

## **SECTION I**

### **A. PERSONAL DATA**

Name & Credentials	Pamela L. Phares, Ph.D., APRN, CNM
Rank and Title	Assistant Professor (Clinical)
Contact Information	Utah Diabetes & Endocrinology Center (UDEC) 615 Arapeen Drive Suite 100 Salt Lake City, UT 84108
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### **B. EDUCATION**

<b><u>1. Year</u></b>	<b><u>Degree</u></b>	<b><u>Institution (Area of Study / Specialization)</u></b>
2011	Ph.D.	University of Kentucky, Nursing Lexington, KY
2007	Post-M.S.N.	Northern Kentucky University, Nursing – Adult NP Highland Heights, KY
2001	Post-M.S.N.	University of Cincinnati, Nursing – Nurse Midwife Cincinnati, OH
2000	Post-M.S.N.	University of Cincinnati, Nursing – Women’s Health NP Cincinnati, OH
1993	Post-M.S.N.	University of Cincinnati, Nursing – Pediatric NP Cincinnati, OH
1991	M.S.N.	University of Cincinnati, Nursing – Clinical Specialist in Medical/Surgical Oncology Cincinnati, OH
1989	B.S.N.	University of Cincinnati, Nursing Cincinnati, OH

1986	B.S.	University of Cincinnati, Speech Pathology and Audiology Cincinnati, OH
1985	Diploma Cincinnati, OH	Good Samaritan College of Nursing

2. Licensure / Certification

2007-present	Certified Adult Nurse Practitioner, American Nurses Credentialing Center
2001-present	Certified Nurse Midwife, American Midwifery Certification Board
2000-2020	Certified Women's Health Nurse Practitioner, National Certification Corporation
1993-present	Certified Pediatric Nurse Practitioner, National Certification Board of Pediatric Nurse Practitioners and Nurses
Current	Licensed Registered Nurse Utah
Current	Utah Division of Occupational and Professional Licensing: APRN with prescribing privileges/controlled substances
Current	DEA License to prescribe Schedule II – IV controlled substances

**C. EMPLOYMENT / PROFESSIONAL EXPERIENCE**

<u>Dates</u>	<u>Position and Institution</u>
2014-present	Director, Healthy Body-Healthy Heart Program and, Nurse Practitioner in Diabetes and Metabolism Utah Diabetes and Endocrinology Center
2013-present	Nurse Practitioner: Diabetes & Endocrinology Utah Diabetes & Endocrinology Center Salt Lake City, UT
2013-present	Adjunct Assistant Professor University of Utah, Department of Internal Medicine Salt Lake City, UT
08/12-present	Assistant Professor (Clinical) University of Utah, College of Nursing Salt Lake City, UT

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06/07-07/12	Nurse Practitioner: Family Practice The Healthcare Connection Lincoln Heights & Mount Healthy Family Practice Center Lincoln Heights, OH
08/07-07/12	Assistant Professor (Tenure-Track) Northern Kentucky University, College of Health Professions Highland Heights, KY
08/06-08/07	Lecturer Northern Kentucky University, College of Health Professions Highland Heights, KY
01/06-05/07	Adjunct Clinical Faculty Thomas More College, School of Nursing Crestview Hills, KY
01/05-10/07	Nurse Practitioner: Women's Health SouthSide OB/GYN Indianapolis, IN
2004-2008	Adjunct Clinical Faculty Indiana University, Family Practice Residency Program, Methodist Hospital Clarian Health Partners Indianapolis, IN
03/03-08/08	Staff Midwife & Women's Health Nurse Practitioner Clarian Health Partners/HealthNet Indianapolis, IN
10/03-10/04	Staff Midwife & Women's Health Nurse Practitioner TriHealth Nurse Midwives Cincinnati, OH
11/01-12/02	Staff Midwife & Women's Health Nurse Practitioner Trover Clinic Foundation: Clinic Division Center for Women's Health Madisonville, KY
06/00-09/00	Nurse Practitioner: Women's Health Planned Parenthood of Southwestern Ohio and Northern Kentucky Cincinnati, OH
10/93-05/00	Nurse Practitioner: Infants, Children, and Adolescents Pediatric Associates of Fairfield and Hamilton, OH

03/92-09/93      Pediatric Nurse Practitioner: Bone Marrow Transplant  
 Children's Hospital Medical Center  
 Cincinnati, OH

#### **D. HONORS, RECOGNITIONS & AWARDS**

<u>Year</u>	<u>Recognition</u>	<u>Received From</u>
2017-Present	Top 10% Press-Ganey National Provider Rankings	Press-Ganey/UUHC
2013	Excellence in Research	Utah Nurse Practitioner Association
2011	Golden Key International Honor Society	University of Kentucky
2010	Phi Kappa Phi Honor Society	University of Kentucky
2006	Excellence in Clinical Teaching for the Family Practice Residency Program	Methodist Hospital Indiana University
1990	Sigma Theta Tau, International Honor Society of Nursing	University of Cincinnati & Northern Kentucky University

#### **E. RESEARCH AND SCHOLARLY WORK**

##### **1. Extramural Grants/Contracts**

<u>Dates</u>	<u>Amount</u>	<u>Funding Status</u>	<u>Title &amp; Funding Agency</u>	<u>Role (PI, Co-PI)</u>
2013	\$1,124,896	Funded 07/1/13- 06/30/16	<i>An Interprofessional Education Model for Telehealth Management of Multiple Chronic Health Conditions in Rural Populations.</i> HRSA Bureau of Health Professions, Advanced Nursing Education; Award #1D09HP25927-01	PI
	<u>Amount</u>	<u>Funding Status</u>	<u>Title &amp; Funding Agency</u>	<u>Role (PI, Co-PI)</u>
1991	\$500	Funded	<i>Effectiveness of the Sensor Pad on lump PI detection in simulated breast models.</i> Sigma Theta Tau International, Beta Iota Chapter	

##### **2. Intramural Grants/Contracts**

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<u>Dates</u>	<u>Amount</u>	<u>Funding Status</u>	<u>Title &amp; Funding Agency</u>	<u>Role (PI, Co-PI)</u>
2010	\$350,000	Limited Funding	<i>Promoting health homes through primary care: Freedom from smoking and radon in the home (FRESH)</i> . Pilot study funded by the University of Kentucky Tobacco Research Policy Program	Key Personnel

3. Independent Research

<u>Dates</u>	<u>Title</u>	<u>Role (PI, Co-PI)</u>
2013	<i>An interprofessional model of care to reduce clinical inertia and improve health literacy, numeracy, and clinical outcomes in patients with uncontrolled type 2 diabetes within a primary care setting</i>	PI
2011	<i>Predictors of insulin readiness in patients with type 2 diabetes when oral medications fail to control hyperglycemia.</i> (Unpublished)	PI

**F. PUBLICATIONS & EDITORIAL EXPERIENCE**

(Note: Identify peer reviewed publications with \* and data based publications with # at the beginning of the citation using APA format.)

1. Books (or Chapters in Books)

2. Journal Publications

Boerio M.F., Brooker J., Freese L., **Phares P.**, & Yazvec S. (2000). That itchy, scratchy rash. *Nursing Clinics of North America*, 35, 147-157.

3. Papers, Monographs and Reports

4. Published Abstracts

Phares, P. (1991). Effectiveness of the Sensor Pad on lump detection in simulated breast models. *Oncology Nursing Forum*, Suppl, 18.

5. Editorial Boards

<u>Years</u>	<u>Journal</u>
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## 6. Manuscript & Abstract Reviews

<u>Years</u>	<u>Journal</u>
2019-present	International Journal of Qualitative studies in Health & Well-Being
2019-present	PLoS ONE (Diabetes Content Reviewer)

## G. PRESENTATIONS

### 1. Peer-Reviewed Presentations

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
05/91	<i>Effectiveness of the Sensor Pad on lump detection in simulated breast models.</i> Abstract presented at the Oncology Nursing Society Congress.	San Antonio, TX

### 2. Invited Speeches / Lectures / Demonstrations

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
11/16/2022	Diabetes and Men's Health Co-presenter for Community Outreach Seminar with Urology	South Joran, UT Snowbird, UT
8/5/2020	Snowbird CME Conference Updates in Diabetes Care Invited Guest Presenter	
11/15/2016	<i>Diagnosis &amp; Management of the Diabetic Patient</i> Invited Guest Lecturer Acute Care Nurse Practitioners University of Utah College of Nursing	Salt Lake City, UT

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9/21/2016	<i>Reproductive Health Issues in Women with Diabetes</i> Diabetes Webinar Series Utah Department of Health	Salt Lake City, UT
05/18/2016	<i>Identifying and Managing Risk for Diabetes and Heart Disease: Prevention in the Age of Personalized Medicine</i> Family Practice Grand Rounds University of Utah	Salt Lake City, UT
05/08/2012	<i>Predictors of readiness for insulin therapy in patients with type 2 diabetes.</i> Dean's Distinguished Lecturer Series, University of South Florida.	Tampa, FL
02/25/2012	<i>When are patients ready to begin insulin?</i> Northern Kentucky Nursing Research Collaborative Conference. Invited Podium Presentation	Crestview Hills, KY
06/22/2007	<i>Obtaining the pediatric history and performing an advanced pediatric assessment.</i> University of Cincinnati College of Nursing and City of Public Health Department collaborative educational initiative for school nurses learning to perform advanced health assessment skills.	Cincinnati, OH

### 3. Posters

<u>Dates</u>	<u>Title, Sponsor</u>	<u>Location</u>
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### 4. Media

<u>Dates</u>	<u>Title/Topic</u>	<u>Type of Media</u>
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8/18/2017	Health Minute: Cost of Diabetes	The Scope: University of Utah Health Radio
10/24/2017	Health Minute: Predictors of Diabetes	The Scope: University of Utah Health Radio

## H. FACULTY PRACTICE

<u>Dates</u>	<u>Organization/Site</u>	<u>Role/Activity</u>
2013-present	Utah Diabetes & Endocrinology Center Salt Lake City, UT	Nurse Practitioner
2012-2015	Hope Clinic Family Practice/Primary Care Midvale, UT	Nurse Practitioner

## **I. PROFESSIONAL ORGANIZATIONS & SERVICE**

### **1. College of Nursing Committees**

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2023	Health Benefits Advisory Committee	Member
2021	Senate Advisory Committee on Academic Policy	Member
2021	CL-FRA Subcommittee	Member
2020-present	Career Line Faculty Committee	Member
2017-2020	CNACS	Member
2014	Undergraduate Scholarship Committee	Member
2013-2015	College of Nursing Research Committee	Member
2013	College of Nursing Search Committee	Member
2011-2012	Strategic Planning Committee Northern Kentucky University	Member
2010-2012	Program Evaluation Committee Northern Kentucky University	Member Secretary (2010-2011)
2010-2012	Admission, Progression, and Graduation Committee Northern Kentucky University	Member

### **2. Health Sciences Center Committees**



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<u>Years</u>	<u>Committee</u>	<u>Role</u>
2020-present	Undergraduate Research Symposium	Faculty Poster Evaluator (annual)
2011-2012	Steering Committee for Shared Governance Northern Kentucky University	Member
2010-2012	Faculty Practice Policy Committee Northern Kentucky University	Chair

3. University Committees

<u>Years</u>	<u>Committee</u>	<u>Role</u>
2023	SACAP Representative for Health Benefits Committee	Member
2021-present	Senate Advisory Committee on Academic Policy	Member
2016-2019	Conflict of Interest Committee	Member/Reviewer
2014-2015	Graduate Research Fellowship Committee University of Utah	Reviewer
2014-2016	Diabetes Work Group University of Utah Healthcare	Member
2013-2015	Diabetes & Endocrinology Service Line University of Utah Health Care	CON Representative
2013-2015	Diabetes & Endocrinology Core Committee University of Utah Healthcare	Member

4. Professional Organizations

<u>Years</u>	<u>Organization</u>	<u>Role</u>
2014-present	American Heart Association	Member
2013-present	American Telemedicine Association	Member
2012-2016	Utah Nurse Practitioners Association	Member

2008-2013	Southern Nursing Research Society	Member
2008-2017	Council for the Advancement of Nursing Science	Member
2006-present	American Association of Nurse Practitioners	Member
2000-2010	Nurse Practitioners in Women's Health	Member
1991-2012	Ohio Association of Advanced Practice	Member Nurses

#### 5. Consultation and Boards

<u>Mo/Yr</u>	<u>Firm/Client</u>	<u>Role</u>
2014-2015	Utah Nurse Practitioner Association	Board Member: Secretary
2011-2012	Northern Kentucky University Research Foundation	Board Member
2010-2014	Ph.D. and Master's Students Biostatistics and Inferential Statistics	Tutor and Consultant
06/08-12/08	Spencer-Hall Consumer Research	Expert Health Consultant

#### **J. COMMUNITY SERVICE**

<u>Dates</u>	<u>Organization/Site</u>	<u>Role/Activity</u>
2012-2017	The Hope Clinic, Midvale, UT Free Clinic	Nurse Practitioner Family Practice
2009-2011	Northern Kentucky Cold Shelter, Covington, KY	Nurse Practitioner & Student Mentor

## SECTION II

### M. CURRENT & PAST AREAS OF TEACHING RESPONSIBILITY

#### 1. Courses Taught Over Past 5 Years

##### **University of Utah**

<b>Course #</b>	<b>Course Name</b>	<b>Semester Taught</b>	<b>Role in Course</b>	<b>Credits</b>
NURS 7702	DNP Scholarly Project	Fall 2022	Team member (Project Chair)	(2)
NURS 7701	DNP Scholarly Project	Summer 2022	Team Member (Project Chair)	(2)
NURS 7703	DNP Scholarly Project	Spring 2022	Team Member (Project Chair)	(2)
NURS 7702	DNP Scholarly Project	Fall 2021	Team Member (Project Chair)	(2)
NURS 7701	DNP Scholarly Project	Summer 2021	Team Member (Project Chair)	(2)
NURS 7703	DNP Scholarly Project	Spring 2021	Team Member (Project Chair)	(2)
NURS 7702	DNP Scholarly Project	Fall 2020	Team Member (Project Chair)	(2)
NURS 7701	DNP Scholarly Project	Summer 2020	Team Member (Project Chair)	(2)
NURS 6022	Assessment of Acute & Chronic Illness	Spring 2020	Single Instructor	
NURS 7703	DNP Scholarly Project	Spring 2020	Team Member (Project Chair)	(3)
NURS 7702	DNP Scholarly Project	Fall 2019	Team Member (Project Chair)	(3)
NURS 7701	DNP Scholarly Project	Summer 2019	Team Member (Project Chair)	(3)
NURS 6022	Assessment of Acute & Chronic Illness	Spring 2019	Single Instructor	(2)
NURS 7703	DNP Scholarly Project	Spring 2019	Team Member (Project Chair)	(3)
NURS 7702	DNP Scholarly Project	Fall 2018	Team Member (Project Chair)	(3)