# Joanna M. Drinane, Ph.D.

Curriculum Vitae

#### **CONTACT INFORMATION**

University of Utah Department of Educational Psychology College of Education 1721 Campus Center Drive, Office 3268 Salt Lake City, Utah 84112 Telephone: 801-587-1735 (office), 845-323-1467 (cell) Email: Joanna.Drinane@utah.edu

#### **EDUCATION**

| 2018      | Ph.D. Counseling Psychology (APA Accredited)<br>University of Denver, Denver, CO                               |
|-----------|--|
|           | Dissertation: The Impact of Sudden Gains and Deteriorations on the<br>Psychotherapy Process                    |
| 2017-2018 | Pre-Doctoral Intern, University Counseling Center (APA Accredited)<br>University of Maryland, College Park, MD |
| 2014      | M.Ed. Counseling Psychology<br>University of Louisville, Louisville, KY  |
| 2010      | B.S. Clinical Psychology and Spanish<br>Tufts University, Boston, MA   |

#### **PROFESSIONAL APPOINTMENTS**

| 2018 - Present | Assistant Professor, Department of Educational Psychology |
|----------------|---|
|                | University of Utah, Salt Lake City, UT                    |

#### LICENSURE

2019 – Present Psychologist: State of Utah (#11450397-2501)

#### **AWARDS AND HONORS**

| 2023 | Early Career Research and Scholarship Award (\$500)<br>College of Education, University of Utah, Salt Lake City, UT                |
|------|--|
| 2022 | Dean's Research Fellowship Award (\$65,000 per year for two years)<br>College of Education, University of Utah, Salt Lake City, UT |
| 2018 | Student Award Competition (\$250)  |

|      | Division 17, Section for the Promotion of Psychotherapy Science  |
|------|--|
| 2017 | Outstanding Achievement in Research Award<br>Department of Counseling Psychology, University of Denver, Denver, CO   |
| 2017 | COESA Leadership Award<br>College of Education Student Association, University of Denver, Denver, CO   |
| 2017 | Nominee: Outstanding Graduate Student Award<br>Council of Counseling Psychology Training Programs  |
| 2016 | Dissertation Award (\$2,500)<br>Compassionate Action Scholarship Fund, College of Education, University of Denver,<br>Denver, CO   |
| 2015 | Most Valuable Paper Award (\$500)<br>Editorial Board for <i>Psychotherapy</i><br>[Owen, J., Drinane, J.M., Idigo, K.C., & Valentine, J., (2015). Psychotherapist effects in<br>meta-analyses: How accurate are treatment effects?] |
| 2015 | Inclusive Engagement Fellowship (\$1,000)<br>Office of Graduate Studies, University of Denver, Denver, Colorado  |
| 2015 | Honors: Counseling Psychology Doctoral Comprehensive Exam<br>University of Denver, Denver, CO  |

## PEER REVIEWED ARTICLES (\*Denotes student)

- [30] Wilcox, M. M., Winkeljohn Black, S., Farra, A., Pollard, E., Drinane, J. M., Tao, K. W., DeBlaere, C., Hook, J. N., Davis, D. E., Watkins, C. E., Jr., & Owen, J. (in press). Cultural Humility and Racial Microaggressions in Cross-Racial Clinical Supervision: A Moderated Mediation Model. *Journal of Counseling Psychology*.
- [29] Winkeljohn Black, S., Drinane, J. M., & Akef, Z. (2023). Detecting microaggressions toward a Muslim client in psychotherapy. *Professional Psychology: Research and Practice*, 54(6), 461– 469. <u>https://doi.org/10.1037/pro0000528</u>
- [28] Coleman, J. J., Drinane, J. M., Owen, J., Sinha, S., Porter, E. F., Agorsor, C., DeBlaere, C., & Davis, D. E. (2023). Psychotherapy with clients who are incarcerated: Therapists' multicultural orientation, alliance, and outcomes. *Professional Psychology: Research and Practice.* Advance online publication. <u>https://doi.org/10.1037/pro0000522</u>
- [27] Wilcox, M. M., Winkeljohn Black, S., Farra, A., Zimmerman, D., Drinane, J. M., Tao, K. W., DeBlaere, C., Hook, J. N., Davis, D. E., Watkins, C. E., Jr., & Owen, J. (2023). Cultural humility, cultural comfort, and supervision processes and outcomes for BIPOC supervisees. *The Counseling Psychologist.*

[26] Owen, J., Sinha, S., Crabtree Polser, G., Hangge A., Davis, J., Blum, L., & Drinane, J. M. (2023).

Meta-Analysis of Couple Therapy in Non-Randomized Clinical Trial Studies: Individual and Couple Level Outcomes. *Family Process.* 

- [25] **Drinane, J.M.**, Owen, J. & Kopta, S.M. (2023). Sudden gains and deteriorations in psychotherapy: Modeling the impact across outcomes with university counseling center clients. *Journal of Clinical Psychology.*
- [24] \*Cabrera, L., **Drinane, J.M**., Van Epps, J., & Weitzman, L. (2023). The Sum of Competing Parts: Religious and Sexual Identity Disparities in Therapist Effectiveness. *Psychotherapy*.
- [23] Haywood Stewart, S., **Drinane, J.M.**, Owen, J., & Dumas, D. (2023). Psychotherapy training via a task-based assessment of multicultural orientation: A pilot study. *Counselling and Psychotherapy Research.*
- [22] Wilcox, M. M., Black, S. W., Drinane, J. M., Morales-Ramirez, I., Akef, Z., Tao, K. W., DeBlaere, C., Hook, J. N., Davis, D. E., Watkins, C. E., Jr., & Owen, J. (2022). A brief qualitative examination of supervisees' experiences of multicultural orientation in clinical supervision. *Professional Psychology: Research and Practice.* Advance online publication. https://doi.org/10.1037/pro0000477
- [21] Drinane, J.M., Roberts, T.S., Winderman, K., & Frierson Freeman, V., & Wang, Y. (2022). The myth of the safe space: Sexual orientation disparities in therapist effectiveness. *Journal of Counseling Psychology*, 69(3), 268–275. https://doi.org/10.1037/cou0000584
- [20] Drinane, J.M., Wilcox, M.M., \*Cabrera, L., & Black, S.W. (2021). To conceal or not to conceal: Cultural identity processes in clinical supervision. *Psychotherapy*, 58(4), 429–436. https://doi.org/10.1037/pst0000387
- [19] Quirk, K., Drinane, J. M., Edelman, A., Chow, D., Lim, J., Chandra, D., Miller, S., & Owen, J. (2021). The alliance–outcome association in couple therapy: A common fate model. *Family Process*. https://doi.org/10.1111/famp.12666
- [18] Owen, J., Coleman, J., Drinane, J. M., Tao, K., Imel, Z., Wampold, B., & Kopta, M. (2021). Psychotherapy racial/ethnic disparities in treatment outcomes: The role of university racial/ethnic composition. *Journal of Counseling Psychology*, 68(4), 418–424. https://doi.org/10.1037/cou0000548.supp
- [17] Wilcox, M. M., Drinane, J. M., Black, S. W., Cabrera, L., DeBlaere, C., Tao, K. W., Hook, J. N., Davis, D. E., Watkins, C. E., & Owen, J. (2021). Layered cultural processes: The relationship between multicultural orientation and satisfaction with supervision. Training and Education in Professional Psychology. https://doi.org/10.1037/tep0000366.supp
- [16] Black, S.W., Drinane, J.M., Owen, J., DeBlaere, C., & Davis, D.E. (2021). Integrating spirituality as a multicultural component into time-limited psychotherapy: Two case studies. *Professional Psychology: Research and Practice*. 52(2), 121– 129. https://doi.org/10.1037/pro0000369

[15] Cross, W. E., Drinane, J. M., Owen, J., Schmidt, C., Raque-Bogdan, T. L., Hook, J. N., Davis, D., &

Ajibade, A. (2020). Uncovering alternative ethnic identity trajectories: A cluster analysis of the MEIM and psychological well-being. *Race and Social Problems*. *12*, 103-111. 10.1007/s12552-020-09291-3

- [14] Owen, J., Drinane, J. M., Kivlighan III, D.M., Miller, S., Kopta, M., & Imel, Z. (2019). Are high-performing therapists both effective and consistent? A test of therapist expertise. Journal of Consulting and Clinical Psychology, 87(12), 1149–1156. https://doi.org/10.1037/ccp0000437
- [13] Coleman, J., Drinane, J.M., Owen, J., & Kopta, S.M. (2019). Establishing expectations: Exploring session limits in university counseling centers. *Journal of College Student Psychotherapy*. 1–15. https://doi.org/10.1080/87568225.2019.1650680
- [12] Kivlighan III, D. M., Drinane, J. M., Tao, K. W., Owen, J., & Liu, W. M. (2019). The detrimental effect of fragile groups: Examining the role of cultural comfort for group therapy members of color. *Journal of Counseling Psychology.* 66(6), 763–770. https://doi.org/10.1037/cou0000352
- [11] Owen, J., Drinane, J.M., Adelson, J., & Kopta, S.M. (2019). The psychotherapy outcome problem: The development of the outcome stability index. *Psychotherapy Research*, 29(2), 226-233. https://doi.org/10.1080/10503307.2017.1349352
- [10] Kivlighan III, D. M., Adams, M. C, Drinane, J. M., Tao, K., & Owen, J. (2018). Construction and validation of the multicultural orientation inventory - group version. *Journal of Counseling Psychology*, 66(1), 45-55. https://doi.org/10.1037/cou0000294
- [9] Drinane, J. M., Owen, J., & Tao, K. W. (2018). Cultural concealment and therapy outcomes. *Journal of Counseling Psychology*, 65(2), 239-246. https://doi.org/10.1037/cou0000246
- [8] Owen, J., Drinane, J. M., Tao, K. W., DasGupta, D.R., Zhang, Y. S. D., & Adelson, J. (2018). An experimental test of microaggression detection in psychotherapy: Therapist multicultural orientation. *Professional Psychology: Research and Practice*, 49(1), 9-21. https://doi.org/10.1037/pro0000152
- [7] Black, S. W., Owen, J., Chapman, N., Lavin, K., Drinane, J. M., & Kuo, P. (2017). Feedback informed treatment: An empirically supported case study of psychodynamic treatment. *Journal of Clinical Psychology*, 73(11), 1499-1509. https://doi.org/10.1002/jclp.22529
- [6] Tao, K.W., Owen, J., & Drinane, J.M., (2017). Was *that* racist? An experimental study of microaggression ambiguity and emotional reactions for racial-ethnic minority and white individuals. *Race and Social Problems*. 9(4), 262-271. https://doi.org/10.1007/s12552-017-9210-4
- [5] Owen, J., Drinane, J.M., Tao, K., Adelson, J., Hook, J.N., Davis, D., & Foo Kune, N. (2017). Racial/Ethnic disparities in client unilateral termination: The role of therapists' cultural comfort. *Psychotherapy Research*, *27*(1), 102-111. https://doi.org/10.1080/10503307.2015.1078517

- [4] Drinane, J.M., Owen, J., & Kopta, S.M. (2016). Racial/Ethnic disparities in psychotherapy: Does the outcome matter? *Testing, Psychometrics, Methodology in Applied Psychology, 23*(4), 1-14.
- [3] Owen, J., Tao, K., Drinane, J.M., Hook, J., Davis, D.E., & Foo Kune, N. (2016). Client perceptions of therapists' multicultural orientation: Cultural (missed) opportunities and cultural humility. *Professional Psychology: Research and Practice*, 47(1), 30-37. https://doi.org/10.1037/pro0000046
- [2] Drinane, J.M., Owen, J., Adelson, J., & Rodolfa, E. (2016). Multicultural competencies: What are we measuring? *Psychotherapy Research*, 26, 342-351. https://doi.org/10.1080/10503307.2014.983581
- [1] Owen, J., Drinane, J.M., Idigo, K.C., & Valentine, J. (2015). Psychotherapist effects in meta-analyses: How accurate are treatment effects? *Psychotherapy*, *52*, 321-328. https://doi.org/10.1037/pst0000014

## **BOOK CHAPTERS**

- [4] Drinane, J.M., & Strokoff, J. (2018). Oppression and couple therapy. In J.L. Lebow, A.L. Chambers & D.C. Breunlin (Eds). *Encyclopedia of Couple and Family Therapy*. New York: NY: Springer.
- [3] Owen, J., Tao, K.W, & Drinane, J.M. (2018). Microaggressions: Clinical impacts and psychological harm. In C. Capodilupo, K.L. Nadal, D.P. Rivera, D.W. Sue, & G.C. Torino (Eds). *Microaggression Theory: Influence and Implications*. (pp. 67-85). Hoboken, NJ: Wiley & Sons.
- [2] Chapman, N., Winkeljohn Black, S., Drinane, J.M., Bach, N.B., & Owen, J. (2017). Quantitative performance measurement: Feedback informed treatment. In T. Rousmaniere, R. Goodyear, S. Miller, & B. Wampold (Eds). *The Cycle of Excellence: Training, Supervision, & Deliberate Practice.* (pp. 123-143). Hoboken, NJ: Wiley & Sons.
- [1] Drinane, J.M., Owen, J., Hook, J.N., Davis, D.E., & Worthington, E.L. (2017). Microaggressions and cultural humility in psychotherapy. In E.L. Worthington, D.E. Davis, & J.N. Hook (Eds). *Handbook of Humility: Theory, Research, and Applications.* (pp. 316-328) New York, NY: Routledge.

## NEWSLETTERS AND REJOINDERS (\*Denotes student)

- Drinane, J.M. (2023). Editor's column. Psychotherapy Bulletin 58(4), 5.
- Drinane, J.M. (2023). Editor's column. *Psychotherapy Bulletin 58*(2), 5.
- Drinane, J.M. (2023). Editor's column. *Psychotherapy Bulletin 58*(1), 5.
- Drinane, J.M. (2022). Editor's column. Psychotherapy Bulletin 57(4), 5.
- Drinane, J.M. (2022). Editor's column. Psychotherapy Bulletin 57(3), 5.
- \*Ng., W., \*Anjom, A., & **Drinane, J.M.** (2022). Beyond amazon: Social justice and ethical considerations for research compensation. *Psychotherapy Bulletin* 57(2), 17-20.
- Drinane, J.M. (2022). Editor's column. Psychotherapy Bulletin 57(2), 5.
- Drinane, J.M. (2022). Editor's column. Psychotherapy Bulletin 57(1), 5.

Drinane, J.M. (2021). Editor's column. Psychotherapy Bulletin 56(4), 5.

Drinane, J.M. (2021). Editor's column. *Psychotherapy Bulletin* 56(3), 5.

Drinane, J.M. (2021). Editor's column. Psychotherapy Bulletin 56(2), 5.

- Drinane, J.M. (2021). Editor's column. Psychotherapy Bulletin 56(1), 5.
- \*Lawson, K. & **Drinane, J.M.** (2020). The double-edged sword of social media during quarantine. *Psychotherapy Bulletin* 55(4), 28-31.
- Drinane, J.M. (2020). Editor's column. Psychotherapy Bulletin 55(4), 5-6.
- Drinane, J.M., Black, S.W., Chowdhurry, S., & \*Axford, K. (2020). Editors' column. *Psychotherapy Bulletin 55*(3), 5-6.
- \*Buttars, E.M. & **Drinane, J.M.** (2020). Exploring the downstream effects of silence around religion and spirituality in counseling training programs. *Psychotherapy Bulletin* 55(2), 13-17.
- Drinane, J.M., Black, S.W., Chowdhurry, S., & \*Axford, K. (2020). Editors' column. *Psychotherapy Bulletin 55(2)*, 5.
- Drinane, J.M., Black, S.W., Chowdhurry, S., & \*Axford, K. (2020). Editors' column. *Psychotherapy Bulletin 55*(1), 5.

## MANUSCRIPTS UNDER REVIEW (\*Denotes student)

- Black, S.W., Wilcox, M.M., Ma, Q., Charleston, K., Sims, K., DeBlaere, C., Davis, D. Tao, K., Watkins, C.E., Hook, J.N., **Drinane, J.M.**, & Owen, J. (under revision). Multicultural Supervision with Supervisees of Color in Cross-Racial Supervision: A Qualitative Analysis.
- **Drinane, J.M.**, Cassells, R.C., Hayes, J.A., Park, J., & Foster, E.K. (in preparation). Queer in college? Sexual orientation disparities in therapist effectiveness in a large sample of university counseling center clients.
- **Drinane, J.M.**, Owen, J., Bugatti, M., Lamphere, B., Trujillo, S., Richardson, Z., Rasmussen, W., & Newton, D. (under review). Racial and ethnic disparities in client early termination: A replication study of the role of counselor effects.
- \*Foster, E. & **Drinane, J.M**. (under review). Predictors of antiracism, color-blindness and white fragility in therapists: Examining the role of sexual orientation, political affiliation, and gender.
- Owen, J., **Drinane, J.M.**, Bugatti, M., \*Park, J., Richardson, Z., & Newton, D. (under review). General and therapist specific racial/ethnic disparities in psychotherapy outcomes: Results from private practice research network.
- \*Kuo, P.B., **Drinane, J.M**., Tao, K.W., Van Epps, J., & Imel, Z.E. (under revision). An examination of cultural conversations in therapy: How often do clients report talking about identities?

## MANUSCRIPTS IN PREPARATION (\*Denotes student)

- **Drinane, J.M.**, \*Park, J., \*Cabrera, L., \*Foster, E., \*Tamasi, A., \*Jefferson, A., & \*Larsson, K.M. (in preparation). Differences between multicultural supervision processes between white and REM supervisees: A multigroup SEM.
- **Drinane, J.M.**, \*Merced, K., \*Caperton, D., Lord, S.P., Imel, Z.E., Van Epps, J., & Atkins, D. (in preparation). What do clients really talk about? Measure development and an initial exploration of topics of conversation in psychotherapy at a university counseling center.
- **Drinane, J.M**., \*Sales, C., \*Raymond, M., \*Arteaga, M., \*Cabrera, L., Black, S.W., & Adelson, J. (in preparation). Do therapists recognize heteronormative bias? An experimental test of microaggression detection in psychotherapy.

- **Drinane, J.M.**, Tao, K.W., Owen, J., & Kivlighan III, D.M. (in preparation). Working with cultural diversity: A summary of the literature.
- \*Foster, E. & **Drinane, J.M.,** Owen, J., & Rodolfa, E., (in preparation). Disparities in the process: Therapist differences in their cultural comfort and cultural humility across client populations.
- \*Park., J., **Drinane, J.M.**, & Hayes, J. (in preparation). Psychotherapy Disparities of Racial/Ethnic Minority Students: The Influence of Racial Bias Incidents on Campus.

# FUNDING

<u>Submitted</u>

Using Digital Interventions to Promote Virtues and Flourishing among Helping Professionals: A Multi-Site Project Principal Investigator: Steven Sandage, Ph.D. Role: Co-Investigator Funding Source: John Templeton Foundation Total Costs: \$1M

<u>Active</u>

Racial Healing in Psychotherapy Principal Investigator: Laurice Cabrera, M.S., Doctoral Candidate Role: Faculty Mentor Funding Source: Society for the Advancement of Psychotherapy Diversity Research Grant (American Psychological Association Division 29) Total Costs: \$2K

Intellectual Humility to Promote Therapists' Multicultural Orientation: Addressing Mental Health Disparities in Psychotherapy Principal Investigator: Don E. Davis, Ph.D. Subaward Principal Investigator: Jesse Owen, Ph.D. Role: Co-Investigator Funding Source: John Templeton Foundation Total Costs: \$480K

**Completed** 

Identity conversations: Culturally focused responding and encoded arousal in psychotherapy Funding Source: Society for the Advancement of Psychotherapy (American Psychological Association Division 29) Role: Principal Investigator Total Costs: \$10K

Navigating diverse identities: Modeling the association between culturally focused responding, emotion regulation, and encoded arousal Funding Source: University of Utah Vice President for Research Role: Principal Investigator Total Costs: \$6K Strengthening Relationship Education and Marriage Services - Impact Evaluation of MotherWise Program Funding Source: Administration for Children and Families Discretionary Grant Principal Investigator: Galena Rhoades, Ph.D. Role: Program Facilitator, Consultant

Dissemination of Computer-Based Cognitive Behavioral Therapy for Depression in Primary Care Funding Source: National Institute of Mental Health: R18 Principal Investigator: Jesse H. Wright, M.D., Ph.D. Role: Consultant

Examination of Psychotherapist Relational Bond Quality in The Prediction of Mental Health Disparities in Therapy Outcomes Funding Source: Society for the Advancement of Psychotherapy (American Psychological Association Division 29) Principal Investigator: Jesse Owen, Ph.D. Role: Data Analyst/Consultant

Training Therapists to Enhance Their Multicultural Orientation Funding Source: University of Denver College Flowback Research Award Principal Investigator: Jesse Owen, Ph.D. Role: Project Coordinator

Detection of Microaggressions: Instrument Development Funding Source: University of Denver College Flowback Research Award Principal Investigator: Jesse Owen, Ph.D. Role: Project Coordinator

Spanish-Speaking Anxiety Outcomes Study Funding Source: Pfizer Pharmaceuticals, Inc. Principal Investigator: Risa Weisberg, Ph.D. Role: Research Coordinator

Harvard/Brown Anxiety Research Project II Funding Source: National Institute of Health: RO1 Principal Investigator: Martin Keller, M.D. Role: Research Coordinator

# PROFESSIONAL PRESENTATIONS (\*Denotes student)

- [42] Drinane, J.M. & \*Foster, E. (2023, June). Antiracism in action: Patterns of therapist responding and a new way of operationalizing cultural (dis)comfort. In A.E. Perez-Rojas (Chair) Using the Multicultural Orientation Framework to Address Racism in Psychotherapy and Supervision. Symposium accepted for presentation at the 54th Society for Psychotherapy Research Conference. Dublin, IRL.
- [41] \*Dyer, R., \*Kelly, D., & Drinane, J.M. (2023, March). White feminists unlearning racism. Preconference workshop conducted at the 48<sup>th</sup> annual meeting of the Association for Women in Psychology, Atlanta, GA, U.S.A.

- [40] \*Foster, E., \*Park, J., & Drinane, J.M. (2023, March). Antiracist interventions in the therapy space: What does it look like to address our clients' racism? Structured discussion conducted at the 48<sup>th</sup> annual meeting of the Association for Women in Psychology, Atlanta, GA, U.S.A.
- [39] Tao, K. & **Drinane, J.M.** (2023, March). Designing mutually inclusive classrooms and practicing cultural fortitude. Structured discussion to be conducted at the 48<sup>th</sup> annual meeting of the Association for Women in Psychology, Atlanta, GA, U.S.A.
- [38] \*Foster, E. & Drinane, J.M. (2022, August). Anti-racism in therapy? White psychotherapists responses to racist white clients. In D.M. Kivlighan (Chair) Was that a microaggression? Examining client- and therapist-initiated microaggressions in therapy. Symposium conducted at the 130<sup>th</sup> annual meeting of the American Psychological Association, Minneapolis, MN, U.S.A.
- [37] \*Klinger, K., \*Luxardo, D., Winkeljohn Black, S., & Drinane, J.M. (2022, August). Identifying microaggressions in therapy: Cultural humility and comfort levels of therapists. Poster presented at the 130<sup>th</sup> annual meeting of the American Psychological Association, Minneapolis, MN, U.S.A.
- [36] Drinane, J.M. & Hayes, J.A. (2022, July). Queer in college? Sexual orientation disparities in therapist effectiveness in a large sample of university counseling center clients. In A.K. Deisenhofer (Chair) *Therapist, Treatment, Clinic, Neighborhood: What Explains Outcomes in Large Naturalistic Settings.* Symposium conducted at the 53<sup>rd</sup> Society for Psychotherapy Research Conference. Denver, CO.
- [35] \*Sales, C., \*Cabrera, L., \*Foster, E., Black, S.W., & Drinane, J.M. (2022, April). Do you hear what I hear? A task of therapist detection of microaggressions against a gay client in psychotherapy. Poster presented at the annual meeting of the Rocky Mountain Psychological Association. Salt Lake City, UT.
- [34] \*Klinger, K., \*Luxardo, D., Winkeljohn Black, S., & Drinane, J.M. (2022, March). Identifying microaggressions in therapy: Cultural humility and comfort levels of therapists. Poster presented at the 93<sup>rd</sup> Annual Eastern Psychological Association Convention. New York, NY.
- [33] Merced, K., Drinane, J.M., Imel, Z.E., Caperton, D., Derek Caperton, Ph.D., Kuo, P.B., Lord, G., Atkins, D., & Narayanan, S. (2022, March). So, what are we talking about today? Topics of conversation in psychotherapy. In J.M. Drinane (Chair) *Cultural conversations in psychotherapy: Broadening our understanding of how identities influence care.* Symposium conducted at the annual meeting of the Association for Women in Psychology, Chicago, IL.
- [32] \*Foster, E. & Drinane, J.M. (2022, March). Anti-racism in action? Methods for assessing how white therapists intervene with their white clients. In J.M. Drinane (Chair) Cultural conversations in psychotherapy: Broadening our understanding of how identities influence care. Symposium conducted at the annual meeting of the Association for Women in Psychology, Chicago, IL.
- [31] **Drinane, J.M.,** & Black, S.W., (2022, March). Do you see what I see? A task of therapist detection of microaggressions against a gay client. In **J.M. Drinane** (Chair) *Cultural conversations in psychotherapy: Broadening our understanding of how identities influence care.* Symposium conducted at the annual meeting of the Association for Women in Psychology, Chicago, IL.
- [30] \*Cabrera, L., & Drinane, J.M. (2021, November). Intersections of identity: Therapist effects and disparities in care. In K.W. Tao (Chair) *Cultural processes in psychotherapy: Innovations in training and application*. Symposium presented at the virtual chapter meeting of the North American Society for Psychotherapy Research.
- [29] \*Cabrera, L., & Drinane, J.M. (2021, August). Intersectional identity conflicts in

psychotherapy: An unexplored facet of cultural process. In **J.M. Drinane** (Chair) *How do therapists influence cultural processes? Applied examples and methods for training.* Symposium virtually conducted at the annual meeting of the American Psychological Association, San Diego, C.A.

- [28] \*Cabrera, L., Drinane, J.M., Black, S.W., & Wilcox, M.M. (2020, August). Cultural concealment and satisfaction in supervision. In J.M. Drinane (Chair) *Modeling the cultural processes of psychotherapy across training contexts*. Symposium conducted virtually at the annual meeting of the American Psychological Association, Washington, D.C.
- [27] \*Cabrera, L., & Drinane, J.M. (2020, June). What our voices tell us: Emotion regulation and patterns of responding during cultural identity conversations. In J.M. Drinane (Chair) *Personalizing the process: Measuring cultural dynamics in psychotherapy*. Symposium accepted for presentation at the annual meeting of the Society for Psychotherapy Research, but not presented due to COVID-19.
- [26] Drinane, J.M., \*Kuo, P.B., \*Caperton, D., Lord, S.P., Van Epps, J., Imel, Z.E., & Atkins, D. (2020, June). What are we talking about? Multilevel models examining if sexual, racial, and religious minorities engage in more identity conversations while in psychotherapy. In J.M. Drinane (Chair) *Personalizing the process: Measuring cultural dynamics in psychotherapy.* Symposium accepted for presentation at the annual meeting of the Society for Psychotherapy Research, but not presented due to COVID-19.
- [25] Drinane, J.M., \*Levenstein, Y., Black, S.W., & Owen, J. (2019, August). Heteronormative microaggressions in psychotherapy: What can therapists see? In J.M. Drinane (Chair) *Microaggressions in psychotherapy.* Symposium conducted at the annual meeting of the American Psychological Association, Chicago, IL.
- [24] Abrams, L., **Drinane, J.M.**, Tao, K.W., & Norsworthy, K. (2019, August). *Building skills through 'being': Cultivating a multicultural orientation (MCO) in clinical practice.* Symposium conducted at the annual meeting of the American Psychological Association, Chicago, IL.
- [23] Coleman, J.J., **Drinane, J.M.**, Owen, J., & Kopta, S.M., (2019, August). *The salience of campus racial/ethnic diversity*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- [22] Abrams, L., Drinane, J.M., Tao, K.W., & Norsworthy, K. (2019, March). Yeah, but, how do I actually 'do' that?: Cultivating a multicultural orientation (MCO) in clinical work. Symposium conducted at the annual meeting of the Association for Women in Psychology, Newport, RI.
- [21] Drinane, J.M., & Owen, J. (2018, September). Within therapist identity-based disparities: Implications for research and practice. In J.M. Drinane (Chair) Multicultural processes in psychotherapy: Methodological advances, outcomes, and complications. Symposium conducted at the meeting of the North American Society for Psychotherapy Research, Snowbird, UT.
- [20] Owen, J., **Drinane, J.M**., \*Haywood, S., & Tao., K.W. (2018, September). *Observational measures* of multicultural processes in psychotherapy. In R. Janis (Chair) Presenting problems and therapy among international students studying in the USA. Symposium conducted at the meeting of the North American Society for Psychotherapy Research, Snowbird, UT.
- [19] Drinane, J.M., \*Haywood, S., & Owen, J. (2018, August). Multicultural orientation: Recent innovations and future directions. In K.W. Tao (Chair) Multicultural orientation: Research, training, practice, and future directions. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- [18] \*Coleman, J.J., **Drinane, J.M.**, Kopta, S.M., & Owen, J. (2018, August). *Take it to the limit: Revisiting the impact of session limits on psychotherapy outcomes*. Poster presented at the meeting of the American Psychological Association, San Francisco, CA.

- [17] Drinane, J.M., Winderman, K., Roberts, T.S., Frierson Freeman, V., & Wang, Y. (2017, February). Sexual identity disparities within therapist caseloads in a university counseling center. Poster presented at the meeting of the Big 10 Counseling Centers, College Park, MD.
- [16] **Drinane, J.M.**, Owen, J. & Kopta, S.M. (2017, August). *Sudden gains and deteriorations in psychotherapy: An examination of the phase model*. Poster presented at the meeting of the American Psychological Association, Washington, D.C.
- [15] Folds, D., Edelman, A., Polser, G., Drinane, J.M., & Owen, J. (2017, August). Countertransference in couple therapy: Associations with systemic alliance and therapy outcomes. Poster presented at the meeting of the American Psychological Association, Washington, D.C.
- [14] Drinane, J.M., Owen, J., & Tao, K.W. (2016, November). Cultural concealment as a predictor of therapy outcomes. In J. Owen (Chair) Multicultural processes in psychotherapy. Symposium conducted at the meeting of the North American Society for Psychotherapy Research, Berkeley, CA.
- [13] Drinane, J.M., Rhodes, G., & Owen, J., (2016, August). The effectiveness of the prevention and relationship education program: A meta-analysis. In B.D. Doss (Chair), Research on couple therapy and relationship education – Current status and recent innovations. Symposium conducted at the meeting of the American Psychological Association, Denver, CO.
- [12] **Drinane, J.M.** & Owen, J. (2016, August). *Does race/ethnicity impact the domains of improvement observed in psychotherapy: Within therapist racial/ethnic disparities.* Poster presented at the meeting of the American Psychological Association, Denver, CO.
- [11] Anderson, R., **Drinane, J.M.**, King, B., Pugia, A., & Owen, J. (2016, August). *Therapist multicultural orientation training: A pilot study*. Poster presented at the meeting of the American Psychological Association, Denver, CO.
- [10] Kaminsky, G., **Drinane, J.M.**, Manthos, M., Shuck, B., & Owen, J. (2016, August). *Witnessing coworkers with benefits and employee engagement*. Poster presented at the meeting of the American Psychological Association, Denver, CO.
- [9] Polser, G.A., Folds, D., Lamphere, B., **Drinane, J.M.**, & Owen, J. (2016, August). *Does the level* of commitment uncertainty in a relationship affect the alliance? Poster presented at the meeting of the American Psychological Association, Denver, CO.
- [8] Brannon, J., Swink, M., Browning, L., **Drinane, J.M.**, & Owen, J. (2016, August). *A slice of humble pie: Thin slices of couple humility in the prediction of relationship functioning*. Poster presented at the meeting of the American Psychological Association, Denver, CO.
- [7] DasGupta, D.R., Zhang, Y.S.D., **Drinane, J.M.,** & Owen, J. (2016, August). *Do you see what I see: Trainee recognition of microaggressions in session.* Poster presented at the meeting of the American Psychological Association, Denver, CO.
- [6] Drinane, J.M., Owen, J., Tao, K.W., Adelson, J.L., Hook, J., Davis, D., & Foo Kune, N. (2015, August). *Cultural comfort: Does it explain racial/ethnic disparities in dropout within counselor caseloads?* Poster presented at the meeting of the American Psychological Association, Toronto, CA.
- [5] Drinane, J.M., Owen, J. Tao, K., Adelson, J.L., & Foo Kune, N. (2015, June). Addressing racial/ethnic disparities in therapy outcomes: Therapists' multicultural orientation. In J. Owen (Chair) Psychotherapy Outcomes: Variations in Trajectories of Change. Symposium conducted at the meeting of the Society for Psychotherapy Research, Philadelphia, PA.
- [4] Drinane, J.M., & Owen, J. (2013, October). Multicultural "competencies:" What do we really know? In J. Owen (Chair) Cultural Processes in Psychotherapy. Symposium conducted at the meeting of the North American Society for Psychotherapy Research, Memphis, TN.
- [3] Drinane, J.M., & Owen, J. (2013, April). What do we really know about therapists' multicultural

*competencies?* Poster presented at the Spring Research Conference, Lexington, KY.

- [2] **Drinane, J. M**., & Owen, J. (2013, March). *A content validation of the cross-cultural counseling inventory revised.* Poster presented at the meeting of the Kentucky Psychological Association Foundation, Louisville, KY.
- [1] **Drinane, J.M.**, Beard, C., Weisberg, R.B., & Keller, M.B., (2012, April). *The relationship between trauma and comorbidity in Latinos with anxiety disorders*. Poster presented at the meeting of Anxiety Disorders Association of America, Arlington, VA.

#### **COURSES TAUGHT**

| 2022 - 2023                               | ED PS 7710 – Practicum in Counseling Psychology, University of Utah   |
|---|---|
| 2019 - 2023                               | ED PS 6710 – Practicum in Counseling, University of Utah  |
| 2018 - 2022                               | ED PS 6210 – Counseling Skills, University of Utah  |
| 2018 - 2022                               | ED PS 7550 – Courseing Skins, oniversity of Otan  |
| 2021 - 2022                               | ED PS 7550 – Social Psychology of Human Diversity, University of Utah   |
| 2020 - 2021                               | ED PS 6250 – Family and Couples Counseling, University of Utah  |
| Summer 2019                               | ED PS 6350 – Group Counseling Theory and Application, University of Utah                                      |
| Spring 2019                               | ED PS 6360 – Multicultural Counseling, University of Utah   |
| Spring 2017<br>Spring 2017<br>Spring 2017 | CNP 4751 – M.A. Internship, University of Denver<br>CNP 4773 – Multicultural Counseling, University of Denver |
| Spring 2016                               | CNP 1250 – Peer Counseling, University of Denver  |

## MENTORING

**Dissertations Chaired** 

- 1. Laurice Cabrera (proposed)
- 2. Emma Foster (in progress)
- 3. K. Mae Larsson (in progress)

#### **Dissertation Committees**

- 1. Kritzia Merced (defended)
- 2. Patty Kuo (defended)
- 3. Pamela Cornejo (defended)
- 4. Halleh Hashtpari (defended)
- 5. Camara Chea (proposed)
- 6. Kate Axford (in progress)
- 7. Brendalisse King (in progress)
- 8. Wing Ng (in progress)
- 9. Xinyao Zhang (in progress)

Clinical Mental Health Advisees: 15 Counseling Psychology Doctoral Student Advisees: 5 Postdoctoral Fellows: 1

#### **REVIEWING/EDITORIAL**

#### <u>Editorial</u>

2023 – Present *Editorial Board/Consulting Editor,* Journal of Counseling Psychology 2019 – Present *Editorial Board/Consulting Editor,* Psychotherapy 2020 – 2023 *Editor*, Psychotherapy Bulletin

# <u>Ad hoc</u>

| 2021 – Present    | Ad hoc Reviewer, Teaching and Education in Professional Psychology         |
|-------------------|--|
| 2020 – Present    | Ad hoc Reviewer, Professional Psychology: Research and Practice            |
| 2020 – Present    | Ad hoc Reviewer, The Clinical Supervisor                                   |
| 2019              | Ad hoc Reviewer, Testing, Psychometrics, Methodology in Applied Psychology |
| 2018 - Present    | Ad hoc Reviewer, Journal of Psychotherapy Integration                      |
| 2017 – Present    | Ad hoc Reviewer, Journal of Counseling Psychology                          |
| 2017 – Present    | Ad hoc Reviewer, Psychotherapy Research                                    |
| 2017 – Present    | Ad hoc Reviewer, Counseling Psychology Quarterly                           |
| <u>Conference</u> |  |
| 2022 – Present    | Member, Conference Program and Planning Committee, Society for             |
|                   | Psychotherapy Research, Denver, CO   |
| 2022              | Proposal Reviewer, Rocky Mountain Psychological Association Conference,    |
|                   | Salt Lake City, UT   |

# SERVICE

#### National/International Leadership 2022 Member APA Division 29: Nominations Committee

| 2022<br>2022<br>2020 - Pr<br>2017 - 20<br>2014 - 20 | 8 <i>Member</i> , APA Division 29: Student Development Committee  |
|---|---|
| <u>University Se</u>                                | vice  |
| University Le                                       | 1   |
| 2022 – 20   | 3 <i>Member</i> , Campus Mental Health and Wellness Directors Taskforce, Universit<br>of Utah, Salt Lake City, UT   |
| College Level                                       |   |
| 2020 – 20   | 3 <i>Member</i> , College Council Executive Committee, College of Education,<br>University of Utah, Salt Lake City, UT  |
| 2020 - 20   | 1 <i>Host</i> and <i>Continuing Education Credit Coordinator</i> , A Speaker Series on<br>Working with Transgender and Nonbinary Clients, College of Education,<br>University of Utah, Salt Lake City, UT |
| Department l  | vel   |
| 2023  | <i>Co-Director</i> , Clinical Mental Health Program, University of Utah, Salt Lake<br>City, UT  |
| 2023  | <i>Member</i> , Counseling and Counseling Psychology Tenure Track Faculty Searc<br>Committee, University of Utah, Salt Lake City, UT  |
| 2022 – 20   |   |
| 2021 – pr   | sent <i>Coordinator</i> , Counseling Psychology Program Doctoral Preliminary Exams,   |

|                | University of Utah, Salt Lake City, UT   |
|----------------|--|
| 2021           | Contributor, American Psychological Association Accreditation Self Study,      |
|                | University of Utah, Salt Lake City, UT   |
| 2019 – present | System Administrator for Telehealth and Recording Technology, Counseling       |
|                | and Counseling Psychology Programs, University of Utah, Salt Lake City, UT     |
| 2017 - Present | Member, Counseling and Counseling Psychology Programs: Graduate Student        |
|                | Selection Committee, University of Utah, Salt Lake City, UT                    |
| 2019 - 2020    | Director, Educational Assessment and Student Support Clinic, University of     |
|                | Utah, Salt Lake City, UT   |
| 2019 - 2020    | Coordinator, Diversity Dialogue Series, University of Utah, Salt Lake City, UT |
| 2019           | Member, Counseling and Counseling Psychology Clinical Faculty Search           |
|                | Committee, University of Utah, Salt Lake City, UT                              |

# **INVITED TALKS AND ENGAGEMENTS**

| 2023 | <i>Facilitator</i> , White Feminists Unlearning Racism<br>Association for Women in Psychology, Atlanta, GA  |
|------|---|
| 2022 | <i>Facilitator</i> , White Feminists Unlearning Racism<br>Association for Women in Psychology, Chicago, IL  |
| 2020 | <i>Presenter,</i> A Multicultural Orientation Approach to Cultivating Cultural Fortitude in Psychotherapy (and Beyond), Society for Psychotherapy Research Webinar Series |
| 2018 | <i>Speaker</i> , What are we doing that leads clients to conceal who they are?<br>University of Maryland Counseling Center, College Park, MD                              |
| 2018 | <i>Speaker</i> , Sexual Identity Based Disparities in the Center: A Review and Discussion of Analyses, University of Maryland Counseling Center, College Park, MD         |
| 2017 | <i>Guest Lecturer</i> , Helping Skills for Student Affairs Professionals (Graduate Level)<br>University of Denver, Denver, CO   |
| 2016 | <i>Facilitator</i> , Multicultural Orientation in Counseling Seminar<br>University of Denver, Denver, CO  |
| 2016 | <i>Guest Speaker</i> , University of Denver Multicultural Interest Group<br>University of Denver, Denver, CO  |
| 2015 | <i>Guest Lecturer</i> , Family Therapy (Graduate Level)<br>University of Denver, Denver, CO   |
| 2013 | <i>Facilitator,</i> Didactic Couple Therapy Seminar<br>University of Louisville, Louisville, KY   |

# **CLINICAL EXPERIENCE**

4/22 – present Licensed Psychologist in Private Practice

Salt Lake City, UT

| 7/17 - 6/18 | Pre-Doctoral Intern (Specialization in Assessment)<br>University of Maryland Counseling Center, College Park, MD  |
|-------------|---|
| 8/15 - 6/16 | Doctoral Trainee<br>University of Denver Health and Counseling Center, Denver, CO   |
| 8/14 - 6/15 | Doctoral Trainee<br>Van-Cise Simonet Detention Center, Denver, CO   |
| 1/15 - 5/15 | Clinic Therapist Trainee<br>Counseling and Educational Services Clinic<br>University of Denver, Denver, CO  |
| 3/12 - 8/14 | Couple Therapy Trainee<br>Relationship and Psychotherapy Lab Couple Therapy Study<br>University of Louisville, Louisville, KY   |
| 8/13 - 8/14 | Individual Therapy Trainee and Assessment Practicum Student<br>Relationship and Psychotherapy Lab Individual Therapy Feedback Study<br>University of Louisville, Louisville, KY |
| 8/13 - 5/14 | Doctoral Trainee<br>Communicare, Radcliff, KY   |

# **PROFESSIONAL MEMBERSHIPS**

- 1. Association for Women in Psychology
- 2. Utah Association for Women in Psychology
- 3. Society for Psychotherapy Research
- 4. American Psychological Association Member
- 5. American Psychological Association Society for Counseling Psychology (Division 17)
- 6. American Psychological Association Society for the Advancement of Psychotherapy (Division 29)
- 7. American Psychological Association Society for the Psychological Study of Culture, Ethnicity, and Race (Division 45)