Dr. Jess Tidswell

Originally from Rhode Island, I have been living in Utah since 2003. I have been a Physical Therapist since 2002. I am also an Athletic Trainer and a Board-certified Sports Physical Therapist. I work clinically with the University of Utah student-athletes in the Athletic Training facility in the Sorenson High Performance Center in HPER West. Go Utes! I graduated from the University of Utah Athletic Training Program in December of 2008, 6 ½ years after receiving my Doctor of Physical Therapy degree from Duke University.

I love to teach and share my passion and enthusiasm for Athletic Training with my students and I am proud to give back to the program that gave so much to me. When I am not teaching the Athletic Training students or helping the Utah athletes, you can find me enjoying time outdoors with my husband, Ben, and two Labradors, skiing, biking or taking photographs.