BIOGRAPHICAL SKETCH

NAME: Rebekah Perkins

POSITION TITLE: Assistant Professor (Clinical)

EDUCATION/TRAINING

| INSTITUTION AND LOCATION | DEGREE(if applicable) | COMPLETION DATEMM/YYYY | FIELD OF STUDY |
| --- | --- | --- | --- |
| Utah Valley University, Orem, Utah | BSN | 12/2013 | Nursing |
| University of Utah, Salt Lake City, Uta7 | MS | 05/2017 | Gerontology |
| University of Utah, Salt Lake City, Utah | PhD | 05/2020 | Nursing |

1. **Personal Statement**

**I have an extensive background in gerontological nursing research, practice, and education. Both my Master’s of Science in Gerontology and PhD in research where focused on my passion for disease prevention and care management in the older adult population. During my dissertation, I gained in-depth experience in observing and interviewing expert nurses to study nurse intuition in clinical decision-making for persons with dementia experiencing unmet needs. As a nurse clinician, I have over ten years of experience, and six years (specifically) as a nurse and care manager caring for older adults in both acute and primary care settings. My teaching experience includes over two years of teaching and advising students as an Assistant Professor at the University of Utah College of Nursing. I teach Evidence-Based Practice, Professional Roles, and gerontological nursing content across the Baccalaureate Nursing and Gerontology Interdisciplinary Programs. Currently, I am a co-lead on the GWEP LTC Nurse Residency Program and the UGEC Community Programs/LTSS Workforce, a co-investigator on the University of Utah College of Nursing Excellence in Education (CONExED) grant titled:** *Promoting Age Inclusivity to Enhance Educational Excellence with the University of Utah College of Nursing*, and a co-investigator on the University of Utah 1U4U grant titled: *Enhancing Age Inclusivity at the University of Utah: A Participatory Research Approach to Assessing Needs and Measuring the Impact of Age-Friendly Practices at R-1 Institutions of Higher Education*.

1. **Positions & Honors**

**2022-Present Sigma Phi Omega, Alpha Chi Chapter (Member), University of Utah**

**2022-Present Sigma Theta Tau, Gamma Rho Chapter (Board Member-Treasurer), University of Utah**

**2020-Present Assistant Professor (Clinical), Gerontology Interdisciplinary Program, Baccalaureate Nursing Program, RN-BSN Program, University of Utah, SLC, Utah**

**2019-2020 Adjunct Assistant Professor, Gerontology Interdisciplinary Program, Baccalaureate Nursing Program, University of Utah**

**2017-2022 Nurse Care Manager, University of Utah/Huntsman Cancer Institute, SLC, UT**

2016-2018 Noorda-Hartford Scholar & Jonas Nurse Leader Scholar, University of Utah

**2016-2017 Charge Nurse, Brookdale Senior Living Solutions, SLC, UT**

2015 Outstanding Masters Student, University of Utah, SLC, UT

**C. Presentations**

**Perkins, R.,** Supiano, K., Cashdan, E., Edelman, L. (2023). The Value of Nurse Intuition in the Context of Meeting the Needs of a Person Living with Dementia. (Poster). *Gerontological Society of America.* Tampa, FL.

Friberg-Felsted, K. & **Perkins. R.** (2023). Qualitative Effects of Mindfulness-Based Stress Reduction in Older Adults Receiving Physical Rehabilitation in a Skilled Nursing Facility. (Symposium Podium Presentation). *Gerontological Society of America*, Tampa, FL.

**Perkins, R. & McLeskey, N. (2023) Using the 4Ms framework to guide innovative didactic and experience-based learning curriculum for a pilot geriatric nursing course. (Poster). *American Geriatrics Society*, Long Beach, CA.**

**Perkins, R., Haynes, R., Luther, B., & Wallace, A. (2022) Facilitators and barriers to implementation of a social needs assessment screener: A pilot quality improvement project (Podium Presentation). *Western Institute of Nursing*. Portland, OR.**

**Perkins, R., Supiano, K., & Cashdan, E. (2019) A pilot study to test methods for data collection on nurses caring for residents with dementia in the nursing home setting. (Poster) *Gerontological Society of America Annual Meeting*. Austin, TX.**

**Perkins, R., Supiano, K., & Cloyes, K. (2019). Describing a concept of nurse intuition and implications for dementia care. (Poster). *Gerontological Society of America Annual Meeting*. Austin, TX.**

**Perkins, R., Litchman, M., & Guo, J. (2018). Symposium: Innovations in obtaining person-generated data across the lifespan. (Poster-Spotlighted for Best Practice). *Western Institute of Nursing Annual Meeting*. Spokane, WA.**

**Jackson, N. Tadesse, R., Perkins, R., & Clark, L. (2017). Grandparents of grandchildren with Down syndrome: Re-calibrating expectations for the future. (Poster). *Genomics and Society: Expanding the ELSI Universe*. *The 4th ELSI Congress Annual Meeting*. Farmington, CT.**

**Tadesse, R., Perkins, R., Jackson, N., & Clark, L. (2017). Grandparents of grandchildren with Down syndrome: Information seeking stages. (Poster). *Western Institute of Nursing Annual Meeting*. Denver, CO.**

**Perkins, R., Towsley, G.L., Friberg-Felsted, K., Dassel, K.B., & Edelman, L.B. (2016). Yoga for seniors: Understanding their beliefs and barriers to participation (Poster). *Western Institute of Nursing*. Anaheim, CA.**

**Perkins, R., Goding, A., LaStayo, P., Marcus, R., Dassel, K., Sanders, N. & Edelman, L. (2015). Building reserve: Physical activity and pre-frail older adults. (Podium Presentation). *University of Utah of Utah Center on Aging Retreat*. SLC, UT.**

**Peer-Reviewed Publications**

Clark, L.,Canary, H., McDougal, K., Tadesse, R., **Perkins, R**., Holton, A. (2020). Family sense-making after a Down Syndrome diagnosis. *Qualitative Health Research.*1049732320935836. https://doi.org/10.1177/1049732320935836

Beynon, C., **Perkins, R.,** Edelman, L. (August, 2020). Breaking down stigma: Honoring nursing home staff during COVID-19 [Editorial]. *Journal of Gerontological Nursing*.

**Perkins, R.,** Dassel, K., Felsted, K.F., Towsley, G., & Edelman, L. (2020). Yoga for seniors: understanding their beliefs and barriers to participation. *Educational Gerontology.* 46(7), 382-392. https://doi.org/10.1080/03601277.2020.1765274