preventive Medicine Health Studies Fund, University of Utah
 - Role: Doctoral Student

- 01/01/07 - Proposal title: Perceptions of family health history among Hispanic immigrants in Utah
01/01/08 County
- Direct Costs: \$1,600 Total Costs: \$1,600 (Funded)
 - Funder: Student Research Grant, Mary Lou Fulton Chair for the College of Health and Human Performance, Brigham Young University
 - Role: Co-Investigator

Submitted Grants

- 05/4/21 Proposal Title: “Addressing chronic worry and distress among vulnerable communities against the backdrop of COVID-19 using a hybrid effectiveness-implementation approach”
- Co-Principal Investigators: Anu Asnaani and Ana Sanchez-Birkhead
 - Funder: Broad Patient-Centered Outcomes Research Funding Announcement - Addressing Disparities (Under Review)
 - Role: Co-Investigator
- 03/15/19 Proposal Title: Exploring community- and family-level understandings of emotional health: A foundation for culturally tailored interventions
- Principal Investigators: Caren Frost and Ana Sanchez-Birkhead
 - Total Costs: \$35,697 (Not Funded)
 - Funder: Center for Clinical and Translational Science Community Initiated Translational Research Pilot Program
 - Role: Co-Investigator
- 02/15/19 Proposal Title: Promoting HIV prevention practices among primary care providers in high risk communities
- Principal Investigator: Joanne Rolls
 - Total Costs: \$19,879 (Not Funded)
 - Funder: Community-Based Research Grant, University of Utah
 - Role: Co-Investigator
- 09/14/18 Proposal Title: Collaborative approach to expanding access to dental preventive care in rural Utah
- Principal Investigator: Grant R. Sunada
 - Total Costs: \$25,000 (Not Funded)
 - Funder: Alliance for a Cavity-Free Future

PUBLICATIONS

Peer-Reviewed Journal Articles

1. Drits-Esser D, Coulter H, Mannello M, **Sunada GR**, Alder SA, Davis F, Lee D, Mukundente V, Napia E, Ralls B, Rickard S, Tavake'-Pasi F, Stark LA (2019). The Community Faces Model: Community, university and health department partners thriving together for effective health education. *Collaborations: A Journal of Community-Based Research and Practice*, 2(1), 10.
2. Buder I, Zick C, Waitzman N, Simonsen S, **Sunada GR**, & Digre K (2018). It takes a village coach: cost-effectiveness of an intervention to improve diet and physical activity among minority women. *J Phys Act Health*, 15(11), 819-826.
3. Simonsen SE, Digre KB, Ralls B, Mukundente V, Davis FA, Rickard S, Tavake'-Pasi F, Napia EE, Aiono H, Chirpich M, Stark LA, **Sunada G**, Keen K, Johnston L, Frost CJ, Varner MW, Alder SC (2015). A gender-based approach to developing a healthy lifestyle and healthy weight intervention for diverse Utah women.. *Eval Program Plann*, 518-16.

Non-Peer-Reviewed Public Reports

1. Office of Health Disparities: *Health of Pacific Islanders in Southern Utah: SUPIC Survey 2019*. Salt Lake City (UT): Utah Department of Health, Office of Health Disparities; February 2020.
2. Center for Clinical and Translational Science, University of Utah, HealthInsight, Patient-Centered Outcomes Research Institute, and Community Faces of Utah (2018). *Building successful collaborations with communities: A guidebook for researchers, agency and organization staff*.
3. Center for Clinical and Translational Science, University of Utah, HealthInsight, Patient-Centered Outcomes Research Institute, and Community Faces of Utah (2018). *Building successful collaborations with communities: A guidebook for community organizations, leaders and members*.
4. Hendricks E, Ralls B, **Sunada G** (2011). *Marketing chronic disease management classes to uninsured or underinsured Utah adults*. Salt Lake City, UT: Utah Chronic Disease Self-Management Program Coordinating Workgroup, Utah Department of Health.
5. Hendricks E, **Sunada G**, Ralls B (2010). *The Faces of Diabetes focus group analysis report*. Salt Lake City, UT: Focus group report for the Diabetes Prevention and Control Program, Utah Department of Health.
6. **Sunada G**, Edwards E, Fidel J, Tischler J, Diez D, Lane M (2007). *Delivering health promotion messaging to students at alternative high schools in Utah County*. Salt Lake City, UT: Focus group report for Center for Multicultural Health, Utah Department of Health.

Journal Articles in Progress

1. Short sleep duration and sleep-related goal setting in a multi-ethnic cohort of minority women participating in a community-based wellness intervention. *Journal of Sleep Health*. (Submitted. Under review.)
2. Obesity-preventive behaviors and improvements in depression among women of color receiving coaching from community health workers in Utah. Target journal: *Journal of Health Care for the Poor and Underserved*. Role: Primary author. Next step: Resubmission.
3. An exploratory study of motivational interviewing fidelity and participant engagement in a community wellness coaching trial among Utah women of color. Target journal: *Journal of Health Care for the Poor and Underserved*. Role: Primary author.
4. Health behaviors and depression interrelate with changes in adiposity in a community wellness coaching program among Utah women of color. Role: Primary author.

PRESENTATIONS

Poster Presentations

- 2019 **Sunada G**, Dalton D, Ryujin D. *An exploratory evaluation of student multicultural confidence through community engagement*. Physician Assistant Education Association Education Forum. Anaheim, CA.
- 2018 **Sunada G**, Dalton D, Ryujin D. *Intentional Support for an Inclusive Mission Throughout the Student Experience*. Poster. Physician Assistant Education Association Education Forum, Washington, DC.
- 2016 Tavake-Pasi O, Simonsen S, Ralls H, Coulter H, Eisenman P, Alder S, Stark L, Johnston L, **Sunada G**, Digre K. *Native Hawaiian Pacific Islanders: The ripple effect of improving obesity-related behaviors through partnerships and community wellness coaches*. Poster session presented at American Public Health Association Annual Meeting, Denver, CO.

- 2016 Najmababdi S, Simonsen S, Eisenman P, Mueller L, Nelson C, Prevedel S, Peterson G, Durward C, Zick C, Ralls B, **Sunada G**, Johnston L, Digre K. *Does eating together promote health in women? The frequency of family meals among rural Utah families and the association between daily family meals and women's health*. Poster session presented at American Public Health Association Annual Meeting, Denver, CO.
- 2016 Davis F, Simonsen S, Coulter H, Eisenman P, Alder S, Stark L, Ralls B, Johnston L, **Sunada G**, Digre K. *Using community wellness coaches in a faith-based setting to promote holistic health and address health disparities*. Poster session presented at American Public Health Association Annual Meeting, Denver, CO.
- 2016 Fishler A, Simonsen S, Gren L, Wu Y, Mukundente V, Davis F, Sanchez-Birkhead A, Tavake-Pasi F, Napia E, Coulter H, Alder S, Stark L, Ralls B, **Sunada G**, Eisenman P, Prevedel S, Peterson G, Mueller L, Nelson C, Durward C, Zhang W, Digre K. *Differences in perceived barriers to healthy eating and physical activity in urban women of color and rural white women*. Poster session presented at American Public Health Association Annual Meeting, Denver, CO.
- 2016 Okada B, Simonsen S, Zhang W, Mukundente V, Davis F, Sanchez-Birkhead A, Tavake-Pasi O, Napia E, Coulter H, Alder S, Ralls B, **Sunada G**, Eisenman P, Digre K. *Impact of a 12-month wellness coaching program on soda and water consumption in women of color*. Poster session presented at American Public Health Association Annual Meeting, Denver, CO.
- 2014 Simonsen SE, Prevedel J, Davis F, Lee D, Mukundente V, Napia E, Nash I, Rickard S, Tavake-Pasi F, Alder SC, Aiono H, Ralls B, Stark LA, **Sunada G**, Eisenman P, Waitzman NJ, Johnston L, Hoggard J, Webber J, Frost C, Buder IA, Zick CD, Digre K. *Gender Norms and Obesity-Related Health Behaviors in Five Diverse Utah Communities*. Poster session presented at Women's Health 2014: The 22nd Annual Congress, Washington, DC.
- 2013 Napia E, Mukundente V, Davis F, Lee D, Rickard S, Tavake-Pasi F, Nash I, Digre K, Eisenman P, Aiono H, Johnston L, Alder S, Stark L, Simonsen S, Keen KN, **Sunada G**, Ralls B. *Woman-to-woman coaching: An innovative program for community outreach in underserved populations*. Poster session presented at Women's Health 2013: The 21st Annual Congress, Washington, DC.
- 2012 Alder S, Davis F, Lee D, Mukundente V, Tavake-Pasi O, Nash I, Allen-Webb T, Rickard S, Napia E, Aiono H, Stark L, Diez D, Chirpich M, Ralls B, **Sunada G**. *Voices from the Community Faces of Utah: Perspectives of obesity issues from the woman's perspective*. Poster session presented at Utah's Public Health Conference, Sandy, UT.
- 2012 Mukundente V, Davis F, Lee D, Rickard S, Napia E, Tavake-Pasi F, Nash I, **Sunada G**, Chirpich M, Johnston L, Stark L, Keen K, Aiono H, Alder S, Simonsen S, Ralls B, Digre K. *Voices from the Community Faces of Utah: Gender-Based Perspectives on Obesity and Healthy Weight Promotion*. Poster session presented at Women's Health 2012: The 20th Annual Congress, Washington, DC.
- 2008 Lopez E, Penaflor C, Hanson C, Barnes M, Novilla M, Eggett D, **Sunada G**. *Family health history intervention among Hispanic immigrants in Utah: Assessing the impact of family health history education on perceptions of chronic disease risk among Hispanic Immigrants*. Poster session presented at American Public Health Association Annual Conference, San Diego, CA.

Oral Presentations

Meeting Presentations

International

- 2014 Simonsen SE, Stark LA, Davis FA, Lee D, Mukundente V, Napia E, Nash I, Rickard S, Tavake-Pasi F, Alder SC, Aiono H, Ralls B, **Sunada G**, Eisenman P, Hoggard J, Johnston L, Keen KN, Digre K. *A Community-Based Partnership to Reduce Health Disparities and Promote Healthy Lifestyle Changes in Diverse Women: The Coalition for a Healthier Community for Utah Women and Girls*. Community-Campus Partnerships for Health's 13th International Conference, From Rhetoric to Reality: Achieving Authentic, Transformative & Equitable Partnerships, Chicago, IL
- 2013 **Sunada G**, Benson S, Alder S. *Community-engaged global public health through equitable partnerships in six countries*. Tsukuba Global Science Week, Tsukuba, Japan

National

- 2016 Sanchez-Birkhead A, Simonsen S, Coulter H, Eisenman P, Alder S, Stark L, Ralls B, **Sunada G**, Digre K. *Empowering Latinas through education and wellness coaching: An impactful community partnership and collaborative effort*. Roundtable discussion at the American Public Health Association Annual Meeting, Denver, CO
- 2016 **Sunada G**, Simonsen S, Ralls B, Mukundente V, Davis F, Sanchez-Birkhead A, Tavake-Pasi O, Napia E, Stark L, Alder S, Zhang W, Eisenman P, Coulter H, Digre K. *Mind and body: A community wellness coaching program addressing the interrelationship between depression and obesity among culturally diverse women*. American Public Health Association Annual Meeting, Denver, CO
- 2016 Napia E, Simonsen S, Pinnecoose P, Coulter H, Ralls B, **Sunada G**, Alder S, Stark L, Digre K. *Community-based participatory research and collaboration with other disparity groups to promote health equity and American Indian/Alaskan Native women's health*. American Public Health Association Annual Meeting, Denver, CO
- 2016 Simonsen S, Zhang W, Ralls B, Mukundente V, Davis F, Sanchez-Birkhead A, Tavake-Pasi O, Napia E, Coulter H, Alder S, Stark L, **Sunada G**, Eisenman P, Digre K. *Healthy women lead healthy families: The impact of a wellness coaching program for women of color on the physical activity and eating behaviors of family members*. American Public Health Association Annual Meeting, Denver, CO
- 2016 Simonsen S, Alder S, Zhang W, Ralls B, Mukundente V, Davis F, Sanchez-Birkhead A, Tavake-Pasi O, Napia E, Coulter H, Stark L, Eisenman P, **Sunada G**, Digre K. *Promoting health equity through community-based participatory research: Lessons learned while designing, implementing, and evaluating a CBPR-based randomized intervention trial of a wellness coaching program for women of color*. American Public Health Association Annual Meeting, Denver, CO
- 2012 Tavake-Pasi O, Simonsen S, Digre K, Johnston L, Aiono H, Alder S, Stark L, Mukundente V, Napia E, Nash I, Davis F, Rickard S, Lee D, Ralls B, **Sunada G**, Chirpich M. *Living in a choice environment: Empowering women to make sustainable behavioral changes*. American Public Health Association Annual Meeting, San Francisco, CA
- 2011 Hendricks E, Ralls B, **Sunada G**. *Marketing chronic disease management classes to uninsured or underinsured Utah adults*. Annual Meeting of the Division of Diabetes Translation of the Centers for Disease Control and Prevention, Minneapolis, MN

- 2010 **Sunada G**, Hendricks E. *Doing more with less: Diabetes partnerships and social media*. Annual Meeting of the Division of Diabetes Translation of the Centers for Disease Control and Prevention, Kansas City, MO
- 2009 Burns G, **Sunada G**, Ralls B. *Using Web 2.0 to deliver diabetes education and address local needs*. American Association of Diabetes Educators Annual Meeting, Atlanta, GA
- 2009 **Sunada G**, Chon K, Ralls B, Bullough R, Duncan J. *Building bridges: Establishing an Asian American coalition in Utah*. Annual Meeting for the Division of Diabetes Translation of the Centers for Disease Control and Prevention, Long Beach, CA
- 2008 **Sunada G**. *Assessing the emergency obstetric care system in Pursat, Cambodia through the UN Process Indicators and positive deviant mothers*. American Public Health Association Annual Meeting and Exposition: Student Assembly Late Breaker Session, San Diego, CA

Local/Regional

- 2017 Pinnecoose P, **Sunada G**, Napia E, Simonsen S, Digre K. *Who's really in charge? Stories of women as health guardians of native families*. Governor's Native American Summit, Orem, UT
- 2014 **Sunada G**, Simonsen SE, Webber J, Prevedel J, Lake E, Davis F, Lee D, Mukundente V, Napia E, Rickard S, Tavake-Pasi F, Alder SC, Aiono H, Ralls B, Stark LA, Digre K. *Using a Facebook photovoice campaign to encourage women to "like" healthy behaviors*. Presented at Utah Public Health Association Annual Conference, Provo, UT
- 2014 Simonsen SE, Prevedel J, Davis F, Lee D, Mukundente V, Napia E, Nash I, Rickard S, Tavake-Pasi F, Alder SC, Aiono H, Ralls B, Stark LA, **Sunada G**, Eisenman P, Waitzman NJ, Johnston L, Hoggard J, Webber J, Frost C, Buder IA, Zick CD, Digre K. *Gender norms and obesity-related health behaviors in five diverse Utah communities*. Utah Public Health Association Annual Conference, Salt Lake City, UT
- 2011 **Sunada G**, Deleeuw E, Cross P. *Dealing with diabetes in public health: Adapting the community action cycle in two Utah health districts*. Co-presentation, Utah's Public Health Conference, Sandy, UT
- 2009 **Sunada G**, Hanson C, Barnes M, McIntyre E. *Public health geeks and non-geeks unite: Harnessing the power of Web 2.0*. Utah's Public Health Conference, Midway, UT
- 2009 **Sunada G**, Hanson C, Barnes M, McIntyre E. *Health education 2.0: New Internet applications for practice*. Health Education Association of Utah Spring Conference, Sandy, UT
- 2008 Hanson C, **Sunada G**. *Public health geeks unite! Harnessing the power of Web 2.0 for health promotion*. Public Health Conference for Utah, Midway, UT
- 2008 Lopez E, Penaflor C, Hanson C, Barnes M, Novilla L, Eggett D, **Sunada G**. *Family health history intervention among Hispanic immigrants in Utah*. Maternal, Newborn, and Child Health Conference, Provo, UT

Invited/Visiting Professor Presentations

International

- 2011 Quinonez O, **Sunada G**. *Paternal role in family health: Utah's racial and ethnic minority families*. Co-presentation, Global Family Health Conference, Provo, UT

National

- 2012 Napia E, Tavake-Pasi O, Mukundente V, Rickard S, Davis F, Lee D, Aiono H, Alder S, Nash I, Stark L, Chirpich M, **Sunada G**, Ralls B. *A model for research integration in Utah: Academic heads with community faces*. American Public Health Association Annual Meeting, Process, Politics and Power in Community Engaged Research Partnerships Session, San Francisco, CA

Local/Regional

- 2020 Spackman J, Ryujin D, Zamora K, **Sunada GR**. *Inclusion and equity promising practice training models*. MEDiversity 2020. Salt Lake City, UT.
- 2019 Members of Community Faces of Utah. *“Familyfying” Research: A Fresh New Approach to Health Research based on Collaboration, Equity, Equality, and Trust*. 2019 Health Services Research Conference. Murray, UT.
- 2018 **Sunada G**, Mukundente V. Community wellness coaching impacting mind & body: Links between motivational interviewing, retention, health behaviors, and changes in obesity and depression. Utah Diabetes Update Conference, Sandy, UT
- 2011 **Sunada G**, Jacobson J, Litchman M, Tran M. *Faces of Diabetes: Patient engagement and community action*. New Frontiers in Patient Engagement: IC³ Beacon Community Learning Session #3, West Valley, UT
- 2011 Alder S, Davis F, Lee D, Mukundente V, Tavake-Pasi O, Nash I, Allen-Webb T, Rickard S, Napia E, Aiono H, Diez D, Chirpich M, Ralls B, **Sunada G**, Stark L. *Selfless synergy: The Community Faces of Utah as a model for harnessing the energy of diversity for improving the health of all people and creating healthier communities*. Utah’s Public Health Conference, Sandy, UT
- 2009 Lombardo N, Vandenbark T, Burns G, **Sunada G**. *Weighing in on social media: Hands-on social media workshop*. Co-presentation, Utah’s Diabetes Update Conference, Sandy, UT

Organized/Moderated Panel Presentations

- 2021 Gender-Affirming Care - Patient Voice. Physician Assistant Program, University of Utah, Salt Lake City, UT
- 2020 Black & African American - Patient Voice. Charles James Nabors, Ph.D. Conference Series. Office of Health Equity, Diversity, & Inclusion, University of Utah, Salt Lake City, UT
- 2019 Geriatrics & Health - Patient Voice. Charles James Nabors, Ph.D. Conference Series. Office of Health Equity, Diversity, & Inclusion, University of Utah, Salt Lake City, UT
- 2019 World Religions - Patient Voice. Charles James Nabors, Ph.D. Conference Series. Office of Health Equity, Diversity, & Inclusion, University of Utah, Salt Lake City, UT
- 2019 Women - Patient Voice. Charles James Nabors, Ph.D. Conference Series. Office of Health Equity, Diversity, & Inclusion, University of Utah, Salt Lake City, UT
- 2019 Pacific Islanders in Southwestern Utah - Patient Voice. Charles James Nabors, Ph.D. Conference Series. Office of Health Equity, Diversity, & Inclusion, University of Utah, Salt Lake City, UT
- 2019 Fundamental Communities & Plural Families - Patient Voice. Charles James Nabors, Ph.D. Conference Series. Office of Health Equity, Diversity, & Inclusion, University of Utah, Salt Lake City, UT
- 2017 African American - Patient Voice. Charles James Nabors, Ph.D. Conference Series. Office of Health Equity, Diversity, & Inclusion, University of Utah, Salt Lake City, UT

TEACHING RESPONSIBILITIES/ASSIGNMENTS

Course and Curriculum Development

- 2021 University of Utah, School of Medicine: Societal Issues Learning Objectives (4 years)
- 2020 University of Utah, School of Medicine: Societal Issues Framework & Blueprint

2009 Brigham Young University, 2009 & 2011 Spring, HLTH 650: Multicultural Health & Diversity.

Courses Directed

2018 - University of Utah, Physician Assistant Program, PAS 6000, 6100, 6200, 6300: Mission in
Present Practice (Community Engaged Learning, Cultural Humility, Professional Development, Social Determinants of Health), 64-68 students

2018 University of Utah, College of Nursing 7025: Intro to Epidemiology/Population, 51 students

Course Teaching

2017 **Co-Instructor**, University of Utah, College of Nursing, 7025: Intro to Epidemiology/Population, 51 students

2014 **Teaching Practicum**, University of Utah School of Medicine, FP MD 6100: Biostatistics I, 47 students

2014 **Instructor**, Brigham Young University, HLTH 480: International Health, 14 students

2013 **Teaching Assistant**, University of Utah School of Medicine, FP MD 6100: Biostatistics I, 53 students

2010 **Co-Instructor**, HLTH 655: Critical Health Behavior & Risks-Physical Activity & Nutrition, Brigham Young University

Small Group Teaching

2018 - **Brave & Healing Spaces** - PAS 6000, 6100, 6200, 6300: Mission in Practice, University
Present of Utah (online and in-person).

- Oversaw, evaluated, and collaborated with faculty and consultant in developing and adapting a series of Brave Spaces small group discussions as part of the strategic cultural humility training.
- Training physician assistant faculty/staff as (1) active and (2) passive facilitators
- Co-leading activities that allowed physician assistant students being able to (1) participate in Brave Spaces as Healing Spaces and (2) practice establishing and facilitating Brave Spaces for their peers in preparation for future patients.

2020 - **Introduction to Cultural Identity and Community-Engaged Learning** - Transition to
Present Medical School, University of Utah (online).

- Co-trained community health workers as small-group facilitators
- Introduced cultural humility, community-engaged learning, and community health workers
- Co-designed and co-facilitated small group activity to enable new medical students to describe their own cultural identity(ies); respectfully and actively learn about each other's cultural identities; and prepare to engage with classmates, staff, faculty, community health workers, community members, and patients with various cultural identities

COMMUNITY ACTIVITIES

2014 - 2016 **Research Practicum**, Center of Excellence in Women's Health, Coalition for a Healthier Community for Utah Women and Girls

- Prepared, managed, and analyzed data using SAS for Coalition for Healthier Community for Utah Women and Girls study among five ethnically diverse communities in Utah
- Contributed to grant reports, abstracts, presentations, and manuscripts

- 2010 - Present **Member**, Community Faces of Utah, Center for Clinical and Translational Science, University of Utah
- Maintained community-based participatory research partnership with representatives from African American, African immigrant, Pacific Islander, Hispanic/Latino, and American Indian/Alaskan Native community organizations; the University of Utah; and the Utah Department of Health.
 - Provided Motivational Interviewing training for community wellness coaches.
 - Created and maintained content for Community Faces of Utah website.
- 2013 - 2016 **Member**, Global Health Education, Student Global Health Conference Planning Committee, School of Medicine, University of Utah
- Managed MPH student representatives within the Student Global Health Initiative
 - Assisted with marketing of annual student global health conference
 - Organized and moderated a panel of refugee community members
- 2018 - Present **Member**, Diversity & Inclusion Committee, Department of Family and Preventive Medicine, University of Utah
- Assisted in designing, and led the implementation of, a work climate survey.
 - Analyzed and reported on survey data.
 - Developed strategies relative to inclusion and diversity among students, staff, and faculty.
 - Assisted in developing a listening group facilitator guide and process.
- 2019 - Present **Member**, Equity, Diversity & Inclusion Committee, Division of Physician Assistant Studies, University of Utah
- Provided expertise relating to facilitating and evaluating equity and inclusion.
 - Participated in developing a multi-level strategic plan for equity, diversity, and inclusion, including measurable goals and objectives.
- 2014 - 2016 **Member**, Public Health Community Engaged Scholars, Division of Public Health, University of Utah
- Trained members on community-based participatory research methods.
 - Trained refugee facilitators on participatory literacy/community building methods.
 - Engaged refugee community leaders and multi-sector coalition in “Clean & Health Homes” intervention design, implementation, and evaluation.
- 2018 - Present **Member**, Centro de la Familia Head Start Program, Health Services Advisory Board
- 2018 - Present **Member**, Utah Community Action Head Start Program. Health Services Advisory Board
- 2006 - 2008 **Member**, Master of Public Health (MPH) Student Council, Department of Health Science, Brigham Young University
- Liaised between faculty and students, participated on the MPH Curriculum Committee, and organized monthly faculty-student social activities and guest lectures
 - Designed, maintained, and evaluated the BYU MPH Blog as a place for students, alumni, and faculty to share public health experiences and opportunities

PROFESSIONAL ORGANIZATION MEMBERSHIPS

Utah Public Health Association
American Public Health Association

HONORS AND AWARDS

2017 **Public Health Alumni Scholarship** (\$1,000), Division of Public Health, University of Utah School of Medicine, Salt Lake City, UT

- 2016 **David J. Sencer Travel Scholarship** (\$800), Epidemic Intelligence Service Alumni Association
- 2016 **Graduate Student Community Engaged Research Scholarship** (\$500), Association of Accredited Public Health Programs
- 2016 **Delta Omega Honor Society**, University of Utah School of Medicine, Salt Lake City, UT
- 2016 **Rod Betit Leadership Scholarship** (\$750), Division of Public Health, University of Utah School of Medicine, Salt Lake City, UT
- 2013 **Minority Endowed Scholarship** (\$1,000), Division of Public Health, University of Utah School of Medicine, Salt Lake City, UT
- 2012 **Diabetes Community Service Award**, Utah Chapter, American Association of Diabetes Educators
- 2011 **Implementation of a National Diabetes Education Program Activity in the Community**, as part of Utah Diabetes Prevention and Control Program for campaign *Go Local with NDEP*, National Diabetes Education Program
- 2011 **Frank Vinicor Award of Excellence**, as part of Utah Diabetes Prevention and Control Program for campaign *Go Local with NDEP*, National Diabetes Education Program
- 2008 **Public Health Spirit Award**, Department of Health Science, Brigham Young University, Provo, UT
- 2007 **Cultural Diversity in Health Participant**, Mary Lou Fulton Chair for the College of Health and Human Performance, Brigham Young University, Provo, UT, travel and attendance at the International Conference on Cultural Diversity at Middle Tennessee State University, Murfreesboro, TN
- 2007 **Graduate Student Research Travel Support** (\$2,252), Department of Health Sciences and MPH Program, Brigham Young University, Provo, UT. Proposal title: *Assessing the emergency obstetric care system in Pursat, Cambodia through the UN Process Indicators and positive deviant mothers*
- 2007 **Robert and Elaine Burgener Scholarship** (1 semester tuition), Department of Health Science, Brigham Young University, Provo, UT
- 2007 **National Public Health Week 2007 Viral Video Contest Winner**, as part of BYU HLTH 606 Environmental Health Sciences 2007 class for video: *I Saw the Signs*, American Public Health Association
- 2004 **Magna Cum Laude**, B.A., Utah State University, Logan, UT
- 2001 - 2004 **Presidential Scholarship** (4-years full-tuition), Utah State University, Logan, UT
- 1998 - 1999 **Presidential Scholarship** (4-years full-tuition), Utah State University, Logan, UT
- 1998 **Hill Air Force Base Administrators Scholarship** (\$500), United States Air Force Reserve Officers Association
- 1998 **Utah Scholarship** (\$500), Solid Waste Association of North America
- 1998 **National Scholarship** (\$1,000), Solid Waste Association of North America
- 1994 **Eagle Scout Award**, Boy Scouts of America

TRAININGS RECEIVED

- 2015 **Motivational Interviewing Treatment Integrity (MITI) Training Workshop**, Northwest Addiction Technology Transfer Center, Seattle, WA
- Code MITI 4.2.1 global measures and behavior counts. Practice using MITI 4.2.1 in coaching and supervision. Understand how to apply MITI 4.2.1 in research, implementation efforts, coding labs, and tracking clinician skills
- 2011 **Public Health Management Training Series: Developing the Leader in You**, Southwest Regional Public Health Training Center, Salt Lake City, UT
- Develop a personalized leadership development plan and skills to partner with stakeholders to determine key values and shared vision for community action; promote individual, team, and organizational learning and development; manage change in concert with the changes in the public health system and larger socio-political-economic environment; promote and defend public health policies, programs, and resources
- 2009 **Basic Public Information Officer Training**, State of Utah, Salt Lake City, UT
- Practice communication skills to address the impact of technology on emergency public information and joint information center/system planning
- 2008 **Adobe Dreamweaver Training**, Utah Education Network, Salt Lake City, UT
- Design and build a server-based website and site structure with HTML
- 2006 **Literacy for Social Change Training**, ProLiteracy, Provo, UT
- Facilitate participant learning and community action while promoting literacy among community members through Facts-Association-Meaning-Action methodology
- 2005 **Teach For America Summer Institute**, Gompers Middle School, Watts District, Los Angeles, CA
- Taught and prepared English-as-a-Second-Language (ESL) lessons to a class of forty immigrants from Central and South America.
 - Received intensive training in experiential learning, addressing educational disparities, and behavioral management.

SKILLS

Leadership & Facilitation Skills

- Program design, leadership, planning, and evaluation; Grant writing; Pedagogical design; Participatory learning and action; Public information communication; Cross-cultural communication; Small/large group facilitation; Community engagement; Community-based participatory research; Coalition building

Statistical Skills

- SAS and Stata: Data management, calculation/interpretation of descriptive and analytic statistics, longitudinal data analysis with time-varying confounders

Qualitative Skills

- Focus Group moderator and semi-structured/in-depth interviewer guide development; themed analysis
- Motivational Interviewing evaluation (e.g., partnership, empathy, simple/complex reflections)