

Jacque Lynn Bell, MFA

Modern Dance Choreographer & Certified Alexander Technique Instructor

Biosketch

Updated: 15 February 2019

Jacque Lynn Bell is a dancer, choreographer, and an AmSAT certified instructor of the Alexander Technique. She began teaching the Alexander Technique after graduation from New York City's American Center for the Alexander Technique in 1993. Ms. Bell has taught at the SoHo Center for the Alexander Technique in New York City where she lived, choreographed, and performed from 1982-1998 intermittently. She has developed the Alexander Technique program, based on the Julliard model, for the Actor Training Program in the Department of Theatre at the University of Utah, where she also teaches Movement for Actors. Ms. Bell has a Bachelor of Science in Psychology and a Master of Fine Arts in Dance and Choreography from the University of Utah. She has also taught as an Associate Lecturer for the Dance Department at Brigham Young University and has also taught modern dance at the University of Utah and Utah Valley University. Her teaching, performing, and choreography have taken her throughout the world including presentations in the United States, Canada, Europe, Japan, and the Philippines. She has been a movement specialist for the National Endowment for the Arts and was a Teaching Artist for Dance and Theatre at the Lincoln Center Institute for the Performing Arts in New York City for many years. Ms. Bell's article "Dance and the Alexander Technique" was published in the second edition of *Dance Kinesiology* in 1996. Most recently, she, along with Barton Poulson of Utah Valley University, created a major art and technology performance for Repertory Dance Theatre. In addition, with Barton Poulson and Nichole Ortega of Utah Valley University, she received a major grant to create "Dance Loops," a performance for interactive dance and video, which performed at local and national events in the spring of 2014. In November of 2015, she created *SHE*, a piece commissioned by Repertory Dance Theatre for their fiftieth anniversary season.