

AMY F. REEDER

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250 S 1850 E
Salt Lake City, UT 84112

EDUCATION

MS	University of Utah, Foods and Nutrition	May 1998
BS	University of Portland, Communications Management	May 1990

HONORS AND AWARDS

Nutrition and Integrative Physiology Preceptor of the Year	2020
Division of Nutrition Teacher of the Year	2000

TEACHING EXPERIENCE

University of Utah, Salt Lake City, UT June 2019-Present, 1998-2002
Associate Instructor, Nutrition and Integrative Physiology

- NUIP 2020, Nutrition Through the Lifecycle, 3 credit hours, 2020-Present, online asynchronous class, 50+ students
- NUIP 6250, Nutrition Counseling for Dietitians, 1 credit hour, 2019-Present, traditional and online classroom format, 17 students
- Co-teach: NUIP 6390, Supervised Practice, variable credit hours, 17 students, 2022-Present
- Co-teach: NUIP 6490, Capstone, 3 credit hours, 17 students, 2022-Present
- NUIP 1020, Scientific Foundations of Human Nutrition and Health, 3 credit hours, 1998-2002, 2020-2022, traditional classroom format, 100+ students
- NUIP 4440, Advanced Human Nutrition, 4 credit hours, 2019-2022, traditional and online classroom format, 40+ students
- FDNU 6210, Food Management, 3 credit hours, 2000-2002, traditional classroom and lab format, 15 students

Graduate Student Committees

Member: Lillian Ashby, Steffany Coates; Non-thesis committee. Anticipated graduation in 2024. Creating a culturally-tailored culinary medicine intervention with the Latino community in Salt Lake County.

Member: Rachel Brenneman, Ashley Park; Non-thesis committee. Anticipated graduation in 2024. Evaluation of the effectiveness of MB-SAVOR in improving emotional eating related behavior, mindfulness, mindful eating, and weight loss among overweight veterans with PTSD.

Member: Alex Rice, Katie Rogomentich; Non-thesis committee. Assessment of the

Impact of the Food Pharmacy Pilot Program on Patient Health Metrics in Salt Lake County. Graduation 2023.

Member: Rachael Clark, Kara Sephel, Felicia Soth; Non-thesis committee. Nutrition Education for Families/Children with Special Healthcare Needs. Graduation 2022.

Member: Carly Alba, Marianne Lummus, Corinne Loizos, Sara Saltzgeber; Non-thesis committee. Intermountain Healthcare Nutrition Education Update. Graduation 2022.

Undergraduate Faculty Advisor

Maya Squire, Bachelor of Undergraduate Studies in Nutrition, in preparation for the Coordinated Master's Program

University of Utah, Salt Lake City, UT

August 2023 - Present

Faculty Lead, Interprofessional Education Program

- Telehealth/Telemedicine Simulation

PUBLICATIONS

Conference Papers

(Abstract-Reviewed)

Durable Reductions in A1C and Diabetes Distress with a One-Day Hybrid DSMES Intervention MICHELLE L. LITCHMAN, XUECHEN WANG, REBECCA K. DELANEY, JULIE NEUBERGER, AMY REEDER, STEVEN R. JONES, JULIANA S. SIMONETTI, MATTHEW WAHL, ANGELA FAGERLIN, SIMON FISHER. Proceedings of American Diabetes Association 81st Scientific Sessions, 474-P, Jun. 25-29, 2021

PRESENTATIONS AND INVITED LECTURES

2022: Facilitating Change with an SMA, Panel Member; U of U Food Is Medicine Conference

2020-2023: Nutrition Perspective on GI Health; lecture to U of U PA students

2020-Present: Nutrition and Diabetes Mellitus; lecture to U of U PA students

2021: Motivating Behavioral Change in Healthy Eating; U of U Food Is Medicine Conference

PROFESSIONAL CERTIFICATIONS

Commission on Dietetic Registration: Registered Dietitian Nutritionist

Certified Board for Diabetes Care and Education: Certified Diabetes Care and Education Specialist

PROFESSIONAL AFFILIATIONS

Academy of Nutrition and Dietetics
Utah Academy of Nutrition and Dietetics
Association of Diabetes Care and Education Specialists

EMPLOYMENT

University of Utah

Nutrition and Integrative Physiology Instructor, 2019-Present
Nutrition and Integrative Physiology CMP Advisor, 2022-Present
Wellness and Integrative Health, RDN, CDCES, 2018-2022
Nutrition Department Adjunct Instructor, 1998-2004

Novo Nordisk, Certified Diabetes Educator, 2016-2018

Insulet Corporation, Certified Diabetes Educator/Clinical Manager, 2010-2016

Wasatch Endocrinology, Registered Dietitian, Certified Diabetes Educator, 2005-2010

SERVICE

College of Health

Scholarship Committee, 2020-Present
Clinical Practice Committee, 2023-Present
IPE Faculty Development Committee, 2023-Present

Nutrition and Integrative Physiology

Coordinated Master's Program Student Selection Committee, 2019-Present
Coordinated Master's Program Preceptor, 2019-2022

Utah Academy of Nutrition and Dietetics

Continuing Educator Director, 2023-Present
Networking Director, 2022-2023

