**SECTION I**

*Updated 02/29/24*

**A.  PERSONAL DATA**

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| --- | --- |
| Name & Credentials | Nancy A. Allen, PhD, ANP-BC |
| Rank and Title | Associate Professor |
| Contact Information | 10 South 2000 East, Salt Lake City, UT 84112 |
| Phone | 801-585-3892 |
| E-mail | nancy.allen@nurs.utah.edu |

**B. EDUCATION / LICENSURE**

|  |  |  |
| --- | --- | --- |
| 1. Year | Degree | Institution (Area of Study/Specialization) |
| 8/2009 | **Post Doctoral Fellowship** | Yale University**,** New Haven, CT |
| 12/2006 | **Ph.D., Nursing** | University of Massachusetts, Worcester, MA |
| 05/1995 | **Post Master Certificate** | Adult Nurse Practitioner, University of Utah, Salt Lake City, UT |
| 12/1991 | **Master of Science, Nursing** | Clinical Nurse Specialist, University of Utah, Salt Lake City, UT |
| 05/1983 | **Bachelor of Science, Nursing** | Northeast Missouri State University, Kirksville MO |

|  |  |
| --- | --- |
| 2. Licensure / Certification |  |
| UT A.P.R.N. 220249-4405  ANCC Adult Nurse Practitioner |  |

**C. EMPLOYMENT / PROFESSIONAL EXPERIENCE**

|  |  |
| --- | --- |
| **Dates** | **Faculty Roles** |
| 07/2020-present | **Associate Professor** conducting research and teaching graduate students at University or Utah, College of Nursing, Salt Lake City, UT |
| 9/2013-2020 | **Assistant Professor** conducting research and teaching graduate students at University of Utah, College of Nursing, Salt Lake City, UT |
| 5/2015-3/2021 | **Clinical Preceptor** for medical students, residents, DNP students. Adjunct Assistant Professor Neurology. University of Utah Salt Lake City Utah |
| 9/2009-8/2013 | **Assistant Professor** teaching undergraduate and graduate studentsBoston College, Chestnut Hill, MA |
| 4/1997-1/2001 | **Clinical Preceptor** for NP students. Adjunct Clinical Faculty, University of Utah Hospital, Salt Lake City, UT |
| 8/1993-4/2007 | **Clinical Preceptor** for CNS students. Adjunct Clinical Faculty, University of Utah Hospital, Salt Lake City, UT |
| 8/1991-8/1993 | **Clinical Instructor** for undergraduate nursing students.Developed new didactic course-Advanced Physiological Nursing and Instructed Clinical Medical & Surgical Nursing, University of Utah College of Nursing |
| **Dates** | **Clinical Practice** |
| 5/2015-5/2021 | **Adult Nurse Practitioner, Neurology Cognitive Disorders Clinic** University of Utah, Salt Lake City, Assessment and evaluation of memory disturbances in a variety of patients including those with diabetes |
| 4/2014-11/2014 | **Adult Nurse Practitioner, Endocrinology,** University of Utah, Salt Lake City, UT. Provide assessment, teaching, and management of diabetes patients |
| 6/2012-4/2013 | **Adult Nurse Practitioner, Camp Nurse Practitioner,** The Barton Center for Diabetes Education, North Oxford, MA. Provided assessment, teaching, and management of diabetes to campers |
| 6/2011-8/2013 | **Adult Nurse Practitioner, Health Care Consultant Women’s Basketball Camps,** Boston College, Chestnut Hill, MA. Developed health care policies, on-call for consultation, approval of medications administered at camp |
| 5/2003-10/2010 | **Adult Nurse Practitioner, Endocrinology,**Baystate Medical Center, Tufts University, Springfield, MA. Provided assessment, teaching and management of diabetes |
| 12/1999-1/2001 | **Adult Nurse Practitioner, Endocrinology,**University of Utah Hospital, Salt Lake City, UT. Provided assessment, teaching and management of diabetes and co-existing conditions of hypertension, dyslipidemia, and obesity |
| 4/1997-12/1999 | **Adult Nurse Practitioner, Internal Medicine,**University of Utah Hospital, Salt Lake City, UT. Responsible for patient admissions, management, and discharge with a variety of medical diagnosis |
| 8/1993-4/1997 | **Clinical Nurse Specialist, Critical Care,** University of Utah Hospital, Salt Lake City, UT. Major roles: clinician, educator, consultant, researcher, and administrative functions |
| 12/1989-8/1993 | **Registered Nurse, Critical Care,**VA Medical Center, Salt Lake City, UT |
| 6/1988-6/1989 | **Registered Nurse, Emergency Trauma Center,**Harborview Medical Center, University of Washington, Seattle, WA |
| 11/1985-6/1988 | **Registered Nurse, Life Flight,**University of California Davis Medical Center, Sacramento, CA |
| 10/1984-11/1985 | **Registered Nurse, Medical Intensive Care Nurse,** University of California Davis Medical Center, Sacramento, CA |
| 3/1984-9/1984 | **Registered Nurse, Coronary Intensive Care Nurse,** Medical College of Virginia Hospital Richmond, VANurse Internship |
| 9/1983-3/1984 | **Registered Nurse, Neurosurgery,**MedicalCollege of Virginia HospitalRichmond, VANurse Internship |
| **Dates** | **Hospital Appointments** |
| 4/1/2016-2022  3/2014-3/2015 | **Adjunct Assistant Professor, Department of Neurology,** University of Utah  **Adjunct Assistant Professor, Division of Endocrinology,** Department of Internal Medicine, University of Utah |
| 1/2010-10/2012 | **Research Assistant Professor of Psychiatry,** Tufts University Western Campus, Springfield, MA |
| 1/2010-1/2014 | **Nurse Scientist,** Massachusetts General Hospital, Boston, MA |

**D. HONORS, RECOGNITIONS & AWARDS**

| **Year** | **Recognition** | **Received From** |
| --- | --- | --- |
| 2023 | Presidential Scholars Award | University of Utah |
| 2022 | Induction as a Fellow | Association of Diabetes Care and Education Specialist. Houston, Tx USA. |
| 2022 | Mountain States Partnership for Community-Engaged Dissemination & Implementation (MS-CEDI) Training Institute (Selected Scholar) | University of Utah and Arizona State University, selected scholar |
| 2021 | New Leadership Academy Fellow (selected) | American Association of Hispanics in Higher Education and the University of Utah |
| 2021 | Excellence in Teaching Award | Sigma Theta Tau, Gamma Rho Chapter |
| 2021 | Best Abstract Award | American Diabetes Association’s Behavioral Medicine & Psychology Interest Group 2021 Abstract Award. Continuous Glucose Monitoring Data Sharing in Older Adults and Their Care Partners. Merrifield, VA, USA. |
| 2021 | Best Abstract Award | American Diabetes Association’s Diabetes Technology Interest Group 2021 Abstract Award in the Category of Clinical Therapeutics/New Technology--- Glucose Monitoring and Sensing. *Using a CGM plus Online Peer Support Community Intervention to Address Health Disparities.* Merrifield, VA, USA. |
| 2021 | College of Nursing Excellence in Mentoring Award | University of Utah |
| 2021 | ECHO Extension for Community Healthcare Outcomes Based Racial Equity Learning Community for Academic Healthcare Leaders Program (Selected Scholar) | Robert Woods Johnson Foundation |
| 2019 | R01 Writing Group (Selected Scholar) | University of Utah |
| 2018 | University of Utah Inclusive Excellence in Research Award 2017-18 | University of Utah |
| 2016 | Excellence in Research 2016 State Award | Utah Nurse Practitioner Association |
| 2014 | Vice President’s Clinical and Translational Research Scholar (Selected) | University of Utah Health Sciences |
| 2014 | Honors in Nursing Award | University of Utah Alumni Assoc. |
| 2013 | Sigma Theta Tau Mentor Award | Alpha Chi Chapter |
| 2012 | Excellence in Graduate Teaching and Mentorship | Graduate Students Nurses Assoc. |
| 2011 | NIH Mobile Health Training Institute (Selected) Applicant | National Institutes of Health |
| 2003 | Lillian R. Goodman Award for Outstanding Doctoral Student | University of Massachusetts, Worcester |
| 1998-99 | Utah Nurse Practitioner State Award for the Advancement of Advance Practice Nursing during 1998-99 | Utah Nurse Practitioner |
| 1991-present | Sigma Theta Tau National Honor Society | Gamma Rho Chapter |
| 1982 | President Cardinal Key National Honor Society | Truman State University |

**E. RESEARCH AND SCHOLARLY WORK**

1. **Extramural Grants/Contracts**

| Dates | Amount | Funding Status | Title & Funding Agency | Role (PI, Co-PI) |
| --- | --- | --- | --- | --- |
| 12/2023 | $96,000 | Funded | Time-varying psychosocial influences of blood glucose among adults  with type 1 diabetes. F31 **NIH** | Faculty Mentor |
| 03/2024 | 3,520,054 | Scored and resubmitted | Development of romantic relationships and T1D outcomes across emerging adulthood. **NIDDK** | Co-I |
| 05/2023-5/2024 | $100,000 | Funded | The Long and Short of It: Do Standard Dietary Interventions for Gestational Diabetes Mellitus Lead to Enhanced Nutritional Quality? Women's Perspectives and a Pilot Intervention  **ADCES** | Mentor |
| 02/2023 | $923,667 | Funded | Share plus: Continuous Glucose Monitoring with Data Sharing in Older Adults with T1D and Their Care Partners  **NIDDK** | PI |
| 02/2023 | $10,000 | Funded | Share plus: Continuous Glucose Monitoring with Data Sharing in Older Adults with T1D and Their Care Partners **Dexcom Investigator Research Grant** | PI |
| 4/2023 | $2,251,238 | Funded | Type 1 Diabetes Financial Toolkit for Emerging Adults. **The Leona M. & Harry B. Helmsley Charitable Trust Grant** Project Number 2305-05992 PD/PI Blanchette, J.E. | Consultant |
| 10/2022 | $1,050,000 | Funded | Advancing Acute Care Nurses to Address and Mange Social Determinants of Health. Nurse Education Practice Quality and Retention Registered Nurse Training Program. **HRSA** | PI |
| 7/2022 | $745,807 | Funded | Adapting FAMS to Optimize CGM Use among Emerging Adults with Type 1 Diabetes. **The Leona M. & Harry B. Helmsley Charitable Trust Grant**: Project Number: 2203-05822 PD/PI:  Mayberry, Lindsey S. | Consultant |
| 7/1/2022 | $20,000 | Funded | Development of a Diabetes Training for ASL Interpreters **ADCES** | Co-I |
| 06/2022 | $3,713,162 | Not Funded | Optimizing Technology to Improve Outcomes in Hispanic Adults with Type 2 Diabetes **NIDDK** | Co-I |
| 05/2022 | $20,000 | Not Funded | CGM Share plus Intervention in Care Partners and Older Adults with Diabetes and Cognitive Impairment: A feasibility study **Association of Diabetes Care and Education Specialists** | PI |
| 11/2021 | $600,000 | Score 30  Not Funded | Utah Diabetes and Metabolism Research Center  **P30 NIDDK** (PI: S. Summers) | Faculty |
| 07/2021 | $2,540,960 | Not Funded  Scored 44, 40th percentile | SHARE: RT-CGM Data Sharing in Older Adults with T1D and Their Care Partners  **R01 NIDDK** |  |
| 3/2022 | $2,228,073 | Funded | FQHC Intervention for CGM Uptake in Hispanics. University of Connecticut. **NIDDK** | Co-I  Site PI |
| 1/2022 | $50,000 | Funded | Increased Access To Diabetes Self Management Education and Support To Deaf and Hard of Hearing People. **Margolis Foundation** | Co-I |
| 12/2021 | $40,000 | Funded | Education and Support of Care Partners of Deaf and Hard of Hearing People. **Washington University** | Co-I |
| 06/2021 | $15,000,000 | Not Funded | CREATE NW: Center for Research in Chronic Disease Equity Northwest. P50 Grant National Institute on Minority Health and Health Disparities **NIMHD** | Consultant |
| 2/2021 | $3,216,192 | Not Funded | Protege a tu familia: CHW-initiated telenovela intervention to address vaccine hesitancy and uptake among Hispanic families. **NIMHD/NINR** | Co-I |
| 01/2021 | $2,505,555 | Not Funded | Partnering for Success of Racially/Ethnically Diverse Nursing Students and Faculty. **HRSA** | Co-Director |
| 11/01/20 | $100,000 | Funded | A Pilot Trial of a Financial Toolkit for Emerging Adults with Type 1 Diabetes  Fellowship in Integrated Diabetes Management (Blanchette). **Association of Diabetes Care & Education Specialists** | Co-Mentor |
| 11/01/2020 | $9,091 | Funded | Development of Peer Facilitator Training Modules in Spanish. **Association of Diabetes Care and Education Specialist Grant** | Co-PI |
| 10/2020 | $2,540,960 | JIT | SHARE: RT-CGM with Data  Sharing in Older Adults with T1D and Their Care Partners. **NIDDK** | PI |
| 02/2020 | $419,375 | Not Funded | Co-Designing an Enrollment Intervention for the Diabetes Prevention Program with Women of Childbearing Age **NINR** | Co-I |
| 01/2019 | $130,000 | Funded | Combining Flash Glucose Monitoring and Online Peer Support to Improve Outcomes in Hispanic Spanish-Speaking People with Type 2 Diabetes  **Abbott Diabetes Care** | Other personnel |
| 01/2019 | $94,557 | Not funded | Community Engagement in Utah to Reduce A1C in Type 1 Diabetes  **Ivory Foundation** | PI |
| 11/2018  11/2017 | $600,000 | Resubmitted  No funds | Dementia Dialogue Intervention: A Multi-Site, Cross-CTSA Efficacy Trial in Rural and Frontier Areas of New Mexico and Utah, **NCTS PA-16-328** | Site PI |
| 06/2018 | $1,250,000 | Unfunded | mHealth enhanced Diabetes self-management education for Hispanic males with type 2 diabetes **NIH/NIDDK** 1 R01 DK120750-01 | Co-PI |
| 03/2018 | $4,554,814 | Unfunded | A Randomized Trial of Proactive Management of Alzheimer’s Disease with Multimorbidity **NIA** | Co-I |
| 02/2018 | $5,151450 | Unfunded | Elementary School-Based Oral Health Prevention Services: Reducing Dental Caries in Children **PCORI** | Co-PI |
| 10/2017 | $3,106,766 | Unfunded | Improving Outcomes in Individuals with Cognitive Impairment and Diabetes by Sharing Continuous Glucose Monitoring Data **R01 NINR** PA-17-010 | Co-PI |
| 06/2017 | $5,704,968 | Unfunded | Pragmatic Approaches to Detecting Cognitive Impairment. **National Institute of Neurological Disorders and Stroke** (UG3/UH3) | Co-PI |
| 02/2017 | LOI | Unfunded | A Comparative Effectiveness Study of Training Models for Community Health Workers to Improve Outcomes in Hispanics with Type 2 Diabetes **PCORI** | PI |
| 06/2017  10/2016  10/2015 | $409,750 | Unfunded | A Novel Design for Avatars to Motivate Diabetes Self-Management. **NINR** | Co-I |
| 03/2016 |  | Unfunded | Diabetes Self-Management in Primary Care: RCT of Collaborative Goal Setting | Site PI |
| 05/2016 | $50,000 | Funded | Community Partnership for Patient Centered Outcomes Research in Hispanics with Type 2 Diabetes **PCORI Tier III** | Co-PI |
| 03/2016 | $3,310,580 | Unfunded | Aging and Technology with Type 1 (ATT1-ude Trial. **NIDDK** DP3 RFA-DK-028 | PI |
| 03/2016 | $1,990,965 | Unfunded | Diabetes Self-Management in Primary Care: RCT of Collaborative Goal Setting **NIH** PA-13-302 R01 NR)1 6005-01 | Site PI |
| 03/2016 | $2,691,751 | Unfunded | Exercise Self-Management and Care Partner Engagement in Parkinson Disease. Multi-site study. **NINR**. R01 PA-14-344 | Co-I |
| 06/2015  11/2015 | $6,280,913 | Unfunded | ProCare: A Randomized Trial of Proactive Management of Cognitive Health In Medicare  Patients with Diabetes. **PCORI**  Health Systems | Co-PI |
| 05/2015 | $599,994 | Unfunded | Diabetes Translational and Technology (D-TNT) Trial, University of Utah Salt Lake City, UT. **American Diabetes Association** | PI |
| 11/2015 | $532,500 | Funded | Native American Summer Research Internship in Diabetes Obesity and Metabolism **NIH** PAR-15-140 | Faculty Mentor |
| 10/6/2015 | $3,758,061 | Unfunded | Parent Education Through Simulation-Diabetes & Parent Education Mentor. **NINR** | Consultant |
| 11/6/2015 | $1,500,982 | Unfunded | Translational Research to Improve Diabetes and Obesity Outcomes. **NIDDK** PA -13-352 (R01) | PI |
| 2/2/2015 | $25,000 | Funded | Development of a Community Partnership for Patient Centered Outcomes Research in Type 2 Diabetes. **PCORI- Tier II** | Co-PI |
| 10/2014 | $275,000 | Unfunded | Sit Less, Interact, Move More. **NIDDK.** (R21) PAR- 11352 | Consultant |
| 2/2/2014 | $14,083 | Funded | Development of a Community Partnership for Patient Centered Outcomes Research in Type 2 Diabetes. **PCORI Tier I** | Co-I |
| 10/2014 | $299,999 | Unfunded | Feasibility of a Telemedicine Intervention to Improve Medication Adherence in Primary Care (R21).**NINR** PA12-023 | Key Personnel |
| 01/2013  01/2011 | $1,949,619 | Unfunded  Unfunded | Diabetes and Technology Lifestyle and Counseling (D-TLC). **NINR** PAR 11-020 (R01) | PI |
| 07/2010 | $2,445,050 | Unfunded | Exercise Intervention to Improve Weight Loss Outcomes of Gastric Bypass Surgery. Re-submitted **NIDDK** (R01) PA10-067 | Co-I |
| 2008-2010 | $20,000 | Funded | Using Problem-Solving Skills and Physiological Feedback to Change Physical Activity Behaviors in Individuals with Type 2 Diabetes. Center for Self and Family Management of Vulnerable Population  **NINR** P30NR08999 | PI |
| 08/2009 | $275,000 | Unfunded | Case Management Medication Intervention for Type 2 Diabetes  **NIDDK PA** 09-133 | Co-I |
| 2007-2009 | $44,000 | Funded | Self and Family Management in Chronic Disease for Vulnerable Populations  **NINR T32NR008346-06** | Student Recipient |
| 2004-2006 | $40,000 | Funded | Changing Physical Activity Behavior with Continuous Glucose Monitoring. Funded by: **Ruth L. Kirschstein National Research Service Award NINR F31NR008818-01A1** | PI |

1. **Intramural Grants/Contracts**

| Dates | Amount | Funding Status | Title & Funding Agency | Role (PI, Co-PI) |
| --- | --- | --- | --- | --- |
| 05/18/2022 | $100,000 | Funded | Using Cultural Humility Framework to address Social Determinants of Health (SDOH) through Virtual Reality. **University of Utah VR4Health Sciences Education Grant Program** | PI |
| 06/09/2021 | $40,000 | Funded | Leveraging the Family for Interventions to Promote Lifelong Health and Management of Illness Across the Life Span**. University of Utah C-FAHR Innovations Grant** | Key Personnel |
| 01/20/2021 | $6,907 | Unfunded | University of Utah/Mayo Clinic HABIT Program. **University of Utah Teaching Grant** | PI |
| 12/10/2020 | $40,000 | Unfunded | Co-Designing an Enrollment Intervention for the Diabetes  Prevention Program with Women of Child Bearing Age. **University of Utah Driving out Diabetes Initiative** | Co-I |
| 11/30/2020 | $27,500 | Funded | Adapting the Diabetes Prevention Program to Accommodate Stroke  **College of Health Competitive Seed Grant Program** | Co-I |
| 07/2020 | $13,000 | Funded | Emotional and Social/Cultural Distress in the Era of COVID 19 among Hispanic Individuals with Chronic Illness **College of Nursing, Burton Grant** | Co-PI Sanchez-Birkhead |
| 01/2020 | $20,000 | Funded | **A Feasibility Study of Older Adults with Type 1Diabetes and their Care Partners using RT-CGM Share: A virtual intervention.**  **College of Nursing, Burton Grant** | Co-PI Litchman |
| 11/2019 | $1,950 | Funded | **Interviews of Older Adults and Their Care Partners Using RT-CGM Share Center on Aging and Family Caregiving Initiative** | Co-PI Litchman |
| 12/2019 | $48,390 | Funded | Family Involvement and Sharing Information among Families with Multiple Members with Type 1 Diabetes **University of Utah Driving Out Diabetes Initiative** | Co-I |
| 08/2019 | $82,797 | Funded | Community Engagement in Utah to Reduce A1C in Type 1 Diabetes  **Sorenson Legacy Foundation** | Co-PI Litchman |
| 09/2018 | $20,000 | Funded | **A Feasibility Study of Older Adults and Their Care Partners Using RT-CGM Share.** **Center on Aging** | Co-PI |
| 06/2018 | $3,000 | Funded | Self-efficacy Scale for Diabetes Dietary Behavior: Development and Psychometric Evaluation.  **College of Nursing** | PI |
| 03/2018 | $20,000 | Funded | A Community Health Worker Program to Improve the Oral Health of Individuals with Pre-diabetes. **Synergy Grant** | Co-PI |
| 08/2017 | $24,477 | Unfunded | Indigenous Community Health Workers Engaged in Health Coaching with Latino and Native Americans with Prediabetes: Evaluation of an Infused Oral Health Literacy Curriculum with the Prevent T2 Lifestyle Change Program. **Burton Grant** | Co-I |
| 05/2017 | $30,000 | Funded | Improving Clinical, Behavioral and Psychosocial Type 1 Diabetes Outcomes with an Online Peer Health Intervention.  **University of Utah Diabetes and Metabolism Center Pilot Grant** | Co-I |
| 03/2017 | $20,000 | Unfunded | Improving Clinical Type 1 Diabetes Outcomes with an Online Peer Health Intervention: A Pilot Study. Burton Foundation | Co-I |
| 06/2016 | $24,960 | Funded | Qualitative Research into the Barriers for Effective Patient Self-Management of Comorbid Diabetes and Asthma. **Community**  **Pharmacy Foundation** | Co-I |
| 02/2016 | $2,910 | Funded | Co-I The Fakebetes Challenge: A High-Fidelity Simulation for Nurse Practitioner Students. **Academy of Health Science Educators Research and Scholarship Committee** | Co-I |
| 12/2015 | $20,000 | Unfunded | Self- and Co-regulation in Couples managing Diabetes with Continuous Glucose Monitoring. **University of Utah Diabetes and Metabolism Center Pilot Grant** | Co-I |
| 12/2015 | $20,000 | Unfunded | Qualitative Research into the Barriers for Effective Patient Self-Management of Comorbid Diabetes and Asthma. **University of Utah Diabetes and Metabolism Center Pilot Grant** | Co-I |
| 07/2015 | $10,000 | Funded | Mobile Phone Based Avatars to Help Latino Adults with Type 2 Diabetes. **Sorenson Legacy Foundation** | Co-I |
| 10/2014 | $20,000 | Unfunded | The Development and Evaluation of a Novel Avatar-Based Video  **University of Utah Seed Grant** |  |
| 04/2013 | $25,000 | Unfunded | Knowledge and Prevention of Type 2 Diabetes among Older Vietnamese Americans. **Boston College University Institute on Aging** | Co-I |
| 11/2013 | $15,000 | Funded | Self-efficacy Scale for Diabetes Dietary Behavior: Development and Psychometric Evaluation. **Boston College Research Incentive Grant** | PI |
| 1990-1991 | $5,000 | Funded | The Needs of Family Members During the Inter-Hospital Transport Period. Research funded by **University of Utah Research Fellowship** | Co-PI |

1. **Gifts**

| Dates | Amount | Funding Status | Title & Funding Agency | Role (PI, Co-PI) |
| --- | --- | --- | --- | --- |
| 01/01/21-12/31/23 | $40,000 | Funded | Refiningand Implementing D-COPES (Diabetes – Connecting Online Peers to Enhance Support) for Emerging Adults with Type 1 Diabetes  **Franklin S. Ivory and Rachael C. Ivory** | MPI |
| 1/01/21-12/31/23 | $160,000 | Funded | Refiningand Implementing D-COPES (Diabetes – Connecting Online Peers to Enhance Support) for Emerging Adults with Type 1 Diabetes  **The Clark and Christine Ivory Foundation** |  |

**F. PUBLICATIONS & EDITORIAL EXPERIENCE**

1. Books (or Chapters in Books)

**Allen, N.A**. (2002). Management of Neuropathy Pain in People with Diabetes. In Jones, R.E. and Kulkarni, K. (Ed.), Utah Diabetes Management Handbook (pp 29.1-29.5).

**Allen, N.A.,** Litchman, M.L. (2020) Using Diabetes Technology in Older Adults. In Digital Health for Diabetes. Elsevier, Cambridge, MA.

Boakye, M.D.S., Owolabi, E.O., Omololu, S.O., Whitehouse, C.R., **Allen, N.A.** Diabetes Management in Older Adults. In Evidence-Based Geriatric Nursing Protocols for Best Practice In press

1. Journal Publications **\* published with students**

\***Allen NA,** Grigorian EG, Mansfield K, Berg CA, Litchman ML. (2023). Continuous glucose monitoring with data sharing in older adults: A qualitative study. J Clin Nurs. 2023 Jun 22. doi: 10.1111/jocn.16808. Epub ahead of print. PMID: 37345621

\* Bristol AA, Litchman M, Berg C, Grigorian E, Small D, Glazener A, Jones C, **Allen NA.** Using Continuous Glucose Monitoring and Data Sharing to Encourage Collaboration Among Older Adults With Type 1 Diabetes and Their Care Partners: Qualitative Descriptive Study. JMIR Nurs. 2023 Jul 26;6:e46627. doi: 10.2196/46627. PMID: 37494110; PMCID: PMC10413231.

\*Alsualami, A., Dassel, K.B., He, Y. **Allen, N.A.** (2023). The Association Between Medicare Annual Wellness Visits and Diabetes Outcomes Among Older Adults. World Medical and Health Policy. Online publication ahead of print: https://doi.org/10.1002/wmh3.579

**Allen NA,** Litchman ML, Greenwood DA, Ng A, Sanchez-Birkhead A. Hispanic Diabetes Peer Facilitator Training Needs and Connections to Hispanics With Type 2 Diabetes. Hisp Health Care Int. 2023 Dec;21(4):221-227. doi: 10.1177/15404153231175998. Epub 2023 May 23. PMID: 37221843.

\*Tracy, E.L, Berg, C.A., Helgeson, V. S., Butner, J., Kent de Grey, R.G., **Allen, N.A.,** Porter, M.E., Helgeson, V. S., (2022). Relationship satisfaction moderates links between poor sleep quality and psychological distress among couples coping with type 1 diabetes. *Sleep Health*, *in press.*

\*Blanchette, J., Aaron, S.P., **Allen, N.A.,** Litchman, M.L. (2022). Equity in the Provision of Diabetes Self-Management Education and Support. *Diabetes Spectrum,* August 2022; 35 (3): 284–294. <https://doi.org/10.2337/dsi22-0005>

Blanchette, J.E., Allen, N.A., **Litchman, M.L.** (2022, epub ahead of print). The Feasibility and Acceptability of a Community-Developed Health Insurance and Financial Toolkit for Emerging Adults With Type 1 Diabetes. *The Science of Diabetes Self-Management and Care*. doi: [10.1177/26350106221087474](https://doi.org/10.1177/26350106221087474) . PMID: 35287511.

\* Berg CA, Suchy Y, de Grey RGK, **Allen NA,** Campbell MS, Munion A, Butner J, Helgeson VS. Cognitive Abilities and Collaboration in Couples in Type 1 Diabetes Management. Diabetes Spectr. 2023 Winter;36(1):33-40. doi: 10.2337/ds21-0057. Epub 2022 Jul 21. PMID: 36818410; PMCID: PMC9935285.

\*Helgeson, V.S., **Allen, N.A.,** Tracy, E.L., Butner, J., Berg, C.A. (2022). Diabetes Stress Contagion Among Romantic Partners: A Daily Diary Investigation. *Journal of Behavioral Medicine In press.*

**\*Allen, N.A**., Litchman, M.L., Chamberlain, J., Grigorian, E., Iacob, E. & Berg, C.A. (2022). Continuous Glucose Monitoring Data Sharing in Older Adults with Type 1 Diabetes: A pilot intervention study. *JMIR Diabetes* doi:10.2196/35687.

**\*Allen, N.A.,** Bristol, A., Grigorian, E.G., Iacob, E., Berg, C.A. & Litchman, M.L. (2022). SHARE *plus*: Delivering a Telehealth CGM Data-Sharing Intervention to Older Adults and Their Care Partners. *Diabetes Spectrum* 35(1):16–25. [doi.org/10.2337/dsi21-0016](https://doi.org/10.2337/dsi21-0016)

Litchman, M.L., **Allen, N.A.,** Sanchez-Birkhead, A., Ng, A., Rodriquez-Gonzales, B., Iacob, E. and Greenwood, D. (2022). A Continuous Glucose Monitor + Online Peer Support Community Reinforces Healthy Behaviors in Hispanic Adults with T2D. *Diabetes Spectrum* July 16 (4): 866-873.

Ng, A.H., Greenwood, D.A., Iacob, E., **Allen, N.A.,** Ferrer, M., Rodriguez, B., Litchman, M.L. (2022). Protocol examining a continuous glucose monitoring plus online peer support community intervention to support Hispanic adults with type 2 diabetes – a mixed methods feasibility protocol. *JMIR Research Protocols* February 2022 Vol 11 (2).

\*Helgeson, V. S., Zajdel, M., Tracy, E. L., **Allen, N. A.,** Kent de Grey, R. G., Litchman, M. L., & Berg, C. A. (2022). Observed dyadic collaboration among couples coping with type 1 diabetes. Journal of Family Psychology, 36(1), 147–152. <https://doi.org/10.1037/fam0000763>

Oser, T., Litchman, M., **Allen, N.A.,** Kwan, B.M., Fisher, L., Jortberg, B. T., Polonsky, W., Oser, S.M. (2021) Personal Continuous Glucose Monitoring Use Among Adults with Type 2 Diabetes: Clinical Efficacy and Economic Impacts. *Current Diabetes Reports Dec 9;21(11):49. doi: 10.1007/s11892-021-01408-1.*

*PMID: 34882273*

\*Grigorian, E.G., Litchman, M.L., Porter, M.E., Blanchette, J.E., **Allen, N.A.** (*2022*). Financial Barriers in Emerging Adults with Type 1 Diabetes: A Qualitative Analysis. *Diabetes Spectrum; ds210038. https://doi.org/10.2337/ds21-0038.*

**\*Allen, N.A**., Litchman, M.L., Neller, S., Tracy, E.L., Helgeson, V.S., & Berg, C.A. (2021). Couples Managing Type 1 Diabetes Using Diabetes Technology. *Diabetes Spectrum (*Featured Article) 34 (4): 378–387. <https://doi.org/10.2337/ds20-0045>

Litchman ML, Ng A, Sanchez-Birkhead A, **Allen NA**, Rodriguez-Gonzales B, Iacob E, Greenwood DA. Combining CGM and an Online Peer Support Community for Hispanic Adults with T2D: A Feasibility Study. J Diabetes Sci Technol. 2022 Jul;16(4):866-873. doi: 10.1177/19322968211032278. Epub 2021 Aug 20. PMID: 34414787; PMCID: PMC9264448.

\*#Porter, M.E., **Litchman, M.L.**, Grigorian, E.G., Blanchette, J.E., Allen, N.A. (2021) Who Needs Diabetes Education? A Qualitative Analysis of Emerging Adults with Type 1 Diabetes. *The Science of Diabetes Self-Management and Care,* 47(6)*.* doi:[10.1177/26350106211051297](https://doi.org/10.1177/26350106211051297) PMID: **34935540**

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\*Tracy EL, Berg CA, Kent de Grey RG**, Allen NA,** Litchman ML, Butner J, Helgeson VS. The benefits of daily exercise on blood glucose levels and affect among adults with type 1 diabetes. *J Behav Med*. 2020 Dec;43(6):1056-1061. doi: 10.1007/s10865-020-00158-x. PMID: 32385784.

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**\*Allen, Nancy A.,** Colicchio, Vanessa D., Litchman, Michelle L., Gibson, Bryan, Jeanette, Villalta, Sanchez-Birkhead, Ana C. (2019). Hispanic Community-Engaged Research: Community Partners as Our Teachers to Improve Diabetes Self-Management. *Hispanic Health Care International.* Sep;17(3):125-132. DOI: 10.1177/1540415319843229

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\*Litchman, M.L., **Allen, N.A.,** Colicchio, V.D., Wawrzynski, S.E., Sparling, K.M., Hendricks, K.L. & Berg, C.A. (2018). A Qualitative Analysis of RT-CGM Data Sharing with Care Partners: To Share or Not to Share? *Diabetes Technology and Therapeutics.* Vol 20 (1).DOI: 10.1089/dia.2017.0285

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**Allen, N.A.,** Zagarins, Sofija, E., Welch, G. (2017). Reducing social distress in primary care: An intervention for Latino Type 2 diabetes patients seen at community health centers. Diabetes Spectrum Nov, 30(4), 288-296*.* <https://doi.org/10.2337/ds16-0031> Editors pick

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\*Pozzar, R., **Allen, N.A.,** Stamp, K., Sampson, D. (2014). Focusing on Feedback: How Nurse Practitioners can use Focus Group Interviews to Build a Patient-Centered Practice. *Journal of the American Academy of Nurse Practitioners,* 26 (9), 481-487. [http://dx.doi.org/10.1002/2327-6924.12065](https://insights.ovid.com/crossref?an=01741002-201409000-00004)

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Zagarins, S.E., **Allen, N.A.,** Garb, J.L., Welch, G. (2011). Improvement in Glycemic Control Following a Diabetes Education Intervention is Associated with Change in Diabetes Distress but Not Change in Depressive Symptoms. *Journal of Behavioral Medicine.* Volume 35, [Issue 3](https://link.springer.com/journal/10865/35/3/page/1), pp 299–304. DOI: 10.1007/s10865-011-9359-z

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**Allen, N.A**., Melkus, G.D., Langerman, S., Jefferson, V., Chyun, D.A. (2011). Physiological and Behavioral Factors Related to Physical Activity in Black Women with Type 2 Diabetets. *Journal of Transcultural Nursing,* 22 (4), 376-385.

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**Allen, N.A**., Fain, J. A., Braun, B., & Chipkin, S. R. (2008). Continuous Glucose Monitoring Improves Physical Activity Behaviors of Individuals with Type 2 Diabetes: A Randomized Clinical Trial. *Diabetes Research & Clinical Practice*, 80, 371-379. doi: 10.1016/j.diabres.2008.01.006

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**Dissertation**

**Allen, N.** (2005). Changing Physical Activity Behavior with Continuous Glucose Monitoring in Adults with Type 2 Diabetes [Dissertation]. Worcester, Massachusetts: University of Massachusetts Worcester

1. Papers, Monographs and Reports
2. Published Abstracts

Litchman, M.L**.**, **Allen, N.A.,** Iacob, E., Miller, N.A., Henderson, M., Canela, S.M., & Lee, S. (2023). 570-P: Designing the Deaf Diabetes Can Together Intervention. *Diabetes*, *72* (Supplement)

**Allen, N.A.,** Blanchette J.E., Shah, N., Gonzales, B., Moraitis, A.M., Hilliard, M.E., & **Litchman, M. L.** (2023). 650-P: Qualitative Findings from D-COPES Emerging Adult Peer Connectors Pilot Study. *Diabetes*, *72*(Supplement\_1).

Litchman, M.L., Henderson, M., Lee, S. Iacob, E. Miller, N. Canela, S., **Allen, N.A.** Experiences of Deaf People Receiving Diabetes Education: The need for language access. Science of Diabetes Self-Management and Care, 48(4) pp. 286-286.

**Allen, N.A**., Litchman, M.L., Walker, H.R., Greenwood, D., Ng, A.H., Sanchez-Birkhead, A. (2022) Hispanic Diabetes Peer Facilitator Training Needs and Connections to Hispanics with Type 2 Diabetes. In Science of Diabetes Self-Management and Care, 48(4) pp. 281.

Blanchette, J.E., Litchman, M.L., **Allen, N.A** (2022). Financial and Health Insurance Education Toolkit for Emerging Adults with Type 1 Diabetes. In Science of Diabetes Self-Management and Care, 48(4) pp. 283-283.

Litchman, M.L., Campbell, M., Porter, M., Tracy, E., **Allen, N.A.,** Berg, C. (2022). Diabetes Education Needs When Multiple Family Members have Type 1 Diabetes. In Science of Diabetes Self-Management and Care, 48(4) pp. 287-287.

**Allen, N.A.,** Litchman, M.L., Chamberlain, J., Grigorian, E., Iacob, E., Berg, C.A. Continuous Glucose Monitoring Data Sharing in Older Adults and Their Care Partners. Diabetes, 70 (Supplement 1). 70-LB. doi: 10.2337/db21-70-LB \*American Diabetes Association’s Behavioral Medicine & Psychology Interest Group 2021 Abstract Award

Bailey, R., Miner, N., Waddoups, S., Metos, J., **Allen, NA,** Creating A Comprehensive Lifestyle Intervention For Stroke Survivors. Circulation, Vol. 145, Suppl 1. Page AEP 64, 2022.

Allen, N.A., Litchman, M.L., Mansfield, K., Grigorian, E., and Berg, C. RT-CGM (2021). Data Sharing in Older Adults: A Qualitative Study. *The Science of Diabetes Self-Management and Care.* Aug (4) 312. <https://journals.sagepub.com/doi/10.1177/26350106211041218>

**Allen, N. A.,** Grigorian, E., Iacob, E., Berg, C., & Litchman, M. L. (2021, August). Real Time-Continuous Glucose Monitoring Data Sharing in Older Adults: A Qualitative Study. In *Science of Diabetes Self-Management and Care, 47(*4*).* pp. 312-312).

Tracy, E., Berg, C., Butner, J., de Grey, RK, **Allen, N.,** Porter, M., Helgeson, V. (2021). Linkages between sleep quality and mental health among couples coping with type 1 diabetes across survey and daily diary methods. Sleep 44, A 289-A290

Litchman, M.L., Ng, A., Allen, N.A., Sanchez-Birkhead, A., Iacob, E., Rodriguez-Gonzales, B., Greenwood, D.A. (2021). Using a CGM plus Online Peer Support Community Intervention to Address Health Disparities. American Diabetes Association 81st Scientific Sessions. Virtual Conference. 6/27/21

Alsulami, A. Dasel, K., He, Y., **Allen, NA**. (2021). The Association Between Medicare Annual Wellness Visits and Detection and Management of Diabetes Among Older Adults. Innovation in Aging 5 (Suppl 1), 618

Tracy EL, Berg CA, Kent de Grey RG**, Allen NA,** Litchman ML, Butner J, Helgeson VS. (2020) The benefits of daily exercise on blood glucose levels and affect among adults with type 1 diabetes. Annuals of Behavioral Medicine 54, S35

Tracey, E.L., Berg, C., Kelly, C.S., Litchman, M.L., **Allen, N**. & Helgeson, V. (2019). Spillover and Crossover Effects of Daily Stressors Among Couples with Type 1 Diabetes: Relationship Satisfaction as a Moderator. *Annals of Behavioral Medicine, 53,* S675-S675.

Tracy, E.L., Berg, C.A., Turner, S.L., de Grey, R.G.K, Butner, J.E., Litchman, M.L., **Allen, N.A.,** Helgeson, V.S. (2019). Daily Sleep Quality and Diabetes Management Among Adults with Type 1 Diabetes. *Annals of Behavioral Medicine, 53,* S386-S386.

Berg, C., Suchy, Y., Allen, N., Cognitive Function in Couples and Collaborative Involvement in Type 1 Diabetes Management

Gibson, B. Sanchez-Birkhead, A., Amador, E., Allen, N. A Conjoint Survey to Select Potential Features of a Technology Based Self-Management Intervention for Hispanic Adults with Type 2 Diabetes. American Medical Informatics Association, 11/2016.

Lara, M. **Allen, N.** (2015). Self-efficacy for Diabetes Dietary Behavior: Development and Psychometric Evaluation. *Undergraduate Research Journal.* <http://epubs.utah.edu/index.php/URJ>

Mossar, M. **Allen, N.** (2015). Recruitment of Ethnically Diverse Populations in Diabetes Research. *Undergraduate Research Journal.* <http://epubs.utah.edu/index.php/URJ>

**Allen, N.A,** Zagarins, S.E, Welch, G. (2012). Refinement and Evaluation of a Comprehensive Disease Management Program for Diabetes and Cardiovascular Risk Reduction. *Diabetes*, Supplement 1, A 631.

Wagner, J., **Allen, N.A**., Swalley, L.M., Melkus, G.D., Whittemore, R. (2009). Depression, Depression Treatment, and Insulin Sensitivity in Adults at Risk for Type 2 Diabetes. *Diabetes,* Supplement 1, A 476.

**Allen, N.A**., Melkus, G.D., Langerman, S., Jefferson, V., Chyun, D.A. (2008). Physical Activity in Black Women with Type 2 Diabetes and Related Physiological and Behavioral Factors. *Diabetes,* Supplement 1, A 523-24.

**Allen, N.A.**, Fain, J., Braun, B., & Chipkin, S. (2006). Effect of Counseling with Continuous Glucose Monitoring on Physical Activity Behaviors. *Diabetes,* Supplement 1, A9.

1. Editorial Boards
2. Manuscript & Abstract Reviews

| Years | Journal |
| --- | --- |
| 2004-2005 | Canadian Journal of Diabetes |
| 2009-2013 | Diabetes Technology and Therapeutics |
| 2009-2010 | Ethnicity and Disease |
| 2010-2011 | Evidence Based Nursing |
| 2010-Present | Journal of Clinical Nursing |
| 2013-2018 | Western Institute of Nursing Research Conference |
| 2013-2015 | Health Communications |
| 2014-2021 | Global Qualitative Nursing Research |
| 2014-2015 | 2014 Wireless Health Conference |
| 2015-2016 | Intermountain 10th Annual Research Symposium |
| 2018-present  2019- present  2019-present  2019-present  2020-present  2021-present  2022  2022-present  2023-present  2023-present | Clinical Gerontologist  Diabetes Care  Journal of Diabetes Science and Technology  Diabetes Spectrum  Research in Nursing and Health  Journal of Professional Nursing  American Diabetes Association Scientific Assembly Abstract Reviewer  Clinical Nursing Research  Diabetic Medicine  Western Journal of Nursing Research |

1. Study Sections & Funding Reviews

2023 American Diabetes Association

2022 Diabetes UK

2021 National Science Foundation

2021 National Medical Research Council Singapore

2019 National Institute of Neurological Disorders & Stroke

2017 National Medical Research Council; Ministry of Health, Singapore

2016 Alzheimer Society

2016-present Center for Clinical and Translational and Clinical Science, University of Utah

1. National Science Foundation
2. Electronic Media

03/16/22 The Huddle Podcast by ADCES Identifying Gaps in Your Diabetes Services to Improve Reach and Impact: <https://thehuddle.simplecast.com/episodes/identifying-gaps-in-your-diabetes-services-to-improve-reach-and-impact>

02/11/2022 Diabetes Management for Seniors. Tidepool Webinar: https://www.tidepool.org/blog/redefining-diabetes-spotlight-seniors

01/2020 Business Insider: CDC The 10 states that exercise the least, according to the CDC: <https://www.insider.com/most-least-active-states-us-cdc-2020-1>

01/01/2020 Tailoring Diabetes Care to the Hispanic Community. <https://uofuhealth.utah.edu/newsroom/news/2020/01/nancy-allen.php>

1. Other

09/2022 **Allen, N.,** Rasmussen, C. (2022) How to break down barriers to health and engagement. Virtual Conference; State and Local Benefits Association

**G. PRESENTATIONS**

1. International Podium

| Dates | Title, Sponsor | Location |
| --- | --- | --- |
| 6/2021 | Litchman, M.L., Ng, A., **Allen, N.A.,** Sanchez-Birkhead, A., Iacob, E., Rodriguez-Gonzales, B., Greenwood, D.A. Using a CGM plus Online Peer Support Community Intervention to Address Health Disparities. American Diabetes Association 81st Scientific Sessions. Oral presentation. | Virtual Conference |
| 04/2019 | **Allen, N.A**. Successful Conversations with Families and Individuals with Memory Problems. Multi-Morbidity and Mild Cognitive Impairment | Lausanne, Switzerland |
| 04/2019 | **Allen, N.A.** Assessment and Evaluation of Dementia by Advanced Practice Nurses. Multi-Morbidity and Mild Cognitive Impairment | Lausanne, Switzerland |
| 03/2014 | **Allen, N.A.**, Behavior Change, Technology, and Chronic Disease: A Program of Research | University of British Columbia, Canada |

1. National/Regional Podium

| Dates | Title, Sponsor | Location |
| --- | --- | --- |
| 8/2023 | Boakye, M.D.S., **Allen, N.A**. Transitioning into diabetes self-management education and support: Experiences of adults newly diagnosed with type 2 diabetes. Oral presentation. Association of Diabetes Care and Education Specialist Conference | Houston, TX |
| 8/2023 | **Allen, N.A.,** Clements, J., Kazaks, A., Naseman, K., Blanchette, J.E., Cox, C., Boakye, M.D.S. Research Round Tables: A Speed Networking Opportunity with ADCES Research Experts **(Part 2).** Oral presentation. Association of Diabetes Care and Education Specialist Conference | Houston, TX |
| 8/2023 | **Allen, N.A.,** Clements, J., Kazaks, A., Naseman, K., Whitehouse, C.R., Cantazaro, M.J., Hughes, A.S., Blanchette, J.E., Fain, J. Research Round Tables: A Speed Networking Opportunity with ADCES Research Experts (Part 1). Oral presentation. Association of Diabetes Care and Education Specialist Conference | Houston, TX |
| 8/2023 | Mirus, K.M., Litchman, M.L., Layton, R., Layton, S., Lee, S., **Allen, N.A.** Developing Diabetes Education Videos for Deaf Populations Who Communicate Using American Sign Language. Poster Presentation. \**Selected as part of the Distinguished Poster Showcase and included a 10 minute oral presentation* Association of Diabetes Care and Education Specialist Conference | Houston, TX |
| 8/2023 | Litchman, M.L., Farovitch, L., Lee, S., **Allen, N.A.** How the Broken American Sign Language Interpreter System Impacts Diabetes Education. Oral Presentation. Association of Diabetes Care and Education Specialist Conference | Houston, TX |
| 06/2023 | **Allen, NA**, Blanchette, J.E., Shah, N., Gonzales, B., Moraitis, A.M., Hilliard, M.E., Litchman, M.L. Findings from D-COPES Emerging Adult Peer Connectors Pilot Study. Poster Presentation American Diabetes Association 83rd Scientific Session | San Diego, CA­ |
| 4/2023 | **Allen, N.A.,** Cluff, E., Flattes, V., Butt, A., Sanchez-Birkhead, A. Inclusivity in Learning Session-Building the Pipeline: Nursing Camp for Racially/Ethnically Diverse Middle Schoolers. Western Institute of Nursing | Tucson, AZ |
| 09/2022 | **Allen, N.A.,** Crismon, D., Brown, H., Sanchez-Birkhead, A. Emotional/Social/Cultural Distress in the Era of COVID 19 among Hispanic Individuals with Chronic Illness. Council for the Advancement of Nursing Science. | Washington DC, USA |
| 09/2022 | Litchman, M.L., Henderson, M., Lee, S. Iacob, E. Miller, N. Canela, S., **Allen, N.A.** Experiences of Deaf People Receiving Diabetes Education: The need for language access. Association of Diabetes Care and Education Specialists Annual Conference. | Baltimore, MD, USA |
| 09/2022 | **Allen, N.A**., Litchman, M.L., Walker, H.R., Greenwood, D., Ng, A.H., Sanchez-Birkhead, A. Hispanic Diabetes Peer Facilitator Training Needs and Connections to Hispanics with Type 2 Diabetes. Association of Diabetes Care and Education Specialists Annual Conference. | Baltimore, MD, USA |
| 09/2022 | Blanchette, J.E., Litchman, M.L., **Allen, N.A** Financial and Health Insurance Education Toolkit for Emerging Adults with Type 1 Diabetes. Association of Diabetes Care and Education Specialists Annual Conference. | Baltimore, MD, USA |
| 09/2022 | Litchman, M.L., Campbell, M.S., Porter, M., Tracy, E., **Allen, N.A.,** Berg, C.A. Diabetes Education Needs When Multiple Family Members Have Type 1 Diabetes. Association of Diabetes Care and Education Specialists Annual Conference. | Baltimore, MD, USA |
| 11/2021 | Alsulami, A., Dassel, K. B., He, Y., **Allen, N.** The Association Between Medicare Annual Wellness Visits and Detection and Management of Diabetes Among Older Adults. Gerontological Society of America | Phoenix, AZ |
| 08/2021 | \*Porter, M.E., Litchman, M.L**.**, Grigorian, E.G., Blanchette, J.E., **Allen, N.A**. Who Needs Diabetes Education? A Qualitative Analysis of Emerging Adults with Type 1 Diabetes. Association of Diabetes Care and Education Specialists Annual Conference.   * Won the conference research abstract award | Virtual Conference |
| 2021 | Tracy, E., Berg, C., Butner, J., de Grey, RK, Allen, N., Porter, M., Helgeson, V. Linkages between sleep quality and mental health among couples coping with type 1 diabetes across survey and daily diary methods. Society of Behavioral Medicine. Virtual Conference. | Virtual Conference |
| 6/2021 | Litchman, M.L., Ng, A., **Allen, N.A.,** Sanchez-Birkhead, A., Iacob, E., Rodriguez-Gonzales, B., Greenwood, D.A. Using a CGM plus Online Peer Support Community Intervention to Address Health Disparities. American Diabetes Association 81st Scientific Sessions. Virtual Conference. | Virtual Conference |
| 11/2019 | Berg, C. A., Suchy, Y., **Allen, N. A.,** Kent de Grey, R. G., Campbell, M. S., & Helgeson, V. S. Cognitive function in couples and collaborative involvement in type 1 diabetes management. Poster presented at Gerontological Society of America Meetings | Austin, TX |
| 08/2019 | Engh, E., Jensen, F.B., Colicchio, V., Kauwe, A.I., Beynon, C., Clark, N., Hull, W., Jung, S., Tiase, V., Wawrzynski, S., Woodruff, K., **Allen, N.A.**, & Clark, L. Challenging the conceptualization of the solo family caregiver: Self-care strategies among caregivers of individuals with cognitive impairment in the United States. Podium presentation at the Annual Meeting of the International Family Nursing Association, Washington, DC. | Washington D.C. |
| 03/2019 | Tracy, E. L., Berg, C. A., Kelly, C. Litchman, M., **Allen, N.A**., & Helgeson, V. S. Spillover and crossover effects of daily stressors among couples with type 1 diabetes: Relationship satisfaction as a moderator. Poster Presented at Society for Behavioral Medicine Meetings Washington, D.C. | Washington, D.C |
| 03/2010 | Tracy, E. L., Berg, C. A., Kent de Grey, R. G., Butner, J., Litchman, M. L., **Allen, N.A**.,&  Helgeson, V. S. (2019).  Daily sleep quality and diabetes management among adults with type 1 diabetes. Poster presented at the Society of Behavioral Medicine, Washington, DC, USA. | Washington, DC |
| 09/2016 | Litchman, M.L. & **Allen, N.A.** Real-Time Continuous Glucose Monitoring Facilitates Safety in Older Adults with Type 1 Diabetes: A Qualitative Analysis. Stanford’s Medicine X | Palo Alto, CA |
| 10/2016 | **Allen, N.A.,** Zagarins, Welch, G. Assessment of Social Distress in Primary Care Among  Latino Individuals with Type 2 Diabetes. Council for the Advancement of Nursing Science. | Washington D.C. |
| 10/2006 | **Allen, N.A.,** Fain, J., Braun, B., & Chipkin, S. Use of technology in a physical activity intervention for individuals with type 2 diabetes. Oral presentation at the Council for the Advancement of Nursing Science 2006 State of the Science Congress | Washington, D.C. |
| 09/1988 | Brooks, R. S., & **Allen, N.A**. Needs of family members of critically ill or injured patients during the inter-hospital transport period. Oral presentation at the Air Medical Transport Society’s Annual Convention | Chicago, IL |
| 09/1988 | **Allen, N.A**. and Osborn, C. and Wraa, C. and Foulke, G. Discontinuation of CPR: A first look at the national practice. Oral presentation at the Air Medical Transport Society’s Annual Convention | Seattle, WA |

1. Local Podium

| Dates | Title, Sponsor | Location |
| --- | --- | --- |
| 04/2017 | Gibson, B., Amador, E., Sanchez Birkhead, A., Litchman, M., **Allen, N.A.** A Community Centered Approach to the Development of a Comparative Effectiveness Research Question. Health Services Research Conference | Salt Lake City, UT |
| 10/2005 | Allen, N.A. History of Diabetes Nursing: 1914-1936. Oral presentation at the annual meeting of Sigma Theta Tau, Beta Zeta and Lamda Xi chapter | Holyoke, MA |

1. International Poster Presentations

|  |  |  |
| --- | --- | --- |
| Dates | Title, Sponsor | Location |
| 6/2023 | **Allen, N.A.,** Blanchette, J.E., Shah, N., Gonzales, B., Moraitis, A.M., Hilliard, M.E., Litchman, M.L. Qualitative Findings from D-COPES Emerging Adult Peer Connectors Pilot Study. American Diabetes Association 83rd Scientific Session | San Diego, CA |
| 11/2017 | Foster, N.A, **Allen, N.A**., Garrett, K.D., Wang A.Y., Briley, M.A, Duff, K., Ying, J., He,Y., Holbrook, R.A. Transdisciplinary Cognitive Specialty Care Improves Patient-Centered and Health System Outcomes. Alzheimer's Association International Conference | London, England |

1. National/Regional Poster Presentations

| Dates | Title, Sponsor | Location |
| --- | --- | --- |
| 11/2023 | Gee, J., Doyon, K., Alnajar, M., **Allen, N.** Game Changer: Using Virtual Reality to Engage Students with Social Determinants of Health. American Association of Colleges of Nursing Conference Gamification in Nursing Education: Making Learning Fun | Lake Buena Vista, FL |
| 04/2023 | Bristol, A.A., **Allen, N.A.** Using Diabetes Technology in Older Adults Dyads to Promote Collaboration. Western Institute of Nursing Research | Tucson, AZ |
| 04/2023 | Xiong, M.S., **Allen, N.A.,** Garrett, T. Needs Assessment, Student Success Programs for Racially/Ethnically Diverse Students. Western Institute of Nursing Research | Tucson, AZ |
| 03/2022 | Bailey, R., Miner, N., Waddoups, S., Metos, J., Allen, NA, Creating A Comprehensive Lifestyle Intervention For Stroke Survivors. American Heart Association Conference | Chicago, IL |
| 11/2021 | Wilson, R., **Allen, N.A.,** Sanchez-Birkhead, A. Using a Design Justice Approach to Inclusive Syllabi. AACN Diversity Symposium | Virtual Conference |
| 8/2021 | Porter, M.E., Litchman, M.L., Grigorian, E.G., Blanchette, J.E., **Allen, N.A**. Who Needs Diabetes Education? A Qualitative Analysis of Emerging Adults with Type 1 Diabetes. Association of Diabetes Care and Education Specialists Annual Conference.  Won the conference research abstract award. | Virtual Conference |
| 8/2021 | **Allen, N.A.,** Grigorian, E.G., Iacob, E., Mansfield, K. Berg, C.A. Litchman, M.L. RT-CGM Data Sharing in Older Adults: A Qualitative Study. Association of Diabetes Care and Education Specialists Annual Conference. | Virtual Conference |
| 6/2021 | **Allen, N.A.,** Litchman, M.L., Chamberlain, J., Grigorian, E., Iacob, E., Berg, C. Continuous Glucose Monitoring Data Sharing in Older Adults with Type 1 Diabetes and Their Care Partners. American Diabetes Association’s Behavioral Medicine & Psychology Interest Group 2021 Abstract Award in the Category of Innovative Research in Behavioral Medicine and Psychology in Diabetes. | Virtual Conference |
| 6/2021 | **Allen, N.A.,** Litchman, M.L., Mansfield, K., Grigorian, E., and Berg, C. RT-CGM Data Sharing in Older Adults: A Qualitative Study, ADCES21 Annual Conference. | Virtual Conference |
| 04/2019 | Jensen, F.B., Engh, E., Colicchio, V., Kauwe, A.I., Beynon, C., Clark, N., Hull, W., Jung, S., Tiase, V., Wawrzynski, S., Woodruff, K., **Allen, N.A.,** & Clark, L. Self-care strategies for caregivers of individuals with cognitive impairment. Poster presentation at the 52nd Annual Communicating Nursing Research Conference of the Western Institute for Nursing. | San Diego |
| 03/2019 | \*Tracy, E. L., Berg, C. A., \*Kelly, C. S., Litchman, M. L., **Allen, N.A.,** & Helgeson, V.S. Spillover and crossover effects of daily stressors among couples with Type 1 Diabetes: Relationship satisfaction as a moderator. 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. | Washington DC, USA |
| 03/2019 | \*Tracy, E. L., \*Kent de Grey, R.G. Turner, S.L., Helgeson, V.S., Butner, J. Litchman, M. L., **Allen, N.A.,** Berg, C.A. Daily sleep quality and diabetes management among adults with type 1 diabetes. 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. | Washington DC, USA |
| 09/2019 | Litchman, M.L., **Allen, N.A.,** Wawrzynski, S.E., Wilson, A., Gee, P.M., Gabel, H., & Berg, C.A. Does a Self-Directed Online Peer Support Intervention Improve Outcomes in Adults with Type 1 Diabetes? Council for the Advancement of Nursing Science. State of the Science Congress on Nursing Research: Precision Health. | Washington D.C., USA |
| 09/2018 | Colicchio, V., **Allen, N.A.,** Litchman, M.L., Yingling, L., Emador, El., Villalta, J. & Gibson, RT-GM Use in Low Income and Low Literacy Hispanics with T2DM: A Precision Health Tool. Council for the Advancement of Nursing Science. State of the Science Congress on Nursing Research: Precision Health. | Washington D.C., USA |
| 04/2018 | \*Wawrzynski, S.E. **Allen, N.A.,** Litchman, M.L. Study Screening and Recruitment Strategies for a Type 1 Diabetes Social Media Intervention. Western Institute of Nursing’s 51st Annual Communicating Nursing Research Conference. Sigma Theta Tau International, Nu Nu Chapter Poster Session. | Spokane, WA |
| 04/2018 | Yingling, L., Bednarchuk, A., Janamatti, A., Oakley-Girvan, I., **Allen, N.A.,** Gibson, B. Effect of Web-based Interactive Simulation on Clinician’s Outcome Expectancies and Intentions to Provide Physical Activity Counseling to Adults with Type-2 Diabetes (2018). Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine Conference Proceedings | New Orleans, LA |
| 03/2018 | Feehan, M., Durante, R., Ranker, L.R., McAdam-Marx, C., Montuoro, J.L., Litchman, M.L., **Allen, N.A.** Qualitative Research into the Barriers for Effective Patient Self-Management of Comorbid Diabetes, Obesity and Asthma.  American Pharmaceutical Association | Nashville, TN |
| 04/2017 | **Allen, N.A.,** Sanchez-Birkhead, A., Gibson, B., Litchman, M., Villalta, J. From Expert to Novice: Community Partner’s Perspectives and Strategies. Western Institute of Nursing’s 50th Annual Communicating Nursing Research Conference. | Denver, CO |
| 04/2017 | Litchman, M.L., **Allen, N.A.** & Berg, C. To Share or Not to Share? A Qualitative Analysis of RT-CGM Data Sharing with Care Partners. Conference Paper. Western Institute of Nursing’s 50th Annual Communicating Nursing Research Conference. | Denver, CO |
| 04/2016 | **Allen, N.A**. Sofija E. Zagarins Ph.D, Kelly D. Stamp Ph.D, Rebecca G. Feinberg MPH, Garry Welch Ph.D. How to Develop a Theory Based Intervention. Western Institute of Nursing | Anaheim, CA |
| 06/2013 | Zagarins, S., Pollard, N.E., Garb, J.L., **Allen,** **N.A.,** Skinner, S.S., Copeland, P.M. Patterns of A1c Change Following Weight Loss Surgery in Patients with Type 2 Diabetes and Prediabetes. American Diabetes Association’s 73nd Scientific Assembly | Chicago IL |
| 11/2012 | Nguyen, T., Tran, T. V., **Allen, N.A.,** Chan, K, Lee, H. Bodyweight, Lifestyles, Type 2 Diabetes and Heart Disease among Foreign-Born Older Adult Vietnamese Americans. 65th Annual Scientific Meeting of the Gerontological Society of America | San Diego, CA |
| 06/2012 | **Allen, N.A**., Stamp, K., Lehrer, S., Zagarins, S., Welch, G. Telehealth Program for Medicaid Patients with Type 2 Diabetes Lowers Hemoglobin A1c. American Diabetes Association’s 72nd Scientific Assembly | Philadelphia, PA |
| 04/2010 | **Allen, N.A.,** Whittemore, R., Melkus, G.D. Changing Physical Activity Behavior Using Problem-Solving and Physiological Feedback in Women with Type 2 Diabetes. Eastern Nursing Research Society 22nd Scientific Session | Providence, RI |
| 06/2009 | Wagner, J., **Allen, N.A.,** Swalley, L.M., Melkus, G.D., Whittemore, R. Depression, Depression Treatment, and Insulin Sensitivity in Adults at Risk for Type 2 Diabetes. American Diabetes Association 69th Scientific Assembly | New Orleans, LA |
| 03/2009 | **Allen, N.A.,** Melkus, G.D., Chyun, D.A. Physical Activity Over Time in Black Women with Type 2 Diabetes and Related Behavioral and Physiological Factors. Poster presentation at Eastern Nursing Research Society 21st Scientific Session | Boston, MA |
| 06/2008 | **Allen, N.A.,** Melkus, G.D., Langerman, S., Jefferson, V., Chyun, D.A. Physical activity in Black Women with Type 2 Diabetes and Related Physiological and Behavioral Factors. American Diabetes Association 68th Scientific Assembly | San Francisco, CA |
| 04/2004 | **Allen, N.A.,** Evaluating the Use of Technology to Monitor Exercise and Glucose Control in Individuals with Diabetes. 16th Annual Scientific Sessions of the Eastern Nursing Research Society | Quincy, MA |

1. Local Poster Presentations

| Dates | Title, Sponsor | Location |
| --- | --- | --- |
| 11/2021 | **Allen, N.A.,** Bristol, A., Grigorian, E., Iacob, E., Berg, C., Litchman, M.L. Using Telehealth To Deliver a SHARE *plus* Intervention to Older Adults with Type 1 Diabetes and Their Care Partners. University of Utah Diabetes and Metabolism Research Conference Symposium | Salt Lake City, Utah  Virtual |
| 11/2019 | **Allen, N.A.,** Litchman, M.L., Doyle-Delgado, K., Chamberlain, J., Grigroian, E. & Berg, C.A. RT-CGM Data Sharing With Care Partners of Older Adults With and Without Cognitive Decline: A Feasibility Protocol. Utah American Association of Diabetes Educators (AADE) Conference, Poster Presentation. First Place Award. | Salt Lake City, Utah. |
| 04/2019 | **Allen, N.A.,** Litchman, M.L., Murray, J., Brunker, C., Berg, C.A. RT-CGM Data Sharing Between Older Adults with and without Cognitive Decline and their Care Partners: A Feasibility Study Protocol. Center on Aging Conference | Salt Lake City, UT |
| 04/2019 | Aubree Earnest, Larry Garrett, Kathy Owens, Kate Nederostek, **Nancy Allen**, Increasing Dementia Training in Long-Term Care **Social Science Award: Aubree Earnest**  **Center on Aging Conference** | Salt Lake City, UT |
| 04/2019 | Morgan, D., **Allen, N.A.** A Nurse Practitioner Dementia Comanagement Model in Primary Care. Center on Aging Conference | Salt Lake City, UT |
| 04/2018 | Yingling, L., **Allen, N.,** Litchman, M., Deazevedo, V., Amador, E., Villalta, J., Gibson, B. Understanding Integration of Wearable Sensors for Diabetes Self-Management in Hispanic and Latino Communities (2018). Poster presented at the 13th Annual Utah Health Services Research Conference. | Salt Lake City, UT |
| 04/2016 | Mossar, M.J. and **Allen, N**.  Recruitment of Ethnically Diverse Populations in Diabetes Research, Research on Capitol Hill | Salt Lake City, UT |

1. Invited Speeches / Lectures / Demonstrations

Presentations

| Dates | Title, Sponsor | Location |
| --- | --- | --- |
| 02/2024 | **Allen, N.A.** The care of older adults with diabetes.  College of Social Work, University of Utah | Salt Lake City, UT |
| 05/2023 | **Allen, N.A.,** Cukierman-Yaffe, T., Huang, E**.** Future directions: Promise of new drugs and technology. 4th Realigning Diabetes Regimens in Older Adults: a 4S Pathway to Guide Simplification and Deprescribing Strategies, International Geriatric Diabetes Society Workshop | Boston, MA |
| 02/2022 | **Allen, N.A.,** RN led Dementia Webinar. NEPQR Award | University of Utah, Salt Lake City, Utah |
| 10/2021 | **Allen, N.A.,** Differential Diagnosis of Dementia  Adult Geriatric Psychiatric Mental Health Lecture for NURS 7360 | University of Utah, Salt Lake City, Utah |
| 06/2019 | **Allen, N.A.,** Diagnosis and Etiology of Dementia. Intermountain Project Echo Dementia Care | Salt Lake City, UT |
| 04/2019 | **Allen, N.A.,** Development of Self-Management for Persons with Mild Cognitive Impairment Scholars’ visit from USA | Lausanne, Switzerland |
| 04/2019 | **Allen, N.A.** Advanced Nursing Practice and the role of the Nurse Practitioner. Scholars’ visit from USA | Lausanne, Switzerland |
| 04/2019 | **Allen, N.A**. Successful Conversations with Families and Individuals with Memory Problems. Generations Conference | Salt Lake City, UT |
| 12/2018 | **Allen, N.A.** Cognitive Screening and the Dementia Evaluation. The Utah Geriatrics Education Symposium | Salt Lake City, UT |
| 11/2018 | **Allen, N.A.** Diabetes Foot Problems. Sorenson Center: Diabetes and Chronic Disease Support Group | West Valley City, UT |
| 11/2018 | **Allen, N.A.** Diabetes and Dementia: Screening Before Education. Annual AADE Diabetes of Utah Conference | Salt Lake City, UT |
| 10/2018 | **Allen, N.A.** How to Keep Your Brain Health as You Age. Sandy Senior Day Conference | Sandy, UT |
| 10/2018 | **Allen, N.A.** Yingling, L., Litchman, M., Villalta, J., Gibson, B. Optimizing Digital Health Tools for Diabetes Self-Management in a Hispanic Community. Diabetes and Metabolism Research Center Research Symposia | Salt Lake City, UT |
| 08/2018 | **Allen, N.A.** Strategies for Working with Dementia Patients and Their Families. Utah Department of Public Health; Dementia Dialogues Conference | Salt Lake City, UT |
| 04/2018 | **Allen, N.A**. Neurologic and Neuropsychological Assessment. University of Utah Interprofessional Seminar Series on Aging | Salt Lake City, UT |
| 03/2018 | **Allen, N.A.,** Villalta, J. Community Partners as Our Teachers in the Conduct of Research, Health Services Research Conference, **Local Keynote Speaker** | Salt Lake City, UT |
| 08/2017 | **Allen, N.A****.** Cognitive Screening and Early Detection of Dementia Snowbird Conference for NP/PA’s | Snowbird, UT |
| 04/2017 | **Allen, N.A.** Cognitive Impairment: Assessment and Evaluation University of Utah: Aging Interdisciplinary Seminar | Salt Lake City, UT |
| 03/2017 | **Allen, N.A.** PCORI Research. University of Utah, College of Nursing | Salt Lake City, UT |
| 10/2016 | **Allen, N.A., Shane-McWorter L.,** Mentoring and Motivating New Educators and Students to Involve Patients in Their Own Care Utah AADE Conference | Salt Lake City, UT |
| 06/2015 | **Allen, N.A.** Using Technology to Change Behavior in Patients with Type 2 Diabetes. Invited Lecture | College of Medicine, University of Utah |
| 04/2014 | **Allen, N.A.** Diabetes, Technology, and Behavior Change, College of Nursing Board of Directors | University of Utah, College of Nursing |

8. Media

| Dates | Organization/Site | Type of Media |
| --- | --- | --- |
| 2017 | Real-time CGM use improves perceived safety, well-being in older adults with type 1 diabetes [Endocrine Today](https://www.healio.com/news/endocrinology/20170413/realtime-cgm-use-improves-perceived-safety-wellbeing-in-older-adults-with-type-1-diabetes) | Electronic Media |
| 2018 | New App Motivates Type 2 Diabetes Patients To Be More [Active](https://healthcare.utah.edu/press-releases/2018/01/new-app-motivates-type-2-diabetes-patients-be-more-active)  UHealth | Electronic Media |
| 2018 | University of Utah Inclusive Excellence [Awards](https://uofuhealth.utah.edu/inclusion/news/2018/09/inclusive-excellence-awards) | Electronic Media |
| 2021 | College of Nursing Hosts Inaugural Summer Camp for Racially and Ethnically Diverse Middle [Schoolers](https://nursing.utah.edu/blog/2022/08/youth-summer-camp-2022) | Electronic Media |
| 2022 | Situational “Humility” Training Program Selected As Winners of Inaugural Reality Education [Grant](https://library.med.utah.edu/blog/eccles/2022/05/18/situational-humility-training-program-selected-as-winners-of-inaugural-virtual-reality-education-grant/). | Electronic Media |
| 2023 | Advancing Acute Care Nurses to Address and Manage Social Determents of [Health](https://nursing.utah.edu/advance-acute-care-nurses-manage-sdoh) | Electronic Media |
| 2023 | UH Nurse-Scientist Looks to Boost Financial Literacy to Improve Health Outcomes for Young Adults with Type 1 [Diabetes](https://www.uhhospitals.org/for-clinicians/articles-and-news/articles/2023/05/nurse-scientist-to-boost-financial-literacy-for-type-1-diabetes) | Electronic Media |
| 2023 | Update: VR Award [Winner](https://library.med.utah.edu/blog/eccles/2023/03/16/update-vr-award-winner/) | Electronic Media |
| 2023 | SDoH in the news: Virtual reality program aims to address SDoH; Health inequities could triple cost of health care [by 2040](https://www.risehealth.org/insights-articles/sdoh-in-the-news-virtual-reality-program-aims-to-address-sdoh-health-inequities-could-triple-cost-of-health-care-by-2040-and-more/) | Electronic Media |
| 2023 | Medical Students to Use VR to address Social Determinants of Health. [Health Leaders](https://www.healthleadersmedia.com/) | Electronic Media |

**H. FACULTY PRACTICE**

| Dates | Organization/Site | Role/Activity |
| --- | --- | --- |
| 7/15-5/2021 | Cognitive Disorders Clinic | Adult NP-Board Certified |
| 4/2014-11/2015 | Utah Diabetes and Endocrinology Center | Adult NP-Board Certified |

**I. PROFESSIONAL ORGANIZATIONS & SERVICE**

1. College of Nursing Committees

| Years | Committee | Role |
| --- | --- | --- |
| 2023 | TACTUS Research Innovation Team | Chair |
| 2023 | Research Committee | Member |
| 2023 | Search Committee | Member |
| 2020-present | DNP Curriculum Committee | Member |
| 2020 | Diversity, Equity, Inclusion and Outreach  Fredrick Q. Lawson Excellence in Teaching Endowed Chair Search Committee | Co-chair  Chair |
| 2019-2020 | Outreach and Inclusion | Chair |
| 2018-2019 | NP-PhD Task Force | Member |
| 2018-present | GRE Task force | Member |
| 2018-2020 | Outreach and Inclusion | Member |
| 2017-2019 | RITe: Information, Technology and Health | Co-Chair |
| 2016-2020 | Awards and Recognition Committee | Chair |
| 2015-2016 | PhD Research Scholarship Task Force | Member/Chair |
| 2014-2017 | Undergraduate Research Scholarship Committee | Member |
| 2014-2020 | Awards & Recognitions Committee | Member/Chair |
| 2013-present | PhD Committee | Member |
| 2013-2013 | Educational Program Committee | Member |
| 2010-2012 | Master’s Curriculum Committee | Member |
| 2010-2013 | Grievance Committee | Member |
| 2010-2013 | Graduate Nursing Association Faculty Advisor | Advisor |

1. Health Sciences Center Committees

| Years | Committee | Role |
| --- | --- | --- |
| 2019-2020 | Diabetes Metabolism Research Center conference planning committee | Committee Member |
| 2012-2013 | Research Review Committee for Massachusetts General Hospital Nursing Research Day | Research Reviewer |

1. University Committees

| Years | Committee | Role |
| --- | --- | --- |
| 2021-2022 | EDI Think Tank | Member |
| 2020-2021 | MEDIVERSITY Planning Committee | Member |

1. Professional Organizations

| Years | Committee | Role |
| --- | --- | --- |
| 2021 -present  2015 to present  2015-present  2015-present  2014-present  2014-2023  2014-present  2014-present  2011-2013 | Association of Diabetes Care and Education Specialists  Alzheimer’s Disease and Related Dementias Coordinating Counci  Dementia Competent Workforce Taskforce  Academy of Health Science Educators  Utah Chapter of the National Hispanic Nurses Association  Sigma Theta Tau Gamma Rho Chapter  Western Institute of Nursing  Utah Nurse Practitioner  Eastern Nursing Research Society | Fellowship Committee Co-Chair, Research Committee Member,  Board Member  Member  Treasurer/Secretary  Research Review Committee Chair  Member  Member  Awards Committee |
| 2010- 2013 | Sigma Theta Tau Alpha Chi Chapter | Research Review Committee |
| 2000-present | American Diabetes Association | Member |
| 2003-present | American Association of Diabetes Educator | Member |
| 2000-2009 | Collegiate Commission for Nursing Education | Site Reviewer |
| 1999-2001 | Utah State Board of Nursing | Chair |
| 1998-2001 | National Council for State Boards of Nursing | Advanced Practice Committee |
| 1998-2001 | Medical Credentials Committee University of Utah Hospital | Committee Member |
| 1995-1999 | Utah State Board of Nursing | Board Member |
| 1995-1999 | Interdisciplinary Credentialing Committee University of Utah | Chair, Board Member |
| 1983-present | American Nurses Association | Member |

1. Consultation and Boards

| Mo/Yr | Firm/Client | Role |
| --- | --- | --- |
| 1/2015-01/2018  10/2015  10/2021-present  10/2021-01/2024 | Utah American Diabetes Association Board  Medtronic; First Type 2 Diabetes and CGM Consultation Board  Diathrive Health  Dexcom Inc. | Mission Specialist  Consultant  Consultant  Consultant |

1. Other

**J. COMMUNITY SERVICE**

| Dates | Organization/Site | Role/Activity |
| --- | --- | --- |
| 01/2021-11/2022  07/2017-2020  10/2014-11/2015  2014-2015 | Utah Association of Diabetes Care and Education Specialist Conference  Hispanic Community Support Group, West Valley City, Utah  Collaborative Nursing Research Conference  Utah American Diabetes Association Expo | Planning Committee  Co-Chair  Planning Committee  Planning Committee |

**K. INTERNATIONAL TEACHING AND SERVICE ACTIVITIES**

| Dates | Organization/Site | Role/Activity |
| --- | --- | --- |
| 2015-2017 | University of Lausanne | External PhD Faculty Member |

**L. OTHER**

UROP students- mentored 4 students 2014-2015

UROP students- mentoring 1 student 2015-2016

**SECTION II**

**M. CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY**

1. Courses Taught Over Past 5 Years (Indicate role: single instructor; lead teacher; team member, discussion leader, etc.

| Year | Course No. | | | Title | Credit Hrs. | | Number | | | Role |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 2020-present | | NURS 7703 | DNP Scholarly Project | | | 3 | | 100 | Lead/co-lead | |
| 2019-present | | NURS 7702 | DNP Scholarly Project | | | 3 | | 100 | Lead/co-lead | |
| 2019-present | | NURS 7701 | DNP Scholarly Project | | | 2 | | 100 | Lead/co-lead | |
| 2017-2019 | | NURS 7701, 7702,7703 | DNP Scholarly Project | | | 2, 3, 3 | | 90 | Co-Lead | |
| 2015 | | NURS 7020 | Advanced Health Assessment and Health Promotion | | | 3 | | 45 | Instructor | |
| 2014-2016 | | NURS 7015 | Leadership and Advocacy | | | 2 | | 35-70 | Lead Instructor | |
| 2013-present | | NURS 7701, 7702, 7703 | DNP Scholarly Project II | | | 3 | | 5-6 | Project Chair | |
| 2009-2013 | | NURS 417 | Advanced Practice Nursing in Complex Health Care Systems (Professional Roles Course) | | | 3 | | 45 | Lead Instructor | |
| 2009-2013 | | NURS 463 | Advanced Practice Adult Health Nursing I (Adult/Gero NP Course) | | | 3 | | 45 | Lecturer | |
| 2013 | | NURS 524 | Graduate Research Independent Study | | | 3 | | 1-2 | Lead Instructor | |
| 2012 | | NURS 525 | Integrative Literature Review Independent Study | | | 3 | | 1 | Lead Instructor | |
| 2012-2013 | | NURS 420 | Advanced Pharmacology | | | 3 | | 120 | Lead Instructor | |
| 2012-2013 | | NURS 204 | Pharmacology and Nutrition Therapies | | | 3 | | 80 | Lead Instructor | |

1. Development New Courses/Redesign

| Year | Course No. | Title | Credit Hrs. | Number |
| --- | --- | --- | --- | --- |
| 2014 | NURS 7015 | Leadership and Advocacy | 3 | 35 |
| 2012 | NURS 420 | Advanced Pharmacology | 3 | 80 |
| 2012 | NURS 204 | Pharmacology and Nutrition Therapies | 3 | 120 |
| 2010 | NURS 417 | Advanced Practice Nursing in Complex Health Care Systems (Professional Roles Course) | 3 | 45 |

1. Revision of Courses

| Year | Course No. | Title | Credit Hrs. | Number |
| --- | --- | --- | --- | --- |
| 2018 | NURS 7701,7702, 7703 | DNP Scholarly Project- multiple innovations including replacement of outcome products (manuscript, ppt presentation, poster presentation) and weekly assignments to breakdown complex material | 2 | 87-110 |
| 2017 | NURS 7701 | DNP Scholarly Project | 2 | 87-110 |
| 2017 | NURS 7702 | DNP Scholarly Project | 3 | 87-110 |

1. Honors Students Supervised or Taught
2. Independent Study / Faculty Consultation

| Year | Level/Student Name | Number |
| --- | --- | --- |
| 2017-present | Research Immersion (4 students) |  |
| 2010 | Community Research Program AHANA supervisor for 1 student. Student conducted a secondary data analysis and presented in Washington, D.C. June 2010 at Inter-University Program for Latino Research – Summer Institute for Latino Public Policy |  |

1. Graduate Students Supervision
2. Master’s Thesis / Project

| Year | Student Name | Role |
| --- | --- | --- |
| 2021  2019-2020  2015-2018 | Vic Tolley & Allegra Robinson  Jessica Sorenson  Leah YingLing | Capstone Project  Committee Member: Weber State University  Committee Member: Medical Informatics, University of Utah |

1. Dissertations

| Year | Student Name | Role |
| --- | --- | --- |
| 2023- present  2023- present  2022- present  2021- present  2021-2023  2021- present  2020-2021  2019-2021  2019- present  2016-2017  2014-2015 | Fiona Horner Carnegie Mellon University (postdoc)  Synneva Hagen-Lillevik (postdoc)  Michelle Boakye (postdoc) Villanova University  Lisa Berry  MJ Tran  Denise Crimson  Julia Blanchette (postdoc)  Vanessa Colicchio  Shahrzad Bahabadi School of Public Health  Linda Hoffman  Jill Olausson | Faculty Mentor  Faculty Mentor  Faculty Mentor  Committee Member  Committee Member  Committee Member  Committee Member  Faculty Mentor  Committee Member  Committee Member  Committee Member |

1. DNP Scholarly Project

|  |  |  |
| --- | --- | --- |
| Year  2023  2022  2022  2022  2021  2021  2021  2021  2021  2021  2021  2020  2020  2020  2019  2019  2019  2019  2019  2019  2019  2019  2019  2019  2019  2018  2018  2018  2018 | Student Name  Vic Tolley  Grace Woo  Lauren Reynolds  Mai See Xiong  Minerva Martinez  Kelsey Crapo  Kerry Magiske  Jessica McCulloch  AnneMarie Rousseau  Bhagawat Acharya  Minerva Martinez  Liza Kasavana  Jeff Hale  Molly Asper  Josh Twitchell  Necia Dalley  Jason Farris  Clint George  Heather Kramble  Tori Bill  Julie Fitzwilliam  Dana Jolley  Deborah Morgan  Landon Moyers  Shawn Warren  Molly Teas  Sarah Simmons  Christina Martin  Sandra Gutierrez | Role  Project Chair  Project Chair  Project Chair  Project Chair  Content Expert  Project Chair  Project Chair  Project Chair  Project Chair  Content Expert  Content Expert  Project Chair  Project Chair  Project Chair  Content Expert  Content Expert  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair |
| 2018  2017  2017  2017  2017  2017  2016  2016  2016  2016  2015  2015  2015  2015  2015  2015  2014  2014  2014  2014  2014  2014  2013  2013  2013  2013  2013  2013 | Anna Dalton  Christina Martin  Sandra Gutierrez  Sarah Simmons  Amelia Teas  Anna Dalton  Karen Gilbert  Young Yoon  Eric Howe  David Cluff  Jared Gates  Shaun Gunderson  Katie Krill  Brett Carroll  Ashle Crane  Gretchen Anderson  Jenna Sweet  Anneliesa Allred  Dawn Hardwick  Nancy L’Heureux  Megan Bostwick  Scott Webster  Katie Byrd  Elizabeth Cardenas  Irene Chong  Wendy Maxwell  Ricki Worthen  Melissa Wanserski | Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Content Expert  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Project Chair  Content Expert |

**N. Teaching Evaluation**

2019 DNP Scholarly Project NURS 7703 Center For Teaching and Learning Online Course Evaluation

2019 Peer Evaluation Dr. Harden

2016 Leadership and Advocacy NURS 7015 Center For Teaching and Learning Online Course Evaluation

**O. Faculty Teaching Mentoring**

2021 Julie Gee RN, PhD Assigned Mentee

2019- Present 25 Faculty in DNP Scholarly Project (weekly mentoring meetings)