**Brad W. Lundahl, PhD**

Associate Professor

College of Social Work

University of Utah

1/12/2024

University of Utah[Brad.Lundahl@socwk.utah.edu](mailto:Brad.Lundahl@socwk.utah.edu)

College of Social Work Office: (801) 581-4570

395 South 1500 East, Fax: (801) 585-3219

Salt Lake City, Utah 84112

## EDUCATION

2004 Ph.D., Clinical Psychology

Concentration: Developmental Psychopathology

Northern Illinois University, DeKalb, IL

2001 M.A., Clinical Psychology

Northern Illinois University, DeKalb, IL

1. M.S.W., School of Social Work

University of Utah, Salt Lake City, UT

1. B.S., Family Science

Brigham Young University, Provo, UT

## LEADERSHIP WITHIN THE COLLEGE OF SOCIAL WORK

2012 – 2015 Director, PhD Program University of Utah

2010 – 2012 Director, MSW Program University of Utah

2019 – 2021 Chair, Faculty Executive Committee

## TEACHING

## 

2004 – Present Assistant/Associate Professor, College of Social Work, University of Utah

* Advanced research methodology I, MSW Program
* Advanced research methodology II
* Human behavior in the social environment
* Direct practice I with individuals, couples, groups
* Direct practice I with individuals, couples, groups
* Motivational interviewing
* Doctoral seminar: Orientation to doctoral work
* Doctoral course: Systematic Reviews Methodology
* Doctoral course: Quantitative Research Methods

2001–2003 Instructor, Psychology Department, Northern Illinois University

* Life Span Development
* Introduction to Psychopathology

**RESEARCH**

Book under contract to release in Summer of 2024: Motivational Interviewing in the Treatment of Psychological Problems (3rd Edition). Burke, B., **Lundahl, B.**, Arkowitz, H., Miller, W., Rollnick, S. Guilford Press.

Note: \* = Student advisee

*Peer Reviewed Journal Publications*

1. Ibrahim, U., Frost, C., & **Lundahl, B**. Understanding the journey: Challenges, opportunities, and pathways for refugee entrepreneurship (In press). Int. J. of Social Entrepreneurship and Innovation. SubmittedTP-2023-01-OA-0054)
2. Cochran G, Smid M, Krans EE, Yu Z, Carlston K, White A, Abdullah W, Baylis J, Charron E, Okifugi A, Gordon AJ, **Lundahl B**, Silipigni J, Seliski N, Haaland B, Tarter R. (2023). Patient Navigation for Pregnant Persons with Opioid Use Disorder: Results of a Randomized Multisite Pilot Trial. Addiction. https://doi.org/10.1111/add.16364
3. **Lundahl**, B., Howey, W., Dilanchian, A., Garcia, M. J., Patin, K., Moleni, K., & Burke, B. (2023). Addressing Suicide Risk: A Systematic Review of Motivational Interviewing Infused Interventions. *Research on Social Work Practice*. DOI:10.1177/10497315231163500

# Charron, E. Yu, Z., Lundahl, B., Silipigni, J., Okifuji, A., Gordon, A.J. Baylis, J.D., White, A., Carlston, C., Walitta, A. Haaland, B., Krans, E.E., Smid, M.C., & Cochran, G. (2023). Cluster analysis to identify patient profiles and substance use patterns among pregnant persons with opioid use disorder. [Addictive Behaviors Reports](https://www.sciencedirect.com/journal/addictive-behaviors-reports), 17, 1-5. https://doi.org/10.1016/j.abrep.2023.100484

1. \*Howey, W., Assadollahi, A., **Lundahl, B**. (2022). Group homes and COVID-19: Perspectives of youth residents, staff, and caregivers. *International Journal of Environmental Research and Public Health, 8978* (19), 1-11.<https://doi.org/10.3390/> ijerph19158978
2. \*Howey, W., **Lundahl, B**., Assadollahi, A. (2022). Effectiveness of residential treatment for juveniles with problematic sexual behavior: A systematic review. *International Journal of Environmental Research and Public Health, 19*(23), 15625. <https://doi.org/10.3390/ijerph192315625>
3. Castillo, J., **Lundahl, B.**, Moleni, K., & Blackman, L. (2022). Failing to bend the arc of the moral universe? Dr. King, Newton, Piaget, and Social Work. *Critical Social Work: An Interdisciplinary Journal Dedicated to Social Justice.* <https://doi.org/10.22329/csw.v23i1.7590>
4. \*Bryan, M.A., Malik, D., Cochran, G., & **Lundahl, B**. (2022). Mindfulness and Savoring: A Scoping Review of Savoring Strategies and their Implications in Addiction Treatment. Substance Use & Misuse.

1. White, A., **Lundahl, B**., Bryan, A., Akiko, O., Smid, M., Gordon, A.J., …, Cochran, G. (2021). Pregnancy and the Opioid Crisis: Heightened Effects of COVID-19. Journal of Addiction Medicine.

1. Butters, R., \*Droubay, B., Seawright, J.L., Tollefson, D., **Lundahl, B**., & Whitaker, L.

(2020). Intimate Partner Violence Perpetrator Treatment: A Literature Review and Call for Individualized Approaches. *Clinical Social Work Journal*. DOI 10.1007/s10615-020-00763-y

1. \*Gedney, C.R., **Lundahl, B**., & Fawson, P. (2020). Sexual Assault Prevention: A Randomized Control Trial of a Standard Military Intervention and a Motivational Interview Enhancement. *Violence and Victims, 35, 266-280. doi: 10.1891/VV-D-18-00031*
2. Cochran G, Smid M, Krans EE, Bryan MA, Gordon AJ, **Lundahl B**, Silipigni J, Haaland B, Tarter T. (2019). A Pilot Multisite Study of Patient Navigation for Pregnant Women with Opioid Use Disorder. *Contemporary Clinical Trials, 87,* 1-8 <https://doi.org/10.1016/j.cct.2019.105888>
3. **Lundahl, B**., \*Droubay, B., Burke, B., Butters, R., \*Hardy, C., \*Nelford, K., \*Bowles, M., & Keovongsa, K. (2019). Motivational Interviewing Adherence Tools: A Systematic Review of Content Validity. *Patient Education and Consulting, 102(12), 2145-2155.* <https://doi.org/10.1016/j.pec.2019.07.003>
4. **Lundahl**, **B.**, \*McDonald, C., \*Vanderloo, M (2018). Service users’ perspectives of Child welfare services: A systematic review using the practice model as a guide. *Journal of Public Child Welfare*. <https://doi.org/10.1080/15548732.2018.1548406>
5. \*Gedney, C. R., \*Wood, D. S., **Lundahl, B**., & Butters, R. P. (2016). Sexual assault prevention efforts in the US Air Force: A systematic review and content analysis. Journal of Interpersonal Violence, 33(3), 421–441. <https://doi.org/10.1177/0886260515608801>
6. \*Arroyo, K., **Lundahl, B**., Butters, R., \*Vanderloo, M., & \*Wood, D. S. (2015). Short-term interventions for survivors of intimate partner violence: A systematic review and meta-analysis. Trauma, Violence, & Abuse, 18(2), 155–171.
7. **Lundahl, B. W**., Bettmann, J. E., \*Hurtado, M., & Goldsmith, D. (2014). Different histories, different stories: Using a narrative tool to assess children’s internal worlds. Child & Adolescent Social Work Journal, 31(2), 143–161. <https://doi.org/10.1007/s10560-013-0312-6>

1. **Lundahl**, B., \*Moleni, T., Burke, B., Tollefson, D., Butters, Butler, C., & Rollnick, S. (2013). Motivational interviewing in medical care settings: A systematic review and meta-analysis of randomized controlled trials. *Patient Education and Consulting,* 93, 157-168.
2. Bettmann, J. E. **Lundahl**, B. W., \*Wright, R., \*Jasperson, R. A., & McRoberts, C.H. (2011). Who are they? A descriptive study of adolescents in wilderness and residential programs. *Residential Treatment for Children and Youth, 28,* 192 – 210.
3. **Lundahl**, B. W., Tollefson, D., \*Kunz, C., \*Brownell, C., & Burke, B. (2010). Meta-analysis of Motivational interviewing: Twenty Five years of research. *Research on Social Work Practice, 20*, 137-160.
4. **Lundahl**, B. W., & Wicks, L. (2010). The need to give and the need to receive: Volunteerism in homeless shelters. *Journal of Human Behavior in the Social Environment, 20*, 272-288.
5. **Lundahl**, B. W., \*Kunz, C., \*Brownell, C., Harris, N., Van Vleet, R. (2009). Prison Privatization: A meta-analysis of cost efficiency and quality. *Research on Social Work Practice, 19,* 383 – 384.
6. **Lundahl**, B. W., & Burke, B. (2009). Does motivational interviewing work? A practice‐friendly review of four meta‐analyses. *Journal of Clinical Psychology: In Session, 65*, 1232-1245.

1. **Lundahl**, B. W., Yaffe, J., & \*Hobson, J., (2009). Today’s studies, tomorrow’s meta-analyses: Implications for evidence informed decision-making in social work. *Journal of Social Service Research*, *35,* 1-9.
2. Tollefson, D., Gross, E., & **Lundahl**, B. W. (2008). Factors that predict attrition from a state sponsored rural batterer treatment program. *Journal of Aggression, Maltreatment, & Trauma, 17.* 453-477.
3. **Lundahl**, B. W., Taylor, M. J., \*Stevenson, R., & \*Roberts, D. (2008). Process-based forgiveness interventions: A meta-analytic review. *Research on Social Work Practice, 18,* 465-478.
4. **Lundahl**, B. (2008). Teaching research methodology through active learning. *Journal of Teaching in Social Work*, *28*, 273 – 288.
5. **Lundahl**, B. W., Tollefson, D., Risser, H. J., Lovejoy, M. C. (2008). A meta-analysis of father involvement in parent training. *Research on Social Work Practice, 18,* 97-106.
6. Bettmann, J., & **Lundahl**, B. W. (2007). Tell me a story: A review of narrative assessment for preschoolers. *Child & Adolescent Social Work Journal*, *24*, 455-475.
7. **Lundahl**, B. W. (2007). Commentary on: Is behavioural parent training as effective as cognitive behavioural therapy for antisocial youth? A commentary of McCart et al.’s (2006) meta-analysis on behavioral parent training. *Evidence Based Mental Health*, *10*, 54.
8. \*Nimer, J., & **Lundahl**, B.W. (2007). Animal assisted therapy: A meta-analysis. *Anthrozoology*, 20, 225-238.
9. **Lundahl**, B. W., & Yaffe, J. (2007). Use of meta-analysis in Social Work and allied disciplines. *Journal of Social Service Research, 33,* 1-11.
10. **Lundahl**, B. W., & Harris, N. (2006). Delivering parent training to families at risk to abuse: Lessons from three meta-analyses. *American Professional Society on the Abuse of Children, 18,* 7 – 11*.*
11. **Lundahl**, B. W., \*Nimer, J., & Parsons, B. (2006). Preventing child abuse: A meta-analysis of parent training programs. *Research on Social Work Practice, 16*, 251-262.
12. **Lundahl**, B. W., Risser, H. J., & Lovejoy, M. C. (2006). A meta-analysis of parent training: Moderators and follow-up effects. *Clinical Psychology Review*, *26*, 86-104.
13. Weis, R., Lovejoy, M. C., & **Lundahl**, B. (2005). Factor structure and discriminative validity of the Eyberg Child Behavior Inventory with young children. *Journal of Psychopathology and Behavioral Assessment, 27,* 269-278.
14. Dopke, C. A., **Lundahl**, B. W., Dunsterville, E., & Lovejoy, M. C. (2003). Interpretations of child compliance in individuals at high and low risk for child physical abuse. *Child Abuse & Neglect*, 27, 285-302.

*Manuscripts under review or in preparation*

Under Review

1. Howey, W. & Lundahl, B. (2023). Judicial efforts to promote parental engagement in child welfare courts: A systematic review protocol. Systematic Reviews.
2. Hardy, C., Jaggers, J. W., **Lundahl, B.**, Gass, M., Osteen, P., & Cochran, J. (2022). Involuntary youth transport in residential treatment: Perceived Coercion and Angry Emotion. *Children & Youth Services*.
3. Thackery, A., Lundahl, B. MI in Physical Therapy.

**TEXT BOOK AND CHAPTERS**

Burke, B., **Lundahl, B.**, Hal Arkowitz, Steve Rollnick, & William R. Miller (anticipated

Summer of 2024; under contract). Motivational Interviewing in the Treatment of Psychological Problems (3rd edition)*. Guilford Press.*

**Lundahl**, B. W. & Hull, G.H. (2014). *Applied Human Behavior in the Social Environment.*

Boston: Pearson.

Tollefson, D., & **Lundahl**, B. W. (2006). Faith based antipoverty programs. *Encyclopedia of*

*Poverty.* Thousand Oaks, CA: Sage Publications.

*Book Reviews*

**Lundahl**, B. W. (2009). Attachment in Psychotherapy by David Wallin. *Clinical Social Work*

*Journal, 37,* 175.

**Lundahl**, B. W. (2011). Parenting from the inside out by David Segal & Mary Hartzell.

*Clinical Social Work Journal.*

**PROFESSIONAL PRESENTATIONS – PEER REVIEWED AND KEY NOTE INVITATIONS**

Cochran G, Smid M, Krans EE, Yu Z, Charron E, Okifuji A, Gordon AJ, **Lundahl B**, Silipigni J,

Haaland B, Tarter R. (2023). Patient Navigation for Pregnant Persons with Opioid Use Disorder: Results of a Multisite Pilot Study. College on Problems of Drug Dependence, 85th Annual Scientific Meeting, Denver, CO.

**Lundahl, B** (September 14, 2023). Key Note Address: **State of Michigan Resiliency Court**

**Summit. Hope and Motivational Interviewing.**

**Lundahl, B** (April 15, 2023). Key Note Address: **Spokane County 3rd Annual HOPE Summit**

**Hope and Motivational Interviewing.** [Motivational Interviewing with Dr Lundahl (youtube.com)](https://www.youtube.com/watch?v=njYk3cT_7GI)

Benson, C., Davis., M., **Lundahl, B.**, McDonald, C., & Marks, E. (2023, January 13). *A*

*Randomized Controlled Trial of the Virtual Motivational Interviewing (VMI) App for Learning Motivational Interviewing Skills*, [Poster Presentation]. Society for Social Work and Research, Phoenix, AZ, United States.

**Lundahl, B. (May 2, 2023) Key Note Address: Wasatch Behavioral Health.** Approaching

Clients in a Way that Facilitates their Change Process: MI Informed Communications.

**Lundahl el al**., (2022-2023). Training child welfare courts in the State of Michigan:

<https://www.courts.michigan.gov/ResiliencyCourtTraining>

Benson, C., Davis., M., McDonald, C., & **Lundahl, B.** (2022, January 13). *Virtual Motivational*

*Interviewing: Developing an App for the Deliberate Practice of Motivational Interviewing Skills* [Poster presentation]. Society for Social Work and Research, Washington D.C., United States.

Charron E, Yu Z, Baylis J, **Lundahl, B**, Silpigni J, Okifuji A, Gordon AJ, White A, Carlson K,

Abdullah Q, Haaland B, Krans EE, Smid MC, Cochran G. Cluster analysis to identify typologies of pregnant persons with opioid use disorder Poster presented at the *Association for Multidisciplinary Education and Research in Substance use and Addiction*(AMERSA) National Conference. Boston, Massachusetts, November 10-12, 2022.

Thackeray A, Hoogeboom T.J., Landward R., Hess R., Fritz J.M., Conroy M.B., Heij W., &

**Lundahl B**. (2022) Physical therapist assessment of an adapted Coach2Move intervention. Poster presented at: 15th Annual Conference on the Science of Dissemination and Implementation, Academy Health; 2022 Dec 11-14; Washington DC.

**Lundahl, B**., Castillo, J., \*Nelson, K., \*Tukuafu, E. Bowles, M. & Teasley, M. (2019, SSWR;

San Francisco). Social Work Leading in Social Justice? Comparing Codes of Ethics of

Ten Professions.

**Lundahl, B**., Davis, M., \*Cheng, J., Amburgey, V., & Steinacker, D. (2019, SSWR, San

Francisco) Promoting Engagement and Satisfaction among Child Protective Service Recipients: Combining Motivational Interviewing and Deliberate Practice.

Butters, R. P., Droubay, B. A., Tollefson, D. R., & **Lundahl, B**. (2018).  A collaborative

Approach to domestic violence: An educators' and practitioners' guide. Council on Social Work Education. November 9. Orlando, FL.

Wagstaff, S.W., **Lundahl, B**., Wilson, R., and Sanchez-Birkhead, A. (2018). Motivational

Interviewing and pediatric obesity: A pretest posttest design. Western Institute of Nursing Research Conference.

**Lundahl, B**., Butters, R., Droubay, B., Nelford, K. (2018). Motivational Interviewing Adherence

Tools: A Review of Content Validity. Society for Social Work Research annual conference, Washington, D.C.

\*White, M., Crowell, S., & **Lundahl, B**. (2018). Examining Characteristics of Mother-Daughter

Relationships and Adolescent Self-Injury. Society for Social Work Research annual conference, Washington, D.C.

\*Gedney, C., **Lundahl, B**., & Fawson, P. (2017). Sexual Assault Prevention: A RCT of a

Military Intervention. Society for Social Work Research Annual Conference. Baton Rouge, LA.

\*Arroyo, K., **Lundahl, B**., & Butters, R. (2016). Short-term interventions for survivors of

Intimate partner violence: A systematic review and meta-analysis. Society for Social

Work Research Annual Conference.

\*Asante, S., & **Lundahl**, B. (2015). A Systematic Review of Social Isolation: Evidence of its

Association to Health of Older Adults. American Society on Aging. Chicago, IL.

\*Gedney, C.R., \*Wood, D., **Lundahl**, B., Butters, R. (2014). Sexual assault prevention efforts

in the U.S. Air Force: A systematic review and content analysis. Annual Program Meeting in Tampa, Florida.

**Lundahl**, B. & \*McDonald, C. (2014). Service users’ perspectives of child welfare services: A

systematic review using the practice model as a guide. Annual Program Meeting in Tampa, Florida.

\*O’Conner, A., \*McDonald, C., & **Lundahl**, B. (2013). Animal assisted therapy with

maltreated youth: A systematic review and meta-analysis. Society for Social Work Research; San Antonio, Texas.

**Lundahl**, B. W., Rollnick, S., Moleni, T.\* (2012). Plenary / **Key Note Speaker**. International

Conference on Motivational Interviewing. Venice, Italy. Motivational Interviewing. *Meta-analytic of MI effects in Health Care.*

**Lundahl**, B. W. (2010). Plenary / **Key Note Speaker**. International Conference on Motivational

Interviewing. Stockholm, Sweden. Motivational Interviewing. *Meta-analytic MI Effects.*

**Lundahl**, B. W., Taylor, M. J., \*Stevenson, R., & \*Roberts, D. (January, 2008). Efficacy of

forgiveness interventions: A meta-analysis. Paper: Annual Conference for *Society of*

*Social Work and Research.*

Yaffe, J., \*Karandikar, S. **Lundahl**, B. W. (2007, October). Meta-Analytic Research

in Social Work Journals: a Status Report Paper. Annual Program Meeting: National Association of Social Workers.

**Lundahl**, B. W., & Taylor, M. J. (May, 2007). Using a research team to effectively conduct a

meta-analysis. Paper: *Seventh International Campbell Collaboration Colloquium*.

Yaffe, J., Karandikar, S., & **Lundahl**, B. W. (2007, May). A review of meta-analyses published

in social work 1990-2006. Paper: *Seventh International Campbell Collaboration Colloquium*.

**Lundahl**, B. W. (2007, January). Effects of Involving Fathers in Parent Training: Results from

Two Meta-Analyses. Paper: Annual Conference for *Society of Social Work and Research.*

**Lundahl**, B. W., & Yaffe, J. (2006, January). Use of meta-analysis in Social Work and Allied

Professions. Paper: Annual Conference for *Society of Social Work and Research.*

**Lundahl**, B. W., & \*Nimer, J. (2006, January). Preventing Child Abuse: A Meta-Analysis of

Parent Training Programs. Paper: Annual Conference for *Society of Social Work and*

*Research*.

**Lundahl**, B. W. (2006, February). Evidence for teaching research methods through conducting

an actual research project. Paper presented at the Council on Social Work Education’s *Annual Program Meeting*.

Wicks, L., & **Lundahl**, B. W. (2006, February). The need to give and the need to receive:

Volunteerism in homeless shelters. Paper presented at the Council on Social Work

Education’s *Annual Program Meeting*

\*Nimer, J., & **Lundahl**, B. (2005, July). What we know and what we need to know: State of

literature on Animal Assisted Therapy. Poster presentation: *The 14th Annual Conference of the International Society of Anthrozoology.*

\*Nimer, J., & **Lundahl**, B. (2005, July). Animal Assisted Therapy: A Meta-Analysis. Poster

Presentation: *The 14th Annual Conference of the International Society of Anthrozoology.*

**Lundahl**, B. W., Risser, J. J., Myket, S. B., Behl, L. E., & Wezner, K. C. (2002, August).

*Parent-training meta-analysis: 3,592 participants, 61 treatment, and 48 control groups*.

Poster session presented at the annual meeting of American Psychological Association,

Chicago, IL.

Myket, S. B., **Lundahl**, B. W., Behl, L. E., & Wezner, K. C. (2001, May). *Parent training with*

*families of children with ADHD: A meta-analysis*. Poster session presented at the Seventy-third Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

**Lundahl**, B. W., & Lovejoy, M. C. (2001, April). *Daily affect and parenting behavior*. Poster

session presented at the biennial meeting for the Society for Research in Child Development, Minneapolis, MN.

Weis, R., & **Lundahl**, B. W. (2001, April). *Factorial validity of the Eyberg Child Behavior*

*Inventory: Convergent and discriminative evidence*. Poster session presented at the

biennial meeting for the Society for Research in Child Development, Minneapolis, MN.

**Lundahl**, B. W., & Lovejoy, M. C. (2000, October). *Perceptions of child noncompliance:*

*Comparisons between mothers at high and low risk for physical child abuse*. Poster

session presented at the Kansas Conference in Clinical Psychology, Lawrence, KS.

*Invited Presentations*

**Lundahl**, B. W. (September 19, 2007). *Prison privatization: A meta-analysis*. Utah State

Legislature. Office of Legislative research & General Counsel. Law Enforcement and Criminal Justice Interim Committee. Salt Lake City, Utah.

Harris, N., Frost, C., & **Lundahl**, B. (2005, August). *Evaluation of a Weed and Seed Project:*

*Recommendations for the Future*, presentation at the Community Capacity Development Office annual meetings through the Office of Justice Programs U.S. Department of Justice in Los Angeles, California.

**Lundahl**, B. W. (2004, September) Evidence based practice in community mental health. Fall

faculty development workshop. November 15, 2004. U of U: CSW.

**Report**

Harris, N., Frost, C.J., **Lundahl**, B., Yaffe, J., Cochran, G., Moran, M., & Smith, R. (2005). Salt

Lake City Weed and Seed: Final Report. Salt Lake City, Utah: Social Research

Institute, University of Utah.

## FUNDING

Received

8/1/2023 Using Motivational Interviewing to Support Judicial Efforts in Child Welfare.

2/3/2020 Promoting patient engagement and commitment to physical therapy: RCT

demonstration of a Brief Motivational Interviewing Training. PI: Anne Thackery

(University of Utah). 1U4U funding. $30,000. Role: Co-Principal Investigator.

9/30/18- Optimizing Pregnancy and Treatment Interventions for Moms 2.0

9/30/20 Principal Investigator: Gerald Cochrane (University of Utah)

Direct Costs: $1,998,817 Total Costs: $1,998,817 2/

Centers for Disease Control and Prevention

Role: Co-Investigator; 5%

2014 - Working with Mary Beth Vogel-Ferguson and Matt Davies on redesigning the

2020 Case management model within the Division of Workforce Services. I am

consulting on how to infuse the case management model with motivational

interviewing. 10%

2008 – 2010 Principal investigators: Motivational Interviewing in the State of Utah’s Division

of Child and Family Services via University of Utah’s Social Research Institute –

A training grant.

($114,900; 2 years).

2008 – 2009 Principal investigator: Training video development: Motivational Interviewing in Division of Child and Family service. Grant: $5,800.

2004-2005 Principal Investigator: *Parent Education: Testing a Relationship Enhancement*

*Intervention,* University Research Committee Creative Grant, University of Utah.

($6,000).

2006-2009 Principal Evaluator: Transformation of Utah’s Child and Adolescent Network

(Utah State Division of Substance Abuse and Mental Health subcontract). Evaluation of a statewide infrastructure development project funded by the United States Substance Abuse and Mental Health Administration.

($70,000, 3 years).

2006-2009 Principal Investigator: Transformation of Utah’s Child and Adolescent

Network: Technical Assistance Center Leader. (Utah State Division of Substance Abuse and Mental Health subcontract). Develop a technical assistance center that will aid local community mental health and substance abuse centers identify and

($140,000, 3 years).

*Submitted*

1/10/20 Submitted 1/10/20: 1U4U internal seed grant: Promoting patient engagement and

commitment to physical therapy: RCT demonstration of a Brief Motivational Interviewing Training. Principal Investigators: Anne Thackary (Health Sciences), Brad Lundahl (Social Work), Rich Landward (Social Work). $30,000.

2019 Innovations in Aging, Center on Aging, University of Utah, Thackeray and

Lundahl (Co-PIs).

Title: *Matching mobility with what matters*

This project specifically targets individuals receiving care from a geriatrician and aims to implement routine monitoring of physical function and gait speed. This will significantly add to our ability to stratify treatment recommendations aimed at improving mobility. Additionally, we will collect qualitative data on what matters to patients through patient centered interviews. This will support the development of targeted interventions to improve compliance with mobility recommendations.

Role: Co-PI (Lundahl); 7/1/2019-6/30/2020

Budget: $40,000; Not funded

2017 HRSA training grant. Co-investigators: Caren Frost, Troy Anderson, Eric Garland. Scored 85. Not funded. Role: PI

2009 Co-Principal Investigator with Dr. Norma Harris, Research Project: Healthy

Parenting in Utah. CDC, NIH Grant. Three year grant, $1,300,000. Submitted April of 2009. Status: Not funded.

2005 Co-Principal Investigator, Research Project: Enhancing Parental Empathy

Through Awareness-Based Exercises. National Institute of Health, R-34. Three year grant, total of $450,000.00. PI: Alan Fogel, University of Utah; Co-PI: Ilse de Koeyer. Submitted May 2005. Status: Not funded.

**MEDIA**

\* [https://www.cbsnews.com/news/were-not-just-a-petting-zoo-alpacas-goats-rabbits-help-treat- mental-illness/](https://www.cbsnews.com/news/were-not-just-a-petting-zoo-alpacas-goats-rabbits-help-treat-%20%20%20mental-illness/)

**SERVICE**

###### *University of Utah*

2020 – 2022 Conflict of Interest Committee

2021 - 2022 Huntsman Mental Health Institute: Building Design Committee

2018 – Present Tenure-line Representative to the Undergraduate Council

2020 – Present Senate Faculty Review Standards Committee

2018 – 2021 Academic Senate, Member

2015 – 1017 Graduate Research Fellowship Committee, Member

2014 – 2015 Student Review Committee, College of Pharmacy

2011 – 2013 Director of Graduate Studies, Member

2007 – 2010 Academic Senate, Member

2007 – 2008 Academic Senate Executive Committee

###### *University of Utah – College of Social Work*

2018 – Present College Advisory Board, faculty liaison (also 2004-2006)

2017 – Present MSW Practice Committee, Chair; member since 2004

2018 – Present SRI Advisory Committee; Faculty Fellow;

2018 – Present Student Review Committee

2005 – Present Doctoral Committee, Member

2006 – Present MSW Committee, Member

2016 – Present Sequence chair: SW 6001 & 6002

2020 – 2022 Sequence co-chair: SW 6401, 6402

2018 – 2020 Faculty Executive Committee, member, chair

2017 – 2020 Faculty Search Committee, member also: 2004-2007; 2010; 2016; 2017

2012 – 2016 Director, Doctoral Program

2010 – 2012 Director, Master of Social Work Program

2015 – 2016 Racial Justice Committee

2004 – 2011 MSW Admissions Committee, Member

2004 – 2005 Development Committee, Member

2005 – 2008 Research Advisory Board

2004 – 2007 Research sequence committee, member

2004 – 2007 Teaching excellence Committee

2008 – 2010 Child Research Team

*University QE / Dissertation Committees*

1. Devon Rose Musson (Candidacy)
2. Kara Patin (Candidacy)
3. Laura Bradbury (Candidacy)
4. Mayra Garcia (**Chair**) (Candidacy)
5. Sarah Elizabeth Garza Levitt (**Chair**) (Qualifying Examination)
6. Whitney Howey (**Chair**) (Candidacy)
7. Abigail Anderson (**Chair**) (Candidacy)
8. Alison O’Connor (**Chair**) (Candidacy)
9. Staci Ghneim (Candidacy)
10. Karla Arroyo Defended, 2023
11. Misty Goodsell Defended, 2023
12. Elizabeth Hendrix Defended, 2023
13. Hardy, Clinton (**Chair**) Defended, 2022
14. Chad McDonald (**Chair**) Defended, 2020
15. Kristina Moleni (**Chair**) Defended 2020
16. Sarah Priddy Reese Defended 2019
17. Brian Droubay defended, 2019
18. Michael Riquino defended, 2019
19. Ujal Ibrahim defended, 2019
20. Van Nguyen defended, 2018
21. Brian Conners (Occupational therapy) defended, 2018
22. Halley Joanna Brown (Ed Psych) defended, 2017
23. Liz Thomas defended, 2017
24. Mindy Vanderloo **(Chair)** defended, 2017
25. Christine Gedney **(Chair)** defended, 2016
26. Melinda White, **(Co-chair)** defended, 2016
27. Samuel Asante defended, 2016
28. Nathan Hadley defended, 2016
29. Kathy Supiano defended, 2012
30. Tracy Golden defended, 2012
31. Marcella Hurtado defended, 2012
32. Brandon Christensen defended, 2011
33. Rob Butters, **(Chair)** defended, 2010
34. Debbie Morrison defended, 2009
35. Fran Wilby defended, 2007
36. Jean Earheart defended, 2009
37. Matt Checketts defended, 2008
38. Blake Beecher defended, 2005

*Community*

2018 – 2019 State of Utah: Division of Substance Abuse and Mental Health: Evidence

Based Treatment Committee (2018- Present)

2014 – 2015 Steering Committee: Utah Valley University Mental Health Symposium: Focus

on Perfectionism; contact: Toni Harris, Assistant Dean, College of Humanities

and Social Sciences

2005 – 2017 Volunteer: Therapist/Researcher. The Children’s Center. 2005-2007

2005 – 2007 Board Member: Utah Association for Infant Mental Health, Member

2001 – 2003 Steering Committee: On-call Social Workers Steering Committee, Kishwaukee

Community Hospital, DeKalb, IL

2004 – Present Many presentations given for free to community groups

2012 – 2013 Weber State University: Program Evaluation of BSW Program

2007 - 2017 Fundraising: Started a scholarship that has generated over $10,000

*Profession at the National Level*

2012 – 2017 Editorial Board: *Research on Social Work Practice*

2014 – 2017 Journal of Social Work Education: Reviewer

2005 - 2008 Curriculum Development Institute sponsored by the Council on Social Work

Education National Center for Gerontological, Social Work Education; funded by

the Hartford Foundation.

2012 – 2016 Group for the Advancement of Doctoral Education (GADE)

# Membership in Professional Associations

1995 – Present National Association of Social Workers

2003 – Present Society for Social Work and Research

1998 – 2008 American Psychological Association

2001 – 2001 Society for Research in Child Development, 2000 – 2001

## Honors and Awards

2023 Outstanding Faculty Award – MSW Graduating Class of 2016; College of Social Work,

University of Utah

2016 Outstanding Faculty Award – MSW Graduating Class of 2016; College of Social Work,

University of Utah

2009 Outstanding Faculty Award – MSW Graduating Class of 2009; College of Social Work,

University of Utah

2008 Faculty Excellence in Research – Mary Shields McPhee Memorial Award, College of

Social Work, University of Utah, 2007 - 2008

2004 Dissertation Completion Award, Northern Illinois University, DeKalb, IL, 2003 –2004

1993 Graduated *Cum Laude*, Brigham Young University, Provo, UT

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##### Clinical Experience

2005 – Present Practitioner, business owner; Salt Lake City, Utah. See [www.cccslc.com](http://www.cccslc.com)

2004 - 2006 Post-doctoral volunteer: Children’s Center. Deliver therapy and

psychological testing to low-income families.

2003-2004 Clinical Internship, approved by the American Psychological Association

Family Service and Guidance Center, Topeka, Kansas

1998–2003 Licensed Clinical Social Worker

Kishwaukee Community Hospital, DeKalb, IL

1998–2002 Clinical Practicum

Psychology Department, Northern Illinois University, DeKalb, IL

2000–2001 Clinical Psychology Externship

Aunt Martha’s Residential Center, Aurora, IL

1995–1998 Licensed Clinical Social Worker

Davis County Mental Health Center, Layton, UT

# Clinical Licensure

# Licensed Clinical Social Worker, Utah (295041-3501): 1995 – 2001; 2004 – Present

Psychologist, Utah (295041-2501): 2008 – Present

Licensed Clinical Social Worker, Illinois: 1998 –2003

# Specialized Training

Spring, 2006 Motivational Interviewing.

Triton College, Elk Grove, IL. 2.0 Credits

Taught by Dr. Jacqueline Elder

Fall, 2006 Motivational Interviewing “Trainer of Trainers”

2016 Beck Institute of Cognitive Behavioral Therapy; 3 day training at College of Social Work, University of Utah

2019 Developed with TVC: Eysmpro.com – online MI training.