

I earned a doctorate in Counseling Psychology from the University of Utah in 1984 and have been licensed as a psychologist in the State of Utah since 1985. My areas of clinical interest include women's issues, multicultural issues, career development, depression/anxiety management, and positive psychology. I integrate humanistic, feminist, and cognitive behavioral theories in my counseling work. I have taught graduate courses in Motivation and Emotion; Core Practicum in Counseling Psychology, Vocational Assessment and Theory, Use and Interpretation of Tests, and History and Systems of Psychology. I enjoy hiking, gardening, and watching British comedies on PBS.