

A. GLADE ELLINGSON

University Counseling Center
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EDUCATION

Ph.D. in Counseling Psychology. University of Utah, Salt Lake City, 1990. APA-accredited Program. Dissertation Advisor & Chair: Ralph E. ("Ted") Packard, PhD, ABPP

M.A. in Counseling and Student Personnel Psychology. University of Minnesota, Twin Cities, 1985. Thesis Advisor & Chair: Donald R. Zander, PhD

B.S. Magna Cum Laude in Psychology. Brigham Young University, Provo, Utah, 1983.

LICENSURE

Licensed as a Psychologist in the State of Utah since 1991. Reference # 116875-2501.

FACULTY STATUS

Department of Educational Psychology, University of Utah

- Adjunct Professor: July 2003 to Present
- Clinical Professor: July 2001 to June 2003
- Clinical Associate Professor: July 1996 to June 2001
- Clinical Assistant Professor: July 1992 to June 1996

Department of Psychiatry, School of Medicine, University of Utah

- Adjunct Professor March 2005 to June 2019

College of Nursing, University of Utah

- Content Expert December 2013 to June 2015
- Clinical Preceptor July 2010 to July 2012

Department of Psychology, University of Utah

- Clinical Assistant Professor July 2006 to June 2008

TEACHING

Courses Taught

- Ethics and Standards in Psychology, ED PS 7220.
Department of Educational Psychology, University of Utah. Required course taught annually to doctoral students in Counseling Psychology and Clinical Psychology, Fall 2007 to Fall 2017.
- Cognitive Assessment of Adults, ED PS 7131.
Department of Educational Psychology, University of Utah. Taught once or twice annually, from 1995 to 2000. Class combined Fall 2000 with PSYCH 6611: Principles and Techniques of Assessment I; Structured Interviewing & IQ Tests.
- Seminar in Counseling Psychology: Qualitative Research, ED PS 786.
Department of Educational Psychology, University of Utah. Spring 1993.
- Career and Life Planning, ED PS 261.
Department of Educational Psychology, University of Utah. Fall 1987; Winter 1988; Fall, Winter & Spring 1989 to 1994.
- Interpersonal Relations, ED PS 262.
Department of Educational Psychology, University of Utah. Spring 1988.

PRESENTATIONS

Presentations and Workshops, National

- Ellingson, A.G. (2014, May). *What interns should know about standards, licensing and credentialing: Lessons learned from implementation of an intern training seminar*. Poster presentation at the biennial conference of the Association of Psychology Postdoctoral and Internship Centers (APPIC), Austin, Texas.
- Ellingson, A.G. (2013, September). *Implications of the internship crisis: What do our ethical principles tell us?* Presentation at the Annual Conference of the Association of Counseling Center Training Agencies (ACCTA), New Orleans, Louisiana.
- Ellingson, A.G. (2013, June). *You did what? The ethics of boundary issues and multiple relationships in treatment*. Presentation at the University of Utah School on Alcoholism and Other Drug Dependencies. Salt Lake City, Utah.
- Ellingson, A.G. (2011, September). *Ethics, multicultural competence, and social justice: Intersections and implications*. Presentation at the Annual Conference of the Association of Counseling Center Training Agencies (ACCTA), Lake Geneva, Wisconsin.

- Ellingson, A.G. (2010, October). *What interns should know about licensing and credentialing: Description of a six-week intern training seminar*. Presentation at the Annual Conference of the Association of Counseling Center Training Agencies (ACCTA), Portland, Oregon.
- Cruz, C., Ellingson, A.G., Gilbert, B. Lese-Fowler, K., & Zimmerman, M. (2010, October). *Contemporary trends in counseling center internship training*. Invited Plenary Session Panel Presentation at the Annual Conference of the Association of Counseling Center Training Agencies (ACCTA), Portland, Oregon.
- Ellingson, A.G. & Packard, R.E. (2010, May). *Got ethics? A practical guide to ethical decision making*. Invited workshop presented at the Annual Conference of the Association for the Coordination of Counseling Center Clinical Services (ACCCCS), Snowbird, Utah.
- Ellingson, A.G. & Nichols, C. (2009, October). *Sequence of training revisions to state psychology licensing laws: Training implications from two states that made the change*. Presentation at the Annual Conference of the Association of Counseling Center Training Agencies (ACCTA), Austin, Texas.

Presentations & Workshops, Regional or Local

- Bleyl, E., Ellingson, A.G. & Otis, G. (2018, October). *Ethics FAQs from the philosophic to the practical*. Panel Presentation, Critical Issues Facing Children and Adolescents Conference, Salt Lake City, UT.
- Ellingson, A.G. (2016, February). *Boundary issues and multiple relationships in clinical practice*. Invited presentation for Brigham Young University's Counseling and Psychological Services, Provo, Utah.
- Ellingson, A.G. (2015, July). *Informed Consent, Confidentiality and its Exceptions: An Overview for Utah Psychologists*. Invited Webinar for the Utah Psychological Association. Salt Lake City, Utah. <https://www.youtube.com/watch?v=9j1X5xHxCcE>
- Ellingson, A.G. (2014, June). *A Practical Guide to Ethical Decision-making, Informed Consent and Confidentiality*. Invited workshop for McKay-Dee Behavioral Health Services, Ogden, Utah.
- Ellingson, A.G. (2013, February). *Professional ethics: Beyond multicultural competence and toward social justice*. Invited presentation for the Utah Psychological Association's Multicultural Competence Conference, Salt Lake City, Utah.
- Ellingson, A.G. (2012, March). *Boundary issues and multiple relationships*. Invited presentation at Bloomquist Hale Consulting, Salt Lake City, Utah.
- Ellingson, A.G. (2011, March). *Ethical decision-making: Foundations & a model*. Presentation at the Dept. of Psychiatry, School of Medicine, University of Utah, Salt Lake City, Utah.

- Ellingson, A.G. (2010, September). *Ethics workshop: Confidentiality, competence, & personal-professional distinctions*. Invited workshop for the Utah Neuropsychiatric Institute, Salt Lake City, Utah.
- Ellingson, A.G. (2010, June). *Ethics workshop: Boundary issues, multiple relationships, and supervision*. Invited half-day workshop for the Utah Neuropsychiatric Institute, Salt Lake City, Utah.
- King, K., Ellingson, A.G., & Talboys, M.M. (2002, April). *Families in flux: Developmental changes*. Panel Presentation at the Annual Generations Conference: Behavioral Mental Health Treatment for our Complex Adult Society, Salt Lake City, Utah.
- Ellingson, A.G. (1995, November). *The Uses of assessment in university and college counseling centers*. Presentation at the Utah Conference of College Counseling Centers, Park City, Utah.
- Ellingson, A.G. (1991, October). *Career development courses and workshops: Vocational psychology applications at a university counseling center*. Presentation at the Utah Conference of College Counseling Centers, Park City, Utah.
- Ellingson, A.G. (1990, October). *Early premature termination from therapy: A qualitative study of attrition from a university counseling center*. Paper presented at the Utah Conference of College Counseling Centers, Snowbird, Utah.
- Ellingson, A.G. (1988, October). *Crisis intervention: Issues and strategies*. Presentation at the Utah Conference of College Counseling Centers, Snowbird, Utah.

RESEARCH

Consultant/Dissertation Committee Member

- Frequently consult with colleagues and doctoral students about conducting research, especially regarding qualitative studies.
- Have served on several doctoral dissertation committees.

Dissertation

Counseling Psychology, University of Utah, 1990. Chair: Ted Packard, PhD, ABPP

- "Early Premature Termination from a University Counseling Center: A Qualitative Study." Employed naturalistic and Grounded Theory research methodologies.
- Completed dissertation premature termination, i.e., clients who initiate psychotherapy and plan to return, only to discontinue after the first or second session.

Master's Thesis

Counseling and Student Personnel Psychology, University of Minnesota, 1985. Chair: Donald R. Zander, PhD

- "The Relationship between CSPP Master's Students' Research Attitudes and Measures of Critical Thinking, Conceptual Complexity, and Academic Ability."

Research Project

Psychology Department, Brigham Young University, 1982-1983.

- Participated on Dr. Michael Lambert's research team; collected and analyzed comparative depression measures data for meta-analytic studies.

PROFESSIONAL SERVICE

Utah Department of Commerce, Division of Occupational and Professional Licensing (DOPL):
Member, Psychologist Licensing Board. July 2018 to July 2022.

- Serve as a Member of the six-person Board that oversees licensing, credentialing, and disciplinary issues for the professions of Psychology and Applied Behavior Analysis.
- Meet quarterly to conduct Board business; other tasks and duties related to the regulation of Psychology and Applied Behavior Analysis as assigned.

PSI Test Development & Utah Department of Commerce, DOPL:

Subject Matter Expert, Utah Psychology Law Exam. Summer 2019.

- Served as a Subject Matter Expert for the 2019 revision of the Utah Psychology Law Exam.
- Reviewed and updated exam content to reflect current statutes.
- Evaluated item performance and revised and updated items accordingly.

Association of Psychology Postdoctoral and Internship Centers (APPIC): Associate Editor for Counseling Centers, *APPIC e-Newsletter*. March 2011 to February 2016.

- Wrote a bi-annual column for a national newsletter concerning issues affecting the training of psychology interns in university and college counseling centers.

Association of Counseling Center Training Agencies (ACCTA): Board of Directors. November 2010 to November 2012; November 2013 to November 2015.

- Elected by the general membership to the Board of Directors, which conducts Association business and establishes Association policy and procedures.
- Specific duties included:
 - Board Liaison for the Standing Committee on Bylaws;
 - Chair of the 2014 and 2015 Conference Program Committee;
 - Co-chair of the 2011 & 2012 New Member Program Committee;
 - Co-chair of the 2011 & 2012 Conference Connectors Program.

Association of Counseling Center Training Agencies (ACCTA): Chair, Standing Committee on Bylaws: November 2010 to November 2012; November 2013 to November 2015.

Member: October 2009 to October 2015.

- Served as Member and then Chair of the Standing Committee on Bylaws, which is responsible for maintaining the Bylaws and Policies & Procedures of the organization.
- Consulted regarding questions of policy and procedure, developed and amended bylaws, brought proposed changes to the Board for discussion, and brought proposed changes to Membership for discussion and voting.

American Psychological Association (APA). Trained and Approved Accreditation Site Visitor. September 2013 to January 2018.

- Completed training from APA's Commission on Accreditation (CoA) regarding accreditation standards for psychology internship training programs.
- Conducted internship accreditation site visits on a pro bono basis.

International Association of Counseling Services (IACS). Trained and Approved Accreditation Site Visitor. March 1999 to May 2009.

- Received training from IACS, the primary accrediting body for college and university counseling centers as a whole.
- Reviewed agency self-studies and conducted on-site accreditation visits.
- Produced site visit reports and made recommendations to the IACS Board regarding accreditation status. Department of Human Resources, University of Utah. Discrimination and Employee Grievance Committee. September 2005 to September 2008.
- Received training in University Policies & Procedures related to employment.
- Empaneled periodically on Grievance Committees for the Office of Equal Opportunity and/or for Employee Relations.

PROFESSIONAL EXPERIENCE

Administration

Associate Director and Director of Training

University Counseling Center (UCC), University of Utah. July 2009 to May 2017.

- Assisted the Director in administering and managing a large, multidisciplinary, comprehensive, outpatient university counseling center with a budget of more than \$1.5 million and with more than 40 employees.
- Was ultimately responsible for overseeing all aspects of training in the agency, including maintaining training programs in the following areas:
 - APA-accredited Psychology Internship;
 - Psychiatry Residency Rotation;
 - Master of Social Work Internship;
 - Counseling Psychology Core Practicum;
 - Clinical Psychology Assessment Practicum;
 - Clinical Psychology Psychotherapy Practicum; and
 - Advanced Field Practica.
- Chaired the UCC Training Committee, which includes the Coordinator of Social Work Training, the Coordinator of Practicum Training, and Trainee Representatives.
- Maintained direct administrative responsibility for the Psychology Internship and Psychiatry Residency.
- Maintained APA accreditation for the Psychology Internship.
- Maintained relationships and membership status with other professional organizations (e.g., Association of Psychology Postdoctoral & Internship Centers and Association of Counseling Center Training Agencies).
- Developed and maintain relationships with campus and community training partners across various mental health disciplines.

- Completed successful APA re-accreditation process in 2012-2013, including Self-study and Site Visit. APA's Commission on Accreditation (CoA) granted UCC's Psychology Internship a full 7-year period of accreditation.

Executive Committee

University Counseling Center, University of Utah. July 2009 to May 2017.

- Sat on the 3-person UCC Executive Committee, along with the Director and Associate Director/Director of Clinical Services.
- Assisted with agency personnel matters, budgeting, coordination, planning, and scheduling.
- Represented and integrate training and training-related issues in the agency.
- Provided administrative coverage in the absence of the Director.

Coordinating Committee/Same Page Committee

University Counseling Center, University of Utah. May 2003 to May 2017.

- Sat on the five-person coordinating committee for the University Counseling Center.
- Implemented agency planning and evaluation in the areas of service delivery, training, teaching, programming, and outreach.
- Provided administrative support to the Director and other committee members.
- Completed special projects and duties as assigned.

Assistant Training Director

University Counseling Center, University of Utah. September 1999 to June 2009.

- Assisted the agency Training Director in all aspects of training administration for seven groups of trainees in the Center, including an APA-accredited Psychology Internship.
- Was involved in the selection, orientation, training, scheduling, and evaluation of agency trainees.
- Maintained primary responsibility for the administration of Psychiatry Residents, Social Work Interns, and Clinical Psychology Practicum Trainees.
- Sat on the Residents' Training Committee in the School of Medicine's Department of Psychiatry; represented UCC and outpatient psychiatry interests on that committee.

Clinical Team Leader

University Counseling Center, University of Utah. September 1995 to August 1997, Summer 2004, Spring & Summer 2008, Summer 2015.

- Led multi-disciplinary treatment teams of 6-8 members at the Counseling Center.
- Coordinated the schedules of team members to meet clinical demands on the Team Day.
- Provided primary crisis counseling care and walk-in coverage.
- Conducted weekly team staffing and disposition meetings; determined needed level of care and arranged for appropriate referrals.

Learning Disability Coordinator

University Counseling Center, University of Utah. September 1989 to May 2003.

- Responsible for learning disability (LD) assessment training of doctoral Psychology Interns and Postdoctoral Fellows.
- Provided supervision of LD assessments. Critiqued, evaluated, and co-signed Interns' LD diagnostic assessment reports.
- Coordinated and conducted bi-weekly Learning Disability Consultation Seminar.
- Interfaced with Office of Disability Services regarding referrals, disability documentation processes, and academic accommodations.

Personal Growth Coordinator

University Counseling Center, University of Utah. February 1994 to September 1994. August 1996 to July 1997.

- Administered the ED PS 262 series of courses, including Communication Skills, The Art of Wellness, Interpersonal Relationships, Gender Roles, and Behavioral Self-Control.
- Oversaw the Center's Personal Growth Workshops, including Stress Management, Assertion Training, and Test Anxiety.
- Provided individual supervision for the Center's Personal Growth Teaching Assistant.

Career Coordinator

University Counseling Center, University of Utah. June 1991 to March 1994.

- Administered ED PS 261, Career and Life Planning courses. Offered 6 to 8 sections each quarter, 20 students per section. Assigned instructors, provided syllabus, arranged for testing, compiled evaluations, etc.
- Oversaw the Center's Career Development Workshops, a 7-hour small-group experience offered 5 times per quarter. Scheduled and staffed the workshops, provided materials, compiled evaluations, etc.
- Provided career psychology training and supervision to course instructors, workshop leaders, and individual career counselors. Held a weekly Career Consult session for agency interns and staff. Provided training for doctoral practicum students.

Psychotherapy and Counseling

Psychologist

University Counseling Center, University of Utah. September 1989 to present.

- Provide individual psychotherapy to University undergraduate and graduate students; University staff and faculty were also seen, in smaller numbers, until July 2016.
- Provide initial intake assessment appointments.
- Provide career testing and counseling.
- Provide walk-in emergency or urgent care assessment and coverage.
- Co-facilitated one or more interpersonal process-oriented weekly psychotherapy groups for several years.

Counseling Psychologist, Contractor

Veteran's Administration Regional Office, Vocational Rehabilitation. Salt Lake City, Utah. June 1992 to September 2008.

- Provided career assessment and vocational rehabilitation counseling to disabled veterans on a part-time, contract basis.
- Assigned and interpreted interest, abilities, and personality testing.
- Assisted veterans in integration of testing and personal information producing a vocational/educational plan of action.
- Wrote formal reports incorporating interview and test data and justifying the proposed educational plan.

Psychology Intern

University Counseling Center, University of Utah (APA-accredited Internship). September 1987 to August 1989.

- Provided individual psychotherapy based on a 12-session model.
- Provided career testing and counseling.
- Provided walk-in emergency coverage.
- Offered couple therapy as a co-therapist and sole therapist.
- Co-facilitated an interpersonal process-oriented weekly psychotherapy group.
- Served as liaison between the Counseling Center and Resident Student Housing, providing consultation and training to Residence Hall Directors and Resident Assistants.

Crisis Intervention Specialist

Salt Lake Valley Mental Health, Adult Residential Treatment Unit (ARTU). May 1986 to February 1989.

- Provided in-person and telephone crisis assessment and intervention for a large community mental health system.
- Assisted with psychiatric hospitalization referral process.
- Organized and led outpatient support and activity groups with a persistently mentally ill population.

Psychiatric Assistant

University of Minnesota Hospitals and Clinics, Minneapolis. Eating Disorders Unit, October 1983 to March 1984; General Adult Psychiatry Unit, March 1984 to June 1985.

- Worked with eating-disordered and general psychiatric inpatients.
- Conducted intake interviews and developed treatment plans.
- Assisted with behavioral, cognitive-behavioral, psychosocial, and pharmacologic treatments in an inpatient setting.

Training and Clinical Supervision

Clinical Supervisor

University Counseling Center, University of Utah. March 1992 to present.

- Provide primary individual supervision for Psychology Interns, Postdoctoral Psychology Residents, Counseling Psychology Doctoral Students, and/or Psychiatry Residents (psychotherapy only).

- Review video recordings of sessions. Give feedback on therapist development and client care using empirically based treatments and session-to-session outcome measures.
- Review and co-sign notes and clinical reports.
- Establish appropriate trainee goals for clinical service delivery and for professional development. Assist trainees in meeting those goals.
- Evaluate trainees' performance.

Ethics Trainer: UCC Training Seminar; Ethics Section Seminar Leader

University Counseling Center, University of Utah. August 2009 to Present.

- Provide an Ethics training seminar to Psychology and Social Work Interns.
- Present on aspects of applied mental health ethics of the interns' choosing.
- Lead discussions regarding ethics case consultation.

Professional Licensing Trainer: Standards, Licensing & Credentialing Seminar Leader

University Counseling Center, University of Utah. Summer 2010 to Present.

- Developed a new 8-week summer seminar covering Standards, Licensing and Credentialing issues for UCC Psychology Interns.
- Present on topics including the regulation of the profession, licensing requirements in various jurisdictions, EPPP preparation, credential banking, and board certification (ABPP) processes.
- Consult with interns individually and in small groups regarding their preparations for licensure.

Supervisor Trainer: Supervision of Supervision Seminar Leader

University Counseling Center, University of Utah. August 1999 to May 2017.

- Provide weekly training to Psychology Interns in their provision of supervision to second year doctoral practicum trainees.
- Lead a case presentation and didactic seminar in the provision of supervision.
- Evaluate supervisors-in-training and provide feedback on their performance.

Clinical Psychology Training Liaison

University Counseling Center, University of Utah. January 1996 to June 2009.

- Served as the liaison between the University Counseling Center and the Clinical Psychology doctoral program regarding two training practica in the agency.
- Oriented student-clinicians to the agency and provided practical support.

Outreach and Consultation

Psychologist

University Counseling Center, University of Utah. September 1989 to present.

- Provide outreach presentations as requested on a variety of topics, primarily within the University (e.g., Office of Housing & Residential Education, International Students, Career Services, New Student & Family Programs).
- Provide consultation services to University departments and agencies as requested; serve as UCC Faculty Liaison to several academic departments.

- Provide critical incident support and management assistance to members of the University community following traumatic incidents (e.g., accidents, assaults, deaths, suicide attempts, suicides).

PROFESSIONAL ASSOCIATIONS

American Psychological Association (APA); 1989-Present

Society of Counseling Psychology (APA, Division 17); 1989-Present

Utah Psychological Association (UPA); 1989-Present

Association of State and Provincial Licensing Boards (ASPPB); Individual Member, 2018 – 2022

Association of Counseling Center Training Agencies (ACCTA); 2009 – 2017

Association of Psychology Postdoctoral and Internship Centers (APPIC); 2009 - 2017

HONORS

Daniels Fund Ethics Initiative: Leadership in Ethics Education Award, David Eccles School of Business, University of Utah, 2014

District Staff Award Winner, Student Affairs, University of Utah, 2007

Vice President's Award for Service Excellence in Student Affairs, University of Utah, 2006

American Psychological Association Dissertation Research Award, 1990.

Member of Pi Lambda Theta, National Honor and Professional Association, 1985.

Member of Phi Kappa Phi, National Honor Society, 1983.

Outstanding Senior Student, Brigham Young University Psychology Department, 1983.